

08.00 am – 08.30 am	Registration		
08.30 am – 09.00 am	<p align="center">Keynote Address Clinical Excellence</p> <p align="center"><i>'Excellence in medicine: doing the right thing right'</i> <i>Professor Senaka Rajapakse</i></p>		
09.00 am – 09.45 am	<p align="center">Professor N D W Lionel Memorial Oration 'Starting from scratch, the first and the largest twin research programme in Low-and Middle-Income Countries (LMIC); the Sri Lankan Twin Registry, its research output and impact' <i>Professor Athula Sumathipala</i></p>		
09.45 am – 10.00 am	Morning Tea		
10.00 am – 11.00 am	<p align="center"><i>Panel discussion 1</i></p> <p align="center">'Pathways to Excellence in Healthcare' Preventive Health – <i>Dr Deepika Attygalle</i> Laboratory Services – <i>Dr Gaya Katulanda</i> Curative Care- <i>Professor Thilak Weerathna</i></p>		
11.00 am – 12.15 pm	<p align="center"><i>Symposium 1</i> 'Health Financing'</p> <p align="center">Financing options to achieve Universal Health Coverage <i>Dr Sundararajan Gopalan</i> Health financing in Sri Lanka: Challenges and Responses <i>Dr S Sridharan</i> Health Financing options during an economic crisis <i>Professor Amala de Silva</i></p>	<p align="center"><i>Symposium 2</i> 'Quality Use of Medicines'</p> <p align="center">Basic principles and guidance <i>Professor Priyadarshani Galappatthy</i> Rational therapeutics during an economic crisis <i>Dr Ananda Wijewickrama</i> Excellence in Paediatric therapeutics <i>Professor Shaman Rajindrajith</i></p>	
12.15 pm – 12.45 pm	<p align="center"><i>Guest Lecture 1</i> 'In the Doctor's Bag' <i>Professor Andrew Elder</i></p>	<p align="center"><i>Guest Lecture 2</i> 'Achieving Excellence in Critical Care' <i>Dr Dilshan Priyankara</i></p>	
12.45 pm – 01.45 pm	Lunch break & Poster viewing		
01.45 pm – 02.45 pm	<i>Free paper session 1</i>	<i>Free paper session 2</i>	<i>Free paper session 3</i>
02.45 pm – 03.15 pm	<p align="center"><i>Guest Lecture 3</i> 'Disasters and Public Health nexus: Protecting at risk communities' <i>Professor Dilanthi Amaratunga</i></p>	<p align="center"><i>Guest Lecture 4</i> 'Management of Common Thyroid Problems in Primary Care' <i>Dr Manilka Sumanathilake</i></p>	
03.15pm – 04.30 pm	<p align="center"><i>Symposium 3</i> 'Towards Achieving Excellence in Medical Education'</p> <p align="center">Accreditation and quality assurance <i>Professor Indika Karunathilake</i> Enhancing medical education through CPD The Future of CME <i>Professor Graham McMahon</i> How to produce a humane doctor <i>Professor Lawrence Sherman</i></p>	<p align="center"><i>Symposium 4</i> 'Winning the Metabolic Battle'</p> <p align="center">How to win the obesity epidemic? <i>Dr Umesha Wijenayake</i> Is remission in diabetes possible? <i>Dr Chandrika Subasinghe</i> Lipids and statins <i>Dr Uditha Bulugahapitiya</i></p>	
04.30 pm – 05.45 pm	<p align="center"><i>Symposium 5</i> 'Adhering to Clinical Guidelines in Resource Poor Settings'</p> <p align="center">Cost effective superior treatment can be provided with guidelines <i>Professor Satyan Rajbhandari</i> Clinical guidelines: a sociological view <i>Professor Panduka Karunanayake</i> Evidence-Based Care in Clinical Medicine Strengths and Pitfalls <i>Dr Ruwan Ekanayake</i></p>	<p align="center"><i>Symposium 6</i> 'Cascading Impacts of Multi-Hazard Scenarios Amidst Public Health Crisis'</p> <p align="center"><i>Professor Dilanthi Amaratunga</i> <i>Professor Richard Haigh</i> <i>Mr Thushara Kamalaratne</i> <i>Professor Nishara Fernando</i> <i>Dr Lahiru Kodituwakku</i></p>	
05.45 pm	Evening Tea & End of Day 2		

08.00 am – 08.30 am	Registration		
08.30 am – 09.00 am	<p style="text-align: center;"><i>Plenary 1</i> Equity ‘Social Justice and Health Equity’ <i>Professor Michael Marmot</i></p>		
09.00 am – 09.45 am	<p style="text-align: center;">Dr S Ramachandra Memorial Oration ‘Changing trends in obesity among Sri Lankan population and the role of bariatric surgery in reversing metabolic complications of obesity: A Sri Lankan experience over a decade’ <i>Dr Uditha Bulugahapitiya</i></p>		
09.45 am – 10.00 am	Morning Tea		
10.00 am – 11.00 am	<p style="text-align: center;"><i>Panel Discussion 2</i> ‘Equity & Health’ Human Resources & Maldistribution – <i>Professor Dilip de Silva</i> Financing and out-of-pocket expenses – <i>Professor Amala de Silva</i> Narrowing Inequalities – <i>Dr Vinya Ariyaratne</i></p>		
11.00 am – 12.15 pm	<p style="text-align: center;"><i>Symposium 7</i> ‘Improving Renal Care in Sri Lanka’</p> <p>The Burden of kidney disease in Sri Lanka the way forward <i>Dr Rajitha Abeysekera</i></p> <p>The model of delivering best renal care for patient convenience <i>Dr Nalaka Herath</i></p> <p>The progress of deceased donor kidney transplantation programme <i>Dr Anura Hewageegana</i></p>	<p style="text-align: center;"><i>Symposium 8</i> ‘Advancement of Medicine and Science in Sport and Exercise: Applications to the local setting’</p> <p>Future of medical and fitness testing in sports: Where technology has brought us <i>Professor Chathuranga Ranasinghe</i></p> <p>From bowled out to bouncing back”: Strategies of successful rehabilitation in elite athletes <i>Mr Thihan Chandramohan</i></p> <p>‘Wellbeing of an Olympian’: What they need? <i>Mr Niluka Karunaratne</i></p> <p style="text-align: center;">Panel discussion Professor Chathuranga Ranasinghe Mr Thihan Chandramohan Mr Niluka Karunaratne Mr Kyle Abeyasinghe A National Cricketer</p>	
12.15 pm – 01.15 pm	Lunch		
01.15 pm – 02.15 pm	Free paper session 4	Free paper session 5	Free paper session 6
02.15 pm – 03.30 pm	<p style="text-align: center;"><i>Symposium 9</i> ‘Arts and Humanities in Promoting Humane Health Care’</p> <p>Portraits and emotions <i>Professor Saroj Jayasinghe</i></p> <p>From poems to feelings <i>Professor Dinithi Fernando</i></p> <p>All of life in dance <i>Dr Santhushya Fernando</i></p>	<p style="text-align: center;"><i>Symposium 10</i> ‘Air Pollution: The Invisible Enemy’</p> <p>Air We Breathe: is It Safe? <i>Dr Chandana Kulatunge</i></p> <p>The Air we breathe from the Industry 1.0 to Industry 4.0 - Shaping our life and life span <i>Professor Ajith de Alwis</i></p> <p>Air Pollution, the Invisible Enemy <i>Dr Anil Jasinghe</i></p>	
03.30 pm – 04.45 pm	<p style="text-align: center;"><i>Symposium 11</i> ‘Centering Sexual and Reproductive Health (SRH) and Justice in Health Care’</p> <p>Legal & policy barriers for women and adolescents? <i>Professor Anuruddhi Edirisinghe</i></p> <p>What are the challenges and interference you see in providing SRH services in clinical care settings for the most vulnerable? <i>Dr Prabodhana Ranaweera</i></p> <p>Modern medicine, patriarchy and women’s sexual and reproductive health rights <i>Dr Suchithra Dalvie</i></p>	<p style="text-align: center;"><i>Symposium 12</i> ‘Everyday Dermatology for Primary Care’</p> <p>Common Dermatoses in primary care setting <i>Dr Chalukya Gunasekara</i></p> <p>Common Skin Diseases in Paediatric Practice <i>Dr Sriyani Samaraweera</i></p> <p>Dermatological manifestations in systemic Diseases <i>Dr Janaka Akarawita</i></p>	
04.45 pm – 05.30 pm	<p style="text-align: center;">Dr S C Paul Memorial Oration ‘Breaking the vicious cycle of childhood obesity: A timely need’ <i>Dr MH Aruna D de Silva</i></p>		
05.30 pm	Evening Tea & End of Day 2		

08.00 am – 08.30 am	Registration		
08.30 am – 09.00 am	<p style="text-align: center;"><i>Plenary 2</i> Community 'Right to Health - Role of Communities and Social Movements' <i>Professor T Sundararaman</i></p>		
09.00 am – 10.00 am	<p style="text-align: center;"><i>Panel discussion 3</i> 'Community Engagement' Towards a responsive health system -<i>Dr Chithramalee de Silva</i> Community based organizations and health- <i>Dr Vinya Ariyaratne</i> Role of universities in promoting community engagement- <i>Professor R Surenthirakumaran</i></p>		
10.00 am – 10.15 am	Morning Tea		
10.15 am – 11.30 am	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p style="text-align: center;"><i>Symposium 13</i> 'Smart Hospital - A Paradigm Shift'</p> <p>The future health systems - where less is more <i>Professor Tan Hiang Khoon</i> A Journey Towards Smart Healthcare in Sri Lanka <i>Dr Nishan Siriwardena</i> Digital crossroads in healthcare: privacy data protection challenges in smart ICU <i>Ms Aparajitha Ariyadasa</i></p> </td> <td style="width: 50%; vertical-align: top;"> <p style="text-align: center;"><i>Symposium 14</i> 'Diagnosis and Management of Back Pain in Everyday Practice'</p> <p>Management of non-resolving back pain applying clinical biomechanics: Finding the missing piece <i>Professor Chathuranga Raasinghe</i> Back pain: a fresh look at an old problem <i>Dr Inoshi Atukorala</i> Visualizing the Invisible: The Role of Imaging in Back Pain <i>Dr Chinthaka Appuhamy</i></p> </td> </tr> </table>	<p style="text-align: center;"><i>Symposium 13</i> 'Smart Hospital - A Paradigm Shift'</p> <p>The future health systems - where less is more <i>Professor Tan Hiang Khoon</i> A Journey Towards Smart Healthcare in Sri Lanka <i>Dr Nishan Siriwardena</i> Digital crossroads in healthcare: privacy data protection challenges in smart ICU <i>Ms Aparajitha Ariyadasa</i></p>	<p style="text-align: center;"><i>Symposium 14</i> 'Diagnosis and Management of Back Pain in Everyday Practice'</p> <p>Management of non-resolving back pain applying clinical biomechanics: Finding the missing piece <i>Professor Chathuranga Raasinghe</i> Back pain: a fresh look at an old problem <i>Dr Inoshi Atukorala</i> Visualizing the Invisible: The Role of Imaging in Back Pain <i>Dr Chinthaka Appuhamy</i></p>
<p style="text-align: center;"><i>Symposium 13</i> 'Smart Hospital - A Paradigm Shift'</p> <p>The future health systems - where less is more <i>Professor Tan Hiang Khoon</i> A Journey Towards Smart Healthcare in Sri Lanka <i>Dr Nishan Siriwardena</i> Digital crossroads in healthcare: privacy data protection challenges in smart ICU <i>Ms Aparajitha Ariyadasa</i></p>	<p style="text-align: center;"><i>Symposium 14</i> 'Diagnosis and Management of Back Pain in Everyday Practice'</p> <p>Management of non-resolving back pain applying clinical biomechanics: Finding the missing piece <i>Professor Chathuranga Raasinghe</i> Back pain: a fresh look at an old problem <i>Dr Inoshi Atukorala</i> Visualizing the Invisible: The Role of Imaging in Back Pain <i>Dr Chinthaka Appuhamy</i></p>		
11.30 am – 12.45 pm	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p style="text-align: center;"><i>Symposium 15</i> 'Community Geriatrics'</p> <p>Elder abuse Prevention: Are we doing enough? <i>Dr Duncan Forsyth</i> Chronic Kidney Disease in the Elderly <i>Professor Alpana Raizana</i> Mental Health in Older People <i>Dr Malsha Gunathillake</i></p> </td> <td style="width: 50%; vertical-align: top;"> <p style="text-align: center;"><i>Symposium 16</i> 'Primary Healthcare'</p> <p>Transforming Primary Health Care System - PSSP Experience <i>Dr Jayasundara Bandara</i> Community engagement mechanism for the health sector in Sri Lanka: Experience of Grievance Redressal Mechanism (GRM) <i>Dr Sunil de Alwis</i> Promoting community engagement in health: The 'Sarvodaya Suwodaya Committee Experience' <i>Ms Sasanka Dharmasena</i> Use of artificial intelligence in primary care <i>Dr Padmini Ranasinghe</i></p> </td> </tr> </table>	<p style="text-align: center;"><i>Symposium 15</i> 'Community Geriatrics'</p> <p>Elder abuse Prevention: Are we doing enough? <i>Dr Duncan Forsyth</i> Chronic Kidney Disease in the Elderly <i>Professor Alpana Raizana</i> Mental Health in Older People <i>Dr Malsha Gunathillake</i></p>	<p style="text-align: center;"><i>Symposium 16</i> 'Primary Healthcare'</p> <p>Transforming Primary Health Care System - PSSP Experience <i>Dr Jayasundara Bandara</i> Community engagement mechanism for the health sector in Sri Lanka: Experience of Grievance Redressal Mechanism (GRM) <i>Dr Sunil de Alwis</i> Promoting community engagement in health: The 'Sarvodaya Suwodaya Committee Experience' <i>Ms Sasanka Dharmasena</i> Use of artificial intelligence in primary care <i>Dr Padmini Ranasinghe</i></p>
<p style="text-align: center;"><i>Symposium 15</i> 'Community Geriatrics'</p> <p>Elder abuse Prevention: Are we doing enough? <i>Dr Duncan Forsyth</i> Chronic Kidney Disease in the Elderly <i>Professor Alpana Raizana</i> Mental Health in Older People <i>Dr Malsha Gunathillake</i></p>	<p style="text-align: center;"><i>Symposium 16</i> 'Primary Healthcare'</p> <p>Transforming Primary Health Care System - PSSP Experience <i>Dr Jayasundara Bandara</i> Community engagement mechanism for the health sector in Sri Lanka: Experience of Grievance Redressal Mechanism (GRM) <i>Dr Sunil de Alwis</i> Promoting community engagement in health: The 'Sarvodaya Suwodaya Committee Experience' <i>Ms Sasanka Dharmasena</i> Use of artificial intelligence in primary care <i>Dr Padmini Ranasinghe</i></p>		
12.45 pm – 01.30 pm	<p style="text-align: center;">Debate 'Private Medical Education is a viable option for Sri Lanka'</p> <p>Proposing Team: Professor Shamila de Silva, Dr Brammah R Thangarajah & Dr Raveen Lekamwasam Opposing Team: Professor Ishan de Zoysa, Dr Indira Kahawita & Dr Yasas Abeywickrama</p>		
01.30 pm – 02.00 pm	Closing Ceremony		
02.00 pm	Lunch		
07.00 pm onwards	Doctors' Concert		