



Sri Lanka Medical Association

Annual Report 2018

Friday 21st December 2018

1. ANNUAL GENERAL MEETING 2017

The Annual General Meeting of the Sri Lanka Medical Association (SLMA) was held on the 15th December 2017 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 07. Professor Chandrika Wijeyaratne chaired the meeting. She thanked the members of the Council, members of the SLMA and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. She summarised the achievements and shortcomings during the. Honorary Secretary Dr. Sudharshani Wasalathanthri tabled the Annual Report 2017 and the minutes of the previous Annual General Meeting held on 23rd December 2016. The minutes were unanimously confirmed by the membership present. Dr. Sudharshani Wasalathanthri thanked the President, the members of the Council, members of the SLMA and the staff of the SLMA office for the support given during the year 2017.

ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

President	Dr. Ruvaiz Haniffa
President Elect	Dr. Anula Wijesundere
Vice Presidents	Professor Ariarane Gnanathanan Dr. Christo Fernando
Secretary	Dr. B.M.Hasini A.Banneheke
Assistant Secretaries	Dr. Shihan Azeez Dr. Amaya Ellawala Dr. E. A. Sajith T. Edirisinghe Dr. Chula Senaratne
Treasurer	Dr. Achala Jayatilleke
Assistant Treasurer	Dr. Sumithra Tissera
Public Relations Officer	Dr. Kalyani Guruge
Social Secretaries	Dr. Preethi Wijegoonewardene Dr. Pramilla Senanayake
Past President Representative	Retired Professor Wilfred Perera
Co-editors, Ceylon Medical Journal	Professor Varuni De Silva Professor A. Pathmeswaran

Prof. Varuni De Silva (Co-editor, CMJ) resigned with the effect from 15th October (to leave the country after taking sabbatical leave) and Prof.Senaka Rajapaksha was appointed from 16th October to fill the vacancy.

ELECTED COUNCIL MEMBERS

Dr. Iyanthi Abeyewickreme, Dr. Palitha Abeykoon, Dr. Pamod Amarakoon, Dr. Sarath Gamini de Silva, Dr. Neranjan L.A. Dissanayake, Professor Vajira H.W. Dissanayake, Associate Professor S.D. Dharmaratne, Dr. Lucian Jayasuriya, Professor Saroj Jayasinghe, Professor Indika Karunathilake, Dr. Ishani Chulika Makawita, Professor Kumara Mendis, Dr. B.J.C. Perera, Professor Dr. U.C.P. Perera, Dr. M.N.G.G.D. Pramitha, Dr. Sankha Randenikumar, Dr. G.U. Ramadasa, Dr. R. Surenthirakumaran, Dr. Asitha Koshala Thanippuli Arachchi, Dr. Hasantha R. Thambawita

EX-OFFICIO COUNCIL MEMBERS

Professor Chandrika Wijeyaratne (Immediate Past President), Dr. Sudharshani Wasalathanthri (Out – going Secretary), Dr. M.B.A.C. Balasuriya (Out – going Treasurer)

OTHER REPRESENTATIVES APOINTED TO THE COUNCIL

Dr. Sunil Seneviratne Epa (the nominee from the Ruhuna Clinical Society) and Professor R.M. Mudiyanse (the nominee from the Kandy Society of Medicine) were appointed at the Council meeting held in January.

2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr. Ruvaiz Haniffa, the President of Sri Lanka Medical Association for the year 2018 was held on 20th January 2018, at HNB Towers, Level 22, 479, T B Jayah Mawatha, Colombo 10. The induction took place amidst a large distinguished gathering.

The Presidential Address titled 'Shifting focus from diseases to patients: Today's vision, tomorrow's reality' generated much interest among those present. His presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue.



Professor Chandrika Wijeyaratne inducting Dr. Ruvaiz Haniffa as President SLMA 2018



Dr. Ruvaiz Haniffa delivering the Presidential Address

3. COUNCIL MEETINGS

Fourteen Council meetings (12 Regular meetings and 02 Special meeting) were held in 2018. The attendance of members at the regular Council meetings is given below:

Name	No.	Excuses	Name	No.	Excuses
Dr. Ruvaiz Haniffa	12	-	Dr. Achala Balasuriya	01	02
Dr. Hasini Banneheke	12	-	Dr. Sarath Gamini de Silva	10	02
Dr. Anula Wijesundere	11	01	Dr. Nernanjan L.A. Dissanayake	06	04
Prof. Chandrika Wijeyaratne	04	04	Prof. Vajira HW Dissanayake	08	03
Dr. Christo Fernando	11	01	Prof. S.D. Dharmaratne	02	09
Prof. Ariarane Gnanathanasan	10	02	Dr. Lucian Jayasuriya	09	03
Dr. M. Shihaan Azeez	07	01	Prof. Saroj Jayasinghe	05	05
Dr. Amaya T. Ellawala	12	-	Prof. Indika Karunathilake	06	04
Dr. E.A. Sajith Edirisinghe	01	07	Dr. Ishani Chulika Makawita	03	00
Dr. Chula Senaratne	07	03	Prof. Kumara Mendis	08	02
Dr. Achala Jayatilleke	10	01	Prof. R.M. Mudiyanse	10	01
Dr. Sumithra Tissera	11	01	Dr. B.J.C. Perera	12	00
Dr. Kalyani Guruge	09	01	Dr. U.C.P. Perera	09	00
Dr. Pramilla Senanayake	10	01	Dr. M.N.G.G.D. Pramitha	08	04
Dr. Preethi Wijegoonewardene	06	05	Dr. Sankha Randenikumara	10	02
Retired Prof. Wilfred Perera	11	00	Dr. G.U. Ramadasa	06	05
Prof. Varuni de Silva	01	01	Dr. R. Surendhirakumaran	00	03
Prof. A. Pathmeswaran	05	03	Dr. Sunil Seneviratne Epa	09	03
Prof. Senaka Rajapakse	00	01	Dr. Asitha K.Thanippuli Arachchi	02	00
Dr. Iyanthi Abeyewickreme	09	02	Dr. Hasantha R. Thambawita	00	08
Dr. Palitha Abeykoon	05	03	Prof. Sudharshani Wasalathanthri	05	04
Dr. Pamod M. Amarakoon	10	02			

4. SLMA RUN & WALK 2018

The SLMA Annual Health Run and walk was held on 24th June 2018 under the slogan “සමබර අහරක් නිරෝගී සිරුරක්” (“Eat Wise Drop a Size”). The SLMA Health Run & Walk 2018 aimed to educate the public on the importance of balanced diet and its impact on health with the hope of bringing a positive and appropriate public response.

The venue for the Run & Walk 2018 was the BMICH which was open to all members of the SLMA, their families and to the public. The proceedings commenced at 6.00 am with registration of runners and warm up exercises. Hon.Minister of Health Dr.Rajitha Senarathne participated as the chief guest. There were other sports and cinema personalities participated as invited guests at the event too. The run commenced at 7.00am followed by the walk which commenced at 7.15 am and took a different route to the Run. In addition to the members and their families, there was participation from schools, universities, school societies, other professional colleges, sponsors, Non Governmental Organizations, the armed forces and Police. All participants got the benefit of free health screening including spirometry tests, other diagnostic tests, physiotherapy, dietary and nutritional advice, healthy food and refreshments and an attractive t-shirt.

Exhibition of winning entries of the Kids' Art Competition which was held prior, were displayed at the venue with prizes given to all the children whose art has been exhibited. All the kids who participated were given a certificate of appreciation too. The arts which won first three places in each age category will be used for the annual desk calendar. The venue featured specific zones for kids, 'Kids Zone' where there were fun activities such as magic show, story telling and bouncy castle for kids.

Members of the Council, staff of the SLMA office staff of the offices housed at the SLMA building, medical students of Faculty of Medical Sciences, University of Sri Jayawardenepura, sponsors and staff of DeAir event organizers helped immensely to the smooth running of the activities. The entire proceedings ended by 11.00am with presentation of awards to the winners of the competitive run and to the winners of the art competition.



**Eat Wise
DROP A SIZE**

Sri Lanka Medical Association proudly organizes
SLMA Health Run & Walk 2018

**Sunday 24th June 2018
at BMICH premises**

FREE

- Health checks
- T-shirt (first registered first served)
- Healthy snacks & drinks

Attractive Prizes for Winners

PROGRAMME

6.15 am	Health Check for Runners
6.45 am	Warm Up Exercises
7.00 am	Commencement of Run
7.15 am	Commencement of Walk
8.15 am	Post-exercise Cool Down Session
8.30 am	Interactive & Entertainment Session
9.30 am	Prize Giving
10.00 am	Conclusion

PGC-CONSTRUCTION AT FRANKING
Hotline: 076 554 43 40 (call or send a text), <https://www.brandx.com/SLMAHealthRun/>
Important: A Race certificate signed by a medical practitioner is mandatory for all runners

More information: Email: runwalk@brandx.com, Tel: 011 250 55 54

OTHER ATTRACTIONS

- Exhibition of winning entries of the Kids' Art Competition
- Opportunity to meet celebrities
- Magic show
- Bouncy castle for kids
- Story telling for kids

brandx



5. 131ST ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS

The 131st Anniversary International Medical Congress was held from 26th – 29th July 2018 at the Galadari Hotel, Colombo. The Inauguration ceremony was held on 26th July 2018 at 6.00 pm onwards. The theme of the Congress was “Shifting focus from diseases to patients: Today’s vision, tomorrow’s reality”. The Chief Guest was Professor Dinesh Bhugra, President, British Medical Association and the Guest of Honour was Professor Donald Li, President Elect, World Organizations of National Colleges, Academies and Academic Associations of General Practitioners/ Family Physicians (WONCA) and Professor Vajira H.W. Dissanayake, President, Commonwealth Medical Association.

Dr. Malik Fernando and Dr. J. B. Peiris were awarded with Honorary Life Memberships of the SLMA with prior ratification by an Ordinary General Meeting held on 19th February 2018. Professor Ariaranee Gnanathan and Dr. Christo Fernando were the co-academic chairpersons of the congress.

The main conference was preceded by seven very successful pre-congress workshops. All were well attended.

The first pre-congress workshop on “Wound Care” was held on 1st June 2018 at the College of Surgeons Auditorium in collaboration with the College of Surgeons of Sri Lanka.

The second pre-congress workshop with Honorable Members of the Parliament on “Health for all in Sri Lanka: Role of Parliamentarians in achieving UHC” was held on 4th July 2018 at the Parliament of Sri Lanka in collaboration with the World Health Organisation.

“Communication skills: Training of trainers” workshop was held on 23rd & 24th July 2018 at the Post Graduate Institute of Medicine, University of Colombo, Colombo-8.

“Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research” was held on 25th July 2018 at Post Graduate Institute of Management, Colombo-8.

“Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care” was held on 25th July 2018 at Clinmark, Colombo-8.

“Spectrum of liver diseases: Exploring new therapeutic modalities” was held on 26th July 2018 at N.D.W. Memorial Auditorium of the SLMA.

“Masterclass in stroke rehabilitation: Learning from stroke after stroke” and “Research and innovation” were held on 26th July 2018 at the Galadari Hotel, Colombo-01.

There was one post congress sessions titled “Communication skills: Training of trainers” on 30th July 2018 at Post Graduate Institute of Medicine, University of Colombo, Colombo-8. It was well attended.

The entire Scientific Sessions recorded a good attendance. There were close to 1000 registrants for the entire event. Over 75 resource persons shared their knowledge and expertise at the conference which included 34 renowned speakers from overseas.

From the large number of papers submitted, 65 were selected for oral presentations and 157 were displayed as posters. The abstracts were published as a supplement of the Ceylon Medical Journal. Out of all free papers selected, 18 papers were not presented by the authors. Four orations were delivered during the congress sessions (Details are given under orations and endowment lectures section).

The detailed programme is given in **Annexure 1**.



Pre congress session with Hon. Parliamentarians



Pre congress workshop on Communication Skills



Head table



Welcome address by President SLMA



Address by Chief Guest



Address by Guest of Honour



Address by Guest of Honour



Vote of thanks by Hony Secretary SLMA

6. HISTORY OF MEDICINE LECTURE 2018

Dr. C. G. Uragoda History of Medicine Lecture 2018 which had been awarded to Dr. Sankha Randenikumara MBBS, PgDTox, PDAR in 2017 was delivered this year at the Lionel Memorial Auditorium on 25th February 2018. The title of the lecture was "Hospital Architecture in Sri Lanka: A Historical Review". It was followed by a fellowship dinner. Dr. C. G. Uragoda History of Medicine Lecture 2018 was published in the SLMA Newsletter in March.

7. ORATIONS & ENDOWMENT LECTURES

All Orations of SLMA were selected by open advertisement. The E. M. Wijerama Endowment Lecture is usually awarded to a person who has contributed much to the SLMA and the topic of the oration is decided by the Orator. The decisions regarding the E. M. Wijerama Lecture and the Desmond Fernando Memorial Lecture are made by the honours committee. The following orations and endowment lectures were delivered in 2018.

THE SLMA ORATION

Thursday 26th July 2018 during 131st Anniversary International Medical Congress

"Is iron deficiency anaemia in Sri Lanka an over kill?"

Professor Anuja Premawardhena

MBBS (Pera), MD (Col), MRCP (UK), FRCP (London), DPhil (Oxon), FCCP (SL), FNAS (SL)

Professor in Medicine, Department of Medicine, Faculty of Medicine, University of Kelaniya

S C PAUL ORATION

Sunday 29th July 2018 during 131st Anniversary International Medical Congress

"An attempt to understand and combat the silent killer in South Asia"

Professor W. M. Tilakaratne

BDS, MS, FDSRCS, FRCPath, PhD

Dean and Chair Professor of Oral Pathology, Faculty of Dental Sciences, University of Peradeniya

PROFESSOR N. D. W. LIONEL MEMORIAL ORATION

Friday 27th July 2018 during 131st Anniversary International Medical Congress

"Patient with persistent physical symptoms not explained by organic illness; a universal challenge across health care"

Professor Athula Sumathipala MBBS, DFM, MD in Family Medicine, MRCPsych (UK), CCST (UK, PhD

FSLCGP, FRCPsych (UK)

Professor of Psychiatry, Research Institute for Primary Care & Health Sciences, Faculty of Medicine & Health Sciences, Keele University

DR. S. RAMACHANDRAN MEMORIAL ORATION

Sunday 29th July 2018 during 131st Anniversary International Medical Congress

"Antivenoms in the treatment of neurotoxic snakebite: effectiveness and limitations"

Dr. N. K. Anjana Silva MBBS, M. Phil (Peradeniya) PhD (Monash)

Senior Lecturer, Department of Parasitology, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka

SIR MARCUS FERNANDO ORATION

Friday 19th October 2018 at NDW Lionel Memorial Auditorium of the SLMA

"Genotoxicity on exposure to radiation: Assessment of micronuclei frequency among persons resident in the vicinity of a mineral sand processing factory in Pulmoddai, Sri Lanka"

Dr. Tania Warnakulasuriya MBBS, MPhil

Senior Lecturer, Department of Physiology, Faculty of Medicine, University of Kelaniya

SIR NICHOLAS ATTYGALLE ORATION

Wednesday 14th November 2018 at NDW Lionel Memorial Auditorium of the SLMA

"Biomarkers in breast cancer; broadening the horizons"

Professor Lakmini Mudduwa MBBS, D.Path, MD(Histopathology)

Professor of Pathology, Department of Pathology, Faculty of Medicine University of Ruhuna

MURUGESAR SINNETAMBY ORATION

NOT AWARDED

DR. DESMOND FERNANDO MEMORIAL LECTURE 2018

To be delivered in 2019

E M WIJERAMA ENDOWMENT LECTURER 2018

Thursday 18th October 2018 at NDW Lionel Memorial Auditorium of the SLMA

"Medical Education in Sri Lanka"

Vidyajyothi Professor Lalitha Mendis MBBS, MD, PhD, Dp. Bact, FNASSL, FSLCGP, FSLCME, FSLCM
Emeritus Professor of Microbiology, University of Colombo
Past-President, SLMA



Professor Anuja Premawardena delivering SLMA Oration 2018



Awarding the medal to the S C Paul Orator,
Professor W. M. Tilakaratne



Awarding the medal to the N.D.W. Lionel Memorial Orator
Professor Athula Sumathipala



Dr. N. K. Anjana Silva delivering Dr. S. Ramachandran Oration



Professor Lakmini Mudduwa delivering the
Sir Nicholas Attygalle Oration



Dr. Tania Warnakulasuriya delivering the
Sir Marcus Fernando Oration



Awarding the medal to the E M Wijerama Endowment Lecturer,
Vidyaiothi Professor Lalitha Mendis

8. SLMA AWARDS

E. M. Wijerama Prize

Anaemia among women of child-bearing age: Contributions of alpha and beta-thalassaemia

Mettananda S^{1,2}, Suranjan PDM¹, Fernando VR¹, Dias TD^{1,2}, Rodrigo R¹, Perera L¹, Mettananda KCD¹, Gibbons RJ³, Premawardhena A^{1,2}, Higgs DR.³

¹Faculty of Medicine, University of Kelaniya, Sri Lanka

²Colombo North Teaching Hospital, Ragama, Sri Lanka

³University of Oxford, United Kingdom

S. E. Seneviratna Prize

Pattern of dengue virus infections in adult patients from Sri Lanka

Jayarajah U^{1,6}, de Silva PK², Jayawardena P², Dissanayake U³, Kulathunga A², Fernando H², Perera L^{4,6}, Kannangara V^{4,6}, Udayangani C^{4,6}, Peiris R^{4,6}, Faizer S⁶, Yasawardene P⁶, de Zoysa I^{4,6}, Seneviratne SL^{4,5,6}

¹Dengue Unit, National Hospital of Sri Lanka, Colombo, Sri Lanka

²National Hospital of Sri Lanka, Colombo, Sri Lanka

³Department of Medicine, Base Hospital, Panadura, Sri Lanka

⁴Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka

⁵Institute of Immunity and Transplantation, Royal Free Hospital and University College London, UK

⁶Dengue Research Group, Colombo, Sri Lanka

H. K. T. Fernando Prize

Long term use of mefloquine amongst military personnel: A key strategy in the prevention of reintroduction of malaria to Sri Lanka

Fernando SD¹, Booso BR², Madurapperuma C³, Wickramasekara T⁴, Danansooriya M⁵, Ranaweera D⁵

¹Department of Parasitology, Faculty of Medicine, University of Colombo

²Directorate of Health Services, Sri Lanka Air Force Head Quarters, Colombo

³Faculty of Medicine, University of Colombo

⁴Preventive Medicine and Mental Health Services, Army Hospital, Narahenpita 5Anti Malaria Campaign, Sri Lanka

Sir Nicholas Attygalle Prize

Effects of exercise on body composition in Sri Lankans with Type 2 Diabetes Mellitus

Ranasinghe C^{1,2}, Buddhila B¹, Constantine GR³, Katulanda P³, Hills AP⁴, King NA²

¹Department of Allied Health Sciences, Faculty of Medicine, University of Colombo, Sri Lanka

²School of Exercise and Nutrition Sciences, Faculty of Health, Queensland University of Technology, Australia

³Department of Clinical Medicine, Faculty of Medicine, University of Colombo, Sri Lanka

⁴School of Health Sciences, University of Tasmania, Launceston, Australia

Wilson Peiris Prize

Fat percentage derived BMI cut-offs for Sri Lankan adults

Jayawardena R¹, Thennakoon SN², Hills AP³

¹Faculty of Medicine, University of Colombo

²Diabetes Research Unit, Faculty of Medicine, University of Colombo

³University of Tasmania

Professor Daphne Attygalle Prize for the best paper in Cancer

The incidence and patterns of liver cancers in Sri Lanka from 2000-2010: Analysis of National Cancer Registry data

Jayarajah U¹, Fernando AR¹, Fernando EA², Samarasekera DN¹, Seneviratne SA¹

¹Department of Surgery, Faculty of Medicine, University of Colombo

²National Cancer Control Programme, Ministry of Health, Colombo

Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis

Level of empowerment for tobacco control in a rural low-income district in Sri Lanka

Perera KMN¹, Guruge GND², Jayawardana PL¹

¹Department of Public Health, Faculty of Medicine, University of Kelaniya

²Department of Health Promotion, Faculty of Applied Sciences, Rajarata University of Sri Lanka

Professor Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine

Pattern of dengue virus infections in adult patients from Sri Lanka

Jayarajah U^{1,6}, de Silva PK², Jayawardena P², Dissanayake U³, Kulathunga A², Fernando H², Perera L^{4,6}, Kannangara V^{4,6}, Udayangani C^{4,6}, Peiris R^{4,6}, Faizer S⁶, Yasawardene P⁶, de Zoysa I^{4,6}, Seneviratne SL^{4,5,6}

¹Dengue Unit, National Hospital of Sri Lanka, Colombo, Sri Lanka

²National Hospital of Sri Lanka, Colombo, Sri Lanka

³Department of Medicine, Base Hospital, Panadura, Sri Lanka

⁴Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka

⁵Institute of Immunity and Transplantation, Royal Free Hospital and University College London, UK

⁶Dengue Research Group, Colombo, Sri Lanka

Special Prize in Cardiology

Which cardiovascular disease risk estimation tool would be most suitable in detecting underlying atherosclerosis in Sri Lankan adults?

Amarasinghe ATIM¹, Lekamwasam S², Weeraratna TP², Sumanathillake M³

¹Department of Pharmacology, Faculty of Medicine, University of Ruhuna, Galle

²Department of Medicine, Faculty of Medicine, University of Ruhuna, Galle

³National Hospital of Sri Lanka, Colombo

Dr. S. Ramachandran Prize for the best paper in Nephrology

Protective effect of *Barleria prionitis* extract (katukarandu) against doxorubicin induced acute nephrotoxicity in Wistar rats

Amarasiri AMSS¹, Attanayake AP², Jayatilaka KAPW², Mudduwa LKB³

¹Department of Medical Laboratory Science, Faculty of Allied Health Sciences, University of Ruhuna

²Department of Biochemistry, Faculty of Medicine, University of Ruhuna

³Department of Pathology, Faculty of Medicine, University of Ruhuna

The Sri Lanka Association of Clinical Pharmacology and Therapeutics award for the Best Paper in Pharmacology

Synthesis of silver nanoparticles from Sri Lankan medicinal plants and evaluation of their antimicrobial potential

Napagoda MT¹, De Soysa WSG¹, Wijayarathne WMDGB², Witharana S³

¹Department of Biochemistry, Faculty of Medicine, University of Ruhuna

²Department of Microbiology, Faculty of Medicine, University of Ruhuna

³Faculty of Engineering, Higher Colleges of Technology, United Arab Emirates

SLMA prize for the best poster

Why do people travel upto 70km to seek treatment from the Colombo North Teaching Hospital Outpatient Department? A qualitative study

Perera DP¹, Withana SS¹, Mendis KM¹, Kasunjith DVT¹, Jayathilaka WTS¹, Wickramasuriya SW¹, Govinthadas S¹, Kalansooriya R¹, Welhenage C¹

¹Faculty of Medicine, University of Kelaniya

CNAPT Award

Prevention of lightning related adverse effects: knowledge, attitudes and practices among residents in Kiriella Medical Officer of Health area

Dr. K. C. Kalubowila, Medical Officer, Disaster Preparedness and Response Division, Ministry of Health, Nutrition and Indigenous Medicine

G R Handy Award for the best paper in Cardiology published in the year 2016

Not awarded

Glaxo Wellcome Research Award for the year 2018

Knowledge on prevention of occupational health hazards and utilization of safety measures among construction trade workers in a selected building construction site in the district of Colombo

Dr. K. C. Kalubowila, Medical Officer, Disaster Preparedness and Response Division, Ministry of Health, Nutrition and Indigenous Medicine

SLMA Research Grant 2017

Single blind randomized control trial to evaluate the effectiveness of electroconvulsive therapy (ECT) in acute schizophrenia

Dr. Asiri RoDr.igo

Dr. Thistle Jayawardena Research Grant for Intensive Care 2018

Not awarded

Professor Wilfred S E Perera Travel Award in Bioethics 2018 – Joint winners

“Climate change adaptation and mitigation at individual level: Capacity assessment of school teachers

Dr. Chintha Rupasinghe, National Institute of Health Sciences, Nagoda, Kalutara

“Trainee’s perception of the post-graduate medical overseas training received in the UK: A survey among the post –MD trainees in Sri Lanka”

Dr. W. D. Dilshan Priyankara, No. 17/ D 3rd Lane, Ambillawatta Road, Boralesgamuwa

“The level of physical activity among 10-19 years aged visually or hearing disabled adolescents in the Western Province of Sri Lanka”

Dr. S. S. Jayasena, Medical Officer, Anti-Malaria Campaign, Public Health Complex, 555/5, Elvitigala Mawatha, Colombo 5

9. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 11 monthly clinical meetings except in July (due to 131st Anniversary International Medical Congress) this year in collaboration with Professional colleges on every 3rd Tuesday of each month.

MONTH	COLLABORATING COLLEGE
January	Sri Lanka College of Paediatricians
February	Sri Lanka College of Haematologists
March	College of Anaesthesiologists & Intensivists of Sri Lanka
April	College of Pulmonologists of Sri Lanka
May	Ceylon College of Physicians
June	Sri Lanka College of Dermatologists
August	College of Ophthalmologists of Sri Lanka
September	Fairmed Foundation (funding Neglected Tropical Medicine)
October	College of General Practitioners of Sri Lanka
November	Sri Lanka College of Psychiatrists
December	College of General Practitioners of Sri Lanka

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the postgraduate trainee attendees. The detailed programmes are given in **Annexure 2**.

The monthly clinical meeting is a continuing Professional development (CPD) activity targeted mainly postgraduates in training, general practitioners and grade medical officers. The CPD committee and the Council have approved their recognition to award CPD points under the category designated "Teaching Activities". Some monthly clinical meetings were available as webinars for the remote participants as a live telecast with the facility to ask questions from the resource persons. These webinars had high and active participation not only from local areas but overseas too.

10. REGIONAL MEETINGS

A total of nine (9) successful meetings were held during the year 2018 covering 8 Provinces in the country. In these meetings SLMA collaborated with the College of microbiologists to enhance the knowledge on the importance of understanding the threat of "Anti-Microbial Resistance" and also with the Ethics Committee of SLMA to raise awareness on "Ethical Medical Practice" to improve provision of quality care to the patients.

The organizations of the regional meetings were actively supported by the SLMA members who represented the Provinces and the Provincial Director of Health of the area. One programme was conducted in a Private Sector Hospital (Asiri Group of Hospitals) to show that SLMA has not overlooked the important role the private sector health staff play in providing care.

All participants received a certificate of participation carrying "CPD" points to emphasize the importance of continuous professional medical education in to keep abreast with new knowledge and skills.

- 1. Joint Clinical Meeting with the Kandy Society of Medicine**
24th January 2018 at the Auditorium, Kadugannawa Training Centre
- 2. Joint CME Programme with the Asiri Group of Hospitals**
28th February 2018 at the Auditorium, Asiri Surgical Hospital
- 3. Joint Clinical Meeting with the Base Hospital, Kattankudy**
21st May 2018 at the Auditorium, Base Hospital, Kattankudy
- 4. Joint Academic Session with Clinical Society of Diyathalawa Base Hospital**
27th March 2018 at the Auditorium, Base Hospital, Diyathalawa
- 5. Joint Clinical Meeting with the Rathnapura Clinical Society**
4th September 2018 at the Auditorium, Rathnapura General Hospital

6. **Joint Clinical Meeting with the Anuradhapura Clinical Society @ District Hospital, Kekirawa**
30th August 2018 at the Auditorium, District Hospital, Kekirawa
7. **Joint Academic Session with Avissawella Clinical Society**
16th November 2018 at the BOI Auditorium, Free Trade Zone, Avissawella
8. **Joint Academic Session with Avissawella Clinical Society**
24th November 2018 at the Royal Resort Mandara – Horagolla, Nittambuwa
9. **Joint Academic Session with Ruhunu Clinical Society**
28th November 2018 at the Hotel Sanaya Mansion, Matara

The academic programmes of these meetings are given in **Annexure 3**.

11. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2018 of the SLMA took place from 18th – 19th October 2018 at the NDW Lionel Memorial Auditorium at Wijerama House, Colombo 07. The Sessions were a great success with enthusiastic participation by over 100 doctors from all parts of the island. However the current Council is under the impression that future Councils should re-think about the need of having academic programme at the Foundation session as there are numerous scientific conferences taking place at present.

The Sessions were ceremonially inaugurated on 18th October at the Lionel Memorial Auditorium, Colombo-07. Professor Chandrika Wijeyaratne, Immediate Past President of the SLMA was the Chief Guest. A highlight of the Inauguration ceremony was the E. M. Wijerama Endowment Lecture, which was delivered by Vidyajyothi Professor Lalitha Mendis, MBBS, MD, PhD, Dp. Bact, FNASSL, FSLCGP, FSLCME, FSLCM, Emeritus Professor of Microbiology, University of Colombo, Past-President of the Sri Lanka Medical Council 2009-2011 and Past-President of the 2008

SLMA awards for the winners at 131st Anniversary International Medical Congress and the journalist awards were presented during the ceremonial inauguration. The detailed programme of the Foundation Sessions is given in **Annexure 4**.



12. GUEST LECTURES

Following are the Guest Lectures organized the SLMA and delivered in 2018 at the NDW Lionel Memorial Auditorium, No.06, Colombo 07.

Guest Lecture on “Primary care-centered health services for universal health care: Sri Lanka leading the way”

Professor Mala Rao OBE MSc MBBS FFPH PhD Hon FFSRH

Senior Clinical Fellow at Imperial College London, a Trustee of WaterAid UK

12th February 2018 from 12.00 noon – 1.00 p.m.

Guest Lecture on “Inter Professional Collaboration in the Healthcare Setting: Lessons Learned from a Case Study on the Neonatal Intensive Care Unit”

Dr. Myuri Manogaran PhD, MHSc, BSc (Hon)

Data & Research Analyst, Royal College of Physicians and Surgeons of Canada

Visiting Researcher, University of Ontario Institute of Technology, Part-time Professor, University of Ottawa

7th March 2018 from 12.00 noon – 1.00 p.m.

Guest Lecture on “Dual Diagnosis – the mind/body continuum of addictions” and “Zen, Stigma and Mental Health – a workshop on a dialectical approach to stigma and psychiatry”

Dr. N Yoganathan

College Tutor in Psychiatry (2010-2017)

Member, Group Analytic Society International, Consultant Psychiatrist, CNWL & SABP NHS Trusts, UK

14th March 2018 from 9.00 a.m. – 12.00 noon

Guest Lecture on “Swedish Health Care -reflecting democratic values”

Professor Göran Kurlberg MD, PhD

Associate Professor of Surgery, Sahlgrenska Academy, University of Gothenburg, Sweden

Visiting Professor, Research Department, Institute of Medicine, Tribhuvan University Teaching Hospital, Kathmandu, Nepal

3rd April 2018 from 12.00 noon – 1.00 p.m.

Guest Lecture on “Glyphosate Based Herbicides (GBH): CKD and Cancer - The Current Evidence and the Possible Implications of Using GBH within the Tea Industry”

Professor Sarath Gunatilake M.D, Dr.P.H

Professor California State University, Long Beach California, Diplomate, American Board of Occupational Medicine

7th June 2018 from 12.00 noon – 1.00 p.m.

Guest Lecture on “Is the Health System Ready for the Essential Service Package (ESP)?”

Can we find evidence for the role of ESP in Universal Health Coverage (UHC)?

Dr. Xavier Modol - Health Systems Expert

Aligning the health system to meet Primary Health Care and UHC objectives

Dr. Susan Sparks – Expert from WHO HQ

8th June 2018 from 12.00 noon – 1.30 p.m. at the ClinMarc, NHSL, 1st Floor, Room 3

Guest Lecture on “What are Discrete Choice Experiments (DCEs)?”

How to understand preferences to improve public health

Dr. Matthew Quaife

Assistant Professor and DCE expert, London School of Hygiene and Tropical Medicine, UK

16th November 2018 from 12.00 noon – 1.30 p.m.

Therapeutic Updates

Therapeutic Updates were organised by the Medicinal Drugs Committee of the SLMA and delivered in 2018 at the Lionel Memorial Auditorium, No.06, Colombo-07.

Therapeutic Update on “Inflammatory Bowel Disease”

Dr. Sanjeeva Ariyasinghe

Consultant Gastroenterologist, Colombo South Teaching Hospital, Kalubowila

29th March 2018 from 12.00 noon – 1.00 p.m.

Therapeutic Update on “Stroke”

Dr. Senaka Bandusena

Consultant Neurologist, Colombo South Teaching Hospital, Kalubowila

25th May 2018 from 12.00 noon – 1.00 p.m.

Therapeutic Update on “Haematemesis”

Dr. Nilesch Fernandopulle

Consultant Gastroenterologist, Senior Lecturer

Faculty of Medicine, University of Colombo

31st August 2018 from 12.00 noon – 1.00 p.m.

Therapeutic Update on “Childhood Meningitis”

Dr. Piyara Ratnayake

Consultant Neurologist, Lady Ridgeway Hospital for Children, Colombo 8

26th October 2018 from 12.00 noon – 1.00 p.m.

Therapeutic Update on “Prophylactic Use of Antibiotics”

Professor Shalini Sri Ranganathan

Professor in Pharmacology

Faculty of Medicine, University of Colombo

30th November 2018 from 12.00 noon – 1.00 p.m.

13. SYMPOSIA, SEMINARS AND WORKSHOPS

Expert Committees of the SLMA organized several seminars and workshops held at the NDW Lionel Memorial Auditorium of the SLMA during the year 2018. The detailed programmes are given in **Annexure 5**.

Training Workshop on Clinical Audits for Private Sector Healthcare Institutions

22nd – 23rd February 2018 at 8.00 am at the Lionel Memorial Auditorium

Organized by the Expert Committee on Healthcare Quality and Safety of the SLMA

Symposium on “Devices: Are they always sterile?”

22nd March 2018 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Symposium on “Chikungunya: Another viral fever spread by Aedes mosquitoes”

26th April 2018 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Symposium on “Current Viral Respiratory Tract Infections in The South”

14th of June 2018 at 12.00 noon

Organized by the Expert Committee on Communicable Diseases of the SLMA and the Sri Lanka College of Microbiologists

GCP Workshop for Researchers

12th – 13th of June 2018 at 8.30 a.m. at the Lionel Memorial Auditorium

Organized by the Forum for Ethics Review Committees in Sri Lanka

Workshop for the Pharmacy Sales Assistants

27th of May 2018 at 8.30 am at the Sri Lanka Foundation Institute, Independence Square, Colombo 07

Organized by the Medicinal Drugs Committee of the Sri Lanka Medical Association in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association

Symposium on “Leptospirosis: Beyond basics...”

23rd of August 2018 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Career Guidance Seminar

7th October 2018, at 8.30 a.m. at the Lionel Memorial Auditorium

Organized by the Expert Committee on Health Management of the SLMA

Symposium on Theme: “Salmonellosis: In the gut and beyond”

8th November 2018 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Symposium on “Influenza: Be Prepared”

27th November 2018 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA and Medical Research Institute, Colombo

How to Identify Qualified Doctors, Quacks & Fake ‘Professors’**Symposium on for Journalists and others**

18th December 2018 at 9.00 am at the Lionel Memorial Auditorium

Organized by the Expert Committee on Media of the SLMA

14. AUDIT COMMITTEE

For the first time in the history of SLMA an Audit Committee was formed during the year 2018.

The Objectives of the Committee:

To study and make recommendations to the Council regarding financial transactions of the SLMA

The approved composition of the Committee – Chairperson (A Past President), Vice Presidents of the Council, Assistant Treasurer (Secretary to the committee), Administrative Officer and Accounts Executive

The members of the committee for 2018:

Chairperson	Dr. Lucien Jayasuriya
Secretary	Dr. Sumithra Tissera
Vice Presidents	Dr. Christo Fernando
	Prof. Ariyarani Gnanathanasan
Administrative Officer	Mr. DS Perera
Accounts Executive	Ms. Jayarani Tennakoon

No of meetings held for the year 2018 – 10

Name	No. Present
Dr. Lucian Jayasuriya	09
Dr. Christo Fernando	07
Prof. Ariyarani Gnanathanasan	04
Dr. Sumithra Tissera	10
Ms. Jayarani Tennakoon	10
Mr. D.S. Perera	09

A few important recommendations made by the Audit Committee to the Council**Signing of MOU's:**

All MOU's that have an effect for one year and above should be signed after approval of the Finance & Management Committee. All MOU's in which the SLMA receives or grants Rs 1 million and over should be signed after approval of the Finance & Management Committee.

All MOU's which are of less value or less duration above than should be approved by the President but should be forwarded to the next meeting of the Finance & Management Committee for perusal.

If agreement goes beyond the tenure of the incumbent Council, the President elect should also counter sign the document

Reimbursing/ sponsoring of travel for foreign speakers:

The practice of paying for travel to SL for selected foreign speakers has been going on for some time. It is better to stop the practice. If need to continue, the Council approval should be sought to decide

15. CEYLON MEDICAL JOURNAL

Editors: Professor Varuni de Silva (From 01/01/2018 to 15/10/2018), Professor A. Pathmeswaran (From 01/01/2018 to date) and Professor Senaka Rajapakse (from 16/10/2018 to date)

Emeritus Editors: Dr. C.G. Uragoda, Professor Colvin Goonaratna, Professor Janaka de Silva and Dr. Anuruddha Abeygunasekera

Section Editors: Dr.B.J.C. Perera, Dr.Udaya Ranawaka and Professor Shalini Sri Ranganathan

Editorial Board:	Professor Carukshi Arambepola	Professor Tiran Dias
	Professor S.D. Dharmaratne	Dr. Renuka Jayatissa
	Dr. B.J.C. Perera	Professor Shalini Sri Ranganathan
	Professor Ranil Fernando	Professor Malik Goonewardena
	Professor Udaya Ranawaka	Professor Sarath Lekamwasam
	Professor Senaka Rajapakse	Professor S.H. Siribaddana

International Editorial Board:
Professor Sabaratnam Arulkumaran, Professor Zulfiqar Ahmed Bhutta, Professor Andrew Dawson, Professor Barbara Gastel, Professor David Laloo, Professor Kalle Hoppu, Professor Ian Pearce, Professor Peush Sahni, Professor Anita KM Zaidi

Compiled by: Professor A Pathmeswaran, Co-editor, Ceylon Medical Journal (CMJ)

Period covered: 1st January 2018 to 31st October 2018

1. CMJ Co-Editor

Professor Senaka Rajapakse was appointed as Co-Editor of the journal with effect from 15/10/2018 in place of Professor Varuni de Silva who resigned from the post to leave the country.

2. Board Meetings

The Editorial Board meetings are usually held on the second Saturday each month. Ten meetings have been held so far in 2018. Average attendance was 70%. A summary of the events of The CMJ are sent to the Council periodically.

3. Journal

Three issues of the 2018 Journal have been published to date: March, June and September. The December issue is in preparation. Ananda Press continued to print the Journal with financial support from the SLMA during the year but under review.

A total of 113 articles were tabled and discussed at the editorial board from January to October 2018. Forty-one articles were accepted for publication. The article acceptance rate was 36%. Average time period between submission of an article and decision taken at the editorial board was 5 weeks.

A total of 47 articles have been published in 3 issues in 2018. Of them 15 were original articles.

Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article is Rs 2000.

In addition, the members of the editorial board reviewed 276 abstracts submitted for the SLMA annual academic sessions.

4. Website

The CMJ can be accessed online through the SLMA website. Full article access is available from the year 2000 onwards. The Sri Lanka Journals Online website is maintained by Ms Sioux Cumming of the International Network for the Availability of Scientific Publications, Oxford. There are 950 online registrants of the CMJ who access the website. The PubMed abstract of the CMJ articles provide a link to the full text articles.

5. Online activities

The Online manager Dr. Riakz Sheriff maintains the twitter and facebook accounts for the CMJ to promote/coordinate the Journal electronically. The Twitter account has 1117 followers to date. The Facebook page has 975 followers.

8. CMJ office

Ms. Dinushi Madushika continues to function as the editorial assistant and ensures the smooth functioning of the CMJ office. The office can be contacted on 011 269 0212 and at cmj@slma.lk.

9. Finances

The SLMA council has agreed to support the CMJ with an annual grant of Rs. 500,000 which will finance the running costs of the journal. The CMJ would like to acknowledge the support extended by the President and Council of the SLMA.

10. Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff, especially Ms Jayarani Tennakoon.

16. ETHICS REVIEW COMMITTEE

Chairperson Professor Chandanie Wanigatunge (Medical)
Convener/ Secretary: Dr. Jayanie Weeratna (Medical)

Members

Dr. Malik Fernando (Medical)	Professor Shalini Sri Ranganathan (Medical)
Professor Amala de Silva (Non-medical)	Dr. Kamal Weerapperuma (Non-medical)
Dr. Sumal Nandasena (Medical)	Dr. Mayuri Thammitiyagodage (Non-medical)
Dr. Naazima Kamardeen (Non-medical/ Lawyer)	Ms. Durga Pulendran (Non-medical)

New members joined in 2018 Dr. Chathura Ediriweera (Medical)
Dr. Chathuri Suraweera (Medical)

Members Resigned in 2018

Professor Carukshi Arambepola Dr. Dilhara Samaraweera Dr. Asiri Rodrigo

Activities in relation to SLMA Objectives of the Committee

Objective	General	Specific
To advocate the reorientation of the health sector towards health promotion with a life cycle approach	-	-
To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities	To enhance research ethics capacity of those involved in biomedical research	To promote involvement of non-health sector associated persons in health-related research as members of the Ethics Review Committee
To promote healthy lifestyle and address major causative factors for NCDs among vulnerable populations through health promotion approach	-	-
To enhance the capacity of medical Professionals	To enhance research ethics capacity of those involved in biomedical research	To provide timely and comprehensive review of biomedical research protocols submitted for ethical approval To provide guidance and support to other ERCs to enhance their capacity in reviewing applications pertaining to ethical aspects of biomedical research
To play an advocacy role towards a comprehensive curative and preventive healthcare for the community	-	-

Attendance at Committee meetings (Out of 10)

Name	Number of meetings attended	Number of meetings excused
Professor Chandanie Wanigatunge	9	1
Dr. Malik Fernando	10	0
Professor Shalini Sri Ranganathan	9	1
Professor Amala de Silva	7	3
Dr. Sumal Nandasena	3	7
Professor Carukshi Arambepola (Resigned in June)	4	-

Dr. Jayani Weeratne	8	2
Dr. Mayuri Thammitiyagodage	8	2
Dr. Kamal Weerapperuma	5	5
Dr. Asiri RoDr.igo (Resigned in April)	1	2
Professor Naazima Kamardeen	9	1
Ms. Durga Pulendran	5	5
Dr. Dilhara Samarweera (Resigned in October)	3	7
Dr. Chathura Edirisuriya (Since June 2018)	4	1
Dr. Chathurie Suraweera (Since June 2018)	3	2

Activities carried out in 2018

- Ten meetings were held from January to October 2018 and 25 research proposals were submitted to the committee during this period.
 - Seven proposals were exempted from review as they were on secondary data and did not involve humans.
 - One proposal was returned as the subject matter concerned was out of the purview of the ERC.
 - Two proposals were removed from the agenda as the Principle Investigator did not respond despite repeated reminders.
 - Three protocols were rejected as they were scientifically invalid and ethically unacceptable in the form submitted.
 - Eleven research proposals were approved (5 from 2017 and 6 from 2018).
 - The following were given ethical approval by the committee in 2018.
1. ERC/17 – 022
Antimicrobial resistance as a social dilemma: Approaches to reducing broad-spectrum antibiotic use in acute medical patients internationally
PI: Dr. Nelun Perera, Consultant Microbiologist, University Hospitals of Leicester, Department of Clinical Microbiology, 5th Floor, Sandringham Building, Infirmary, Road, Leicester, LE1 5WW
 2. ERC/17 – 023
Reasons for seeking private sector vaccines which are available in National Expanded Programmes on Immunization for the children under five years by parents residing in Nugegoda MOH area.
PI: Dr. J K M N Jayakody, AMOH, MOH Office, Highlevel Plaza, Delkanda, Nugegoda
 3. ERC/17 – 024
Implementation of a Healthcare Recipient Identification System in a hospital cluster in Sri Lanka to enable estimation of the actual diseases burden: A pilot project (Title changed from the original)
PI: Dr. S. Champika Wickramasinghe, Deputy Director General (NCD), and Project Director, Second Health Sector, Development Project, Office of DDG (NCD), Ministry of Health, Nutrition and Indigenous Medicine, No 385, Rev. Baddegama Wimalawansa Thero Mawatha, Colombo
 4. ERC/17 – 025
Establishing an infant child and adolescent twin register for research and capacity building on the aetiology of mental illness in Sri Lanka
PI: Professor Athula Sumathipala, Institute for Research and Development, Sri Lanka
 5. ERC/18 – 003
A study on food hygienic measures in food establishments in Colombo-06
PI: Dr. Shanthini Varatharajah, Medical Officer, Colombo South Teaching Hospital
 6. ERC/18 – 012
Inflammation in acute coronary syndrome: risk factors, patterns of presentation and association with clinical picture and outcome, an observational study
PI: Dr. M. R. Navinan, Senior Registrar in Cardiology, Institute of Cardiology, National Hospital of Sri Lanka
 7. ERC/17 – 021
National Non Communicable Disease Risk Factor Survey – STEPS Survey 2018
PI: Dr. S. C. Wickramasinghe, DDG, Non Communicable Diseases, Ministry of Health, Nutrition and Indigenous Medicine, Colombo 10

8. ERC/18 – 006
A study to develop early diagnostic markers and research into improved diagnostics for leprosy.
PI: Dr. Janaka Kumarasiri Akarawita, Consultant Dermatologist, Dermatology Unit, National Hospital of Sri Lanka
 9. ERC/18 – 022
Sri Lanka Health and Ageing Survey (SLHAS)
PI: Ravindra Prasan Rannan-Eliya, Executive Director, Institute for Health Policy, 72, Park Street, Colombo 2
 10. ERC/18 – 020
Study of Risks Faced by Women and Children Subjected to Climate Change Related Disasters
PI: Dr. Ananda Mallawatantri, Country Representative, International Union for Conservation of Nature – IUCN 53, Horton Place, Colombo 7
 11. ERC/18 – 023
National Non-Communicable Disease Risk Factor Survey – Mobile Phone Survey 2018
PI: Dr. S.C. Wickramasinghe, Deputy Director General (Non-Communicable Diseases), Ministry of Health, Nutrition and Indigenous Medicine.
- The members of the ERC attended workshops conducted by FERCSL during the year. Some members were resource persons at workshops conducted by FERCSL. The members registered for the CITI programme by the NSF to obtain further training.

Action plan for 2019

Provide support to FERCSL and to conduct the 2nd SIDCER (Strategic Initiative for Developing Capacity in Ethical Review) review which to be done in early 2019.

17. SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson: Professor Colvin Goonaratna
Honorary Secretary: Dr. Udaya Ranawaka

Members

Dr. Ashwini de Abrew (Assistant Secretary)	Dr. Manu Wimalachandra (Assistant Secretary)
Professor Gita Fernando	Professor Shalini Sri Ranganathan
Professor Chandanie Wanigathunge	Dr. Piyusha Atapattu
Dr. Carmeline Motha	Dr. Nithushi Samaranayake
Dr. A. Dinithi A. Fernando	

Ex-Officio Members

Dr. J.M.W. Jayasundara Bandara (DGHS)	Dr. Sunil de Alwis (DDG/ET&R)
Professor H J De Silva (Director, PGIM)	Dr. Ruviaz Haniffa (President, SLMA)
Dr. B.M. Hasini A. Banneheke (Hony. Secretary, SLMA)	Dr. A. Jayatilake (Hony. Treasurer, SLMA)

New members joined in 2018 : None

Members resigning in 2018 : None

Report presented by : Professor Colvin Goonaratna

Objectives of the committee

The overall objectives of the SLCTR are;

1. To establish and maintain a national registry of clinical trials that meets international standards.
2. To facilitate clinical trial registration by Sri Lankan researchers.
3. To create awareness on the need for, and the process of, clinical trial registration among the Sri Lankan scientific community.

Committee meetings

(Number of committee meetings held during the year 2018 with attendance of each member in a table as follows.)

Meeting attendance												
	Name	2018										
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Dec
1	Prof Colvin Goonaratna (Chairperson)	P	P	P	P	P	Ex	Ex	P	Ex	P	Ex
2	Prof Udaya Ranawaka (Secretary)	P	P	P	P	P	P	P	P	P	P	Ex
3	Dr Ashwini de Abrew (Assistant Secretary)	Ex	P	P	Ex	P	P	Ex	P	P	P	P
4	Dr Manu Wimalachandra (Assistant Secretary)	P	Ex	P	P	Ex	Ex	Ex	Ex	P	P	P
5	Dr Nithushi Samaranayake (Assistant Secretary)	P	P	P	P	P	P	P	Ex	Ex	P	Ex
6	Prof Shalini Sri Ranganathan	P	P	P	P	Ex	P	Ex	P	P	Ex	Ex
7	Dr Piyusha Atapattu	Ex	Ex	Ex	Ex	Ex	Ex	Ex				
8	Prof Chandanie Wanigathunga	P	Ex	Ex	Ex	Ex	Ex	P	P	P	Ex	Ex
9	Dr Shamini Prathapan	P	Ex	P	P	P	P	Ex	P	P	Ex	Ex
10	Dr Carmeline Motha	Ex	Ex	P	Ex	P	P	P	Ex	P	P	Ex
11	Dr Dinithi Fernando	Ex	P	Ex	Ex	Ex	P	P	Ex	Ex	Ex	Ex
12	Dr. Sithara Dissanayake						P	P	P	P	Ex	P
13	Dr. Senaka Pilapitiya						Ex	P	Ex	P	Ex	P
14	Dr. Kishara Goonaratna							Ex	P	P	Ex	Ex
<i>Ex officio members</i>												
1	Dr. Anil Jasinghe (DGHS)											
2	Dr Sunil de Alwis (Additional Secretary, Health Service)							P			Ex	Ex
3	Dr. Sudath Samaraweera (Acting DDG, ET&R)								P	P		Ex
4	Prof H J De Silva (Director, PGIM)											
5	Dr Ruvaiz Haniffa (President, SLMA)	P	-	-	P	-	-	-	-	-		
6	Dr. Hasini Banneheke (Secretary, SLMA)	P	Ex	-	Ex	-	Ex	Ex	Ex	Ex		Ex
7	Dr Achala Jayatilleke (Treasurer, SLMA)	P	P	Ex	P	-	-	-	P	-		

Activities carried out during 2018

1. Thirty five clinical trials were registered as of 29th October 2018. (Total 288 trials in the registry)
2. Total of 63 applications received and processed as of 29th October 2018.
3. SLCTR database and website are being revised according to the new requirements of the WHO-ICTRP.
4. The ten year experience of the Sri Lanka Clinical Trials Registry was published in an international journal. Ranawaka UK, Abrew A, Wimalachandra M, Samaranayake N, Goonaratna C. Ten years of clinical trial registration in a resource-limited setting: Experience of the Sri Lanka clinical trials registry. Journal of evidence-based medicine. 2018 Jan 11.

Action plan for 2019

1. Update the SLCTR web application according to updated WHO-ICTRP standards.
2. Provide a platform for results reporting of trials registered with the SLCTR.
3. Repeat the audit on the quality of clinical trials registration at the SLCTR.

18. REPORTS OF THE SLMA EXPERT COMMITTEES

COMMUNICABLE DISEASES

Chairperson: Dr. Ranjith Perera
Convenor: Dr. Chamila Dalpathadu

Members

Professor Jennifer Perera	Dr. Lucian Jayasuriya	Dr. Maxie Fernandopulle
Dr. Dennis Aloysius	Dr. Kalyani Guruge	Dr. N.P.S.Gunaratna
Dr. Samitha Ginige	Dr. Deepa Gamage	Dr. Rohini Wadanambi
Dr. Janani Kottahachchi	Dr. Shalindra Ranasinghe	Dr. Iyanthi Abeyewickreme
Dr. Yamuna Siriwardene	Dr. Thushari Dissnayake	Dr. Neelamanie Punchihewa
Prof. Eugene Wickramanayake	Dr. Bhagya Piyasiri	Dr. Hasini Banneheke
Dr. Nuwan Ranawaka	Dr. S.J. M. Walgampaya	Dr. K.A.D.T. Gunathileke

New members joined in 2018

Prof. Eugene Wickremanayake	Dr. Chamila Dalpatadu	Dr. S.J.M. Walgampaya
Dr. K.A.D.T. Gunathileke	Dr. Nuwan Ranawaka	

Activities of the committee in relation to SLMA Objectives

Objective	General	Specific
To advocate the reorientation of the health sector towards health promotion with a life cycle approach	NA	
To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities	None	
To promote healthy lifestyle and address major causative factors for NCDs among vulnerable populations through health promotion approach	NA	
To enhance the capacity of medical Professionals	Committee has always been working with other colleges in providing CME to medical Professionals.	<p>ECCD organized a symposium on “Devices: Are they sterile always?” on 22nd March 2018 from 12.00noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on “Chickungunya: Another viral fever spread by Aedes mosquitoes” it was held on 26th of April 2018 from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on ‘Current viral respiratory tract infections in South. It was held on 14th of June 2018 from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on “Leptospirosis beyond basics”. It was held on 23rd August 2018 from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>Summary of presentations and recommendations of all symposia have been recorded and published in the SLMA web.</p> <p>A symposium on “Salmonellosis in the gut</p>

		and beyond” will be held on the 8 th of November 2018 from 12.00 noon to 1.30 pm at SLMA auditorium.
To play an advocacy role towards a comprehensive curative and preventive healthcare for the community	<p>Vaccine book which is being reviewed is also a collaborative effort with other Professoressional colleges.</p> <p>Future symposia on infectious diseases during disasters are being listed as future topics for year 2018.</p>	<p>It is being planned to organise a grand round at NHSL for microbiology trainees and the critical care trainees together with consultants</p> <p>It is being planned to produce video CD's to be used in the hospitals for allied health Professoressionals as education material. It will be a series of CD's on several health related topics. Medium of instruction will be in Tamil and Sinhala.</p>

Attendance at Committee meetings

Committee Members	1st	2nd	3rd	4th
Dr. Ranjith Perera-President	1	1	1	1
Dr. Chamila Dalpatadu	■	■	1	1
Professor Jennifer Perera	E	E	1	1
Dr. Hasini Banneheke	1	1	1	1
Dr. Lucian Jayasuriya	A	E	E	1
Dr. Maxie Fernandopulle	1	1	1	1
Dr. Dennis Aloysius	A	A	E	A
Dr. Kalyani Guruge	1	1	1	1
Dr. N.P.S. Gunaratna	1	1	1	1
Dr. Samitha Ginige	A	1	A	E
Dr. Deepa Gamage	1	E	E	1
Dr. Rohini Wadanambi	1	1	E	A
Dr. Janani Kottahachchi	1	1	1	E
Dr. Shalindra Ranasinghe	1	A	1	E
Dr. Iyanthi Abeyewickrama	E	A	E	A
Dr. Yamuna Siriwardene	1	1	1	1
Dr. Thushari Disnayake	E	1	E	E
Dr. Neelamanie Punchihewa	E	E	E	A
Dr. Bhagya Piyarisi	1	E	1	1
Dr. Nuwan Ranawake	■	■	1	1
Dr. SJM Walgampaya	■	■	A	A
Dr. KADT Gunathileke	■	■	A	A
Professor Eugene Wickremanayake	■	■	A	A

P- Present **E**- Excused **A**-Absent ■ New appointees

Activities carried out in 2018

- ECCD organized a symposium on “Devices: Are they sterile always?” on **22nd March 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on “Chikungunya: Another viral fever spread by Aedes mosquitoes” it was held on **26th of April 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on ‘**Current viral respiratory tract infections in South**. It was held on **14th of June 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on “Leptospirosis beyond basics”. It was held on **23rd August 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- Summary of presentations and recommendations of all symposia have been recorded and published in the SLMA web.
- A symposium titled “Salmonellosis: In the gut and beyond” will be held on the 8th of November 2018 from 12.00 noon to 1.30 pm at SLMA auditorium.

Action plan for 2019

- To organize symposia on currently important and relevant topics for capacity building and Continuous medical education purposes of medical Professoressionals.
- To explore the possibility of long term collaboration with an organization /institution to obtain assistance for CPE sessions.

- To initiate activities targeting comprehensive curative and preventive healthcare for the community.
- To organise a grand round at NHSL for microbiology trainees and the critical care trainees together with consultants.
- To produce video CD's to be used in the hospitals for allied health Professionals as education material. It will be a series of CD's on several health related topics. Medium of instruction will be in Tamil and Sinhala.

ETHICS

Chairperson: Dr. Preethi Wijegoonewardene
Secretary: Dr. Harshini Rajapakse

Members

Professor Anoja Fernando	Dr. Enoke Corea	Dr. Christo Fernando
Dr. Malik Fernando	Professor Chandanie Wanigatunge	Dr. Arosha Dissanayake
Dr. Panduka Karunanayake	Dr. Ajith Amarasinghe	Dr. Ruvaiz Haniffa
Dr. Pramilla Senanayake	Dr. Vinya Ariyaratne	Dr. Lucian Jayasuriya
Dr. Lilanthi Subasinghe	Dr. Isuri Wimalasiri	Dr. Lushan Hettiarachchi
Mrs Savithri Wijesekera		

This year the ethics committee decided to increase the frequency of meetings and met up once a month.

1. Develop a mechanism to respond rapidly to important current issues
Initiating a dialogue on the ethics of doctors' strikes.
2. Network with outstation clinical societies
Conducted ethics related sessions at SLMA regional meetings.
3. Play an advocacy role towards comprehensive care
 - 1) Contribution to palliative care guidance formation on the ethical issues at end of life care.
 - 2) Initiating a discussion on the ethical issues relating to accepting commissions from laboratories for referring patients.
4. Strengthening links with health ministry
Promotion of Hospital Ethics committees in hospitals
5. Promote Professionalism, good medical practice and ethical conduct among doctors
 - 1) An ethics related article was submitted for the SLMA newsletter. It is likely to be a continuing process.
 - 2) Introduction ethics session for the interns at the career guidance seminar.

FORUM FOR ETHICS COMMITTEES (FERCSL)

Chairperson : Professor Chandanie Wanigatunge
Convener : Professor Shamini Prathapan
Treasurer : Dr. A. Balasuriya
Editor : Dr. Prasad Ranatunga

Members

The management committee of FERCSL comprises of three members from each member ERCs. The member ERCs are:

ERC, Sri Lanka College of Paediatricians
 ERC, Faculty of Medicine, Colombo
 ERC, Institute of Indigenous Medicine (IIM)
 ERC, Faculty of Medicine, Jaffna
 ERC, Faculty of Medicine, Kelaniya
 ERC, Provincial General Hospital, Kurunegala
 ERC, National Institute of Mental Health
 ERC, Faculty of Medicine, Peradeniya
 ERC, Faculty of Medicine and Allied Sciences, Rajarata
 ERC, Faculty of Applied Sciences, Rajarata
 ERC, Sri Lanka Medical Association
 ERC, Faculty of Medical Sciences, University of Sri Jayewardenepura

ERC, Medical Research Institute of Sri Lanka
 ERC, Faculty of Medicine, General Sir John Kotelawala Defence University
 ERC, Faculty of Medicine, South Asian Institute of Technology and Medicine
 ERC, Faculty of Graduate Studies, University of Colombo
 ERC, PGIM University of Colombo
 ERC of the Health informatics Society
 ERC, FM, Ruhuna
 ERC, Gampaha Wickramarachchi Ayurveda Institute
 ERC, Eastern University
 ERC, National Institute of Health Sciences
 ERC, Peradeniya Dental Faculty

Activities in relation to SLMA Objectives of the Committee

Six workshops were conducted by FERCSL for members of ERCs and researchers.

a. Dilemmas in Ethics

A workshop on “Dilemmas in Ethics” was organized on the 14th of May 2018. Case reports were presented by ERCs Colombo, SLMA, USJ, Jaffna and Kelaniya. This was restricted only for ERC members.

b. Workshop on Good Clinical Practices

The annual GCP workshop was held on the 12th and 13th of June 2018. The titles and their respective speakers are as follows:

Title	Resource Person
Introduction to GCP Principles What is GCP? Need for GCP?	Professor Priyadarshani Galappaththy Professor in Pharmacology, FM, Colombo
Drug development process	Dr. Channa Ranasingha Senior Lecturer in Pharmacology, FM, Kelaniya
Research misconduct and COI	Dr. Malik Fernando ERC, SLMA
Clinical Trial protocol and IB	Professor G. R. Constantine Professor in Clinical Medicine, FM, Colombo
Role and Responsibilities of PI	Professor Priyadarshani Galappaththy Professor in Pharmacology FM, Colombo
Regulatory requirements for clinical trials and legal frame work	Mr. Arjuna Pathmaperuma Regulatory Pharmacist, NMDRA/ SCOCT
Role of the sponsor & CRO	Professor Asitha de Silva Senior Professor of Pharmacology, FM, University of Kelaniya
Participant safety and adverse effects	Professor Shalini Sri Ranganathan Professor in Pharmacology, FM, Colombo
Documentation & record keeping	Dr. Noel Somasundaram Consultant Endocrinologist
Research ethics in Clinical Trials	Professor Chandanie Wanigatunge Chairperson, FERCSL Chairperson, ERC SLMA
Ethics review committee – function with special ref to GCP and Clinical Trials	Dr. Panduka Karunanayake Senior Lecturer in Clinical Medicine, FM, Colombo Secretary ERC, FM Colombo
Investigational products	Professor Shalini Sri Ranganathan Professor in Pharmacology, FM, Colombo
Informed consent	Dr. Manouri Gamage Senior Lecturer, FMS, USJ

c. Launching of FERCSL Operational Guidelines

The FERCSL Operational Guidelines was launched and is now in circulation.

d. Workshop for ERC members in Galle

A training was organized by the Galle ERC on the 27th of February 2018. Professor C.Wanigatunge and Professor Shamini Prathapan were the resources for this workshop.

e. Validating the code of conduct for Sri Lanka and reviewing Draft research governance framework

Professor C.Wanigatunga was the resource person at the above workshop on the 2nd of February 2018 and the convener represented the FERCSL.

f. Short course on ethics and good research practice by delegates from Monash University

The Chairperson and the convener represented the FERCSL at the "Short course on ethics and good research practice by delegates from Monash University" held on 1st February 2018.

g. Accreditation of the ERCs

The ERC of the Faculty of Medicine, University of Ruhuna, and the ERC of the Post Graduate Institute of Medicine, University of Colombo underwent the review process under the Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) programme of the Forum for Ethical Review Committees of the Asia and the Western Pacific (FERCAP) for the first time. The ERC of the Faculty of Medicine, University of Peradeniya and the ERC of the Faculty of Medicine, University of Kelaniya also underwent review process for reaccreditation under the SIDCER programme of the FERCAP. The surveys were held in collaboration with FERCSL which coordinated the survey related activities including identification of local surveyors.

h. e-newsletter

E-newsletter of the FERCSL were circulated by the FERCSL among its member ERC's.

HEALTH CARE QUALITY & SAFETY

Chairperson: Dr. Kushlani Jayatilleke
Convener: Dr. Ashok Perera

Members

Dr. Christo Fernando	Dr. Clifford Perera	Professor Priyadarshani Galappatthy
Dr. Kalyani Guruge	Dr. Palitha Abeykoon	Professor Jennifer Perera
Dr. Ranjan Dias	Dr. Ruvaiz Haniffa	Dr. Sarath Samarage
Dr. Shanthi Dalpatadu	Dr. S. Sridharan	Professor Eugene Wickramanayake
Dr. G.S.K. Dharmaratne		

Dr. Ashok Perera was appointed as the secretary for the committee as Dr. Jagoda, who was functioning as the secretary resigned from the post.

The committee decided to develop a module on patient safety for the undergraduate curriculum. As the chapter on medication safety in the WHO patient safety document is being revised it was decided to postpone the development of the module till it is finalized.

A two day workshop on 'clinical audits' was conducted on 22nd and 23rd of February 2018 very successfully with participation of private sector healthcare institutions. The resource persons of the workshop were, Dr. S. Sridharan, Dr. Ranjan Dias, Professor Priyadarshani Galappatthy, Dr. Ashok Perera, Dr. S.M. Samarage and Dr. Kushlani Jayathilake.

HEALTH INOVATIONS, RESEARCH AND PRACTICE HUB

Chairperson: Dr. Palitha Abeykoon
Convenor: Dr. Ruvaiz Haniffa

Members:

Dr. Susantha de Silva	Dr. Padmal de Silva	Dr. Sajeewa Ranaweera
Dr. Anula Wijesundere	Prof. Amala de Silva	Dr. Achala Jayatilleke
Dr. Hasini Banneheke		

The SLMA Council at its January 2018 Council meeting approved the formation of the SLMA Health Innovation, research and practice hub (HIRPH) based on a concept paper submitted by President SLMA. The Council appointed Dr Palitha Abeykoon to Chair the Advisory Committee of the HIRPH of the SLMA.

The inaugural meeting of the HIRPH was held on 22nd May 2018. The Objectives of the Hub are;

1. To engage with stakeholders in identifying, prioritizing, designing and conducting research studies to analyse health innovations and practices in resource poor settings both in Sri Lanka and overseas.
2. To engage with influential policy makers and international experts (individual and institutional) to identify pathways to implement the most feasible, cost effective and prioritized innovations/ practices in health and related fields.
3. To promote and share Sri Lankan expertise in primary health care (both preventive and curative) innovations and research by collaborating with international organizations and research groups globally.
4. To be a platform for sharing of experience among international Sri Lankan experts with young Sri Lankan primary health practitioners (both preventive and curative)

HEALTH MANAGEMENT

Chairperson: Dr. Susantha de Silva / Dr Ruvaiz Haniffa
Convenor: Dr. P. D. Koggalage

Members

Dr. Sarath Samarage	Dr. Ruvaiz Haniffa	Dr. Allan Ludowyke
Dr. Lucian Jayasuriya	Dr. S. Sridharan	Dr. Rani Fernando
Dr. Palitha Abeykoon	Dr. Deepika Atygalle	Professor Antoinette Perera
Dr. Priyane Senadheera	Dr. Ashok Perera	Dr. G.S.K. Dharmaratne
Dr. M.U.K. Galhena		

Report presented by Dr. Susantha de Silva

New members joined 2018:

Dr. Priyane Senadheera Dr. Ashok Perera Dr. G.S.K. Dharmaratne Dr. M.U.K. Galhena

General objective:

To assist in strengthening SLMA in its role of influencing Health Policy and support it to play the advocacy role towards a comprehensive curative and preventive healthcare for the community

Specific objectives:

1. To lead the health policy debate to influence or change government decisions which SLMA believes may not be in country's best interests
2. To respond to issues in the health sector through the provision of a wide range of expert resources by collaborating with Professional Colleges, Ministry of Health, Finance and other health related organisations and stakeholders including the private sector.
3. To collect and analyse data and information to support evidence based advocacy
4. To support implementation of Sustainable Development Goals through enhanced intra and inter sectoral cooperation
5. To collaborate with other expert committees of SLMA in promoting health

Activities carried out in 2018

The HMC met on four occasions up to August 2018 when the chairperson had to step down from the post by making acting arrangements as he has to leave to overseas for a long stay. The following activities were undertaken by the HMC up to this date.

1. Proposal of CPD programme for primary care doctors

The HMC had several discussions on this matter. A series of presentations was made by Dr. Chandimal Alahakoon, Lecturer, Faculty of Medical Sciences, USJP on the concept of having an online platform to deliver real time CPD training for primary care doctors in Sri Lanka. It was proposed that the system to be affiliated to the National Centre for Primary Care, USJP and activities conducted in collaboration with the SLMA and Ministry of Health. Dr. Alahakoon has drafted a preliminary proposal on this CPD programme.

Dr. Malkanthi Galhena, under the guidance of Dr. Susantha de Silva and Professor Antoinette Perera drafted another proposal on refresher training of primary care doctors. She made a presentation that was discussed and several suggestions were made. The comments obtained from the members were included in the final draft proposals. These are to be followed up by the President of the SLMA for further action.

2. Establishment of a Health Innovations, Research & Practice Hub

A series of discussions were held on establishment of a 'Health Innovations, Research & Practice Hub' which is an independent hub for health innovations and research affiliated to SLMA. The HMC came up with many suggestions on this hub. The comments were submitted to the Hub for its consideration.

3. Establishment of a 'Think Tank' of SLMA

Discussions were held on the establishment of a 'Think Tank' under SLMA. It would be an independent multidisciplinary and multi-sectorial team which could contribute to decision making and policy development of government and non governmental institutions and explore innovative approaches to solve the on-going and the expected health issues of the future. It was suggested that the team should comprise of members that provide out-of-the box thinking and go beyond conventional interventions for resolving issues in health system. It would consist of experts from both health and Health Management related other sectors. A proposal was drafted and forwarded to the Council of the SLMA for approval with several nominations from health sector.

4. Proposed Primary Healthcare Reforms

With a view to providing personalised and continued care to individuals and families and also as one option to reduce Out of Pocket Expenditure (OOPE) on health care, HMC supported the actions taken and planned by MoH on proposed reform to PHC system. Several discussions were held on the proposed shared cluster system followed by a discussion on reorganisation of PHC system. The comments and suggestions were submitted to the Ministry of Health.

5. 'Seminar on Career Guidance for Junior Medical Officers - 2018'

'Seminar on Career Guidance for Junior Medical Officers' organised by the HMC was successfully conducted on Sunday, 7th October 2018 from 8.30 a.m. to 1.30 p.m. at the Lionel Memorial Auditorium, SLMA with the participation of junior doctors. The main objective of the seminar was to provide career advice to junior doctors by educating them on the opportunities in different medical specialties to build up their careers. There were 4 main sessions in the agenda. Presentations were made by experts of different medical specialties on the subjects of Postgraduate Training Programmes, MoH cadre positions, Medical Administration, Surgery & Other specialties, Obstetrics & Gynaecology, Paediatrics, Universities, Venereology, Anaesthesiology, General Practice, Radiology, Community Medicine, Psychiatry, Medicine & Other Specialities, Dermatology, Pathology, and Otorhinolaryngology and also the opportunities in Armed Forces. The queries by junior doctors were answered by the experts in the fields.

MEDIA

Chairperson & Convenor: Dr. Ruvaiz Haniffa

Members

Dr. Kalyani Guruge
Dr. Hasini Banneheke (since Oct 2018)

Dr. Iranga Madushan

Dr. Upul Gunasekera

Report Presented by Dr. Ruvaiz Haniffa

The SLMA Media Committee with the assistance of the Public Relations Officer of the SLMA under the guidance of the President of the SLMA took part in a series of television interviews in the Sirasa Media channel to educate the public to create awareness of the need for proper nutritional practices. The specific concept addressed was the need for "Healthy Eating" as opposed to "dieting". This concept was developed as a direct outcome of the SLMA Run and Walk 2018 under the theme 'Eat Wise Drop a Size'.

The Annual SLMA Awards for Excellence in Health Journalism 2018 was successfully conducted for the 14th consecutive year. The Committee received 12 articles in Sinhala and 03 articles in Tamil for evaluation this year. The following award was made at the inauguration of the SLMA Foundation Sessions held in SLM Auditorium on 26th October 2018.

Sinhala Medium

(මුළු සුච සිතුවිලි - ගෙන දෙයි සුච දිවි)
by Ms. Harindi Liyanage - "Navaliya"
Upali Newspapers (Private) Limited

Tamil Medium – Not Awarded

The panel of judges who served in evaluating the article were Dr. Achala Jayatilleke, (Sinhala medium) and Dr. Kalyani Guruge. The Committee thanks the judges for their valuable support.

The Media Committee coordinated the press releases on Position Statement of the SLMA on the current situation pertaining to the SLMC.

The Committee organized the Symposium titled 'How to identify qualified doctors, quacks and fake 'Professors'.

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given in carrying out its activities during the year.

MEDICINAL DRUGS

Chairperson: Professor Gita Fernando
Convenor: Professor Pradeepa Jayawardane

Members:

Professor Priyadarashani Galappathy	Professor Menik Hettihewa	Dr. M C Weerasinghe
Professor Chandanie Wanigatunge	Dr. Sarath Gamini de Silva	Dr. Maxie Fernandopulle
Professor Shalini Sri Ranganathan	Ms Chinta Abeywardana	Professor Nirmala Wijekoon
Dr. Shyamalee Samaranayake		

Report presented by: Professor Gita Fernando (Chairperson) and Professor Pradeepa Jayawardane (Convenor)

Objectives of the committee

Main objective: To promote rational and appropriate use of medicinal Drugs.

Specific objectives:

- Promote continued Professional development (CPD) of doctors by updating knowledge on medicinal Drugs and therapeutics.
- Promote CPD of healthcare personnel including pharmacists, nurses.
- Provide appropriate information on medicinal Drugs to doctors, other healthcare personnel.
- Provide appropriate information to educate patients and the public on medicinal Drugs.
- Discuss problems related to Drug regulation such as registration, pricing, distribution of medicines.

Activities carried out during 2018

1. Therapeutic update lectures

Medicinal Drugs Committee (MDC) organized the lunch time lectures for the 5th consecutive year to update knowledge on therapeutics and rational use of medicines. Such updates were aimed at promoting CPD of post graduate trainees and other doctors. Five updates were held for this year. All lectures were held at the NDW Auditorium of the SLMA. All lectures were well attended and uploaded to the SLMA website. The following updates/ speakers were as follows:

- "Inflammatory bowel disease" by Dr. Sanjeewa Aryasinghe, Senior Lecturer, Hony. Consultant Gastroenterologist, Colombo South Teaching Hospital, was successfully held on 29th March 2018 at the SLMA Auditorium
- "Stroke" by Dr. Senake Bandusena, Consultant Neurologist, Colombo South Teaching Hospital, was held successfully on 25th May 2018 at the SLMA Auditorium.
- "Upper gastrointestinal bleeding" by Dr. Nilesh Fernandopulle, Hony. Consultant Gastroenterologist and Senior Lecturer at the Department of Surgery, Faculty of Medicine, Colombo was held successfully on 31st of August 2018 at the SLMA Auditorium.
- "Childhood meningitis" by Dr. Piyara Ratnayake, Consultant Paediatric Neurologist, Lady Ridgeway Hospital for Children Colombo was successfully held on 26th October 2018 at the SLMA Auditorium. This lecture was recorded and live webcast was given.
- "Prophylactic use of antibiotics" by Professor Shalini Sri Ranganathan, Professor in Pharmacology and Specialist Paediatrician, will be held on 30th November 2018 at SLMA Auditorium.

2. Patient Information Booklets

The e-versions of the patient information booklets have been published in University of Sri Jayewardenepura web site. Arrangements are made to publish the booklets in web sites of Faculty of Medicine Colombo and the State Pharmaceutical Corporation.

3. Prescription Dispensing Workshop for Pharmacy Sales Assistants

Prescription Dispensing Workshop for Pharmacy Sales Assistants was held successfully on 27th May 2018 at the Sri Lanka Foundation Institute to enhance the understanding of prescription dispensing of the pharmacy sales

assistants. It was held in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association.

There had been more than 70 participants. The workshop was highly appreciated by the participants. The next workshop will be held in Gampaha District and is scheduled to be held in November.

Programme of the workshop held on 27th May 2018 was as follows.

8.30 am – 9.00 am	Registration
9.00 am – 9.10 am	Introduction Emeritus Professor Gita Fernando
9.10 am - 9.40 am	Reading a prescription Professor P. Galappatthy
9.40 am – 10.10 am	Good pharmacy practice Mr. Kapila De Zoysa
10.10 am – 10.30 am	Tea
10.30 am – 11.00 am	New National guidelines for Pharmacies. Mr. R. Shanthan Sandanakrishnan
11.00 am – 11.15 am	Talk by Food and Drug Inspector
11.15 am – 11.30 am	Comments by a Clinician Dr. Sarath Gamini De Silva
11.30 am – 12.00 noon	Pharmacists and antibiotics Professor Shalini Sri Ranganathan
12.00 noon – 1.15 pm	Discussion
1.15 pm- 1.30 pm	Closing remarks Mr. Mahanama Dodampegama
1.30 pm	Lunch

Action plan for 2019

- MDC will continue to have therapeutic updates for 2019. The topics and the resource persons will be decided at the December meeting.
- Prevention of AMR by improving prescribing practices
- Measures will be taken to improve medication safety involving all stake holders.
- Patient education on " Misconceptions regarding use of medicinal Drugs".

NON COMMUNICABLE DISEASES

Chairperson: Dr. J. B. Jayawardena
Convenor: Dr. Chathuranga Ranasinghe

Members

Dr. Sankha Randenikumara	Professor Chandrika Wijeyaratne	Dr. Damayanthi Perera
Dr. Carukshi Arambepola	Dr. Virginie Mallawarachchi	Dr. Sampatha Goonawardene
Dr. Lasantha Wijesekera	Dr. Bhanuja Wijayatilaka	Dr. Palitha Karunapema
Dr. S.J.M. Walgampaya	Dr. Chandana Atapattu	Dr. Shashika Sandaruwanie
Dr. S.G. Wijesekera	Dr. Udayangi Ramadasa	Dr. Jayantha Jayatissa
Dr. Indrani Godakanda	Dr. Thusitha Kahaduwa (From May 2018)	

Meetings and events conducted

- April Subcommittee meeting (18th April 2018): Dr. Sapumal Dhanapala, Director- EOH & FS, Ministry of Health was invited to the meeting. The future MoH regulations and commitments on policies on food safety and advertising were discussed. Dr. Dhanapala indicated that government regulations for strict control for food advertising will come in to practice within 3 months
- SLMA NCD Subcommittee meeting with All Island Dairy Association (AIDA) 9th May 2018 Council room, Sri Lanka Medical Association, 2.00 - 3.00 p.m.

Present:

SLMA NCD committee and invitees:

Dr. J.B. Jayawardena, Professor Chandrika Wijeyaratne, Dr. Chathuranga Ranasinghe, Dr. D. Perera, Dr. L. Wijesekera, Dr. Sashika Sandaruwani, Dr. S. Randenikumara, Professor Saroj Jayasinghe, Dr. Ranuka

Jayathissa, Dr. Lasantha Wijesekera, Dr. Thusitha Kahaduwa, Dr. Bhanuja Wijethilake, Dr. Shanthi Gunawardena

Members of the AIDA

Mr. Nishantha Jayasooriya, Chairman of AIDA, CEO, Richlife Dairies Limited
Mr. Wasantha Malwattege, Committee Member, Asst. Vice president, Ceylon Cold Stores PLC
Dr. Nelum Vithana, Committee Member, Manager Corporate, Kothmale Holdings PLC
Mr. Asoka Bandara, Committee Member, Maliban Milk Products (Pvt) Ltd
Ms. D. M. Dassanayake, Member, Assistant nutrition manager, Fonterra Brands Lanka Pvt Ltd
Ms.S. Sooriyaarachchi, Member, Nestle Lanka PLC
Ms. M. Edirisinghe, Assistant Manager Milco (PVT) Ltd

Areas discussed:

1. Explore the dairy industry concerns with regard to current government regulations (reduction of sugar) on dairy products.
2. Concerns and proposals of the health sector with regard to the production and advertising of dairy products.
3. Develop an ongoing dialog and workable solutions to support policy in preventing rise of NCDs in the country.

Outcome:

- President and the council of SLMA were formally informed about the outcome of the meeting. Following were agreed without any conflicts of interest.
 - This meeting is not an official meeting but to listen to the views of the stakeholders in the objective of prevention of NCDs.
 - SLMA NCD committee will not have a working committee with the AIDA but will exchange views independently.
 - SLMA is a non-profit organization and there will not be any partnerships, advertisements, brand endorsements, media involvement as an outcome of this meeting.
 - The committee views were communicated by a letter to the AIDA.
- 4. A Lunch Time Symposium was organized by the NCD committee SLMA in parallel with the Nutrition Month on 8th June 2018, from 12.00 noon – 1.00 pm at Lionel Memorial Auditorium, SLMA.
Following lectures were conducted with a Q & A Session
 - Toxins in Food: Are We Poisoned through Food, Agriculture and Advertising?
Dr. Damayanthi Perera, Nutrition Specialist / Independent Researcher, PhD Human Nutrition (University of London, UK)
 - Nutritional challenges in preventing NCDs –The local perspective
Dr. Bhanuja S. Wijayatilaka, Consultant Community Physician Nutrition Division, Ministry of Health, Sri Lanka.
 - Q & A session
Moderator: Dr. Jayanthimala Jayawardena
Panel: Professor Chandrika Wijeyaratne, Dr. L.T. Gamlath, (Deputy Director General Food and environmental health and food safety Ministry of Health, Sri Lanka), Dr. Damayanthi Perera, Dr. Bhanuja Wijeyatilake

Outcome:

- Over 75 attended the symposium including media with very interactive fruitful discussions.
 - An article was published in the August issue of the SLMA newsletter regarding the symposium.
5. National NCD Multi-sectoral action plan: The chairperson and the convener represented the SLMA NCD committee, on formulating indicators and sub activities for revised National NCD Multi-sectoral action plan which was held on 25.06.2018 at foundation institute by the Ministry of Health.

Ongoing Projects

1. Scientific meeting on “Cooking oil, the health concerns and the scientific basis”
A request was received from the Coconut Development Authority to get help from the SLMA to support coconut oil promotion. NCD Committee has planned and coordinated a meeting on 31.10.2018 involving experts in the field to identify the current scientific basis of usage of cooking oil and the health concerns. The outcome of the meeting is planned to be used to create awareness in the medical community.
2. Project with Rotary Movement on ‘Promoting Wellness’.
A Memorandum of Understanding (MOU) is signed between SLMA NIROGI Lanka project and Rotary Movement for wider delivery of health promotion. This project is planned to conduct health promotion for community and work places involving private and state sectors.
3. Health promotion project for Virtusa computer software company
Health promotion for corporate sector young population is currently being developed with the Virtusa Company.

4. Mobile software application for screening ischemic heart diseases
Dr. Jayanthimala Jayawardena, Chairperson, NCD committee is currently developing a mobile application to screen ischemic heart diseases by self-assessment of chest pain. It is planned to be piloted through work places and GP settings.

Dr. Sankha Randenikumara and Dr. Thusitha Kahaduwa were nominated by the SLMA and selected by the World Diabetes Foundation as 'Talents' of Youth Innovation Lab, a side event of the WHO Global Dialogue on Partnerships for Sustainable Financing of NCD Prevention and Control. The objective of this programme was to develop innovative solutions for identified problems on NCDs. 20 Talents from all over the world attended the Youth Innovation Lab which was held from the 8th-11th of April at Copenhagen Denmark. The solution developed by Dr. Sankha's team was selected as the best solution and the team got the opportunity to attend the "Unleash" Innovation Lab held in Singapore.

PREVENTION OF ROAD TRAFFIC CRASHES

Co-Chairpersons: Professor Samath D. Dharmaratne and Dr. Clifford Perera
Convenor: Dr. Achala Jayatileke

Members

Dr. Ruvaiz Haniffa	Dr. Sumith Fonseka	Ms. Fathima Razik Cader
Dr. T. Siriwardena	Dr. Ranjith Sarath Jayasekera	Dr. Tamara Kalubowila
Mr. Palitha Fernando	Mr. J. A. Jayaweera	Professor Clay Gabler
Dr. Parakrama Wijekoon	Dr. Samitha Siritunga	Mr. Keerthi Koditiwakku

Report presented by Professor S. D. Dharmaratne

Activities conducted by the Expert Committee on PRTCs during 2017

1. Organized a symposium on 'Road Safety' at the 131st Anniversary International Medical Congress of the SLMA on July 29, 2018, in collaboration with Monash University, Australia and the University of Auckland, New Zealand. Professor Belinda Gabbe from Monash University and Professor Shanthi Ameratunga from the University of Auckland participated at the symposium. A number of important collaborations and studies were discussed and initiated following the symposium, to be conducted through the expert committee.
2. An advocacy document was prepared and was finalized through discussions with the members and other relevant stakeholders. It was presented to the President, for the establishment of a group for the prevention and control of road crashes, injuries and deaths.
3. The RTAPC was able to establish a Governor's Road-safety Empowerment Expert Team (GREET), in the Central Province, under the Governor. In collaboration with the expert committee, the GREET was able to initiate several preventive programs during this year, including obtaining approval to introduce CCTV cameras to the Kandy Municipal Area (to monitor road safety initiatives) and presenting the burden of road traffic crashes at the District Coordinating Committee (DCC) meetings of the Kandy District. GREET was able to obtain appointments to do similar presentations at the DCC meetings of the Matale and Nuwar-Eliya districts.
4. The training workshop for journalists in Sinhala and Tamil print and electronic media was held on the 4th and 5th of December at the SLMA auditorium. This workshop was held in collaboration with the WHO Sri Lanka office. At this workshop the Sinhala and Tamil translation of the book "මාර්ගාරක්ෂාව පිළිබඳ වාර්තාකරණය"

Summary

The Expert Committee on PRTC was able to initiate several collaborations, both national and international, during the year. We believe these collaborations will help to highlight the role of the SLMA in the prevention and control of this important public health issue.

PALLIATIVE AND END OF LIFE CARE TASK FORCE

Chairperson: Dr. Dilhar Samarasekera
Convenor 1: Dr. Udayangani Ramadasa
Convenor 2: Dr. Sankha Randenikumara
Members: Representing all relevant Colleges and Associations

Reported by Dr. Sankha Randenikumara

The Palliative and End of Life Care Task Force first began as a “core group” of the NCD sub-committee of the SLMA at the end of 2016. In 2018 the Task Force was formally recognized as an independent expert committee of the SLMA.

1. Formal Launch of the Palliative & End of Life Care Task Force-in 2017.
2. Activities carried out at the formal launch of the Task Force
 - A role play on communication skills conducted by Dr. Shyamalee Samaranayaka and Dr. Sankha Randenikumara.
 - “End of Life Care” Symposium, comprised of sessions by Professor Thashi Chang, Dr. Manoj Edirisooriya and by Dr. Clifford Perera
 - A series of lectures were also conducted by Dr. Ravini Karunathilake, Dr. Gamini Pathirana and Dr. Chinthaka Hathlahawatte.
3. The “Palliative Care Manual for Management of Non-Cancer Patients- A Guide for Health Care Professionals”
 - The symptom control manual was published in October 2017 and distributed to Ministry officials, Hospital administrators, Consultants, Postgraduate trainees, Colleges and participants at the Palliative Care Symposiums organized by the Ceylon College of Physicians, College of General Practitioners of Sri Lanka and the College of Surgeons Sri Lanka.
 - The Web Page for the Palliative & End of Life Care Task Force, was also launched in parallel to the book launch, under the patronage of the Director General of Health Services - Dr. J.M.W. Jayasundara Bandara.
4. Formulation of the End of Life Care Guidelines.
 - A dedicated committee of Professionals from multiple specialties headed by Professor Thashi Chang, has been formulating the much needed Guidelines for end of life care for the past several months. Its final Draft is currently under discussion and has been sent to the legal fraternity led by Mr. Yasantha Kodagoda, Additional Solicitor General, for legal counsel.
5. Stakeholder meetings

Two stakeholder meetings of the Palliative & End of Life Care Task Force were held during the past year at the Lionel Memorial Auditorium of the Sri Lanka Medical Association.

 - The 1st stakeholder meeting of the year was held on the 06/03/2018 and was chaired by Dr. V.T.S.K. Siriwardena, Director NCD, Professor Chandrika Wijeratne and Dr. Ruvaiz Haniffa, President of the SLMA. It was held to discuss optimum sensitization of existing health workforce on the need for holistic Palliative Care. It included ministry directors, PDHS, RDHS, Directors of hospitals up to base hospital level and chief nursing officers of those respective hospitals, Presidents of Colleges, authors of the manual and the task force members. The Palliative Care Manual was distributed among the participants for effective utilization.
 - The 2nd stakeholder meeting for the year was held on 23/05/2018 and was chaired by Dr. Dilhar Samaraweera, Dr. Udayangani Ramadasa and Dr. Ruvaiz Haniffa, President of the SLMA. This programme was organized to bring together all Colleges and Associations to set up a platform to prioritize Palliative Care services in Sri Lanka. Representatives of the Colleges also shared their thoughts and suggestions on the “Palliative Care Manual for Management of Non-Cancer Patients- A Guide for Health Care Professionals” at this meeting.
6. Monthly P&EoLC Task Force meetings
 - The monthly meeting of the task force members is held on the 3rd Wednesday of each month with approximately 20 participants. The future plans of the Task Force as well as the progress of the previous month's activities are discussed and decisions made. Extra meetings are convened on important matters when the need arises.
7. Community Project
 - The Task Force has received a sizable donation of palliative healthcare equipment from the Australian

Association for Medical Aid to Sri Lanka, which includes: beds with mattresses, bedside commodes, wheelchairs and walkers. It is in the process of carrying out the fair distribution and storage of this equipment to the communities catered to by several selected hospitals in the Sabaragamuwa, Eastern and Western Provinces.

RESEARCH EVALUATION

Chairperson: Dr. Achala Jayatilleke
Convenor: Dr. Sumithra Tissera

Members

Dr. Ruvaiz Haniffa	Professor Sharmini Prathapan	Dr. Amaya Ellawala
Dr. Hasini Banneheke	Professor Pradeepa Jayawardena	

The objective of the establishment of the Committee is to evaluate research proposals received by the SLMA and assess the progress reports sent by grant receivers.

The Committee was appointed on 7th September 2018 and the newly appointed committee evaluated and recommended the Council the research proposals suitable to award research grants and awards in 2018.

The Committee also evaluated the proposal for circulation through SLMA web and made recommendations to the Council.

The research promotion committee which was discontinued in year 2017 was officially reinstated in 2018 and met twice to decide on the provision of the following grants.

1. Professor Wilfred Perera Travel Grant
2. SLMA Research Grant
3. Glaxo Welcome Research Grant
4. The CNAPT Award in Memory of Richard and Sheila Peiris

SNAKE BITE

Chairpersons (Joint): Professor S. A. M. Kularatne & Professor Kolitha Sellaheewa
Secretary: Dr. Malik Fernando

Members

Dr. Vinya Ariyaratne	Mr. Anslem de Silva	Dr. Shantha de Silva
Dr. Udaya de Silva	Dr. Christo Fernando	Professor Indika Gawarammana
Dr. Kalana Maduwage	Dr. Namal Rathnayake	Dr. Anjana Silva
Dr. N. Suganthan	Dr. Dharshana Kulathilake	Dr. Kasun Fernando

New members joined in 2018

Two new members were appointed during the year (Dr. Kasun Fernando, Dr. Dharshana Kulathilake) and one member resigned. We thank Dr. S. Sivansuthan from Jaffna for his work during the last few years.

Reported by Dr. Malik Fernando

The Committee continued to work by e-mail correspondence during the year.

Work done: The revised 'Snakebite Guidelines 2017' that were launched in December 2017 was completed and all its component parts except the 'select bibliography' uploaded to the SLMA website. It is now available at: http://slma.lk/sbc/sbc_guidelines/. All the articles have the relevant bibliography at the end. The 'Prevention and First Aid' and 'Hotline numbers' documents are also available on the same site. We thank Dr. Pamod Amarakoon, Council member, for handling the technical work in connection with setting up the web-site and uploading the content.

Awareness creation: A short PowerPoint programme introducing the revised guideline has been produced. This has been played at SLMA Regional meetings to inform the audience about it and how the material can be accessed.

TOBACCO, ALCOHOL AND ILLICIT DRUGS

Chairperson: Professor Narada Warnasuriya
Convenor: Dr. Jayamal De Silva

Members

Dr. Manoj Fernando	Dr. Sumudu Hewage	Dr. Hemantha Amarasinghe
Dr. Mahesh Rajasuriya	Dr. Nadeeka Chandraratne	Dr. Sajeeva Ranaweera
Dr. Nayana Dhanapala	Dr. Anula Wijesundara	Dr. Sameera Hewage

Report presented by Dr. Jayamal de Silva

Collaboration with National Authority on Tobacco and Alcohol (NATA)

Strengthening tobacco control strategies

Four Committee Members represented SLMA as technical experts in the NATA Stakeholders meeting on preparing strategies to further reduce tobacco consumption and harm, held at the Waters Edge, in September 2018. The Committee made a technical presentation outlining the strategies and actions necessary. Stakeholders from Health Enforcement (police, excise), Education, Youth and the Non-Government sectors participated in the discussions at this meeting.

Work on the Committee on Smokeless Tobacco

The Committee is represented in the NATA Subcommittee on smokeless tobacco which was established to strengthen initiatives to reduce the use of smokeless tobacco and its harms. Through the work of this subcommittee, the SLMA was able to provide technical support for several activities undertaken by NATA in conducting training and capacity building programmes.

FCTC 2030 Mission and project

The World Health Organization has selected Sri Lanka as one of the 15 countries which will be supported technically and financially to implement the WHO Framework Convention on Tobacco Control. The Committee was formally invited to participate in this process from the planning stage where technical inputs were provided to the FCTC 2030 mission arriving in Sri Lanka and also during preparation of the plan of action. This project will commence shortly.

UNDP Study of Costs of Tobacco in Sri Lanka

As a part of this mission, the UNDP is in the process of estimating the costs of the tobacco use in Sri Lanka and the cost-benefits of different policy options. The committee was invited to provide technical inputs to improve the methodology to suit the context of Sri Lanka. The initial findings and the methodology was presented in April, to which technical inputs were provided. The finalization of the methodology and the results are currently ongoing and will be completed by the end of this year.

World No Tobacco Day (WNTD) 31 May 2018

The committee was an active partner at the WNTD series of activities aimed at increasing cessation. The Committee assisted NATA in selecting the themes, designing material and obtaining medial publicity for these activities. The theme for 2018 was protecting the heart from tobacco use. The committee and NATA closely collaborated with the Sri Lanka Health Association in this initiative.

On the advice of the committee NATA and the Ministry of Health decided to work on the theme “do not sell tobacco and do not smoke 31st May”. The MOH and the PHI networks as well as the Community Policing Network were deployed for a week to implement different activities. This was very successful as over one hundred villages and townships reported that they the shop owners did not sell tobacco on that day. As there are already many towns where tobacco is not sold, this initiative also helped to strengthen and expand these efforts. The National Quitline also reported a significant increase calls during this period. There was wide media publicity in the print and electronic media and the Members of the committee took an active part in participating in discussions on television and radio.

Oral substitution Therapy (OST) for opioid users in Sri Lanka

Decided to send the letter sent by Dr. Chithramalee de Silva on OST to the SLMA Committee for its information. The position statement on OST will be sent to two reviewers (Professor Diyanath Samarasinghe and Dr. Neil Fernando) and to publish it either electronically or a hard copy once approval granted.

The committee was made aware that international donor agencies were advocating to initiate Oral Substitution Therapy (OST) for opioid (mainly heroin) users in Sri Lanka. Members of the Committee participated in several discussions on the subject convened by the Ministry of Health where international experts advocated is issue citing many technically faulty arguments which were countered by the Committee.

Attempts to introduce OST to Sri Lanka had occurred several times in the past, and is more frequent at present. The expert opinion is that it is not suitable to Sri Lanka. Such programmes have been carried out in countries with high rates of injecting drug use, which is not the case in Sri Lanka. The only programme to attempt prescribing OST in Sri Lanka failed around three decades ago. The committee has drafted and circulated position statement on the use OST in Sri Lanka, and which will be published.

The committee was also invited to provide expert technical inputs at a meeting on the same subject, convened by the Ministry of Health and WHO. The outcome was a written statement signed by the Director-General of Health services stating that OST is not a suitable intervention considering the current epidemiological patterns of opioid use and the contextual factors of use.

Collaboration with the Centre for Combating Tobacco (CCT)

The committee is a technical partner of CCT, which is established by the Faculty of Medicine, University of Colombo. Two Members of this committee function as members of the Technical Advisory Committee, representing SLMA. The Committee provides technical inputs on the posts of the CCT website Tobacco Unmasked, which publishes actions of tobacco industry and its allies to influence, delay or weaken tobacco control policies and other interventions in Sri Lanka. In addition, the CCT conducts its own research and presented its findings on its study on tobacco farming in Sri Lanka. The Committee continues to liaise with CCT and NATA on the subject of tobacco farming.

Media Conference on Tobacco Taxation

Tobacco taxation is recommended by the World Health Organization as one of the most effective methods of reducing tobacco use and harm. Technically sound taxation regimes can reduce tobacco consumption while at the same time increasing government revenue from tobacco tax. The tobacco industry lobbies the finance sector continuously to prevent such sound policies being implemented. The committee organized a press briefing in October to discuss this issue with the media. This was in collaboration with Alcohol and Drug Information Centre and NATA. There was widespread publicity for this discussion in the media.

Tobacco use cessation

The committee is working closely with NATA and the Ministry of Health to draft a National policy and plan of action on cessation of tobacco use as per the Article 14 of the WHO Framework Convention on Tobacco Control. A draft has already been presented to NATA,

Curriculum for tobacco cessation for medical, dental, nursing and public health Professionals

On the invitation of NATA the Committee has prepared an outline of topics which should be included in the curricula on training institutions for different health Professionals. This Draft is planned to be presented to a wider audience, including different Colleges for consensus.

Training

The Committee was invited to provide technical inputs for different trainings during the year. These included,

- Teachers training programmes in Kandy District
- Training of Health Lifestyle Centre Workers in three districts
- Selected Community Dental Surgeons from 10 districts
- Capacity building programmes for PHIs in Kanlutar, Kandy, Matara and Moneragala districts
- Ayurveda Public Health Doctors in Kurunegala District
- NATA programme on training MOHs on addressing tobacco and alcohol demand reduction in communities.

Publications

A study on the costs of tobacco and alcohol was undertaken by the SLMA, NATA and the WHO, which was completed in 2017. The component describing the methodology and the results of the costs of alcohol was submitted and published in the PLOS One, which is a high impact journal. The members of the committee who were the authors specified their affiliation as the Sri Lanka Medical Association.

WOMEN'S HEALTH

Chairperson: Professor Sharaine Fernando
Convener: Dr. Nalinda Silva

Members

Professor Jennifer Perera	Professor Nalika Gunawardena	Professor Chandrika Wijeyaratne
Professor Anuruddhi Edirisinghe	Dr.Thioma Munasingha	Dr.Sepali Kottegoda
Ms. Leisha de Silva	Dr.Amanthi Bandusena	Dr.Shamini Prathapan
Dr.Bimalka Senevirathna	Dr.Sampatha Gunawardene	Dr.Sumudu Hewage

Attendance at Committee meeting

Only one meeting was held in 2018.

	Oct. 2018
Professor Sharaine Fernando	P
Professor Jennifer Perera	E
Professor NalikaGunawardena	E
Professor Chandrika Wijeyaratne	E
Professor Anuruddhi Edirisinghe	P
Dr.Thioma Munasingha	E
Dr.Sepali Kottegoda	E
Ms.Leisha de Silva	P
Dr. Amanthi Bandusena	P
Professor Shamini Prathapan	E
Dr.Bimalka Senevirathna	E
Dr. Sumudu Hewage	E
Dr. Sampatha Gunawardene	E
Dr. Nalinda Silva (Secretary)	P

P- Present E-Excused

Activities carried out in 2018

1. Distribution of leaflets on reproductive health among undergraduates of state universities.
2. Implementation of the "Guidelines to Address Sexual harassment in workplaces" in hospitals in the Ministry of Health.

Action plan for 2019

Organization of following activities,

- Training of trainers (ToT) programmes to foster healthy lifestyles among migratory/ expatriate workers in partnership with Foreign Employment Bureau (FEB).
- Educational programmes on sexual health among workers in free trade zones

19. CENTRAL CPD (CONTINUING PROFESSIONAL DEVELOPMENT)

Chairperson Dr. Sunil Seneviratne Epa
Convener Dr. V. Murali

Members

Dr. Ruvaiz Haniffa	Dr. Pamod M. Amarakoon	Professor Kumar Mendis
Dr. L. J. Muhandiramge		

This report was compiled by Dr. Sunil Seneviratne Epa

Central CPD Committee continues to execute the functions of the proposed District CPD Committees (DCPDC) in the absence of their establishment at District level. This involves scrutinizing the submitted portfolios and issuing of the National CPD Certificate. Main reason for delay in setting up DCPDCs is lack of enthusiasm on the CPD Programme in the absence of any incentives to the medical offices working in the state sector. Also the slow progress in issuing a

circular to the doctors in state health sector by the Health Ministry officials emphasizing the importance of CPD too has played a role in the over all poor response to the National CPD programme (NCPDP). Credit point scheme was revised to be on par with the international standards. This will help us in seeking reciprocal recognition from other countries in future. Proof of current CPD status of doctors is being increasingly requested in application for foreign placements.

However there are positive signs too. This year, several main Collages adopted the revised credit point scheme of the National CPD Programme with due reference to the same at their own annual academic sessions. Such action if continued will inform and encourage doctors to accept the NCPDP. It is also a pleasure to see our National CPD Certificate being increasingly sought after by those applying for foreign jobs or training posts.

20. MONTHLY NEWSLETTER

The SLMA newsletter (SLMA_{NEWS}) maintained its contract with the publisher, This Source Pvt Ltd, which has been in effect since January 2015. The page numbers of the newsletter remained at 32 with 16 pages for content and 16 for advertisements. Revenue generated from advertisements on up to 8 of those pages was received by the SLMA, thus contributing to the income of the SLMA. The newsletter was published regularly each month since January 2018 with the December issue currently in preparation. The newsletter was helpful in disseminating information regarding the various activities conducted throughout the year by the SLMA. In addition, it also provided a platform for highlighting various topics of interest to the medical Professoression. The number of copies printed for distribution to the SLMA membership was maintained at 3,500 while the web copy of the newsletter was freely accessible and obtained almost 15,000 views each month.

21. SOCIAL ACTIVITIES

Joint Social Secretaries: Dr. Preethi Wijegoonewardene and Dr. Pramilla Senanayake

Members of the Concert Committee / Dance Committee

Dr. Ruvaiz Haniffa
Dr. Kalyani Guruge
Dr. Amaya Ellawala

Dr. Hasini Banneheke
Dr. Christo Fernando
Dr. Kaushi Attanayakage

Dr. Sumithra Tissera
Dr. Sankha Randenikumara
Dr. Pramitha Mahanama

The Doctors Concert

The SLMA Doctors Concert 2018 was held on 28th July at the Hotel Galadari Ballroom. The Concert commenced on time at 7.30 pm with a short speech by the President, Dr. Ruvaiz Haniffa.

The event took place in front of an appreciative cosmopolitan audience who enjoyed each of the 25 performances. The Social Secretaries had worked very hard to ensure all logistical arrangements were in place and presented a titillating programme of a variegated musical and dramatic extravaganza.

The amazing talents of doctors and their family members were presented in a glittering array of many different presentations. The performers gave of their very best and the final conglomeration of the programme was labelled as the "best ever" by a discerning audience of over 500, the highest ever attendance at a Doctors Concert held so far.





The Medical Dance

The Medical Dance was held on 14th December 2018 at the Lotus Ballroom, Shangri-La Hotel, Colombo. All appropriate arrangements, logistics and the finer details, were worked out by a very capable and committed Dance Committee of the SLMA.

Initial preparations were undertaken for a considerable period of time prior to the event. There were many meetings with a myriad of matters being discussed at those gatherings.

The final presentation of this long awaited glamour event, the Medical Dance 2018, took place on the 14th December. There were around 230 guests who had a really wonderful time at an evening of superlative music complemented by an outstandingly opulent sit-down dinner. Music was provided by two of the acclaimed leaders amongst the bands of Sri Lanka, "Misty" and "Flame".

The compere for the show was the inimitable Dominic Keller. One of the highlights of the evening was the performance on Steel Drums by the World renowned, Ethno musicologist and Attorney at Law Dr. Prashanthi Mendis.

The evening began with cocktails from 7.30 to 8.30 pm. This helped to facilitate camaraderie and bonhomie amongst the guests. The dance proper started at 8.30 pm to the scintillating music provided by "Flame". They set the tempo for the rest of the evening and the other band "Misty" joined in with an equally dazzling repertoire of their own. The bands took turns to provide excellent and continuous fare for the guests. The fabulous and plush five-course formal dinner, augmented by coffee and chocolates, was served from around 9.30 pm. There were more than 40 prizes on offer including 5 Air Tickets for the Entrance, Table and Raffle Draws. There were also prizes for the Baila and jive Competitions. A session of Carol singing led by some of our own doctors was enjoyed by all.

The dance concluded around 3.00 am and the opinion of many who attended the Dance was that it had been the best ever Medical Dance held so far. This magnificent event was made possible through the exceptional efforts of all members of the Dance Committee, especially Dr. Preethi Wijegoonewardene and Dr. Pramilla Senanayake, the Social Secretaries who looked into every aspect of the dance with meticulous attention to detail.

Dr. Ruvaiz Haniffa the President, SLMA and Dr. Hasini Banneheke Honorary Secretary, SLMA supported us all the way and were a pillars of strength to all of us. Their guidance and support is very sincerely valued and appreciated.



22. DOCTORS' CRICKET SRI LANKA (DCSL)

Doctor's cricket team started the season under the captaincy of Dr. Sritharan Ganeshamoorthy and his vice captain Dr. Pubudu Senevirathna in May 2018.

They played 4 practice matches with Sri Lanka Army Sappers Cricket team at Matthegoda army grounds. Two Practice matches with Colombo University cricket team and two practice matches with Health Cricket team (that play for state services tournament) at KDU cricket grounds Rathmalana.

SLMA Doctors cricket team played the following matches.

Annual Doctors Vs Architects match – Doctors won By 7 wickets
Architects 183/9 in 40 Overs
Doctors 187/3 in 36.2 overs

Annual Law-Medical Match – Lawyers won by 8 wickets.
Doctors 125 all out 32 overs
Lawyers 127/ 2 in 24.3 overs

Professoessionals League Tournament
4 league matches

Doctors Vs Lawyers - Doctors won by 7 Wickets
Lawyers 96 all out in 19 overs
Doctors 100/3 in 13.2 overs

Doctors Vs Architects - Architects won by 3 wickets (D/L method)
Doctors 111/7 in 17 overs
Architects 71/7 in 11 overs (Target 71 D/L method)

Doctors vs Engineers - Doctors won by 50 runs
Doctors 184/2 in 20 overs
Engineers 134/8 in 20 overs

Doctors Vs Pilots - Doctors won by 7 Wickets
Pilots 78 all out in 17 .2 overs
Doctots 80/3 in 11.5 overs

Having topped the points table in league round Doctors qualified for the finals with Architects team.

Professoessionals league Finals.

Doctors vs Architects - Doctors won by 19 runs (D/L Method)

Doctors 134/9 in 20 overs
Architects 76/6 after 16.3 Overs (D/L target 95)

Dr. Rajiv nirmalasingham won the man of the match award in 3 league stage matches

Dr. Heshan Amarathunga – Man of the match Finals

Dr. Rajiv Nirmalasingham – Man of the series





23. NEW MEMBERS

The number of new members for the year 2018 (including the names presented to the Council on 1st December 2018) is as follows.

Life	105
Ordinary	48
Student	229

The list of members enrolled during the year 2018 is given in **Annexure 6**.

24. TREASURER'S REPORT

(Prepared by Honorary Treasurer Dr.Achala Jayathilleke)

The Sri Lanka Medical Association Treasurer's report for 2017/2018 is shown below. The passing year 2018 was a memorable year for the SLMA in terms of both its academic and social activities. The refurbishment of the Lounge & Tea area done in 2018 added to the new outlook given to the SLMA interior.

The recurrent expenditure of the SLMA for 2018 was mainly for salaries of employees, EPF.ETF and bonus payment. The total cost for the year 2018 was Rs. 5,698,280/=.

The total administrative expense for routine repairs, maintenance and upkeep of the premises for the last 12 months was Rs. 1,164,699/=.

The total income from the 131st Anniversary International Medical Congress was Rs.21,965,836/50. When the expenses for the congress (Rs 16,279,975/51) is deducted the net profit was Rs 5,685,860/99.

The net loss following the SLMA walk 2018 was Rs. (55,085.50).

The summary of main refurbishment activities carried out during this year and the relevant expenditure are as follows:

Activity	Cost
Refurbishment of Lounge area (Furniture)	Rs. 171,315.00
Refurbishment of Tea area	Rs. 198,500.00

The nett profit from the Anniversary International Medical Congress and the Run and Walk after deducting the cost for renovations stands at a figure of Rs 4,765,766.13 as shown below.

Activity	Income	Expenses	Profit
Annual Congress	Rs. 21,965,836.50	Rs. 16,279,975.51	Rs. 5,685,860.99
SLMA Run and Walk	Rs. 1,086,912.50	Rs. 1,141,998.00	Rs. (55,085.50)
SLMA annual Dance	Rs. 4,190,000.00	Rs. 3,965,413.66	Rs. 224,586.34
Total	Rs 27,242,749.00	Rs. 21,387,387.17	Rs. 5,855,361.83

Profit from Annual Congress + Run and Walk + Dinner Dance	Rs. 5,855,361.83
Cost of refurbishment	Rs. 369,815.00
Balance	Rs. 5,485,546.83

Bank Balances

The total sum of fixed deposits by the end of financial year 2018 is 23,748,787/= Total earnings from the fixed deposits during the year amounted to Rs 1,615,809/=

Cash and bank balance as of 31/10/2018 remains at 1,756,375/=

Total assets less current liabilities inclusive of property, plant, equipment together with cash and deposits is estimated as at 31/10/2018.

I wish to acknowledge with gratitude the guidance of Dr. Ruvaiz Hniffa, the President of SLMA in carrying out my duties as the Hon. Treasurer for the year 2018. I thank Dr. Dr.Hasini Banneheke and the Assistant Treasurer Dr. Sumthra Tissera for their commitment and support in conducting SLMA activities. I sincerely appreciate the assistance of Ms Jayarani Tennekoon in preparing this report and all the financial statement throughout the year. I also thank SLMA staff headed by Mr.D.S Perera for their assistance to me to carryout my duties as the Treasurer.

25. AUDITORS' REPORT 2017/2018

Report of the auditors is given in the **Annexure 7**.

26. TSUNAMI DISASTER RELIEF

Report Presented by Dr. Suriyakanthie Amarasekera
Coordinator of the CMAAO / SLMA Scholarship Fund

The CMAAO / SLMA Joint Scholarship, administered by the Tsunami Disaster Fund is the main Social Responsibility project of the SLMA.

The Scholarship was launched in December 2006 for children who had lost one or both parents in the Tsunami Disaster of 2004, by investing the generous donation of US 50,000/- by the Confederation of Medical Associations of Asia and Oceania (CMAAO), and is being continued successfully.

Of the original 24 Scholarship recipients, five have completed their educational and vocational training activities and are gainfully employed. Two of these are holders of Diploma in 3 D Animation Graphic Design, one a Diploma holder in Beauty Culture. One a trained Bacolader Operator and one a trained Motor Mechanic.

Of the balance SLMA was able to follow up 3 students who studied up to A Levels, 3 up to O Levels. A further 3 students stopped communicating with the SLMA inspite of repeated letters. All these have had their Scholarships terminated over the past 11 years.

There are 10 CMAAO/ SLMA Scholarship recipients for the year 2018.Of these one is an undergraduate in her 3rd year at the University of Kelaniya, following a Degree course in Management and Information Technology. Her award has been increased to Rs 5000/- monthly from January 2016.

Another student is in the 3rd year of her AAT course and is expected to take up her final exam in 2019. Five students are reading for their A Levels in their respective schools. All these receive Rs 3500 /- monthly. The balance 3 receive Rs 3000/- monthly.

The reduction in the number of recipients over the years has enabled us to increase the award from a flat rate of Rs 2000/- monthly to the structured rate in operation at present. We also have been awarding an extra allowance each December to enable the students to purchase books, uniforms, etc.

All these payments have been made using the monthly interest leaving the capital intact. The privilege of being able to extend a helping hand to these children who have faced so much tragedy in their young lives has been a source of immense Joy.

27. COLLABORATIONS WITH THE CHINESE MEDICAL ASSOCIATION (CMA)

President elect Dr. Anula Wijesundere and Hony. Secretary Dr. Hasini Banneheke represented the SLMA using their personal funds at The 2018 Annual Scientific meeting of CMA & 2nd Pak-China Medical Congress and Belt and Road Forum of Medical Associations organized by Chinese Medical Association (CMA) held in Beijing China from 26th to 27th January 2018.

CMA delegates attended the 131st Anniversary Medical Congress in 2018. The pre congress session by the CMA delegates on "Spectrum of liver diseases: Exploring new therapeutic modalities" was held on 26th July 2018 at NDW Lionel Memorial Auditorium of the SLMA.

CMA extended an invitation for the 'Belt and Road' forum for Medical Journal Editors to be held in China from 3rd to 5th April 2018 to Editors of CMJ.



28. COLLABORATIONS WITH THE BRITISH MEDICAL ASSOCIATION

Professor Dinesh Bhugra, President, British Medical Association participated as the chief guest at the 131st Anniversary Medical Congress in 2018. He delivered the Keynote Address titled What is medicine for?.

29. ORGANIZATION OF PROFESSORIAL

The President SLMA attended the meeting of Presidents of member organization of the OPA 19th October 2018. Dr. Lucian Jayasuriya, Prof. Anoja Fernando, Prof. Samath Dharmaratne, Dr. Yasas Abeywickrama Dr. Thilina Wanigasekera, Dr. Manuj C. Weerasinghe, Dr. K.Y.P.K. Weerasekera, Dr. Hasini Banneheke, Prof. Ravindra Fernando as forum members for 2018.

30. CONTRIBUTIONS OF SLMA TO THE ACTIVITIES OF THE MINISTRY OF HEALTH

The SLMA continued its tradition of meeting high officials of the Ministry of Health, Nutrition and Indigenous Affairs to take up concerns of the profession with the Ministry in addition to the President SLMA representing the SLMA on the following Committees

1. The National Health Research Council
2. Primary Healthcare Systems Strengthening Project (PSSP)
3. Steering Committee on Palliative Care
4. Steering Committee on NCD.
5. National Programme for Tuberculosis Control & Chest Diseases - TB Advisory Committee

There were 3 meetings with the Director General of Health Services during the year

The President was invited by the Director General Health Services to address the Health Development Committee of the Ministry and update it on the advocacy role the SLMA played on Universal Health Care for Parliamentarians with a possibility of duplicating a similar workshop at provincial level.

The SLMA participated in the World Healthday celebrations held in Sri Lanka with the patronage of The Director General World Health Organization. The SLMA presented its publication History of Medicine In Sri Lanka Volume II to the WHO Director General and WHO Regional Director for South East Asia Region on the side line of these celebration.



Annexure 1: Programme of the 131st Anniversary International Medical Congress

Friday 1st June 2018

Pre-congress Workshop 1: Wound Care

In collaboration with the Education, Training and Research Unit, Ministry of Health
College of Surgeons of Sri Lanka Auditorium
Event Coordinators: Dr. Yasas Abeywickrama / Dr. Charith Weerasinghe

Dr. Ruvaiz Haniffa President, SLMA
Dr. Mahanama Gunasekara, President CSSL
Introduction to wounds, wound types, factors for wound healing and cost of a wound –
Dr. Mahinda Mellawathantri
Optimizing Nutrition in wound care
Dr. Renuka Jayatissa
Microbiology in wound care
Dr. Shirani Chandrasiri
Wound beyond the usual
Dr. Indira Kahawita
Panel Discussion
Tea break
Diabetic Foot Wounds
Professor Mandika Wijeyaratne
Vascular Wounds
Dr. Charitha Weerasinghe
Wound assessment and wound bed preparation
Dr. Ranjuka Ubaysiri
Wound Dressings/ correct application and myths
Dr. Sathis Wijemanna
Panel Discussion
Lunch with demo viewing
Acute post traumatic and Post-Surgical wound care – Concepts
Dr. Shashanka Rathnayake
Wound cover & Reconstruction
Dr. Yasas Abeywickrama
Pressure ulcers: Prevention and care
Dr. Dammika Dissanayake
Amputations and rehabilitation in wound care
Dr. Chandana Karunathilaka
Panel discussion
Tea and Demo viewing, Feedback and certificates

Wednesday 4th July 2018

Pre-congress Workshop 2: With Hon. Parliamentarians “Health for all in Sri Lanka: Role of Parliamentarians in achieving UHC”

Arrival of Invitees and Registration
Arrival of Secretary General of Parliament
Arrival of Hon Karu Jayasuriya MP, Speaker of Parliament
National Anthem
Remarks by Secretary General of Parliament
Remarks by Hon Karu Jayasuriya, MP Speaker of Parliament
Overview of the Health for All Session and UHC Pledge of Commitment
Dr. Ruvaiz Haniffa, SLMA President
“Universal Health Coverage in Sri Lanka: What does it mean?”
Dr. Palitha Abeykoon – President, NATA
Global perspective on UHC and the role of parliamentarians and policy makers in achieving UHC
Dr. Somsak Chunharas, Secretary-General of the National Health Foundation of Thailand / Former Deputy Minister of Public Health, Thailand
Moderated panel discussion

Professor Janaka de Silva, Director of the Post Graduate Institute of Medicine, University of Colombo

Technical Inputs:

- *Current Health Professorile of Sri Lanka and Disease Burden by Dr. Palitha Karunapema*
- *Health Systems – Dr. Palitha Abeykoon*
- *Human Resources for Healthcare – Professor Nilanthi de Silva*
- *Health Financing – Dr. Ravi Ranan Eliya/ Professor Amala de Silva*
- *Universal Health Coverage – Professor Saroj Jayasinghe/ Dr. Vinya Ariyaratne*

Plenary Discussion

Summary of proceedings and way forward

Dr. Razia Pendse

WHO Representative for Sri Lanka

Signing of UHC Pledge by Sri Lankan Parliamentarians and Group Photograph

Conclusion of Session and Refreshments

Monday 23rd & Tuesday 24th July 2018

Pre-congress Workshop 3: Communication skills: Training of trainers

Postgraduate Institute of Medicine, University of Colombo

DAY 1

Registration and inauguration

Chairpersons: Professor Mohan de Silva and Professor Lalitha Mendis

Why we should learn communication skills?

Professor Tissa Wijeratne

Chair, Department of Neurology, Western Health, Melbourne, Australia

What are the skills that should be taught?

Dr. Shyamalee Samaranayake

Head, Department of Family Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

Process of communication and process of teaching

Professor R.M. Mudiyanse

Professor in Paediatrics, Faculty of Medicine, University of Peradeniya

Tea

Good qualities of simulated patients

Ms. Gothami Kaushalya

Counsellor

Ms. Anuradha Rathnayaka

Lecturer, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya

Practice session 1 – Building rapport and responding to questions

Lunch

Practice session 2 – Expression of emotions and recognition of emotions

How to give feedback

Professor Madawa Chandratilake

Professor and Head, Department of Medical Education, Faculty of Medicine, University of Kelaniya

Practice session 3 – Giving feedback and assessment of learners

Preparation for Day 2 – Discuss topics for microteaching and scenarios

Professor R.M. Mudiyanse

DAY 2

Revision of Day 1 activities and planning for Day 2

Professor R.M. Mudiyanse

Practice session 4 - Practice teaching in small groups – Part I

Practice session 5 – teach “History taking” using a simulated patient

Tea

Practice session 6 - Practice teaching in small groups – Part II

Practice session 7 – Teach, “Giving information” using a simulated patient

Lunch

Lecture on sensitive conversations

Professor Vasanthi Pinto

Professor in Anaesthesiology and Critical Care, Faculty of Medicine, University of Peradeniya

Practice session 8 – Breaking bad news
Ethical issues in communication
Dr. Panduka Karunanayaka
Senior Lecturer in Medicine, Faculty of Medicine, University of Colombo
Practice session 9 – Ethical dilemmas in communication
Reflections, feedback and closing remarks

Wednesday 25th July 2018

Pre-congress Workshop 4: Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research

Postgraduate Institute of Management, University of Sri Jayewardenepura

Registration
Chairpersons: Professor Athula Sumathipala and Dr. Sumithra Tissera
Introduction
Professor Athula Sumathipala
What is PPIE?
Dr. Steven Blackburn
History of PPIE in the United Kingdom and Keele University
Dr. Steven Blackburn
Ms. Adele Higginbottom
Sri Lankan experiences in PPIE
Mr. Duminda Guruge
What is the value and impact of PPIE in research?
Lecture and Q&A
Dr. Steven Blackburn
Best practice in PPIE
Ms. Adele Higginbottom
Tea
How to establish and sustain PPIE?? What are the barriers and enablers
Lecture and small group discussions
Dr. Steven Blackburn
Ms. Adele Higginbottom
What are opportunities for PPIE in the SEARCH project?
Small group discussions
Dr. Steven Blackburn
Thoughts for the future and potential applications
Professor Diyanath Samarasinghe
Actions for the future: The way forward
Professor Athula Sumathipala
Questions & answers and conclusion

Wednesday 25th July 2018

Pre-congress Workshop 5: Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care

CLINMARC, National Hospital of Sri Lanka

Registration
Chairpersons: Dr. Nihal De Silva, Dr. Sarath Samarage and Dr. Sankha Randenikumara
Introduction and welcome
The importance of multidisciplinary training
Dr. Kithsiri Edirisinghe
CEO/Director Academic, Consultant Medical Administrator, International Institute of Health Sciences, Sri Lanka
Training nurses in multidisciplinary settings
Ms. Glenda Whiting
Principal Lecturer, Health, TAFESA, Adelaide, South Australia
Evidence for multidisciplinary training
Dr. Leeane Bodkin

Clinical Lecturer and Coordinator- Medical Humanities, Suttie Centre for Teaching & Learning in Healthcare Clinical Skills Centre, University of Aberdeen, UK
 Tea
 The models and the importance of multidisciplinary care
 Mr. Peter Bodkin
 Consultant Neurosurgeon, Honorary Senior Clinical Lecturer, Aberdeen Royal Infirmary, Foresterhill, Aberdeen, UK
 The Role of a physiotherapist in multidisciplinary care (online session)
 Dr. Vikrant Bhardwaj
 Physiotherapist/ Founder, PHYSIOREVIVE, India
 Interactive session on multidisciplinary care
 Dr. Kithsiri Edirisinghe
 Dr. Leeane Bodkin
 Mr. Peter Bodkin
 Ms. Glenda Whiting
 Panel discussion

Thursday 26th July 2018

Pre-congress Workshop 6: Spectrum of liver diseases: Exploring new therapeutic modalities

NDW Lionel Memorial Auditorium, SLMA

Registration

Chairpersons: Dr. Ruvaiz Haniffa and Dr. Pierre Chan

Introduction & Welcome

Diagnosis and management of non-alcoholic fatty liver disease

Professor Jian Gao Fan, Director, Department of Gastroenterology, Xinhua Hospital, Shanghai Jiaotong University School of Medicine

Management of portal hypertension: Role of tips

Dr. Zhuge Yuzheng, Associate Director, Department of Gastroenterology, Chief Physician and Professor of Nanjing University School of Medicine

Discussion

Tea

Recent progress in liver cancer research

Professor Qin Lunxiu, Professor & Director, Department of Surgery, Huashan Hospital; Institute of Cancer Metastasis, Fudan University

The future outlook to DILI Research: From the perspective of China

Professor Yimin Mao, Professor of Gastroenterology, Renji Hospital of Shanghai JiaoTong University School of Medicine

Alcohol problems in Hong Kong

Dr. Pierre Chan, Associate Consultant, Department of Medicine, Ruttonjee & Tang Shiu Kin Hospitals

Discussion

Conclusion

Thursday 26th July 2018

Pre-congress Workshop 7: Masterclass in stroke rehabilitation: Learning from stroke after stroke

Galadari Hotel, Colombo

Registration

Chairperson: Dr. J.B. Peiris

Session 1

Epidemiology of stroke in Sri Lanka: Past and the future

Professor Samath D. Dharmaratne

Acute reperfusion therapy update: Saving brains through acute treatment

Professor Tissa Wijeratne

Session 2

What is new in sub-acute care in stroke: Saving brains through sub-acute therapy and rehabilitation

Dr. Charith Perera

Preventing stroke: saving brains through better public health

Professor Bhasker Amatya

Tea

Session 3

Translational research in stroke rehabilitation

Professor Fary Khan

Saving brains at the Ministry of Health: A call for a national action plan for stroke prevention in Sri Lanka (acute/ sub-acute/community level)

Dr. Sunil De Alwis

Panel Discussion: Brain disorders are a major public health problem: How do we respond to this burden?

Thursday 26th July 2018

Pre-congress Workshop 8: Research and innovation

Galadari Hotel, Colombo

Registration

Chairpersons: Professor ND Karunaweera

Dr. Dilshani Dissanayake

Introduction to the RPFC and the workshop

Dr. Dilshani Dissanayake

Director, RPFC, Faculty of Medicine, University of Colombo

Panel discussion: Writing a research proposal and obtaining grants; How to be innovative in the process

Professor Nadira Karunaweera

Head of the advisory committee, RPFC, Faculty of Medicine, University of Colombo

Professor Vajira H.W. Dissanayake

Advisor and chair of Technology Transfer Office TTO, RPFC, Faculty of Medicine, University of Colombo

Group Activity: Research methodology and filling grant applications

Dr. Sisira Pathirana

Coordinator for provision of core-research facilities, RPFC, Faculty of Medicine, University of Colombo

Dr. Shreenika Weliana

Coordinator of research training, RPFC, Faculty of Medicine, University of Colombo

Dr. Asela Olupeliyawa

Coordinator of post-graduate research support, RPFC, Faculty of Medicine, University of Colombo

Dr. Sameera Gunewardena

Coordinator for provision of platforms to publicize research, RPFC, Faculty of Medicine, University of Colombo

Tea

Thursday 26th July 2018

Inauguration

Guests take their seats

Arrival of Chief Guest

Ceremonial procession & Welcome performance

National Anthem

Lighting the traditional oil lamp

Welcome address

Dr. Ruvaiz Haniffa, President SLMA

Awarding of Honorary Life Memberships

Dr. Malik Fernando and Dr. J. B. Peiris

Address by Guest of Honour

Professor Donald Li, World Organizations of National Colleges, Academies and Academic Associations of General Practitioners/ Family Physicians (WONCA) President Elect

Address by Guest of Honour

Professor Vajira H.W. Dissanayake, President, Commonwealth Medical Association

Cultural performance

Address by Chief Guest

Professor Dinesh Bhugra, President, British Medical Association

Vote of thanks

Dr. Hasini Banneheke, Honorary Secretary, SLMA

SLMA Oration 2018

"Is iron deficiency anaemia in Sri Lanka an over kill?"

Professor Anuja Premawardhena MBBS (Pera), MD (Col), MRCP (UK), FRCP (London), DPhil (Oxon), FCCP (SL), FNAS (SL)

Professor in Medicine, Dept. of Medicine, Faculty of Medicine, University of Kelaniya

Cultural performance

Procession leaves the hall

Reception

131st Anniversary International Medical Congress of the Sri Lanka Medical Association

Programme at a Glance

“Shifting focus from diseases to patients: Today’s vision, tomorrow’s reality”

Pre Congress Workshops			
Friday 1st June 2018			
Workshop 1	7.30 am - 4.00pm	Second Annual Mini Congress on Wound Care	College of Surgeons of Sri Lanka
Wednesday 4th July 2018			
Workshop 2	9.00 - 11.30 am	Health for all in Sri Lanka: Role of Parliamentarians in achieving Universal Health Coverage	The Parliament of Sri Lanka
Monday 23rd and Tuesday 24th July 2018			
Workshop 3	8.30 am - 4.30pm	Communication skills: Training of trainers Chairpersons- Prof. Mohan de Silva & Prof. Lalitha Mendis	Postgraduate Institute of Medicine
Wednesday 25th July 2018			
Workshop 4	9.00 am - 12.30pm	Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research Chairpersons- Prof. Athula Sumathipala & Dr. Sumithra Tissera	Postgraduate Institute of Management
Workshop 5	9.00 am - 12.00 noon	Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care Chairpersons-Dr. Sankha Randenikumara Dr. Nihal De Silva Dr. Sarath Samarage	CLINMARC, NHSL
Thursday 26th July 2018			
Workshop 6	9.00am -12.00 noon	Spectrum of liver diseases: Exploring new therapeutic modalities Chairpersons-Dr. Ruvaiz Haniffa & Prof. Pierre Chan	Lionel Memorial Auditorium, SLMA
Workshop 7	9.00am – 1.00 pm	Masterclass in stroke rehabilitation: Learning from stroke after stroke Chairpersons- Dr. J.B. Peiris & Dr. Saman B. Gunathilake	Galadari Hotel, Colombo
Workshop 8	8.30 am - 1.00pm	Research and innovation Chairpersons- Dr. Dilshani Dissanayake & Prof N.D. Karunaweera	Galadari Hotel, Colombo
Thursday 26th July 2018 6.00 pm onwards		Inauguration of the 131st Anniversary International Medical Congress & SLMA Oration Is iron deficiency anaemia in Sri Lanka an over kill? Prof. Anuja Premawardhena Galadari Hotel, Colombo	

Main Congress			
Friday, 27th July 2018			
8.00 am – 8.30 am	Registration		
8.30 am – 9.15 am	Keynote Address: What is medicine for? Prof. Dinesh Bhugra Chairperson- Dr. Ruvaiz Haniffa		
9.15 am – 9.45 am	Plenary 1: Quality assurance in primary healthcare delivery Prof. Donald Li Chairperson- Prof Carlo Fonseka		
9.45 am – 10.30 am	Professor N D W Lionel Oration Patient with persistent physical symptoms not explained by organic illness; A universal challenge across health care Prof. Athula Sumathipala		
10.30 am -11.00am	Tea & poster viewing		
	Hall A	Hall B	
11.00 am -12.30 pm	Symposium 1 Palliative care and elderly medicine Chairpersons-Dr. Dilhar Samaraweera & Dr. Udayangani Ramadasa Bewitched,bothered and bewildered- Dr. Duncan Forsyth Frailty – Indices measurement and follow up – Prof. Ashish Goel Malignancies in older people – Prof. Naganath Narsimhan Prem	Symposium 2 Tropical medicine Chairpersons-Dr. Anula Wijesundere & Dr. Hasitha Tissera In pursuit of a broad spectrum antiviral: High resolution structures of antiviral targets in the calnexin cycle – Prof. Nicole Zitzmann Leptospirosis: understanding pathogenesis, defining management – Dr. Praveen Weeratunga Leishmaniasis in Sri Lanka: Past, present and future – Dr. Yamuna Siriwardana	
	Hall A	Hall B	Hall C
12.30 pm -1.00 pm	Guest lecture 1 Chairperson- Prof. Ariarane Gnanathan Towards novel liver fibrosis biomarkers using mass spectrometry - NAFLD/NASH and Hepatitis C Prof. Nicole Zitzmann	Guest lecture 2 Chairperson- Prof. A. Pathmeswaran The need for caring in Family Medicine Dr. Garth Manning	Guest Lecture 3 Chairperson-Dr. Malik Fernando Health system planning for coming stresses: Planetary Health Prof. Ann Kurth
1.00 pm – 2.00 pm	Lunch & poster viewing		
	Hall A	Hall B	Hall C
2.00 pm – 3.30 pm	Free paper session 1 Chairpersons - Dr. Pradeepa Jayawardena Dr. Kushlani Jayatilleke	Free paper session 2 Chairpersons: Prof. Pushpa Jayawardena Dr. Sharmini Prathapan	Free paper session 3
	Hall A	Hall B	
3.30 pm – 5.00 pm	Symposium 3	Symposium 4	

	<p>Road safety</p> <p>Chairpersons-Prof. Samath Dharmaratne & Prof. Rezvi Sheriff</p> <p>Problem of road traffic injury and road safety in Sri Lanka</p> <p>Prof. Samath D Dharmaratne</p> <p>Lifelong impacts of road traffic injury: Why measuring mortality alone is not enough-Prof. Belinda Gabbe</p> <p>Drinking, road risks and adolescence: a potent cocktail-Prof. Shanthi Ameratunga</p> <p>Leaving no one behind: Safe, accessible and inclusive transport systems – A medico-legal perspective</p> <p>Dr. Clifford Perera</p>	<p>Evolution of human birth</p> <p>Chairpersons- Prof. Wilfred Perera & Dr. Ajitha Wijesundere</p> <p>Advent of delivery tools: From forceps to scalpel – Dr. Dinuka Lankeshwara</p> <p>Caesarean section rates: Trending towards unrealistic levels – Dr. Chanil Ekanayake</p> <p>Canvassing time: Scalpel or no scalpel? – Dr. Dammike Silva and Dr. Sanjeewa Padumadasa</p>
5.00 pm – 5.30 pm	Tea	

Saturday, 28 th July 2018			
8.00 am – 8.30 am	Registration		
8.30 am – 9.00 am	<p>Plenary 2: Pain and prejudice: the importance of primary care research</p> <p>Prof. Christian Mallen</p> <p>Chairperson - Dr. Lakshman Ranasinghe</p>		
	Hall A	Hall B	Hall C
9.00 am -10.30 am	<p>Symposium 5</p> <p>Rural health</p> <p>Chairpersons-Prof. Kumara Mendis & Dr. Padmal de Silva</p> <p>Introduction: What is rural health? A Sri Lankan perspective - Prof. Kumara Mendis</p> <p>Experience from the Rural Health Research Centre, Faculty of Medicine, Colombo</p> <p>Prof. Upul Senarath</p> <p>Expectations from a rural community-Dr.Vinya S. Ariyaratne & Dr. Sanath Mahawithanage</p> <p>A Tale of Two Countries: Case studies in rural health from Australia and Bolivia-Dr. Lawrence Tan</p> <p>PMCU in the next five years: How will it serve the rural health in Sri Lanka?</p> <p>Dr. Susie Perera</p>	<p>Symposium 6</p> <p>Respiratory medicine</p> <p>Chairpersons-Dr. B.J.C Perera & Dr. Neranjan Dissanayake</p> <p>Air we breathe: Are we safe? – Dr. Chandana Kulathunga</p> <p>Obstructive Sleep Apnoea – The snorer's plight - Dr. Chandimani Undugodage</p> <p>Respiratory infections in pregnancy: A developing concern – Dr. Neranjan Dissanayake</p>	<p>Symposium 7</p> <p>Accreditation and Quality Assurance in medical education</p> <p>Chairpersons-Prof. Madawa Chandratilake & Dr. Amaya Ellawala</p> <p>Discussant - Dr Palitha Abeykoon</p> <p>Global perspective – Prof. Nilanthi de Silva</p> <p>WHO perspective – Dr. Tomas Zapata</p> <p>Indonesian experience – Prof. Titi Savitri</p> <p>Sri Lankan situation – Prof. Indika Karunathilake</p>
10.30 – 11.00 am	Tea & poster viewing		

11.00 am – 11.30 am	Guest Lecture 4 Chairperson- Dr. Hasini Banneheke Malaria is still alive Dr. Dewanee Ranaweera		Guest Lecture 5 Chairperson- Prof. Saroj Jayasinghe Sri Lanka's health financing challenge: What I have concluded after 30 years of health economics research Dr. Ravindra Rannan-Eliya	Guest Lecture 6 Chairperson- Dr. Preethi Wijegoonewardene Common ophthalmic emergencies - Management in primary care Dr. Kapila Bandutilake
11.30 am – 1.00 pm	Symposium 8 Prevention and control of cancer Chairpersons- Dr. Palitha Abeykoon & Dr. N. Jeyakumaran Burden of cancer in Sri Lanka Dr. Suraj Perera Applications of next generation sequencing in cancer profiling and risk assessment Mr. Kahlil Lawless Genetics and genomics of cancer in Sri Lanka Prof. Vajira H. W. Dissanayake		Symposium 9 Breast diseases Chairpersons- Dr. Sanjeewa Seneviratne & Dr. Yasas Abeywickrama Trends in breast cancer in Sri Lanka: Where are we heading? – Dr. Sanjeewa Seneviratne The need for breast cancer screening and challenges – Dr. Rupa Ananthasivan Trends in surgical treatment of breast carcinoma – Dr. Indranee Amarasinghe New developments in systemic therapy of breast cancer – Prof. Jaya Ghosh	Guest Lecture 7 Chairperson- Dr. R. Surenthirakumaran Environment and planetary health in the clinic Prof. Enrique Barros
1.00 pm – 2.00 pm	Lunch & poster viewing			
2.00pm – 2.30pm	Guest Lecture 8 Chairperson- Dr. Pramilla Senanayake Role of medical doctors for community empowerment: Old and new in Japan Prof. Masamine Jimba	Guest Lecture 9 Chairperson- Dr. Sunil Seneviratne Epa Elderly as an asset Dr. Mahesh Rajasuriya		

	Hall A	Hall B	Hall C	Hall D	Hall E
2.30 pm – 3.30 pm	Closed for Doctors' Concert preparations		Free paper session 4 Chairpersons: Dr. Lucian Jayasuriya & Prof. Surangi Yasawardene	Free paper session 5 Chairpersons: Dr. Malik Fernando & Prof. Anuja Premawardhena	Free paper session 6 Chairpersons: Prof. Shanthi Ameratunga & Dr. Jithangi Wanigasinghe
3.30 pm – 5.00 pm			Symposium 10 Health informatics Chairpersons-Dr. Achala Jayathilake & Dr. S. Sridharan The Digital Health Ecosystem of Sri Lanka - Prof. Vajira H. W. Dissanayake eReproductive Health Management	Symposium 11 Mental health in the elderly Chairpersons- Dr. Mahesh Rajasuriya & Dr. Kapila Ranasinghe Overview of mental health problems in the elderly – Dr. Madhubhashinee Dayabandara	

		Information System – Dr Loshan Moonesinghe Gathering country wide data on the incidence of disease - Dr. Buddika Dayaratne	Caring for dementia in the community – Prof. Shehan Williams Managing behavioural and psychological problems in elderly patients with dementia – Dr. Kapila Ranasinghe Assessment of elderly patients with cognitive problems – Dr. Malsha Gunathilake	
5.00 pm – 5.30 pm	Tea			
7.00 pm onwards	Doctors' Concert			

Sunday, 29 th July 2018		
8.00 am – 8.30 am	Registration	
8.30 am – 9.00 am	Plenary 3: The challenge facing medical humanities Prof. Saroj Jayasinghe Chairperson- Dr. Kalyani Guruge	
9.00 am – 9.45 am	Dr. S. Ramachandran Oration Antivenom in the treatment of neurotoxic snakebite: effectiveness and limitations Dr. N.K. Anjana Silva	
9.45 am – 10.15 am	Guest Lecture 10 Chairperson- Dr. Sarath Gamini De Silva Recent advances in the understanding of Cancer Immunology: Implications for clinical practice Dr. D.S. Kumararatne	
10.15 am – 10.45 am	Tea & poster viewing	
	Hall A	Hall B
10.45 am - 12.15 pm	Symposium 12 Dermatology picture quiz Chairpersons-Dr. Chalukya Gunasekera & Dr. Indira Kahawita Dr. Achala Liyanage, Dr S. Uwyse, Dr D.M. Amaratunga & Dr. Chathuraya Siriwardena	Symposium 13 Thalassaemia and bone marrow transplantation Chairpersons- Prof. R. Mudiyanse & Dr. Lalindra Gooneratne Management of Thalassemia: New frontiers – Prof. Anuja Premawardhena Haemopoetic stem cell transplant for haematological disorders in Sri Lanka – Dr. Lalindra Gooneratne Emerging therapies for Beta Thalassaemia – Dr. Sachith Mettananda
12.15 pm – 12.45pm	Guest Lecture 11 Chairperson- Dr. S. Wasalathanthri Autoimmune disorders: An update on diagnosis and treatment Prof. Suranjith Seneviratne	Guest Lecture 12 Chairpersons- Dr. Clifford Perera Prescribing for sportsmen – The past, present and future Prof. Arjuna De Silva
12.45 pm – 1.45 pm	Lunch & poster viewing	

1.45 pm – 3.00 pm	Debate - “Doctor knows best” - Doctor-centered approach is more beneficial than patient-centered approach in the Sri Lankan context (Hall A) Moderators- Dr. Sarath Gamini De Silva & Dr B.J.C. Perera		
	Hall A	Hall B	Hall C
3.00 pm – 5.00 pm	Free paper session 7 Chairpersons: Dr. Ranjan Dias & Dr. Yasas Abeywickrama	Free paper session 8 Chairpersons: Dr. Manuj Weerasinghe & Prof. Kantha Lankathilake	Free paper session 9 Chairpersons: Dr. Clifford Perera & Dr. P. Ranasinghe
5.00 pm – 5.30 pm	Tea		
5.30 pm onwards	Dr. S.C. Paul Oration An attempt to understand and combat the silent killer in South Asia Prof. W M Tilakaratne		

Post Congress Workshops			
Monday 30th July 2018			
Workshop 1	8.00 am -12.00 noon	Emerging digital health ecosystem in Sri Lanka	Lionel Memorial Auditorium, SLMA
Monday 17th & Tuesday 18th September 2018			
Workshop 2	9.00 am – 4.00 pm	Communication skills: Training of trainers	Postgraduate Institute of Medicine

OVERSEAS RESOURCE PERSONS

Dr. Steven Blackburn
Ms. Zhang Lei
Professor Jian Gao Fan
Dr. Pierre Chan
Professor Fary Khan
Dr. Duncan Forsyth
Professor Nicole Zitzmann
Professor Belinda Gabbe
Dr. Lawrence Tan
Mr Kahlil Lawless
Dr. Enrique Barros
Professor Suranjith Seneviratne

Ms. Adele Higginbottom
Mr. Wei Junming
Professor Yimin Mao
Professor Tissa Wijeratne
Professor Dinesh Bhugra
Dr. Ashish Goel
Dr. Garth Manning
Professor Shanthi Ameratunga
Dr. Tomas Zapata
Dr. Rupa Ananthasivan
Professor Masamine Jimba

Ms Guo Welihua
Dr. Qin Lunxiu
Dr. Zhuge Yuzheng
Dr. Bhasker Amatya
Professor Donald Li
Dr. Vipin Arora
Professor Ann Kurth
Professor Christian Mallen
Professor Titi Savitri
Dr. Jaya Ghosh
Dr. D.S. Kumararatne

RESOURCE PERSONS FROM SRI LANKA

Professor Samath Dharmaratne
Dr. Praveen Weeratunga
Dr. Chanil Ekanayake
Professor Kumara Mendis
Dr. Sanath Mahawithanage
Dr. Suraj Perera
Dr. Chandimani Undugodage
Dr. Sanjeewa Seneviratne
Dr. Palitha Abeykoon
Dr. Kapila Bandutilake
Professor Saroj Jayasinghe
Dr. Achala Liyanage
Dr. Lallindra Gooneratne

Dr. Clifford Perera
Dr. Yamuna Siriwardana
Dr. Dhammike Silva
Professor Upul Senarath
Dr. Susie Perera
Professor Vajira H.W. Dissanayake
Dr. Neranjan Dissanayake
Dr. Indranee Amarasinghe
Professor Nilanthi de Silva
Dr. Loshan Moonesinghe
Dr. S. Uwyse
Dr. Chathuraya Siriwardena
Dr. Sachith Mettananda

Dr. Achala Jayathilake
Dr. Dinuka Lankeshwara
Dr. Sanjeewa Padumadasa
Dr. Vinya Ariyaratne
Dr. Dewanee Ranaweera
Dr. Chandana Kulathunga
Dr. Ravindra Rannan-Eliya
Dr. Mahesh Rajasuriya
Professor Indika Karunathilake
Dr. Buddika Dayaratne
Dr. D.M. Amaratunga
Professor Anuja Premawardhena
Professor Arjuna De Silva

Annexure 2: Programmes of Monthly Clinical Meetings

Tuesday 16th January 2018

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF PAEDIATRICIANS

Management Challenges in Childhood Nephrotic Syndrome

Dr. Randula Ranawaka, Consultant Paediatric Nephrologist, LRH
Lecturer, Faculty of Medicine, Colombo

Tuesday 20th February 2018

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF HAEMATOLOGISTS

Case discussion on thrombosis

Dr. Hemali Goonasekara, Consultant Haematologist, FOM, Colombo

Can thrombosis be hereditary

Dr. Hemali Goonasekara, Consultant Haematologist, FOM, Colombo

Picture quiz

Dr. Senani Williams, Consultant Haematologist, FOM, Ragama

Discussion

Tuesday 20th March 2018

IN COLLABORATION WITH THE COLLEGE OF ANAESTHESIOLOGISTS & INTENSIVISTS SRI LANKA

Update in Sepsis: Quick and Dynamic Approach

Case Discussion: Sepsis 3 in Action

Dr. Anushka Mudalige, Senior Registrar in Critical Care Medicine, NHSL

Review lecture

Update in Sepsis – Fine-tuning the Management

Professor Vasanthi Pinto, Professor in Anaesthesiology and Critical Care, Head of Department of Anaesthesiology & Critical Care, Faculty of Medicine, University of Peradeniya

Quiz

Controversies in Management of Sepsis – Your Choice

Dr. Nuwan Ranawaka, Acting Consultant in Critical Care Medicine, Cardiology Unit, NHSL

Tuesday 24th April 2018

IN COLLABORATION WITH THE COLLEGE OF PULMONOLOGISTS OF SRI LANKA

Diagnosis and Management of Common Interstitial Lung Diseases

Dr. Saman Kularatne, Consultant Respiratory Physician, National Hospital for Respiratory Diseases, Welisara

Dr. T. Bandara, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

Dr. T. Tissera, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

Dr. H. M. C. D. Rathnayake, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

Tuesday 15th May 2018

IN COLLABORATION WITH THE CEYLON COLLEGE OF PHYSICIANS

Case Presentation & Discussion

Acidosis and Dr.owsiness; Lessons Learnt from Three Cases

Dr. Harshini Liyanaarachchi, Registrar in Medicine, Colombo South Teaching Hospital, Kalubowila

Review lecture

Poisoning by Toxic Alcohols; A Review

Dr. Sanjeewa Wijekoon, Hony. Consultant Physician and Senior Lecturer in Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

Tuesday 19th June 2018

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF DERMATOLOGISTS

Case Presentation

Pyoderma Gangrenosum presenting in an unusual site

Dr. Chandani Wickremaratne, Consutant Dermatologist, NHSL, Dermatology Unit C

Case 1:

Dr. Mahesh Fernando, Registrar in Dermatology

Case 2:

Dr. Pamoda Kamaladasa, Registrar in Dermatology

Review Lecture

Dr. Niroshi Gunarathne, Senior Registrar in Dermatology

Pediatric Dermatology - Picture Quiz and MCQs

LRH - Dermatology Unit

Professor J. K. K. Senevirathne, Consultant Dermatologist

Dr. S. Samaraweera, Consultant Dermatologist

Presenter - Dr. Kavinda Nanayakkara, Senior Registrar in Dermatology

Tuesday 21st August 2018

IN COLLABORATION WITH THE COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA

Neuro Ophthalmology

Case presentation

Dr. A. L. Dharmaratne, Consultant Eye Surgeon, National Eye Hospital, Colombo

Review Lecture - Related to cases

Dr. Deepanee Wewalwala, Consultant Eye Surgeon, National Eye Hospital, Colombo

MCQ / Picture Quiz

Dr. N. Niroshan, Senior Registrar, National Eye Hospital, Colombo

Dr. Isuru De Silva, Senior Registrar, National Eye Hospital, Colombo

Discussion

Dr. A.L. Dharmaratne, Dr. Deepanee Wewalwala, Dr. N. Niroshan, Dr. Isuru De Silva

Tuesday 18th September 2018

IN COLLABORATION WITH THE FAIRMED FOUNDATION

Diagnosis of Leprosy in the Post Elimination Era

Dr. D. M. Amaratunga, Consultant Dermatologist, District General Hospital, Gampaha

Tuesday 16th October 2018

IN COLLABORATION WITH THE PERINATAL SOCIETY OF SRI LANKA

Companionship in Labour; more than companionship

Respectful Labour Care

Dr. A. K. P. Ranaweera, Consultant Obstetrician, De Soysa Maternity Hospital

Paediatrician perspective of evidence based care of the new born

Dr. Saman Kumara, Consultant Neonatologist, Castle Street Hospital for Women

MCQ Discussion

Dr. M. R. M. Rishard, Consultant Obstetrician, De Soysa Maternity Hospital

Tuesday 20th November 2018

IN COLLABORATION WITH THE SRI LANKS COLLEGE OF PSYCHIATRISTS

Topic: Understanding of medically unexplained symptoms and treatment by psychodynamic approach

Professor Samudra T.Kathriarachchi - Senior Professor and chair, University Psychiatry Unit, Colombo South Teaching Hospital

Dr. R.M.A.V. Lakmi Seneviratne - Lecturer in psychiatry, University Psychiatry Unit, Colombo South Teaching Hospital

MCQ discussion

Dr. D.L.U. Amarakoon - Lecturer in Psychiatry, University Psychiatry Unit, Colombo South Teaching Hospital

Clinical case

Young girl with a chronic backache - presented by Dr. U.L.A.Gunawardana

Tuesday 18th December 2018

IN COLLABORATION WITH THE COLLEGE OF GENERAL PRACTITIONERS OF SRI LANKA

Topic: Rare encounters – some high pay off situations in general practice

Series case scenarios presented to two general practitioners

Speakers

Dr. Jayantha Jayatissa, Board Certified Specialist Family Physician, Medical Consultant, Medical Center of Jafferjee Brothers, Grandpass

Dr. Duminda Wijewardana, Part-time Family Physician, Siyomed Family Clinic, Dalugama

Dr. Kalpani Wijewardana, Part-time Family Physician, Siyomed Family Clinic, Dalugama

Annexure 3: Programmes of Regional Meetings

JOINT REGIONAL MEETING WITH THE KANDY SOCIETY OF MEDICINE

24th January 2018 at the Auditorium, Kadugannawa Training Centre

Inauguration

Traditional Lighting of the Oil Lamp

Welcome Address

Professor Samath D Dharmaratne

Dr. Shanthi Samarasinghe–PDHS, Central Province

Dr. Ruvaiz Haniffa – President SLMA

Session I

Chairs – Dr. Ruvaiz Haniffa & Professor Samath Dharmaratne

Congenital Heart Disease made easy – All I need to know in a nutshell

Dr. Shehan Perera, Consultant Paediatric Cardiologist, Lady Ridgeway Hospital, Colombo

Effective Communication with patients

Professor Rasanayaka M Mudiyanse, Consultant Paediatrician/ Professor in Paediatrics, Faculty of Medicine, University of Peradeniya

What to do when a child fails to gain weight?

Dr. Pathum Dissananyake, Consultant Paediatrician, Senior Lecturer, Faculty of Medicine, University of Peradeniya

Discussion on the presentations

Tea

Presentation

Peoples Leasing Company - Kandy

Session II

Chairs – Professor Rasanayaka M Mudiyanse & Dr. Kalyani Guruge

Bacterial lower respiratory tract infections in children

Dr. B.J.C. Perera, Past President SLMA/ Consultant Paediatrician

Is it a seizure or not a seizure – working with uncertainty

Dr. Jagath Munasinghe, Consultant Paediatrician, Sirimavo Bandaranayake Specialized Hospital for children

Discussion

Introduction to Snake bite Website

Dr. Malik Fernando, Past President SLMA

Professor S.A.M. Kularatne – Consultant Physician/ Professor in Medicine, Faculty of Medicine, University of Peradeniya

Vote of Thanks

Dr. Anura Rajapakse, Deputy Director Training - Regional Training Centre, Kadugannawa

Lunch

JOINT CME PROGRAMME WITH THE ASIRI GROUP OF HOSPITALS

28th February 2018 at the Auditorium, Asiri Surgical Hospital

Reception & Welcome address

Registration

Welcome

Dr. Ruvaiz Haniffa – President SLMA

Dr. Anil Perera - Clinical Director – Asiri Surgical Hospital

Session I

Medical Ethics and accountability

Dr. Panduka Karunanayak, Senior Lecturer Dept. of Clinical Medicine, Faculty of Medicine, Colombo

End of life care and palliative care

Dr. Chandana Kanakaratne, Consultant Physician

Genetic tests in Primary care setting

Professor Vajira Dissanayake, Past President SLMA/Professor of Anatomy, Faculty of Medicine, Colombo

Discussion

Tea

Session II

Fever and use of antibiotics and NSAIDS

Dr. Ananada Wijewickrama – Consultant Physician, Infectious Disease Hospital (IDH)

Antimicrobial Resistance
Dr. Jayanthi Elwitigala, Consultant Microbiologist, National STD/ AIDS Control Programme
Discussion
Vote of Thanks
Dr. Harsha Baranage, Medical Director- Asiri Surgical Hospital
Lunch

JOINT REGIONAL MEETING WITH THE CLINICAL SOCIETY OF DIYATHALAWA BASE HOSPITAL

27th March 2018 at the Auditorium, Base Hospital, Diyathalawa

Registration
Inauguration
Traditional Lighting of the Oil Lamp
Welcome Address
Dr. Nimal S. Gamagedara, PDHS, Uva Province
Dr. Ranjith Amarakoon, MS, Diyathalawa Base Hospital
Dr. Ruvaiz Haniffa, President SLMA
Chairpersons – Dr. Ruvaiz Haniffa & Dr. Janitha Tennakoon
Management of DHF
Professor R.M. Mudiyanse, Professor in Paediatrics, Dept. of Paediatrics, Faculty of Medicine, University of Peradeniya
Rational use of Antibiotics
Dr. Kishani Dinapala, Consultant Microbiologist General Hospital, Monaragala
Asthma... An Update
Dr. Neranjan Dissanayake, Consultant Respiratory Physician, Provincial General Hospital, Badulla
Tea
Chairpersons – Dr. D.M.C. Gamage & Dr. Malik Fernando
A patient with arthritis...What and what not to do
Dr. Uthpala Dissanayake, Consultant Rheumatologist, District General Hospital, Nuwara Eliya
Medical Ethics
Dr. Panduka Karunanayake, Consultant Physician
A practical approach to managing acute heart failure
Dr. Dhananjanie Seneviratne, Consultant Cardiologist, Provincial General Hospital, Badulla
Universal Health Coverage
Dr. Nimal Shantha Gamagedara, PDHS, Uva Province/ Consultant Community Physician
Vote of Thanks
Secretary, Diyathalawa Base Hospital
Lunch

JOINT REGIONAL MEETING WITH THE THE MINISTRY OF HEALTH, EASTERN PROVINCE COLLABORATION WITH THE BASE HOSPITAL, KATTANKUDY

21st May 2018 at the Auditorium, Base Hospital Kattankudy

Inauguration
Registration
Traditional Lighting of the Oil Lamp
Welcome Address
Dr. Ruvaiz Haniffa, President SLMA
Dr. K. Muruganandan, PDHS Eastern Province
Dr. M. S. M. Jabir, MS, Kattankudy
Chairs – Dr. Ruvaiz Haniffa, President SLMA & Dr. K. Muruganandan, PDHS Eastern Province
Healthy diet to prevent non communicable diseases
Dr. Bhanuja Wijeyatilaka, Consultant Community Physician, Nutrition Division, Ministry of Health, Nutrition and Indigenous Medicine
How to provide excellent health care with limited facilities
Dr. H. R. Thambawita, Consultant Surgeon, TH Batticaloa
Anti microbial resistance
Dr. V.R. Francis, Consultant Microbiologist, Faculty of Medicine, Eastern University, Batticaloa
Discussion on the presentations
Tea
Chairs – Dr.L.M. Navaratnaraja, RDHS Batticaloa and Dr. M. S. M. Jabir, MS Kattankudy
Safety measures to be taken by health care workers to prevent infections
Dr. V.R. Francis, Consultant Microbiologist, Faculty of Medicine, Eastern University, Batticaloa

Tuberculosis: re-emerging infection in Sri Lanka
Dr. S. Rishikesavan, Consultant Respiratory Physician, TH Batticaloa
Allergy: An Emerging Epidemic
Professor Anura Weerasinghe, Consultant Physician and Immunologist
Discussion on the presentations
Short documentary on the snake bite website
Vote of Thanks
Lunch

**JOINT REGIONAL MEETING WITH THE MINISTRY OF HEALTH-NORTH CENTRAL PROVINCE
WITH COLLABORATION OF ANURADHAPURA CLINICAL SOCIETY @ DISTRICT HOSPITAL, KEKIRAWA**
30th of August 2018 at the Auditorium, District Hospital, Kekirawa

Registration
Inauguration
Traditional Lighting of the Oil Lamp
Welcome Address
Dr. Palitha Bandara, PDHS, North Central Province
Dr. Jayantha Wijesuriya, DMO, District Hospital, Kekirawa
Professor Ariaranee Gnanathan, Vice President SLMA
Chairpersons – Dr. Lucian Jayasuriya & Dr. Nuwan Premawardena
Nutrition in General Practice
Dr. Yasoma Kumari, Consultant Community Physician, Ministry of Health
Antimicrobial Resistance as an Emerging Challenge to Peripheries
Dr. Punsisi Egodawela, Senior Registrar Microbiology, Apeksha Hospital, Maharagama
Myocardial infarction - management in peripheral level
Dr. Uditha I. Hewarathna, Consultant Cardiologist, General Hospital, Panadura
Tea
Chairpersons: Dr. Dileetha Kuruppu and Dr. Nadeeja Herath
Poisoning Management, Current Updates and Mishaps in Peripheries
Dr. Clifford Perera, Senior Lecturer and Medico-Legal Specialist, Head, Dept. of Forensic Medicine, University of Ruhuna
Management of Febrile Convulsions and Status Epilepticus
Dr. Udaya De Silva, Consultant Paediatrician, TH Anuradhapura
Life Threatening Emergencies -Management at Periphery
Dr. Dinesha Punchihewa, Consultant Intensivist, TH Anuradhapura
Important Aspects of Management of Snakebites
Professor Ariaranee Gnanathan, Consultant Physician and Professor in Medicine, University of Colombo
Vote of Thanks
Dr. Asitha Thanippuli Arachchi, SLMA Council Member
Lunch

JOINT REGIONAL MEETING WITH THE CLINICAL SOCIETY OF THE RATNAPURA GENERAL HOSPITAL
4th of September 2018 at the Auditorium, Ratnapura General Hospital

Reception & Welcome address
Dr. Kapila Kannangara, PDHS Ratnapura
Dr. Saman Abeywardene, President, Rathnapura Clinical Society
Dr. Ruvaiz Haniffa, President, SLMA
Chairpersons: Dr. Ruvaiz Haniffa, President, SLMA and Dr. Kapila Kannangara, PDHS
How to approach a patient of newly diagnosed diabetes
Dr. Kavinga Gunawardhane, Consultant Endocrinologist, Ratnapura
Prevention of complications from burns
Dr. Yasas Abeywickrama, Consultant Surgeon, Colombo South Teaching Hospital
Environment pollution
Dr. Chandana Kulathunga, President, Collage of Pulmonologists
Tea break
Chairpersons: Dr. Malik Fernando and Dr. N. G. S. Panditharane, RDHS
Anti-microbial resistance
Dr. Geetha Nanayakkara, Consultant Microbiologist, Ratnapura
Interpretation of troponin in clinical setting
Dr. Z. Jamaldeen, Consultant Cardiologist, Ratnapura

Ethical dilemmas in critically ill patients
Dr. Lilanthi Subasinghe, Senior Registrar in Critical care Medicine, NHSL
Vote of thanks
Dr. Z. Jamaldeen, Secretary, Ratnapura Clinical Society
Lunch

JOINT REGIONAL MEETING WITH THE AVISSAWELLA CLINICAL SOCIETY

16th November 2018 at the BOI Auditorium, Free Trade Zone, Avissawella

Registration
National anthem
Lighting of the Lamp of Learning
Welcome Speech
Dr. Sanath Wanigasooriya
President, ACS
SLMA Speech
Dr. Ruvaiz Haniffa, President, SLMA
Chairpersons: Dr. Kosala Ranathunga (VS) and Dr. Ruvaiz Haniffa (President, SLMA)
New Trends in Trauma Management
Dr. A.N.K. Abeyjeewa, Consultant Surgeon NHSL
Update in Back Pain Management
Dr. Duminda Abeysinghe, Consultant Rheumatologist
Ethics in Clinical Practice
Dr. Isuri Wimalasiri, Registrar in Psychiatry, CNTH
QUIZ
Tea
Research Paper Presentation I
Research Paper Presentation II
Chairpersons: Dr. Priyantha Jayalath (VP) and Dr. A.M.S. Jayasiri (VOG)
Antibiotic use for Common Infections
Professor Nirmala Wijekoon, Consultant Physician and Professor in Pharmacology, Faculty of Medical Sciences, USJP
A Journey Towards a Good Death
Dr. Udayangani Ramadasa, Consultant Physician, GH Ratnapura
Improving Sex Life - Premature Ejaculation
Dr. Lasantha Malavige, Sexual Health Specialist
Some Memorable Poems from my Childhood
Dr. Pillip Veerasingham, Senior Consultant Surgeon
Quiz & Vote of thanks
Dr. D. I. Darshana Wijesekara, Secretary of ACS

JOINT REGIONAL MEETING WITH THE WATHUPITIWALA CLINICAL SOCIETY

24th November 2018 at the Royal Resort Mandara – Horagolla, Nittambuwa

Registration
National anthem
Lighting of the Lamp of Learning
Welcome Speech
Dr. Champa S.D. Jayamanna
President, Clinical Society GBH Wathupitiwala
SLMA Speech
Dr. Ruvaiz Haniffa, President, SLMA
Chairpersons: Dr. Ruvaiz Haniffa (President, SLMA) and Dr. Saman Wijethunga (VP-DGH Negambo, Past President)
Common Sense in Dermatology
Professor Jayamini Senevirathne, Consultant Dermatologist, Lady Ridgeway Hospital for Children
Being a Good Clinical Teacher
Professor Narada Warnasuriya, Consultant Paediatrician/ SLMA Past President
Tea with Musical Extravaganza
Chairpersons: Dr. Mihiri Rubasingha (Consultant ENT Surgeon-LRH),
Dr. Bimal Kudavidanage (Consultant Anaesthetist DBH Wathupitiwala)
Recent guidelines in management of ST Elevation MI
Dr. Chinthaka De Silva, Visiting Consultant cardiologist, DBH, Wathupitiwala

Ethics and law
Dr. Lushan Hettiarachchi, Consultant Forensic Psychiatrist, NIMH, Angoda
Clinical assessment of Vertigo
Dr. Bimantha Perera, Consultant ENT Surgeon, DBH, Wathupitiwala
Vote of thanks
Dr. Rangika Athukorala, Secretary, Wathupitiwala Clinical Society
Lunch

JOINT REGIONAL MEETING WITH THE RUHUNA CLINICAL SOCIETY

28th November 2018 at the Sanaya Mension, Matara

Registration
Invitees take their seats
Ceremonial processing
National Anthem
Lighting of traditional oil lamp
Welcome address
Dr. Lanka Tennakoon, President, Ruhunu Clinical Society
Address by the Guest of honor
Optimizing non medical life
Dr. Navaz Jiffry, Consultant Obstetrician & Gynaecologist, Teaching hospital, Peradeniya
Address by the Chief Guest
Dr. Ruvaiz Haniffa, President, Sri Lanka Medical Association
Vote of Thanks
Dr. Chandana Mohotti, Secretary, Ruhunu Clinical Society
Ceremonial Procession Leaves the Hall
Tea
Guest Lecture – 1
Spinal Related Problems
Dr. Prasanna Gunasena, Senior Consultant, Neuro Surgeon
Guest Lecture – 2
Practice Base Urology
Dr. Anurudhdha M. Abeygunasekara, Consultant Urological Surgeon, Teaching Hospital Colombo South
Guest Lecture – 3
Foreign bodies in ENT
Dr. Dencil Indika, Consultant ENT Surgeon, Base Hospital, Hambantota
Guest Lecture – 4
Upper Gastro Intestinal Bleeding
Dr. Sujeewa Kumarasena, Consultant Gastroenterologist, Teaching Hospital, Karapitiya
Guest Lecture – 5
Ethics and etiquette at the bedside
Dr. Sathis Goonasinghe, Consultant Urological Surgeon, Teaching Hospital, Karapitiya
Lunch
Free paper session – 1
Guest Lecture – 6
Current concepts of Glycaemic Control
Dr. Manilka Sumanathilaka, Consultant Endocrinology, National Hospital, Colombo
Interactive Session on Sudden death in young generation
Moderator
Dr. S.P.K. Wathudura, Consultant Physician, District General Hospital, Matara
Resource Panel
Dr. Sanjeewa Rajapaksha, Consultant Cardiologist, Teaching Hospital, Ragama
Dr. R. P. Jayasinghe, Consultant Physician, Teaching Hospital, Karapitiya
Dr. S. Ambepitiya, Consultant JMO, District General Hospital, Matara
Dr. Prasanna Appuhami, Consultant JMO, District General Hospital, Matara
Free paper session – 2
Tea
Magic Show
Magician
Dr. Keerthi Weerawardana, Consultant Surgeon, District General Hospital Matara
Award Ceremony
Vote of Thanks
Musical Extravaganza and Reception

Annexure 4: Programme of the Foundation Sessions 2018

Thursday 18th October 2018

Registration
Cardiology – A case based discussion
Dr. Bhathiya Ranasinghe, Consultant Cardiologist, TH Karapitiya
Dr. Nimali Fernando, Consultant Cardiologist, NHSL
Dr. Rohan Gunawardena, Consultant Cardiac Electrophysiologist, NHSL
Tea
Impact of the New Tax Legislation on doctors
Mrs. Priyanka Disabandara, Deputy Commissioner, Department of Inland Revenue, Sri Lanka
Mr. Gamini Waleboda, Deputy Commissioner, Department of Inland Revenue, Sri Lanka
Party Drugs
Dr. Chathurie Suraweera, Consultant Psychiatrist, NHSL

INAGURATION

Guests take their seats
Ceremonial Procession
National Anthem
Lighting the lamp of learning
Chief Guest – Professor ChanDr.ika Wijeyaratne, Immediate Past President SLMA
Awards Ceremony – Free Paper Awards, Research Grants, Media Awards
E.M. Wijerama Endowment Lecture
“Medical Education in Sri Lanka”
Vidyajyothi Professor Lalitha Mendis
Emeritus Professor of Microbiology & Past President SLMA
Fellowship & Dinner

Friday 19th October 2018

Registration

Leapfrogging an innovative approach for achieving UHC
Professor Nalika Gunawardena – WHO SRL
Important aspects of Snake Bite Management
Professor Ariarane Gnanathan, Consultant Physician, NHSL
Tea
A patient with shoulder pain
Dr. Monika de Silva, Consultant Rheumatologist, NHSL
Living with a stroke
Dr. GunenDr.ika Kasthuriratne, Consultant Rheumatologist, NHSL
Road Traffic Accidents
Dr. Achala Jayatileke, PGIM
Visual Communication for Medical Professionals
Dr. Dinil Abeygunawardane, Director, Institute of Multimedia Education (IME)

Lunch

Hepatobiliary Disorders – A case based discussion
Professor Aloka Pathirana, Consultant Surgeon, USJP
Dr. S Sivaganesh, Consultant Surgeon, NHSL
Dr. Niles Fernandopulle, Consultant Interventional Endoscopist, NHSL
Dr. Chinthaka Appuhamy, Consultant Interventional Radiologist, CSH
Tea

Sir Marcus Fernando Oration

“Genotoxicity on exposure to radiation: assessment of micronuclei frequency among persons resident in the vicinity of a mineral sand processing factory in Pulmoddai, Sri Lanka”
Dr. Tania Warnakulasuriya
Lecturer, Department of Physiology, Faculty of Medicine, University of Kelaniya

Annexure 5: Programmes of Symposia, Seminars and Workshops

Private Sector Healthcare Institutions

22nd – 23rd February 2018, Lionel Memorial Auditorium

Workshop organized by the Expert Committee on Healthcare Quality and Safety of the SLMA

Target audience: Medical Administrators, Medical Officers, Nursing Officers and QMU Staff

DAY 1

Registration

Relevance of clinical audits in patient safety and healthcare quality

Dr. Lakshmi C. Somathunge

Introduction to workshop and relevance to clinical indicators

Dr. S. Sridharan

Introduction to clinical governance

Dr. Ranjan Dias

Introduction to clinical audit and audit cycle

Professor Priyadarshani Galappatthy

Selecting a topic, developing a criteria and standards

Professor Priyadarshani Galappatthy

Selecting a topic, developing a criteria and standards

Group work

Group work presentations

Dr. Ashok Perera and Dr. I. Jagoda

DAY 2

Recap of previous days' work

Measuring performance, data presentation and developing questionnaires

Dr. S. M. Samarage

Group work on developing questionnaires

Group work

Taking corrective actions and closing the loop

Dr. Kushlani Jayathilake

Presentations on questionnaires

Dr. Ashok Perera and Dr. I. Jagoda

Examples of clinical audits

Dr. Ranjan Dias

Closing remarks

Symposium on “Devices: Are they always sterile?”

22nd March 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

Devices and infections

Dr. K. Umapathy, Consultant Orthopedic Surgeon, Teaching Hospital, Karapitiya

Management of device related infections

Dr. Nuwan Ranawaka, Acting Consultant in Critical Care Medicine, CCU/ICCU – Cardiology Unit, NHSL

Pathogenesis, laboratory diagnosis and prevention of device related infections

Dr. Shirani Chandrasiri, Consultant Microbiologist, CSH

Discussion

Symposium on “Chickungunya: Another viral fever spread by Aedes mosquitoes”

26th April 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

Global picture, Local epidemiology, case burden and impact on work force and vector control

Dr. Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit

Pathogenicity, Clinical picture, dengue and chickungunya, management of acute, sub-acute and chronic cases

Dr. Damayanthi Idampitiya, Consultant Physician, NIID

Description on virus, laboratory diagnosis and preventive aspects for virus control

Dr. Rohitha Muthugala, Consultant Virologist, Teaching Hospital Kandy

Discussion

Symposium on “Current Viral Respiratory Tract Infections in The South”

14th of June 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA and the Sri Lanka College of Microbiologists

How the laboratory is strengthened to identify the causative agent

Dr. K. Nayomi Danthanarayana, Consultant Medical Virologist, Teaching Hospital, Karapitiya

Epidemiological aspects and prevention

Dr. K. A. Tharanga Navodani, Consultant Epidemiologist, Epidemiology Unit

Challenges in the management of viral pneumonia in children in the present crisis

Dr. Aruna de Silva

Consultant Paediatrician & Senior Lecturer, Dept. of Paediatrics, Faculty of Medicine, University of Ruhuna

Management of adult viral respiratory tract infections in an outbreak

Dr. Champika Bodinayake, Consultant Physician & Senior Lecturer, Department of Medicine, Faculty of Medicine, University of Ruhuna

Discussion

GCP Workshop for Researchers

12th – 13th of June 2018 at 8.30 am at the Lionel Memorial Auditorium

Symposium Organized by the Forum for Ethics Review Committees in Sri Lanka

DAY 1

Introduction

President FERCSL

Introduction to GCP

Principles

What is GCP?

Need for GCP?

Professor Priyadarshani Galappaththy, Professor in Pharmacology, FM, Colombo

Tea

Role and Responsibilities of PI

Professor Priyadarshani Galappaththy, Professor in Pharmacology, FM, Colombo

Drug development process

Dr. Channa Ranasinha, Senior Lecturer in Pharmacology, FM, Kelaniya

Regulatory requirements for clinical trials and legal frame work

Mr. Arjuna Pathmaperuma, Regulatory Pharmacist, NMDRA/ SCOCT

Lunch

Clinical Trial protocol and Investigation Brochure

Professor G. R. Constantine, Professor in Clinical Medicine, FM, Colombo

Participant safety and adverse effects

Professor Shalini Sri Ranganathan, Professor in Pharmacology, FM, Colombo

Documentation and record keeping

Dr. Noel Somasundaram, Consultant Endocrinologist

DAY 2

Ethics review committee – function with special ref to GCP and Clinical Trials

Dr. Panduka Karunanayake, Senior Lecturer in Clinical Medicine, FM, Colombo, Secretary ERC, FM Colombo

Informed consent

Dr. Manouri Gamage, Senior Lecturer, FMS, USJ

Research ethics in Clinical Trials

Professor Chandanie Wanigatunge, Chairperson, FERCSL, Chairperson, ERC SLMA

Tea

Investigational products

Professor Shalini Sri Ranganathan, Professor in Pharmacology, FM, Colombo

Role of the sponsor & Contract Research Organization (CRO)

Professor Asita de Silva, Senior Professor of Pharmacology, FM, University of Kelaniya

Research Misconduct and Conflict of Interest

Dr. Malik Fernando, ERC, SLMA

Workshop for the Pharmacy Sales Assistants

27th of May 2018 at 8.30 am at the Sri Lanka Foundation Institute, Independence Square, Colombo 7

Organized by the Medicinal Drugs Committee of the Sri Lanka Medical Association in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association

Registration
Introduction
Emeritus Professor Gita Fernando
Reading a prescription
Professor Priyadarshani Galapaththy
Good pharmacy practice
Mr. Kapila De Zoysa
Tea
New National guidelines for Pharmacies
R. Shanthan Sandanakrishnan
Talk by Food and Drug Inspector
Pharmacists and antibiotics
Professor Shalini Sri Ranganathan
Discussion
Closing remarks
Mr. Mahanama Dodampegama
Lunch

Symposium on “Leptospirosis: Beyond basics...”

23rd of August 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

Current epidemiological trends of leptospirosis in Sri Lanka
Dr. Deepa Gamage, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health
Microbiology and diagnosis of leptospirosis: New developments
Dr. Lilani Karunanayake, Consultant Microbiologist, Medical Research Institute
Approach considerations in the management of complicated leptospirosis
Dr. Nuwan Ranawaka, Consultant Critical Care Physician, National Hospital of Sri Lanka
ECMO in leptospirosis: Galle experience
Dr. Tolusha Harischandra, Consultant Cardiothoracic Surgeon, Teaching Hospital, Karapitiya
Discussion

CAREER GUIDANCE SEMINAR FOR JUNIOR DOCTORS

7th October 2018, at 8.30 am at the Lionel Memorial Auditorium

Seminar organized by the Expert Committee on Health Management of the SLMA

Session I

Welcome Address
Introduction & Care
Post Graduate Training Programme
Dermatology
Surgery & Finer Specialities
Venereology

Dr. Ruvaiz Haniffa
Dr. Suranga Dolamulla
Dr. Achala Jayatilleke
Dr. Kanchana Mallawaarachchi
Dr. Samira Jayasinghe
Dr. ChanDr.ika Jayakody

QUESTIONS

Session II

Medicine & Finer Specialities
Obstetrics & Gynaecology
Paediatrics
Universities
Ministry of Health Care

Dr. Upul Dissanayake
Dr. Rukshan Fernandopulle
Professor Sujeewa Amarasena
Professor Ajith Malalasekara
Dr. Suranga Dolamulla

QUESTIONS

Session III

Anaesthesiology
General Practice
Radiology

Dr. Ramya Amarasena
Dr. Dilini G. I. Baranage
Dr. K. M. R. Kannangara

Community Physicians
Microbiology
Ophthalmology
QUESTIONS

Dr. A. Balasuriya
Dr. Geethika Patabandige
Dr. Kapila Bandutilleke

Session IV

Psychiatry
Otorhinolaryngology
Forensic Medicine
Medical Administration
Pathology
Armed Services
QUESTIONS

Dr. Chathuri Suraweera
Dr. Shantha Perera
Professor Ravindra Fernando
Dr. Priyani Senadheera
Dr. Sriyani Nanayakkara
Col. Dr. Saveen Semage

Symposium on Theme: “Salmonellosis: In the gut and beyond”

8th November 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

Epidemiology of food & water-borne diarrhoeal diseases in Sri Lanka
Dr. Thilanga Ruwanpathirana, Consultant Epidemiologist, Epidemiology Unit, Colombo 10
Diagnosis of Salmonellosis and other diarrhoeal pathogens
Dr. Sujatha Pathirage, Consultant Microbiologist, Medical Research Institute, Colombo 08
Salmonellosis; Beyond the gastrointestinal tract – overview of different presentations and challenges of management
Dr. Bhagya Piyasiri, Consultant Microbiologist, Teaching Hospital Karapitiya, Galle
Q & A session
By the panel of guest speakers

Symposium on “Influenza: Be Prepared”

27th November 2018 at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA and Medical Research Institute, Colombo

Fascinating Facts of Flu
Dr. Jude Jayamaha, *Consultant Virologist, Medical Research Institute, Colombo*
Physician's Perspective
Dr. Priyankara Jayawardena, *Resident Physician, De Soysa Maternity Hospital, Colombo*
Influenza in Pregnancy
Dr. U. D. P. Ratnasiri, *Consultant Gynaecologist and Obstetrician, Castle Street Hospital for Women, Colombo - 08*
Influenza in Children: Peaditrican's Dilemma
Professor Vasanta Devasiri, *Head, Department of Paediatrics, Faculty of Medicine, University of Ruhuna*
Discussion

How to Identify Qualified Doctors, Quacks & ‘Fake Professors’

Symposium on for Journalists and others

18th December 2018 at 9.00 am at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Media of the SLMA

Registration
Welcome and Objectives of the Symposium
Dr. Kalyani Guruge, Consultant Paediatrician, Member of Media Committee & Council Member-SLMA
SLMA, SLMC, trade unions and professional colleges of doctors
Dr. Ruvaiz Haniffa-President-SLMA, Chairman-Media Committee
Transforming a medical student to a doctor
Dr. Hasini Banneheke-Hony. Secretary of the SLMA
Senior lecturer, Faculty of Medical Sciences, USJP
Pathway of a doctor becoming a specialist: Postgraduate qualifications, training of medical doctors and their board certification

Prof. Jayantha Jayawardene-Retired Consultant Gynaecologist and Obstetricians, Former dean of FMS, USJP, Former Council Member-SLMC, Former Director of PGIM
 MBBS doctors, AMPs/RMPs, foreign graduates and Act 16: avoiding misinterpretations and verifying qualifications of medical practitioners from the SLMC
 Dr. Chandana Attapattu-Act Registrar, SLMC
 Tea
 Registration of Alternative medical practitioners
 Dr. Sundareshan, Senior Lecturer, Eastern University
 Consultant Physician, Teaching Hospital, Batticaloa
 Qualifications and Registration of allied healthcare workers
 Checking of SLMC records for identification of quacks
 Dr.Chandana Attapattu-Act Registrar, SLMC
 Jargons of MSc, MPhil, PhD and MD: 'Dons', 'Docs' and professor
 Vidya Jyothi Prof.Rizvi Sherrif, Senior Professor of Medicine, General Sir John Kotelawala Defence University, Former Director of Postgraduate Institute of Medicine, Council Member-SLMC.
 Q & A
 Conclusion

Annexure 6: List of New Members

Life Members (105)

Dr. Y.L.P.P. Goonathilake	Dr. M. N. Pinto	Dr. A. E. J. de Silva Goonathilake
Dr. Sithara Dissanayake	Dr. J. R. Fonseka	Dr. N.A.W.M.R.D.M.K. Dehigama
Professor R.M. Mudiyanse	Dr. L.H. Fernando	Dr. P.D.O.S. Dilanka
Dr. A.P. Sendheera	Dr. H.M.S.T. Bandara	Dr. M.G.T.D. Wijewardhane
Dr. S.G. Udugama	Dr. N.L.L. Jayasinghe	Dr. S. Raguraman
Dr. D.E.G. Fernando	Dr. C.H.K. Fernando	Dr. M.V.D. Nawarathne
Dr. F.H. Sheriff	Dr. P.Y.S. Jayasinghe	Dr. K.M.S. Lakmini
Dr. H.A. Pubudinie	Dr. T.A.U. De Silva	Dr. S.V.T.N.P. Suriapperuma
Dr. A.D.C. Warnakulasuriya	Dr. A.G.S. Darshani	Dr. P.P. Wickramaratne
Dr. P.S.C. Jayasekara	Dr. L.H.R.A. Premathilaka	Dr. C.M.P. Fernando
Dr. A.D. Withanachchi	Dr. M.T.R. Jayatunge	Dr. T.A.E.S. Thalagala
Dr. W.G.K. Navoda Koshalli	Dr. M.A.D.H. Dias	Dr. T.K. Pinipa Tathsaranga
Dr. D.A. Dimal	Dr. M.C.S. Rupasinghe	Dr. A.D.M. Gunasekara
Dr. A.T.P.L. Jayashantha	Dr. M.S. Weerasena	Dr. P.H.I.M. De Silva
Dr. S. Ariyanayagam	Dr. N.K.A. Silva	Dr. T.C. Agampodi
Dr. P.D.M. Suranjan	Dr. D.L.U. Amarakoon	Dr. A.K.S.S. Jayasena
Dr. K.A.S.J. Balawardane	Dr. K.M.N.C. Fernando	Dr. N.M.U.S. Nawaratne
Dr. S. Sivathiran	Dr. S.G. Wijesekara	Dr. A.G.L.M.P. Fernando
Dr. B.A. Dharmapriya	Dr. S. Paranamana	Dr. A.L. Tennegedara
Dr. S. Vathshalan	Dr. K.V. Abeyratne	Dr. W.P.D.P. Perera
Dr. I.E. Gunaratna	Dr. M.N. Karunathilaka	Dr. W.D.D. Priyankara
Dr. T. Rameshkumar	Dr. M.A.H.J. Madagammana	Dr. C.S. Edirisuriya
Dr. N.M.T.C. Jayasekara	Dr. G.S. Amarasinghe	Dr. G.W.V.S. Kithmini
Dr. C.H. Mallawarachchi	Dr. S.M.A. Subasinghe	Dr. S.M.N.S.M. Mallawarachchi
Dr. O.T.M.R.D.N. Premaratne	Dr. R. Jeyanthakumar	Dr. H.M.S.S. Herath
Dr. Y.J. Costa	Dr. L.J. Jayaweera	Dr. Y. Sutharsiny
Dr. V. Radhakrishnan	Dr. W.W.M. Kularathna	Dr. J. Warushahennadi
Dr. G.L.D.C. Prematilake	Dr. T.M.E. Dabrera	Dr. K.C. Ranasinghe
Dr. B.M. Dayananda	Dr. F.R. Hashim	Dr. R. Kumar
Dr. C.D.J. Colombage	Dr. A.M.A.S. Ambanwala	Dr. S.D.N. Senadhira
Dr. R.M.S.I. Rajapakse	Dr. H.M.M. Perera	Dr. I.F. Amra
Dr. W.A.R.S. Perera	Dr. H.R.I.S. Herath	Dr. H.A. Dissanayake
Dr. R. S. Savanadasa	Dr. M. A. S. R. Gunawardane	Dr. K. Vaasutheva
Dr. W. A. C. Lakmali	Dr. L. D. Kekulawala	Dr. T.T. De Silva
Dr. H. L. D. S. Ariyaratne	Dr. S. D. Samarasekera	Dr. V.S.M.C K.B. Jayawardena

Ordinary Members (48)

Dr. S. Raguraman
Dr. P.M.G. Gunasekara
Dr. B.M.E.S. Singhakumara
Dr. B.D. Gamage
Dr. A.K.M.A. Udeshika
Dr. H.M.D. Moratuwagama
Dr. K.W.P.S. Bandaranayake
Dr. N. Liyanage
Dr. K.R.R. Peiris
Dr. M.K.P. Sampath
Dr. M.B.R. Hasanthan
Dr. A.J. Hewasinghe
Dr. U.A. Kollurage
Dr. S.K.G.P.H.K. Sooriyagoda
Dr. T. Jeyakanth
Dr. H.K. Pathiraj
Dr. P.K. Weerasinghe
Dr. K.M. Hirimutugoda

Dr. D.E.G. Fernando
Dr. N.M.D. Ranawaka
Dr. H.W.D. Anuruddhika
Dr. Y.G. Ellawela
Dr. L.S.D. De Silva
Dr. K.B.S. Gunasena
Dr. H.M.P. Herath
Dr. J.K. Liyanawaduge
Dr. U.A.A.S. Perera
Dr. H.K.D.K. Prabasara
Dr. K.P. Hasanthan
Dr. G.P.C.S.N. Pathirana
Dr. P. De Mel
Dr. M.P.K. De Silva
Dr. R.A.D.V.P. Ranasinghe
Dr. P.D.N.A. De Almeida
Dr. K.W.D.A. Anuradha
Dr. M. R. Rifaz

Dr. A.D. Mudalige
Dr. J.M. Gunatilake
Dr. G.R.B.S. Bandara
Dr. L.J. De Silva
Dr. U.K.T. Vipulanayake
Dr. H.S. Liyanarachchi
Dr. K.G. De Saram
Dr. S.A.S.C. Karunaratne
Dr. S.J. Jayawickreme
Dr. D.P.M. Weragoda
Dr. W.D.C. Perera
Dr. R.T.J.J. Rajapaksha
Dr. P. Arumugam
Dr. I.M.H.W. Bandara
Dr. D.V.T. Kasunjith
Dr. A.W. Jayawardena
Dr. A.L.H.M. Rauff
Dr. J. A. Jayatissa

Student members (229)

Miss. D.O. Ranaweera
Miss. S. Rivasan
Mr. T.M.N.N.L. Obeysekara
Miss. M.J.F. Jazla
Mr. R.D.C.M. Rajapaksha
Miss. Sithara
Miss. K.G.A.S. Kirindage
Mr. J.S. Halahakone
Miss. S.K.S. Chathurani
Miss. L. Zangmo
Mr. P.K.P. Pathirana
Miss. N.G. Wijeratne
Mr. K.R.R. Peiris
Mr. A.P. Adhikarie
Miss. H.M.A.P. Hindagoda
Miss. S.M. Hapuarachchi
Mr. A.L. Ilham
Miss. S.M.N.M. Senanayake
Miss. K.A.A. Kulasooriya
Mr. H.U.M. Chamara
Miss. N.N. Kumarasinghe
Mr. M.H.M. Wickramasekara
Miss. E.M.P. Kularathna
Miss. W.P.C. Welagama
Miss. D.A.N. Dayarathna
Miss. P.M.C.M. Wickramaratne
Miss. I.M. Amerasinghe
Miss. C.P. Ramanayake
Miss. S.D.D.P.K. Wickramasinghe
Miss. A.G.P. Sathsaranie
Miss. E.M.S.K. Ekanayaka
Miss. R.M.P.M.K. Rathnayake
Mr. S.A.A.S. Samarasingha
Miss. G.R.M. Parakrama
Miss. S.D. Madhushani
Miss. R.D. Gunarathne
Mr. J.S. Bandara
Miss. H.P.N.S. Herath
Mr. G.H. Liyanage
Mr. A.A.S.M. Adikari
Miss. D.M.A.N. Bandara

Miss. M.P.F. Safna
Miss. A.C.M. Ranasingha
Miss. W.M.M. Sakunthala
Mr. T.M. Kottage
Mr. M.U. Madduwage
Miss. H.M.C.M. Herath
Miss. F.Z. Zawahir
Miss. M.D.A.U. Jayamanne
Mr. W.A.L.T. Wijayarathne
Miss. P.D.D.K. Fernando
Miss. M.H.D. Gunathunga
Mr. H.K.N.P. Tharanga
Mr. A.A.A.P. Amarathunga
Miss. H.A.L.P. Hettiarachchi
Mr. A.G.G. Sanjeewa
Miss. J.M.S.V. Jayakody
Mr. S.A.B.A. Senanayake
Miss. A.I. Athukorala
Mr. F.H.C.C. Silva
Mr. D.A. M. Doowarachchi
Mr. D.S. Wickramanayake
Miss. T.A. Amarasinghe
Miss. W.P.H.E. Piumali
Miss. A.M.T.N.M. Aththanayaka
Miss. N.G.S.C.K. Wickramasinghe
Miss. B.D.S.K. Gunaratne
Miss. T. Manapperuma
Miss. B.M. Madhubhashini
Mr. M.C.N. De Costa
Miss. S.D. Dissanayake
Miss. M.S.Z. Begam
Miss. R.G.S.M. Ranathunga
Miss. I.P.N.M. Dilrukshi
Miss. A.M.H. Madhushika
Miss. E.M.N. Priyadarshani
Miss. K.D.K.W. Ranasinghe
Miss. G.K.S. Liyanage
Mr. E.M.C.U. Samarasekara
Miss. W.M.T.D. Ranasinghe
Miss. B.P.J. Bamunawala
Miss. W.N.M. Premachandra

Miss. H.L. Thilini Niranjala Kumari
Miss. M.A. Sadhika
Mr. M.M.B. Heenkenda
Miss. J.A.S.B. Weerasinghe
Mr. H.H.D.R. Nandasiri
Miss. K.M.O.D.K. Alahakoon
Miss. K.M.I.A.T. Konara
Miss. W.N.M. Madushani
Miss. S.K.N. Dharmasena
Miss. C.U. Welhenge
Mr. Y.A.C.B. Thushara
Miss. S.O. Seenigama
Miss. I.M.Y.M. Illankoon
Miss. L.H.H. Suraji
Mr. I.P. Dissanayaka
Mr. K.T.M.T.D. Serasinghe
Mr. N.M.M. Risly
Mr. B.A.O.A. Senevirathna
Miss. T.M.P.Y. Illawathura
Mr. T.P.M. Dissanayake
Miss. H.M.K.M. Herath
Miss. W.M.S. Weerasooriya
Miss. B.T.M.C. Ananda
Miss. W.G.S.C. Weerasinghe
Mr. M.F.A. Azdi
Miss. B.N.T. Gunarathne
Mr. P.D.S. Sermal
Mr. I.D.A.P.M. Dias
Miss. P.G.M.H. Wickramatunga
Miss. T. Kaluthotage
Miss. E.U.G.R. Rasanjali
Mr. U.G.D.B. Abewardana
Miss. I.M.C. Prasadi
Miss. S.F. Maheesa
Miss. H.D. Yatapana
Miss. K.R.D. Sandeepani
Miss. B.A.K.M.N.C. Chandrapala
Mr. A.K.G.D.T. Bandara
Mr. T.M.N.G.K.C. Bandara
Miss. R.A.D.M. Weerakkodi
Miss. W.A.M.M. Fernando

Miss. R.A.N.D.K. Rupasinghe
 Mr. S.J.E. Sandanayaka
 Miss. S.M.E.I. De Alwis
 Miss. S. Munagamage
 Mrs. M.M.W. Kumari
 Miss. H.R. Chandrathilaka
 Miss. W.C.E. Wickramasinghe
 Mr. S. Ganeshan
 Miss. M.R. Wijesundara
 Miss. C.H.G. Mahipala
 Miss. H.S. Meedeniya
 Miss. W.U.L.D.S.M. Perera
 Miss. M.A.F. Deeniya
 Miss. M.A.H.I. Matharaarachchi
 Miss. B.M.P.S. Bandara
 Miss. C.H. Eramudugolla
 Miss. H.M.D.D. Herath
 Miss. H.D.H.L. Jayasinghe
 Miss. G.R. Nawarathne
 Miss. H.M.R.M. Chandrasekara
 Mr. W.A.M.N.S.D Athapaththu
 Miss. U. Fernando
 Miss. Y.N. Rajapaksha
 Miss. M.A.C. Sanjeevani
 Mr. R.J.K.L.D. Ranatunga
 Miss. P.H.N. Madhubhashini
 Miss. N.S. Dharmadasa
 Mr. R.M.S.S. Rathnayaka
 Mr. A.G.T.P. Samarasingha
 Mr. B.D.M. Galkadulla
 Miss. P.K.W.M. Nonis
 Miss. P.P.M.C.K. Pathiraja
 Mr. M.A.I. Priyadarshana
 Miss. M.M.P. Hansamali
 Mr. P.I. Perera
 Dr. D. T. Dhanaratna

Miss. W.G.C. Nisansala
 Miss. S.B.S.D.S. Bandara
 Mr. S.A.C. Sandaruwan
 Mr. M.T.M. Rishad
 Miss. K.W.S.K. Gunarathne
 Miss. N.J. Ambillapitiya
 Mr. A.A.K.T. Adhikarie
 Mr. R.M.T.M.U. Rathnayake
 Miss. J.A.C.N. Karunathilaka
 Miss. N.S. Millawana
 Miss. K.D.N.D. Pathirana
 Mr. S.M.K.G.A. Bandara
 Miss. W.K. Wanaguru
 Mr. P.M.L. Madusanka
 Mr. W.M.I.P. Jayasundara
 Miss. C.P. Sugathadasa
 Miss. H.D.I.T. Jayarathne
 Miss. N.W.W.M. Nugahapola
 Miss. H.M.G.D. Chamodini
 Mr. T.D.S.S. Wijethunga
 Mr. V. Bandara
 Mr. K.Y.M.K.W. Yapa
 Miss. A.A.D.L.A.S. Saparamadu
 Mr. W.E.A.P. Wijewardene
 Miss. M.R.N. Mduwanthi
 Mr. M.M.M. Rinshaf
 Miss. H.D.B.S. Perera
 Miss. K.M.K.L. Dayarathne
 Miss. Fawaza
 Mr. N.D.D.N. De Silva
 Mr. R.M.D. Nimrod
 Miss. A.C. Pussellage
 Miss. N.T.K. Premathilaka
 Miss. H.M.C.J. Herath
 Dr. M. F. F. Ahmed

Miss. I.S. Thennakoon
 Miss. M.P. Premathilaka
 Miss. G.U.W.U.K. Kumari
 Miss. A.S.P. Silva
 Miss. G.A.R.K. Wijerathna
 Mr. W.A.C. Bandara
 Miss. M.L.C.M. Wijerathna
 Miss. D.M.R. Kaushalya
 Miss. H.R.D. Niroshani
 Miss. B.M.S. Karunathilaka
 Mr. S.P.A.K.T. Samarakoon
 Miss. C.G. Thennakoon
 Mr. K. Marasinghe
 Miss. J.G.K.D. Jayawardena
 Miss. P.A.M. Stella
 Miss. R.D.D.S. Jayarathne
 Miss. I.R.V.R. Jayasiri
 Mr. M.D. Jayarathne
 Mr. N.P.K.P. Wljerathne
 Miss. A.E. Jayapathma
 Miss. S.E.G.S. Kulamini
 Miss. T.S. Pathirana
 Mr. M.N.D. Withana
 Miss. W.V.N.K. Rodrigo
 Mr. S.J.A.Y. Rodrigo
 Miss. G. Sanjeevini
 Miss. V.G.S. Madhushani
 Miss. R.M.R. Erandika
 Mr. R.A.S.D. De Alwis
 Miss. P.A.S.K. Pathiraja
 Miss. M.P.A.C. Pathirana
 Miss. D.G.A.L. Premasiri
 Mr. R.M.P.C. Rathnayake
 Miss. H.M.T.H. Herath
 Dr. R. Rajramanan

Annexure 7: Auditors' Report

DETAILED INCOME & EXPENDITURE STATEMENT YEAR ENDED 31ST OCTOBER 2018

13. INCOMING RESOURCES

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Subscription and Entrance Fee	1,336,585	1,485,434
Anniversary International Medical Conference	12,234,889	26,620,780
Rent Income	5,669,758	5,044,162
Auditorium and Council Room Hire	504,817	806,250
Career Guidance Seminar	105,000	36,000
Income from Ceylon Medical Journal (13.1)	1,789,535	892,267
	<u>21,640,584</u>	<u>34,884,893</u>

13.1 Income from Ceylon Medical Journal

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Library Subscription	-	750
Sale of Journal	5,000	3,500
Processing Fee	497,635	263,017
Grants	1,286,900	625,000
	<u>1,789,535</u>	<u>892,267</u>

14. PROJECT EXPENDITURE

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Operational Expenditure (14.1)	2,880,725	2,859,424
Annual Academic Session (14.2)	17,817,138	15,969,880
Ceylon Medical Journal (14.3)	455,467	559,200
	<u>21,153,330</u>	<u>19,338,504</u>

14.1 Operational Expenditure

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Paper Advertisement	55,397	40,462
Auditorium Equipment Repair	78,673	52,932
Lectures and Meetings	968,594	830,489
Foundation Celebration Session	1,056,051	784,550
Career Guidance Seminar Expenses	113,923	31,810
Regional Conference Expenses	108,089	536,257
Sessions Co-coordinator Monthly Allowance	460,000	382,295
Medical Writing Workshop	-	6,900
Workshop Expenses	-	31,786
CPD Project Expenses	-	161,943
Healthy Medics Programme	40,000	-
	<u>2,880,725</u>	<u>2,859,424</u>

14.2 Annual Academic Session

Annual Academic Sessions

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
17,817,138	15,969,880
<u>17,817,138</u>	<u>15,969,880</u>

14.3 Ceylon Medical Journal

Stamp Charges
Postage and Stationary
Computer and Fax Machine Maintenance
Salaries
EPF and ETF
Telephone and Fax
Monthly Allowance
Bonus
Sundry expense
Web Site expense
Sundry expense

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
-	-
3,913	13,301
-	69,644
322,100	299,766
48,300	44,965
52,069	51,279
12,000	22,000
12,500	25,190
4,000	6,800
-	25,000
585	1,255
<u>455,467</u>	<u>559,200</u>

15. OTHER INCOME

Sale of Books
Interest Income
Sponsorship and Other Donations
Sundry Income
Electricity Income
Amortization of Grants
Clinical Trial Registry Proposal
Income from Annual Medical Dance
Income from FERCSL Conference
ERC Income
Workshop Registration
End AIDS Road Map WHO
SLMA - ID
Restricted Development Funds
Flood relief donation
Sale of Old Fixed Assets

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
209,092	95,084
1,615,809	1,790,963
4,086,806	5,957,402
1,222,450	489,282
904,968	934,832
119,369	126,739
1,050,518	865,643
674,695	872,254
44,020	250,960
110,470	108,381
(10,000)	3,000
-	81,059
7,800	11,000
222,429	-
-	119,065
85,481	-
<u>10,343,996</u>	<u>11,705,664</u>

ADMINISTRATIVE EXPENSES

Salary and Overtime
E.P.F and E.T.F
Bonus
Electricity

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
4,584,442	4,017,737
560,409	524,181
553,429	574,909
1,913,010	1,890,599

Printing and Stationery	1,007,213	569,476
Postage	158,251	103,593
Staff Welfare	136,840	97,395
Repair and Maintenance	1,164,699	1,929,407
Water	86,252	120,421
Depreciation	2,466,666	2,139,500
OPA Membership Fee	21,850	21,850
Travelling and Hiring	61,017	90,759
President Induction Ceremony	512,572	315,349
Fax and Telephone	350,967	380,487
Rates and Taxes	236,776	201,432
Internet Charges	163,470	227,082
Audit Fees	211,673	40,457
Gratuity	148,696	227,910
Franking Machine	675,349	630,144
Council Group Photograph	-	45,200
Annual Return Expenses	110,657	116,470
Security Charges	474,248	400,188
Research Promotion Grant	170,240	150,000
Bank Charges	192,353	71,402
Sundry Expenses	948,174	321,295
Daily News Publication Expenses	18,720	-
Income Tax Computation Charges	20,930	-
News Letter Advertisement Collection Expenses	77,000	248,000
AGM Meeting Expenses	100,600	64,695
Law and Medical Cricket Match Expenses	232,925	533,000
Membership Fees	65,597	104,473
FERCAP Expenses	46,614	45,113
Quik book expense	17,542	17,595
Gate Repairing	68,000	-
Fixed asset disposal	(84,914)	288,137
Charity & Donation	-	1,250,000
Promotion & Extra activities	-	85,000
	<u>17,472,268</u>	<u>17,843,256</u>