

## 1. ANNUAL GENERAL MEETING 2009

The Annual General Meeting of the Sri Lanka Medical Association was held on the 19<sup>th</sup> December 2009 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 7. Prof Rezvi Sheriff chaired the meeting. He thanked the Council, members and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr Ruvaiz Haniffa tabled the Annual Report 2010 and the minutes of the previous Annual General Meeting held in December 2009. The minutes were unanimously confirmed by the membership. Dr Ruvaiz Haniffa thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2009.

### ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

|                                      |   |
|--------------------------------------|---|
| <b>President</b>                     | Dr Narada Warnasuriya   |
| <b>President Elect</b>               | Prof S P Lamabadusuriya   |
| <b>Vice Presidents</b>               | Dr Lalith Wijeyaratne<br>Prof Jayantha Jayawardena  |
| <b>Secretary</b>                     | Dr Indika Karunathilake   |
| <b>Asst. Secretaries</b>             | Dr Shyamalee Samaranayake<br>Dr Samanmali Sumanasena<br>Dr Pubudu de Silva<br>Dr Ashwini de Abrew |
| <b>Treasurer</b>                     | Dr Vajira HW Dissanayake  |
| <b>Asst. Treasurer</b>               | Dr T R Chinniah   |
| <b>Public Relations Officer</b>      | Dr S Sivapriyan   |
| <b>Social Secretaries</b>            | Dr Gamini Walgampaya<br>Dr Suriyakanthie Amarasekera  |
| <b>Past President Representative</b> | Dr Dennis J Aloysius  |

### ELECTED COUNCIL MEMBERS

Dr S D Dharmaratne, Prof Gita Fernando, Dr Malik Fernando, Dr A M Jameel, Dr Lucian Jayasuriya, Prof Saroj Jayasinghe, Dr N Jeyakumaran, Dr B Kumarendran, Dr I P Kahawita, Prof Lalitha Mendis, Dr V Murali, Dr Praneeth Nishad, Prof Jennifer Perera, Dr B J C Perera, Dr Gominda Ponnampereuma, Dr K Sri Ranjan, Dr Pandula Siribaddana, Dr Sunil Seneviratne Epa, Dr Nimali Vidanapathirana, Dr M C Weerasinghe

### EX-OFFICIO COUNCIL MEMBERS

Prof Rezvi Sheriff (Immediate Past President), Dr Ruvaiz Haniffa (Out – going Secretary), Dr Anuruddha Abeygunasekera (Co-editor, CMJ), Prof Janaka de Silva (Co-editor, CMJ).

## 2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr Narada Warnasuriya, the new President of Sri Lanka Medical Association for the year 2010, was held on 16<sup>th</sup> January 2010, at HNB Towers, Colombo 10. The induction took place amidst a large and distinguished gathering which packed the hall to capacity.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lankan health sector and went on to emphasise the pressing need for equity in health. The presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue.



*Prof. Rezvi Sheriff inducting Dr. Narada Warnasuriya as President SLMA 2010*



*Dr. Narada Warnasuriya delivering the Presidential Address on Equity in Healthcare*

### 3. COUNCIL MEETINGS

There were 12 Council meetings held in 2010. The attendance of members at the Council meetings is given below:

| Name                         | No. | Excuses | Name                      | No. | Excuses |
|------------------------------|-----|---------|---------------------------|-----|---------|
| Dr Narada Warnasuriya        | 12  | (-)     | Dr Chrisantha Abeysena    | 08  | (1)     |
| Prof S P Lamabadusuriya      | 07  | (5)     | Dr K Chandrasekher        | 07  | (5)     |
| Prof Rezvi Sheriff           | 05  | (4)     | Dr S D Dharmaratne        | 04  | (3)     |
| Prof Jayantha Jayawardena    | 07  | (3)     | Prof Gita Fernando        | 09  | (2)     |
| Dr Lalith Wijeyaratne        | 05  | (5)     | Dr Malik Fernando         | 09  | (1)     |
| Dr Indika Karunathilake      | 11  | (1)     | Dr Ruvaiz Haniffa         | 05  | (4)     |
| Dr Samanali Sumanasena       | 10  | (2)     | Dr A M Jameel             | 03  | (2)     |
| Dr Shymalee Samaranayake     | 09  | (3)     | Dr Lucian Jayasuriya      | 07  | (5)     |
| Dr Pubudu de Silva           | 07  | (3)     | Prof Saroj Jayasinghe     | 07  | (1)     |
| Dr Ashwini de Abrew          | 09  | (3)     | Dr N Jeyakumaran          | 04  | (2)     |
| Dr Vajira HW Dissanayake     | 07  | (4)     | Dr B Kumarendran          | 11  | (1)     |
| Dr T R Chinniah              | 08  | (2)     | Dr I P Kahawita           | 02  | (2)     |
| Dr S Sivapriyan              | 08  | (1)     | Prof Lalitha Mendis       | 04  | (6)     |
| Dr Gamini Walgampaya         | 10  | (1)     | Dr V Murali               | 10  | (1)     |
| Dr Suriyakanthie Amarasekera | 11  | (-)     | Dr Praneeth Nishad        | 06  | (5)     |
| Dr Dennis J Aloysius         | 11  | (1)     | Prof Jennifer Perera      | 08  | (2)     |
| Prof Janaka de Silva         | -   | (2)     | Dr B J C Perera           | 11  | (1)     |
| Dr A Abeygunasekera          | 05  | (4)     | Dr Gominda Ponnampuruma   | 09  | (1)     |
| Dr K Sri Ranjan              | 03  | (3)     | Dr Pandula Siribaddana    | 07  | (3)     |
| Dr Sunil Seneviratne Epa     | 09  | (3)     | Dr Nimali Vidanapathirana | 06  | (6)     |
| Dr M C Weerasinghe           | 07  | (3)     |                           |     |         |

#### 4. 123<sup>RD</sup> ANNUAL SCIENTIFIC SESSIONS

The 123<sup>rd</sup> Annual Scientific Sessions were held at the Cinnamon Grand Hotel, from 31<sup>st</sup> May – 4<sup>th</sup> June. The Chief Guest was Professor Sir Michael Marmot, Chairman, WHO commission on Social Determinants of Health and President Elect, British Medical Association. The Guest of Honour was Hon. Maithripala Sirisena, Minister of Health.

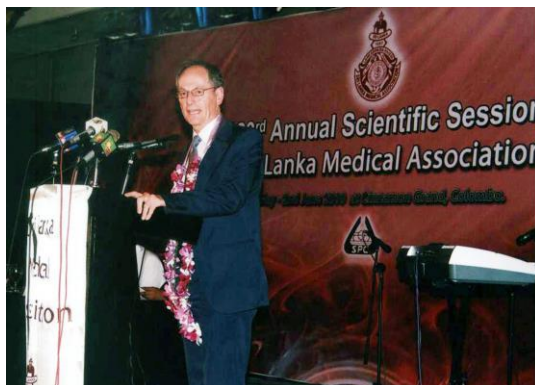
The theme pre-congress seminar on “Equity in Health, the Sri Lankan Experience” brought together a number of key stakeholders and led to a very productive discussion. There were 5 post-congress sessions which were “Health Issues in Elderly Women”, “Meeting the Challenges in Environmental Health”, “Sexual Health”, a satellite meeting on Genetics and a hands on training workshop on Rehabilitation. All were well attended.

The Main Scientific Sessions recorded a good attendance. There were 197 full registrants and 134 who registered for the day or for an event. There were 94 guest speakers including 30 from overseas. From the large number of papers submitted, 63 were selected for oral presentation and 40 were displayed as posters. The detailed programme is given in annex 1.

During the Sessions, the SLMA Oration, “Ergonomic factors of educational environments and influence on school going early adolescents” was delivered by Dr Kapila Jayaratne MBBS, DCH, MSc, MD (Community Medicine) Consultant Community Physician, Family Health Bureau. The S. C. Paul Oration “Use of stable isotopes in human nutrition research: Sri Lankan experiences” was delivered by Dr Manjula Hettiarachchi MBBS, PhD Senior Lecturer in Nuclear Medicine, Faculty of Medicine, University of Ruhuna.



Welcoming the Chief Guest and the Guest of Honour



Address by the Chief Guest



Post congress session on Rehabilitation



Fellowship at the conference dinner

## **5. SLMA ORATIONS AND AWARDS**

### **ORATIONS**

All SLMA Orations was advertised, except the E M Wijerama Endowment Lecture. The E M Wijerama Endowment Lecture is awarded to a person who has contributed to the SLMA and the topic of the oration is decided by the Orator. Other Orations were selected by a panel of appropriate experts who constituted the Orations Committee.

The following orations were awarded and delivered in 2010.

#### **THE SLMA ORATION**

*Monday 31<sup>st</sup> May 2010*

“Ergonomic factors of educational environments and influence on school going early adolescents”

Dr Kapila Jayaratne MBBS, DCH, MSc, MD (Community Medicine)  
Consultant Community Physician, Family Health Bureau

#### **S C PAUL ORATION**

*Wednesday 2<sup>nd</sup> June 2010*

“Use of stable isotopes in human nutrition research: Sri Lankan experiences”

Dr Manjula Hettiarachchi MBBS, PhD  
Senior Lecturer in Nuclear Medicine, Faculty of Medicine, University of Ruhuna

#### **E M WIJERAMA ENDOWMENT LECTURE**

*Friday 22<sup>nd</sup> October 2010*

“Light Reflections of a Peripatetic Medical Professor”

Vidyajyothi Professir Colvin Goonaratna MBBS (Ceylon), FRCP (London & Edin), PhD (Dundee), FCCP, FNAS, Hon DSc (Colombo)  
Emeritus Professor of Physiology, Faculty of Medicine, University of Colombo

#### **SIR MARCUS FERNANDO ORATION**

*Saturday 23<sup>rd</sup> October 2010*

“Sniffing Dementia Early”

Dr Shehan Williams MBBS, MD, MRCPsych, MPhil.  
Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya

#### **SIR NICHOLAS ATTYGALLE ORATION**

*Friday 29<sup>th</sup> October 2010*

“Stroke in Sri Lankan women – are they different?”

Dr Udaya K Ranawaka MBBS MD FRCP (Lond) FCCP  
Consultant Neurologist & Senior Lecturer, Faculty of Medicine, University of Kelaniya

#### **MURUGESAR SINNETAMBY ORATION**

*Saturday 4<sup>th</sup> December 2010*

“Does lack of estrogen have an effect on postural balance and cognitive functions in menopausal women?”

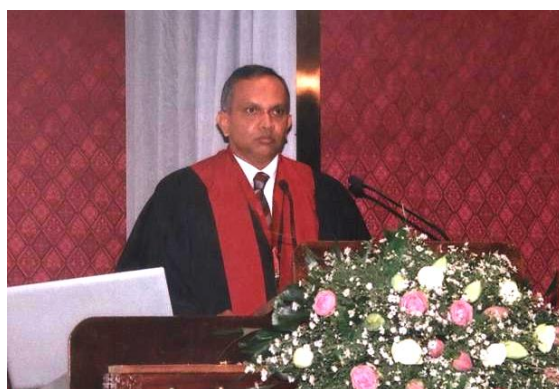
Dr Himansu Waidyasekera MBBS, PhD  
Senior Lecturer, Dept. of Physiology, Faculty of Medical Sciences, University of Sri Jayawardenepura



Awarding the medal to the SLMA Orator, Dr Kapila Jayaratne



Awarding the medal to the S C Paul Orator, Dr Manjula Hettiarachchi



Dr Udaya Ranawaka delivering the Sir Nicholas Attygalle Oration



Dr Himansu Waidyasekera delivering the Murugesar Sinnetamby Oration



Prof Colvin Goonaratna delivering the E.M. Wijerama Endowment Lecture



Dr Shehan Williams delivering the Sir Marcus Fernando Oration



## AWARDS & PRIZES 2010

### E M Wijerama Prize

**The prone 12 o'clock position reduces ileal intubation time during colonoscopy compared to the left lateral 6 o'clock (standard) position**

De Silva AP<sup>1</sup>, Kumarasena RS<sup>2</sup>, Keragala BSDP<sup>1</sup>, Kalubowila KVVU<sup>2</sup>, Niriella MA<sup>2</sup>, Dassanayake AS<sup>3</sup>, Pathmeswaran A<sup>4</sup>, De Silva HJ<sup>1</sup>

Departments of <sup>1</sup>Medicine, <sup>3</sup>Pharmacology and <sup>4</sup>Public Health, Faculty of Medicine, University of Kelaniya

<sup>2</sup>North Colombo Teaching Hospital, Ragama

### S E Seneviratna Prize

**Development of bacterial cellulose for wound dressing**

Chinniah TR<sup>1</sup>, Ismail M<sup>2</sup>, De Alwis A<sup>3</sup>, Gamage N<sup>2</sup>

<sup>1</sup>Faculty of Medicine, University of Colombo

<sup>2</sup>University of Moratuwa

<sup>3</sup>Sri Lanka Institute of Nanotechnology (Pvt) Ltd

### H K T Fernando Prize

**Immunophenotype and genetic abnormalities in childhood lymphoblastic leukemias**

Gooneratne LV<sup>1</sup>, Kanchana WPL<sup>1</sup>, Seneviratne DUJ<sup>2</sup>, Opanayaka BJS<sup>2</sup>, Wanigatunga K<sup>2</sup>, Pedurupillai CRJ<sup>2</sup>, Hidellage NT<sup>2</sup>, Abeyasinghe PM<sup>3</sup>, Pieris DC<sup>3</sup>, Dissanayake VHW<sup>2</sup>

<sup>1</sup>Department of Pathology, Faculty of Medicine, University of Colombo

<sup>2</sup>Asiri Centre for Genomic and Regenerative Medicine

<sup>3</sup>Cancer Institute, Maharagama

### Sir Nicholas Attygalle Prize

**Wound infection survey in a population where wound dressing is not practised**

De Silva GDK, Herath WSB

General Surgical Unit, Teaching Hospital, Karapitiya

### Wilson Peiris Prize

**Validation of a parent-administered screening tool to detect developmental delay**

Bandusena ASL<sup>1</sup>, Fonseka PHG<sup>2</sup>, Sonnander K<sup>3</sup>

<sup>1</sup>Health Education Bureau, Ministry of Health

<sup>2</sup>Department of Community Medicine, University of Sri Jayawardenapura

<sup>3</sup>Department of Clinical Psychology, Uppsala University, Sweden

### Daphne Attygalle Prize for the best paper in Cancer

**Immunophenotype and genetic abnormalities in childhood lymphoblastic leukemias**

Gooneratne LV<sup>1</sup>, Kanchana WPL<sup>1</sup>, Seneviratne DUJ<sup>2</sup>, Opanayaka BJS<sup>2</sup>, Wanigatunga K<sup>2</sup>, Pedurupillai CRJ<sup>2</sup>, Hidellage NT<sup>2</sup>, Abeyasinghe PM<sup>3</sup>, Pieris DC<sup>3</sup>, Dissanayake VHW<sup>2</sup>

<sup>1</sup>Department of Pathology, Faculty of Medicine, University of Colombo

<sup>2</sup>Asiri Centre for Genomic and Regenerative Medicine

<sup>3</sup>Cancer Institute, Maharagama

### Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis

**Completeness of reporting of cancer cases by cancer unit Jaffna to the national cancer registry**

Surenthirakumaran R<sup>1</sup>, Pathmeswaran A<sup>2</sup>, Jeyakumaran N<sup>3</sup>

<sup>1</sup>Faculty of Medicine, University of Jaffna

<sup>2</sup>Faculty of Medicine, University of Kelaniya

<sup>3</sup>Teaching Hospital, Jaffna

#### **Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine**

##### **Liver dysfunction and its outcome in patients with dengue infection**

Kumarasena RS, De Silva AP, Keragala BSDP, Premarathna BAH, Thilakaratne PMYI, Premawardena AP, De Silva ST, Jayamanna SF, De Silva HJ  
Department of Medicine, Faculty of Medicine, University of Kelaniya

#### **Special Prize in Cardiology**

##### **Glutathione peroxidase and severity of ischaemic heart disease in a cohort of Sri Lankan patients**

Perera PPR<sup>1</sup>, Chandrasena LG<sup>2</sup>, Indrakumar J<sup>3</sup>, Peiris H<sup>1</sup>

Departments of <sup>1</sup>Biochemistry and <sup>3</sup>Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

<sup>2</sup>Department of Biochemistry and Clinical Chemistry, Faculty of Medicine, University of Kelaniya

#### **S Ramachandran Prize for the best paper in Nephrology**

##### **Snake bite causing chronic kidney disease: analysis of 42 cases in the Nephrology Unit, Kandy, Sri Lanka**

Herath HMNJ<sup>1</sup>, Wazil AWM<sup>1</sup>, Abeysekara DTDJ<sup>1</sup>, Jeewanie NDC<sup>1</sup>, Weerakoon KGAD<sup>2</sup>, Ratnathunga NVI<sup>3</sup>, Bandara EHCK<sup>1</sup>, Kularathna SAM<sup>2</sup>

<sup>1</sup>Nephrology and Transplant Unit, Teaching Hospital, Kandy

Departments of <sup>2</sup>Medicine and <sup>3</sup>Pathology, Faculty of Medicine, University of Peradeniya

#### **SLMA prize for the best poster**

##### **Availability of key paediatric essential medicines in Sri Lanka**

Balasubramaniam R<sup>1</sup>, Beneragama BVSH<sup>2</sup>, Sri Ranganathan S<sup>1</sup>

<sup>1</sup>Department of Pharmacology, Faculty of Medicine, University of Colombo

<sup>2</sup>Division of Medical Technology and Supplies, Ministry of Healthcare and Nutrition

#### **CNAPT Award**

##### **"The spectrum of Intermediate Syndrome following acute organophosphate poisoning: a prospective cohort study from Sri Lanka"**

Jayawardane P<sup>1,2\*</sup>, Dawson AH<sup>1,3</sup>, Weerasinghe V<sup>1</sup>, Karalliedde L<sup>1,4,5</sup>, Buckley NA<sup>1,6</sup>, Senanayake N<sup>1</sup>

South Asian Clinical Toxicology Research Collaboration (SACTRC), Faculty of Medicine, University of Peradeniya, Peradeniya

<sup>1</sup>Dept. of Pharmacology, Faculty of Medical Sciences, University of Sri Jayawardenepura

<sup>2</sup>School of Population Health, University of Newcastle, Newcastle, New South Wales, Australia

<sup>3</sup>King's College London, Dept. of Public Health Sciences, School of Medicine, London, UK

<sup>4</sup>Chemical Hazards and Poisons Division, Health Protection Agency, London UK

<sup>5</sup>Australian National University, Canberra, Australian Capital Territory, Australia

#### **Glaxo Wellcome Research Award for the year 2009**

Not Awarded

#### **G R Handy Award for the best paper in Cardiology published in the year 2009**

Not Awarded

#### **Research Promotion Award 2009 /2010**

##### **Premenstrual syndrome: prevalence, associated factors and its influence on daily life in adolescents aged 13-16 years schooling in Colombo Educational Zone.**

Dr Nadeeka Kumudini Chandraratne

Post Graduate Institute of Medicine

##### **Randomized clinical trial comparing oral prednisolone and intramuscular adrenocortitropine for treatemetn of infantile spasms**

Dr Jithangi Wanigasinghe

Faculty of Medicine, University of Colombo

## 6. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 12 monthly clinical meetings this year on every 3<sup>rd</sup> Tuesday of the month. We are grateful to Dr Samanmali Sumanasena, Assistant Secretary who organized this programme and to Dr Lalith Wijeyaratne, Vice President who chaired most of them.

A wide range of topics in all specialties was covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the attendees. The detailed programme is given in the Annex 2.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly at registrars in training. The CPD committee and the Council have approved their recognition for award of CDP points under the category designated teaching activities.

## 7. REGIONAL MEETINGS

Nine meetings were held with clinical societies and medical associations in outstations in 2010. These meetings were well attended by the regional members. The participation from the SLMA however needs to be improved. The academic programmes of these meetings are given in Annex 3.

### **Joint Academic Session with Monaragala Clinical Society**

*Monday 15<sup>th</sup> March 2010, at Base Hospital, Monaragala*

### **Joint Academic Session with Trincomalee Clinical Society**

*Sunday 4<sup>th</sup> and Monday 5<sup>th</sup> April 2010, at Auditorium, General Hospital, Trincomalee*

### **Joint Pre Congress Session with Kalutara Clinical Society**

*Wednesday 7<sup>th</sup> July 2010 at Hotel Panorama, Kalutara*

### **Joint Academic Session with Chilaw Clinical Society**

*Wednesday 4<sup>th</sup> August 2010, at Auditorium, Base Hospital, Chilaw*

### **Joint Academic Sessions with the Rathnapura Clinical Society**

*Wednesday 15<sup>th</sup> September 2010 at Silver Ray Restaurant, Lellopitiya, Rathnapura*

### **Joint Academic Sessions with the Galle Medical Association**

*Tuesday 21<sup>st</sup> September 2010 at Clinical Lecture Theatre, Faculty of Medicine, Galle*

### **Joint Academic Sessions with the Avissawella Clinical Society**

*Saturday 2<sup>nd</sup> October 2010 at Kolonna Riverside Garden Hotel, Thalduwa, Avissawella*

### **Joint Academic Sessions with the Polonnaruwa Clinical Society**

*Saturday 27<sup>th</sup> November 2010 at Hotel Sudu Araliya, Polonnaruwa*

### **Joint Academic Sessions with the Kurunegala Clinical Society**

*Wednesday 8<sup>th</sup> December 2010 at Hotel Blue Sky, Kurunegala*



## 8. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2010 of the SLMA was jointly organised together with the Jaffna Medical Association and took place from 22<sup>nd</sup> – 24<sup>th</sup> October 2010 in the Northern Capital of Jaffna. The Sessions were a great success with enthusiastic participation by doctors from all parts of the island.

The Sessions were ceremoniously inaugurated on the 22<sup>nd</sup> at the auditorium of the Jaffna Public Library. Dr. Firdosi Rustom Mehta, Resident Representative of the WHO graced the occasion as Chief Guest. The Academic programme was wide and varied, and included the E.M. Wijerama Endowment Lecture which was delivered by Prof. Colvin Goonaratna, Emeritus Professor of Physiology, University of Colombo. The Sir Marcus Fernando Oration was delivered by Dr. Shehan Williams, Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya.

SLMA awards and the media awards were presented during the ceremonial inauguration. Dr. Wijaya Godakumbura was awarded an Honorary Life Membership for his contributions towards accident prevention and the development of the “safe bottle lamps”. **The detailed programme of the Foundation Sessions is given in Annex 4.**



The inauguration ceremony



Address by the Chief Guest



Award of Honorary Life Membership



The distinguished gathering

## 9. GUEST LECTURES

Several Guest lectures were held during the year 2010.

26<sup>th</sup> October, 2010 at 3.00 p.m.at the Lionel Memorial Auditorium, SLMA

### **“Medical Tourism and role of IWHTA”**

Mr Naresh Jadeja

President, Asia Pacific International Wellness and Healthcare Travel Association (IWHTA)

10<sup>th</sup> November, 2010 at 12.15 – 1.15 p.m.at the Lionel Memorial Auditorium, SLMA

### **“Dementia 2010”**

Dr B Lynn Beattie

Director - Alzheimer Clinic, University of British Columbia Hospital and Scientific Director, Providence Health Care Centre for Healthy Aging.

## 10. SEMINARS AND WORKSHOPS

SLMA organized several seminars and workshops during the year 2010. **The detailed programmes are given in Annex 5.**

### **SEMINAR ON “RABIES”**

12<sup>th</sup> March 2010, at 12.00 noon at the Lionel Memorial Auditorium

### **SEMINAR ON “DENGUE HEMORRHAGIC FEVER”**

13<sup>th</sup> August 2010, at 2.30 p.m. at the Lionel Memorial Auditorium

### **CAREER GUIDANCE SEMINAR**

15<sup>th</sup> August 2010, at 8.30 a.m. at the Lionel Memorial Auditorium



The President/SLMA addressing the gathering  
Seminar on “Dengue Hemorrhagic Fever”



A section of the crowd

## 11. REPORTS OF SLMA COMMITTEES

### COMMUNICABLE DISEASES

**Chairperson** Dr Neelamani Punchihewa  
**Convenor** Dr Sriyakanthi Beneragama

**Members:**

|                        |                         |                        |
|------------------------|-------------------------|------------------------|
| Dr Kalyani Guruge      | Dr Lucian Jayasuriya    | Dr. Dennis Aloysius    |
| Dr Ananda Wijewickarma | Dr. Maxie Fernandopulle | Dr. Sarath de Silva    |
| Dr Chandra Sarukkali   | Dr. N.P.S. Gunaratne    | Dr. Rsintha Premaratne |
| Dr N K Gunawardena     | Dr Prasanna Siriwardene | Dr B Kumarendran       |
| Dr Indu Waidyathilaka  | Dr Sunil de Alwis       | Dr PAC de Silva        |
| Dr R R Abeysinghe      | Prof Jennifer Perera    |                        |

**Report**

*(Presented by Dr. Neelamanie Punchihewa)*

**Seminars/Symposia:**

The following seminars were organized by the committee.

- Seminar on "Rabies" in collaboration with Sri Lanka College of Microbiologists at SLMA
- Seminar on "Leptospirosis" Jointly organized with the section A of the Sri Lanka Association for the Advancement of Science at SLMA
- Symposium on "Dengue" organized jointly with the Sri Lanka Society for Microbiology at SLMA
- TB Seminar with the Panadura Clinical Society in March 2010 at Ketumathi Hospital, Panadura
- Two Seminars on paediatric TB with the paediatric respiratory diseases study circle in April 2010 at Kalutata, and November 2009 at Excel world
- TB seminar with Sri Lanka College of Venereologists in November 2009 at Hotel Taj Samudra
- Session at the International Epidemiological Conference in a collaboration with the College of Community Physicians, 2010

**Other activities:**

**1. Global fund for AIDS, TB and malaria (GFATM) - TB round 6 grant to SLMA**

The phase one of the above project concluded in March 2010. A grant of USD 37500 received by the SLMA to conduct 14 seminars to sensitize medical officers in the private sector on management of TB. 13 seminars were conducted, at leading private hospitals in Colombo and suburbs, and in collaboration with the academic colleges SLMA, Sri Lanka College of Venereologists, Association of Paediatric respiratory diseases study circle and clinical societies. A target of over 550 doctors was reached. Resource persons were chest physicians, epidemiologist, Director and microbiologist from the National TB programme. SLMA appreciates the support extended by the Director, TB campaign in providing educational material and resource persons. The activity was rated highly by the private hospital administration and the participants as well as officials of the TB programme and facilitated the establishment of a strong link with the government and private sector.

In response to the request by the chairperson, Sarvodaya purchased a multimedia projector and a laptop computer for the SLMA.

Phase 2 of the project could not commence as the principal recipient for NGOs (PR2) Sarvodaya did not get approval for continuing the project as the global fund has announced a "no go" for PR2. The chairperson represented SLMA at the progress review meeting with Global fund review team from Geneva.

**2. Meeting with the secretary of Health**

The Chairperson represented CDC at the above meeting. Remedial action to control the stray dog menace in health institutions and schools, problem of killing of rabid dogs due to no killing policy and setting up a separate unit /vertical programme for dengue control, was discussed.

### 3. Country Coordinating Mechanism (CCM) of GFATM

The Chairperson represented the SLMA at the meetings of the CCM.

### 4. National Advisory committee of Tuberculosis

The Chairperson represented the SLMA at the meetings of National Advisory Committee of TB.

### 5. Ministry of Health Advisory committee of Communicable diseases

The Chairperson represented the SLMA at the meetings

### 6. New Members

WHO National Professional Officer was recruited to the committee with concurrence of the Council of the SLMA.

### 7. Hand book on National Expanded Programme for Immunisation (EPI) vaccines

The committee decided to update/ revise the 2008 SLMA guidelines on vaccines. Work has commenced in November 2010, and the new guidelines should be available by end 2011.

## MEDICINAL DRUGS

#### Chairperson

Prof Gita Fernando

#### Secretary

Dr Chandanie Wanigatunge

#### Members

Prof Tuley de Silva

Dr M C Weerasinghe

Dr A Wijewickrama

Dr Maxie Fernandopulle

Dr Sarath Gamini de Silva

Dr Lucian Jayasuriya

Dr P Galappaththy

Dr S R Ratnapala

Dr P R Siriwardene

Dr S A Jayaratne

Mr Ananda Samarasinghe

Mr G Karunapala

Ms Chintha Abeywardene

Dr Pradeepa Jayawardene

Ms Ganga Senaratne

#### REPORT

*(Presented by Dr Chandanie Wanigatunge)*

#### Patient information leaflets

The committee members commenced translating the patient information articles on commonly used drugs into Sinhala and Tamil.

#### Other activities

The drugs committee was involved in preparing the recommendations to be made at the meeting with Secretary, Ministry of Health on **National Medicinal Policy on Procurement, Storage, Distribution and use of Medicinal Drugs (Generic Medicines)**.

Members of the committee were also involved in revision of the Essential Medicines List for Non Communicable Diseases and other medicinal drugs related activities of the Ministry of Health.

The committee undertook to seek measures to implement the following

- A standard prescription form for state sector hospitals
- Writing the names of medicines on the envelopes/ bags when they are dispensed at hospitals, private dispensaries, pharmacies etc.

## ETHICS

#### Chairperson

Dr Malik Fernando

#### Secretary

Dr Anuja Abayadeera

#### Members

Dr. Suriyakanthie Amarasekera

Dr Sarath Gamini de Silva

Dr Enoke Corea

Dr Preethi Wijegoonewardene

Dr. Ajith Amarasinghe

Dr N P S Gunaratne

Mr Upali Gooneratne

Prof Lalitha Mendis

Prof Eugene Wickramanayake

Prof S D Jayaratne

Prof. Anoja Fernando

Ms Fathima Razik Cader

Prof Prashantha Wijesinghe

(appointed in January 2010)

(appointed in January 2010)

## REPORT

(Presented by Dr Anuja Abayadeera)

The committee met regularly. Attendance was fair and with enthusiasm.

### Clinical Ethics Committees

A workshop on Clinical Ethics Committees was successfully held on 8<sup>th</sup> May 2010 at the SLMA auditorium. The objective was to create awareness on the role of a clinical ethics committee in a hospital. The attendance was by invitation and committee members, council members, representatives from professional colleges, representatives from the universities, Ministry of Health and the private sector hospitals were the invitees. The role of the clinical ethics committees was introduced by the chairperson followed by the results of a survey on ethical dilemmas faced by doctors which was presented by Dr Vajira Dissanayaka. Real cases were presented by Dr Ajith Amarasinghe which were discussed by Prof Anoja Fernando, Prof SD Jayaratne and Dr Sarath Gamini De Silva. The vote of thanks was delivered by Dr Enoke Corea.

The committee at a later date decided to change the name of the proposed committees to Hospital Ethics Committees as the functions envisioned would include professional and administrative ethical matters as well as clinical ethics. All invitees have been sent a summary report of the proceedings of the workshop.

### Guidelines on Diagnosis of Brain Death

The EC was preparing for drafting a guideline. This issue was taken up by the Ministry of Health and the Secretary, Health has now issued a circular to all hospitals with the relevant details.

### Guideline on Informed Consent

An island wide survey is planned on consent for operative and other procedures. Following the data available a guideline would be drawn up.

### Ethics Presentations at Regional Meetings

Following a decision, based on the SLMA Corporate Plan, that whenever possible a presentation on an ethics topic would be delivered by an EC member during regional meetings, Dr. Malik Fernando spoke on the subject *Ethics for a clinician* at a joint meeting with the Moneragala Clinical Society.

## ETHICAL REVIEW

### Chairperson Convenor

Prof Anoja Fernando  
Dr Chandanie Wanigatunge

### Members

|                            |                       |                        |
|----------------------------|-----------------------|------------------------|
| Dr Malik Fernando          | Mr N Y Cassie Chetty  | Dr S D Jayaratne       |
| Dr Udaya Ranawaka          | Prof D W Ratnasooriya | Mr G C B Wijesinghe    |
| Dr Shalini Sri Ranganathan | Prof Lalini Rajapakse | Dr Vathsala Jayasuriya |

## REPORT

(Presented by Dr Chandanie Wanigatunge)

Nine meetings were held from January to November 2009 and fifteen research proposals were submitted to the committee during this period. Seven proposals submitted in 2009 and requiring amendments, were also reviewed during the period. The following were given ethical clearance by the committee in 2010.

1. DNA genotyping of a case of distal renal tubular acidosis and Southeast Asian Ovalocytosis  
- Dr J P Vithanage, Registrar in Medicine, National Hospital of Sri Lanka
2. Evaluation of school based interventions to improve health and wellbeing of children, staff and families  
- Dr Nalika Gunawardena, Senior Lecturer in Community Medicine, University of Colombo
3. Pilot project to improve the quality of leprosy care in the Polonnaruwa district  
- Dr I P Kahawita, Consultant Dermatologist, General Hospital, Polonnaruwa

4. Influence of birth characteristics, feeding practices on nutritional status, body composition and motor development in term infants
  - Dr. D K R R Silva, Senior Lecturer in Human Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka
5. National antimicrobial resistance surveillance
  - Dr N S Chandrasiri, Consultant Microbiologist, Colombo South Teaching Hospital
6. Health status of people who have been resettled after being exposed to ethnic conflict in Sri Lanka
  - Dr Neil Thalagala, Consultant Community Physician, National Child Health, Programme Manager, Family Health Bureau, Colombo 10
7. The role of private practitioner in strengthening malaria surveillance in Sri Lanka: A pilot study in a Post Conflict district of Sri Lanka
  - Dr S D Fernando, 23B, De Fonseka Road, Colombo 5
8. Design, manufacture and implantation of custom made bio-prosthesis for needy patients
  - Dr H J Suraweera, No 47/2B, Wickramaratne Avenue, Kohuwela
9. Exploratory study on the impact of HIV positivity on psychosocial aspects of People Living with HIV (PLHIV) and their families
  - Dr M J S Perera, Director Research and Programmes of AIDS Foundation of Sri Lanka, 6, Wijerama Mawatha, Colombo 7
10. Premenstrual syndrome: Prevalence, associated factors and its influence on daily life in adolescents aged 13-16 years schooling in Colombo Educational Zone
  - Dr M A N K Chandraratne, 1/53, Farm Road, Mattakkuliya, Colombo 15
11. Factors associated with academic performance of grade 7 students in schools of MOH area Homagama
  - Dr M P P U Chandrasiri, 57/4, Nirmana Pedesa, Galwaladeniya Road, Mattegoda.
12. Assessing the community prevalence of malaria parasites in previously highly malaria endemic areas of Sri Lanka
  - Dr R Abeysinghe, National Antimalaria Campaign, 555/5, Elvitigala Mawatha, Colombo 5
13. Accidental poisoning in childhood and its prevention: Knowledge and practices of principal caretakers of 1-4 year old children in Maharagama MOH area
  - Dr P D Ranasinghe, 1/101, Kalalgoda Road, Pannipitiya
14. Genotyping of malaria parasites in Sri Lanka
  - Dr R Abeysinghe, National Antimalaria Campaign, 555/5, Elvitigala Mawatha, Colombo 5
15. Prevalence, characteristics and associated factors of school violence among grade ten students in Kesbewa educational division – self reported perspectives
  - Dr (Mrs) A P Hewamalalage, No 10. Rukmalegedara, Kudamaduwa Road, Mattegoda

Requested amendments were approved for the following proposals

1. Evaluation of risk factors in Development of Type 2 Diabetes and Cardiovascular disease in a Young Urban Population in Sri Lanka
  - Dr Mahen Wijesuriya
2. Evaluation and investigation of chronic kidney disease of unknown aetiology in selected areas of Sri Lanka - Part 2 (Post-mortem samples)
  - Dr Paba Paliawadana, Ministry of Health

## HEALTH MANAGEMENT

**Chairperson**  
**Convenor**

Dr Lucian Jayasuriya  
Dr Ruvaiz Haniiffa

### Members

Dr Lakshman Senanayake  
Dr K Dudley P Perera  
Dr K C Shanty Dalpatadu

Dr B Kumarendran  
Dr Palitha Abeykoon  
Dr G A Ranatunga

Dr Sarath Samarasiri  
Dr N W Vidyasagara  
Dr V Murali



## REPORT

(Presented by Dr Ruvaiz Haniffa)

1. The Committee reviewed the following documents/issues referred to it by the Council and made recommendations where applicable;
  - a) *Professionalism and accountability of doctors in Sri Lanka*
  - b) *Establishing Patient Safety*
  - c) *Award of Diplomas for R/AMOs*
  - d) *National Policy and strategic plan for prevention and management of injuries*
  - e) *Opening of private medical colleges in Sri Lanka.*
2. Annual Career Guidance Seminar  
Above seminar was held on Sunday, 15<sup>th</sup> August 2010 at the Lionel Memorial Auditorium of the SLMA. The seminar was attended by 207 pre intern and junior medical officers. The seminar was inaugurated by Dr Narada Warnasuriya, President SLMA. The Committee places on record its appreciation to all respective Colleges for their support in providing the resource persons for the seminar. The Committee extends its thanks to the following resource persons for making presentations at the seminar: Dr Narada Warnasuriya, President SLMA, Dr Lucian Jayasuriya, Chairman Health Management Committee SLMA, Dr Pandula Siribaddana-PGIM, Dr Geethika Patabendige-Microbiology, Prof Ranil Fernando-Surgery, Dr Vajira H W Dissanayaka-Universities, Dr I P Kahawita-Dermatology, Dr Deepthi Samarage-Paediatrics, Dr Jayan Mendis -Psychiatry, Dr Muditha Vidanapathirana- Forensic Medicine, Prof A R Wickramasinghe- Community Medicine, Dr Terrance de Silva - Medical Administration, Surgeon Rear Admiral N E L W Jayasekera- Armed Forces, Dr Jerrad Fernando- Radiology, Dr Dulani Beneragama-Pathology, Dr Madahava Karunaratne- Obstetrics and Gynaecology, Dr Jayantha Jayasuriya- Anaesthesiology, Dr Jayantha Thambar- General Practice, Dr Manel Pasqual - Ophthalmology, Dr R P Dayasena- Otorhinolaryngology and Prof Rifdy Mohideen- Medicine and finer specialties.  
  
The Committee acknowledges the contribution made by *GlaxoSmithKline* in the organization of the seminar.
3. The Committee coordinated and convened a meeting between the SLMA and the Secretary Ministry on 6<sup>th</sup> August 2010. The following issues were discussed -SLMA projects supported by the Ministry of Health-CPD, SLCTR, CMJ, functioning of OPDs, Process of registration of foreign doctors for employment in the private sector of Sri Lanka, Comprehensive Economic Partnership Agreement with India, Improving care of persons with disability in Sri Lanka and Recommendations for control of Rabies and Dengue.

## MEDIA

**Chairperson & Convenor** Dr Ruvaiz Haniffa

### Members

Dr Waruna Gunathilake

## REPORT

(Presented by Dr Ruvaiz Haniffa)

The Annual SLMA Awards for Excellence in Health Journalism 2010 was successfully conducted for the seventh consecutive year. The Committee received 15 articles in Sinhala, 9 articles in Tamil and 6 articles in English for evaluation. The following awards were made at the SLMA foundation Sessions on 22<sup>nd</sup> October 2010 at the Public Library Auditorium, Jaffna.

1. SLMA Award of Excellence in Health Journalism 2010 – Sinhala medium to Ms Champika Deepani of “*Tharuni*” newspaper. Her article focused on creating awareness on the issue of immunization in Sri Lanka.
2. SLMA Award of Excellence in Health Journalism 2010 – Tamil medium to Mr. T Kirubakaran of the “*Thinakurala*” newspaper. His article focused on creating awareness on snake bites in Sri Lanka.
3. SLMA Award of Excellence in Health Journalism 2010 – English medium to Ms Randima Attygala of the “*Nation*” newspaper. Her article focused on exercise during pregnancy.

The Committee thanks Drs Wasantha Gunathunge, Palitha Karunaperma (Sinhala article judges), G R Constantine and Shalini Sri Ranganthan (Tamil article judges) and Prof Saroj Jatasinge and Prof Ranjan Dias (English article judges) for their contribution by agreeing to serve as judges of the awards.

## RESEARCH PROMOTION

**Chairperson** Prof M M Ismail  
**Convenor** Dr M C Weerasinghe

### REPORT

*(Presented by Dr MC Weerasinghe)*

#### Members

|                    |                    |                         |
|--------------------|--------------------|-------------------------|
| Prof Laliha Mendis | Dr A S Dissanayake | Dr Ruvaiz Haniffa       |
| Dr M P Seneviratne | Dr B Kumarendran   | Prof E R Wickramanayake |
| Dr I Karunathilaka | Dr S Prathapan     | Dr T Kumanan            |
| Dr W U Perera      |                    |                         |

The objective of the committee is to harness its activities in the direction of promoting a research culture among the members.

Following activities were carried out during the year 2010.

1. The research fund was initiated to provide seed money to help young researchers to start their projects. The preparation of guidelines for the grant scheme was done by the committee.
2. The fund stands at Rs one million with a contribution from Dr Asoka Dissanayake and SLMA general fund. The committee initiated discussions with
3. The interest of the one million rupees deposit was utilized for awarding the research grants.
4. The applications received for the research grants were reviewed by a panel of experts before selecting the awardees' for the third round.
5. The grant value was increased from Rs 50,000 to 100,000 to attract more proposals. For the year 2010 two proposals were awarded for the best proposals.
6. The committee hopes to expand its activities during the next year.

## NON COMMUNICABLE DISEASES

**Chairperson of NCD and DPTF** Prof Ravindra Fernando / Prof Chandrika Wijeyaratne  
**Convenor** Dr Carukshi Arambepola

#### Members

|                             |                         |                               |
|-----------------------------|-------------------------|-------------------------------|
| Dr Noel Somasunderam        | Dr Chandanie Vithana    | Dr K D R R Silva              |
| Prof. Diyanath Samarasinghe | Dr Damayanthi Perera    | Dr H A Priyankara Jayawardene |
| Dr Ruvan Ekanayake          | Dr G S N Perera         | Dr PHIU Waidyatilaka          |
| Dr Neelamani Paranagama     | Dr Shantha de Silva     | Dr N Lokunarangoda            |
| Dr M P Seneviratne          | Dr B Kumarendran        | Dr Vindya Kumarapeli          |
| Dr Mahen Wijesuriya         | Dr M M Dissanayake      | Dr R R Abeysinghe             |
| Dr Kanishka Karunaratne     | Dr Sulochana yoganathan | Dr K Chandrasekher            |
| Dr K R D de Silva           | Dr P Katulanda          | Dr Surenthirakumaran          |
| Dr Uditha Bulugahapitiya    | Dr K Sri Ranjan         | Dr Anil Dissanayake           |
| Dr Kapila Ranasinghe        | Dr Palitha Karunapema   | Dr Champa Aluthweera          |

### REPORT

*(Presented by Dr Carukshi Arambepola)*

Prof. Chandrika Wijeyaratne functioned in the capacity of chairperson of the NCD committee during 2010.

The following activities were carried out with the assistance of WHO, Ministry of Health and other stake holder groups

New membership was extended to represent different geographical regions of Sri Lanka including the North and East, colleges of the SLMA, University of Jaffna, Sri Lanka Nutrition Society, Cancer Institute Maharagama and, Youth, Elderly and Disabled Unit (YEDD).

- Initiated hosting an educational programme on important issues relating to NCDs (e.g. health promotion in diabetes, tobacco consumption, eye care in diabetics) on a regular basis on ITN, Prime TV, MTV and

Shakthi television channels in all three languages. A list of themes with uniform messages along with the appropriate resource persons was identified.

- An outreach programme was conducted by the NIROGI Lanka Project in February 2010 in Jaffna in collaboration with the departments of Community Medicine of the Faculties of Medicine of the Universities of Colombo and Jaffna, and the NCD Unit of the Ministry of Health. The programme consisted of three main segments:
  - An exhibition on the prevention of diabetes mellitus and other non-communicable diseases
  - A workshop on establishment of health promotion settings
  - A training programme on prevention of non communicable diseases
  - Assisted in reviewing the Essential Drug List (NCD related) at primary health care level by nominating a representative on behalf of the SLMA.

#### **Diabetes:**

- Conducted a joint seminar with SLAAS on “Research Updates on Diabetes” under the topics of research updates on Epidemiology, Clinical aspects and Service delivery by Drs. P Katulanda, V Kumarapeli and P Karunapema on the 10<sup>th</sup> of June. The outcome of this meeting was to convene a stakeholder meeting to identify and promote research priorities in diabetes.
- Two exhibition kits on prevention and control of diabetes (in Sinhala and Tamil languages) were developed to be used in public health educational exhibitions consisting of interactive material and displays that focused on the themes of, “I want to Know”, “Am I at risk?” and “I need to change”.
- During the SLMA Annual Scientific Sessions 2010, the NCD committee together with the NIROGI Lanka project conducted a seminar/workshop with three interactive case presentations related to diabetes followed up by a short presentation of activities of the NIROGI project.
- The NIROGI Lanka Project undertook the following main activities during this period,
  - A national programme for capacity building in diabetes care by establishing a pioneer cohort of 110 ‘Diabetes Educator Nursing Officers’ in Sri Lanka via 2 week training programmes for nurses selected from hospitals all over the Island.
  - A programme to provide quality diabetes care in the community through a partnership between the specialized tertiary care services and the primary care services in the Colombo City limits and the nearby suburbs. In order to accomplish this, the infrastructure, equipment and clinical skills were developed in 6 provincial clinics in the Western Province to create “Diabetes and Cardiovascular Community Risk Clinics”. The selected clinics of Maligawatte, Sedawatte, Wellampitiya, Piliyandala and Thalangama will be formally inaugurated by the end of December 2010.
  - A central laboratory established at the Maligawatte district hospital with a fully automated bio chemistry analyser to be used for screening and diagnosing diabetes and other non-communicable diseases.
  - A General Practitioner training course conducted with the assistance of the College of General Practitioners for capacity building at primary care level. Under this programme, 105 GPs will be trained by 2012.
  - Based on the Health Promotion approach to empower the community and family, leading to the development of healthy behaviours among communities in prevention of Type 2 diabetes, 59 community health promotion settings in the MOH divisions of Kotte and Kolonnawa have been developed with the continued participation of over 3000 people. This programme has succeeded in empowering the community to promote their health as evidenced by objective measures related to their lifestyle and weight reduction.
- Activities to commemorate the World Diabetes Day
  - Satellite programmes for World Diabetes Day organized by the Diabetes Educator Nursing Officers (trained by the NIROGI Lanka Project) in their hospitals and area of work
  - The ‘Health Promotion Day’ to portray health promotional activities of the NIROGI Lanka Project and the achievements of the participants at the Battaramulla Jana Kala Kendraya on the 9<sup>th</sup> of November with the participation of the SLMA president, WHO country representative, other dignitaries and around 600 participants
  - A Diabetes exhibition stall at the Global Diabetes Walk on the 14<sup>th</sup> of November at BMICH organized by the Diabetes Prevention Task Force and the NIROGI Lanka Project
  - Participation of the NIROGI Lanka Project in a diabetes and other non-communicable disease screening programme exclusively for media personnel at the Health Education Bureau on the 1<sup>5th</sup> of November
  - Participation of the DPTF in a screening programme at the presidential secretariat conducted by the Western Provincial Health Secretariat on the 30<sup>th</sup> of November

**Cardiovascular Diseases:**

- NCD committee has taken leadership to 1). initiate revision of the national clinical guidelines pertaining to cardiovascular diseases, diabetes and hypertension especially with regard to new evidence and the multiple risk factor approach and 2). incorporate the revised guidelines to the CVD risk prediction charts developed by the WHO. An initial step was taken by obtaining funds to review these guidelines via a series of workshops with representation from the Colleges of Physicians and General Practitioners together with other stake holder groups.

**Toxicology:**

- A nominee was appointed to represent the NCD committee at the working/expert group on preventive strategies related to poisoning
- A WHO funding grant was confirmed for providing an in-service clinical update training on prevention and management of acute poisoning in view of capacity building of health care providers including medical practitioners and nurses working in the peripheral hospitals of Western, North-Western and Southern provinces.
- A revised version of the "Management of Poisoning" book, is currently being drafted in all three languages. Funds for compilation and printing were received by the committee from the WHO.

**Cancer:**

- A representative from the NCD subcommittee was appointed to the working group for developing policies on prevention and palliative care for cancers.
- The committee acted as a catalyst in developing a draft proposal on primary preventive strategies of cancer based on nutrition, physical activity, obesity, alcohol and smoking for conducting health education. This is currently being developed with collaboration from the Ceylon College of Physicians.
- A media program was held with the collaboration of the cancer control programme on 31<sup>st</sup> May 2010 to commemorate the world tobacco day.

**Geriatrics:**

- A concept paper was developed with the focus of improving human resources, capacity building and providing technical support within the existing health framework to provide better geriatric care. This document would be used in future to seek the advocacy of the health minister and ministry officials and to formulate a multi-disciplinary group on gerontology with representation of all stakeholders.

**ROAD TRAFFIC ACCIDENTS PREVENTION****Chairperson  
Convenor**

Prof A H Sheriffdeen  
Dr C M Asela Anthony

**Members**

Mr T Perimpanayagam  
Ms Fathima Razik Cader  
Mr Lucky Peiris  
Dr (Mrs) A M S Zanhar  
Prof. Manouri Senanayake

Mr A W Dissanayake  
Dr R T Nanayakkara  
Dr G R W Godakumbura  
Eng. B A Azhar  
Dr. Vindya Kumarapeli

Mr S A Premaratne  
Prof Hemantha Senanayake  
Mr P P de Silva  
Mr Edward Ahangama  
Mr Indu Karunaratne

**REPORT**

*(Presented by Dr Asela Anthony)*

The committee convened on 10 occasions during the year 2010. Many avenues to reduce road traffic accidents were looked in to, including playing an advocacy role, putting up sign boards, implementation of demerit point systems, slogans containing messages and road safety programmes in schools etc. with varying success.

Road safety programme in schools was started in October and the first seminar was conducted at Lyceum International School. As the response was very good from the schools as well as the school children, this activity will be continued next year with wide coverage of schools. A power point presentation was made to be distributed to School Medical Officers to propagate this message to the schools island wide. A strategy for setting up Student committees on Traffic Accident Prevention was drawn up for schools. These Committees would hold poster and essay competitions on Road Traffic, organize a parent/ student day to discuss accident prevention in addition to continuing with the school safety programme.

## SNAKE BITES

### Chairperson Secretary

Dr Kolitha Sellahewa  
Dr Malik Fernando

### Members

Dr. Shantha De Silva  
Mr. Anslem de Silva  
Dr. Vinya Ariyaratne  
Dr. Kalana Maduwage  
Dr. Dineshan Ranasinghe  
Dr. Ranjith Paranagama

Dr. Ariaranee Gnanathanasan  
Prof. S A M Kularatne  
Prof. Rezvi Sheriff  
Dr. Chris Fernando  
Dr. Namal Rathnayake

Dr. Dennis J Aloysius  
Prof. Deepika Fernando  
Dr. Indika Gawarammana  
Dr. M K Ragunathan  
Dr. Ariyasena Hittarage

### REPORT

*(Presented by Dr Kolitha Sellahewa)*

#### Objectives

- Educate doctors on the correct strategies of snakebite management.
- Educate the public on prevention, first aid and other aspects of snakebite.
- Develop a data base on snakebite.
- Establish a notification system and to inquire into all deaths related to snakebite.
- Develop a web site for snakebite.
- Streamline research on snakebite. Develop a safe and effective AVS in Sri Lanka.
- Address issues related to other venomous animal bites and invertebrate stings.

#### Activities performed during 2010

##### 1. Committee meetings held:

Monthly meetings were held and minutes were circulated among committee members, confirmed and presented to the Council of the SLMA. Meetings were held on the 3<sup>rd</sup> Wednesday of every month. Nine such meetings were held for the year 2010.

##### 2. Dissemination of information on management and prevention of snakebite

- Articles to the news papers highlighting that hump nosed viper is now among the deadly venomous snakes.
- Several discussions on TV on issues related to snakebite in English and Sinhala; Tamil being planned.
- Provided resource personnel for a seminar on snakebite at the BMICH organised by the EFL.
- Conducted a seminar on snakebite during the SLMA Foundation Sessions in Jaffna.
- Lectured to the estate staff from Ratnapura, Nuwara Eliya, Rakwana, and Badulla at the Demodara tea estate on prevention, first aid and identification of venomous snakes.
- Established a hot line accessible to any doctor anywhere in the country 24 hours a day. Eleven inquiries were made including two from the poison information centre. Most of the inquiries were on issues related to decisions on the use of AVS when the identity of the biting snake was in doubt or when initial doses of AVS had failed to evoke the desired therapeutic response.

##### 3. Notification of deaths due to snakebite.

Even though accepted by the Ministry and a system is in place to notify to the Ministry of Health all deaths due to snakebite compliance has been exceedingly poor. This was raised with the Secretary of Health who has taken steps to revive the process.

##### 4. Development of a data base on snakebite

A data collection form was developed in collaboration with the Epidemiology Unit. Discussions are proceeding to implement the proposal with the help of the EU at the selected sentinel sites. Analysed data will be accessible to the SLMA as well as the Epidemiology Unit in Colombo.

##### 5. Research

Two research projects have been initiated

1. An epidemiological profile of snakebites in General Hospital of a post-conflict district in the Eastern Province of Sri Lanka. This study was hampered by not been able to find a suitable data collector.

2. A study on the incidence and nature of adverse reactions to AVS

#### **6. Update on snakes, AVS and snakebite management**

An update on the following topics is being compiled for publication in the CMJ as a CME supplement

1. Burden of snakebite in Sri Lanka ( Prof Janaka de Silva)
2. History of herpetology in Sri Lanka ( Mr. Anslem de Silva)
3. Venom chemistry relevance to Sri Lankan snakes ( Dr. Parakrama Athauda)
4. Taxonomy and Morphology of poisonous snakes in Sri Lanka (Mr. Anslem de Silva, Dr Kalana Maduwage )
5. Clinical manifestations of envenoming  
Russell's viper and Saw scaled viper- Dr. Ariaranee Gnanathanan  
Cobra – Prof SAM Kularatne  
Kraits – Prof SAM Kularatne  
Hump nosed viper- Dr. Kolitha Sellahewa  
Sea snakes- Dr Malik Fernando  
Other snakes- Prof SAM Kularatne
6. Management of snakebite –
  - 6.1 Antivenom - Dr. Kolitha Sellahewa
  - 6.2 General Management- Dr. Kolitha Sellahewa
  - 6.3 Specific management and management of complications- Prof SAM Kularatne
  - 6.4 Antivenom prophylaxis- Prof Janaka de Silva
7. Prevention of snakebite- Dr Vinya Ariyaratne

#### **7. Manufacture of AVS in Sri Lanka**

Having recognized the poor quality of the currently available AVS both with regard to safety and efficacy, SBC has developed, discussed and presented a practical and detailed proposal to the Ministry of Environment and Natural Resources to implement the project leading to the setting up of a snake farm in Sri Lanka and the subsequent manufacture of AVS. No progress yet.

I thank all the members of the snakebite committee for supporting its activities, especially those who have attended meetings regularly and made active contributions.

### **SOCIAL ACTIVITIES**

#### **Chairperson**

Dr Narada Warnasuriya

#### **Joint Social Activity Secretaries**

Dr Gamini Walgampaya / Dr Suriyakanthie Amarasekera

#### **Members**

Dr Dennis J Aloysius  
Dr L Ranasinghe

Dr J B Peiris  
Dr N Wickramasinghe

Dr Gamini Walgampaya  
Prof Wilfred Perera

#### **REPORT**

*(Presented by Dr Suriyakanthie Amarasekera)*

The Social Activities for the year 2010 were associated mainly with the Annual Scientific Sessions. The Cultural Show at the inauguration of the Annual Scientific Sessions the 31<sup>st</sup> of May was a riveting performance by Mastreo Ravibandu and his Drum Troupe which held the audience both local and foreign guests spellbound.

The Traditional Doctors Concert, named “Algorhythms” was held on the 1<sup>st</sup> of June at the Oak Room, Cinnamon Grand Hotel. It was an enjoyable well balanced program with a mixture of Sinhala Hindi and English vocal items performed by well known popular medical professionals. It was refreshing to hear several young talented artistes making their debut at the SLMA Concert. Veteran Artistes Prof Dayasiri Fernando and Dr Chitrangani Kariyawasam made a popular come back after a lapse of several years to give a rib tickling performance of a skit scripted by Dr Chitrangani. A graceful Bharathanatyam and a hip swinging Latin American Dance item performed by young interns added variety to the show.



The Concert was compered very professionally by Dr Sean Amarasekera who also made his distinctive contribution of “Phonetic Punctuations” as well as singing. The Grand Finale of the Concert was a Medley of Visharada Khemadasa songs performed by about 20 medical students from the Faculty of Medicine, University of Sri Jayewardanapura, a fitting tribute to the President Dr Narada Warnasuriya who was their Vice Chancellor. The concert was attended by over 100, including the chief guest, Professor Sir Michael Marmot and many foreign resource persons.

The SLMA Dinner at the close of the Annual Scientific Sessions was held at the Grand Ball Room of Galle Face Hotel. All who attended had an enjoyable evening in a relaxed atmosphere with an opportunity to make new friends and strengthen old bonds of friendship. The lilting music provided by violinist Ananda Dabare enhanced the sumptuous meal.

It is with regret that we note that this year too the SLMA Dance was not held for the 4<sup>th</sup> year in succession. We do hope that this tradition will be revived in the future.

### SRI LANKAN CLINICAL TRIALS REGISTRY

|                                     |                          |
|-------------------------------------|--------------------------|
| <b>Chairperson</b>                  | Prof Colvin Goonaratna   |
| <b>Honorary Secretary /Convenor</b> | Dr Udaya Ranawaka        |
| <b>Assistant Secretary</b>          | Dr Chandanie Wanigatunge |

#### Members

|                          |                         |                       |
|--------------------------|-------------------------|-----------------------|
| Dr Ajith Mendis          | Dr HRU Indrasiri        | Prof Rezvi Sheriff    |
| Dr Narada Warnasuriya    | Dr Indika Karunathilake | Prof Gita Fernando    |
| Dr Vajira HW Dissanayake | Dr Siva Selliah         | Prof Lalini Rajapakse |
| Dr Ashwini de Abrew      |                         |                       |

#### REPORT

*(Presented by Dr Udaya Ranawaka)*

Prospective registration of all clinical trials involving human subjects is a requirement for trial publication in biomedical journals, and the World Health Organization (WHO) has strongly supported the call for mandatory trial registration. Recognising the need for a national body for trial registration, the Sri Lanka Clinical Trials Registry (SLCTR) was established in November 2006. The SLCTR is an internet-based, not-for-profit registry, with free access ([www.slctr.lk](http://www.slctr.lk)) to researchers, clinicians, and the public. It was recognised as a Primary Registry of the WHO Registry Network in March 2008. The SLCTR regularly provides data to the Clinical Trial Search Portal of the International Clinical Trial Registry Platform of the WHO.

A total of 53 clinical trials have been registered as of 30<sup>th</sup> November 2010, with 10 of them being registered in 2010.

The SLCTR website has undergone extensive revisions to meet WHO requirements. New features include audit trails to track changes to trial protocols, updates on trial data based on progress reports provided by the investigators, and links to trial publications. The Standard Operating Procedures (SOPs) of the Registry were completely revised during the year. An internal audit was conducted as a quality control initiative.

Members of the SLCTR Committee have delivered guest lectures at the Annual Sessions of the Kandy Medical Association (February 2010) and the Jaffna Medical Association (October 2010), with a view to improving awareness on clinical trial registration. A survey on the awareness on clinical trial registration was conducted among participants of the Annual Academic Sessions of the SLMA.

## WOMEN'S HEALTH

### Chairperson Convenor

Prof Jennifer Perera  
Dr Nalika Gunawardene

### Members

|                              |                               |                          |
|------------------------------|-------------------------------|--------------------------|
| Prof Chandrika N Wijeyaratne | Dr Shalani Sri Ranganathan    | Dr Rani Fernando         |
| Dr Vathsala Jayasuriya       | Dr Angela de Silva            | Dr Sharaine Fernando     |
| Dr Neththanjali Mapitigama   | Dr Arulanandem                | Dr Sampatha Goonawardena |
| Dr Dinithi Fernando          | Dr Nilmini Hemachandra        | Dr Kapila Jayaratne      |
| Dr Sureinthirakumaran        | Dr Sudharshini Wasalathanthri |                          |

### REPORT

*(Presented by Dr Nalika Gunawardene)*

| Activity planned by the Women's Health Committee for 2010  | Activities conducted by the Women's Health Committee 2010  |
|--|--|
| <p>Encourage medical professionals who are stakeholders in the field of women's health to join the Women's Health Committee</p> <p>Co-opt the relevant professionals who are not eligible to be members of SLMA, health to the Women's Health Committee</p>  | <ul style="list-style-type: none"> <li>Dr. N. Mapitigama, focal point for gender issues in the Family Health Bureau, Dr. Kapila Jayarathne and Dr. Nilmini Hemachandra Nationals Programme officers for Maternal Health, attached to the Family Health Bureau were invited to join the committee.</li> <li>Dr. Sumithra Tissera, Director, Medical of the Family Planning association also joined the committee on invitation.</li> <li>Drs. Sunrenthirakumarn (Jaffna) and Arulanandem (Batticaloa) were invited into the committee as members to be corresponded via emails.</li> </ul>  |
| <p>To liaise with the focal point for gender issues of the Ministry of Health and to implement a pilot project at NHSL to provide better screening and management services for victims of GBV</p>  | <ul style="list-style-type: none"> <li>The committee offered to liaise with the focal point for gender issues of the Ministry of Health in planning a tool to screen victims of GBV in the curative settings and thereafter in training of the healthcare providers in conducting screening and managing these victims. Committee members contributed to the consultative meeting held to revise the 'Training module for the core staff of the GBV care centre' and the 'protocol/guidelines for 'Mithuru Piyasa'.</li> <li>Committee mediated commencement of a counselling centre at the Sri Jayewardenepura Hospital with support from the organization, Women in Need. The arrangements are being made to open the centre shortly.</li> </ul> |
| <p>To conduct professional development programmes in collaboration with relevant Colleges/ Associations, targeting health staff in curative and preventive health services to promote good practices in caring for elderly women, pregnant mothers, new born &amp; children. (eg: preventing osteoporosis, improving nutrition among pregnant mothers and adolescent girls, promoting education for girl child etc.)</p> <p>To assign CPD points to the programmes that are being organized.</p> | <ul style="list-style-type: none"> <li>The seminar titled 'Addressing health issues and providing health care in Sri Lanka: are we gender sensitive?' was held on the 8<sup>th</sup> March to commemorate the Women's day 2010. Summaries of the presentations at this seminar were published in SLMA newsletter.</li> <li>A post congress seminar on health issues in elderly women was organized by the Women's Health Committee and the Menopause Society was held successfully on the 3<sup>rd</sup> June 2010. Net income from sponsorship and registration fee was as Rs. 59,240/=.</li> </ul>   |

|  |  |
|--|--|
| <p>To conduct television programmes, publish newspaper articles on women's health issues targeting general public</p> <p>To conduct a media seminar to educate media personnel on selected women's health issues</p> | <ul style="list-style-type: none"> <li>• A leaflet highlighting the issues of prevention of NCDs among women was prepared by the committee which was distributed in the field by the SLMA NIROGI project.</li> <li>• Two articles (in English and Tamil) on women's health issues were prepared by the committee and were submitted to the media committee of SLMA.</li> <li>• A radio programme was conducted in Tamil on health issues related to Menopause.</li> <li>• Committee developed a leaflet to be distributed during the orientation sessions of the undergraduates to sensitise them on gender issues. Awaiting pilot testing prior to distribution.</li> </ul> |
| <p>To conduct professional development programmes for field health staff to promote good practices in caring for pregnant mothers, new born and children</p>   |  |

### DISABILITIES (WORKING GROUP)

**Chairperson** Dr Lalith Wijayaratne  
**Secretary** Dr Harsha Gunasekara

#### Members

|                         |                        |                          |
|-------------------------|------------------------|--------------------------|
| Prof Lalitha Mendis     | Dr Udaya Ranawaka      | Prof Hemamali Perera     |
| Dr Aswini Fernando      | Dr Kalyani Guruge      | Dr Jithangi Wanigasinghe |
| Dr Samanmali Sumanasena | Dr Swarna Wijayathunga | Prof Ranjani Gamage      |
| Dr Padma Gunarante      | Dr Sunil Perera        | Dr Raja Thalagahagoda    |
| Dr Nihal Goonetilleke   | Dr Anoma Jayatilleke   | Dr Neil Thalagala        |
| Dr Vinya Ariyaratne     | Dr Deepthi Perera      | Dr Anil Dissanayaker     |
| Dr H U R Indrasiri      | Dr Lalith Sathkunam    | Dr Uditha Jayathunga     |
| Dr Charitha Perera      |                        |                          |

#### REPORT

*(Presented by Dr Harsha Gunasekara)*

#### Objectives

- To provide advocacy to the Ministry of Health and other stakeholders on the need for improvement of services available for Persons with Disability (PwDs) in Sri Lanka.
- To make recommendations on improving the services available for Persons with Disability (PwDs) in Sri Lanka.
- To make recommendations regarding revisions to existing laws and legislations on disability and Persons with Disability (PwDs).
- To create awareness on disability and care of the Persons with Disability (PwDs).

A framework document of proposals titled "Disability in Sri Lanka" was presented to the Ministry of Health at the meeting convened by the Secretary to the Ministry of Health for Representatives of SLMA committees/working groups. The Ministry of Health acting on this proposal has taken steps to form a National steering Committee on Care for the Disabled.

The Working Group held meetings monthly except in January, February and April.

Dr Lalith Wijayaratne took over the chairpersonship from Prof Lalitha Mendis from May 2010.

The committee is working on establishing data on war injuries (security forces and civilian) and existing resources for rehabilitation/benefits through Ministries of Health and Social services.

A SLMA Guest Lecture on Dementia was organized by the committee in November.

## HERBAL MEDICINE

**Chairperson**  
**Convenor**

Prof Sanath P Lamabadusuriya  
Dr B Kumarendran

**Members**

Prof (Mrs) J A Liyanage  
Prof Arjuna Aluwihare  
Dr Narada Warnasuriya  
Dr A Laksman Jayawardena  
Dr Hemantha Beneragam  
Dr Nimal Jayathilake

Prof Ajith M Abesekera  
Prof Ira Thabrew  
Prof Rohini Fernandopulle  
Dr Chamara Senaratna  
Dr H L Obeysekera  
Dr R A Jayasinghe

Prof Ananda Wijekoon  
Prof Jennifer Perera  
Prof Tuley de Silva  
Dr Dayangi Senasekara  
Dr Lakshmi Arambewela  
Dr Swarna hapuarachchi

**REPORT**

*(Presented by Dr B. Kumarendran)*

**Introduction:**

Herbal Medicine sub-committee was established following a request to the SLMA Council by Prof Sanath P. Lamabadusuriya rationalizing the need to have a multi-disciplinary forum on herbal medicine. The inaugural meeting was held in June, 2010 and five meetings were subsequently conducted.

**Objective:**

To enhance collaborative good quality research and evidence based practice related to herbal medicine in Sri Lanka

**Activities**

**1. Establishment of the sub-committee**

The committee was established with members from varied disciplines including the ex-officio directors of Bandaranaike Memorial Ayurvedic Research Institute, Institute of Indigenous Medicine and Director, Gampaha Wickremarachchi Ayurveda Institute were invited to join the committee.

**2. Compilation of an index of Sri Lankan Publications on Herbal Medicine**

The sub-committee initiated an activity to compile an index of Sri Lanka research publications on herbal medicine irrespective of the specialty of author (SLMC registered, alternative practitioners, scientists and etc), study design (laboratory, observational, trials and etc), subjects (human/animal), type of publication (International or local journal, dissertation and etc), format (softcopy, printed copy or photocopy) and language (English, Sinhala or Tamil). The data collection is in progress.

**3. Field visit to a factory manufacturing herbal products**

The sub-committee visited to the factory of Link Naturals (Pvt) Ltd. Situated in Dompe and observed the good manufacturing practices implemented in the factory.

**4. Making herbal research as priority in Sri Lanka**

Committee met a representative from SEARO/WHO and requested her to include herbal medicine research in the priority list of their work plan. Further the committee is trying at local level to identify the herbal medicine research as a priority area by Sri Lankan stakeholders such as National Science Foundation and National Research Council.

## HEALTH EQUITY (WORKING GROUP)

**Chairperson**  
**Convenor**

Prof. Saroj Jayasinghe  
Dr. Vathsala Jayasuriya

**Members**

Dr Narada Warnasuriya  
Prof. Diyanath Samarasinghe  
Dr. Sarath Samarage  
Dr. IR Perera  
Dr. Buddhika Fernando

Prof Lalini Rajapaksa  
Prof. Eugene Wickramanayake  
Dr. Thilak Munasinghe  
Dr. Pubudu de Silva

Dr Palitha Abeykoon  
Prof. Colvin Goonaratna  
Dr. Carukshi Arambepola  
Dr. Padmal de Silva

## REPORT

*(Presented by Dr Vathsala Jayasuriya)*

The first meeting of the working group was convened on 6<sup>th</sup> May 2010 to carry forward the agenda of SLMA annual sessions 2010 - equity for health, which hosted Sir Michael Marmot as the chief guest.

The following objectives were formulated to guide the activities of the group.

- a) To raise awareness of the medical profession and general public on issues relating to health equity and social determinants of health (SDH)
- b) To encourage research in relevant areas and translation of knowledge into practice
- c) To facilitate capacity building among health professionals
- d) To network with local, regional and global partners to take forward the agenda of narrowing health inequalities.

A SLMA newsletter editorial and a leading article in the Ceylon Medical Journal (Narrowing health inequalities in Sri Lanka: issues and challenges (Vol 55, No 3, 2010) ), were used to raise awareness of the medical profession on issues relating to health equity and social determinants of health (SDH)

The committee will identify issues within which the broad agenda of health inequity can be addressed by the group. Discussions were held to identify 5 key areas that will serve as entry points for action. It was agreed that sectors such as education and housing was important in addressing equity at a broader level and the group will also focus on health related issues such as health care provision and nutrition.

SLAAS section-A has agreed to work closely with the SLMA group on issues related to health equity and SDH. A series of joint research forums is being planned to facilitate capacity building among health professionals and the first of these will focus on assessment of social status: methods and instruments.

The group will explore opportunities for networking with local and regional organizations and informal discussions were held with the World Health Organisation (WHO) to procure funds for future activities.

## CENTRAL CPD

### Chairperson Convenor

Dr Sunil Seneviratne Epa  
Dr V Murali

### Members

|                          |                           |                           |
|--------------------------|---------------------------|---------------------------|
| Prof Lalitha Mendis      | Prof Colvin Goonaratna    | Dr Rabindra R Abeyasinghe |
| Dr Rani Fernando         | Dr Joe Fernando           | Dr H R U Indrasiri        |
| Dr Indika Karunathilake  | Dr Pubudu de Silva        | Dr Harshalal de Silva     |
| Dr Suresh Shanmuganathan | Dr Jayantha Jayasuriya    | Dr Eugene Corea           |
| Dr P M G Punchihewa      | Dr Aswini Fernando        | Dr M P Seneviratne        |
| Dr G A Harischandra      | Dr Indira Wijesiriwardene | Dr Ranjan Dias            |
| Dr A Illeperuma          | Dr R P Dayasena           | Dr Ananda Hapugoda        |
| Dr Nalin Rajakaruna      | Dr Lalindra Gooneratne    |                           |

## REPORT

*(Presented by Dr Sunil Seneviratne Epa)*

Main Events and activities are as follows:

- 1) Launching the Information and Guidance Book on CPD certification at the inauguration of the SLMA Academic Sessions with the presentation of the first copy to Hon Minister of Health Mr. Maithipala Sirisena in June 2010.
- 2) One copy of the above book is being posted to all doctors registered with the SLMC
- 3) Participation in a conference on Medical Education organized by the SLMC in June in Colombo with the participation of delegates from SARC region. It was revealed that Sri Lanka is the only country in the region gone this far in organizing a National CPD Programme for doctors.
- 4) Organized a Seminar on CPD with participation of all stake holders with the objective of identifying incentives for non state sector doctors.
- 5) Currently participating in a CPD Committee of the SLMC with the idea of establishing a CPD Authority with statutory powers.
- 6) Established a dialogue with the GMOA and formulated a promotion scheme for state sector doctors in order to enhance the uptake of CPD.

## 12. CEYLON MEDICAL JOURNAL

### Editorial Board

**Editors :** Prof Janaka de Silva and Dr Anuruddha Abeygunasekera  
**Emeritus editors :** Dr Chris G Uragoda and Professor Colvin Goonaratna

### Assistant editors:

|                      |                      |                            |
|----------------------|----------------------|----------------------------|
| Dr Dennis Aloysius   | Dr D N Atukorala     | Dr Sarath Gamini de Silva  |
| Dr B J C Perera      | Prof A Padmeswaran   | Prof Lalini Rajapakse      |
| Dr Channa Ranasinha  | Dr Udaya Ranawaka    | Dr Shalini Sri Ranganathan |
| Dr Kolitha Sellahewa | Dr S A S Gunawardena | Prof Harsha Seneviratne    |
| Dr Dulani Gunasekera |                      |                            |

### REPORT

*(Presented by Dr Anuruddha Abeygunasekera)*

### Board Meetings

The Editorial Board met 10 times in the last year. Average attendance was 65%. Minutes kept at each meeting are sent to the SLMA Council. (We report a summary of the events to the council periodically; not the minutes)

### Journal

Three issues of the 2010 *Journal* have been published to date: March, June and September. The December issue is being edited. 2500 copies are printed of each issue. (From the December issue onwards 3 000 copies will be printed)

142 articles were tabled at the editorial boards of which 56 were accepted for publication. Publication to date is as follows: leading articles 3, full papers 10, research letters 11, case reports 6, picture story 3, correspondence 5, book review 1.

Two CME series and a *CMJ* Volume 54 index were published.

Fees are as follows: past issues to 2007 Rs. 250 each, 2008-09 Rs. 400, 2010 Rs 500.

### Other publications

The abstract booklet to the annual academic sessions of the SLMA were published alongside the June issue

### Website

The *CMJ* can be accessed online through the SLMA website. Full article access is available from 2003 onwards. The Sri Lanka Journals Online website is maintained by Mrs Sioux Cumming at the International Network for the Availability of Scientific Publications, Oxford

### CMJ office

The office can be contacted on 011 269 0212 and at [office@cmj.slma.lk](mailto:office@cmj.slma.lk)

### Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff. Particular mention is made of Ms Renuka Ratnayaka and also Mr Rajasingham and Ms Jayarani Tennakoon.



### 13. TSUNAMI DISASTER RELIEF

*(Report Presented by Dr Suriyakanthie Amarasekera)*

**Coodinators:** Dr. Suriyakanthie Amarasekera and Dr. Maxie Fernandopulle  
SLMA/CMAAO Scholarship Fund

The SLMA/ CMAAO Scholarship Fund has continued to support 22 children of whom 15 lost one parent, and 7 lost both parents in the Tsunami Disaster of December 2005. Two more children who lost their father in the Tsunami and subsequently lost their mother due to illness were included in the program from April 2010.

5 of the scholarship recipients have completed their "O" Levels. Of these 3 are reading for their A levels. Of the remaining two, one is following a Diploma Course in IT while the other has completed an 8 months course in Motor Mechanics for school leavers conducted by the Department of Education. As this boy has ceased in engaging in any further educational activity, his scholarship award was terminated in September 2010. At present a total of 23 children receive a sum of Rs 2000/ monthly to enable them to continue their education. It is intended to give an additional sum of Rs 2000/ in December to enable them to purchase books, uniforms shoes etc. The progress of all the Scholarship recipients is being monitored with regular feedback from the respective school principals and class teachers.

A progress report of the scholarship recipients was presented at the 42<sup>nd</sup> CMAAO Mid Term Council Meeting held in Kuala Lumpur Malaysia from the 16<sup>th</sup> to 18<sup>th</sup> September.

### 14. FORUM FOR ETHICS COMMITTEES (FERCSL)

*(Report presented by Dr Rasika Perera)*

The Annual General Meeting of the Forum for Ethics Committees (FERCSL) was held on 1<sup>st</sup> February 2010 at the SLMA Auditorium.

The Management Committee of FERCSL is formed of 2 nominated members from each constituent ERC of FERCSL. The following office bearers were elected at the first management committee meeting of FERCSL:

|             |   |  |
|-------------|---|--|
| Chairperson | : | Prof. Anoja Fernando (according to constitution) |
| Secretary   | : | Dr. P. P. Rasika Perera                          |
| Treasurer   | : | Dr. Chrishantha Abeysena                         |

The management committee met four times during the course of the year, on 26<sup>th</sup> February 2010, 12<sup>th</sup> March 2010, 18<sup>th</sup> June 2010 and 18<sup>th</sup> October 2010

#### **Activities carried out by Management Committee of FERCSL**

##### **1. Development of Standard Operating procedures (SOPs)**

Prof. Anoja Fernando conducted a session on development of SOP's for individual ERC's. On 12<sup>th</sup> March 2010 at the SLMA Council room for the benefit of members of FERCSL, using the WHO Guidelines on developing SOPs and a few other examples. (SLMA, Colombo Faculty of Medicine). It was decided to formulate these SOP's according to the format of the FERCAP- SOPs with the objective of exploring the possibility of getting SIDCER recognition for individual ERCs affiliated to FERCSL.

##### **2. Workshop by FERCSL at Faculty of Medical Sciences, University of Sri Jayewardenepura.**

A workshop jointly organized by FERCSL and the ERC/FMS USJP on "How to evaluate research proposals regarding ethical issues" was conducted successfully on 9<sup>th</sup> August 2010 at FMS, USJP with resource persons from FERCSL and ERC FM/Colombo.

##### **3. Management of FERCSL website**

The FERCSL committee decided to consult a professional/company on web management to design and maintain the FERCSL website. The committee decided to explore the possibility of obtaining funds from the WHO for this matter.

#### **Proposed activities for 2011**

1. Newsletter for FERCSL
2. Monthly FERCSL meetings to discuss specific ethical issues in relation to research projects
3. Development of National Ethical Guidelines for research on humans by a committee appointed by the Ministry of Health

## 15. NEW MEMBERS

The new membership for the year 2010 (as at 4<sup>th</sup> December 2009, including the names presented to the Council on 3<sup>rd</sup> December 2010) was as follows

|                  |     |
|------------------|-----|
| Life             | 106 |
| Ordinary         | 74  |
| Student          | 137 |
| Ordinary to Life | 6   |

The list of members were enrolled during the year 2010 is given in Annex 6.

## 16. SLMA OFFICE AND STAFF

|                         |   |
|-------------------------|---|
| Administrative Officer: | Mr M Rajasingham  |
| Computer Operators      | Ms L P Chandani Kumari<br>Ms D N Y Alahakoon<br>Ms Y N Wijesekera   |
| Accounts Assistant      | Ms Jayarani Tennakoon   |
| Office Assistant        | Mr Darshana Atukorala (until July 2010)<br>Mr K D Nalin Prasanna (September to November 2010)<br>Mr Samararatne (December 2010 onwards) |
| Watchers                | Mr Justin Silva<br>Mr A Rajendran   |

## 17. TREASURER'S REPORT

*(Presented by Dr Vajira HW Dissanayake, Honorary Treasurer)*

I am pleased to present the financial report for this year. The financial situation remains stable in spite of withdrawal of fixed deposits to support building extension activities. The scientific sessions this year was the most successful in terms of the income generated which was Rs. 9,161,657.49. The expenses were Rs. 6,072,590.42, leaving a profit of Rs. 3,089,067.07. The overall costs keep on escalating. The Annual Scientific Sessions is the event that brings in the highest revenue to the SLMA. The fullest potential of this event has still not been exploited. I request the Council to focus on this. The other main sources of income were rental income which was Rs. 2,873,963/= and interest from fixed deposits which was Rs. 1,817,629/=. The total value of fixed deposits was Rs. 12, 258,281/= SLMA total FD amount 9,884,005/= & Orations FD amounts 2,374,276/=).

I would like to thank the President, Honorary Secretary, Mr. M. Rajasingham and Ms. Jayarani Thenakoon for all the support, assistance and commitment to maintain the accounts.

## 18. AUDITORS' REPORT 2009/2010

Report of the auditors is given in the Annex 7.

## Annexe 1: Detailed programme of the Annual Scientific Sessions

Monday 31<sup>st</sup> June 2010

### THEME SEMINAR (PRE-CONGRESS) “ACHIEVING EQUITY IN HEALTH, THE SRI LANKAN EXPERIENCE” *Cinnamon Grand Hotel (Oak Room)*

#### Programme

|   |   |
|---|---|
| <b>Welcome address</b>                          | Dr. Narada Warnasuriya, President/ SLMA   |
| <b>Address by Secretary/ Ministry of Health</b> | Dr. Ravi Ruberu,  |
| <b>Speakers</b>                                 | Dr. Ravi Rannan-Eliya<br>Dr. Godfrey Gunatilleke<br>Professor Sir Michael Marmot                                    |
| <b>Panel discussants</b>                        | Prof. W. D. Lakshman<br>Dr. Moazzem Hossain<br>Dr. Palitha Abeykoon<br>Prof. Zulfiqar Bhutta<br>Dr. Sarath Samarage |

### INAUGURATION OF THE 123<sup>RD</sup> ANNUAL SCIENTIFIC SESSIONS

|         |  |
|---------|--|
| 6.00 pm | Arrival of the Chief Guest and Guest of Honour and introduction to Council Members   |
| 6.15 pm | Ceremonial Procession  |
| 6.20 pm | National Anthem  |
| 6.25 pm | Lighting of the oil lamp   |
| 6.35 pm | Welcome Address<br><i>Dr Narada Warnasuriya, President SLMA</i>  |
| 6.50 pm | Address by the Chief Guest<br>Professor Sir Michael Marmot<br><i>Director, International Institute for Society and Health<br/>MRC Research Professor of Epidemiology and Public Health, University College London Chairman, WHO commission on Social Determinants of Health<br/>President Elect, British Medical Association</i> |
| 7.10 pm | Address by the Guest of Honour<br><i>Hon. Maithripala Sirisena, MP, Minister of Health</i>   |
| 7.20 pm | “Rawana” Ravibandu drum ensemble   |
| 7.40 pm | Vote of thanks<br>Dr Indika Karunathilake, Honorary Secretary, SLMA  |
| 7.50 pm | <b>The SLMA ORATION 2010</b><br><b>“Ergonomic factors of Educational Environments and Influence on School-going Early Adolescents”</b><br>Dr Kapila Jayaratne MBBS, DCH, MSc, MD (Community Medicine)<br><i>Consultant Community Physician, Family Health Bureau</i>   |
| 8.35 pm | Procession leaves the hall<br>Reception  |

**Tuesday 1<sup>st</sup> June 2010**

**SYMPOSIUM 1 CONGENITAL HEART DISEASE**

**Congenital Heart Disease - from childhood to adulthood**

Dr. Duminda Samarasinghe

**What can be done? The cardiologist's perspective**

Dr. Shehan Perera

**The surgeon's perspective**

Dr. Kanchana Singappuli

**SYMPOSIUM 2 DIAGNOSTIC AND MANAGEMENT PEARLS IN DERMATOLOGY**

**Dermatological problems in children**

Prof. Jayamini Seneviratne

**Dermatological problems in adults**

Dr. Ganga Sirimanna

**Cutaneous manifestations in systemic diseases**

Dr. Ramyalatha Ragunathan

**SYMPOSIUM 3 ISSUES AND CHALLENGES IN MENTAL HEALTH**

**Self harm among teenagers - a worrying trend?**

Dr. Swarna Wijetunge

**Deliberate self harm – a recent overview**

Dr. Raveen Hanwella

**Promoting community mental health in Sri Lanka**

Dr. M. C. Weerasinghe

**Mental health and development with community partnership - experiences in rural Sri Lanka**

Dr. Neil Fernando

**PLENARY LECTURE**

**Fair Society, Healthy Lives**

Prof. Sir Michael Marmot

**GUEST LECTURE 1**

**Mainstreaming nutrition: going beyond survival**

Prof. Zulfiqar Bhutta

**GUEST LECTURE 2**

**The double burden of disease**

Prof. Brian Oldenburg

**GUEST LECTURE 3**

**Unfair Societies: social factors and pathogenesis**

Prof. Saroj Jayasinghe

**Free paper session 1 - Cardiology**

**Free paper session 2 - Medicine**

**Free paper session 3 – Psychiatry**

**GUEST LECTURE 4**

**Under nutrition and frailty in older adults**

Dr. Kamilia Tai

**GUEST LECTURE 5**

**Advances in insulin management of type 2 diabetes**

Dr. Jonathan Levy

**GUEST LECTURE 6**

**Clinical Ethics**

Prof. Anoja Fernando

Free paper session 4 – Paediatrics  
Free paper session 5 - Tropical Medicine (1)  
Free paper session 6 - Health Services Research

**SYMPOSIUM 4 NUTRITION FOR DEVELOPMENT**

**Complementary feeding**  
Prof. Zulfiqar Bhutta  
**Nutrition and food security**  
Dr. Renuka Jayatissa  
**Commentary**  
Dr. Moazzem Hossain

**SYMPOSIUM 5 NEW FRONTIERS OF E-LEARNING IN MEDICINE**

**Introduction to e-learning**  
Dr. Indika Karunathilake  
**Delivery of online courses for continuing medical education: a new venture with successes and challenges**  
Prof. Nandani de Silva  
**Role of e-learning in surgical postgraduate training: Sri Lankan experience**  
Dr. Aloka Pathirana  
**Myths about e-learning**  
Dr. Gominda Ponnampereuma  
**Demonstration of online learning platforms**  
Dr. Pandula Siribaddana

**SYMPOSIUM 6 FROM ADVOCACY TO SOCIAL RESPONSIBILITY-GP's ROLE**

**Pre-test counseling in antenatal investigations (Interactive Session)**  
Moderator: Dr. Eugene Corea  
Panel: Prof. Hemantha Senanayake, Dr. Duncan Bujawansa, Mr. J. N. Ashraff  
**Patient safety**  
Dr. W. Ramasinghe, Ms. Christine Perera  
**A wave of hope**  
Dr. K. Chandrashekher

**DOCTORS' CONCERT (*Oak Room, Cinnamon Grand*)**

|                                     |
|-------------------------------------|
| Wednesday 2 <sup>nd</sup> June 2010 |
|-------------------------------------|

**GUEST LECTURE 7**

**Prospect for a vaccine against HIV-I**  
Dr. Lucy Dorrel

**GUEST LECTURE 8**

**A holistic approach to the care of IDPs**  
Dr. Vinya Ariyaratne

**GUEST LECTURE 9**

**The story of surgery – from a gruesome past to a fascinating future**  
Prof. Mohan de Silva

Free paper session 7 - Tropical Medicine (2)

Free paper session 8 – Epidemiology

Free paper session 9 - Surgery

**INTERACTIVE SESSION 1: NEUROLOGY**

Dr. Udaya Ranawaka  
Dr. Thashi Chang

#### **GUEST LECTURE 10**

**Local and global experiences in setting up disability services**

Dr. Padmani Mendis

Prof. Maria Crotty

#### **INTERACTIVE SESSION 2: COMMON ISSUES IN SURGERY**

**Screening for breast cancer in Sri Lanka - who could benefit?**

Dr. Naomal Perera

**Rectal bleeding - can we ignore?**

Dr. Deepaka Weerasekera

**Morbid obesity - best management**

Dr. Thejana Wijeratne

#### **SYMPOSIUM 7 ERECTILE DYSFUNCTION**

**Pathophysiology and epidemiology of Erectile Dysfunction**

Dr. Lasantha Malavige

**Evaluation of men with Erectile Dysfunction**

Prof. Michael Kirby

**Treatment of Erectile Dysfunction**

Dr. Jonathan Levy

#### **SYMPOSIUM 8 ENABLING THE DISABLED IN SRI LANKA: EXPERIENCES OF THE STAKEHOLDERS**

**Views of a policy maker**

Mrs. V. Jegarasasingam

**Working as a team in the community**

Dr. Bandara Panagamuwa

**Community based rehabilitation, what we have achieved**

Dr. Deepthi Perera

**Working as a speech and language therapist and the rights for appropriate education**

Ms. Ianthe Perera

**Challenges in my life**

Mr. Priyantha Peiris

**Achievements of my son**

Mrs. Saroja Dullewa

#### **SYMPOSIUM 9 HEALTHCARE IN HUMANITARIAN CRISIS**

**The Manik Farm experience**

Dr. Novil Wijesekara

**Health as a bridge to peace**

Dr. Terrance de Silva

**Role of WHO in providing healthcare during humanitarian crisis**

Dr. Edwin Salvador

**Role of UNICEF in health and nutrition during humanitarian crisis**

Dr. Moazzem Hossain

#### **GUEST LECTURE 11**

**Recent advances in endometriosis**

Prof. Hemantha Senanayake

#### **GUEST LECTURE 12**

**Biomedical Engineering – closing the gap between engineering and medicine for improvement of healthcare systems**

Dr. Nuwan Dayananda

#### **GUEST LECTURE 13**

**ECMO and its position in the therapy of respiratory failure in adults**

Prof. Martin Balik



Free paper session 10 – Reproductive and Sexual Health

Free paper session 11 – Endocrine and Metabolism

Free paper session 12 – Microbiology / Immunology

**SYMPOSIUM 10 DIABETES AND CARDIOVASCULAR RISK IN SRI LANKA: WHERE HAVE WE GONE WRONG?**

Interactive case based discussion

**A stroke victim with neglected hypertensive disease**

Dr. Prasad Katulanda

**A diabetic patient suffering lower limb loss from end organ disease**

Dr. Rezni Cassim

**An A/L student with metabolic syndrome**

Dr. Ruvaiz Haniffa

**Developed country perspective**

Prof. Brian Oldenburg

**Brief introduction to NIROGI Lanka Project**

Prof. Chandrika Wijeyaratne

Dr. Noel Somasunderum

Dr. Carukshi Arambepola

**SYMPOSIUM 11 REGIONAL MEDICAL COUNCILS – ROLES AND ISSUES**

**Role of the Medical Council of India in medical education**

Dr. Vedprakash Mishra

**Future plans of the Network of Regional Medical Councils**

Dr. Somnath Arjyal

**Issues facing the Sri Lanka Medical Council**

Prof Lalitha Mendis

**SYMPOSIUM 12 NEW CHALLENGES IN ICU**

**Clinical judgment vs. technology: a dilemma in ICU?**

Prof. Malcom Wright

**A comprehensive echo protocol in ICU including tissue doppler vs. focused assessment echocardiography**

Prof. Martin Balik

**Cardiac probe beyond the heart: a combined approach of cardiac & lung ultrasound in assessing haemodynamics in ICU**

Dr. Aruna Munasinghe

**S C PAUL ORATION**

**“Use of Stable Isotopes in Human Nutrition Research: Sri Lankan Experiences”**

Orator: Dr Manjula Hettiarachchi

*MBBS, PhD*

*Senior Lecturer in Nuclear Medicine, Faculty of Medicine, Galle*

Thursday 3<sup>rd</sup> June 2010

**POST CONGRESS SESSION I**

**SEMINAR ON HEALTH ISSUES IN ELDERLY WOMEN**

*(Jointly organized by the Women's Health Committee of the SLMA and the Menopause Society of Sri Lanka)*

*(SLMA Auditorium)*

**PART 1: SYMPOSIUM ON POST MENOPAUSAL OSTEOPOROSIS**

- a) **Overview of osteoporosis**  
Dr. Lalith Wijayaratne
- b) **Prevention and management**  
Dr. Kolitha Sellahewa
- c) **Role of Hormonal Replacement Therapy**  
Dr. Ananda Ranathunga

**PART 2:**

**Bringing about postmenopausal good health through nutrition**

Dr. Renuka Jayatissa

**HRT and its controversies**

Dr. M.D.P. Gunarathne

**Genitourinary problems**

Dr. Madhava Karunarathne

**Discussion**

**POST CONGRESS SESSION II**

**MEETING THE CHALLENGES IN ENVIRONMENTAL HEALTH IN THE ASIA-PACIFIC REGION**

*(SLMA Auditorium)*

**Identifying environmental health priorities of the Asia Pacific Region**

Prof. Rohini de Alwis Seneviratne

**Challenges in combating dengue and community perspective for prevention and control**

Dr. T.S.R. Peiris

**Recovering from natural disasters in the Asia Pacific Region**

Prof. Paula Palmer

**Recovering from man-made disasters in the Asia Pacific Region**

Prof. Walter Patrick

**Health and public health concerns in climate change**

Prof. Bruce Wilcox

**Environment health and non-communicable diseases**

Prof. Brian Oldenburg

**Panel discussion**

Prof. Tomiko Hokama

Mrs. Kantha Lankathilake

**Friday 4<sup>th</sup> June 2010**

**Post Congress Session III  
SATELLITE MEETING ON MEDICAL GENETICS  
(Sri Lanka Foundation Institute)**

**Symposium on genetic diagnostics**  
**From ideogram to spectrogram**  
Ms. Teena Koshy

**Studying patients with rare genomic disorders to gain novel biological knowledge**  
Dr. Eirik Frengen

**Launch of the MSc Courses in Clinical Genetics and Genetic Diagnostics at the University of Colombo**

**Symposium on the future of genetic diagnostics and regenerative medicine**  
**Positional cloning of monogenic diseases, before and after the introduction of next generation sequencing**  
Prof. Dag Undlien

**Use of allogeneic bone marrow derived mesenchymal stem cells in critical limb ischemia: report on Phase I/II clinical trial in India**  
Dr. (Lt Col) Pawan K Gupta

**Symposium on newborn screening**  
**Identifying and treating inborn errors of metabolism**  
Dr. Mamta Muranjan  
**Implementation of newborn screening in Goa, India – a case study**  
Dr. Rohit Cariappa

**Post Congress Session IV  
SEXUAL MEDICINE  
(SLMA Auditorium)**

**Introduction to sexual medicine**  
Dr. John Dean  
**Introduction to psychosexual medicine**  
Dr. Margaret Denman  
**Sex education**  
Dr. Jill Edwards

**Erectile Dysfunction (ED)**  
**Prevalence and risk factors for Erectile Dysfunction**  
Dr. Lasantha Malavige  
**Surgical Causes of Erectile Dysfunction**  
Dr. Neville D Perera  
**Sex and the Heart**  
Prof. Michael Kirby  
**Medical management of Erectile Dysfunction**  
Dr. Jonathan Levy  
**Place for surgery in the management of Erectile Dysfunction**  
Dr. Srinath Chandrasekara  
**Penile prosthesis – a Sri Lankan perspective**  
Dr. Ajith Malalasekara

**Premature Ejaculation (PE)**  
**Prevalence and risk factors for Premature Ejaculation**  
Dr. David Edwards  
**Management of Premature Ejaculation**  
Dr. Lasantha Malavige  
**Panel discussion – male sexual dysfunction**  
*(This is an interactive session)*

**Female sexual dysfunction**

**Introduction to female sexual dysfunction**

Dr. Athula Kaluarachchi

**Disorders of sexual desire**

Dr. Kapila Ranasinghe

**Vaginismus**

Dr. David Edwards

**Surgery in female sexual dysfunction**

Dr. Sudhakar Krishnamurti

**Panel discussion – female sexual dysfunction**

*(This is an interactive session)*

**Post Congress Session V**

**HANDS ON TRAINING WORKSHOP ON REHABILITATION**

*(Lady Ridgeway Hospital for Children, Colombo)*

**Introduction to rehabilitation medicine**

Prof. Maria Crotty

**Classification and rehabilitation following Spinal Cord Injury**

Dr. Ruth Marshall

**Rehabilitation following stroke**

Dr. Venugopal Kochiyil

**Rehabilitation and prosthesis use post amputation**

Dr. Charitha Perera

**Dilemmas in an amputee**

Dr. Bandara Panagamuwa

**Transition of care from paediatric to adult services in cerebral palsy**

Dr. Nigel Quadros

**Rehabilitation following traumatic brain injury**

Prof. Ashish Macaden

**Musculoskeletal rehabilitation**

Associate Prof. Mrinal Joshi

**Orthotics & prosthetics short demonstration and practice session**

**Wrap up**

## OVERSEAS RESOURCE PERSONS

**Prof. Martin Balik MD, PhD, EDIC**

Head of Intensive Care, Department of Anaesthesia and Intensive Care, General Teaching Hospital, U nemocnice 2, Prague 2, 12000, Czech Republic

**Prof. Zulfiqar A. Bhutta, PhD, FRCP (Edin), FRCPCH (Lond.)**

Professor and Founding Chair of the Division of Women and Child Health, Aga Khan University Karachi, Pakistan

**Dr. Rohit Cariappa, PhD**

Chief Scientist, NeoGen Labs, Bangalore, India

**Prof. Maria Crotty, MPH, PhD, FAFRM (RACP), FAFPHM**

Professor of Rehabilitation Medicine, Flinders University, Australia  
Head, Dept. of Rehabilitation, Repatriation General Hospital, Adelaide, Australia

**Dr. John Dean, MBBS, FRCGP**

Specialist in Sexual Medicine, The President, International Society of Sexual Medicine The London Clinic, London, UK

**Dr. Margaret Denman, MB ChB, DRCOG**

Specialist in Psychosexual Medicine, Director, Training Institute of Psychosexual Medicine, Marston Medical Centre, Oxford, UK

**Dr. Lucy Dorrel, MBBS, MRCP, DM**

Senior Clinical Lecturer, Honorary Consultant in GUM/HIV, Consultant Physician, Weatherall Institute of Molecular Medicine, University of Oxford, UK

**Dr. David Edwards, MBBS, FRCGP, MSc**

Specialist in Sexual Medicine/ Treasurer, British Society for Sexual Medicine

**Dr. Jill Edwards, MBBS, MSc, RCOG, DA, FRCGP**

General Practitioner, The White House Surgery, Oxford, UK

**Dr. Eirik Frengen, PhD**

Associate Professor, Institute of Medical Genetics, University of Oslo, Norway

**Dr (Lt. Col.) Pawan K Gupta, MD, DNB (Path), PhD (Haemat)**

Professor and Dean, Manipal Institute of Regenerative Medicine, Bangalore, India

**Prof. Tomiko Hokama, MD, Ph.D.(Med), MSc**

President, Asia Pacific Academic Consortium for Public Health  
Former Dean and Professor of Maternal & Child Health, School of Health Sciences, Faculty of Medicine, University of the Ryukyus, Okinawa, Japan

**Dr. S M Moazzem Hossain, MPH, MBA**

Chief, Health and Nutrition Section, UNICEF, Colombo

**Prof. Mrinal Joshi, MBBS, MD (PMR)**

Associate Professor & Head, Department of Physical Medicine & Rehabilitation Research Centre, SMS Medical College & Hospital, Jaipur, India

**Prof. Michael Kirby, MBBS, FRCP**

Visiting Professor, Faculty of Health & Human Sciences, Centre for Research in Primary & Community Care (CRIPACC), University of Hertfordshire, Visiting Professor, The Prostate Centre, London, UK  
UK Editor, Primary Care Cardiovascular Journal

**Dr. Venugopal Kochiyil, MBBS, DNB (PMR), FAFRM (RACP)**

Consultant in Rehabilitation Medicine, Repatriation General Hospital, Adelaide, Australia

**Ms. Teena Koshy, BSc, MSc**

Lecturer, Department of Human Genetics, Sri Ramachandra University, Chennai, India

**Dr. Sudhakar Krishnamurti, MBBS, MS**

Andrologist, Microsurgeon & Director, Andromeda Andrology Center, Hyderabad, India

**Dr. Jonathan Levy, MBBS, MD, FRCP**

Clinical Director and Principal Investigator, Oxford Center for Diabetes, Endocrinology and Metabolism, University of Oxford

**Prof. Ashish Macaden, MBBS, DNB (PMR), PhD**

Professor in Physical Medicine and Rehabilitation, Department of Physical Medicine and Rehabilitation Christian Medical College, Vellore, India

**Prof. Sir Michael G. Marmot, MBBS, MPH, PhD, FRCP, FFPHM, FMedSci, FBA**

Director: International Institute for Society and Health  
MRC Research Professor of Epidemiology and Public Health, University College London

**Dr. Ruth Marshall MBBS, DPRM, FAFRM (RACP)**

Rehabilitation Physician and Medical Director, South Australian Spinal Cord Injury Service, Royal Adelaide Hospital/ Hampstead Rehabilitation Centre, Adelaide, Australia

**Dr. Vedprakash Mishra, MBBS, MD**

Chairman, Academic Cell, Medical Council of India  
Vice Chancellor, Datta Meghe Institute of Medical Sciences, (Deemed University) Nagpur, India

**Dr. Mamta Muranjan, MD, DCH**

Consultant in Clinical Genetics, P D Hinduja National Hospital, Mumbai  
Associate Professor of Paediatrics, KEM Hospital, Mumbai, India

**Prof. Brian Oldenburg, BSc, MPsy, PhD**

Secretary/ Asia Pacific Academic Consortium for Public Health  
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**Prof. Paula Palmer, PhD**

Professor of Global Health, Director of Global Health Programmes, Claremont School of Community & Global Health

**Dr. Bandara Panagamuwa, MB., MSc (Notts) FRCS (Edin)**

Consultant in Rehabilitation Medicine, West Midlands Rehabilitation Centre, Birmingham, UK

**Prof. Walter K Patrick, MD, MPH, PhD**

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**Dr. Edwin Salvador, BSc, MD**

Technical Officer, Emergency Humanitarian Action, World Health Organisation, Baudhaloka Mawatha, Colombo 07

**Dr. Kamilia Tai, MBBS, PhD**

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**Prof. Bruce A. Wilcox, BSc., MS, Ph.D.**

Professor Division of Ecology & Health, Global Health Program, Office of Public Health Studies, University of Hawaii at Manoa, Honolulu, Hawaii

**Prof. Malcolm Wright, Mb ChB, FRCA, FRCP (Lond.), FRACP**

Chairman of Medicine, Consultant Physician and Director of Critical Care, QEII Jubilee Hospital & Emeritus Consultant in Intensive Care, Princess Alexandra Hospital, Brisbane, Australia

**Dr. Somnath Arjyal**

Chairperson, Secretariat, South East Asian Regional Medical Councils Network, Nepal Medical Council, Kathmandu

**RESOURCE PERSONS SRI LANKA**

**Dr. Palitha Abeykoon, MBBS, MPH, MSc**

Chairman – AIDS Foundation of Lanka, Advisor –WHO, South East Asia Regional Officer (SEARO)  
Senior Advisor – Ministry of Healthcare and Nutrition

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Senior Lecturer in Community Medicine, Faculty of Medicine, University of Colombo

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General Secretary, Sarvodaya Shramadana Movement, Sarvodaya Headquarters, "Damsak Mandira", Rawatawatta Road, Moratuwa

**Mr. J N Ashraff**

Peoples' Movement for the Rights of Patients

**Dr. Duncan Bujawansa, MBBS, MCGP**

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Founder Trustee, Kosala Dullewa Foundation for Children with Special Needs

**Prof. Anoja Fernando, MBBS, BA, FRCP**

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**Dr. Ajith Malalasekara, MBBS, MS, MRCS (Lond.)**

Urological Surgeon and Senior Lecturer in Anatomy, Faculty of Medicine, University of Colombo

**Dr. Lasantha Malavige, MBBS, DIPM, PhD**

Specialist in Sexual Medicine, Clinical Research Fellow- University of Oxford, Oxford, UK

**Prof. W D Lakshman, BA, D.Phil (Oxon)**

Emeritus Professor of Economics, Former Vice Chancellor, University of Colombo

**Prof. Lalitha Mendis MBBS (Cey), MD (Col), PhD (Lond), Dp.Bact (Manch), FNASSL**

Emeritus Professor University of Colombo, President, Sri Lanka Medical Council and Chairperson, WHO-SEARO-ITAG



**Dr. Padmani Mendis**

Advisor, Disability Issues

**Dr Aruna Munasinghe, MBBS, MD**

Consultant Physician, General Hospital, Matara

**Dr Aloka Pathirana, MBBS, MS, FRCS**

Consultant Surgeon and Senior Lecturer in Surgery, Faculty of Medical Sciences, University of Sri Jayewardenepura,

**Mr Priyantha Peiris**

Project Consultant, Spinal Injuries Association

**Ms. Christine Perera**

Representative, The Patient for Patient Safety Team in Sri Lanka

**Dr. Deepthi Perera, MBBS, MSc (Com. Med.) MD (Com Med)**

Director, Maternal and Child Health, Family Health Bureau

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**Dr. Ravi Rannan-Eliya, MB ChB, PhD**

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**Dr. Udaya Ranawaka, MBBS, MD, MRCP FCCP**

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Administrator/ Convenor, Sri Lanka Clinical Trials Registry

**Dr. Sarath Samarage, MBBS, MPH, MSc, MD**

National Consultant, World Health Organization, Colombo

**Dr. Duminda Samarasinghe, MBBS, DCH, MD**

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**Dr. Kanchana Singappuli, MBBS, MS, FRCS (Edin.)**

Consultant Cardiothoracic Surgeon, Lady Ridgeway Hospital for Children, Colombo

**Dr. Pandula Siribaddana, MBBS**

Lecturer in Medical Education, Postgraduate Institute of Medicine, Colombo

**Dr. Ganga MP Sirimanna, MD, FRCP**

Consultant Dermatologist, National Hospital of Sri Lanka

**Dr. Kolitha H Sellaheewa, MBBS, MD, FCCP, FRACP (Hon.)**

Consultant Physician (Formerly at NHSL), President, Menopause Society of Sri Lanka, Past President Ceylon College of Physicians

**Prof. Hemantha Senanayake MBBS, MS, FRCS, FSLCOG, FRCOG**

Professor in Obstetrics & Gynaecology, Department of Obstetrics & Gynaecology Faculty of Medicine, University of Colombo

**Prof. Rohini de Alwis Senevirathne, MBBS, MD, MMedEd**

Professor in Community Medicine, Department of Community Medicine, Faculty of Medicine, University of Colombo

**Prof. Jayamini Seneviratne, MBBS, MD**

Associate Professor in Dermatology, Faculty of Medical Sciences, University of Sri Jayewardenepura, Consultant Dermatologist Dermatology Unit, Lady Ridgeway Hospital for Children, Colombo

**Dr. Noel Somasundaram, MBBS, MD**

Consultant Endocrinologist, National Hospital of Sri Lanka

**Dr. Deepaka Weerasekera, MS, FRCS**

Consultant Surgeon and Senior Lecturer in Surgery, University of Sri Jayawardenapura

**Dr. Manuj C Weerasinghe, MBBS, MSc, MD**

Consultant Community Physician & Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo

**Prof. Chandrika Wijayaratne, MBBS, MD, DM, FRCP**

Professor in Reproductive Medicine, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Colombo, Chairperson, NIROGI Lanka Project

**Dr Lalith Wijayaratne, MBBS, MD, FRCP**

Consultant Rheumatologist, National Hospital of Sri Lanka

**Dr Thejana Wijeratna, MBBS, MS, MRCS (Lond.)**

Senior Lecturer in Surgery, Faculty of Medicine University of Sri Jayewardenepura, Consultant Surgeon, Colombo South Teaching Hospital

**Dr. Novil Wijesekara MBBS**

Former Chief Zonal Health Coordinator, Directorate for IDP Healthcare, Ministry of Health

**Dr. Swarna Wijetunge, MBBS, MD(Psych)**

Consultant Psychiatrist, Child and Adolescent Mental Health Service, Lady Ridgeway Hospital for Children, Colombo

## **Annexe 2: Detailed programmes of the Monthly Clinical Meetings**

**19<sup>th</sup> January 2010**

**Topic - Chronic Renal Failure in Children**

**Case 1: A child with elevated serum creatinine levels**

Dr D S D Mettananda, Registrar in Paediatrics, Professorial Paediatric Unit, LRH, Colombo

**Case 2: A child with hypocalcaemia**

Dr A H S De Silva, Registrar ward 8, LRH, Colombo

**Review and MCQs: Chronic Renal Failure in Children**

Dr. Vindya Gunasekara, Consultant Paediatric Nephrologist, LRH, Colombo

**16<sup>th</sup> February 2010**

**Topic - Obstructive Jaundice** (By the University Surgical Unit, National Hospital, Colombo)

**Case presentation**

Dr. Himaru Wirithamulla, Registrar in Surgery

**Case Review**

Dr. Sujith Ratnayake, Senior Registrar in Surgery

**Self assessment MCQs**

Dr. Ishan de Zoysa, Senior Lecturer and Consultant Surgeon

**16<sup>th</sup> March 2010**

**Topic - Necrotizing pneumonia due to S. aureus secreting PV Lecocidin**

**IS IT THERE OR IS IT RARE?**

(By the Dept. of Microbiology, Faculty of Medicine, University of Colombo)

**Case Discussion and Review**

Dr. Rohan Chinniah, Senior Lecturer

**MCQs and Slide Quiz**

Dr. Enoke Corea, Senior Lecturer

**20<sup>th</sup> April 2010**

**Topic - Leprosy in Clinical Practice**

**Case Presentations by Senior Registrars in Dermatology, NHSL**

Dr. Deepani Munidasa

Dr. Felicia Saravanapavanathan

**Review**

Dr. Ganga Sirimanne, Consultant Dermatologist, NHSL

**MCQs**

Dr. K. Satgurunathan, Consultant Dermatologist, NHSL

**18<sup>th</sup> May 2010**

**Topic - The Early Management of Acute Coronary Syndrome**

Dr. Ruwan Ekanayake, Consultant Cardiologist, Cardiology Unit, NHSL

**22<sup>nd</sup> June 2010**

**Topic - "Thyroid Diseases: Common Issues in Diagnosis" : Case Presentation and Case Review**

Dr. Noel Somasundaram, Consultant Endocrinologist, National Hospital of Sri Lanka

Dr. Manoshi Weerasinghe

Dr. Mudiha Weerakody

Senior Registrars in Endocrinology, National Hospital of Sri Lanka

**20<sup>th</sup> July 2010**

**Topic - Tuberculosis**

Dr. Kirthi Gunasekera, Consultant Chest Physician, Central Chest Clinic, Borella

**Case Presentation and Case Review by Senior Registrars in Respiratory Medicine**

Dr. Suhashi Silva

Dr. Geethal Perera

**17<sup>th</sup> August 2010**

**Topic – Differentiating Central Nervous System (CNS) Demyelinating Diseases**

(By the Neurology Unit II, NHSL, Colombo)

**Case Presentation**

Dr. Surangi Somaratne, Senior Registrar in Neurology

**Discussion**

Dr. Dhammi Jayaratne, Senior Registrar in Neurology

**MCQs**

Dr. Arjuna Fernando, Resident Neurologist

**21<sup>st</sup> September 2010**

**Topic - Psychological Management of Pain**

Dr. Raveen Hanwella, Consultant Psychiatrist and Senior Lecturer in Psychiatry,  
Faculty of Medicine, University of Colombo

**Case Presentation**

Dr. Thushani Henegame, Registrar in Psychiatry, NHSL, Colombo

**19<sup>th</sup> October 2010**

**Topic – Medico legal issues in day to day practice**

1. The doctor's role and responsibilities in certification of unattended deaths
2. Proper documentation and preservation of evidence in hospital admissions
3. Caring for children suspected of parental abuse
4. Treatment of patients in police custody
5. Assisting the inquest procedure in sudden unexplained deaths following therapeutic Interventions

Dr. Buddhika Weerasundera, Head, Department of Forensic Medicine and Toxicology, Faculty of Medicine, Colombo

Dr. Sameera Gunawardena, Senior Registrar in Forensic Medicine

**16<sup>th</sup> November 2010**

**Case Presentation**

**Papillary tumors**

**Review Lecture**

**Triple negative Breast Carcinoma**

**MCQs**

Dr. Dehan Gunasekera, Consultant Oncologist, National Cancer Institute of Sri Lanka

**21<sup>st</sup> December 2010**

**Case Presentation**

**A Case of Reversible Cerebellar Syndrome in Pregnancy**

Dr Darshana Abeygunewardene, Senior Registrar, Professorial Unit, De Soysa Hospital for Women

**Review**

**Endometriosis**

Prof Hemantha Senanayake

**MCQs**

Dr. Mohommed Rishard, Registrar, Professorial Unit, De Soysa Hospital for Women

### **Annex 3: Detailed programmes of the Outstation Meetings**

#### **JOINT ACADEMIC PROGRAMME WITH THE MONARAGALA CLINICAL SOCIETY**

*Monday 15<sup>th</sup> March 2010 at Base Hospital Monaragala*

##### **ACADEMIC PROGRAMME**

###### **Principles of trauma management**

Dr Keerthi Abayajeewa

###### **Management of anaphylaxis, respiratory distress and sepsis**

Dr K N S Samarakoon

###### **Symposium on Dengue**

Dr Rohitha Jayamaha

Dr Shermila Tissera

Dr Hasitha Tissera

###### **Recent advances in infant nutrition**

Dr Narada Warnasuriya

###### **Ethics**

Dr. Malik Fernando

#### **JOINT ACADEMIC SESSIONS WITH THE TRINCOMALEE IN ASSOCIATION WITH GENERAL HOSPITAL TRINCOMALEE & NAVAL HOSPITAL - EASTERN COMMAND**

*4<sup>th</sup> Sunday & 5<sup>th</sup> Monday April 2010 at Auditorium, General Hospital, Trincomalee*

##### **ACADEMIC PROGRAMME**

###### **Current concepts in the management of childhood asthma**

Dr B J C Perera

###### **Clinical ethics**

Prof Anoja Fernando

###### **Electronic based medical record system for the OPD**

Dr Indika Jagoda

###### **Symposium on Dengue**

Dr Hasitha Tissera

Dr Shyamale Samaranayaka

Dr R M Mudiyanse

###### **Decompression sickness**

Dr Malik Fernando

Dr P J B Marambe

###### **Principles of trauma management**

Dr L R P K D Udapamunuwa

###### **Transporting the critically ill**

Dr. V S Subhani

## JOINT ACADEMIC PROGRAMME WITH THE KALUTARA CLINICAL SOCIETY

Wednesday 7<sup>th</sup> July 2010 at the Hotel Panorama, Kalutara

### ACADEMIC PROGRAMME

#### **Symposium on Dengue**

##### **Dengue epidemiology**

Dr Hasitha Tissera

##### **Dengue virology**

Dr Sunethra Gunasena

##### **Dengue first contact and in-ward management**

Dr R M Mudiyanse

##### **Management of severe Dengue**

Dr Ananda Wijewickrama

#### **Spinal injuries overview**

Dr Sunil Wijayasinghe

#### **Disabled children- what can we do for them?**

Dr Samanmali Sumanasena

#### **Dermatological problems in general practice**

Dr PH Chandrawansa

#### **History of Public Health in Sri Lanka and Kalutara**

Dr (Mrs) UKD Piyaseeli

#### **An approach to interstitial lung disease**

Dr Eshanth Perera

## JOINT SYMPOSIUM WITH THE CHILAW MEDICAL ASSOCIATION

Wednesday 4<sup>th</sup> August 2010 at the Auditorium, Base Hospital, Chilaw

### ACADEMIC PROGRAMME

#### **Symposium on Dengue**

##### **Dengue epidemiology**

Dr Hasitha Tissera

##### **Dengue first contact and in- ward management**

Dr LakKumar Fernando

##### **Dengue virology**

Dr Janaki Abeynayake

#### **Managing a febrile child**

Dr Kosala Karunrathne

#### **HIV/ AIDS: current trends in Sri Lanka**

Dr K A M Ariyaratne

#### **Filariasis : diagnosis and management**

Dr N K Gunawardane

#### **Management of a patient with shock**

Dr K V C Janaka

## **JOINT ACADEMIC PROGRAMME WITH THE RATHNAPURA CLINICAL SOCIETY**

*Wednesday 15<sup>th</sup> September 2010 at the Silver Ray Restaurant, Lellopitiya, Rathnapura*

### **ACADEMIC PROGRAMME**

#### **Symposium on Dengue**

#### **Current epidemiological situation of Dengue in Sri Lanka and in Rathnapura District**

Dr. Hasitha Tissera

#### **What is new in patient management**

Dr. LakKumar Fernando

#### **Case Scenarios and controversies of management of DHF**

Dr. Ananda Wijewickrama

#### **Laboratory Diagnosis of Dengue**

Dr Geetha Nanayakkara

## **JOINT ACADEMIC SESSIONS WITH THE GALLE MEDICAL ASSOCIATION**

*Tuesday 21<sup>st</sup> September 2010 at the Clinical Lecture Theatre, Faculty of Medicine, Galle*

### **ACADEMIC PROGRAMME**

#### **Managing an unconscious patient**

Dr. Thashi Chang

#### **Hypoxia and assisted ventilation**

Dr. Vasanthi Pinto

#### **Fluids - to give or not to give - Functional Haemodynamics**

Dr. Kanishka Indraratna

#### **Cardiogenic shock**

Dr. P.P. Sathananthan

#### **Disseminated intravascular coagulation**

Dr. Chandana Wickramaratne

#### **Management of acute renal failure**

Dr. Asoka Gunaratne

## **JOINT ACADEMIC SESSIONS WITH THE AVISSAWELLA CLINICAL SOCIETY**

*Saturday 2<sup>nd</sup> October 2010 at the Kolonna Riverside Garden Hotel, Thalduwa, Avissawella*

### **ACADEMIC PROGRAMME**

#### **Management of common menstrual disorders**

Dr. Dhammike Silva

#### **Serious adverse events following immunization**

Prof. Manouri Senanayake

#### **Clinical management of dengue and dengue haemorrhagic fever**

Dr Lakkumar Fernando

#### **PCU Avissawella – Achievements**

Dr. Cyril

#### **Management of rheumatoid arthritis**

Dr Duminda Abeyasinghe

#### **New developments and advances in management of pain**

Dr. Prashanth Cooray

#### **Call of duty**

Dr. Philip Veerasingham

## **JOINT ACADEMIC SESSIONS WITH THE POLONNARUWA CLINICAL SOCIETY**

*Saturday 27<sup>th</sup> November 2010 at Hotel "Sudu Araliya", Polonnaruwa*

### **ACADEMIC PROGRAMME**

#### **Adverse reactions following immunization**

Prof Manouri Senanayake

#### **Overview of chronic renal disease**

Dr Harendra Karunathilake

#### **Approach to management of common paediatric cardiac problems**

Dr Duminda Samarasinghe

#### **Free paper session**

#### **Venomous arthropod bites**

Dr Udaya de Silva

#### **Acute trauma management**

Dr LRPKB Udapamunuwa

#### **Interpretation of common radiological findings**

Dr wasantha Hewapathirana

## **JOINT ACADEMIC SESSIONS WITH THE POLONNARUWA CLINICAL SOCIETY**

*Wednesday 8<sup>th</sup> December 2010 at Hotel "Blue Sky", Kurunegala*

### **ACADEMIC PROGRAMME**

#### **Symposium on management of Coronary Artery Disease**

##### **Place of medical therapy in Coronary Artery Disease**

Dr. Tilak Sirisena

##### **Place of percutaneous Intervention in Coronary Artery Disease**

Dr. M. R. Mubarak

##### **Place of surgery in Coronary Artery Disease**

Dr. K. Gnanakanthan

#### **Attention Deficit Hyperactivity Disorder of children**

Dr. Swarna Wijeytunga

#### **Maxillofacial war injuries - Sri Lankan experience**

Dr.K.M. Kosgoda

#### **Respiratory interactive session**

Dr Dushyantha Medagedara

#### **Free Paper Session**

#### **Paediatric picture presentation**

Dr. Dayananda Bandara

#### **Post Partum Haemorrhage and other third stage complications**

Dr. Harsha Atapattu

#### **Per rectal bleeding – a rational approach**

Dr Sanjaya Abeygoonawardene

#### **Silent stealer of vision**

Dr. Damayantha Baminiwatta

#### **History of art**

Dr. Prasanna Jayasekara



## **Annex 4: Detailed programme of the Foundation Sessions**

**Friday 22<sup>nd</sup> October 2010**

**Pre-Congress Symposium (Presenting Research) B: NTS Lecture Hall, Jaffna**

### **ACADEMIC PROGRAMME**

**Planning a short research paper**

Dr. V. Murali

**Making a poster presentation**

Dr. N. Jeyakumaran

**Presenting at a scientific meeting**

Dr. Indika Karunathilake

**Structure of a scientific paper**

Dr. Anuruddha Abeygunasekera

**How to get your paper published**

Prof. Colvin Goonaratna

### **INAGURATION**

**Public Library Auditorium, Jaffna**

|           |   |
|-----------|---|
| 6.15 p.m. | Arrival of Guests   |
| 6.30 p.m. | Ceremonial Procession   |
| 6.35 p.m. | National Anthem   |
| 6.40 p.m. | JMA Song  |
| 6.45 p.m. | Traditional lighting of the oil lamp  |
| 6.50 p.m. | Address by The President, Jaffna Medical Association<br>Dr S Raviraj  |
| 7.00 p.m. | Address by The President, Sri Lanka Medical Association<br>Dr Narada Warnasuriya  |
| 7.10 p.m. | Address by the Chief Guest<br>Dr Firdosi Rustom Mehta, Resident Representative, WHO   |
| 7.25 p.m. | Awarding the honorary life membership to Dr W Godakumbura   |
| 7.30 p.m. | Presentation of SLMA Research Prizes and Awards 2010  |
| 7.45 p.m. | Presentation of SLMA Best Health Journalist Awards 2010   |
| 8.00 p.m. | Vote of Thanks<br>Dr Indika Karunathilake, Honorary Secretary, SLMA   |
| 8.05 p.m. | <b>E M Wijerama Endowment Lecture</b><br><b>“Light Reflections of a Peripatetic Medical Professor”</b><br><b>Vidyajyothi Professor Colvin Goonaratna</b><br><b>MBBS (Ceylon), FRCP (London &amp; Edin), PhD (Dundee), FCCP, FNAS,</b><br><b>Hon DSc (Colombo)</b> |
| 8.50 p.m. | Reception   |

**Saturday 23<sup>rd</sup> October 2010**

**Public Library Auditorium, Jaffna**

### **ACADEMIC PROGRAMME**

#### **SYMPOSIUM 1: DENGUE FEVER**

**Epidemiology and current situation of dengue**

Dr. Hasitha Tissera

**Overview and management of adults with dengue**

Dr. Kolitha Sellahewa

**Management of children with dengue.**

Dr. R. Mudiyanse

**Dengue experience in Jaffna**

Dr. T. Peranandaraja

**SYMPOSIUM 2: SNAKEBITE**

**Epidemiology & management of snakebite in Jaffna**

Dr. S. Sivansuthan

**Stepwise approach to the management of snakebite**

Dr. Kolitha Sellahewa

**AVS for snakebite**

Prof. S.A.M. Kularatne

**SYMPOSIUM 3: NUTRITION**

**Nutrition status in the Jaffna District**

Dr. Renuka Jayatissa

**Successful nutritional interventions in Jaffna**

Dr. A. Ketheeswaran

**Sustainable solutions for malnutrition in Jaffna**

Mr. Zekarias Getachew

**SYMPOSIUM 4: RESEARCH ETHICS**

**Ethics of clinical research**

Prof. Anoja Fernando

**Clinical trial registration**

Dr. Udaya Ranawaka

**SIR MARCUS FERNANDO ORATION**

***“Sniffing Dementia Early”***

**Dr Shehan Williams, MBBS,, MD, MRCPsych, MPhil**

**Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya**

**Cultural event**

**Dinner**

**Sunday 24<sup>th</sup> October 2010**

**Public Library Auditorium, Jaffna**

**ACADEMIC PROGRAMME**

**SYMPOSIUM 5: HEALTHCARE IN HUMANITARIAN CRISIS**

**The current situation in Jaffna**

Dr. N. Sivarajah

**Rehabilitation of the war injured**

Dr. K. Umapathy

**Eastern experience - a case study**

Dr. R. Kesavan

**SYMPOSIUM 6: INFECTION CONTROL**

**An introduction to infections in ICU**

Dr. S. Premakrishna

**Bundle approach to infection control**

Prof. Jennifer Perera

**Preventing catheter related blood stream infections**

Dr. Rohan Chinniah

## Annex 5: Detailed programmes of the Seminars and Workshops

### SEMINAR ON “RABIES”

12<sup>th</sup> March 2010, at 12.00 noon – 1.30 pm at the SLMA Auditorium

Organized jointly by the Communicable Diseases Committee of the SLMA & Sri Lanka College of Microbiologists

#### **Human Rabies - new control strategies implemented in Sri Lanka**

Dr Omala Wimalaratne

#### **Dog vaccination and sterilization - issues and challenges**

Dr P A L Harischandra

### SYMPOSIUM ON “DENGUE HEMORRHAGIC FEVER”

13<sup>th</sup> August 2010, at 12.00 noon – 2.00 pm at the SLMA Auditorium

#### **Current epidemiological situation of Dengue**

Dr Hasitha Tissera

#### **Current control strategies in prevention of Dengue**

Dr Nimalka Pannilahetti

#### **Role of the Colombo Municipal Council: issues and challenges**

Dr Pradeep Kariyawasam

#### **Use of larvicidal *Bacillus thuringiensis*: a viable option**

Dr Radhika Samarasekera

#### **New guidelines in patient management**

Dr LakKumar Fernando

### CAREER GUIDANCE SEMINAR

15<sup>th</sup> August 2010, at 8.30 a.m. at the Lionel Memorial Auditorium

#### **Sessions I**

|         |                                 |   |                         |
|---------|---------------------------------|---|-------------------------|
| 8.30 am | Welcome Address                 | - | Dr Narada Warnasuriya   |
| 8.45 am | Introduction & Cadre            | - | Dr Lucian Jayasuriya    |
| 8.55 am | Postgraduate Training Programme | - | Dr Pandula Siribaddana  |
| 9.05 am | Microbiology                    | - | Dr Geethika Patabendige |
| 9.15 am | Surgery & Finer Specialities    | - | Dr Ranil Fernando       |
| 9.25 am | Questions                       |   |                         |

#### **Sessions II**

|          |              |   |                          |
|----------|--------------|---|--------------------------|
| 9.40 am  | Universities | - | Dr Vajira HW Dissanayake |
| 9.50 am  | Venereology  | - | Dr G Weerasinghe         |
| 10.00 am | Paediatrics  | - | Dr Deepthi Samarage      |
| 10.10 am | Psychiatry   | - | Dr Jayan Mendis          |
| 10.20 am | Questions    |   |                          |

### Sessions III

|          |                        |   |                            |
|----------|------------------------|---|----------------------------|
| 11.00 am | Forensic Medicine      | - | Dr Muditha Vidanapathirana |
| 11.10 am | Dermatology            | - | Dr I P Kahawita            |
| 11.20 am | Community Medicine     | - | Prof A R Wickramasinghe    |
| 11.30 am | Medical Administration | - | Dr Terrance de Silva       |
| 11.40 am | Questions              |   |                            |

### Sessions IV

|            |                          |   |   |
|------------|--------------------------|---|---|
| 11.50 am   | Armed Services           | - | Surgeon Rear Admiral N E L W Jayasekera |
| 12.00 noon | Radiology                | - | Dr Jerrad Fernando                      |
| 12.10 pm   | Pathology                | - | Dr Dulani Beneragama                    |
| 12.20 pm   | Obstetrics & Gynaecology | - | Dr Madhava Karunaratne                  |
| 12.30 pm   | Questions                |   |   |

### Sessions V

|          |                               |   |                        |
|----------|-------------------------------|---|------------------------|
| 12.40 pm | Anaesthesiology               | - | Dr Jayantha Jayasuriya |
| 12.50 pm | General Practice              | - | Dr Jayantha Thambar    |
| 01.00 pm | Ophthalmology                 | - | Dr Manel Pasqual       |
| 01.10 pm | Otorhinolaryngology           | - | Dr R P Dayasena        |
| 01.20 pm | Medicine & Finer Specialities | - | Prof Rifdy Mohideen    |
| 01.30 pm | Questions                     |   |                        |

## Annex 6: List of Members

### Life Members

|                          |                                |                         |
|--------------------------|--------------------------------|-------------------------|
| Dr N D W Widanapathirana | Dr N Rajeshkannan              | Dr. A Sivathanan        |
| Dr. S M Munasdeen        | Dr. R R M M N C Kitulwatte     | Dr. P N M A Fernando    |
| Dr. M G C S Cooray       | Dr. K Y S Perera               | Dr. J Nanayakkara       |
| Dr. P L L Bandara        | Dr. F N Ameen                  | Dr. R M S Rajakaruna    |
| Dr. K Arulmoli           | Dr. H M M Herath               | Dr. D A Lamabadusuriya  |
| Dr. W D Duminda          | Dr. M B K C Dayasiri           | Dr. D S C Perera        |
| Dr. J K Chandra          | Dr. T B Walgamage              | Dr. S H Suvarna         |
| Dr. W A N Nuwan Kumara   | Dr. S P Hewawasam              | Dr. P Ranasinghe        |
| Dr. W A Ajith Prasanna   | Dr. O J C Perera               | Dr. W S B Herath        |
| Dr. S R Willatgamuwa     | Dr. G L R S Perera             | Dr. D R Jayasinghe      |
| Dr. A S L Bandusena      | Dr. A A H Priyani              | Dr. M W Gunathunga      |
| Dr. M Kothalawala        | Dr. A S Wickramasinghe         | Dr. G P Karunasekara    |
| Dr. D H Beneragama       | Dr H D S C P Appuhamy          | Dr N A S P Wijerathna   |
| Dr S Shivaganesh         | Dr K Thivakaran                | Dr H A K M Premaratne   |
| Dr P T Jayawickramarajah | Dr H S M Mendis                | Dr Thushyantha          |
| Dr M Y Mohammed Riyas    | Dr M Suthaharan                | Dr S Thamotheram        |
| Dr M S L Coorey          | Dr P V D S Dharmagunawardene   | Dr M M Athambawa        |
| Dr D K N N Hemachandra   | Dr B R P Mendis                | Dr T R S Seneviratne    |
| Dr M B S Seneviratne     | Dr N I Munasinghe              | Dr H A Tissera          |
| Dr S Tissera             | Dr E Kathiresan                | Dr D G A Abeygunaratne  |
| Dr R A Nirzan            | Dr U I Lakshman                | Dr. A S Abdul Sukoor    |
| Dr. C M Rajasuriya       | Dr A A D S Amarasekera         | Dr A R S Fernando       |
| Dr W G G Senaratne       | Dr V Vijeetharen               | Dr. S Prashanth         |
| Dr W P N T Abeydeera     | Dr S C Somaratne               | Dr A J A L Fernando     |
| Dr D S D S Jayaratne     | Dr D P G W Karunanayake        | Dr. K Sivayoganathan    |
| Dr. T M Mithunrajh       | Dr. H J A Afker                | Dr. M S Shifaz Ahamed   |
| Dr. P S Maddumarachchi   | Dr. P S M J Upeksha Samarakoon | Dr. M P K Jayalath      |
| Dr. P W Kamal Pathmalal  | Dr. V P Sinhabahu              | Dr. Ruwangi Dissanayake |
| Dr. T I J Ranasinghe     | Dr. J A T S Wickramasinghe     | Dr. S Sivananthavel     |
| Dr. U C H Rodrigo        | Dr F H D S Silva               | Dr M Tharmarajah        |
| Dr U G Gihan Chaminda    | Dr P Jeevahan                  | Dr R Thayaparren        |
| Dr Kenneth Arulanantham  | Dr K P D Dharmasena            | Dr G K Shanaka Sampath  |
| Dr S A D N Pilapitiya    | Dr T Sunil Navaratinaraja      | Dr A M Nisar            |
| Dr S Raviraj             | Dr M I J K Munasinghe          | Dr Vibash P Wijeratne   |
| Dr B C Akurana           | Dr V Gokulan                   | Dr I R Ragunathan       |
| Dr K S S Kumarasinghe    |                                |                         |

### Ordinary Members

|                             |                           |                                |
|-----------------------------|---------------------------|--------------------------------|
| Dr. S S M Kariyawasam       | Dr. S K Senanayake        | Dr. K L M D Seneviwickrama     |
| Dr. S P Welgama             | Dr. W A D L Amarasiri     | Dr. A M M C Adikari            |
| Dr. H M N B Abeysinghe      | Dr. A T Wickramaratne     | Dr. C Horadagoda               |
| Dr. Dinushi Weerasinghe     | Dr. M D S Renuka          | Dr. T L S S Siritunga          |
| Dr. M A N A A D Jayawardena | Dr. W G V Sumanasekara    | Dr. D M S M Bandara            |
| Dr. D P De Silva            | Dr. H D Manohari          | Dr. M A G N Gunathilake        |
| Dr. D P Ranasinghe          | Dr. N Indranath           | Dr. W S N W B M S K Arambepola |
| Dr. H D Chandana            | Dr. A K Weerasena         | Dr. D D N P Jayasekara         |
| Dr. A A N Nishad            | Dr. S N Hewage            | Dr. H M N J Herath             |
| Dr. N D C Jeewanie          | Dr. K G A D Weerakoon     | Dr. W M D K Dasanayake         |
| Dr. G D K De Silva          | Dr. A G M Jawarhir        | Dr. S J R Pachchek             |
| Dr. E A C Fernando          | Dr. R S Kumarasena        | Dr. C Biyanwila                |
| Dr. K A D C Gunasekara      | Dr. V Abeyesuriya         | Dr. D Seneviratne Epa          |
| Dr. K Y D Perera            | Dr. D C J Perera          | Dr. A D K Gunaratne            |
| Dr. A M N Ariyaratne        | Dr. K W A S Thilakarathne | Dr. D T A Wickramarachchi      |
| Dr. Y A P De Silva          | Dr. D C Ranasinghe        | Dr. A C R Ranasinghe           |
| Dr. C Arabepola             | Dr. H T C J Hapugoda      | Dr. P Wijesekara               |
| Dr. A J P N P Jayaweera     | Dr. Jeevika Kulathilaka   | Dr. M A M M Jayawardane        |
| Dr. J K K Seneviratne       | Dr. T P K Herath          | Dr. W A G Weerasinghe          |
| Dr. G K C Jayalath          | Dr. D M C S Jayasundara   | Dr G S G Gurusinghe            |
| Dr. WSNWMAG Arambepola      | Dr K G Y U Kumara         | Dr D M P S Bandara             |

Dr P S Hassan  
Dr M Mylashan  
Dr. D P Dayananda  
Dr. U. N. D. Sirisena

Dr T I Pathirana  
Dr A Weerakkody  
Dr. M N D G Gamage  
Dr. Nadarajah Parameshwaran

Dr L C Mallikarachchi  
Dr. W S T Perera  
Dr. K Rajaratnam

#### Ordinary to Life Members

Dr P S Hassan  
Dr M T D Lakshan

Dr T L S S Siritunga  
Dr C Rodrigo

Dr C Biyanwila  
Dr K Jeganathan

#### Student Members

Miss. S A Dinusha Rasangi  
Mr. W M D R Wijesundara  
Miss. Shiyana Ibrahim  
Miss. K Samalai  
Miss. B H T I Alwis  
Miss. A A M D Jayasekara  
Mr. S D Gamage  
Miss. I I H Kodippili  
Miss. N C Galappatti  
Miss. A A G M Attanapola  
Miss. P G R I S Welagedara  
Miss. M Dissanayake  
Mr. M M Ahmad  
Mr. D A R D De Silva  
Miss. W B S P Fernando  
Mr. J P N De Alwis  
Mr. D L W P S S Sumathipala  
Miss. H H T S Swarnamala  
Mr. R P Kuruppumullage  
Mr. D V Kotalawala  
Miss. W P L Kanchana  
Miss. H A Ruwanchinthani  
Mr. S D Kuruppu  
Miss. D G K Kumuduni  
Miss. C P Punchihewa  
Mr. L H K B Divulwewa  
Mr. H M A K Rathnayake  
Mr. S Sivakumaran  
Miss. M S F Faseeha  
Mr. J Ranawaka  
Mr. A P N De Vas Goonewardane  
Mrs. T S K R D Caldera  
Ms. S N Perera  
Mr. S Mathurahan  
Miss. G N P Jayaweera  
Miss. K W C D Konthasinghe  
Mr. L U Wanigabadu  
Mr. N A A Weerasinghe  
Miss. M A Y R Manchanayaka  
Mr. K G M W Bandara  
Mr. C P Udagedara  
Mr. S V N Perera  
Mr. P V Logenthiran  
Mr. R T Hewage  
Miss A S R De Alwis  
Miss. R N Perera

Miss. K R Atukorala  
Mr. W D T S Welivita  
Miss. M S Dissanayake  
Miss. D M L Chathurangi  
Mr. K A U C Dayananda  
Mr. A D Dissanayake  
Miss. I A G M P Gunathilake  
Miss. A H L Gayathrika  
Mr. S A C Senadeera  
Mr. E A J R Athukorala  
Miss. S Thillainathan  
Mr. P A Wijeratne  
Mr. H M M S K Gunasinghe  
Mrs. N C Gamhewage  
Miss. P A D M P Perera  
Miss. A S D Nandasiri  
Mr. S C Solangaarachchi  
Miss. K D N Silva  
Mrs. S D Liyanagama  
Ms. B S D P Keragala  
Mr. A A R Chandrakumara  
Mr. H T P Dilshan  
Mr. A S Dissanayake  
Miss. A W A M Kumarihamy  
Miss. R A S H S Rajapakse  
Mr. M P M C K Mudalinayaka  
Miss R M G M Ratnayake  
Miss. S Mangaleswaran  
Miss. F S Nazar  
Miss. H A D N P Ariyasinghe  
Mr. N S Gardiyarachchi  
Miss. S A U Perera  
Mr. M Senarathna  
Mr. I D H P Kularathne  
Mr. C B Karunarathne  
Miss. K L A M Kamburugamuva  
Mr. M S S Dissanayake  
Miss. P N Hettiarachchi  
Mr. H D M De Alwis  
Mr. H M S S De Silva  
Miss. M H J D Ariyaratne  
Mr. D Tilakaratne  
Mr. C Alahakoon  
Miss. I N Jayaratne  
Mr. J G B C S Jayaweera  
Mr Nipuna Wickramaratne

Mr. C S Maithipala  
Mr. W M E Perera  
Mr. B. Parthippan  
Miss. D M D Dasanayake  
Mr. K N M Gunapala  
Mr. C D Dampage  
Mr. W I Gankanda  
Miss. G M Jayasena  
Miss. H G K K Maddumabandara  
Miss. M T D Fernando  
Miss. U L Somasiri  
Mr. S S L De Silva  
Miss. H G S S Gamage  
Mr. P C I Wijesinghe  
Mr. P N Harshana  
Mr. G M S Fernando  
Miss. P L C K Liyanage  
Miss. A R de A Seneviratne  
Mr. M K G I N K Gunarathna  
Miss. D U I Seneviratne  
Mr. D G S V D Gajasinghe  
Miss. P A M Abeysekara  
Mr. T H P Ranasinghe  
Mr. K H M Kumarasinghe  
Mr. G Rajeev  
Mr. L P Ruwanpura  
Mr. D Seneviratne Epa  
Miss. T Tharmalingam  
Mr. P M Samarasinghe  
Mr. T G Kalupahana  
Mr. I K Liyanage  
Mr. M H M T S Perera  
Mr. A Shahmy  
Miss. A M S Jayawardene  
Miss. R W Keshika  
Miss. D L D C Liyanage  
Miss F S M Mohideen  
Mr. A S Malawige  
Mr. S W R Somaweera  
Mr. G V M C Fernando  
Miss. M D C K Gunaratne  
Mr. A U Danjaya  
Mr. K M L Alas  
Miss. S W Amarasinghe  
Mr. H M W V Herath

## Annex 7: Audit Report

### DETAILED INCOME & EXPENDITURE STATEMENT YEAR ENDED 30<sup>TH</sup> JUNE 2010

| <b>INCOMING RESOURCES</b>                 | <b>2010<br/>Rs.</b> | <b>2009<br/>Rs.</b> |
|---|---------------------|---------------------|
| Subscription and Entrance Fee             | 1,181,710           | 1,021,795           |
| Annual Academic Session Income            | 5,047,855           | 7,627,571           |
| Foundation Celebration Sessions           | 381,550             | 485,500             |
| Rent Income                               | 2,873,963           | 3,061,400           |
| Auditorium and Council Room Hire          | 351,891             | 256,062             |
| Career Guidance Seminar                   | 93,200              | 86,200              |
| Income from Ceylon Medical Journal (13.1) | 1,178,925           | 200,394             |
|   | <u>11,109,094</u>   | <u>12,738,922</u>   |
| <b>Income from Ceylon Medical Journal</b> |                     |                     |
| Library Subscription                      | 27,700              | 51,615              |
| Sale of Journal                           | 5,200               | 19,200              |
| Processing Fee                            | 122,225             | 104,691             |
| Advertisement                             | -                   | 6,750               |
| Interest Income                           | 17,800              | 18,138              |
| Other Income                              | 1,006,000           | -                   |
|   | <u>1,178,925</u>    | <u>200,394</u>      |
| <b>PROJECT EXPENDITURE</b>                | <b>2010<br/>Rs.</b> | <b>2009<br/>Rs.</b> |
| Operational Expenditure (14.1)            | 1,126,686           | 583,045             |
| Annual Academic Session (14.2)            | 6,222,590           | 5,716,622           |
| Ceylon Medical Journal (14.3)             | 498,577             | 265,909             |
|   | <u>7,847,853</u>    | <u>6,565,576</u>    |
| <b>Operational Expenditure</b>            |                     |                     |
| Paper Advertisement                       | 46,284              | 51,307              |
| Auditorium Equipment Repair               | 397,370             | 44,588              |
| Lectures & Meetings                       | 77,056              | 96,010              |
| Foundation Celebration Session            | 310,260             | 330,826             |
| SLMA Website                              | 16,100              | 13,800              |
| Career Guidance Seminar Expenses          | 64,769              | 46,514              |
| Defensive Driving Seminar                 | 80,977              | -                   |
| CVS Risk Management                       | 72,000              | -                   |
| Toxicology Expenses                       | 30,000              | -                   |
| Nirogi Lanka Project Expenses             | 49,870              | -                   |
|   | <u>1,126,686</u>    | <u>583,045</u>      |
| <b>Annual Academic Session</b>            |                     |                     |
| 122 <sup>nd</sup> Annual Academic Session | 6,222,590           | 5,716,622           |
|   | <u>6,222,590</u>    | <u>5,716,622</u>    |
| <b>Ceylon Medical Journal</b>             |                     |                     |
| Stamp Charges                             | 80,000              | 50,000              |
| Printing & Stationary                     | 107,727             | 48,864              |
| Salaries & Bonus                          | 196,533             | 73,600              |
| Travelling Charges                        | -                   | 1,092               |
| Postage                                   | 4,315               | 4,235               |
| Bank Charges                              | 3,252               | 2,038               |
| Telephone & Fax                           | 70,995              | 31,630              |
| Sundry Expenses                           | 3,760               | 14,450              |
| Advertisement collection special payments | -                   | 24,000              |
| Monthly Allowance                         | 12,000              | 12,000              |
| Technician Charges                        | 19,995              | 4,000               |
|   | <u>498,577</u>      | <u>265,909</u>      |

**OTHER INCOME**

|                                  | <b>2010</b>             | <b>2009</b>             |
|----------------------------------|-------------------------|-------------------------|
|                                  | <b>Rs.</b>              | <b>Rs.</b>              |
| Sale of Books                    | 56,454                  | 77,244                  |
| Interest Income                  | 1,817,629               | 2,109,815               |
| Other Donations                  | 754,723                 | 127,500                 |
| Sponsorship                      | 603,958                 | 534,090                 |
| Sundry Income                    | 201,031                 | 194,431                 |
| Electricity Income               | 600,128                 | 679,303                 |
| Amortisation of Grants           | 143,384                 | 82,512                  |
| Sale of Ties                     | 500                     | 3,000                   |
| Clinical Trial Registry Proposal | 580,000                 | 70,000                  |
|                                  | <b><u>4,757,807</u></b> | <b><u>3,877,895</u></b> |

**DETAILED INCOME & EXPENDITURE STATEMENT****YEAR ENDED 30<sup>TH</sup> JUNE 2010  
STATEMENT I**

| <b>ADMINISTRATIVE EXPENSES</b>                    | <b>2010</b>             | <b>2009</b>             |
|---|-------------------------|-------------------------|
|   | <b>Rs.</b>              | <b>Rs.</b>              |
| Salary & Overtime                                 | 1,759,775               | 1,768,209               |
| EPF & ETF   | 264,370                 | 248,138                 |
| Bonus   | 128,200                 | 142,750                 |
| Electricity                                       | 1,273,522               | 1,215,751               |
| Printing & Stationery                             | 696,996                 | 332,818                 |
| Postage   | 24,075                  | 27,905                  |
| Staff Welfare                                     | 86,027                  | 107,433                 |
| Repair & Maintenance                              | 334,655                 | 227,433                 |
| Water   | 153,731                 | 81,794                  |
| Depreciation                                      | 692,506                 | 594,166                 |
| OPA Membership Fee                                | 18,480                  | 18,975                  |
| Traveling & Hiring                                | 145,994                 | 209,868                 |
| President Induction Ceremony                      | 153,718                 | 132,600                 |
| Fax & Telephone                                   | 251,706                 | 216,438                 |
| Rates & Taxes                                     | 134,595                 | 124,740                 |
| Internet Charges                                  | 5,173                   | 5,113                   |
| Audit Fees  | 138,800                 | 116,506                 |
| Gratuity  | 122,368                 | 86,425                  |
| Franking Machine                                  | 316,500                 | 370,500                 |
| Council Group Photograph                          | 20,780                  | 34,600                  |
| Annual Return Expenses                            | 40,103                  | 3,500                   |
| Medical Education Training Programme              | -                       | 12,400                  |
| CMAAO Membership Fee                              | -                       | 32,644                  |
| Security Charges                                  | 157,091                 | 150,094                 |
| Clinical Trial Registry                           | 46,144                  | 90,755                  |
| Research Promotion Grant                          | 25,000                  | 44,780                  |
| SLMA Building Electricity Supply                  | 71,395                  | 591,780                 |
| Bank Charges                                      | 30,021                  | 28,496                  |
| Donation  | 5,000                   | 50,000                  |
| Supply  | -                       | 192,540                 |
| Sundry Expenses                                   | 128,201                 | 153,621                 |
| Common Wealth Medical Association Membership Fees | 53,749                  | 52,996                  |
| Law-Medical Cricket Match expenses                | -                       | 69,695                  |
| Car Park Charges                                  | -                       | 29,405                  |
| Daily News Publication Expenses                   | 3,128                   | 4,692                   |
| Income Trax Computation Charges                   | 8,400                   | 7,415                   |
| Consultation Fee                                  | -                       | 136,670                 |
| Deposits Write off                                | -                       | 6,500                   |
| News Letter Advertisement Collection Expenses     | 145,000                 | -                       |
|   | <b><u>7,435,203</u></b> | <b><u>7,720,145</u></b> |

*Report of the auditors - up to 30<sup>th</sup> June 2009*



## SLMA Publications - 2010

