

137th Anniversary International Medical Congress of the Sri Lanka Medical Association 2024

Programme at a Glance

Pre Congress Workshops

15th January 2024

Workshop 1

**The Initial Management of Trauma at the Emergency Department
(in collaboration with the Accident Service of the National Hospital of Sri Lanka)**

National Hospital
of Sri Lanka

23rd February 2024

Workshop 2

**Point of care Ultrasound workshop (POCUS)
(in collaboration with Sri Lanka College of Emergency Physicians)**

National Institute
of Infectious
Diseases

25th March 2024

Workshop 3

**Cardiology & Cardiac Arrhythmias
The Essence of Cardiology in the Emergency Department
(In collaboration with the Sri Lanka College of Cardiology)**

Sri Lanka Medical
Association

10th May 2024

Workshop 4

**Management of Common Paediatric Emergencies
(In collaboration with the Paediatric Intensive Care Chapter of the Sri Lanka College of
Paediatricians)**

Sri Lanka Medical
Association

12th May 2024

Workshop 5

**The Non-operative management of fractures & dislocations
(In collaboration with Sri Lanka Orthopedic Association & National Hospital of Sri Lanka)**

National Hospital
of Sri Lanka

Date TBD July 2024

Workshop 6

**Wound Care
(In collaboration with the Sri Lanka College of Surgeons)**

Sri Lanka College
of Surgeons

13th August 2024

Workshop 7

Academic Publications / Paper Writing

Sri Lanka Medical
Association

Day 1: Friday, 16 th August 2024				
09.00 AM - 09.30AM	Registration			
09.30 AM - 12.00 PM	Inauguration &SLMA Oration			
12.00 PM - 01.00 PM	Lunch			
01.00 PM - 01.30 PM	Keynote Address			
01.30 PM – 02.15 PM	Professor NDW Lionel Memorial Oration			
	Hall A	Hall B	Venue TBD	VIP Room
02.15 PM – 02.45 PM	Plenary 1 The scope of laser treatment in keeping the glasses away - Dr Charith Fonseka	Plenary 2 Indiscriminate use of medicines - Professor Chandanie Wanigatunga	Poster Presentations	Foreign Training Clinic
02.45 PM – 03.45 PM	Symposium 1 Respiratory medicine 1. Management of common respiratory emergencies: A guideline-based approach - Dr Sachini Seneviratne 2. A window into the lung: Interpreting Chest X-rays confidently - Dr Upul Pathirana 3. Vaping and E Cigarettes: Unravelling the unknown - Dr Neranjan Dissanayake	Symposium 2 Financial Determinants of Health - World Health Organization(WHO) Country Office for Sri Lanka		
03.45 PM – 04.45 PM	Symposium 3 Infectious Diseases: The new line of attack 1. Nanopore Sequencing for Clinical Applications in Low Resource Settings - Dr Lakmal Jayasinghe 2. - Professor Ashley Lauren St. John	Symposium 4 Rice Fortification as a method of addressing the malnutrition crisis -World Food Programme (WFP) Country Office for Sri Lanka		
04.45 PM - 05.00 PM	Tea & End of Day 1			

Day 2: Saturday, 17th August 2024				
08.30 AM - 09.00 AM	Registration			
09.00 AM - 09.45AM	Dr. S Ramachandran Memorial Oration			
	Hall A	Hall B	Venue TBD	VIP Room
09.45 AM - 10.15 AM	Plenary 3 Coronary Artery Disease assessment - Dr Wasantha Kapuwatta	Plenary 4 Critical Care: Don't forget the patient - Dr Dilshan Priyankara	Poster Presentations	Foreign Training Clinic
10.15 AM - 10.30 AM	Tea/photography exhibition			
10.30 AM - 11.30 AM	Symposium 5 Cardiology: Case Based Discussion discussions 1. Update on Non-ST-Elevation Myocardial Infarction (NSTEMI) & Unstable Angina - Dr Tanya Pereira 2. ST-Elevation Myocardial Infarction (STEMI) management update - Dr Disna Amaratunga 3. Syncope: Points and Pearls - Dr Mevan Wijetunga	Panel Discussion The health impact by media advertising of cosmetics, nutritional supplements, and food targeting children Mini-plenaries 1. Whitening treatments & cosmetics - Dr Nayani Madarasinghe 2. Nutritional supplements, fast food & processed food - Dr Hashan Amaratunga 3. Regulations pertaining to media advertising - Mr Ashoka Dias Panel discussion: Impact of advertising on public <ul style="list-style-type: none"> ▪ Moderator: Prof Asita De Silva ▪ Panelists: Dr Dhammica Rowel, Dr Angela De Silva, Dr Nayani Madarasinghe, Dr Hashan Amaratunga, Mr Ashoka Dias 		
11.30 AM - 12.45 PM	Debate			
12.45 PM - 01.45 PM	Lunch /photography exhibition			

01.45 PM - 02.45 PM	<p align="center">Symposium 6 Intricacies of Managing Diabetes</p> <ol style="list-style-type: none"> 1. In the emergency department -Dr Niranjala Meegoda Widanege 2. In hospitalized surgical patients - Dr Uditha Bulugahapitiya 3. In family practice -Dr Manilka Sumanatilake 	<p align="center">Symposium 7 Comprehensive Sexuality Education in Sri Lanka -United Nations Population Fund (UNFPA) Country Office for Sri Lanka</p>		
02.45 PM - 03.45 PM	<p align="center">Symposium 8 Current trends in the management of Hypertension</p> <ol style="list-style-type: none"> 1. Understanding the social hurdles in hypertension management - Professor Rifdy Mohideen 2. Optimising lifestyle measures in hypertension management - What is new? - Professor Udaya Ralapanawa 3. Improving adherence in Hypertension: a practical approach - Professor Thushara Matthais 	<p align="center">Free paper session</p>		
03.45 PM - 04.15 PM	<p align="center">Interactive Case Based Discussion From Coma to Storm - Mastering Thyroid Disorders - Dr Supun Wijeyawardena</p>			
04.15 PM - 04.30 PM	Tea & End of Day 2			

Day 3: Sunday, 18th August 2024				
08.30 AM - 09.00 AM	Registration			
09.00 AM - 09.45 AM	Dr SC Paul Memorial Oration			
	Hall A	Hall B	Venue TBD	VIP Room
09.45 AM - 10.15 AM	Plenary 5 Hippocrates's Touch to Algorithmic Insight: AI for medical professionals - Professor Pandula Siribaddana	Symposium 9 Enabling a healthy food environment for school children and advocacy for implementation of the food marketing regulations The United Nations Children's Fund (UNICEF) Country Office for Sri Lanka	Poster Presentations	Foreign Training Clinic
10.15 AM - 10.30 AM	Tea/photography exhibition			
10.30 AM - 11.00 AM	Plenary 6 Addressing the concerns of LGBTQI persons and their families Dr Kapila Ranasinghe	Free paper session		
11.00 AM - 12.00 PM	Symposium 10 A fresh look at Vaccines <ol style="list-style-type: none"> Vaccines for people with diabetes -Dr Suneet Verma Immunization of the elderly -Dr Kanthi Nanayakkara Vaccine hesitancy: impact on herd immunity and disease outbreaks -Professor Jennifer Perera 			
12.00 PM - 01.00 PM	Lunch /photography exhibition			

01.00 PM - 02.00 PM	<p align="center">Symposium 11 Medical Humanities: "Memento Mori" - Prof Mahesh Nirmalan - Prof Dinithi Fernando - Dr Santhushya Fernando</p>	Free paper session		
02.00 PM - 03.00 PM	<p align="center">Workshop Airway and Renal support for the critically ill patient</p> <ol style="list-style-type: none"> 1. Oxygen therapy and Continuous Positive Airway Pressure (CPAP) - Dr Samitha Jayawickrema 2. Ventilators and ventilation - Dr Haritha Dharmakirithi 3. Continuous Renal Replacement Therapy (CRRT) - Dr Rasanee Wanigasuriya 	<p align="center">Symposium 12 Technology Enhanced Learning North Wales Medical School, Bangor University, UK</p> <ol style="list-style-type: none"> 1. Anatomage: Integration of anatomy, histopathology, and radiology-Dr Mona Arafa & Dr Leah Jones 2. Integrated Structured Clinical Examination (ISCE)- Dr James Burston 3. Paper-free exams with Safe Exam-browsing- Dr Mahab Aljannat & Dr Victoria Gray 		
03.00 PM - 04.00 PM		Free paper session		
04.00PM - 04.15 PM	Closing Ceremony & Tea			
07.00 PM - 09.00 PM	Doctors' Concert At Colombo Medical Faculty Auditorium			