



ANNUAL REPORT

SRI LANKA MEDICAL ASSOCIATION

2022

SRI LANKA MEDICAL ASSOCIATION



Sri Lanka Medical Association

Annual Report - 2022

“Wijerama House”, No. 6, Wijerama Mawatha, Colombo 7, Sri Lanka.

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President's Message



With a true sense of joy, fulfilment, gratitude and satisfaction, I take this opportunity to present the Annual Report of the Sri Lanka Medical Association (SLMA) for the year 2022.

It was indeed a privilege and an honour to be the 128th President of the SLMA. In concluding the tenure of office in late December 2022, my message to the annual report 2022, reflects, recalls, and reviews the SLMA's annual journey. I, together with our Council of 2022 took on the duty of maintaining the high standards expected of the SLMA, the oldest national medical association in Australasia and an institution which has indeed succeeded in uniting all sectors of the medical and allied health professions of the country through its membership encompassing all grades of doctors in Sri Lanka and even the medical students. Known and recognized nationally and globally as the premier medical association in Sri Lanka, the SLMA had the necessary strength to withstand all obstacles and challenges. It steadfastly attempted to address, mitigate, prevent, and even control the impacts of the crisis affecting the country during this year.

I and the Council of the SLMA, started our tenure of office in the aftermath of the COVID-19 pandemic, with the effects of its devastating mortality and morbidity still in the air. The Annual General Meeting on December 22, 2021, and the Presidential Induction Ceremony on January 16, 2022, were held with all the required and necessary safety measures, including social distancing, wearing of masks, hand sanitization and a limited number of participants to prevent and control the spread of the disease.

Then came the economic crisis, with its devastating effects on the health sector, the social disturbances with the breakdown of communal harmony, fuel shortage with long queues together with its associated travel restrictions, food shortages and their inevitable consequences and electricity shortages.

It was quite challenging with disagreements, even within our profession and the SLMA, on issues directly and indirectly affecting the SLMA, health sector and health care. The emotions were high; the reactions were unfathomable, and these affected every stratum of society, with a huge public outcry. An open discussion, based on facts and figures, national needs, and particularly the changing needs and expectations of our society, could not be addressed on a professional platform. I can state here without any hesitation that the wide mix of our own Council and members of SLMA Expert Committees, had diverse opinions for the reasons and for the solutions to the crisis affecting our Motherland. Numerous meetings, discussions, letters, inquiries, agreements, and disagreements were common. Respect to the views of the majority, considering Past Presidents' advice, and good will of the majority, brought some degree of sanity to the SLMA.

On a somewhat brighter note, let me take you on the journey of the SLMA during the past year.

I and the SLMA Council for 2022, took office on December 22, 2021, at the AGM with the theme, "Planetary health and global health security". This particular notion was chosen to reflect, remind and address the threats to humans on the planet earth. Even though not the first calamity in human history, COVID-19 left its legacy and consequences on human health. Therefore, that specific theme was selected as it was thought to be opportune for the situation.

Our tenure of office started on January 3rd with a religious ceremony at the SLMA, with the participation of clergy from all religions practised in Sri Lanka. This was followed during the ensuing year with seven orations, nine monthly clinical meetings and two regional clinical meetings, ten media briefings, fifteen seminars, lectures, and symposia. The 'Saturday Talk' was held every Saturday, from January 8th to December 17, 2022, without a break. SLMA published six media statements, addressed directly to policy makers on protecting the health of the citizens of Sri Lanka.

The SLMA established the 'SLMA Relief fund', to address the shortages of medicines and equipment in the health sector with a US Dollar account, the first of this nature ever.

The 135th Anniversary International Medical Congress 2022, the first with physical participation, after two years, was held from September 28th to October 1st at the BMICH. The congress was inaugurated on September 28, 2022, followed by the SLMA oration. The much-awaited Doctor's Concert was held in-person after a lapse of two years on the evening of October 1st at the BMICH. The congress consisted of six Scientific Orations, five Plenary Lectures, fourteen Symposia, and Panel Discussions. The Keynote Address discussed the theme of the congress, 'Planetary Health and Global Health Security'. The Chief Guest Dr. Alaka Singh, Country Representative of the World Health Organization, and the Guest of Honour Dr. Asela Gunawardena, Director General of Health Services of the Ministry of Health in Sri Lanka added strength and glamour to the congress. Over one hundred free papers were showcased as oral and poster presentations, discussing new and innovative research findings. The Academic Committee and the office staff of the SLMA worked tirelessly to make this event such a tremendous success. The Executive Committee and the Members of the Council supported that initiative unconditionally. The Past Presidents guided the Council in an able manner. The dedication, commitment and resourcefulness of the Congress Co-Chairs, Senior Professor Anuja Abayadeera and Dr. Surantha Perera, the masterminds behind this entire congress, is warmly remembered. Senior Professor Ishan De Zoysa, who was there always, advising and motivating, need to be mentioned with gratitude. It is indeed a privilege to offer a very special 'thank you' to Dr Harini Fernando, Dr Sumitra Tissera for their invaluable efforts and to Dr B. J. C. Perera for his continuous editorial support.

The Foundation Sessions of the SLMA was held in November 2022 with the participation of the immediate Past President of the SLMA, Dr Padma Gunaratne as the Chief Guest. The E. M. Wijerama Endowment Oration and the Sir Marcus Fernando Oration were followed by a full day of lectures on important health issues.

The Medical Dance 2022 was a resounding and memorable event. Held after two years, our ability to bring the long-standing tradition of the Medical Dance to fruition so well, was remarkable. This was a huge team effort that was enjoyable and quite exceptional. It was held on December 16, 2022, at the Cinnamon Grand in Colombo, fully attended and continued till 1.00 am, the next day. The attendees could not stop dancing, and the organisers had to force the dancers to stop dancing to conclude the event. A special thank you to Dr Pramilla Senanayake, for your support, interest, energy, and strength. Special thank you also goes to the Dance Committee.

The Law-Medical cricket match followed the dance at Colts on December 18th, 2022. Most unfortunately, we lost it by the narrowest of margins.

The SLMA was able to renovate and repair parts of the building and renewed the contracts with the colleges renting rooms in the SLMA. This made us generate much-needed additional income.

The multitude of achievements, and the potential to do more by the SLMA, would not have been possible without the Honorary Secretary, Professor Ishan De Zoysa. I am grateful to him for his strength and support, especially in times of turbulence, which were many during this year. The two Vice Presidents, Professor Anuja Abhayadeera and Dr Surantha Perera, always gave strong leadership and bore the entire responsibility of leading the two important annual events, the 135th Anniversary International Medical Congress and the Foundation Sessions. Professor Hasini Benneheke, the Honorary Treasurer, was a tower of strength to the SLMA and supported, advised, and monitored the strengthening of the procurement processes, accountability, and good governance. Professor Kumara Mendis and Dr Sumithra Tissera steered the monthly newsletter to perfection and raised the bar more than ever; a truly remarkable achievement. I thank the highly capable and committed editorial team, who were responsible for twelve marvellous newsletters. Thank you, Dr Anuruddhika Ratnayake, for helping with the council minutes and Dr Kaushi Attanayakege for help whenever requested and required.

Our indefatigable Public Relations Officer, Dr Preethi Wijegunawardena was a tower of strength during the year. The professional leadership of the two Social Secretaries, Drs Pramilla Senanayake and Christo Fernando, was a pleasure to experience. A very special word of gratitude to Dr B. J. C. Perera for all his help. Indeed, hardly any document left the SLMA without it being subjected first to a process of editing on his computer.

Dr Vinya Ariyaratne, President-elect was a tower of strength throughout the year. I am most grateful to the Board of Trustees and all Past Presidents for their ready support and advice. Every member of the Council participated actively. A very special mention of the perpetual support of SLMA staff members, so well institutionalized and committed, is presented here with gratitude. I thank every member of SLMA and particularly the active readership of our newsletter, for your support and valuable feedback.

Just a reminder, I, and the Council of the SLMA lost valuable time due to various problems and issues facing the country during our tenure. Our achievements would have been even greater and more substantial if only we had the usual complement of a full year, uninterrupted by many an unavoidable occurrence over which we had very little control.

I conclude with the very best of my compliments and heartfelt wishes to all for the Christmas Season and the New Year 2023.

Professor Samath D. Dharmaratne
President,
Sri Lanka Medical Association

21st December 2022

Council of the Sri Lanka Medical Association 2022



Seated Left – Right: Prof B M H A Banneheke (Honorary Treasurer), Dr Christo Fernando (Social Secretary), Dr Pramilla Senanayake (Social Secretary), Dr B J C Perera, Dr Surantha Perera (Vice President), Dr Padma Gunaratne (Immediate Past President), Prof Samath D Dharmaratne (President, SLMA), Dr Vinya Ariyaratne (President Elect), Prof Anuja Abaydeera (Vice President), Prof Indika Karunathilake, Dr Lucian Jayasuriya, Dr Anula Wijesundere, Prof Ishan De Zoysa (Honorary Secretary)

Standing Left – Right – (First row): Dr. S B Anuruddhika, S M Rathnayake (Honorary Assistant Secretary), Dr Sumithra Tissera, Dr O R J C Ranasinghe, Prof Athula Kaluarachchi, Dr Kapila Jayaratne, Dr M Sarath Gamini De Silva, Dr V Murali, Dr M S Rubasinghe, Dr N G G D Pramitha Mahanama, Dr Thilina Wanigasekera, Dr F Riska Ihsan, Prof Sampatha Gunawardene, Dr Kaushi Attanayakage (Honorary Assistant Secretary), Dr S D Lilanthi P Subasinghe, Dr G U Ramadasa

Standing Left – Right – (Second row): Prof Jennifer Perera, Dr U C P Perera (Honorary Assistant Secretary), Dr Mahen Kothalawala, Dr Manilka Sumanatilleke, Prof Kumara Mendis (Honorary Assistant Secretary), Prof R W T W A M Olupeliyawa, Dr Preethi Wijegoonewardene (Public Relations Officer), Dr E A Sajith T Edirisinghe (Honorary Assistant Treasurer), Prof Gitanjali Sathiadas

Absent – Dr Harini Fernando, Dr Lakshman Ranasinghe, Prof A Pathmeswaran (Co-Editor, Ceylon Medical Journal), Prof Senaka Rajapakse, Dr Sunil de Alwis, Prof Saroj Jayasinghe, Dr Kalyani Guruge, Dr Renuka Jayatissa, Dr Ruvaiz Haniffa, Dr Asitha Kosala Thannippuli Arachchi, Dr Nilanka Wickramasinghe

1. ANNUAL GENERAL MEETING 2021

The Annual General Meeting of the Sri Lanka Medical Association (SLMA) was held on the 22nd December 2021 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 07. Dr. Padma Gunaratne chaired the meeting. She thanked the members of the Council, members of the SLMA and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. She summarised the achievements and shortcomings during her period of presidency. The Honorary Secretary Dr. Sumithra Tissera tabled the Annual Report 2021 and the minutes of the previous Annual General Meeting held on 21st December 2020. The minutes were unanimously confirmed by the membership present. Dr. Sumithra Tissera thanked the president, the members of the council, members of the SLMA and the staff of the SLMA office for the support given during the year 2022.

ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

| | |
|---|---|
| President | Professor Samath D. Dharmaratne |
| President Elect | Dr. Vinya Ariyaratne |
| Vice Presidents | Professor Anuja Abayadeera Dr. Surantha Perera |
| Secretary | Professor Ishan De Zoysa |
| Assistant Secretaries | Dr. Kaushi Attanayakage Professor Kumara Mendis Professor U. C. P. Perera Dr. S.B.A.S.M. Rathnayake |
| Treasurer | Professor B.M.H.A. Banneheke |
| Assistant Treasurer | Dr. E.A. Sajith T. Edirisinghe |
| Public Relations Officer | Dr. Preethi Wijegoonewardene |
| Social Secretaries | Dr. Christo Fernando Dr. Pramilla Senanayake |
| Past President Representative | Dr. Lakshman Ranasinghe |
| Co-editors, Ceylon Medical Journal | Professor A. Pathmeswaran (resign October 2022) Professor Senaka Rajapakse Professor Athula Sumathipala (November 2022 – to date) |

ELECTED COUNCIL MEMBERS

Dr. Sarath Gamini De Silva, Dr. Sunil de Alwis, Dr. Harini Fernando, Dr. Kalyani Guruge, Prof. C.S.E. Goonawardane, Dr. Ruvaiz Haniffa, Dr Riska Ihsan, Dr. Kapila Jayaratne, Prof. Saroj Jayasinghe, Dr. Lucian Jayasuriya, Dr. Renuka Jayatissa, Prof. Athula Kaluarachchi, Prof. Indika Karunathilake, Dr Mahen Kothalawala, Dr. V. Murali, Dr. N. G. G. D. Pramitha Mahanama, Dr. B.J.C. Perera, Prof. Jennifer Perera, Dr O. R. Jagath C. Ranasinghe, Dr. G.U. Ramadasa, Dr. M. S. Rubasinghe, Dr S. D. Lilanthi Subasinghe, Prof. Gitanjali Sathiadas, Dr Manilka Sumanathilake, Dr. Asitha Kosala Thannippuli Arachchi, Dr. Anula Wijesundere, Dr. Nilanka Wickramasinghe, Dr. Thilina Wanigasekera

EX-OFFICIO COUNCIL MEMBERS

Dr. Padma Gunaratne (Immediate Past President), Dr. Sumithra Tissera (Out – going Secretary), Prof. Asela Olupeliyawa (Out – going Treasurer)

2. INDUCTION OF THE PRESIDENT

The induction ceremony of Prof. Samath D. Dharmaratne, the President of Sri Lanka Medical Association for the year 2022 was held on 16th January 2022, at Cinnamon Grand, Colombo. The induction took place amidst a large and distinguished gathering exceeding 150 invitees.

His presidential address was given wide publicity by both the electronic and print media.

The ceremonial induction was followed by a reception and fellowship for all invitees.



Dr. Padma Gunaratne inducting Prof. Samath D. Dharmaratne as President SLMA 2022



Prof. Samath D. Dharmaratne delivering the Presidential Address



Lighting the Lamp of Learning



Audience

3. COUNCIL MEETINGS

Twelve Council meetings (12 Regular meetings) were held in 2022. The attendance of members at the regular Council meetings is given below:

| Name | No. | Excuses | Name | No. | Excuses |
|--------------------------------|-----|---------|-----------------------------------|-----|---------|
| Prof. Samath D. Dharmaratne | 12 | 00 | Dr. F. Riska Ihsan | 05 | 02 |
| Prof. Ishan De Zoysa | 12 | 00 | Dr. Kapila Jayaratne | 03 | 02 |
| Dr. Padma Gunaratne | 12 | 00 | Prof. Saroj Jayasinghe | 12 | 00 |
| Dr. Vinya Ariyaratne | 11 | 01 | Dr. Lucian Jayasuriya | 11 | 01 |
| Prof. Anuja Abaydeera | 10 | 01 | Dr. Renuka Jayatissa | 05 | 00 |
| Dr. Surantha Perera | 12 | 00 | Prof. Athula Kaluarachchi | 04 | 00 |
| Dr. Kaushi Attanayakage | 10 | 01 | Prof. Indika Karunathilake | 10 | 01 |
| Prof. Kumara Mendis | 11 | 00 | Dr. Mahen Kothalawala | 01 | 00 |
| Prof. U.C.P. Perera | 05 | 05 | Dr. V. Murali | 09 | 00 |
| Dr. S. B. A. S. M. Rathnayake | 12 | 00 | Dr. N. G. G. D. Pramitha Mahanama | 05 | 02 |
| Prof. B. M. H. A. Banneheke | 11 | 01 | Prof. R.W.T.W.A.M. Olupeliyawa | 00 | 00 |
| Dr. E.A. Sajith T. Edirisinghe | 12 | 00 | Dr. B.J.C. Perera | 12 | 00 |
| Dr. Preethi Wijegoonewardene | 04 | 01 | Prof. Jennifer Perera | 09 | 01 |
| Dr. Christo Fernando | 04 | 05 | Dr. O.R. Jagath C. Ranasinghe | 09 | 01 |
| Dr. Pramilla Senanayake | 06 | 01 | Dr. G.U. Ramadasa | 08 | 01 |

| | | | | | |
|----------------------------|----|----|-----------------------------------|----|----|
| Dr. Lakshman Ranasinghe | 03 | 01 | Dr. M. S. Rubasinghe | 08 | 01 |
| Prof. A. Pathmeswaran | 01 | 01 | Dr. S. D. Lilanthi P. Subasinghe | 07 | 00 |
| Prof. Senaka Rajapakse | 01 | 00 | Prof. Gitanjali Sathiadas | 05 | 00 |
| Dr. Sarath Gamini De Silva | 11 | 00 | Dr. Manilka Sumanatilleke | 08 | 01 |
| Dr. Sunil de Alwis | 01 | 00 | Dr. Asitha K. Thannipuli Arachchi | 03 | 01 |
| Dr. Harini Fernando | 11 | 00 | Dr. Sumithra Tissera | 12 | 00 |
| Dr. Kalyani Guruge | 12 | 00 | Dr. Anula Wijesundere | 10 | 00 |
| Prof. C.S.E. Goonawardane | 11 | 00 | Dr. Nilanka Wickramasinghe | 03 | 00 |
| Dr. Ruvaiz Haniffa | 05 | 03 | Dr. Thilina Wanigasekera | 09 | 01 |
| | | | Prof. Athula Sumathipala | 01 | 00 |

4. 135TH ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS

The 135th Anniversary International Medical Congress was held from 28th September – 01st October 2022 at the BMICH, Colombo. The Inauguration ceremony was held on 28th September 2022 at 6.00 pm onwards. The theme of the Congress was “Planetary Health & Global Health Security”. The Chief Guest of Honour was Dr. Alaka Singh, Country Representative, World Health Organization, Sri Lanka.

The annual congress comprised of three (3) pre congress seminars, the keynote address, four (4) orations, five (05) plenaries, fourteen (14) symposia and four (04) panel discussions. All were well attended.

There were 88 poster presentations and 30 oral presentations. The abstracts were published as a supplement of the Ceylon Medical Journal.

The Pre-Congress Sessions

1. The pre-congress workshop on “Emergency and Critical Care” was held on 3rd September 2022.
2. The pre-congress workshop on “Acute medical emergencies in children” was held on 4th September 2022.
3. The pre-congress workshop on Updates in Clinical Immunology” was held on 9th September 2022

The detailed programme is given in **Annexure 1**.



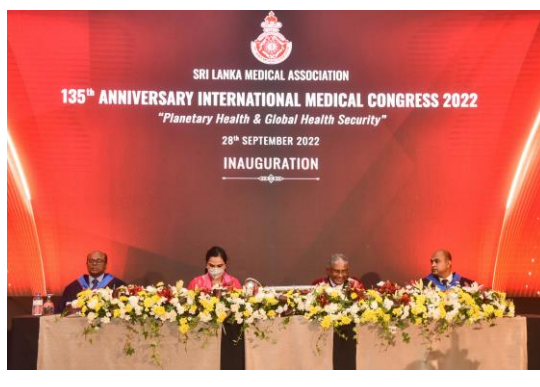
Ceremonial Procession



Welcome address by President SLMA



Address by Chief Guest



Head Table



Audience



Vote of thanks by Hony Secretary SLMA



With the Chief Guest





5. DESHABANDU DR. C. G. URAGODA ORATION ON THE HISTORY OF MEDICINE 2022

Deshabandu Dr. C. G. Uragoda Oration on the History of Medicine – 2022 which had been awarded to Dr. Jayantha P. Jayasuriya FRCA Past President, College of Anaesthesiologists & Intensivists of Sri Lanka in 2022 was delivered this year at the Lionel Memorial Auditorium on the 26th February 2022. The title of the lecture was “The Evolution of Anaesthesiology in Sri Lanka”. It was followed by fellowship and refreshments.



Awarding the medal to the Deshabandu Dr C. G. Uragoda Orator Dr Jayantha P. Jayasuriya



Dr Jayantha P. Jayasuriya delivering the Deshabandu Dr C. G. Uragoda Orator

6. ORATIONS

All orations of SLMA were selected by open advertisement. The E. M. Wijerama Endowment Oration is usually awarded to a person who has contributed much to the SLMA and the topic of the oration is decided by the orator. The decisions regarding the E. M. Wijerama Endowment Oration and the Desmond Fernando Memorial Lecture are made by the honours committee. The following orations were delivered in 2022.

THE SLMA ORATION

Wednesday 24th July 2020 at the BMICH, Colombo

“Deciphering acute kidney injury in Sri Lankan viper bites: Is thrombotic microangiopathy the key?”

Professor Eranga S. Wijewickrama

MBBS, MD, PhD, MRCP (UK), MRCP (UK) Nephrology, FRCP(UK), FCCP, FASN (USA)

Professor in Clinical Medicine, Faculty of Medicine, University of Colombo

Honorary Consultant Nephrologist, National Hospital of Sri Lanka and National Institute of Nephrology, Dialysis and Transplantation, Colombo

S C PAUL ORATION

Thursday 29th September 2022 at the BMICH, Colombo

“Using high throughput sequencing technologies to study genetic causes of ultra-rare neurological diseases!”

Dr. W. L. Dulika S. Sumathipala

MBBS (Col), MSc (Clinical Genetics), PhD (Norway)

Lecturer, Department of Anatomy, Genetics and Biomedical Informatics,
Faculty of Medicine, University of Colombo

PROFESSOR N. D. W. LIONEL MEMORIAL ORATION

Friday 30th September 2022 at the BMICH, Colombo

“Foetal haemoglobin induction as a treatment for thalassaemia: evidence from bench and bedside”

Professor Sachith Mettananda

MBBS, DCH, MD(Paed), DPhil (Oxon), FRCP, FRCPE, FRCPCH
Professor of Paediatrics and Head, University of Kelaniya
Consultant Paediatrician - Colombo North Teaching Hospital, Ragama

DR. S. RAMACHANDRAN MEMORIAL ORATION

Saturday 01st October 2022 at the BMICH, Colombo

“Cardiovascular risk prediction of Sri Lankans”

Professor Chamila Mettananda

MBBS, MD, MRCP, PhD, FRCP, FRCPE, FACP, FCCP

Consultant Physician and Professor, Faculty of Medicine, University of Kelaniya

MURUGESAR SINNETAMBY ORATION

NOT AWARDED

SIR NICHOLAS ATTYGALLE ORATION

NOT AWARDED

E M WIJERAMA ENDOWMENT ORATION 2022

Friday 11th November 2022 at the NDW Lionel Memorial Auditorium of the SLMA

“The quarter-of-a-century-long trek: A tryst with destiny”

Dr. B. J. C. Perera

MBBS(Cey), DCH(Cey), DCH(Eng), MD(Paed), MRCP(UK), FRCP(Edin), FRCP(Lond), FRCPC(UK),
FSLCPaed, FCCP, Honorary FRCPC(UK), Honorary FCGP(SL) Specialist Consultant Paediatrician
and

Honorary Senior Fellow, Postgraduate Institute of Medicine, University of Colombo, Sri Lanka

Past-President, SLMA

SIR MARCUS FERNANDO ORATION

Saturday 12th November 2022 at the NDW Lionel Memorial Auditorium of the SLMA

“A study of the genetic aetiology of rare inherited conditions in the Sri Lankan population”

Dr Dineshani Hettiarachchi

MBBS(Manipal), MSc (Colombo), MCGP(Colombo), SEDA UK

Senior Lecturer, Department of Anatomy Genetics and Biomedical Informatics

Faculty of Medicine, University of Colombo



Awarding the medal to the SLMA Orator Professor Eranga Wijewickrama



Dr. W. L. Dulika S. Sumathipala delivering the S C Paul Oration



Prof. Sachith Mettananda delivering the N.D.W. Lionel Memorial Oration



Prof. Chamila Mettananda delivering the S. Ramachandran Oration 2022



Dr B J C Perera delivering the Dr E M Wijerama Endowment Oration 2022



Dr Dineshani Hettiarachchi delivering the Sir Marcus Fernando Oration 2022

7. SLMA AWARDS

E M Wijerama Award - for the best paper

Association of pathological prognostic factors with tumour budding in invasive breast carcinoma, no special type

Vinothika S., Wijesinghe HD, Lokuhetty MDS, Constantine SR

S. E. Seneviratna Award - for the best paper

Cannabis promotion via Facebook in Sri Lanka: A content analysis

Senarath GUC, Sandaraje JDSAM, Sandaruwan KADH, Selvaratnam U, Senanayake SMAH, Perera KMN

H. K. T. Fernando Award - for the best paper

Association of long-term meditation with telomere dynamics, selected psychological variables and quality of life in healthy adults: A case control study

Dasanayaka HMNN, Sirisena ND, Samaranayake N

Sir Nicholas Attygalle Award - for the best paper

Validation of whole blood clotting test (WBCT) to detect venom-induced consumption coagulopathy (VICC) in snake envenoming

Wedasingha S., Silva A, Siribaddana S, Seneviratne K, Isbister GK

Wilson Peiris Award - for the best paper

Outcome after curative resection for colorectal cancer liver metastasis in Sri Lanka

Fernando KIC, Harryprashath M, Tillakaratne S, Cooray S, Gunatilleke B, Siriwardana R

Professor Daphne Attygalle Award - for the best paper in Cancer

Association of pathological prognostic factors with tumour budding in invasive breast carcinoma, no special type

Vinothika S, Wijesinghe HD, Lokuhetty MDS, Constantine SR

Sir Frank Gunasekera Award - for the best paper in Community Medicine / Tuberculosis

Perceptions and concerns over sharing sexual and reproductive health information with their daughters; A qualitative study among mothers of adolescent girls aged 14-19 years in Sinhala families residing in Kalutara district

Mataaraarachchi D, Vithana PVSC

Professor Kumaradasa Rajasuriya Award - for the best paper in Tropical Medicine

Validation of whole blood clotting test (WBCT) to detect venom-induced consumption coagulopathy (VICC) in snake envenoming

Wedasingha S, Silva A, Siribaddana S, Seneviratne K, Isbister GK

Special Prize in Cardiology - for the best paper in Cardiology

Recalibration of Framingham coronary heart disease risk score for a selected Sri Lankan population and its association with carotid artery intima media thickness (CIMT)

Abey Suriya V, Wijesinha NAI, Priyadarshan PP, Chandrasena LG, Wickremasinghe AR

Dr. S. Ramachandran Award - for the best Scientific Communication in Nephrology

Chronic kidney disease following hump-nosed pit viper (genus: *hynale*) bites

Rathnayaka RMMKN, Ranathunga PEAN, Kularatne SAM

The Sri Lanka Association of Clinical Pharmacology and Therapeutics award for the Best presentation in Pharmacology

Antimicrobial activities of different parenteral antibiotic products: A comparative in-vitro study

Chathuranga BAG, Dissanayake T, Fernando N, Wanigatunge CA

SLMA prize for the best poster

Frequency of germline variants of uncertain significance and clinicopathological features in Sri Lankan patients with hereditary breast cancer

Gunawardena KW, Sirisena ND, Anandagoda G, Neththikumara N, Dissanayake VHW

SLMA Research Grant 2021

Strengthening Near-Miss Reporting System at Curative Health care Institutions in Sri Lanka Dr. Dr M P Jayalath

CNAPT Award

Not awarded

G R Handy Award for the best paper in Cardiology published in the year 2020

Not awarded

Glaxo Wellcome Research Award for the year 2020

Not awarded

Professor Wilfred S E Perera Travel Award in Bioethics 2020

Not awarded

Dr. Thistle Jayawardena Research Grant for Intensive Care 2020

Not awarded

8. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 9 monthly clinical meetings this year in collaboration with Professional colleges. We thank Professor Ishan De Zoysa Honorary Secretary for meticulously arranging the programmes.

| MONTH | COLLABORATING COLLEGE |
|----------|---|
| January | Sri Lanka College of Paediatricians |
| February | Sri Lanka College of Haematologists |
| March | College of Anaesthesiologists and Intensivists of Sri Lanka |
| April | Sri Lanka College of Pulmonologists |
| June | College of General Practitioners of Sri Lanka |
| July | Ceylon College of Physicians |
| August | College of Ophthalmologists of Sri Lanka |
| October | Sri Lanka College of Physicians |
| December | College of Otorhinolaryngologists & Head and Neck Surgeons of Sri Lanka |

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the postgraduate trainee attendees.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly postgraduates in training, general practitioners and grade medical officers. The CPD committee and the Council have approved their recognition to award CPD points under the category designated "Teaching activities".

Majority of the monthly clinical meetings were available as webinars for the remote participants as a live telecast with the facility to ask questions from the resource persons. These webinars had higher number of active participations not only from local doctors but from overseas participants as well.

The detailed programmes are given in **Annexure 2**.

9. REGIONAL MEETINGS

A total of two (2) successful meetings were held during the year 2022. The meetings were well attended by our members.

The organizations of the regional meetings were actively supported by the SLMA members who represented the provinces and the assistant secretary Dr. Sajith Edirisinghe, who organized these meetings in an admirable manner. The presentations at these regional meetings were of very high quality.

All participants received a certificate of participation carrying "CPD" points to emphasize the importance of continuous professional medical education to keep abreast with new knowledge and skills.

- Joint Clinical Meeting with the Clinical Society, CSTM, Kalubowila**
25th February 2022 at the Hospital Auditorium, Colombo South Teaching Hospital
- Joint CME Programme with the Asiri Group of Hospitals**
22nd March 2022 at the Auditorium, Asiri Surgical Hospital

The academic programmes of these meetings are given in **Annexure 3**.

10. THERAPEUTIC UPDATES

Therapeutic Updates were organised by the Medicinal Drugs Committee of the SLMA and delivered in 2022 at the Lionel Memorial Auditorium, No.06, Colombo 07.

Therapeutic Update on “anxiety disorders”

Dr Chaturie Suraweera, Senior Lecturer in Psychiatry, Faculty of Medicine, University of Colombo and Consultant Psychiatrist

24th June 2022 from 12.00 noon – 1.00 pm

Therapeutic Update on “Migraine”

Dr Kumarni Vithanage, Senior Lecturer in Physiology and Consultant Neurologist

22nd July 2022 from 12.00 noon – 1.00 pm

11. MEDIA AND PUBLIC ON HEALTH-RELATED ISSUES

Media Brief – Update on the Current States of COVID – 19 in Sri Lanka

3rd February 2022 at Lionel Memorial Auditorium

Speakers:

Prof Ishan De Zoysa

Dr Rajiva de Silva

Dr Surantha Perera

Media Brief – “Prevention of Road Traffic Crashes in Sri Lanka”

24th February 2022 at 11:00 am at Lionel Memorial Auditorium,

Speakers:

1. Prof. Samath D. Darmarathne – President, Sri Lanka Medical Association
2. Mr. Indika Hapugoda – Deputy Inspector General of Police (DIG) Traffic
3. Mr. Dilantha Malagamuwa – Brand Ambassador Safe Sri Lanka Road Safety Programme
4. Dr. Ruwan Thushara Matiwala - Assistant Secretary / Convener, Expert committee on Prevention of Road Traffic crashes

Let's Prevent Road Traffic Crashes in Sri Lanka – 2022 Together

24th February 2022 at Lionel Memorial Auditorium

Speakers:

Mr Dilantha Malagamuwa
Mr. Indika Hapugoda

Prof U C P Perera

Dr Thushara Matiwala

Media Briefing – Stay Safe on the Road this New- year Season

8th April 2022 at Lionel Memorial Auditorium

Media Briefing – Educate the public on the issues faced in the healthcare sector due to the ongoing economic crisis in Sri Lanka

23rd April 2022 at Lionel Memorial Auditorium

Speakers:

Prof. Samath D. Dharmaratne

Prof Ishan De Zoysa

Dr Surantha Perera

Media Briefing – Educate the public on the current political/ economic crisis and its effects on the Health Sector and the ill effects of use of force and tear gas

8th May 2022 at Lionel Memorial Auditorium

Speakers:

Prof Ishan De Zoysa

Dr Surantha Perera

Media Briefing – Snakebite treatment and deaths in Sri Lanka²²
June 2022 at SLMA Council Room

Speakes:

Dr Malik Fernando
Dr Surantha Perera

Prof. Eranga Wijewickrama

Dr Udaya de Silva

Media Briefing – “Looking after Physical & Mental Health During Crisis Time”
7th & 9th July 2022

Speakes:

Dr Upul Dissanayake, Consultant Physical, NHSL
Prof. Piyanjali De Zoysa, Professor and Clinical Psychologist, Department of Psychiatry,
Faculty of Medicine, University of Colombo
Moderator: Prof. Samath D. Dharmaratne, President, SLMA

Media Briefing - Update on COVID 19
15th August 2022 at Lionel Memorial Auditorium

Speakes:

Dr Ananda Wijewickrama
Prof. Indika Karunathilake

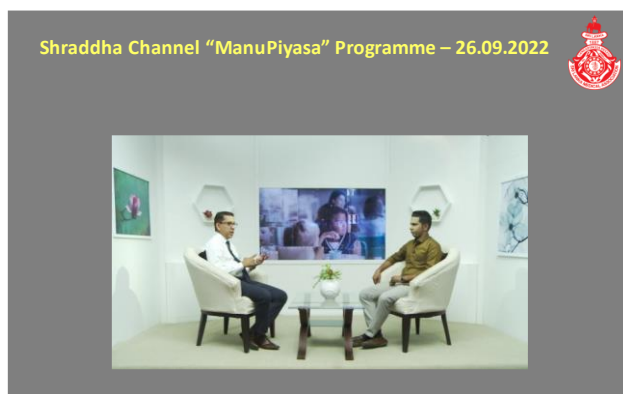
Dr Ruvaiz Haniffa
Prof. M. C. Weerasinghe

Dr B J C Perera

Media Briefing - Media Ethics in the current crisis in Sri Lanka: An interactive discussion
15th August 2022 at Lionel Memorial Auditorium

Invitation for a discussion on Media Ethics in the Current Crisis in Sri Lanka





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12. SYMPOSIA, SEMINARS, LECTURES, WEBINARS AND WORKSHOPS

Expert Committees of the SLMA organized several seminars and workshops held at the NDW Lionel Memorial Auditorium of the SLMA during the year 2022.

Webinar on “Birth Defects are and Prevention”

3rd March 2022 at 10.30 am at the Lionel Memorial Auditorium
*Jointly Organized by Expert Committee on Birth Defects- SLMA
Family Health Bureau – Ministry of Health
Sri Lanka College of Paediatrician*

World TB Day 2022

“Invest to End TB. Save Lives”

24th March 2022 at 10.00 am at the Lionel Memorial Auditorium
*Jointly Organized by Sri Lanka Medical Association
National Programme for Tuberculosis Control & Chest Diseases– Ministry of Health*

World Health Day Our Planet, Our Health

“Invest to End TB. Save Lives”

7th April 2022 at 2.00 pm at the Lionel Memorial Auditorium
Organized by Sri Lanka Medical Association

Symposium on “Management of dengue in the era of COVID pandemic”

29th April 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Communicable Diseases of the SLMA

Lecture on “Parkinson’s Disease Disability and Rehabilitation”

19th May 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Symposium on “An update on Monkeypox: Be prepared for the future”

2nd June 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Communicable Diseases of the SLMA

Lecture on “Current Viral Respiratory Tract Infections in Sabaragamuwa”

20th June 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Communicable Diseases of the SLMA

Lecture on “Attention deficit hyperactive disorder (ADHD) in adults: A lifelong disorder.”

23rd June 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Symposium on “Goal setting in Rehabilitation”

21st July 2022 at 12.00 noon via zoom
Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Workshop on “Important Nutritional Issues in Current Economic Crisis”

25th August 2022 at 9.00 am at the Teaching Hospital Auditorium, Kurunegala
Organized by the Kurunegala Medical Association in Collaboration with SLMA

Lecture on “Cardiac Rehabilitation: Sri Lankan Perspective”

20th October 2022 at 12.00 noon via zoom
Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Symposium on “Polio Eradication: Are we there yet?”

26th October 2022 at 12.00 noon at the Lionel Memorial Auditorium
*Organized by the Expert Committee on Communicable Diseases of the SLMA
In collaboration with The Sri Lanka College of Microbiologists
To mark the World Polio Day*

Seminar on “Breast Cancer Awareness

27th October 2022 at 12.30 pm at the Lionel Memorial Auditorium
Organized by the Expert Committee on Women’s Health of the SLMA

Symposium on “Ending AIDS by 2030”

2nd December 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Communicable Diseases of the SLMA
In collaboration with The College of Sexual Health and HIV Medicine

Symposium on “Meningococcal infection in Sri Lanka: A newly emerging threat”

20th December 2022 at 12.00 noon at the Lionel Memorial Auditorium
Organized by the Expert Committee on Communicable Diseases of the SLMA

The detailed programmes are given in **Annexure 4**.

SLMA SATURDAY TALK

Saturday 8th January 2022 at 7.00 pm. Via zoom

Constipation in Children

Prof. Shaman Rajindrajith MBBS, MD, FRCPCH, PhD
Consultant Paediatrician, Chair Professor of Paediatrics & Head
Faculty of Medicine, University of Colombo

Saturday 15th January 2022 at 7.00 pm. Via zoom

Gastroesophageal Reflux Disease

Prof. Ishan De Zoysa FRCS (England), FRCS (Edinburgh), MS (Colombo), MBBS (Colombo),
Professor in Surgery, Department of Surgery,
Faculty of Medicine, University of Colombo

Saturday 22nd January 2022 at 7.00 pm. Via zoom

Inflammatory Bowel Disease (IBD): A Primer for the Non-Gastroenterologist

Prof. Madunil A. Niriella MBBS (Col.), MD (Col.), MRCP (UK), FRCP (Lond.), AGAF
Professor in Gastroenterology, Department of Medicine,
Faculty of Medicine, University of Kelaniya, Ragama

Saturday 29th January 2022 at 7.00 pm. Via zoom

Chronic Liver Disease in Child

Dr Meranthi Fernando MBBS, DCH, MD Paed, MRCPCH
Senior Lecturer, Faculty of Medicine, University of Kelaniya
Consultant Paediatrician, Colombo North Teaching Hospital, Ragama

Saturday 5th February 2022 at 7.00 pm. Via zoom

Chronic Liver Disease in Child

Prof. Anoja Fernando MBBS (Cey), MRCP (UK), BA (OU, UK), FRCP (Lond)
Emeritus Professor of Pharmacology, Faculty of Medicine, University of Ruhuna
Member, UNESCO International Bioethics Committee

Saturday 12th February 2022 at 7.00 pm. Via zoom

Why Research and Statistics?

Professor Samath D. Dharmaratne MBBS, MSc (Com.Med), MD (Com.Med), FCCP (SL)
Chair Professor in Community Medicine, Faculty of Medicine, University of Peradeniya.
President, Sri Lanka Medical Association

Saturday 19th February 2022 at 7.00 pm. Via zoom

Managing Heart Disease Complicating Pregnancy: A Pathophysiological Approach

Dr Prabodhana Ranaweera MBBS, MD, MRCOG (UK)
Diploma in Gynaecological Endoscopic Surgeries (France), CTHE (Colombo), SEDA (UK)
Senior Lecturer in Obstetrics and Gynaecology
Faculty of Medicine, University of Colombo

Saturday 5th March 2022 at 7.00 pm. Via zoom

Common Geriatric presentations

Dr Dilusha Lamabadusuriya MBBS (Col), MD (Col), MRCP (UK)
Consultant Physician, University Hospital

Saturday 12th March 2022 at 7.00 pm. Via zoom

Systemic Lupus Erythematosus

Dr Gunendrika Kasturiratne
Consultant Rheumatology & Rehabilitation, National Hospital of Sri Lanka, Colombo

Saturday 2nd April 2022 at 7.00 pm. Via zoom

The Multidisciplinary Management of Colorectal Cancer

Dr Sachini Rasnayake

Senior Lecturer, Dept. of Clinical Sciences, Faculty of Medicine, Sir John Kotelawala Defence University

Hon. Consultant Clinical oncologist, University Hospital, KDU

Saturday 9th April 2022 at 7.00 pm. Via zoom

Childhood Epilepsy

Dr Pyara Ratnayake

Consultant Paediatric Neurologist, LRH

Saturday 30th April 2022 at 7.00 pm. Via zoom

Approach to a chest pain and myocardial infarction

Dr Shanika Karunaratne MBBS, MD (SL), MRCP (UK), MBSCCT (UK), FRCP (Edin)

General & Interventional Cardiologist

District General Hospital, Polonnaruwa

Saturday 7th May 2022 at 7.00 pm. Via zoom

From colonic polyps to colonic cancers

Dr Isurujith Liyanage MBBS, MD, MRCP

Senior Lecturer, Faculty of Medicine, University of Sri Jayawardenepura

Saturday 14th May 2022 at 7.00 pm. Via zoom

Hypertension – Diagnosis to Management

Dr Chamara Rathnayake

Consultant General and Interventional Cardiologist

Saturday 28th May 2022 at 7.00 pm. Via zoom

Life Style Modification to Treat Non-Communicable Disease

Dr Nilwala Jayasinghe

Consultant Physician, Specialist Consultant in Internal Medicine

Saturday 4th June 2022 at 7.00 pm. Via zoom

Obstetric Emergencies

Dr Indunil Piyadigama MBBS, MD (Colombo), MRCOG (UK)

Diploma in Gynaecological Endoscopy (France), Bachelor in Endoscopy (ESGE)

Consultant Obstetrician & Gynaecologist, Lanka Hospital (Pvt) Ltd, Colombo

Saturday 11th June 2022 at 7.00 pm. Via zoom

Ending AIDS in 2020; Is it a myth or a reality?

Dr Geethani Samaraweera MBBS, Dip. Ven, MD Ven

Consultant Venereologist, National STD/AIDS Control Program, Sri Lanka

President, Sri Lanka College of Sexual Health and HIV Medicine

Saturday 18th June 2022 at 7.00 pm. Via zoom

New Frontiers in Cardiology

Dr Upul Wickramarachchi MBBS (Peradeniya), MRCP (UK), MD Research (UEA, UK) CCT Cardiology (UK)

Consultant Interventional Cardiologist,

Prof. Henry Nanayakkara Gold Medal for MD Part 2 in Obstetrics and Gynaecology

Saturday 25th June 2022 at 7.00 pm. Via zoom

Shortness of Breath; In Critical Care Setting

Dr Dilshan Priyankara MBBS, MD, MRCP (Lon), EDIC

Acre; Intensive Care Sonography, Consultant Intensivist, National Hospital of Sri Lanka

Saturday 2nd July 2022 at 7.00 pm. Via zoom

Approach to a Child in Shock

Dr Nalin C. Kitulwatte MBBS, DCH, MD (Paediatrics), FCCM (Canada),

Consultant Paediatric Intensivist, Lady Ridgeway Hospital for Children

President, Intensive Care Chapter of Sri Lanka College of Paediatricians

Saturday 9th July 2022 at 7.00 pm. Via zoom

Assessment and initial Management of Trauma Victims

Dr Amila Jayasekera MBBS, MS, FCSSL

Consultant Surgeon, National Hospital of Sri Lanka

Saturday 16th July 2022 at 7.00 pm. Via zoom
Are you Failing to manage the Failing Heart?
Dr Dulaanga Rathnayake MBBS, DTCD, MSc, MD
Senior Registrar in Cardiology, Cardiology Unit, National Hospital, Kandy

Saturday 23rd July 2022 at 7.00 pm. Via zoom
Lower GI - Bleeding
Dr M N M Nuzair MBBS, MD (Surgery), MRCSED
Consultant Gastrointestinal Surgeon, National Hospital of Sri Lanka

Saturday 30th July 2022 at 7.00 pm. Via zoom
Approach to a Patient with Fever
Dr Upul Dissanayake MBBS, MD, FCCP, FRCP (Edinburgh), FRCP (London)
Consultant Physician, National Hospital of Sri Lanka

Saturday 6th August 2022 at 7.00 pm. Via zoom
Management of Leptospirosis in Modern Era
Dr Chamara Dalugama MBBS (Cey), MD (Col), MRCP (UK), MRCPE, MRCP (Lon), MRCPS (Glasg), MRCP (Geriatrics), MRCP (Acute Medicine), MRCP (Diabetes and Endocrinology)
Senior Lecturer in Medicine, University of Peradeniya and Honorary Consultant Physician, Teaching Hospital, Peradeniya

Saturday 13th August 2022 at 7.00 pm. Via zoom
Acute Paraplegia a Clinical approach
Dr Praveen Weeratunga MBBS, MD, PG CERT MED ED
Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo
Clinical Tutor, Queens College, University of Oxford
DPHIL Student and Clarendon Scholar, Nuffield, Department of Clinical Medicine, University of Oxford

Saturday 20th August 2022 at 7.00 pm. Via zoom
Management of Snakebites
Prof. S. A. M. Kularatne Senior Professor of Medicine
Department of Medicine, Faculty of Medicine, University of Peradeniya

Saturday 27th August 2022 at 7.00 pm. Via zoom
Communication Skills for the Long Case- Impress the Examiner
Prof. Rasnayaka M. Mudiyanse MBBS, DCH, MD, MRCP (UK), Faimer Fellow (USA), FSLCP (SL)
Professor in Paediatrics, Faculty of Medicine, University of Peradeniya

Saturday 3rd September 2022 at 7.00 pm. Via zoom
Neonatal Sepsis
Dr Nimesha Gamhewage
Senior Lecturer in Paediatrics, University of Sri Jayewardenepura
Consultant Neonatologist, Colombo South Teaching Hospital

Saturday 10th September 2022 at 7.00 pm. Via zoom
A Patient Presenting with Fearfulness
Dr Chathurie Suraweera
Senior Lecturer in Psychiatry, Faculty of Medicine, University of Colombo
Consultant Psychiatrist, National Hospital of Sri Lanka

Saturday 17th September 2022 at 7.00 pm. Via zoom
Chronic Venous Diseases
Dr Joel Arudchelvam MBBS (Col), MD (Sur), MRCS (Eng.) FCSSL
Consultant Vascular and Transplant Surgeon
Senior Lecturer in Surgery, Department of Surgery, Faculty of Medicine, University of Colombo

Saturday 24th September 2022 at 7.00 pm. Via zoom
Gastro Oesophageal Reflux Disease and the Role of Gastrointestinal Physiology Investigations in Diagnosis
Dr Nilanka Anjalee Wickramasinghe MBBS, MSc, Human Nutrition
Lecturer, Department of Physiology, Faculty of Medicine, University of Colombo

Saturday 15th October 2022 at 7.00 pm. Via zoom
Oesophageal Cancer
Prof Sumudu Kumarage MBBS (C'bo), MS (C'bo), FRCS (Ed)
Senior Lecturer (Grade II), Head, Department of Surgery, Faculty of Medicine, University of Kelaniya

Saturday 22nd October 2022 at 7.00 pm. Via zoom

Intestinal Obstruction

Prof Ranjana Seneviratne MBBS (Ruhuna), MS (Colombo), MSc (Birmingham), FRCS (England)
Professor of Surgery, Faculty of Medicine, University of Ruhuna

Saturday 5th November 2022 at 7.00 pm. Via zoom

Frailty & Sarcopaenia

Dr F H D Shehan Silva MBBS (Sri Jayewardenepura), MD (Colombo), FRCP (London), FRCP (Edinburgh), Dip MedPract (LSTM UK), MRCP (Diabetes and Endocrinology), MRCP (Geriatrics), IFME (Cantab), AFHEA (UK)
Senior Lecturer in Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

Saturday 19th November 2022 at 7.00 pm. Via zoom

Current Management & Update on Burns

Dr Gayan Ekanayake
Consultant Plastic Surgeon, National Hospital of Sri Lanka

Saturday 26th November 2022 at 7.00 pm. Via zoom

Long Case in Paediatrics - Meet your Examiner in Virtual Environment

Dr Surantha Perera, Consultant Paediatrician
Vice President, SLMA
Prof. Randula Ranawaka, Consultant Paediatric Nephrologist
Dr Channa de Silva, Consultant Paediatric Pulmonologist

Saturday 10th December 2022 at 7.00 pm. Via zoom

Approach to Acute Kidney Injury

Dr Dilusha Wijayarathne
Lecturer in Clinical Medicine, Honorary Consultant Nephrologist
Department of Clinical Medicine, University of Colombo

13. CEYLON MEDICAL JOURNAL

Editors : Prof. A. Pathmeswaran and Prof. Senaka Rajapakse

Emeritus Editors: Dr C G Urugoda, Professor Colvin Goonaratna, Professor Janaka de Silva and Dr Anuruddha Abeygunasekera

Section Editors : Dr B J C Perera, Prof Udaya Ranawaka and Prof Shalini Sri Ranganathan

Editorial Board : Prof. Carukshi Arambepola, Prof. Ranil Fernando, Dr Renuka Jayatissa, Prof Raveen Hanwella, Prof. Sarath Lekamwasam, Dr Sachith Metananda, Prof Ajith Nagahawatta, Dr BJC Perera, Prof Shamini Prathapan, Prof. Udaya Ranawaka, Prof. SH Siribaddana and Prof. Shalini Sri Ranganathan

International Editorial Board: Prof. Sabaratnam Arulkumaran, Prof. Zulfiqar Ahmed Bhutta, Prof. Andrew Dawson, Prof. Barbara Gastel, Prof. David Laloo, Prof. Kalle Hoppu, Prof. Ian Pearce, Prof. Peush Sahni, Prof. Anita KM Zaidi

Compiled by: Prof. A Pathmeswaran & Prof S Rajapakse

Period covered: 16 November 2021 to 15 November 2022

1. Editorial board membership

Prof Pathmeswaran resigned from the CMJ editorial board with effect from October 2022. Prof Athula Sumathipala was appointed co-editor of the CMJ from November 2022.

2. Board Meetings

The Editorial Board meetings are usually held on the second Saturday of the month. Twelve meetings were held during the year. Average attendance at editorial board meetings was close to 80%. In addition, the members of the editorial board reviewed 164 abstracts submitted for the SLMA annual academic sessions. A summary of the events of CMJ are sent to the council periodically.

3. Journal

Two issues of the Journal were published during the year, and the third is in press. A total of 34 articles have been published including 13 original articles. Ananda Press continued to print the Journal during the year under review.

Twelve editorial board meetings were held where 125 articles were tabled and discussed. Twenty-nine articles were accepted for publication. The article acceptance rate was 23%. Average time between submission of an article and decision taken at the editorial board was 6 weeks.

The processing fee per article is Rs 3000/=.

4. Website

The CMJ can be accessed online through the SLMA website. Full article access is available from 2000 onwards. The Sri Lanka Journals Online website is maintained by the National Science Foundation. The PubMed abstract of the CMJ articles provide a link to the full text articles.

5. Online activities

The Twitter and Facebook accounts of the CMJ are being used to promote the Journal electronically. The Twitter account has 1200 followers to date. The Facebook page has 1092 followers.

8. CMJ office

Ms Sandamali continues to function as the 'office assistant' remotely. The office can be contacted on 011 269 0212 and at cmjslma@gmail.com

9. Finances

The SLMA council supports the CMJ with an annual grant of Rs. 500,000 which finances the running costs of the journal. The CMJ would like to acknowledge the support extended by the President and Council of the SLMA.

10. Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff, especially Ms Jayarani Tennakoon.

14. ETHICS REVIEW COMMITTEE

Chairperson Professor Chandanie Wanigatunge (Medical)
Convener/ Secretary: Dr. Chathuri Suraweera (Medical)

Members

| | |
|---|---|
| Dr. Malik Fernando (Medical) | Prof. Shalini Sri Ranganathan (Medical) |
| Dr. Kamal Weerapperuma (Non-medical) | Prof. Amala de Silva (Non-medical) |
| Prof. Naazima Kamardeen (Non-medical/ Lawyer) | Ms. Durga Pulendran (Non-medical) |
| Dr Pubudu Choolasiri (Medical) | Dr. Mizaya Cadar (Medical) |
| Dr. Dumitha Govindapala, (Medical) | Dr. Shehan Silva (Medical) |
| Dr. Shyamini Adikaram (Medical) | Dr. Erandie Ediriweera (Medical) |

Members who resigned during the period
Dr. Chathura Edirisuriya (Medical)

Activities in relation to SLMA Objectives of the Committee

| Objective | General | Specific |
|--|--|---|
| To advocate the reorientation of the health sector towards health promotion with a life cycle approach | - | - |
| To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities | To enhance research ethics capacity of those involved in biomedical research | To promote involvement of non-health sector associated persons in health-related research as members of the Ethics Review Committee |
| To promote healthy lifestyle and address major causative factors for NCDs among vulnerable | - | - |

| | | |
|---|--|--|
| populations through health promotion approach | | |
| To enhance the capacity of medical professionals | To enhance research ethics capacity of those involved in biomedical research | <ul style="list-style-type: none"> To provide timely and comprehensive review of biomedical research protocols submitted for ethical approval To provide guidance and support to other ERCs to enhance their capacity in reviewing applications pertaining to ethical aspects of biomedical research |
| To play an advocacy role towards a comprehensive curative and preventive healthcare for the community | - | - |

Attendance at Committee meetings

| Name | Number of meetings attended | Number of meetings excused |
|-----------------------------------|-----------------------------|----------------------------|
| Prof. Chandanie Wanigatunge | 12 | 0 |
| Dr. Malik Fernando | 11 | 1 |
| Prof. Shalini Sri Ranganathan | 9 | 3 |
| Prof. Amala de Silva | 10 | 2 |
| Dr. Kamal Weerapperuma | 3 | 9 |
| Dr. Naazima Kamardeen | 11 | 1 |
| Ms. Durga Pulendran | 6 | 4 (2 absent) |
| Dr. Pubudu Choolasiri (Medical) | 6 | 4 |
| Dr. Chathurie Suraweera (Medical) | 9 | 3 |
| Dr. Mizaya Cadar | 10 | 2 |
| Dr. Dumitha Govindapala | 8 | 3 (1 absent) |
| Dr. Shehan Silva | 3 | 8 (1 absent) |
| Dr. Shyamini Adikaram | 8 | 4 |
| Dr. Erandie Ediriweera | 11 | 1 |

Activities carried out in 2022

Twelve regular meetings of the ERC were held from November 2021 to October 2022. 20 research proposals were submitted during the period from November 2021 to October 2022. Ten were granted approval. Two proposals were removed from the agenda as the Principal Investigator did not respond despite repeated reminders. Eight protocols were rejected during this period.

The ERC decided to review case reports during the year concerned.

All members attended a training session conducted by the ERC on assent and dissent on 21 October 2022.

Action plan for 2022

- Provide support to FERCSL and to look into the possibility of conducting a programme to grant local accreditation for the ethics review committees.
- To conduct training programmes for the newly joint SLMA-ERC members.

15. SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson: Prof. Udaya Ranawaka
Convener: Dr. Ashwini de Abrew (Administrator)

Members

Dr. Nithushi Samaranayake (Joint Secretary)
 Dr. Kishara Goonaratna (Joint Secretary)
 Professor Shalini Sri Ranganathan
 Dr. Roshan Hewapathirana
 Dr. Chathurie Suraweera

Dr. Manu Wimalachandra (Joint Secretary)
 Prof. Shamini Prathapan
 Dr. Sithara Dissanayake
 Dr. Senaka Pilapitiya

Ex-Officio Members

Dr. Asela Gunawardena (DGHS)

Prof. Senaka Rajapakse (Director, PGIM)

Prof. Samath D. Dharmaratne (President, SLMA)

Prof. Hasini Banneheke (Treasurer, SLMA)

Dr. Sunil de Alwis (Additional Secretary, Health Service)

Dr. H.D.B. Herath (DDG, ET&R)

Prof. Ishan De Zoysa (Secretary, SLMA)

New members joined in 2022

Dr. Chathurie Suraweera

Members resigning in 2022:

Prof. Colvin Goonaratna

Prof. Nirmala Wijekoon

Dr. Nimani de Lanerolle

*Report presented by Prof. Udaya Ranawaka***Objectives of the committee**

The overall objectives of the SLCTR are;

1. To establish and maintain a national registry of clinical trials that meets international standards.
2. To facilitate clinical trial registration by Sri Lankan researchers.
3. To create awareness on the need for, and the process of, clinical trial registration among the Sri Lankan scientific community.

Committee meetings*(Number of committee meetings held during the year 2022 with attendance of each member in a table as follows.)*

| | Name | Meeting attendance | | | | | | | | | | | |
|---------------------------|--|--------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | | 2022 | | | | | | | | | | | |
| | | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
| 1 | Prof Colvin Goonaratna | Ex | Ex | | | | | | | | | | |
| 2 | Prof Udaya Ranawaka (Chairperson) | P | P | P | P | P | P | P | P | P | P | P | |
| 3 | Dr Ashwini de Abrew (Administrator) | P | P | P | Ex | Ex | P | P | P | P | P | Ex | |
| 4 | Dr Nithushi Samaranayake (Joint Secretary) | P | P | P | P | P | Ex | P | P | P | P | Ex | |
| 5 | Dr Manu Wimalachandra (Joint Secretary) | P | P | P | P | P | P | P | P | Ex | P | P | |
| 6 | Dr Kishara Goonaratna (Joint Secretary) | P | Ex | P | P | P | P | P | P | P | P | Ex | |
| 7 | Prof Shamini Prathapan | Ex | P | P | P | Ex | P | P | P | Ex | Ex | P | |
| 8 | Prof Shalini Sri Ranganathan | Ex | P | P | P | P | Ex | Ex | P | P | Ex | Ex | |
| 19 | Prof Nirmala Wijekoon | P | | | | | | | | | | | |
| 10 | Dr Sithara Dissanayake | Ex | P | Ex | Ex | Ex | Ex | P | P | Ex | Ex | Ex | |
| 11 | Dr Roshan Hewapathirana | P | P | P | P | Ex | P | Ex | Ex | Ex | Ex | Ex | |
| 12 | Dr Nimani de Lanerolle | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | | | | |
| 13 | Dr Senaka Pilapitiya | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | P | P | |
| 14 | Dr Chathurie Suraweera | | P | Ex | Ex | P | P | P | P | P | Ex | Ex | |
| Ex officio members | | | | | | | | | | | | | |
| 1 | Dr Asela Gunawardene (DGHS) | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | |
| 2 | Dr Sunil de Alwis (Additional Secretary, Health Service) | Ex | Ex | P | Ex | Ex | Ex | P | P | Ex | Ex | P | |
| 3 | Dr H D B Herath (DDG, ET & R) | Ex | Ex | Ex | Ex | Ex | P | P | Ex | Ex | Ex | Ex | |

| | | | | | | | | | | | | | |
|----------------------|--|----|----|----|----|----|----|----|----|----|----|----|--|
| 4 | Prof Senaka Rajapakse (Director, PGIM) | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | |
| 5 | Prof Samath D. Dharmaratne (President, SLMA) | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | P | Ex | |
| 6 | Prof Ishan De Zoysa (Secretary, SLMA) | P | Ex | Ex | Ex | Ex | Ex | P | P | Ex | Ex | Ex | |
| 7 | Prof Hasini Banneheke (Treasurer, SLMA) | Ex | Ex | P | Ex | Ex | Ex | Ex | Ex | Ex | Ex | Ex | |
| Administrative staff | | | | | | | | | | | | | |
| 1 | Ms P D W S Pathiraji | P | P | P | P | P | P | P | P | P | P | P | |

Activities carried out during 2022

(Please align the activities carried out with the objectives of the committee and those of SLMA in general as far as possible and attach photo documents where applicable)

1. Twenty- eight clinical trials were registered as of 29th November 2022 (Total 427 trials in the registry).
2. Total of 40 applications received and processed as of 29th November 2022.
3. Several routine maintenance activities were carried out on the SLCTR database and website to enhance user experience.
4. The committee solicited quotations from several IT providers in order to prepare a budget for the much-needed website upgrade.
5. Several governmental and non-governmental organizations were approached in order to raise the required funds for the website upgrade.
6. A felicitation event was organized for the founder chairperson of the SLCTR, Professor Colvin Goonaratna on his retirement from the SLCTR after 15 years of service.

Action plan for 2023

1. Further develop the SLCTR web application according to updated WHO-ICTRP standards.
2. Provide a platform for results reporting of trials registered with the SLCTR.
3. Repeat the audit on the quality of clinical trials registration at the SLCTR.

16. REPORTS OF THE SLMA EXPERT COMMITTEES

COMMUNICABLE DISEASES

Chairperson: Dr. Ranjith Perera
Convenor: Dr. Chamila Dalpatadu

Members

| | | |
|--------------------------------|---------------------------|----------------------------------|
| Prof. Jennifer Perera | Prof. Hasini Banneheke | Dr. Lucian Jayasuriya |
| Dr. Maxie Fernandopulle | Dr. Kalyani Guruge | Dr. N.P.S. Gunaratna |
| Dr. Samitha Ginige | Dr. Deepa Gamage | Dr. Rohini Wadanambi |
| Dr. Janani Kottahachchi | Dr. Shalindra Ranasinghe | Dr. Iyanthi Abeyewickreme |
| Dr. Yamuna Siriwardene | Dr. Thushari Dissnayake | Dr. Bhagya Piyasiri |
| Dr. Nuwan Ranawaka | Dr. S.J. M. Walgampaya | Dr. K.A.D.T. Gunathileke |
| Dr. Eranthee Mudalige | Dr. Neelamanie Punchihewa | Dr Pradeep Kumarasinghe de Silva |
| Prof. D. M. P. U. K Ralapanawa | Dr. G. C. S Gunasekera | Dr L. I. Karunanayake |
| Dr. S. S. Wickramasinghe | | |

Report presented by Dr. Chamila Dalpatadu

Activities of the committee in relation to SLMA Objectives

| Objective | General | Specific |
|--|--|---|
| To advocate the reorientation of the health sector towards health promotion with a life cycle approach | NA | |
| To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities | None | |
| To promote healthy lifestyle and address major causative factors for NCDs among vulnerable populations through health promotion approach | NA | |
| To enhance the capacity of medical professionals | Committee has always been working with other colleges in providing CME to medical professionals. | Please see the section below on activities carried out in 2022. |
| To play an advocacy role towards a comprehensive curative and preventive healthcare for the community | SLMA Guidelines and Information on Vaccines 8 th edition is being compiled and will be issued in 2023 | |

Attendance at Committee meetings

Two committee meetings were held so far in 2022. The 3rd meeting will be held on 02nd December 2022.

| | 1 st Meeting | 2 nd Meeting |
|---|-------------------------|-------------------------|
| Chairperson: Dr. Ranjith Perera | P | P |
| Convenor: Dr. Chamila Dalpathadu | P | P |
| Prof. Jennifer Perera | P | P |
| Prof. Hasini Banneheke | E | E |
| Dr. Lucian Jayasuriya | P | P |
| Dr. Maxie Fernandopulle | E | A |
| Dr. Kalyani Guruge | P | P |
| Dr. N.P.S. Gunaratna | E | A |
| Dr. Samitha Ginige | E | A |
| Dr. Deepa Gamage | E | A |
| Dr. Rohini Wadanambi | E | A |
| Dr. Janani Kottahachchi | E | E |
| Dr. Shalindra Ranasinghe | E | P |
| Dr. Iyanthi Abeyewickreme | E | A |
| Prof. Yamuna Siriwardene | P | P |
| Dr. Thushari Dissanayake | P | E |
| Dr. Neelamanie Punchihewa | E | A |
| Dr. Bhagya Piyasiri | P | E |
| Dr. Nuwan Ranawaka | E | A |
| Dr. S.J M Walgampaya | E | A |
| Dr. KADT Gunathileke | E | A |
| Dr. Eranthee Mudalige | P | P |
| Dr Pradeep Kumarasinghe de Silva | P | P |
| Prof. D. M. P. U. K Ralapanawa | P | E |
| Dr. G. C. S Gunasekera | P | E |
| Dr L. I. Karunanayake | P | P |
| Dr. S. S. Wickramasinghe | P | P |
| Dr. Surantha Perera | E | A |

Activities carried out in 2022

Summary of the ECCD symposia conducted and planned to be conducted in 2022-hybrid meetings at the Auditorium of the Sri Lanka Medical Association, Wijerama House, Colombo 07

| Date | Topic | Speakers |
|---|---|---|
| 29 th April 2022 | Management of dengue in the era of COVID pandemic | Dr. Nimalka PannilaHetti Dr. Ananda Wijewickrema Dr. Kosala Karunarathne |
| 02 nd June 2022 | “An update on Monkeypox: Be prepared for the future” | Dr. Chinthana Perera Dr. Mahesh Harischandra Prof. Chandima Jeewandara Dr. Rohini Wadanamby |
| 20 th June 2022 | “Current Viral Respiratory Tract Infections In Sabaragamuwa” | Dr. Jude Jayamaha Dr. Ravindra Lokugamage Dr. Wathsala Gunasinghe |
| 26 th October 2022 Organized in collaboration within collaboration with The Sri Lanka College of Microbiologists To mark the World Polio Day | “Polio Eradication: Are we there yet?” | Dr Samitha Ginige Dr Janaki Abeynayaka Dr SaamirMohideen |
| 02 nd December 2022 Organized in collaboration with The College of Sexual Health and HIV Medicine | “Ending AIDS by 2030” | Dr. K. A. M. Ariyaratne Dr. Geethani Samaraweera Dr. Jayanthi Elvitigala, Dr. Nimali Jayasooriya |
| 14 th December 2022 | Meningococcal infections | Professor Panduka Karunanayake Dr. Lilani Karunanayake Dr. Samitha Ginige |

Action plan for 2023

If the situation in the country permits, we wish to do the following in 2023.

- To organize symposia and other events on currently important and relevant topics and to mark different International Health Days for capacity building and Continuous medical education purposes of medical professionals.
- To explore the possibility of long-term collaboration with an organization /institution to obtain assistance for CPE sessions.
- To initiate activities targeting comprehensive curative and preventive healthcare for the community.
- Publish Vaccine book 8th edition

CORE GROUP ON COMMUNICATION IN HEALTHCARE

Chairperson : Prof. Rasnayaka Mudiyanse
Secretary : Dr. S. Amali C. Dalpatadu

Members:

Dr. B.J.C. Perera
Dr Ruvaiz Haniffa
Prof. Piyanjali de Zoysa
Dr. Ruwan Ferdinando
Dr. Chathura Rathnayaka
Dr. Surantha Perera
Dr. Pandula Siribaddana
Dr. Prashantha Gamage
Mrs. Gothami Kaushalya
Miss. Ramya Kumari Ekanyaka
Dr. Shyamalee Samaranyake
Dr Manisha Dalpatadu

Prof. Saroj Jayasinha
Prof. Madawa Chandratilake.
Dr S. Krishnapradeep
Dr. Wasanatha Rathnayaka
Dr. Guwani Liyanage
Dr. Santhushi Amarasuriya
Dr. Mohammed Rishard
Dr. Aanjali Wimalasiri
Mrs. Anuradha Rathnayaka
Dr. Priyanwada Jayalath
Ms Kanthi Hettigoda
Dr Kaumadee Kodikara.

Dr. Ranjan Dias
Dr Sajith Edirisinghe
Mr Isuru Abeykoon
Dr. Thalaspitiya
Dr. Asela Olupeliyawa
Dr. Vishnu Sivapatham
Dr. Jagath Ranasingha
Dr. Deluckshi Navaratnam
Mrs. Achini Purnima
Dr. Nihal Weerasooriya
Dr Rukmal Gunathileke
Ms U. Sugathapala

Report presented by Dr. Amali Dalpatadu

The Expert Committee was initiated in December 2018 as the Core Group on Communication in Healthcare and was later re-named as the Expert Committee on Communication in Healthcare. Amidst the economic crisis, the following activities were carried out through a virtual platform

1. A one-day virtual communications skills training programme organized in collaboration with PGIM for the Paediatric trainees was concluded in 3 stages [from the first year of trainees to third-year trainees].
2. Narrative Competition for medical and allied health students was scheduled to be held in August 2021, the final round of the competition was held on 19th November 2021 and the finalists performed at the annual communication conference.
3. Communication handbook – A communication handbook for the primary care doctors- is being completed with the final editions currently taking place.
4. The annual conference on Communication in Healthcare was held on April, 2022, at SLMA.
5. Council meetings were conducted from SLMA with most members joining via zoom due to the prevailing travelling restrictions.

ETHICS

Chairperson: Dr. Preethi Wijegoonewardene
Secretary: Dr. Surantha Perera

Members

| | | |
|-------------------------|-----------------------------|--------------------------|
| Dr. Vinya Ariyaratne | Dr. Enoke Corea | Prof. Anoja Fernando |
| Dr. Christo Fernando | Dr. Malik Fernando | Dr. Ruvaiz Haniffa |
| Dr. Palitha Abeykoon | Dr. Panduka Karunanayake | Dr. Harshini Rajapakse |
| Dr. Lilanthi Subasinghe | Prof. Chandanie Wanigatunge | Ms. Savithri Wijesekera |
| Dr. Isuri Wimalasiri | Mr. Saliya Peiris | Dr. Ashani Rathnakeerthi |

Report presented by Dr. Surantha Perera

The ethics committee held seven meetings during the year. The main activities undertaken by the committee were as follows:

- We have contributed to establishing **National Policy on Organ and Tissue Transplantation of Sri Lanka**, which received the parliament's approval. We have planned another meeting in the first week of January 2023 to identify the gaps that need to be addressed beyond the policy document.
- We held the Steering Committee's first meeting to establish **National Health Ethics Committee** with the DGHS and other ministry officials to develop a framework to identify objectives and operational procedures on 16th December 2022.

The Committee will comprise the Director General of Health Services (Chair), DDG Medical Services I, DDG Lab Services, DDG Education and Training, Joint Secretaries to the Committee, nine Provincial Representatives, Six members from the SLMA Ethics Committee, a Representative from Sri Lanka Medical Council, Judicial Medical Officer, Representative from BAR Association, Representatives from UN Agencies (WHO, UNICEF, UNFPA, UNESCO, other), Representatives from six Private Hospitals (Durdans Hospital, Nawaloka Hospital, Asiri Group, of Hospitals, Hemas Group of Hospitals, Nine Wells Hospital, Kings Hospital).

Terms of Reference (TOR) and Operational Procedures (SOP) are being developed, and the first meeting of the National Health Ethics Committee is planned to be held in January 2023.

- **A training program** would be initiated for the members of the ethics committees at the hospital level in the Ministry of Health by SLMA in 2023. We hope to address the meeting of the Hospital Directors in January 2023.
- We commenced writing a **book on "Ethics in practice,"** compiling the selected orations and presidential speeches on ethics-related themes which will be helpful for the membership to read.
- **A lecture** on "Ethics in medical practice" was done by Prof. Anoja Fernando on 5th March 2022 at the Saturday Talk.

FORUM FOR ETHICS COMMITTEES (FERCSL)

| | | |
|--------------------|---|---------------------------------|
| Chairperson | : | Professor Chandanie Wanigatunge |
| Convener | : | Professor Shamini Prathapan |
| Treasurer | : | Dr. Wasanthi Subasinghe |
| Editor | : | Prof. Chandima Wickrematilleke |

Members

The management committee of FERCSL comprises of three members from each member ERCs. The member ERCs are:

ERC, Faculty of Medicine, Colombo
ERC, Faculty of Medicine, Jaffna
ERC, Faculty of Medicine, General Sir John Kotelawala Defence University
ERC, Faculty of Medicine, Kelaniya
ERC, Faculty of Medical Sciences –Sri Jayewardenepura
ERC, Faculty of Medicine, Peradeniya
ERC, Faculty of Medicine and Allied Sciences, Rajarata
ERC, Faculty of Medicine, Ruhuna
ERC, Faculty of Graduate Studies, University of Colombo
ERC, PGIM University of Colombo
ERC, Eastern University
ERC, Faculty of Applied Sciences, Rajarata
ERC, Sri Lanka Medical Association
ERC, Institute of Indigenous Medicine (IIM)
ERC, Provincial General Hospital, Kurunegala
ERC, Medical Research Institute of Sri Lanka
ERC, Sri Lanka College of Paediatricians
ERC of the Health informatics Society
ERC, Gampaha Wickramarachchi Ayurveda Institute
ERC, National Institute of Health Sciences
ERC, Peradeniya Dental Faculty
Bandaranaike Memorial Ayurveda Research Institute (ERCBMRI)
Faculty of Medicine, Sabaragamuwa University
Faculty of Allied Health Sciences, University of Ruhuna, Galle

Report presented by Prof. Shamini Prathapan

Activities in relation to SLMA Objectives of the Committee

1. Basics of Research Ethics

A workshop was held on 16th February 2022 from 9am to 1pm on an online platform. The resource persons were Prof. Chandanie Wanigatunge, Prof. Shalini Sri Ranganathan and Dr. Chathurie Suraweera to talk on “Principles of Research Ethics and their application”, “Evaluating the protocol” and Responsible conduct of Research: Vulnerability, COI, Confidentiality, Privacy” respectively on an online platform. The flagship activity of the Committee is the GCP training. This year the workshop was not conducted as an online platform was not achievable.

2. Accreditation of the ERCs

Due to the COVID-19 pandemic and the economic crisis accreditations of all ERCs in Sri Lanka were put on hold.

3. Database of reviewers and trainees

A database is being maintained by the FERCSL on all national reviewers and trainees. This database will help select reviewers for SIDCER and FRECAP for international ERC accreditation. This will also help FERCSL to keep track of trainees, who will be eligible as reviewers.

4. e-newsletter

e-newsletters of the FERCSL were circulated by the FERCSL among its member ERC's.

CLINICAL GOVERNANCE

Chairperson: Professor R. M. Mudiyanse
Joint Secretaries: Dr. Sudath Dharmaratne & Dr. Thathya De Silva

Members

| | | |
|-------------------------------|---------------------------------|----------------------------|
| Dr. Anula Wijesundere | Prof. Priyadarshani Galappatthy | Prof. Indika Karunathilake |
| Dr. Palitha Abeykoon | Dr. Kalyani Guruge | Dr. Chandanie Wanigathunge |
| Prof. Athula Kaluarachchi | Dr. S. Sridharan | Dr. Palitha Karunapema |
| Dr. Dilantha Dharmagunwardana | Dr. Upuli Wijemanna | Dr. Vajra Nanayakkara |
| Dr. Vindya Kumarapeli | Dr. Mihiri Priyangani | |

NO REPORT

HEALTH INOVATIONS, RESEARCH AND PRACTICE

Chairperson: Prof. Kumara Mendis
Convenor: Dr. Sashika Sandaruwanie

Members:

| | | |
|--------------------------|------------------------|--------------------------|
| Dr. Sajith Edirisinghe | Dr. Pamod Amarakoon | Dr. Sankha Randenikumara |
| Dr. Thilina Wanigasekara | Dr. Duminda Ariyaratne | Prof. A. Padmeswaran |

Report presented by Dr. Sashika Sandaruwanie

NO REPORT

HEALTH MANAGEMENT

Chairperson: Dr. Ruvaiz Haniffa
Convenor:

Members

| | | |
|-----------------------------|------------------------|------------------------|
| Dr. Lucian Jayasuriya | Dr. Sarath Samarage | Dr. S. Sridharan |
| Dr. Rani Fernando | Dr. Palitha Abeykoon | Dr. Deepika Attygalle |
| Professor Antoinette Perera | Dr. Priyane Senadheera | Dr. G.S.K. Dharmaratne |
| Dr. Allan Ludowyke | Dr. M.U.K. Galhena | Dr. Upuli Wijemanne |
| Dr. N.N.R. Perera | Dr. Thilanka Dewapura | Dr. P.D. Koggalage |

Report presented by Dr. Ruvaiz Haniffa

The flagship activity of the Committee is the organization and conduction of the annual career guidance seminar for junior medical officer. This year the seminar was not conducted as a definitive date was could not be fixed.

MEDIA

Chairperson & Convenor: Dr. Ruvaiz Haniffa

Members

| | | |
|------------------------|-----------------------|------------------------|
| Dr. Kalyani Guruge | Dr. Sumithra Tissera | Dr. Pramitha Mahanama |
| Dr. Kapila Jayaratne | Dr. Achala Jayatilake | Dr. Sajith Edirisinghe |
| Dr. Charuni Kohombange | Mr. Suneth Bandara | Prof. Hasini Banneheke |

Report Presented by Dr. Ruvaiz Haniffa

The SLMA Media Committee with the assistance of the Public Relations Officer of the SLMA under the guidance of the President of the SLMA organized and successful coordinated series of Press Briefings/press releases for the electronic and print media at the Lionel Memorial Auditorium of the SLMA. The focus of the SLMA was to pass on accurate, credible unbiased and timely information to the public on the COIVD-19 Pandemic and non-communicable diseases with a particular reference to road traffic crashes. The Annual SLMA Awards for Excellence in Health Journalism 2021 was not conducted.

MEDICINAL DRUGS

Chairperson: Prof. Priyadarashani Galappatthy
Convenor: Prof. Pradeepa Jayawardane

Members:

Emeritus Professor Gita Fernando
Prof. Chandanie Wanigatunge
Prof. Shyamalee Samaranayake

Dr. Sarath Gamini De Silva
Prof. Nirmala Wijekoon
Ms. Chinta Abeywardana

Dr. Maxie Fernandopulle
Prof. M. C. Weerasinghe

Report presented by: Professor Priyadarashani Galappatthy (Chairperson) and Prof Pradeepa Jayawardane (Convenor)

Main objective of the committee is to promote rational and appropriate use of medicinal drugs and ensure safety of medication use.

Activities carried out in 2022

1. Therapeutic update lectures

MDC organized the webinars for the 9th consecutive year to update knowledge on therapeutics and rational use of medicines. All the webinars were very well attended and are uploaded to the SLMA website.

The updates held and speakers are as follows:

1. Therapeutic update on anxiety disorders on 24th June 2022
Dr Chaturi Suraweera, Senior Lecture in Psychiatry, Faculty of Medicine, University of Colombo, Honorary Consultant Psychiatrist, National Hospital, Sri Lanka
2. Therapeutic Update on Migraine on 22nd July 2022
By Dr Kumarangi Vithanage, Senior Lecture in Physiology and Specialist Neurologist, Faculty of Medicine, University of Colombo

2. Implementation of Medication Safety National Action Plan

The National Action Plan for Medication Safety in Sri Lanka which was developed under the guidance of Prof Priyadarshini Galapaththy, Chairperson of the MDC was launched on “**World Medication Safety Day**”, 17th September 2021. Several activities were held this year implementing the action plan.

1. Prof Priyadarshini Galapaththy, Chairperson of the MDC delivered the key-note address at the World Patient Safety Day celebrations in Sri Lanka held on 17th September 2022 at the BMICH, Colombo
Title of the address: Medication without Harm: Implementing the National action plan for Sri Lanka
2. Prof Pradeepa Jayawardane and Prof Nithushi Samaranayake conducted a workshop on implementing medication safety action plan at Colombo South Teaching Hospital on 14th October 2022

3. Patient information leaflets (PILs)

The patient information leaflets on following topics are being prepared to be published online at the SLMA website.

Depression - Prof Raveen Hanwella
Vitamin D therapy – Dr Sachith Abayaratne
Drugs in Epilepsy – Dr Kishara Gunaratne
Hypertension- Dr Sarath Gamini de Silva (Updating the existing PIL)
Antacids – Prof Anuradha Dasanayake

4. Plans for procurement of medicines through suppliers without registration by the National Medicines Regulatory Authority (NMRA)

The Medicinal Drugs Committee of the Sri Lanka Medical Association expressed its concerns regarding plans to allow supply of medicinal drugs without registration of suppliers by the NMRA in letter addressed to then Prime Minister Hon. Ranil Wickremesinghe.

5. New members

Following new members were appointed.
Prof Sudheera Jayasinghe
Dr Sudharshani Kurukulasuriya
Dr Uthpali Mannaperuma
Dr Nithushi Samaranayake

Action plan for 2023

1. MDC will continue to have therapeutic updates for 2023.
2. Provide leadership in implementing Medication Safety National Action Plan
3. Respond to any requests by the president and council of the SLMA on matters relevant to the MDC.
4. Contribute to prevention of antimicrobial resistance by improving prescribing practices
5. Patient education on "Misconceptions regarding use of medicinal drugs" will be addressed by preparing "Patient Information Leaflets which will be published online at the SLMA website."

MEDICAL REHABILITATION

Chairperson: Dr Padma Gunaratne
Convenor: Dr Saraji Wijesekara

Members

| | | |
|--------------------------|-------------------------|-----------------------------|
| Dr Lalith Wijeratne | Dr Duminda Munidasa | Dr Arjuna Fernando |
| Dr Shiromi Maduwage | Dr Duminda Abeyasingha | Dr Gunendrika Kasthuriratne |
| Dr Jayathri Jagoda | Dr Champika Gunawardana | Dr Samitha Samanmalie |
| Dr Samanmalie Sumanasena | Ms. M.B.C. Samanmalie | Mrs. Lakshmie Jayalath |
| Mr. Nandan Welage | Mr. Iranga N. Aluthge | Dr Shyamani Hettiarachchi |
| Dr Sepalika Mendis | Dr Neranjan Dissanayaka | Dr Chamara Jayathunga |
| Dr Noyemal Adhikari | Dr Pushpa Ranasinghe | Dr Udai de Silva |
| Dr Gaminie Pathirana | Dr Saman Wadanamby | Mrs. Ashoka Abenayaka |
| Dr Kalhari Sewwandi | Dr Harsha Gunasekara | |

Report presented by Dr Saraji Wijesekara

The committee on Medical Rehabilitation was formed in year 2020 under the presidency of Dr Padma Gunaratne with a vision of improving the knowledge and uplifting the services of medical rehabilitation in Sri Lanka.

The members of the committee represent all subspecialties in medicine contributing to rehabilitation of disabilities including allied health professionals and nurses.

Committee meetings were held monthly for discussion of progress of projects and planning of future activities. The meetings were well attended by the committee members.

Training/ Capacity building

Monthly lectures on rehabilitation were organized in the virtual platform. Both foreign and local resource persons were invited targeting the professionals in all specialties, trainees and medical and allied health students.

| Month | Resource person | Title of the talk |
|----------------|--|---|
| February 2022 | Prof Rory J O'Connor Lead clinician for rehabilitation medicine, Leeds, UK | International principles of rehabilitation medicine |
| April 2022 | Dr Chamara Jayatunga Royal Berkshire Hospital, UK | Recent advances in management of spasticity |
| May 2022 | Dr M Saamir Mohamed Acting Consultant Neurologist, NHSL | Parkinson's disease disability and rehabilitation |
| June 2022 | Ms Alfah Jamaludin Occupational therapist Perdana University Malaysia | Attention deficit hyperactive disorder in adults. 'A lifelong disorder' |
| July 2022 | Dr Nilanthie Perera Staff Specialist in rehabilitation medicine, Australia | Goal setting in rehabilitation |
| August 2022 | 2 nd Rehabilitation conference | |
| September 2022 | Webinar by Sirirat Seng-iad, Tullathorn Tulatham Chonthicha Chaemkhuntod, Prosthetist and orthotist Mahidol University, Thailand | The outcome measure in prosthetics and orthotics And its application |
| October 2022 | Dr Sepalika Mendis Consultant Cardiologist NHSL | Cardiac rehabilitation Sri Lankan perspective |

Conferences and workshops

2nd rehabilitation conference held on 25th and 26th August 2022

Six main symposia on following topics were discussed within the multidisciplinary teams.

- Neurodevelopmental disorders in children
- Psychology and disability
- Care in the elderly and coping up with disability
- Spinal cord injuries
- Disabilities in special senses
- Rheumatology and disability -Multidisciplinary care

Stroke rehabilitation workshops

Stroke rehabilitation workshop for nurses and allied health professionals was to be held in May 2022 was postponed and subsequently cancelled due to the crisis situation existed in the country.

Formulation of National Guidelines for Management of Stroke in Hospitals of the MoH, Sri Lanka.

Based on an invitation extended to the SLMA by the MoH, the Expert Committee on medical Rehabilitation initiated a project to formulate the National Guidelines for Management of Stroke in Hospitals of the MoH. The project chaired by Dr Padma Gunaratne has already identified resource persons, core group is formed and a substantial component of the project is completed. We intend to complete development of Guideline by mid 2023.

MEDICAL EDUCATION

Chairperson: Prof. Indika Karunathilake

Convener: Dr. Sajith Edirisinghe

Members

Dr. Ashwini de Abrew

Dr Riska Ishan

Dr Shanka Randenikumara

The Committee has organised following webinars

1. Landscape of Medical Education in Sri Lanka and Book Launch on 05th April 2022.
Dr Palitha Abeykoon, Past president, SLMA & Head, accreditation unit SLMC participated the event as the chief guest. Prof Indika Karunathilake, Professor in Medical Education, Faculty of Medicine, University of Colombo delivered a lecture on Landscape of medical education in Sri Lanka. Senior Prof Surangi Yasawardena, Former Dean and Chair professor of Anatomy, Faculty of Medical Sciences, University of Sri Jayewardenepura who participated as the Guest of Honour delivered a lecture on Accreditation in Medical education. Dr Sajith Edirisinghe, Senior lecturer in Anatomy & Clinical Geneticist, Faculty of Medical Sciences, University of Sri Jayewardenepura delivered a lecture on How to make basic science education more engaging, interesting and meaningful.

Following books were launched after the webinar

- a) Journey of the Healers by Prof Indika Karunathilake
 - b) Anatomy –Upper limb, a study companion for medical students - Prof Indika Karunathilake and Dr Sajith Edirisinghe
2. Webinar on Current Trends in Teaching Basic Sciences in Medical Education and Book Launch on 05th December 2022

Prof Harsha Dissanayake, Professor & Consultant Radiologist, Department of Anatomy, Faculty of Medical Sciences, The University of Sri Jayewardenepura.

& President Anatomical Society of Sri Lanka participated as the Chief Guest and delivered a lecture on Current Trends in Teaching Radiological Anatomy. Prof Indika Karunathilake, Professor in Medical Education, Faculty of Medicine, University of Colombo discussed How to make basic science teaching simpler interesting and relevant. Dr. Sajith Edirisinghe, Dr. Sajith Edirisinghe, Senior lecturer in Anatomy, Faculty of Medical Sciences, University of Sri Jayewardenepura & Secretary of the SLMA Expert Committee on Medical Education delivered a lecture on Human tissue plastination and new methods in preservation

Following books were launched after the webinar

- a) Anatomy – Lower limb, a study companion for medical students - By Prof Indika Karunathilake and Dr. Sajith Edirisinghe
- b) Simplified atlas of neuroanatomy by Dr. Sajith Edirisinghe

NON- COMMUNICABLE DISEASES

Chairperson: Dr. Renuka Jayathissa
Convenor: Dr. Sidath Wijesekera

Members

| | | |
|------------------------------|----------------------------|-------------------------|
| Dr. J. B. Jayawardena | Dr. Anula Wijesundere | Dr. V.T.S Siriwardena |
| Dr. Vindya Kumarapeli | Dr. Chathuranga Ranasinghe | Dr. Bhanuja Wijethilake |
| Dr. Sanka Randenikumara | Dr. Thushara Matthias | Dr. Thusitha Kahaduwa |
| Dr. Dhanushka Abegunathilake | Dr. Ishani Fernando | |

Report presented by Dr. Sidath Wijesekera

Background

The expert subcommittee on Non-Communicable Diseases (NCD) has been active and operational since 2004 which has given leadership to SLMA in playing a pioneering advocacy role in the field of NCDs; in policy formulation, strategic planning, and development of national action plans in support of the Ministry of Health (MoH) and other relevant ministries and stakeholders. It is important to highlight that withing last five years time the subcommittee has given the technical leadership and advocacy in three national level projects.

Activities carried out in 2022:

Food and Nutrition

Healthy yoghurt with 'no added sugar'

First phase of healthy yoghurt project successfully completed with the production of yoghurt with no added sugar. Yoghurt manufacturers have started to produce yoghurt with "no added sugar". As the phase -2 of the project all the stakeholders decided to introduce the new healthy product to the market in early next year and agreed to place a position paper stating the project was done by yoghurt manufacturers following the concept and guidance of SLMA -NCD subcommittee. Furthermore, decided to raise public awareness on health benefits of yoghurt with no added sugar and request ministry of health to add this product to the hospital diet. In phase -3 planned to introduce a health logo as an extension to the project.

Programs on food safety

Successfully conducted a seminar on "Food safety and food security in power outages" with the participation of Dr Tilak Siriwardana, Dr. Renuka Jayatissa and Dr. Vinya Ariyaratna as resource persons. Which was a hybrid session with more than 100 online participation and in person as well. Health. It was conducted by international and local speakers: Dr. Harley Oliver, Dr. Thilak Siriwardhana and Dr. Bhanuja Wijethilake.

Continued providing expertise and voluntary services to the Coconut Development Authority (CDA) Sri Lanka including site visits to coconut oil producers.

Physical Activity and Nirogi Lanka Project

- Completed two projects of physical activity promotion in community organizations and workplaces under NIROGI Lanka project did with Ministry of Health, ChildFund and IDLO for the RECAP project.
- 'Nirogi Paada' project with D Samson Industries (DSI) PVT Ltd. continued. "NIROGI shoe" is currently available for people in DSI showrooms.
- "Active Lanka project" was functioning with the community network. Physical activity program of SriLanka Broadcating Cooperation for the World Diabetes Day successfully conducted. The project was invited to conduct monthly exercise program with SLBC.
- It was a great pleasure that Dr. Chathuranga Ranasinghe-former convener and member of NCD Subcommittee SLMA and the current convener of Nirogi Lanka Project was awarded the 7th Sheikh Fahad Hiroshima-Asia Sports Medicine and Science Award in line with the Asian Games 2022, by the Hiroshima City Sports Association, Hiroshima, Japan at the General Assembly of the Olympic Council of Asia (OCA) (mother organization of all 45 National Olympic Committees

(NOC)/countries in Asia) on the 4th October 2022 in Phnom Penh, Cambodia (<https://olympic.lk/nocnews/394>)

Started the Food and Nutrition arm of the Nirogi Lanka project

Program of converting street food in to healthy food funded by WHO and Natinal survey on the long-term care facilities for older people with special emphasis on the availability of nutrition care services were initiated.

Cancer

Several media events done by the committee members on cancer prevention and management

- TV program on cancer awareness along with the Breast Cancer month conducted by Dr. Renuka Jayatissa and Dr. Sidath Wijesekera on 'TV Lanka'.
- Live talk on aflatoxin and cancer done by Dr. Sidath Wijesekera in the radio program "Dasadesin 7" in September 2022.
- Paper article published on 'Dinamina' news paper lead page on cancer and preventive activities done by SLMA NCD subcommittee.

It is important to highlight that NCD subcommittee within last five years involved in three successful national level projects:

1. 'Nirogi Paada' – Diabetic foot project
2. Introduction of logo to identify coconut oil with safe level of aflatoxin
3. 'Yoghurt with no added sugar' project

PALLIATIVE AND END OF LIFE CARE TASK FORCE (PCTF)

Chairperson: Dr. Udayangani Ramadasa

Convenor: Dr Gamini Pathirana

Hony Joint Secretaries: Dr. Sankha Randenikumara, Dr Chaya Withanachchi

Members:

Dr Dilhar Samaraweera (Past chair)
Dr Suraj Perera
Prof Shyamalee Samaranayake
Dr Anuprabha Wickramasinghe
Dr Ruwanthi Jayasekera
Ms Wajira Wijesinghe

Dr Panduka Karunanayake
Dr Ravini Karunatileke
Dr Sujeewa Weerasinghe
Dr Thushari Hapuarachchi
Dr Anula Rathnayake

Dr Kalyani Guruge
Dr KVC Janaka
Prof Clifford Perera
Dr Shehan Silva
Dr Lanka Dissanayake

Reported by Dr. Sankha Randenikumara, Hony Joint Secretary

Meetings

PCTF has had seven (7) physical meetings within the year. Committee members, professional college representatives and stakeholders including NGOs and general public have participated in meetings.

Distribution of Guidelines

PCTF published two landmark publications in the last quarter of 2021; 'Palliative Care Manual for Healthcare Professionals in Sri Lanka' and 'Practice Guidelines in the End-of-Life Care'.

Both the publications were distributed to hospitals up to Base Hospital level, university libraries and trainees to make use of these pioneer guidelines by the healthcare professionals.

National Cancer Control Programme supported the distribution of the End-of-Life Care Guidelines.

Softcopies of both publications were disseminated through the professional colleges and associations and are also available in the SLMA website for download freely.

Dissemination of Knowledge

Members of the PCTF participated in following sessions/workshops and delivered content related to palliative care representing the committee,

- SLMA Saturday Talk: '*Palliative Care in Clinical practice*' on 19.03.2022 (Dr Dilhar Samaraweera)
- Palliative Care for Primary Care Setting, NCCP: *Several lectures in March, April and May 2022* (Dr Udayangani Ramadasa)
- SLMA Annual International Conference 2022, Pre-congress on Rehabilitation: '*Rehabilitation of Palliative Patients*' in September 2022 (Dr Udayangani Ramadasa)
- Speciality Update by Ceylon College of Physicians: Geriatrics: '*End-of-Life care for Elderly*' August 2022 (Dr Udayangani Ramadasa)

Training Palliative Care Teams

National Cancer Control Programme invited the PCTF to collaborate with them in order to provide technical support to the Kandy district community-based palliative care initiative. First step of the programme was training doctors which was successfully carried out in October 2022 PCTF prepared the training programme and arranged the resource persons. The second step, training other staff, to be conducted in the first quarter of 2023.

Contribution to National Activities

Members of the PCTF represented the National Steering Committee on Palliative Care of Ministry of Health and Palliative Medicine Board of Study in the PGIM.

PREVENTION OF ROAD TRAFFIC CRASHES

Co-Chairpersons: Prof. Samath D. Dharmaratne and Prof. Clifford Perera

Secretary: Dr. Thushara Matiwalage

Members

| | | |
|---------------------------|-------------------------------|------------------------------|
| Dr. Anula Wijesundere | Mr. A.W. Dissanayake | Ms. Fathima Razik Cader |
| Dr. T. Siriwardena | Dr. Ranjith Sarath Jayasekera | Dr. Tamara Kalubowila |
| Dr. Parakrama Wijekoon | Dr. Samitha Siritunga | Mr. Keerthi Koditiwakku |
| Dr. Achala Jayatileke | Dr. Kapila Jayaratne | Mr. Heshan Padukka |
| Dr. Nissanka Jayawardena | Dr. Jaindra Fernando | Dr. Mahanama Gunasekera |
| Dr. Kosala Somaratne | Mr. Indika Hapugoda | Mr. Kithsiri Kumara |
| Mr. Dilantha Malagamuwa | Dr. Kapila Sooriyaarachchi | Dr. Dhammika Adhikariwattage |
| Mr. Kumar Kandanearachchi | Mr. Indika Baddegamage | Mr. Nishantha Perera |
| Mr. Gaminda Piyavira | Ms. Nadeeshani Hettiarachchi | |

Report presented by Professor S. D. Dharmaratne

Globally, every year more than 1.35 million people die on the roads due to road crashes and millions more are seriously injured. Road traffic injuries are the number one cause of death for children and young adults aged 15-29 years (Source WHO 2022). Whereas in Sri Lanka, average 38,000 crashes occur annually resulting over 3,000 deaths and 8,000 to 9,000 serious injuries. This means that 7 to 8 people die due to road accidents each day. Over two thirds (63%) of road crash victims are productive, working age adults between 15 -64 years of age (Source: World Bank Road Safety Profile, 2022).

For this reason, expert committee on Prevention of Road Traffic Crashes (PRTC) was formed a decade ago by the Sri Lanka Medical Association (SLMA) and invited partner organizations such as Sri Lanka Police, Colombo Municipal Council (CMC), Urban Development Authority (UDA), Registration of Motor Vehicle Department (RMV), Non-Communicable Disease Prevention Unit (NCD unit) of the Ministry of Health, e-channelling, Professional Bodies such as the College of Surgeons of Sri Lanka, International Member organizations such as Rotary Club of Sri Jayewardenepura, Lions Club of Colombo Centennial, Rotary Club of Colombo Centennial to work towards short, medium and long term strategies and launched "SAFE SRI LANKA" to prevent and control road traffic crashes in Sri Lanka.

Under the able leadership of Prof. Samath D. Dharmaratne following projects were completed during this year.

1. Meeting HE the President and handing over a proposal to form a Presidential Task Force:

As the expert committee on PRTC, we believe in a cohesive approach that would bring all stakeholders together and aligning them with a common goal and shared values would help to achieve a synergistic effect. Therefore, we requested former President Gotabaya Rajapaksa to take the lead setting up of a presidential task force to align all government agencies and other stake holders. The President Gotabaya Rajapaksa was met in March 2022 at the President Office.

2. Meeting with Minister of Mass Media:

The SLMA committee met Minister Dullas Allahapperuma, the Minister of Mass Media, who was in agreement to launch a large-scale Mass Media Campaign to educate and create awareness to prevent RTCs.



3. Training /Awareness session

Rotary Colombo Centennial, a stakeholder of SLMA Expert Committee on PRTC together with Sri Lanka Police conducted a training session/an awareness session on road rules.



4. Medical Camp for Public Bus Drivers organized by Sri Lanka Police and Rotary Colombo Centennial



5. Print Media Awareness Campaign

[illegible]

6. Social Media Awareness Campaign

To All Citizens of Sri Lanka,


PREVENTION IS THE BEST!!

How to overcome healthcare crisis in Sri Lanka as a nation
(Shortage of Medicine and medical consumables)

- Prevention of Injuries
- Prevention of Road Traffic Accidents
- Prevention of Non Communicable Diseases
- Prevention of Infections
- Prevention of Animal bites

Together we can save lives and medicines in Sri Lanka.

A message from – Disease Prevention Program
RID-3220 SL & Maldives



2022
20th NOVEMBER

WORLD DAY OF REMEMBRANCE
FOR ROAD TRAFFIC VICTIMS

#BESAFE #DRIVESMART

Don't Drink & Drive!

Rotaract CIREC Campus

Rotary Sri Jayawardenapura

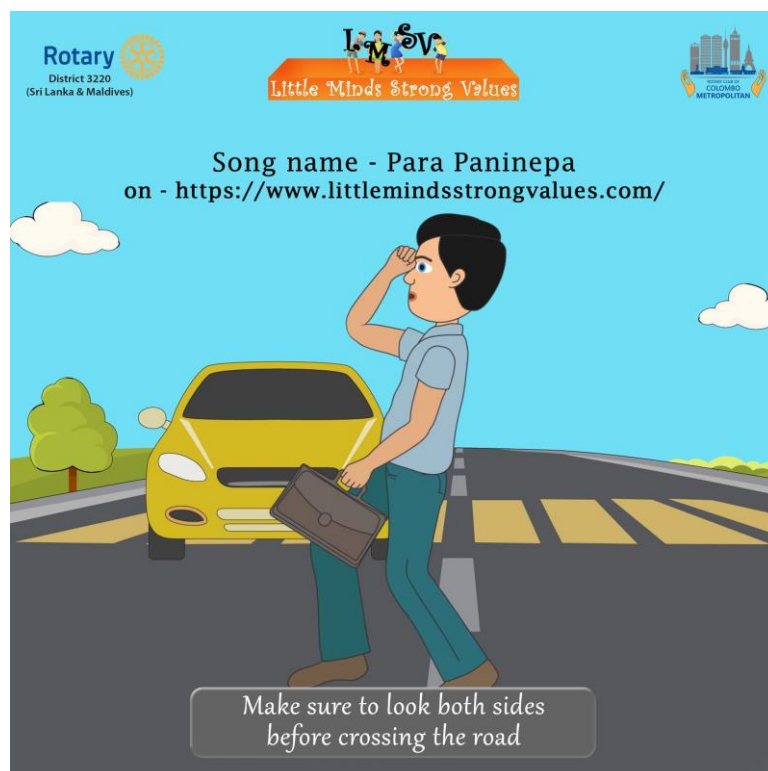
100 Years

The poster features a yellow and black diagonal striped border at the top and bottom. The text is in a clean, sans-serif font, with the main message 'Don't Drink & Drive!' in a large, bold, red font. The logos for Rotaract, CIREC Campus, Rotary Sri Jayawardenapura, and the 100 Years anniversary are in the bottom right corner.



7. Rotary Social Media Campaign

An awareness campaign on Road Safety that targeted School Children was conducted during the year. A Youtube Video created in Sinhala and Tamil to educate Children called Little Minds Strong Values (LMSV)'s values depicting within the song - පාර පනින්නපා - Para Paninepa was launched. (Sinhala): <https://web.facebook.com/watch/?v=1145411635839429>



Learn and respect Road rules. Cross the roads only at the marked crossings. Look both sides before you cross the road. Also, driving under the use of alcohol, and driving with a phone in hand is illegal. If your parent or the driver is driving in such conditions, empower the children to tell them that they will not come in such vehicles. A project of Rotary Club of Colombo Metropolitan, Sri Lanka. To Download song videos, MP3s, lyrics, Backing Tracks, go to www.rotarycolombometro.org/LMSV

8. Press Conference:

A Press Conference was held on 23rd of February 2022 at the Lionel Memorial Auditorium of the SLMA where Dr. Clifford Perera – Chair Professor of Forensics Medicine, University of Ruhuna, Mr. Indika Hapugoda – Deputy Inspector General of Police (DIG) Traffic, Mr. Dilantha Malagamuwa – Brand Ambassador Safe Sri Lanka Road Safety Programme, Dr. Ruwan Thushara Matiwalage - Secretary / Convener, Expert committee on PRTC participated as resource personals.



9. Meeting the former Hon Prime Minister Ranil Wickramasinghe and his Health Sector Advisor Mr Ruwan Wijewardane in Aug 2022:

Prof Samath Dharmaratne (President SLMA), Prof Ishan De Zoysa (Honorary Secretary of SLMA), Dr. Surantha Perera (Vice President SLMA) Thushara Matiwalage (Convener / Secretary of Expert committee on PRTC participated at this meeting. During the meeting, a proposal was handed over to Ruwan Wijewardane for the establishment of the task force for the prevention and control of RTCs in Sri Lanka.

10. 135th Anniversary International Medical Congress 2022 - Panel Discussion on prevention of RTCs





11. Meetings of the Expert Committee

Expert Committee meetings were held regularly except in April and August.

12. Participated as invited members at the National Road Safety Council (NRSC) meeting chaired by Hon. Lasantha Alagiyawanna, State Minister of Transport

Prof Samath Dharmaratne - Chairman Expert Committee, Thushara Matiwala - Secretary Expert Committee and Rotarian Mahinda Bandara Coordinating Secretary participated at this meeting and discussed ways that the SLMA could be involved in the prevention and control of RTCs in Sri Lanka. Following the meeting, a meeting with State Ministry of Transport Lasantha Alagiyawanna, was held to discuss in November 2022. At this meeting the minister accepted that Health Sector representation in National Road Safety Council is important and promised to rectify this deficiency and to include the SLMA as a regular member in the committee.



NRSC with collaboration of CMC initiated a model Outdoor Road Safety Education Centre at Vihara Maha Devi Park for School Children. Dr. Thushara Matiwala participated as Convenor/Secretary of SLMA Expert Committee on Prevention of Road Traffic Crash



RESEARCH EVALUATION

Chairperson: Prof. M. C. Weerasinghe
Convenor: Dr. Sajith Edirisinghe

Members

| | | |
|-------------------------|-----------------------|----------------------------|
| Dr. Sumithra Tissera | Dr. Ruvaiz Haniffa | Dr. Sarath Gamini De Silva |
| Prof. Shamini Prathapan | Prof. A. Pathmeswaran | Prof. Saroj Jayasinghe |
| Dr. Kalyani Guruge | Dr. Surantha Perera | |

The Grants applications were evaluated by the committee and following decisions were made

1. CNAPT Award – not awarded
2. G R Handy Award – not awarded
3. Glaxo Welcome Research Award – not awarded
4. SLMA Research Grant – Awarded to Strengthening Near-Miss Reporting System at Curative Health care Institutions in Sri Lanka by Dr M P Jayalath.

SNAKE BITE

Chairperson : Prof. S. A. M. Kularatne
Secretary : Dr. Namal Rathnayake
Editor : Dr. Malik Fernando

Members

| | | |
|-----------------------|---------------------------|----------------------|
| Dr. Vinya Ariyaratne | Dr. Chamara Dalugama | Dr. Anslem de Silva |
| Dr. Udaya de Silva | Dr. Shantha de Silva | Dr. Christo Fernando |
| Dr. Kasun Fernando | Prof. Indika Gawarammana | Dr. Lahiru Kalpage |
| Prof. Kalana Maduwage | Prof. Kolitha Sellahewa | Prof. Anjana Silva |
| Prof. N. Suganthan | Prof. Eranga Wijewickrama | |

Report presented by Dr. Malik Fernando

Two virtual committee meetings of the Snakebite Committee were held in 2022; other interactions being through email.

A new member, Dr. Chamara Dalugama, Senior Lecturer, Faculty of Medicine, University of Peradeniya was proposed at the April meeting and duly appointed by the SLMA Secretary after Council approval. Dr. Malik Fernando resigned from the post of Hony. Secy. and was appointed Editor. Dr. Namal Rathnayake was appointed as the Hony. Secretary.

The Snakebite Management Guidelines 2017 (SBG2017), was completely revised and uploaded to the Snakebite Committee page of the SLMA website in June 2022. This is designated SBG2021—since the revision process commenced in 2021. All the pdf pages were compiled into a single *Management Guidelines* e-book (80 pages); a second e-book *A Gallery of Venomous Snakes* (38 pages) was also compiled and uploaded. Both are available through the SLMA website. It is planned to produce a printed version of the Management Guidelines.

Members of the committee (Prof. S.A.M. Kularatne & Prof. Anjana Silva) participated in a “Meet the Professor” programme on snakebite at the Sri Lanka College of Internal Medicine Annual Sessions in November. Also in November, three members (Prof. Kolitha Sellahewa, Prof. Kalana Maduwage & Prof. Eranga Wijewickrama) participated in a symposium on snakebite at the Colombo Medical Conference.

Programme for the year 2023

1. Promote collaborative research on snakebite.
2. Conduct educational programmes for healthcare professionals.
3. Lobby the Health Ministry to introduce
 - a. data collection regarding epidemiology of snakebite island wide;
 - b. declare snakebite deaths reportable and institute a mechanism to investigate such deaths.

This data would help to improve management strategies so as to reduce snakebite morbidity and mortality.

SUICIDES PREVENTION (ECSP)

Chairperson: Prof. Thilini Rajapakshe
Convener : Dr Anula Wijesundere
Secretary : Dr Chathurie Suraweera

Members:

| | | |
|------------------------------|-------------------------|---------------------------|
| Prof. Samudra Kathirarachchi | Dr Jayamal de Silva | Dr Prabath Wickrama |
| Dr Anuruddhika Ratnayake | Dr Venura Paliawadana | Dr Sajeewa Ranaweera |
| Dr T Suveendran | Dr Lakmi Seneviartne | Ms Kumudini Hettiarachchi |
| Dr Amila Isuru | Dr Ruwan Ferdinando | Dr Maneesha Dalpathadu |
| Prof Ravindra Fernando | Dr Thilina Wanigasekara | Dr Anoma Jayasinghe |
| Dr Darshani Hettiarachchi | | |

Dr Sudath Samaraweera resigned from the Committee, and Prof Ravindra Fernando, Dr Thilina Wanigasekara, Dr Anoma Jayasinghe and Dr Darshani Hettiarachchi joined the Committee.

The number of meetings held was 10

The ECSP undertook several important activities in the past year.

The Committee worked in collaboration with the Mental health Directorate of the Ministry of Health to finalize the action plan for suicide prevention.

The Committee developed posters with important mental health messages, which were widely shared among the public.

The ECSP formed two sub-committees to look into the increasing needs of older adults, and young adults in the country as the rates of suicides appear to be increasing among these two groups.

A survey was conducted to identify the factors that may contribute to suicide and deliberate self-harm among adolescents and young adults.

A stakeholder meeting was held online to discuss the issues that may contribute to suicide and deliberate self-harm among older adults.

A series of webinars were organized to increase awareness of mental health among the public, where the resource persons were Prof Piyanjali de Zoysa and Dr Lahiru Akuretiyage.

The resource person for the webinar organized in collaboration with Sri Lanka Press Institute was Dr Diyanath Samarasinghe.

One of the significant activities undertaken for the year was to submit a proposal to the Secretary of the Ministry of Health (MoH) on banning certain pesticides to reduce suicide and deliberate self-harm.

The Committee liaised with the Non- Communicable Diseases (NCD) Unit and the Mental Health Directorate (MHD) of the MoH to establish the Expert Committee for Suicide Prevention as a part of the mental health policy of Sri Lanka.

The Committee changed the focus of the media strategy to the current situation with the COVID-19 pandemic in the country.

The activities conducted were

- Newspaper articles to improve mental health during the pandemic.
- Animated videos and posters to be produced to distribute among the public.
- Media briefing to educate the public regarding post-covid mental health issues

The Committee collaborated with Sri Lanka Press Institute to conduct a webinar to increase the awareness of media personnel on responsible reporting of suicides.

An online workshop was organized for 30 community psychiatric nurses and psychiatric social workers on problem-solving counselling on 11, 18 and 25 November 2021.

TOBACCO, ALCOHOL AND ILLICIT DRUGS

Chairperson: Professor Narada Warnasuriya
Convenor: Dr. Jayamal De Silva

Members

| | | |
|-----------------------|--------------------------|--------------------------|
| Dr. Manoj Fernando | Dr. Anula Wijesundere | Dr. Hemantha Amarasinghe |
| Dr. Mahesh Rajasuriya | Dr. Nadeeka Chandraratne | Dr. Sajeewa Ranaweera |
| Dr. Nayana Dhanapala | Dr. Sameera Hewage | Dr. Amila Isuru |

Report presented by Dr. Jayamal de Silva

Activities:

- 1. Recommendations to government on issues related tobacco and alcohol in the context of the economic crisis:** The committee provided written recommendations to the Prime Minister to as a response to economic crisis and shortage on foreign currency, on 5th June 2022. Four main recommendations were made with justifications. These were – implementing a tobacco taxation formula, undertaking an analysis of alcohol taxation to implement a rational alcohol tax system, removing tobacco and alcohol products from the basket of essential goods when calculating the cost of living (and through this, inflation), and discontinuation of imports related to manufacturing of tobacco and alcohol products to conserve foreign currency. This letter received wide media publicity.
- 2. Submissions to Special Parliamentary Committee on legalization of Cannabis:** Committee members discussed made presentations on the potential adverse impact and the myths related to the economic benefits of legalization and growing cannabis as a cash crop in Sri Lanka. Those present included the Ministers and State Ministers of Justice, Plantations, Ayurveda and Tourism as well as officials from the same Ministries and the Presidential Secretariat. This meeting was held at the Parliament premises in November 2022.
- 3. Tobacco and alcohol policy briefs and drafting tobacco taxation formula for Cabinet of Ministers.** Technical support was provided throughout the year to the Institute of Policy Studies, which is an agency under the Ministry of Finance their studies and reports on tobacco and alcohol use in Sri Lanka. This included supporting finalizing policy memos on tobacco control and supporting drafting recommendations on tobacco taxation and a tobacco pricing formula to be presented to the Cabinet of Ministers.

4. **Advocacy opposing legalization cannabis in Sri Lanka.** Submissions were made at an official meeting on substance abuse, convened in October by the office of the Leader of the Opposition of the Parliament on the adverse impacts of the proposed legalization of cannabis in Sri Lanka. Several opposition Members of Parliament, including the Leader of the Opposition took part in at this meeting. The facts submitted were later used by those present when they spoke in Parliament.
5. **Training:** The Committee organized and carried out a training for 60 dental surgeons and 150 dental assistants of tri forces on cessation of smoked and smokeless tobacco use and brief interventions for alcohol use, in collaboration with the Sri Lanka Dental Association, in March. This group will be followed up further during the next year.
6. **Reporting violations to NATA Act:** Violations of the National Authority on Tobacco and Alcohol Act in relation to smokeless tobacco were communicated in writing to the National Authority on Tobacco and Alcohol in April, suggesting remedial action.
7. **Contributed as trainers and resource persons to:**
 - a. The United Nations Office for Drugs and Crime (UNODC) health training for prison staff.
 - b. The Youth Community Leadership Programme (YCLI) programme of the World Health Organization.
 - c. The UNODC Policy Workshop on Comprehensive Drug Strategy for Sri Lanka.
8. **Inputs and comments to the Media:** Members also provided inputs and interviews to both print and electronic media on different aspects of addressing the harms of tobacco, alcohol and illicit drugs including cannabis where such inputs were sought from the Committee.

WOMEN'S HEALTH

Chairperson: Professor Sampatha Gunawardena
Convener: Professor Anuruddhi Edirisinghe

Members

| | | |
|----------------------------|-----------------------------|--------------------------|
| Prof. Shamini Prathapan | Dr. Amanthi Bandusena | Dr. Nadeeka Chandraratne |
| Ms. Leisha de Silva | Dr. Sepali Kottegoda | Dr. Iyanthi Gunasekera |
| Dr. Aruni Hapangama | Dr. Neththanjali Mapitigama | Dr. Aruni de Silva |
| Dr. Janaki Vidanapathirana | Dr. Deepa Gunasekera | Dr. Deepika Attygalle |
| Dr. Harsha Attapattu | Dr. Sumithra Tissera | Dr. Ishra Nazeer |

Four meetings were held via zoom during the year 2022.

The following are the activities which were conducted during this year.

1. The questionnaire of the Research proposal titled 'Challenges faced by female medical doctors on COVID 19 new normal and maintaining good mental health' was circulated via google form on WhatsApp and other social media platforms to PG trainees of different specialties. However, the number of filled questionnaires were less than 100, Therefore it was decided to promote more actively by the members.
2. Dr. Deepika Attygalle, a member of the WHC was invited to address a gathering at Sabaragamuwa Provincial Council for the government officials in charge of and representing different ministries under the provincial council to commemorate the Women's Day on 8th of March. Her title of her presentation was on "Women's contribution towards productivity and national economy" A large gathering of over 400 participated at this event and which was successfully concluded.
3. The WHC conducted a symposium for the 135th Anniversary International Medical Congress of the SLMA sessions on the 1st of October. The title of the symposium was "Economic crisis and its consequences on women's health". The Chairpersons were Professor Jennifer Perera and Professor Sampatha Goonewardena. The experts in their field of specialty presented namely; Professor Amala De Silva on "Health Financing challenges for women" Dr Aruni De Silva on "Salvaging the shattering family health during economic crisis" and Professor Sanjeewa Padumadasa on "Women's health devoured by the tides in the economy: A gynaecologist's perspective"
4. The WHC conducted a seminar to commemorate the breast cancer awareness month on the 27th of October 2022 at the SLMA auditorium from 11 am to 12.30 pm. There were three speakers who spoke on three topics. Dr. Suraj Perera Consultant Community Physician from the cancer control programme, Ministry of Health who spoke on the "Burden of breast cancer and services available for early detection of breast cancer in the community". Dr. Udari Liyanage Consultant Radiologist spoke on "Breast cancer

screening: Evidence, guidelines and practices". Dr. Kanchana Wijesinghe Consultant surgeon spoke on "evolving trends of breast cancer management". The seminar was sponsored by Zonta club 2 of Colombo and they provided refreshments for the participants.

5. There were nine new members who joined the WHC.

| | | |
|---------------------------------|-------------------------------|-------------------------|
| Dr. K. Y. P. K. Weerasekera | Dr. A. M. D. K. Attanayake | Dr. R. S. Savanadasa |
| Prof. D. M. P. U. K. Ralapanawa | Professor Sanjeewa Padumadasa | Dr. U. A. Liyanage |
| Dr. G. C. S. Gunasekera | Dr. K. Y. P. K. Weerasekera | Dr. Kanchana Wijesinghe |

CLIMATIC EFFECTS AND HEALTH SECURITY

Chairperson: Dr. Surantha Perera
Secretary: Dr. Sajith Edirisinghe

Members

| | | |
|-----------------------------|-----------------------|------------------------|
| Prof. Samath D. Dharmaratne | Dr. Asela Gunawardena | Dr. Vinya Ariyaratne |
| Dr. Anil Jasinghe | Prof. Ishan De Soyza | Mr. Ranil Vitharana |
| Prof. Athula Sumathipala | Dr. Palitha Abeykoon | Prof. Saroj Jayasinghe |

We had our Inaugural meeting to set up the TOR and operational procedure on 14th December 2022.

The main areas we would prefer to identify are planetary health and the Sri Lankan perspective, key climatic effects issues, and how we will establish health security.

We decided to include representatives from the Ministry of Health, Ministry of Environment, Ministry of Education, Climate Change Secretariat, World Health Organization (**WHO**), Central Environmental Authority, National Aquatic Resources Research and Development Agency (**NARA**), Ocean University, Marine Environmental Protection Authority (**MEPA**), **MAS** Holdings, Environmental Science University of Moratuwa.

The next meeting will be held in January 2023 with the participation of all the stakeholders.

17. CENTRAL CPD (CONTINUING PROFESSIONAL DEVELOPMENT)

Chairperson Prof. Indika Karunathilake
Convenor Dr. Rizka Ihsan

Members

| | | |
|---------------------------|----------------------------|------------------------|
| Dr. Wasana Jayarathne | Dr. Murali Vallipurathan | Dr. Sudath Samaraweera |
| Dr. Umanga Sooriyarachchi | Dr. Sajith Edirisinghe | Prof. Kosala Marambe |
| Dr. Hemantha Herath | Dr. Sunil Senavirathne Epa | |

This report was compiled by Dr. Rizka Ihsan

1. Appointing a convenor for the National CPD committee
On the resignation of the Secretary, Dr. Wasana Jayarathne, Dr. Rizka Ihsan was appointed as the convenor.
2. Collaboration with the Ministry of Health (MoH), Sri Lanka, and the World Health Organization (WHO) regional office
Meetings with the MoH were held to identify key points in the design and development of the electronic platform and the implementation of the pilot project. Further, the committee provided expertise on several CPD activities conducted by the MoH. The committee liaised with the WHO on designing CPD activities for healthcare professionals.
3. Establishing the electronic platform
A consensus was reached that an electronic platform would be ideal as the focal point for NCPD training together with the customized E-portfolio. The committee is developing an interactive electronic platform to suit the CPD needs in the Sri Lankan context which will be ready for implementation shortly.
4. Career guidance for colleges
The committee has provided guidance on the award of CPD points for college activities and verification of several colleges and regional professional bodies as CPD points awarding entities on their request.
5. Pilot CPD project
The pilot project in collaboration with the MoH, Sri Lanka, is scheduled to commence early next year.

18. MONTHLY NEWSLETTER

Joint Editors: Prof. Kumara Mendis & Dr Sumithra Tissera

Editorial Committee:

Dr BJC Perera

Prof. A. Pathmeswaran

Prof. Hasini Banneheke

Dr Sarath Gamini De Silva

Prof. Shamila de Silva

Prof. Clifford Perera

Dr Kalyani Guruge

Prof. Senani Williams

Prof. Chamila Mettananda

The SLMA Newsletter continued with the same high standard of publishing quality featuring articles by eminent medical professionals specialising in different subspecialties.

The Newsletter reported all activities done by the SLMA, including different lectures, updates, and meetings each month. (You can mention all activities that NL reports here)

A novel feature that was introduced this year was the inclusion of articles by doctors who excelled not only in medicine but also in other areas – entrepreneurship, politics, diving and history.

Each month 500 copies of the Newsletter were printed containing 32 pages and 4 – 5 advertisements. The e-copy was uploaded to the SLMA website and shared through our Facebook page. The printed copies were distributed to the Ministry of Health and other relevant Ministries, Faculties of Medicine, SLMA members who opted for a printed copy, Professional Colleges, etc.

The page setting and graphics were done by Mr Shashika Gunathilake, and printing and publishing by Kandy Offset Printers (Pvt) Ltd. They did an excellent job and delivered the Newsletter on-time before the Council meeting from January to December.

We would like to extend our sincere thanks to all the authors, contributors, advertisers and our well-wishers.



19. SOCIAL ACTIVITIES

Joint Social Secretaries: Dr. Christo Fernando and Dr. Pramilla Senanayake

Members of the Concert Committee / Dance Committee

Prof. Samath. D. Dharmaratne
Dr Vinya Ariyaratne
Dr Nilanka Wickramasinghe
Dr. Kaushi Attanayakage

Dr. Surantha Perera
Dr Sumithra Tissera
Dr Preethi Wijegoonewardene
Dr E. A. Sajith T Edirisinghe

Prof. Ishan De Zoysa
Dr Kalyani Guruge
Prof. Anuja Abayadeera

Doctors Concert 2022

The SLMA Doctor's Concert 2022 was held at the Jasmine Hall, BMICH on October 1st 2022. There were 25 performances that included two Dance performances, a Bharata Natyam performance, a Tamil classical song and many other excellent performances.

Having organised the concert for seven years, this was also Dr. Christo Fernando's final appearance as Social Secretary and Concert Organizer. Having organized the Concert together with Co Social Secretary Dr. Pramilla Senanayake, Dr. Christo Fernando stepped down as Social Secretary after a period of Seven years.

Dr. BJC Perera sang the Frank Sinatra classic 'My Way' as a tribute to Dr. Christo Fernando. Dr. Pramilla Senanayake presented a beautiful Memento on behalf of Sri Lanka Medical Association to Dr. Christo Fernando appreciating the services and contribution made by him.

The Concert ended successfully with the entire Audience enjoying it to their Heart's content.



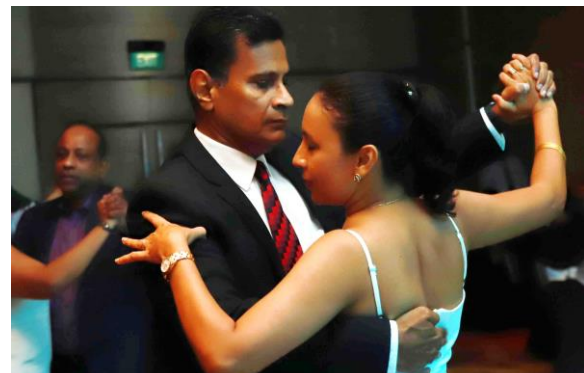
Medical Dance 2022

The SLMA Medical Dance was held on 16th December 2022 at the Oak Room, Hotel Cinnamon Grand, Colombo after a lapse of two years due to the COVID -19 situation in the country.

The SLMA dance was a tremendous success this year, meticulously organized to perfection by our two social secretaries Dr. Pramilla Senanayake and Dr. Christo Fernando. They were ably assisted by the President Professor Samath D Dharmaratne, Vice President Dr Surantha Perera, Honorary Secretary Professor Ishan de Zoysa, Honorary Treasurer Professor Hasini Banneheke, Drs Sajith Edirisinghe, Sumithra Tissera, Kalyani Guruge and the SLMA Staff.

The Medical Dance was a time for fellowship, relaxation, celebration after a year of hard work and was thoroughly enjoyed by those who participated at this event. This was the curtain raiser to the SLMA activities for 2022.

It also coincides with end of tenure of one team and the beginning of work for the next team.



20. THE SLMA CRICKET TEAM

The events for the Sri Lanka Medical Association Cricket for the year 2022 began in May with practices involving doctors from all over the island attending as per their convenience and duty schedules. This included more than 30 doctors from all over the island playing for the team in various posts alternatively.

The team was led under the guidance of Dr. P. S. M. B. Senevirathne who is the 5th year player taking the role of captaincy for this year. The names of the other players of the team who played PCL, with their posts is attached below.

Practice matches for this year consisted of more than 10 matches both in T20 and 50 overs format. The matches were held in the turf matches, involving international stadiums.

The targets for this year at the beginning were as follows:

1. Professional cricket League (PCL) 8th session
2. Law-Medical encounter 14th session

3. Match with the Architect team 8th session

For the practices, the following locations were selected and allocated

1. Indoor nets - Fingara indoor nets, SS Maharagama indoor nets, Ca indoor nets ect.
2. Colts cricket club ground/ LDA grounds/ Sapphire army grounds

The first round of the PCL included total of 5 matches out of which we emerged victorious in 4 of them, losing only against the engineers' team. But following the unfortunate defeat against the engineers' team at the semifinals, we couldn't qualify for finals this time.

However, we were able to secure the third place with a record of highest T20 run score of 236 in the history of the PCL. Upto date, we have won the champions trophy three times at PCL and were the runner-up of the previous year. This year, we were able to bag the title of Man of the series won by Dr Rajiv Nirmalasingham, as well as the best bowler of the tournament won by Dr Rusiru Jayathilake

The upcoming event for this year will be the most important event which is the Law Medical Encounter scheduled for the 18th of December in which we are hopeful to emerge as champions.

Unfortunately, we couldn't organise the match with the architect's team due to unavoidable reasons, which will be rescheduled to the month of January in the upcoming year 2023.

We would like to extend our sincere and heartfelt gratitude to the SLMA President Prof. Samath D. Dharmaratne, vice president Dr Surantha Perera and the secretary Prof. Ishan De Zoysa as well as the other SLMA officials for their continuous and earnest support given to make the events of the year 2022 a success. We are highly indebted and grateful for their contribution in every format. Special thanks go to Prof. Indika Karunathilake for being a support to the cricket team since the very beginning.

The name list of the team members who played PCL, with details and well as some of photographs of the events are attached herewith.

Name list of players who played PCL

1. Dr PSMB Senevirathne/MO /Colombo East Base Hospital
2. Dr G Rajiv Nirmalasingham/ Consultant Surgeon/ DGH Vavniya
3. Dr Thilina Samarasinghe/ Acting Consultant Urologist/ TH Peradeniya
4. Dr TD Kalinga / MO / Apeksha Hospital
5. Dr U Abeywickrama/ Acting Consultant Orthopaedic Surgeon/ DGH Nuwaraeliya
6. Dr DS Paranamana / MO / BH Elpitiya
7. Dr MMTR Ananda / SR Paediatrics Intensive Care/ LRH
8. Dr Isuru Ahesh / Registrar Medicine/ CNTH
9. Dr.DK Amarasingha/ MO / DGH Mullathiv
10. Dr. Rusuru Jayathilake/ MO Sports & Exercise Medicine/TH Kaluthara
11. Dr T Gawribhawan / Consultant Urologist/ TH Jaffna
12. Dr K Karunaratna/ Registrar in Surgery/ Apeksha Hospital
13. Dr L Adikari/ Mo / TH Anuradhapura
14. Dr H Amarasingha/ SR Emergency Medicine/ NHSL
15. Dr N Bimsara / MO / TH Kaluthara
16. Dr G Attanagoda/ MO / Csth
17. Dr Isuru Gunarathna / MO / Army Hospitals





Following are the extracts of the meeting we had with the Captain and the Vice-captain of the SLMA Cricket team on 21st December 2022.

Doctors' Cricket Club of SLMA is already registered under Sri Lanka Cricket since 2008. The cricket team of the Doctors' Cricket Club of SLMA participates in major cricket tournaments and leagues organized by the Organization of Professional Associations (OPA) and other Cricket Associations in Sri Lanka. Annual cricket encounters with lawyers, and architects are a few such events to mention. When analyzing the recent performances of the Doctor's Cricket team of SLMA, restructuring its operational activities need closer attention. As the initial step, we would like to suggest the following to improve performance and resilience.

- Appoint a Sports Committee in SLMA to provide managerial, technical, and financial support to both men's and women's cricket teams.
- Since there are Doctors' cricket teams in each province, we may organize a provincial cricket tournament with the help of the Ministry of Health, especially the NCD Unit. It will help continuously recruit talented players to the Doctors Cricket Team of SLMA. This will pave the way for a clear entry pathway for new players who are talented and enthusiastic about playing. A scoring system needs to be introduced to rank players to facilitate this.
- To streamline the events formulating a calendar year for cricket should be done in which matches will be played in the year's second half.
- We feel that it is vital for the players to have a suitable environment to play in practice matches to improve performance. One possible suggestion is to provide temporary attachments or transfers to hospitals in Colombo or nearby, adhering to rules and regulations of Ministry of Health.
- Members of our sportsmen will play a pivotal role in promoting healthy lifestyle activities to bring down the incidence of non-communicable diseases in Sri Lanka.

21. NEW MEMBERS

The number of new members for the year 2022 (including the names presented to the Council on 1st December 2022) is as follows.

| | |
|----------|-----|
| Life | 57 |
| Ordinary | 22 |
| Student | 104 |

The list of members enrolled during the year 2022 is given in **Annexure 5**.

22. TREASURER'S REPORT

By Honorary Treasurer Prof. Hasini Banneheke

The Sri Lanka Medical Association Treasurer's report for 2021/2022 is shown below.

The recurrent expenditure of the SLMA for 2022 was for the salaries, overtime, allowance, EPF, ETF, and bonus payments of employees. The total cost for the year 2022 was Rs.6,874,718.00.

The total expenses for the refurbishment of the premises (Nov and Dec of 2021) and the routine repairs, and maintenance for the last 12 months were Rs.1,030,566.04.

The total income and expenses and net profit/loss from the 136th Anniversary International Medical Congress and Foundation session 2022 are as below.

| Activity | Income | Expenses | Profit |
|--------------------------|-------------------|-------------------|------------------|
| Annual Congress-2022 | Rs. 19,064,598.69 | Rs. 14,432,013.57 | Rs 4,632,585.12 |
| Foundation Sessions-2022 | Rs. 455,000.00 | Rs. 784,195.00 | (Rs. 329,195.00) |

Bank Balances

The total sum of fixed deposits and short-term deposits by the end of the financial year 2022 is Rs.43,085,985/=. The interest earnings from the fixed deposits during the year amounted to Rs 2,303,122/=.

Cash and bank balances in total as of 31/10/2022 remain at Rs. 20,016,427.51 (including current account balance Rs.16,932,340/= and SLMA Relief fund Rs. 3,235,047/=).

All breakdown income and expenditures are given in the detailed treasurer's report.

I wish to acknowledge with gratitude the guidance of Prof. Samath Dharmaratne and the assistance of Prof. Ishan De Zoysa, the President and Secretary of SLMA respectively, in performing my duties as the Honorary Treasurer for the year 2022. I also thank the Assistant Treasurer Dr. Sajith Edirisinghe for his support. A special note of appreciation is extended to the SLMA Accounts Executive Miss Jayarani Tennekoon who meticulously looked after the accounts and prepared all the financial statements including this report throughout the year 2022.

23. AUDITORS' REPORT 2021/2022

Report of the auditors is given in the **Annexure 6**.

24. TSUNAMI DISASTER RELIEF PROJECT/ EASTER SUNDAY BOMB BLAST RELIEF PROJECT- BATTICOLOA

Report Presented by Dr. Anula Wijesundere

Coordinator of the CMAAO / SLMA Scholarship Fund/ EASTER SUNDAY BOMB BLAST RELIEF PROJECT BATTICOLOA

The CMAAO / SLMA Joint Scholarship, administered by the Tsunami Disaster Fund is the main social responsibility project of the SLMA.

The scholarship was launched in December 2006 for children who lost one or both parents in the Tsunami Disaster of December 2004, by investing the generous donation of US \$ 50,000/- by the Confederation of Medical Associations of Asia and Oceania (CMAAO) and is being continued successfully. As recipients of the scholarships have now completed schooling, these scholarships ended in September 2022.

We have provided educational grants to 7 school children who lost one or both parents as a result of the Easter Sunday bombing at the Zion Church in Batticaloa, in April 2019. The responsibility of selecting the recipients and launching of these educational grants was handed to President SLMA 2019 Dr. Anula Wijesundere by Dr. Suriyakanthie Amarasekera who was in charge of the project since its inception in 2006.

All these payments have been made using the monthly interest accumulated from the original deposit, leaving the capital intact. It is a privilege and pleasure to be able to extend a helping hand to these young ones who have faced so much tragedy in their lives.

25. SLMA MOBTEL DOC CALL 247

Chairperson: Dr Ruvaiz Haniffa
Convener: Dr Sajith Edirisinghe

Prof Indika Karunathilake
Dr Sarath Gamini De Sliva
Dr Shashika Sandaruwani
Dr Padma Gunaratne

Dr Kalyani Guruge
Prof Jennifer Perera
Prof Samath D. Dharmarathne
Dr Sumithara thissera

Dr BJC Perera
Dr Sankha Randenikumara
Prof Ishan de Zoysa

The Committee organised "The Anniversary Celebrations of the SLMA-Mobitel DocCall 247 National Level Digital Health Management System" on 15th August 2022 at Professor NDW Lionel Memorial Auditorium, SLMA.

Following doctors, stakeholders and medical students were awarded with a certificate of appreciation for the unconditional commitment and dedication expressed during the hour of the need. These doctors and medical students were selected based on the answering 500 or more incoming calls came through the Doc call 247 network. The representative teams from SLT Mobitel, 1990 Suwasariya Ambulance service and Sarwodaya were also given the due respect and appreciation for their commitment.

The awardees are,

Doctors

1. Dr Kalyani Guruge
2. Prof Indika Karunathilake
3. Dr Shanika Vitharana
4. Dr Thanuja Herath
5. Dr Asela T Munasinghe
6. Dr P.S.K. Rajapakshe
7. Dr Ruvaiz Haniffa
8. Dr Sajith Edirisinghe
9. Dr BJC Perera
10. Dr Sarath Gamini de Sliva
11. Prof Jennifer Perera
12. Dr Sankha Randenikumara
13. Dr Shashika Sandaruwani
14. Prof S D Dharmarathne
15. Prof Ishan De Zoysa
16. Dr Padma Gunaratne
17. Dr Sumithara Tissera
18. Dr Ananda Wijewickrama
19. Major General Sanjiwa Munasinghe
20. Brig. Saveen Semage
21. Prof Saroj Jayasinghe
22. Prof Neelika Malavige
23. Prof M.C Weerasinghe
24. Prof Antonette Perera
25. Prof Athula Kaluarachchi
26. Dr. Samitha Ginige
27. Dr MK Ragunathan
28. Dr Saman Yasawardhana
29. Dr Shirani Chandrasiri
30. Dr Anver Hamdani
31. Dr Asha Samaranayake
32. Dr Chamila Gunarathne
33. Dr Chamari Mudalige
34. Dr Damayanthi Pieris
35. Dr Duminda Munidasa
36. Dr Kamal Jayasuriya
37. Dr Nipunika Senadeera
38. Dr R. Batuwanthudawa
39. Dr J B Jayawardena
40. Dr Daphney De Soyza

Mobitel

41. Sudharshana Geeganage
42. Madura Hewage
43. Isuru Senadeera
44. Upeksha Kathiriarachchi
45. Dhamitu Kirtisinghe
46. Thiranga Nonis
47. Shashika Weeratunga
48. Harsha Weerasena
49. Izzath Dilshana

1990 Suwasariya

50. Mr Sohan de Silva
51. Dr Srilal de Silva
52. Mr Dumindra Ratnayaka

Sarwodaya

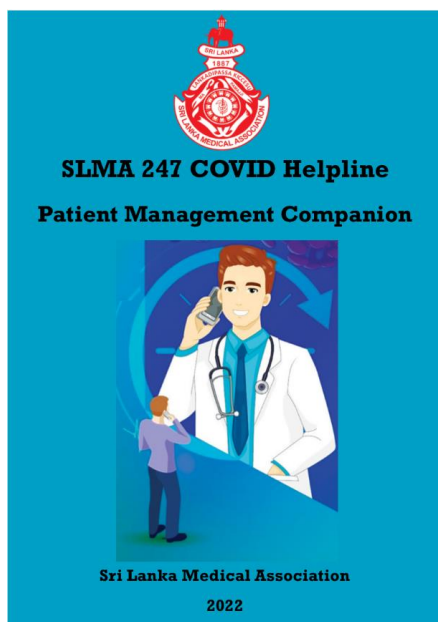
53. Dr. Vinya S. Ariyaratne

Students

54. Dasith De Silva
55. Sasika Nipun Samarakkodi
56. Ayodya Yasasvi
57. Prasadini Ravihari
58. Vidusha Adithya
59. Heshan Kavinda
60. N.W.S.N. Nawarathna
61. Ashini Siriwardana
62. Thisuri Wijeweera
63. B.R.S.S.W. Bandara
64. Risafa Jawahir
65. Hashini Jayakody
66. Kushni Dilumka
67. N.T. Jayalath
68. Thalatha Ratnayaka
69. Hirushi Mahagamage
70. Lakini Gunawardana
71. Melani Chandrasekara
72. Insha Ibrahim
73. Kavindya Dayawansha
74. Dulanja Senanayake

In addition to that in order to keep the medical community updated on the latest developments the committee organised a webinar titled Updates on COVID 19 on 28th January and 10th August 2022.

As documentation of the experienced gained from the Doc Call 247 call service the pactes were summarised and published as book titled, **SLMA 247 COVID Helpline - Patient Management Companion - A brief Compendium on Patient Management** as a publication of Sri Lanka Medical Association 2022 (ISBN 978-624-5972-06-7). The electronic copy of the book can be downloaded by visiting to <https://slma.lk/wp-content/uploads/2022/02/SLMA-247-Companion-1-1.pdf> . The Joint Editors-in-Chief were Prof. Indika Karunathilake – Past President, Sri Lanka Medical Association and Secretary General, Asia Pacific Academic Consortium for Public Health (APACPH) and Dr. B.J.C. Perera – Specialist Consultant Paediatrician, Medical Editor and Past President, Sri Lanka Medical Association.



The committee also managed to publish several journal papers from the experienced gained.

An Innovative Telemedicine Initiative From Sri Lanka: The Value of Volunteerism in a Resource-Constrained Scenario During the COVID-19 Pandemic (DOI: 10.1177/10105395221090348)

Training Medical Students as COVID-19 first contact responders: Integrating Telemedicine and Medical Education during a Health System Crisis in Sri Lanka (DOI: <http://doi.org/10.4038/seajme.v15i2.378>)



26. BEGINNING OF PROFESSOR SAMATH D. DHARMARATNE'S PRESIDENCY

A religious function was held at 'Wijerama House' to invoke blessings on Dr & Mrs.EM Wijerama and all Past Presidents who are no more, by the President and Council 2021/22, staff at SLMA office and other colleges/associations located at SLMA premises on 3rd January 2022 at SLMA premises.

The events unfolded with pirith chanting by Buddhist priests from Thilakarathnaramaya, Borella. This was followed by religious rituals performed by Rev. Freely Muthukudaarachchi from Archbishop Palace, Borella, Moulavi Abdul Sathas from Islamic Centre and Poosari Aiyar from Colombo.



28. SLMA RELIEF FUND

The SLMA relief fund was initiated in August 2022 to help the health sector to overcome the shortage of essential medicines and equipment. A US Dollar account was opened at HNB after obtaining permission from the Central Bank, to receive foreign currency from overseas donors. A Sri Lankan Rupee account was also opened.

A total of Rs. 10,579,716.97, USD amount 842.61 was collected and Rs. 7,193,590.42 was spent to date. Donations of Medicine & Medical Equipment was given to Lady Ridgeway Hospital, Institute of Cardiology (NHSL), NHSL and Base Hospital Mulleriyawa.





28. INTERCOLLEGIATE COMMITTEE

Chairperson : Prof. Samath Dharamaratne
Secretary and Convenor: Dr. Surantha Perera

Forty-two Professional Colleges are members of this committee, and more than 20 meetings were attended physically during the year (other than through zoom).

Many meetings were attended by the Minister of Health, the Secretary of Health, the Director General of Health Services (DGHS), DDGHS MSD, DDGHS Lab Services, the Director coordinating Medical Donations, and top officials from the Ministry of Health.

We developed an initial plan to manage the current crisis due to the economic meltdown and took steps to initiate activities.

Crisis Management Plan

1. Hazards

a. Ministry level

- prevention, mitigation, preparedness
- declare crisis preparedness for a defined period
- appoint a coordinating person, DDGHS, to coordinate activities at the national level
- raise public awareness about the current crises through media
- empower people to make decisions
- educate health care workers top to bottom and bottom to top
- enact guidelines from colleges specifying minimum standards in patient care, develop a legal draft to protect medical officers in such situations, define a timeline, and enact these laws for a limited period only, may send as a circular
- increase productivity and efficiency, proper utilization of workforce, managing OT hours efficiently

b. Hospital level

- assess, document, and disseminate available stocks 24/7
- need a focal point at the hospital level similar to MOH
- need 24/7 stock assessment at the subspecialty level
- efficient management of human resources -doctors, nurses, and minor staff

2. Vulnerability

a. Emergency care

- under all specialties

b. Other

- collate documents we received from colleges

3. Capacity

a. Stocks in hand

b. Purchasable stocks in the country

c. Urgent shipments

d. Credit lines

- purchasing short-expiry drugs free or for low cost within SL and outside SL
- efficient distribution of short expiry, declaring stocks regularly, audits periodically
- national announcement
- focal points available
- handling donations
- NDQL facilities to assess drugs, devices
- public health network

4. Expectation

- the expectation of the public and professionals
- requirements
- essential SR numbers
- table/ scoring systems- always not necessary to give a numerical value
- parliamentary act to suspend specific provisions which hinder the management of the current crisis

Currently, we are in the process of developing a strategic plan to mitigate current issues in the curative sector in the Ministry of Health, and the final draft will be presented in January 2023.

We are coordinating donations at the national and provincial levels to distribute them to specific hospitals. These donations come from different donors, including Medical Help Sri Lanka Global Project, SLMA Relief Fund, and other well-wishers from the USA, UK, and Australia.



Annexure 1: Programme of the 135th Anniversary International Virtual Medical Congress

Saturday 3rd September 2022

Pre-congress Workshop 1: “Emergency and Critical Care”

Registration

Approach to critically ill patient

Dr Indika Lanerolle, Consultant Emergency Physician, NHSL

Identification of deteriorating patient

Dr Waruni Samaranayaka, Consultant Intensivist, Csth

Case scenario Panel discussion - Sepsis

Moderator - Dr Lilanthi Subasinghe, Consultant Intensivist, University Hospital, KDU

Panel - Dr Dilshan Priyankara, Consultant Intensivist, NHSL

Dr Nuwan Warnakula, Consultant Emergency Physician, CNTH

Tea

Case scenario Panel discussion - Multiple trauma

Moderator - Dr Dilan Epasinghe, Consultant Emergency Physician, Csth

Panel - Dr Anushka Mudalige, Consultant Intensivist, CNTH

Dr Bandara Ekanayaka, Consultant Emergency Physician, NHSL

Quiz

Dr Rasanee Wanigasooriya, Consultant Intensivist, Csth

Sunday 4th September 2022

Pre-congress Workshop 2: “Acute Emergencies in Child Healthcare”

Registration

Anaphylaxis

Dr Deshan Adhihetty, Paediatric Intensivist

Status Epilepticus

Dr Piyara Rathnayake, Paediatric Neurologist

Acute Asthma

Dr Channa De Silva, Paediatric Pulmonologist

Acute poisoning

Dr Udaya De Silva, General Paediatrician

Tea

Shock

Dr Nalin Kithulwatte, Paediatric Intensivist

Upper Airway Obstruction

Dr Mihiri Rupasinghe, ENT Surgeon

DKA

Dr Navoda Atapattu, Paediatric Endocrinologist

Dengue Haemorrhagic Fever

Dr Kosala Karunaratne, General Paediatrician

Friday 9th September 2022

Pre-congress Workshop 3: “Updates in Clinical Immunology”

Registration

Opening Remarks

Prof. Samath D. Dahrmaratne, President, SLMA

Prof. Suranjith L. Seneviratne, President, UK-SLIF

Liver involvement in Dengue and other infectious disorders

Prof. Anuradha Dassanayake & Ms Jayani Kariyawasam

Advances in Clinical Immunology and Immunogenetics – 2021/2022

Prof. Suranjith L. Seneviratne

Use of Biologics in Rheumatological Disorders

Dr Lalith Wijeyaratne

Tea

Covid-19: what has been learnt so far

Prof. Suranjith L. Seneviratne

Dengue /Covid-19 and the Surgical patient
Prof. Ishan De Zoysa & Dr Umesh Jayarajah
Advances in Food Allergy, Anaphylaxis and Asthma – 2021/2022
Prof. Suranjith L. Seneviratne

Wednesday 28th September 2022

Inauguration

Guests take their seats
Arrival of the Chief Guest
Introduction of Council Members to the Chief Guest
Ceremonial Procession
National Anthem
Ceremonial Lighting of the Lamp of Learning
Welcome address
Professor Samath D. Dharmaratne
President SLMA
Address by the Guest of Honour
Dr Asela Gunawardena
Director General of Health Services, Ministry of Health, Sri Lanka
Address by the Chief Guest
Dr Alaka Singh
Country Representative in Sri Lanka, World Health Organization
Vote of Thanks
Professor Ishan De Zoysa
Honorary Secretary, SLMA
The SLMA Oration 2022

"Deciphering acute kidney injury in Sri Lankan viper bites: Is thrombotic microangiopathy the key?"

Professor Eranga S. Wijewickrama
MBBS, MD, PhD, MRCP (UK), MRCP (UK) Nephrology, FRCP(UK), FCCP, FASN (USA)
Professor in Clinical Medicine, Faculty of Medicine, University of Colombo
Honorary Consultant Nephrologist, National Hospital of Sri Lanka and National Institute of Nephrology, Dialysis and Transplantation, Colombo
Musical interlude
Procession leaves the hall
Refreshments

Thursday 29th September 2022

PARALLEL SESSIONS DAY 1 Hall A
7.30 am Registration

8.30 am **Symposium 1: Recent advances in Cardiology**

Heart failure- From guidelines to clinical practice
Dr Naomali Lalini Amarasena
Consultant Cardiologist, Sri Jayewardenepura General Hospital, Colombo
Contemporary management of dyslipidaemia in risk reduction of cardiovascular mortality
Dr M R Mubarak
Consultant Cardiologist at Lanka Hospital
Disappearing palpitations
Dr Suresh Kottegoda
Consultant Cardiologist and Cardiac Electrophysiologist, Sri Jayewardenepura General Hospital, Sri Lanka.

10.00 am Keynote Address
Global security through one health approach
Dr Shiyong Wang
Senior Health Specialist at The World Bank

10.45 am Morning Tea

11.15 pm Symposium 3: Reproductive Health Issues in Adolescents

Adolescent menstrual disorders
 Dr A K Probhodana Ranaweera
 Consultant Obstetrician and Gynecologist, De Soysa Maternity Hospital for Women and National Hospital of Sri Lanka
 Dysmenorrhoea and Endometriosis
 Dr Chandana Jayasundara
 Consultant Obstetrician and Gynecologist, De Soysa Maternity Hospital for Women and National Hospital of Sri Lanka
 Management of teenage pregnancy
 Dr Mohamed Rishard
 Consultant Obstetrician and Gynecologist, De Soysa Maternity Hospital for Women and National Hospital of Sri Lanka

12.45 pm Plenary 1

Prevention & Reversal of Type 2 Diabetes – A Paradigm shift in facing the pandemic
 Professor Prasad Katulanda
 Consultant Endocrinologist, Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo, Sri Lanka

1.15 pm Lunch

2.15 pm Free Paper Session 1

3.15 pm Symposium 5: Current National Crisis: The Public health impact

Activism in the health sector: A youth perspective
 Dr Sanduni Sudarshana Perera
 Medical Officer at Apeksha Hospital Maharagama
 Clinicians' role in current crisis in health care
 Dr Ananda Wijewickrama
 Consultant Physician at the National Institute of Infectious Diseases
 A Systems Approach to a National Crisis
 Prof Saroj Jayasinghe
 Emeritus Professor of Medicine, University of Colombo

4.45 pm Tea

5.15 pm **Dr S C Paul Memorial Oration**

Using high throughput sequencing technologies to study genetic causes of ultra-rare neurological diseases
 Dr W L Dulika S Sumathipala
 MBBS (Colombo), MSc (Clinical Genetics), Ph.D. (Norway)
 Clinical Geneticist, Human Genetics Unit, Faculty of Medicine, University of Colombo

PARALLEL SESSIONS DAY 1 Hall B

8.30 am Symposium 2: Current concepts in Endocrinology

Recent advances in diabetes
 Dr Uditha Bulugahapitiya
 Consultant Endocrinologist at Diabetes and Endocrinology Unit of the National Hospital of Sri Lanka
 Thyroid nodules: The basics in evaluation and management
 Dr Dimuthu T Muthukuda
 Consultant Endocrinologist, Sri Jayewardenepura General Hospital
 Endocrine related hypertension in clinical practice
 Dr Chandrika Subasinghe
 Consultant Endocrinologist at District General hospital, Chilaw

10.45 am Morning Tea

11.15 pm Symposium 4: Nutrition and Food Security

The economic meltdown and the double burden of malnutrition
 Dr Angela De Silva
 Regional Adviser, Nutrition and Health for Development, Department of Health, Population and Noncommunicable Diseases, WHO Regional Office for South East Asia
 Food security within current scenario
 Mr Andrea Berardo
 Senior Advisor / Head of Research, Assessment and Monitoring, United Nations World Food Programme (WFP)– Regional Bureau for Asia and the Pacific
 Multisectoral approach in managing malnutrition
 Dr Renuka Jayatissa

Head of the Department of Nutrition, Medical Research Institute, Ministry of Health
 1.15 pm Lunch
 2.15 pm Free Paper Session 2

 3.15 pm Symposium 6: Curiosities in Lifestyle Medicine
 Brain priming – Do this. Not that
 Dr Thusha Nawasiwatte
 Consultant Neurologist at DGH Chilaw
 Designing lives and systems for wellness
 Dr Noel Somasundaram
 Consultant Endocrinologist, Diabetes and Hormone Centre, Colombo, Sri Lanka
 Life style Medicine – the new specialty
 Dr Nilwala Umayangani Jayasinghe
 Specialist Consultant in Internal Medicine
 4.45 pm Tea

Friday 30th September 2022

PARALLEL SESSIONS DAY 2 Hall A

7.30 am Registration
 8.30 am Plenary 2
 Insights into the Spectrum of Genetic Disorders in the Sri Lankan
 Population from four Decades of Research in Sri Lanka
 Professor Vajira H W Dissanayake
 Chair & Senior Professor of Anatomy, Department of Anatomy, Faculty of Medicine,
 University of Colombo, Sri Lanka

 9.00 am Symposium 7: Burden, Management and policy on Vulnerable Neonates
 The fate of premature babies in Sri Lanka-2022
 Dr Saman Kumara
 Consultant Neonatologist at Castle Street Teaching Hospital
 Challenges in managing the premature
 Dr Surantha Perera
 Consultant Neonatologist at Castle Street Teaching Hospital
 Policy reforms to optimize the survival of preterms
 Dr Susie Perera
 Deputy Director General Public Health Services II in the Ministry of Health, Sri Lanka
 10.30 am Morning Tea
 11.00 am Plenary 3
 Challenges ahead with Post Covid-19 Neurological Syndrome and longterm
 complications
 Prof Tissa Wijeratne
 Director and Chair, Department of Neurology and Stroke Services at Western Health,
 St Albans, Victoria, Australia
 11.30 pm Free Paper Session 3
 12.30 pm Lunch
 1.30 pm Plenary 4
 Lessons learnt from the pandemic for strengthening Primary Health Care
 Dr Alaka Singh
 Country Representative, World Health Organization
 2.00 pm Symposium 10: Solid Organ transplantation
 Kidney transplantation - Challenges and Experiences
 Dr Joel Arudchelvam
 Consultant Vascular and Transplant Surgeon, Senior Lecturer in Surgery, Surgery
 Department, Faculty of Medicine, University of Colombo
 Deceased Donor Organ Donation in Sri Lanka; Achievements and Challenges
 Dr Ruwan Dissanayaka
 Transplant Surgeon at National Hospital of Sri Lanka
 Living donor liver transplantation – challenges and future
 Prof Rohan Siriwardana
 Professor in Gastroenterological and hepatobiliary surgery, Surgery Department,
 Faculty of Medicine, University of Kelaniya
 From open to laparoscopic donor nephrectomy: the changing landscape
 Dr Niroshan Senevirathne
 Consultant Urologist and Lead Transplant surgeon at Sri Jayawardenapura General
 Hospital, Sri Lanka

3.30 pm Plenary 5
Precision Medicine: the present and the future
Prof Suranjith Seneviratne
Professor and Consultant in Clinical Immunology and Allergy, Institute of Immunity and Transplantation and Health Services Laboratories, London, United Kingdom

4.00 pm Tea

4.30 pm **Professor N D W Lionel Memorial Oration**
Fetal Haemoglobin induction as a treatment for Thalassaemia: Evidence from bench and bedside
Prof Sachith Mettananda
MBBS, DCH, MD-Paed, DPhil, FRCPCH, FRCP, FRCPE
Chair Professor and the Head of the Department of Paediatrics of University of Kelaniya, Sri Lanka

PARALLEL SESSIONS DAY 2 Hall B

9.00 am Symposium 8: Pulmonology for the practicing clinician
Evidence-based rational use of combined inhalers in clinical practice
Dr Dushantha Madegedara
Consultant Respiratory Physician at The National Hospital Kandy
A cough that does not go away
Dr Amitha Fernando
Consultant Respiratory Physician at National Hospital Sri Lanka
Unexplained breathlessness
Dr Ruwanthi Thakshila Jayasekara
Consultant Respiratory Physician at the National Hospital of Sri Lanka, and Central Chest Clinic Colombo

10.30 am Morning Tea

11.30 pm Free Paper Session 4

12.30 pm Lunch

2.00 pm Symposium 11: Current challenges & advances in treatment in Neurology
Recent advances in pharmacological therapy in Migraine
Prof Tissa Wijeratne, Senior Neurologist, Professor in Neurology, Director, Academic Medicine and head of the Department of Neurology and Stroke at Western Health, Victoria, Australia
Advances in the management of Epilepsy
Dr Kishara Goonaratne, Senior Lecturer in Medicine and an Honorary Consultant Neurologist at the Department of Medicine and Mental Health, Faculty of Medicine, University of Moratuwa
Parkinson's Disease
Dr Gamini Pathirana, Consultant Neurologist at National Hospital of Sri Lanka

4.00 pm Tea

PARALLEL SESSIONS DAY 2 Hall C

9.00 am Symposium 9: Strategies in screening for common malignancies
Screening for malignancies in Sri Lanka – Breast cancer
Prof Sanjeeva Seneviratne, Professor, Department of Surgery, University of Colombo and Honorary Consultant Surgeon, National Hospital of Sri Lanka, Colombo
Colon Cancer
Dr Sumudu Kumarage, Head, Department of Surgery, Faculty of Medicine, University of Kelaniya
Oral cavity cancer - Can the prognosis of oral cavity cancer be improved?
Prof Manjula Attygalle, Dean, Faculty of Dental Sciences, University of Peradeniya and Chair
Professor, Dept of Oral and Maxillofacial Surgery

10.30 am Morning Tea

11.30 am Free Paper Session 5

12.30 – 1.30 pm Lunch

2.00 pm Symposium 12: Practical approach to obesity
Medical management of obesity
Dr Manilka Roshan Sumanatilleke, Consultant Endocrinologist at National Hospital of Sri Lanka
Perioperative care for bariatric surgery

Dr Asoka Gunaratne, Consultant Anaesthetist
Surgery for severe obesity and Metabolic Syndrome – The Present state
Prof Thejana Kamil Wijeratne, Professor in Surgery, Department of Surgery,
University of Sri Jayewardenepura and Consultant Surgeon at Colombo South
Teaching Hospital Kalubowila, Sri Lanka

4.00 pm Tea

Saturday 1st October 2022

PARALLEL SESSIONS DAY 3 Hall A

7.00 am Registration

8.00 am Dr S Ramachandran Memorial Oration

Cardiovascular risk prediction of Sri Lankans
Prof Chamila Mettananda
MBBS, MD Medicine, PhD in Cardiovascular epidemiology, MRCP, FRCP, FRCPE,
FACP, FCCP
Secretary of the Speciality Board in Clinical Pharmacology and Therapeutics at the
PGIM, Secretary of the Sri Lankan Association of Clinical Pharmacology and
Therapeutics and joint-Secretary of the Ceylon College of Physicians

8.45 am Panel Discussion 01: Collaborative session with UNFPA:

Funding to financing and reorienting our approach to current crisis in Sri Lanka
Governance of public private finance and role of lending agencies
Mr. Kunle Adeniyi
Representative for Sri Lanka (UNFPA) and Country Director for The Maldives
Financing Health: Creation of fiscal space and direction of intervention
Dr Indrajit Coomaraswamy
Former Governor of the Central Bank of Sri Lanka
Reorienting our approach and protecting vulnerable and marginalized population
Ms Madusha Dissanayake
Assistant Representative, UNFPA

PARALLEL SESSIONS DAY 3 Hall C

8.45 am Symposium 14: Economic crisis and its consequences on women's health

Health Financing challenges for women
Prof Amala De Silva
Senior Professor at the Department of Economics, University of Colombo
Salvaging the shattering family health during economic crisis
Dr Aruni De Silva
Senior Lecturer, Department of Family Medicine, Faculty of Medical Sciences,
University of Sri Jayewardenepura
Women's health devoured by the tides in the economy: A gynaecologist's perspective
Prof Sanjeewa Padumadasa
Professor in Obstetrics and Gynaecology in the University of Kelaniya and Specialist
in Obstetrics and Gynaecology at the North Colombo Teaching Hospital

8.45 am Symposium 13: Geriatrics: Understanding Frailty Detection of frailty

Dr Udayangani Ramadasa
Consultant Physician in General Medicine & Head, Senior Lecturer, Department of
Medicine, Faculty of Medicine, Sabaragamuwa University of Sri Lanka
Management of frailty
Dr Dilhar Samaraweera
Consultant Physician at Colombo South Teaching Hospital
Case-based discussion on clinical presentation and management of frailty
Dr Maheshi Wijayabandara
Acting Consultant Geriatrician, Geriatric and Palliative Care Unit, Colombo South
Teaching Hospital

10.15 am Morning Tea

10.30 am Panel Discussion 02: Legal and Economic implications of Road Traffic Crashes

Burden of Road Traffic Crashes
Prof Samath D Dharmaratne
President, Sri Lanka Medical Association
Legal Implications of Road Traffic Accidents

Mr Kalinga Indatissa
President's Counsel, Past President, Bar Association of Sri Lanka
Economic Impact of Road Traffic Accidents
Mr Deshal de Mel
Economic advisor to the Ministry of Finance

11.45 pm **Panel Discussion 03: Medical Tourism: A solution to foreign currency crises
Readiness of the private sector**

Dr Lakith Peiris
Managing Director at Hemas Hospitals and Laboratory Chain
An opportunity not to be missed
Dr P Nandalal Weerasinghe, Governor of the Central Bank of Sri Lanka
Is it a reality in the current economic crisis?
Ms Dhammika Wijayasinghe, Director General, Sri Lanka Tourism Development
Authority

1.15 pm Lunch

2.00 pm **Panel Discussion 04: Strategies for health sector recovery in the current socio-economic crisis in Sri Lanka**

*In collaboration with Ministry of Health, WHO, the Intercollegiate Committee and other
Stake Holders*

3.30 pm onwards Closing Ceremony Hall B

RESOURCE PERSONS

Dr Naomali Lalini Amarasena MD(Col), FRCP(Lond), FACC, FCCP, FRACP(Hon)
Consultant Cardiologist, Sri Jayewardenepura General Hospital, Colombo, Sri Lanka

Dr M R Mubarak MBBS, MD, FACC, FAPSC, FCCP, FRCP(Lond)
Consultant Cardiologist, Lanka Hospital, Sri Lanka

Dr Suresh Kottegoda MBBS, MD, FCCP
Consultant Cardiologist and Cardiac Electrophysiologist, Sri Jayewardenepura General Hospital, Sri
Lanka

Dr Uditha Bulugahapitiya MBBS(SL), MD(COL), MRCP(UK), FRCP(Edin), FCCP(SL), FACE(USA),
FSLCE(SL)
Consultant Endocrinologist, Diabetes and Endocrinology Unit of the National Hospital of Sri Lanka

Dr Dimuthu T Muthukuda MBBS(Col), MD(Col), MRCP(UK), MRCP(Lon), FSLCE(SL)
Consultant Endocrinologist, Sri Jayewardenepura General Hospital, Sri Lanka

Dr Chandrika Subasinghe MBBS(Colombo), MD(Colombo), MRCP(UK), MRCP – Specialty certificate in
Diabetes and Endocrinology (UK)
Consultant Endocrinologist, District General Hospital, Chilaw, Sri Lanka

Dr Shiyong Wang
Senior Health Specialist at The World Bank

Dr A K Probhodana Ranaweera MBBS(Col), MD (Obs and Gynae), MRCOG(UK), Diploma in benign
gynaecological endoscopy (France), CTHE(Col), SEDA(UK)
Consultant Obstetrician and Gynaecologist, De Soysa Maternity Hospital for Women and National
Hospital of Sri Lanka

Dr Chandana Jayasundara MBBS, MD (Obs and Gynae), MRCOG(UK)
Consultant Obstetrician and Gynaecologist, De Soysa Maternity Hospital for Women and National
Hospital of Sri Lanka

Dr Mohamed Rishard MBBS, MD, MRCOG
Consultant Obstetrician and Gynaecologist, De Soysa Maternity Hospital for Women and National
Hospital of Sri Lanka

Dr Angela De Silva MBBS PhD
Regional Adviser, Nutrition and Health for Development, Department of Health, Population and Noncommunicable Diseases, WHO Regional Office for South East Asia

Mr Andrea Berardo MA in Political Science & Planning for Development Countries
Senior Advisor / Head of Research, Assessment and Monitoring, United Nations World Food Programme (WFP) – Regional Bureau for Asia and the Pacific

Dr Renuka Jayatissa MBBS, MSc, MD
Head of the Department of Nutrition, Medical Research Institute, Ministry of Health, Sri Lanka

Prof Prasad Katulanda MBBS, MD, FRCP (Lond), FCCP, FACE, FSLCE, DPhil (Oxon)
Head, Department of Clinical Medicine, Professor in Medicine and is a Diabetologist and an Endocrinologist attached to the University of Colombo Sri Lanka

Dr Sanduni Sudarshana Perera Dip in Health Sector Disaster Management
Medical Officer, Apeksha Hospital Maharagama, Sri Lanka

Dr Ananda Wijewickrama MBBS(Col), MD (Sri Lanka), MRCP(UK), FCCP
Consultant Physician, National Institute of Infectious Diseases, Mulleriyawa, Sri Lanka

Prof Saroj Jayasinghe MBBS, MD(Col), MD(Bristol), MRCP(UK), FRCP(Lond), PhD (Colombo), FCCP, FNASSL
Emeritus Professor of Medicine, University of Colombo, Sri Lanka

Dr Thussha Nawasiwatte MBBS-Col, MD Medicine-Col, MRCP-London, MRCPS-Glasgow
Consultant Neurologist, DGH Chilaw, Sri Lanka

Dr Noel Somasundaram MBBS MD FRCP, FCCP, FSLCE
Consultant Endocrinologist, Diabetes and Hormone Centre, Colombo, Sri Lanka

Dr Nilwala Umayangani Jayasinghe MBBS, MD (Colombo), MRCP (UK)
Specialist Consultant in Internal Medicine

Prof Vajira H W Dissanayake MBBS(Colombo), PhD (Nottingham), FNASSL, FIAHSI
Chair & Senior Professor of Anatomy, Department of Anatomy, Faculty of Medicine, University of Colombo, Sri Lanka

Dr Saman Kumara MBBS, DCH, MD(Paediatrics)
Consultant Neonatologist, Castle Street Teaching Hospital, Sri Lanka

Dr Surantha Perera MBBS(Col) DCH(SL) MD Paed (SL) DCH(UK) FRCP(Edin) FRCPCH(UK)
Consultant Neonatologist, Castle Street Teaching Hospital, Sri Lanka

Dr Susie Perera MSc Com Med, MD Community Medicine
Deputy Director General Public Health Services II in the Ministry of Health, Sri Lanka

Dr Dushantha Madegedara MBBS, MD, FCCP(SL), FCCP(USA), FRCP(Edin), FAPSR
Consultant Respiratory Physician, The National Hospital Kandy, Sri Lanka

Dr Amitha Fernando MBBS(NCMC), MD, FRCP
Consultant Respiratory Physician, National Hospital of Sri Lanka

Dr Ruwanthi Thakshila Jayasekara MBBS (Colombo), MD Medicine (Colombo), MRCP (UK), ESRS/Expert Somnologist
Consultant Respiratory Physician, National Hospital of Sri Lanka and Central Chest Clinic Colombo, Sri Lanka

Prof Sanjeeva Seneviratne MBBS(Colombo), MD(Surgery), PGCertMedEd (Colombo), FRCS(Edin.)
PhD (Auckland)

Professor, Department of Surgery, University of Colombo, Sri Lanka
Honorary Consultant Surgeon, National Hospital of Sri Lanka, Colombo, Sri Lanka
Dr Sumudu Kumarage MBBS (C'bo), MS (C'bo), FRCS (Ed)
Head, Department of Surgery, Faculty of Medicine, University of Kelaniya

Prof Manjula Attygalle BDS(SL), MS Dental Surgery (Col), FDSRCS(Eng)
Dean, Faculty of Dental Sciences, University of Peradeniya, Sri Lanka
Chair Professor, Dept of Oral and Maxillofacial Surgery, Faculty of Dental Sciences, University of Peradeniya, Sri Lanka

Prof Tissa Wijeratne MBBS, MD, PhD, FRACP, FRCP, FAAN, FAHA, FEAN
Director and Chair, Department of Neurology and Stroke Services at Western Health, St Albans, Victoria, Australia

Dr Alaka Singh
Country Representative, World Health Organization

Dr Joel Arudchelvam MBBS (COL), MD (SUR), MRCS (ENG), FCSSL
Consultant Vascular and Transplant Surgeon, Senior Lecturer in Surgery, Surgery Department, Faculty of Medicine, University of Colombo

Dr Ruwan Dissanayaka MBBS, MD(SUR), MRCS
Transplant Surgeon, National Hospital of Sri Lanka

Prof Rohan Chaminda Siriwardana MBBS, MS, MRCS
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Dr Niroshan Senevirathne MBBS (Col), MS(Col), MRCS(UK), FCSSL
Consultant Urologist and Lead Transplant Surgeon, Sri Jayewardenepura General Hospital, Sri Lanka

Dr Kishara Goonaratne MBBS (Colombo), MD (Medicine-Colombo), MRCP (UK)
Senior Lecturer in Medicine and an Honorary Consultant Neurologist, Department of Medicine and Mental Health, Faculty of Medicine, University of Moratuwa, Sri Lanka
Dr Gamini Pathirana MBBS, MD-Medicine
Consultant Neurologist, National Hospital of Sri Lanka

Dr Manilka Roshan Sumanatilleke MBBS, MD, MRCP(Lon), MRCP-Diabetes & Endocrinology (UK), FRCP(Edin), FACE(USA), FSLCE(SL), FCCP(SL)
Consultant Endocrinologist, National Hospital of Sri Lanka

Dr Asoka Gunaratne MBBS, MD, FRCA
Consultant Anaesthetist, Colombo South Teaching Hospital, Kalubowila, Sri Lanka

Prof Thejana Kamil Wijeratne MBBS, MS, MRCS, FCSS
Consultant Surgeon

Professor in Surgery, Department of Surgery, University of Sri Jayewardenepura, Sri Lanka
Consultant Surgeon at Colombo South Teaching Hospital Kalubowila, Sri Lanka
Prof Suranjith Seneviratne DPhil (Oxon), MBBS, MD, DPath, MRCPPath, MRCP, FRCP, FRCPPath, FSLCGP, FCCP

Professor and Consultant in Clinical Immunology and Allergy, Royal Free Hospital and University College London, United Kingdom

Mr Kunle Adeniyi
Representative for Sri Lanka (UNFPA) and Country Director for The Maldives

Dr Indrajit Coomaraswamy
Former Governor of the Central Bank of Sri Lanka

Ms Madusha Dissanayake
Assistant Representative (UNFPA); Director Public Affairs

Dr Udayangani Ramadasa MBBS (Col), MD(Medicine) (Col), FRCP(Lon), FCCP, Dip Pall Med (Clinical) RACP
Consultant Physician in General Medicine & Head, Senior Lecturer, Department of Medicine, Faculty of Medicine, Sabaragamuwa University of Sri Lanka

Dr Dilhar Samaraweera MBBS (Col), MD(Col), MRCP(UK), FRCP (London), FCCP, Dip in Geriatric Medicine (Glasgow)
Consultant Physician, Colombo South Teaching Hospital, Sri Lanka

Dr Maheshi Wijayabandara MBBS (Col), MD (Geriatric Medicine) (Col), MRCP (UK), MRCP Geriatric Medicine (UK)
Acting Consultant Geriatrician, Geriatric and Palliative Care Unit, Colombo South Teaching Hospital, Sri Lanka

Prof Amala De Silva PhD, DPhil, MA(Sussex), BA Honours (Colombo)
Senior Professor, Department of Economics, University of Colombo, Sri Lanka

Dr Aruni De Silva MBBS, Dip. Venereology, DFM, MRCPGP[INT], MD (Family Medicine)
Senior Lecturer, Department of Family Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura, Sri Lanka

Prof Sanjeewa Padumadasa MBBS (Col), MD (Obstetrics and Gynaecology) (Col), MRCOG (UK)
Professor in Obstetrics and Gynaecology, University of Kelaniya, Sri Lanka
Specialist in Obstetrics and Gynaecology, North Colombo Teaching Hospital, Sri Lanka

Prof Samath D Dharmaratne MBBS, MSc (Community Medicine), MD (Community Medicine)
President, Sri Lanka Medical Associations

Mr Kalinga Indatissa
President's Counsel, Past President, Bar Association of Sri Lanka

Mr Deshal de Mel
Economic advisor to the Ministry of Finance

Dr Lakith Peiris
Managing Director at Hemas Hospitals and Laboratory Chain

Dr P Nandalal Weerasinghe B.Sc. (Kelaniya), MD in Economics & PhD (Australian National University)
Governor of the Central Bank of Sri Lanka

Ms Dhammika Wijayasinghe
Director General, Sri Lanka Tourism Development Authority

Annexure 2: Programmes of Monthly Clinical Meetings

Tuesday 25th January 2022

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF PAEDIATRICIANS

Complicated dengue in children at the midst of the COVID-19 pandemic

"Case Presentation"

Dr. Chanaka Rathnayake, Registrar in Paediatrics, Lady Ridgeway Hospital for Children

"Review Lecture"

Dr. Kosala Karunaratne, Consultant Paediatrician, Lady Ridgeway Hospital for Children

Discussion

All faculty

Tuesday 22nd February 2022

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF HAEMATOLOGISTS

Resource Persons

Dr. Ahalyaa Sivashangar, Lecturer & Consultant Clinical Haematologist, Department of Pathology, Faculty of Medicine, University of Colombo

Dr. Manu Wimalachandra, Lecturer & Consultant Clinical Haematologist, Department of Pathology, Faculty of Medicine, University of Colombo

Dr. M. H.T. Kumarasiri, Consultant Clinical Haematologist, Department of Pathology, Faculty of Medicine, University of Wayamba

Tuesday 22nd March 2022

IN COLLABORATION WITH THE COLLEGE OF ANAESTHESIOLOGISTS & INTENSIVISTS SRI LANKA

Case Presentation

Obstetrics

Dr. Ramani Pallemulla, Consultant Obstetrics Anaesthetist, CSHW

Trauma

Dr. Unani Yasanthika, Senior Registrar in Anaesthesiology

Lecture

Dr. Nilmini Wijesuriya, Consultant Anaesthetist, CNTH Ragama

Tuesday 26th April 2022

IN COLLABORATION WITH THE COLLEGE OF Pulmonologists

Role of EBUS Guided Bronchoscopy in Interventional Pulmonology

Dr. Thanuja Tissera, Consultant Chest Physician Acting, NHRD, Welisara

Dr. E.G.H.E. De Silva, Senior Registrar in Respiratory Medicine, NHRD, Welisara

Dr. G.L.H.S. Liyanage, Senior Registrar in Respiratory Medicine, NHRD, Welisara

Tuesday 28th June 2022

IN COLLABORATION WITH THE COLLEGE OF GENERAL PRACTITIONERS OF SRI LANKA

Covid-19 Home Based Care and Long Covid

Dr. M.R. Haniffa, Family Physician, Head, Dept. of Family Medicine, University of Colombo

Dr. Dineshani Hettiarachchi, Senior Lecturer & Family Physician, Dept. of Anatomy, Genetics and Biomedical Informatics, University of Colombo

Dr. Suneth Rajawasan, Council Member, College of General Practitioners of Sri Lanka, CEO, Family Clinic (Pvt) Ltd.,

Tuesday 26th July 2022

IN COLLABORATION WITH THE CEYLON COLLEGE OF PHYSICIANS

Evidence Based Management of Hypertensive Emergencies

Lecture

Dr. Ushani M. Wariyapperuma, Specialist in Internal Medicine, Head/ Dept. of Physiology, Faculty of Medicine, University of Moratuwa

Case Presentation

Dr. Wasundara Sevandi Wathurapatha, Senior Registrar in Medicine, CSH, Kalubowila

Q & A Session

Dr. Waruni Sudarika Hewanayake, Senior Registrar in Medicine, CSH, Kalubowila

Tuesday 16th August 2022

IN COLLABORATION WITH THE COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA

Through the Eye into the Body

Patient with Takayasu's Arteritis presenting with Occlusive Retinal Vasculitis

Dr. J. A. M. Thisara Gunathilake, Registrar, National Eye Hospital, Colombo.

Retinal Vasculitis in patients with SLE

Dr. Bhirashanthi Sujanthan: Senior Registrar, Teaching Hospital, Jaffna.

Review Lecture

Systemic Vasculitides with ocular manifestations

Dr. Mahesh J. Gamage, Consultant Ophthalmologist, Colombo North Teaching Hospital, Ragama

MCQs & Discussion

MCQ Session

Dr. S. Prem Anand, Consultant Ophthalmologist, University Hospital of KDU

Tuesday 18th October 2022

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF PSYCHIATRISTS

Problematic Internet Use in Children and Adolescents

Case Presentation

Dr. Gayani Rathnayake, Senior Registrar in Child & Adolescent Psychiatry

Review Lecture

Dr. Darshani Hettiarachchi, Consultant Child & Adolescent Psychiatrist

Tuesday 13th December 2022

IN COLLABORATION WITH THE COLLEGE OF OTORHINOLARYNGOLOGISTS & HEAD AND NECK SURGERY

Managing a Patient with Vertigo; What Is New

Dr MTD Lakshan, Consultant ENT and Head & Neck Surgeon

Managing Acute Upper Airway Obstruction; Tracheostomy care

Dr Vasanthika Thuduvage, Consultant ENT and Head & Neck Surgeon

Annexure 3: Programmes of Regional Meetings

JOINT CLINICAL MEETING WITH THE BASE HOSPITAL PANADURA

25th February 2022 at the Hospital Auditorium, Colombo South Teaching Hospital

Registration

National Anthem

Lighting of the Lamp of Learning

Welcome Speech

Dr Ruwanthi Perera

President, Clinical Society of Colombo South Teaching Hospital

SLMA President's address

Prof. (Dr.) Samath D. Dharmaratne,

President, SLMA

Chairpersons:

Prof. (Dr.) Samath D. Dharmaratne (President, SLMA)

Dr. Ruwanthi Perera, President, Clinical Society of Colombo South Teaching Hospital

When will the pandemic end?

Prof. Neelika Malavige, Professor and Head, Department of Immunology and Molecular Medicine

Chronic cough in children: approach to a generalist

Dr Ridma Jayarathne, Paediatric Pulmonologist and Lecturer in Paediatrics, Department of Paediatrics, Faculty of Medical Sciences, University of Sri Jayewardanapura

Psychosocial impact of the pandemic on children & adolescents: a neglected aspect

Dr Yasodha Rohanachandra, Consultant Child and Adolescent Psychiatrist, Senior Lecturer, Department of Psychiatry, University of Sri Jayewardanapura

Ivermectin and COVID

Prof. Hasini Banneheke, Head, Department of Parasitology, Faculty of Medical Sciences, University of Sri Jayewardanapura

Effects of microplastics to human Anatomy and COVID 19 pandemic

Dr Sajith Edirisinghe, Senior Lecturer and Clinical Geneticist, Department of Anatomy, Faculty of Medical Sciences, University of Sri Jayewardenepura
Vote of thanks
Secretary, Clinical Society of Colombo South Teaching Hospital

JOINT CME PROGRAMME WITH THE ASIRI GROUP OF HOSPITALS

22nd March 2022 at the Auditorium, Asiri Surgical Hospital

Registration
National Anthem
Lighting of the Lamp of Learning
Welcome Speech
Dr Manjula Karunaratne, CEO, Asiri Hospital Group
SLMA President's address
Dr. Surantha Perera, Vice President, SLMA,

Session 01

Chairpersons:

Prof. Ishan De Zoysa, Honorary Secretary, SLMA
Dr. Manujula Karunaratne, Chief Executive Officer, Asiri Hospital Group
Hypertension: From diagnosis to Management
Dr Chamara Rathnayake, Consultant Cardiologist
Lifestyle Medicine- the new specialty
Dr Nilwala Jayasinghe Consultant Physician

Session 02

Chairpersons:

Dr. Surantha Perera – Consultant Paediatrician
Dr Nimali Puwakwatta, Consultant Anaesthetist
From Colorectal Polyps to cancer: Surveillance, screening and Endoscopic Treatment
Dr Isurujith Liyanage, Consultant Gastrointestinal Physician
Professional Ethics
Emeritus Prof. Anoja Fernando, Member, UNESCO International Bioethics Committee
Pandemic Preparedness and Response - Learnings From COVID-19
Dr Vinya Ariyaratne, Consultant Community Physician, President elect, SLMA
Vote of thanks
Dr Champika Bogahawatte, Medical Director, Asiri Surgical Hospital

Inauguration E M Wijerama Endowment Oration

Friday 11th November 2022

INAUGURATION

Arrival of Guests
Ceremonial Procession
National Anthem
Traditional lighting of the oil lamp
Welcome Address
Professor Samath D. Dharmaratne - President, SLMA
Address by the Chief Guest
Dr. Padma Gunaratne, Immediate Past President, SLMA
Awarding of Fellowship
Dr. Preethi Wijegoonewardene
Dr. Sunil Seneviratne Epa
Presentation of SLMA Research Prizes and Awards 2022
Vote of Thanks
Professor Ishan De Zoysa, Honorary Secretary, SLMA
Dr. E. M. Wijerama Endowment Oration
"The quarter-of-a-century-long trek: A tryst with destiny"
Dr. B. J. C. Perera
MBBS(Cey), DCH(Cey), DCH(Eng), MD(Paed), MRCP(UK), FRCP(Edin), FRCP(Lond),
FRCPCH(UK), FSLCPaed, FCCP, Honorary FRCPCH(UK), Honorary FCGP(SL)
Specialist Consultant Paediatrician
and

Honorary Senior Fellow, Postgraduate Institute of Medicine, University of Colombo, Sri Lanka
Past-President, SLMA
Procession leaves the hall
Reception

Saturday 12th November 2022

Registration

Acute Asthma

Dr Wathsala Gunasinghe, Consultant Pulmonologist, National Hospital for Respiratory Diseases, Ragama

Functional Abdominal Pain

Professor Shaman Rajindrajith, Professor of Paediatrics, Faculty of Medicine, University of Colombo

Morning Tea

Sir Marcus Fernando Oration

“A study of the genetic etiology of rare inherited conditions in the Sri Lankan population”

Dr Dineshani Hettiarachchi

MBBS(Manipal), MSc (Colombo), MCGP(Colombo), SEDA UK

Senior Lecturer, Department of Anatomy, Genetics and Biomedical Informatics

Faculty of Medicine, University of Colombo

Lunch

Caring for a Patient with a Wound

Dr Yasas Abeywickrama, Consultant Plastic Surgeon. Colombo South Teaching Hospital, Kalubowila

Identifying a Critically Ill Patient

Dr Indika de Lanerolle, Consultant Emergency Medicine Physician, NHSL

Iron Deficiency Anemia

Dr Sandaru Hettiarachchi, Consultant Hematologist, DGH, Hambanthota

Managing Back Pain at Primary Care

Dr Gunendrika Kasthurirathne, Consultant Rheumatologist, NHSL

Evening Tea





Annexure 4: Programmes of Symposia, Lectures, Seminars, Webinars and Workshops

Webinar on “Birth Defects are and Prevention”

3rd March 2022 at 10.30 am at the Lionel Memorial Auditorium
Jointly Organized by Expert Committee on Birth Defects- SLMA
Family Health Bureau – Ministry of Health
Sri Lanka College of Paediatrician

Welcome Remarks

Prof Samath D. Dharmaratne, President, SLMA
 Dr Chithramalee de Silva, Director, Family Health Bureau
 Prof. Shaman Rajindrajith, President, Sri Lanka College of Paediatricians

Overview of Birth Defects

Dr Kapila Jayaratne, Co-Chairperson, Expert Committee on Birth Defects, SLMA
 National Program Manager, Child Morbidity & Mortality, MoH

Launch of the Poster on National Birth Defects Registry

Dr Chithramalee de Silva, Director, Family Health Bureau
 Dr Manjula Danandsuriya, NPO World Health Organization

Global Best Practices on Birth Defects Care and Prevention

Dr Manjula Danandsuriya, NPO World Health Organization

Diagnosing the undiagnosed – Genetic Testing & Counselling

Prof. Vajira HW Dissanayake, Co-Chairperson, Expert Committee on Birth Defects, SLMA
 Dean, Faculty of Medicine, University of Colombo

Covid 19 and Possible birth defects

Prof. Neelika Malavige, Professor and Head, Department of Immunology and Molecular Medicine

Caring for a child with congenital heart disease

Consultant Paediatric Cardiologist

Management of a child with Down Syndrome

Dr Saraji Wijesekara, Secretary, SLMA Expert Committee in Rehabilitation
 Past President, SLACD

Closing Remarks & End of Sessions

Dr Dineshani Hettiarachchi, Convenor, Expert Committee on Birth Defects

World TB Day 2022

“Invest to End TB. Save Lives”

24th March 2022 at 10.00 am at the Lionel Memorial Auditorium
*Collaborative Webibar by Sri Lanka Medical Association and
National Programme for Tuberculosis Control & Chest Diseases– Ministry of Health*

Lighting of Traditional Oil Lamp

Welcome Address by the Director NPTCCD

Reading out the Hon. Prime Minister's Message

Reading out the H.E. President's Message

Address by the President, Sri Lanka Medical Association

Address by the Deputy Director General PHS I

Address by the Additional Secretary Public Health Services

Awarding Prizes to Winners – Island Wide School Art Competition

Invited Lecture II: The Impact of the COVID pandemic on Tuberculosis.....

The Way Forward

(Dr Neranjan Dissanayake, Consultant, Respiratory Physician

Vice President of College of Pulmonologists)

Success story of TB – A brief speech by a recovered individual from TB meningitis

Invited Lecture III: New advances in TB diagnosis

(Dr Chinttha Karunasekara, Consultant, Microbiologist/ NHRD)

Vote of thanks by NPTCCD

World Health Day Our Planet, Our Health

“Invest to End TB. Save Lives”

7th April 2022 at 2.00 pm at the Lionel Memorial Auditorium

Organized by Sri Lanka Medical Association

Opening Remark

Special Envoy to Director General, WHO Coordinating the Global response to Covid- 19

Dr Palitha Abeykoon, Chair, Former President, SLMA

Global Health and Global Health Security

Prof. Samath D Dharmaratne, President, SLMA

Chair Professor of Community Medicine, Peradeniya

Climate Change and Health: A Global Overview

Dr Elena Prats Villalobos, WHO HQ,

Climate Change and Health, Geneva, Switzerland

Regional Issues in Planetary Health

Dr Alaka Singh, WHO Resident Representative, Sri Lanka

Planetary Health: Public Health Perspective

Dr Vinya Ariyaratne, President Elect, SLMA

President, Sarvodaya Movement

Planetary Health: A Role for the SLMA

Prof. Saroj Jayasinghe, Emeritus Professor of Medicine, Colombo

Symposium on “Management of dengue in the era of COVID pandemic”

29th April 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Dengue in Sri Lanka where are we heading?

Dr. Nimalka Pannila Hetti Consultant Community Physician. Former National Coordinator for National Dengue Coordinating Unit

Challenges in management of dengue during a pandemic

Dr. Ananda Wijewickrema, Consultant Physician, Infectious Diseases Hospital, Angoda

Dengue and COVID co-infection in children

Dr. Kosala Karunaratne, Consultant Pediatrician, Lady Ridgway Hospital, Colombo 8

Discussion

Lecture on “Parkinson’s Disease Disability and Rehabilitation”

19th May 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Dr M Saamir Mohideen MBBS, MD (Col), MRCP (UK)

Acting Consultant Neurologist, National Hospital of Sri Lanka

Symposium on “An update on Monkeypox: Be prepared for the future”

2nd June 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Epidemiology of Monkeypox

Dr Chinthana Perera, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Clinical features and management of Monkeypox

Dr Mahesh Harischandra, Consultant Physician, Lanka Hospital

Laboratory diagnosis of Monkeypox

Prof. Chandima Jeewandara, Professor, Dept. of Immunology & Molecular Medicine, Faculty of Medicine, University of Sri Jayewardenepura

Prevention of monkeypox

Dr Rohini Wadanamby, Consultant Clinical Microbiologist, Lanka Hospital

Discussion

Symposium on “Current Viral Respiratory Tract Infections in Sabaragamuwa”

20th June 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

Influenza: Epidemiology and surveillance

Dr. Chinthana Perera, Consultant Epidemiologist, Epidemiology Unit

Virological & diagnostic aspects of influenza

Dr. Jude Jayamaha, Consultant Medical Virologist, National Influenza Centre, Department of Virology, Medical Research Institute, Colombo

Challenges in the management of viral pneumonia in the present crisis

Dr. Ravindra Lokugamage, Consultant Physician, Base Hospital, Kalawana

How best we can manage viral pneumonia outbreak still following guidelines

Dr. Wathsala Gunasinghe, Consultant Respiratory Physician, National Hospital for Respiratory Diseases, Welisara

Discussion

Lecture on “Attention deficit hyperactive disorder (ADHD) in adults: A lifelong disorder.”

23rd June 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Ms Alfah Jamaludin B (Hons) OT(Malaysia), MScOT (UK)

Lecturer/ Programme Coordinator

Perdana University School of Occupational Therapy, Malaysia

Lecture on “Goal setting in Rehabilitation”

21st July 2022 at 12.00 noon via zoom

Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Dr Nilanthie Perera MBBS, MD, FAFRM

Staff Specialist Rehabilitation Medicine, Gold Coast, QLD Australia

Workshop on “Important Nutritional Issues in Current Economic Crisis”

25th August 2022 at 9.00 am at the Teaching Hospital Auditorium, Kurunegala

Organized by the Kurunegala Medical Association in collaboration with SLMA

Welcome speech & Introduction to workshop

Dr Nalaka Health, President KMA

Prof. Samath D. Dharmaratne, President, SLMA

Current Issues in Nutrition in vulnerable populations in Kurunegala District and future projections

Dr Geethika Amarasinghe, Consultant Community Physician

Food and Nutrition situation in crisis-Predictions and actions

Dr Renuka Jayatissa, Consultant Nutritionist, Head, Department of Nutrition, Medical Research Institute

Challenges in Paediatric Malnutrition during Economic Crisis

Dr Surantha Perera, Consultant Neonatologist, The Castle Street Hospital for Women

How the diet should be altered in pregnancy?

Dr Shardha Hemapriya, Consultant obstetrician and Gynaecologist, National Hospital Kandy

Addressing Diabetes and chronic Diseases during crisis

Dr Sanjeevani Amiyangoda, Consultant Nutrition Physician, Teaching Hospital, Kurunegala

Lecture on “Cardiac Rehabilitation: Sri Lankan Perspective”

20th October 2022 at 12.00 noon via zoom

Organized by the Expert Committee on Medical Rehabilitation of the SLMA

Dr Sepalika Mendis

Consultant Cardiologist, National Hospital of Sri Lanka

Symposium on “Polio Eradication: Are we there yet?”

26th October 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

In collaboration with The Sri Lanka College of Microbiologists

To mark the World Polio Day

History, epidemiology and strategies to eradicate polio**What are the obstacles in front of us?**

Dr. Samitha Ginige, Chief Epidemiologist, Epidemiology Unit, Ministry of health

Detection of poliovirus from different sources including sewage**How can we differentiate wild types from vaccine types?**

Dr. Janaki Abeynayaka, Consultant Virologist, Medical Research Institute, Colombo

Clinical manifestations, management and post-polio syndrome**Does the management vary with wild types and vaccine-derived types?**

Dr. Saamir Mohideen, Consultant Neurologist, District General Hospital, Negombo

Discussion**Seminar on “Breast Cancer Awareness**

27th October 2022 at 12.30 pm at the Lionel Memorial Auditorium

Organized by the Expert Committee on Women’s Health of the SLMA

Burden of Breast Cancer & Services available for early detection for breast cancers in the community

Dr Suraj Perera MBBS, MSc, MD

Consultant Community Physician - Cancer Control

National Cancer Control Programme, Ministry of Health – Sri Lanka

Breast Cancer screening: evidence, guidelines and practices

Dr Udari Liyanage MBBS, MD (Radiology), FRCR

Consultant Radiologist and Senior Lecturer, Faculty of Medicine, University of Colombo

Evolving trends in breast cancer management

Dr Kanchana Eijesinghe MBBS, MD, MRCS

Consultant Surgeon and Senior Lecturer, University Surgical Unit, Colombo South Teaching Hospital

Symposium on “Ending AIDS by 2030”

2nd December 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

In collaboration with The College of Sexual Health and HIV Medicine

Current situation of the HIV epidemic

Dr. K. A. M. Ariyaratne, Consultant Venereologist, NSACP

An update on HIV

Dr. Geethani Samaraweera, Consultant Venereologist, NSACP,

President, Sri Lanka College of sexual health and HIV medicine

Diagnosis of HIV

Dr. Jayanthi Elvitigala, Consultant Microbiologist, NSACP

Ending AIDS by 2030 in Sri Lanka

Dr. Nimali Jayasooriya, Consultant Venereologist, NSACP

Discussion**Symposium on “Meningococcal infection in Sri Lanka: A newly emerging threat”**

20th December 2022 at 12.00 noon at the Lionel Memorial Auditorium

Organized by the Expert Committee on Communicable Diseases of the SLMA

The epidemiological situation

Dr. Sashimali Wickramasinghe, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Clinical presentation

Professor Panduka Karunanayake, Department of clinical Medicine, Faculty of Medicine, University of Colombo

Laboratory diagnosis and update on local situation

Dr. Lilani Karunanayake, Consultant Clinical Microbiologist and Head, Department of Bacteriology,

Medical Research Institute, Colombo

Discussion

Annexure 5: List of New Members

Life Members (58)

| | | |
|---------------------------------------|-----------------------------------|-------------------------------|
| Dr. H. J. S. K. L. Hettiwattage | Dr. G. A. D. M. Ganepola | Dr. K. C. S. Dalpatadu |
| Dr. K. A. L. C. Kodituwakku | Dr. D. B. Wedisinghe | Dr. W. A. S. N. Wedasinghe |
| Dr. C. N. Abayaweera | Dr. I. E. Weerasinghe | Dr. J. M. H. D. Jayasundara |
| Dr. D. N. Shayanga Muthukuda Arachchi | Dr. J. A. S. Bingumal Jayasundara | Dr. S. A. F. Kurululasuriya |
| Dr. U. C. B. Madahapola | Dr. Anuradha Baminiwatta | Dr. S. B. Illangasinghe |
| Dr. H. M. N. J. Herath | Dr. A. D. S. Pushpakanthi | Dr. H. R. N. T. Ranaweera |
| Dr. U. M. Wariyapperuma | Dr. M. N. S. P. Perera | Dr. S. I. Aththaragama |
| Dr. D. M. Shamila Manori | Dr. V. R. Jayasinghe | Dr. S. M. Halpe |
| Dr. Santhushya Fernando | Dr. Suranga Singhapathirana | Dr. N. G. P. M. Nanayakkara |
| Dr. D. C. C. Jayathilake | Dr. Chamara Dalugama | Dr. U. D. Senarathne |
| Dr. K. G. Kodikara | Dr. M. K. D. R. B. Dayaratne | Dr. P. A. P. M. Arewatte |
| Dr. W. M. P. Warnasuriya | Dr. K. D. D. S. Wijeweera | Dr. N. S. Wijekoon |
| Dr. K. V. Ruwanpura | Dr. C. M. Manawadu | Dr. M. J. S. G. Fernando |
| Dr. J. C. P. Rajendra | Dr. T. G. P. Pushpakumara | Dr. D. R. Mendis |
| Dr. P. G. C. Nishantha Gallage | Dr. D. S. P. Pullaperuma | Dr. K. H. Walgama |
| Dr. U. R. Attygalle | Dr. K. K. M. Fernando | Dr. R. P. S. Saumya Rajapakse |
| Dr. K. A. D. A. Lasantha Nanayakkara | Dr. S. D. Illangatilaka | Dr. D. L. D. C. Niroshani |
| Dr. W. K. V. Shilanthi Seneviratne | Dr. K. Rajivasan Francis | Dr. V. T. Samarawickrama |
| Dr. A. A. H. Supunda Aruppala | Dr. S. Antonio Fernando | Dr. D. K. D. Weerasekara |
| Dr. D. A. W. Seneviratne | | |

Ordinary Members (22)

| | | |
|--|------------------------------|------------------------------|
| Dr. U. U. Kushan Udumulla | Dr. C. Sameera Illangasinghe | Dr. K. I. Christina Fernando |
| Dr. Fazla Fayaz | Dr. H. P. Mylvaganam | Dr. L. T. Igalawithana |
| Dr. Dilini Mataraarachchi | Dr. V. K. I. U. Alwis | Dr. P. S. Damsiri Perera |
| Dr. S. S. Wickramaratne | Dr. A. Sampath Hemachandra | Dr. P. A. E. S. Kumarasiri |
| Dr. R. M. N. P. Rathnayake | Dr. Kaushalya Mendis | Dr. W. M. P. Warnasuriya |
| Dr. M. L. Harshini | Dr. T. S. M. Jayathissage | Dr. H. H. G. Liyanage |
| Dr. N. S. M. N. P. Nilanthi Senanayake | Dr. M. A. J. Senal Fernando | Dr. K. G. S. Bhakthini |
| Dr. S. Nilmini Liyanage | | |

Student members (104)

| | | |
|-------------------------------------|----------------------------------|------------------------------|
| Mr. U. Govarthanan | Dr. S. Danushika Senanayake | Ms. Kulenthiran Yathushshena |
| Ms. Garchicca Sachchithanantham | Mr. M. Fahim Saleem | Ms. Ruhaima |
| Ms. Sachithrie Wanasin ghe | Ms. Anuki Alahakoon | Mr. K. M. G. Nirosh Hasintha |
| Ms. W. M. H. P. W. Wijesekara | Ms. Ushani Wimalasooriya | Ms. M. T. Ekanayake |
| Ms. Sandali Hansika Silva | Ms. B. P. A. L. Mendis | Ms. Nathasha Sirisena |
| Mr. B. P. K. L. Senevirathne | Ms. Sanduni Liyanage | Ms. Diroji Antony |
| Mr. W. A. Suresh Udaya Kumara | Mr. C. N. Dantanarayana | Mr. W. W. I. P. Rupasinghe |
| Ms. N. D. S. K. Wijayarathna | Ms. Malsha Amarathunga | Mr. T. D. Egodage |
| Ms. D. S. Jayanaka Kannangara | Mr. G. K. H. Perera | Ms. Gavesha De Silva |
| Ms. Sonam Yangchen | Mr. Sandun Rajakaruna | Mr. Anjana Jayakody |
| Mr. Sajeer Ahamed | Mr. T. Muhunthan | Ms. Thabitha Thayalanesan |
| Ms. Upunthi Isurangika Karunanayaka | Ms. D. H. J. P. Uresha Lakshani | Ms. S. M. N. Sosai |
| Mr. Nilesh Kavinda Kuranage | Ms. P. K. D. Dharmawijaya | Ms. Ruvini Pitagampala |
| Mr. M. A. Gimhan | Mr. Kalhara Jayasooriya | Ms. B. S. C. Cooray |
| Ms. T. Pabasari Wijerathne | Ms. T. Nirangi Amaratunga | Mr. A. L. T. De Silva |
| Ms. N. D. S. Kavindhya Wijayarathna | Ms. K. G. H. Anuththara Abeykoon | Mr. M. Ayesha Gimhan |
| Dr. Harindu Uthpala Senarath | Ms. P. Thushara Hettiarachchige | Mr. Mohamed Aamir |
| Mr. V. Jethaka Abeyasinghe | Mr. Lankeshwara Deshabandu | Ms. Manisha Lakchani |
| Ms. A. L. Ubaysiri | Mr. Dharshanth Sebamalai | Mr. W. A. Kusal Randika |
| Mr. Madhumenon Benlet | Mr. Achala Abeykoon | Ms. Januja Thiruchelvam |
| Mr. Udaaran Selvaratnam | Mr. M. Mihisara Fernando | Ms. G. Udani C. Senarath |
| Mr. A. A. D. Gayantha Adikari | Ms. Aloysius Felicia | Mr. P. G. Amarakoon |
| Ms. Fathima Ruhaima | Ms. W. A. Jayasekara | Ms. K. G. Rathnayake |
| Mr. M. A. A. Ahamed | Mr. S. Bandara Rupasinghe | Mr. Afsu Afshan |

Ms. R. K. Kalpani Rathnayaka
 RavishaniMs. Vonoshini Rajagopal
 Mr. S. M. A. H. Senanayake
 Ms. A. V. Ishaka Tharushi
 Mr. N. M. Abeysooriya
 Abeywickrama
 Mr. M. A. Ashik Ahamed
 Ms. S. M. S. C. Abhayarathne
 Mr. A. A. D. Gayantha Adikari
 Mr. V. Saman Kotalawala
 Ms. Erandi Epasinghe
 Mr. Tim Timothy
 Mr. M. F. M. Shamli

Ms. Nadinie Kumarasinghe
 Mr. Hasala Sandaruwan
 Mr. Chameekara Amarajeewa
 Mr. W. W. M. I. Irochana Aberathna
 Mr. H. B. Hemanga Wijayalathge

Ms. L. O. Virginia Fernando
 Mr. P. Gaweshana Amarakoon
 Ms. E. M. D. Sanajana Ekanayake
 Mr. P. Lakshan Wijesekara
 Mr. E. M. I. N. Ekanayake
 Mr. K. C. Piyarathna
 Ms. Heshani Weragoda

Ms. H. A. M. Kavishka
 Ms. R. Zainab Shakir
 Ms. D. G. L. E. Charunika
 Mr. Krishanth Sivayoganathan
 Ms. M. N. Oshadi

Miss. W. Anurangi Jayasekera
 Ms. Chanushi Gallage
 Ms. Fathima Rusliya
 Mr. L. T. De Silva Amaratunga
 Mr. D. M. Nuwan
 Mr. Tharindu Kulawansa

Ordinary to life (02)

Dr. U. M. Surangi Perera

Dr. D. S. Jayaweera

| | | |
|--|----------------------|--------------------|
| QUICK BOOK REPORT | | |
| Sri Lanka Medical Association | | |
| STATEMENT OF FINANCIAL POSITION | | |
| As at October 2022 | | |
| ASSETS | 2022 | 2021 |
| | Rs. | Rs. |
| Non-Current Assets | | |
| Property, plant and equipment | 39,750,487.07 | 29,573,331 |
| Deferred tax asset | 885,717.49 | 517,252 |
| | <u>40,636,204.56</u> | <u>30,090,583</u> |
| Current Assets | | |
| Advance and prepayments | 138,686.00 | 229,343 |
| Short-term investments | 43,085,985.00 | 39,610,493 |
| Cash and cash equivalents | 20,016,427.51 | 34,819,034 |
| | <u>63,241,098.51</u> | <u>74,658,870</u> |
| Total Assets | ##### | 104,749,453 |
| FUNDS AND LIABILITIES | | |
| Funds | | |
| Accumulated fund | 86,611,343.97 | 82,867,110 |
| Oration and awards reserve | 1,511,612.82 | 1,446,971 |
| Building fund | 20,000.00 | 20,000 |
| Oration and awards fund | 5,474,276.00 | 5,474,276 |
| Restricted development funds | 5,167,675.79 | 7,995,987 |
| | <u>98,784,908.58</u> | <u>97,804,344</u> |
| Non-Current Liabilities | | |
| Retirement benefit obligations | 1,855,744.72 | 1,737,810 |
| Deferred grants | 1,731,778.92 | 1,804,078 |
| | <u>3,587,523.64</u> | <u>3,541,888</u> |
| Current Liabilities | | |
| Trade payables | 149,865.50 | 147,316 |
| Other payables | 845,005.35 | 950,607 |
| Income tax payable | 510,000.00 | 2,305,298 |
| Bank overdraft | | - |
| | <u>1,504,870.85</u> | <u>3,403,221</u> |
| Total Funds and Liabilities | ##### | 104,749,453 |

| | | |
|--|----------------------|----------------------|
| Sri Lanka Medical Association | | |
| NOTES TO THE FINANCIAL STATEMENTS | | |
| Year ended 31 October 2022 | | |
| 13. INCOMING RESOURCES | 2022 | 2021 |
| | Rs. | Rs. |
| Subscription and entrance fee | 715,025.00 | 1,316,084.00 |
| Anniversary International Medical Conference | 17,054,707.00 | 15,431,163.00 |
| Rent income | 5,904,253.10 | 4,760,218.00 |
| Auditorium and council room hire | 559,900.00 | 702,500.00 |
| Career Guidance seminar | - | 2,000.00 |
| Income from Ceylon Medical Journal (13.1) | 520,864.06 | 717,962.00 |
| | <u>24,754,749.16</u> | <u>22,929,927.00</u> |
| 13.1 Income from Ceylon Medical Journal | 2022 | 2021 |
| | Rs. | Rs. |
| Sale of journal | 18,500.00 | 2,500.00 |
| Processing fee | 433,869.06 | 589,311.00 |
| Interest on CMJ | 68,495.00 | 126,151.00 |
| | <u>520,864.06</u> | <u>717,962.00</u> |
| 14. PROJECT EXPENDITURE | 2022 | 2021 |
| | Rs. | Rs. |
| Annual academic session | 7,885,688.10 | 3,204,084.00 |
| Operational expenditure (Note 14.1) | 2,111,710.00 | 1,600,788.00 |
| Ceylon Medical Journal (Note 14.2) | 1,040,758.00 | 397,113.00 |
| | <u>11,038,156.10</u> | <u>5,201,985.00</u> |

| | | |
|---|---------------------|------------------|
| 14.1 Operational expenditure | 2022 | 2021 |
| | Rs. | Rs. |
| Paper advertisement | 10,200.00 | - |
| Auditorium equipment repair | 17,040.00 | 165,465 |
| Lectures and meetings | 536,099.00 | 622,053 |
| Foundation celebration session | 48,811.00 | 525,507 |
| Career Guidance seminar expenses | - | - |
| Regional conference expenses | - | - |
| Sessions Co-coordinator monthly allowance | 378,000.00 | 287,763 |
| Medical writing workshop | 10,890.00 | - |
| Advertising expenses | - | - |
| Medical dance | 731,958.00 | - |
| SLCTR expenses | 378,712.02 | - |
| | 2,111,710.02 | 1,600,788 |
| 14.2 Ceylon Medical Journal | 2022 | 2021 |
| | Rs. | Rs. |
| Printing expenses | 740,000.00 | 344,000 |
| Salaries | - | - |
| EPF and ETF | - | - |
| Monthly allowance | 252,000.00 | 21,000 |
| Bonus | - | - |
| Telephone and Fax | 33,008.74 | 29,313 |
| Travelling | - | - |
| Equipment maintenance | 12,150.00 | - |
| Sundry expense | 3,600.00 | 2,800 |
| | 1,040,758.74 | 397,113 |

| | | |
|--|---------------------|-------------------|
| Sri Lanka Medical Association | | |
| NOTES TO THE FINANCIAL STATEMENTS | | |
| Year ended 31 October 2022 | | |
| 15. OTHER INCOME | 2022 | 2021 |
| | Rs. | Rs. |
| Interest income | 2,303,122.29 | 2,215,508 |
| Sponsorships | 600,000.00 | 3,530,462 |
| Amortization of grants | - | 75,328 |
| Other donations | 98,823.25 | 9,146,311 |
| Sale of books | 16,950.00 | 43,113 |
| Sundry income | 2,831,158.59 | 2,099,539 |
| Electricity income | 722,446.76 | 615,339 |
| Clinical Trial Registry proposal | 737,979.27 | 200,130 |
| Income on annual Medical Dance | - | - |
| Income on FERCSL conference | 31,225.78 | 158,618 |
| ERC income | 99,000.00 | 322,887 |
| SLMA - ID | 6,000.00 | 7,000 |
| Loss on disposal of PPE | 176,076.77 | (11,717) |
| | 7,622,782.71 | 18,402,518 |

| | | |
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| Sri Lanka Medical Association | | |
| DETAILED EXPENDITURE STATEMENT | | |
| Year ended 31 October 2022 | | |
| STATEMENT - I | | |
| ADMINISTRATIVE EXPENSES | 2022 | 2021 |
| | Rs. | Rs. |
| Salary and overtime | 5,851,070.00 | 5,471,146 |
| EPF and ETF | 673,971.00 | 653,960 |
| Bonus | 349,677.00 | 635,946 |
| Staff welfare | 198,478.00 | 100,126 |
| Travelling and hiring | 213,781.00 | 132,559 |
| Gratuity | 176,076.00 | 66,491 |
| Audit fee and expenses | (151,711.64) | 237,000 |
| Tax professional fee | 51,500.00 | 22,000 |
| Annual Return expenses | 124,150.00 | 102,962 |
| OPA membership fee | 24,375.00 | 19,500 |
| Membership fees | 81,811.68 | - |
| Repair and maintenance | 1,018,416.04 | 1,603,236 |
| Depreciation | 2,757,942.57 | 2,238,535 |
| President induction ceremony | 711,845.00 | 901,920 |
| Printing and stationery | 3,101,138.00 | 2,961,744 |
| Postage | 40,590.00 | 3,840 |
| Telephone and fax | 413,875.44 | 324,688 |
| Water | 133,875.42 | 51,904 |
| Electricity | 1,653,624.81 | 1,677,692 |
| Rates and taxes | 176,715.00 | 212,058 |
| Security charges | 983,456.00 | 413,600 |
| Internet charges | 351,462.32 | 594,660 |
| Franking machine | 188,000.00 | 214,912 |
| AGM expenses | 35,582.50 | 25,431 |
| Council group photograph | 27,600.00 | 30,200 |
| Research promotion grant | - | 200,000 |
| Advertisement expenses | 158,550.00 | 19,116 |
| Law and medical cricket match expenses | 370,000.00 | 250,000 |
| FERCAP expenses | 14,200.00 | - |
| ERC expenses | 73,765.00 | - |
| Bank charges | 153,581.88 | 101,652 |
| Sundry expenses | 1,345,326.16 | 399,627 |
| | 21,302,724.18 | 19,666,505 |



08th February 2022

Press Release

All media Institutions
Editor-in-Chief / Editor-in-Chief of the
News Director (News)

Prevention of Road Traffic Crashes in Sri Lanka

The increasing number of fatal road accidents in Sri Lanka at present seems to be causing a significant socio-economic catastrophe in the country.

According to the Sri Lanka Police, there were 1875 serious accidents in the country in January alone and 235 of them were fatal accidents. Three wheelers were involved in 39 fatal accidents and a least 40 people have been killed in three-wheeler accidents in the past month.

A total of 250 people were killed in road accidents in January alone. Approximately eight people a day were killed in road accidents in January.

There is a significant increase in the number of road accident deaths over the past year.

In the year 2021, there were 2414 fatal road accidents in the country. The death toll was 2,513. A total of 6401 people were seriously injured in the accidents, leaving them permanently disabled. The total number of road accidents reported in the year 2021 is 22319.

As a citizens of this country, we have a definite responsibility to prevent these unfortunate accidents. Road accidents are disasters that can be prevented by acting with discipline and responsibility.

Although there is no definitive measure of the impact to the country's economy as a result of deaths from road traffic accidents and serious injuries, including permanent disabilities, and damage to physical property in Sri Lanka the World Health Organization (WHO) estimates this loss as approximately.

According to the Central Bank Report 2020, the country's gross domestic product was 15016.142 billion rupees and 3% approximately amount to 450 billion rupees.

Although the gross manifestation of a preventable economic burden is 450 billion rupees, there is no calculation for the loss of lives and the extent of socio-economic damage to the families. According to the World Health Organization, road accidents are the leading cause of death among children and young adults aged 5-29 and 93% of road deaths occur in low- and middle-income countries, where 60% of the world's vehicles are used.

Press Statement Annexure 1: Prevention of Road Traffic Crashes in Sri Lanka

As the Sri Lanka Medical Association, we believe that there should be a broad national dialogue on this catastrophic situation in the country with regard to road accidents and that a sustainable program should be launched nationally to reduce road accidents. We hope that the media will make a wider contribution to this end for the betterment of the society.

The Sri Lanka Medical Association is also scheduled to hold a special press conference on Thursday, February 24 from 11 am to 12 noon at the Sri Lanka Medical Association Auditorium at Wijerama Mawatha on how to mobilize the society to prevent road accidents. We also respectfully request that appropriate media coverage be provided for the occasion.

Thank you.

Prof. Samath D. Dharmaratne
Co - Chairman
Expert committee on Prevention of
Road Traffic crashes
President - Sri Lanka Medical Association
071-4152780

Dr. Ruwan Thushara Matwalage
Assistant Secretary / Convener
Expert committee on Prevention of
Road Traffic crashes
Sri Lanka Medical Association
077-2622919/ 071-8036199

Press Statement

Annexure 4: Re. Urgent corrective measures for the crisis affecting the Health and Wellbeing of the people of Sri Lanka



3. We pledge to regularly meet and discuss with the ministers holding health related portfolios as well as your good self and provide guidance and advice to provide the most equitable distribution of severely restricted medical supplies.

In addition, we request your kind cooperation on the following aspects.

1. We urge you to discuss with ministers holding relevant portfolios, public officials such as Secretary to Treasury, Secretary Health and Governor of the Central Bank about securing funding to fulfill the basic needs of the hospitals and the National Immunization Programme of the country. This is an urgent priority.

2. Whilst accepting the immediate crisis, we wish to know from you and relevant officials details of your plans to meet the exigencies related to health and wellbeing of the population. We request a clearly laid out road map with time frames to be provided at the earliest possible time. We can then in turn do our duty in reassuring the medical community as well as the general public that solutions to the pressing health and wellbeing issues are forthcoming.

We do accept that these are difficult times for you as well as all the citizens of the country. The need of the hour is to be truthful, compassionate and for you to use the country's intellectual resources in the form of expert advice and guidance from professionals.

We in the medical profession stand firmly committed to doing everything possible to preserve the health and wellbeing of the people of Sri Lanka in this crisis. We do believe that you share our ideals and sentiments expressed regarding the health of the nation and its people.

Please be kind enough to grant us an urgent appointment to meet your Excellency with top officials of the Ministry of Health to discuss and develop a contingency plan. We will provide our fullest support to mitigate the crisis.

We wish to thank you, in advance, for your most kind consideration of the contents of this communication.

Yours faithfully,

Sanath D. Dharmaratne

Professor Sanath D. Dharmaratne
President
Sri Lanka Medical Association and Chairperson Intercollegiate committee (SMIC)

Dr. W. A. Dileep Karunaratne

Dr. W. A. Dileep Karunaratne
President, Sri Lanka College of Radiologist
President, Sri Lanka Association of Clinical Pharmacology and Therapeutics

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CHAIRPERSON
Prof. (Dr) Sanath D. Dharmaratne
Sri Lanka Medical Association

CONVENOR
Dr. G. Mayurathana

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Prof. Muddika Wijerama
Dr. Preethi Wijegunawardena

7th April 2022

His Excellency Gombaya Rajapaksa

President
Democratic Socialist Republic of Sri Lanka

Your Excellency,

Re. Urgent corrective measures for the crisis affecting the Health and Wellbeing of the people of Sri Lanka

We, the Presidents of Sri Lanka Medical Association (SLMA), Medical Professional Colleges and Associations (working in collaboration as SLMA Medical Intercollegiate Committee (SMIC)), are writing this letter with the objective of drawing your kind attention to yet another evolving crisis in Sri Lanka, directly related to the health and wellbeing of its people.

Our urgent concerns are listed below.

1. There is an acute shortage of essential medicines, reagents, equipment and consumables in government hospitals and the private healthcare sector in Sri Lanka. Already decisions have been made to curtail some services such as routine surgical operations and even limit the usage of available material to life-threatening illnesses.

This is not at all a sound policy as what is considered non-emergency situations could turn into life-threatening problems within a few hours. In addition, this is not a sustainable policy and unless urgent replenishment of supplies is made, within a matter of weeks, if not days, emergency treatment will also not be possible. This will result in a catastrophic number of deaths, which is likely to be in excess of the combined death toll of COVID, Tsunami and the Civil War.

2. Health encompasses physical, mental, social and spiritual wellbeing of people. Hence, we are greatly concerned about the shortages of food and essential paraphernalia for people to provide themselves with basic needs such as nutrition, transport and electricity. We are also concerned gravely about the need to preserve fundamental rights and guarantee basic freedoms such as right to information as these encompass important aspects of mental and social wellbeing of a population.

We have identified how we, as a group of professionals, could extend our help to the authorities to overcome the crisis, and list them below.

1. We accept that the current crisis has no immediate solutions and are willing to extend our expertise, guidance and advice to you at this moment.
2. We have initiated discussions with our members on preservation of the existing stocks of medicines and consumables to last for as long as possible (which may be only a very short-term solution) by prudent use. We do appreciate that even patients having non-emergency and non-urgent illnesses require optimal care and

Press Statement
Annexure 7: Re: Taxing tobacco and alcohol products



SRI LANKA MEDICAL ASSOCIATION

Wierasma Heuse*, No. 6, Wierasma Mawodda, Colombo 07, Sri Lanka.
E-mail: wiersma@wiersmaheuse.com

3. Consider both tobacco and alcohol products as the non-essential products, which they are. Therefore, steps need to be taken to:
 - a. Discontinue all the duty-free concessions provided for sale of these products.
 - b. Disallow imports of alcohol and tobacco products and products related to manufacturers of such products, for example, ethanol, tobacco leaf, snuff, leaf chemicals, packing material and other products to limit outflows, scarce foreign currency from the country.
 - c. Remove tobacco and alcohol products that are in the basket of products that we used to track consumer price inflation to remove the effect of any increase of these product on the inflation calculations.

Public opinion polls have also repeatedly shown that such tax increases are the most popular tax increases. Currently, more than 90% of Sri Lankans do not smoke and more than 80% do not use alcohol regularly.

Both alcohol and tobacco industries will use their time-tested formula for rewarding such measures - lobbying individuals and publishing flawed research claiming that increasing prices will increase tobacco smuggling and decrease production of illicit alcohol. As you are aware, such arguments are made without basis or facts and are only intended to mislead policy makers. We on our would also agree that both tobacco smuggling and production of illicit alcohol are low enforcement issues, which cannot be prevented simply by increasing prices.

Therefore, we urge you to take on this issue as a priority national requirement that will help to mitigate the current and future negative impacts of economic crisis in Sri Lanka, which will also improve the quality of life of the people of this country.

Thank you.

Yours sincerely

Prof. Samath Dharmaratne
resident
Sri Lanka Medical Association

Prof. Narada Wamauriya
Chairperson
Expert Committee on Tobacco,
Alcohol and Illicit Drugs

Prof. Ganesh D. Dharmaraj
MSc (Comm. Med.), MD (Gen. Med.)
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SRI LANKA MEDICAL ASSOCIATION

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 *Presented in 1987.

05th June 2022

Hon. Raul Wickremesinghe
Prime Minister and Minister of Finance
Prime Minister's Office
No. 38, Sir Ernest De Silva Mawatha
Colombo 7.

Can Sit

Re: Taring tobacco and alcohol products

The SLMA wishes to place on record its appreciation of the current effort to mitigate the unprecedented economic crisis in the country. As you would agree, both tobacco and alcohol cause enormous social, health and economic harms to Sri Lanka. The UNDP and WHO estimated that tobacco caused an economic loss of Rs. 214 billion in 2016, while the National Authority on Tobacco and Alcohol, WHO and the SLMA conducted a study using a very conservative methodology that estimated economic losses of alcohol to be Rs. 120 billion in 2015.

Excise Taxation analyses undertaken by the National Authority on Tobacco and Alcohol as well as reputed research agencies such as the Institute of Policy Studies and Veritas Research have shown the affordability of cigarettes; (the number of cigarettes that can be purchased using per-capita GDP) has increased steadily over many years, while the percentage of tax derived from these products by the government has eroded due to unscientific and ad-hoc taxation policies.

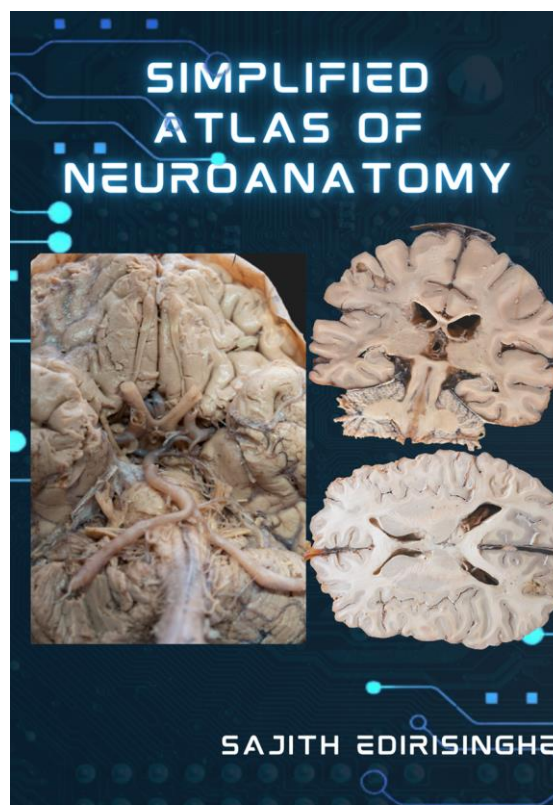
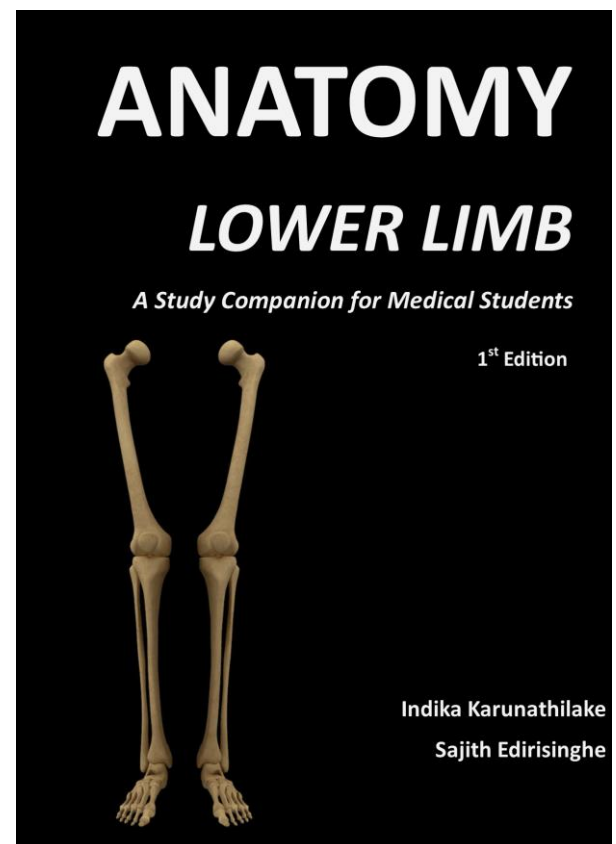
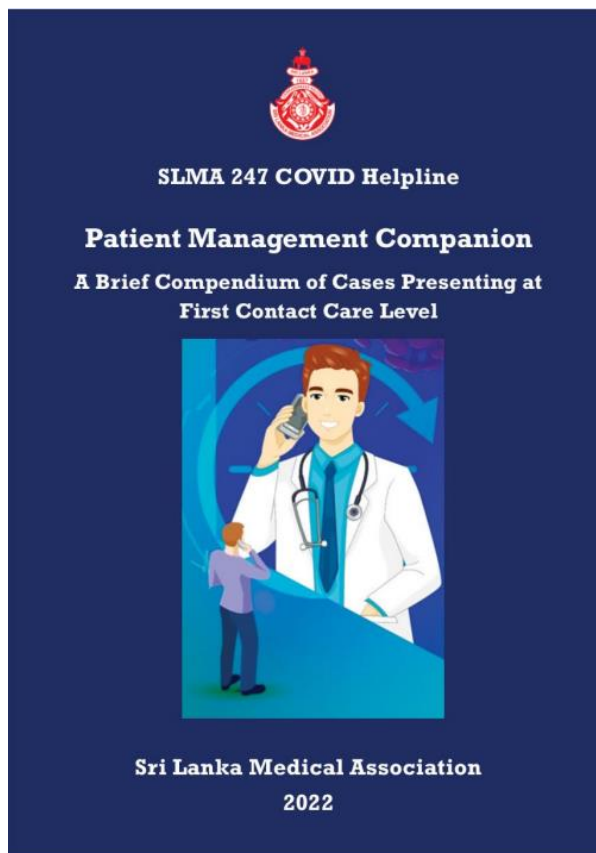
This is contrary to recommendations of agencies such as the World Bank and WHO, that urge governments to regularly increase taxes to sustainably reduce the affordability of cigarettes which will increase government revenue and reduce consumption and thereby the harm to the population. Therefore, there is an urgent requirement to increase taxes and also an opportunity to increase government revenue.

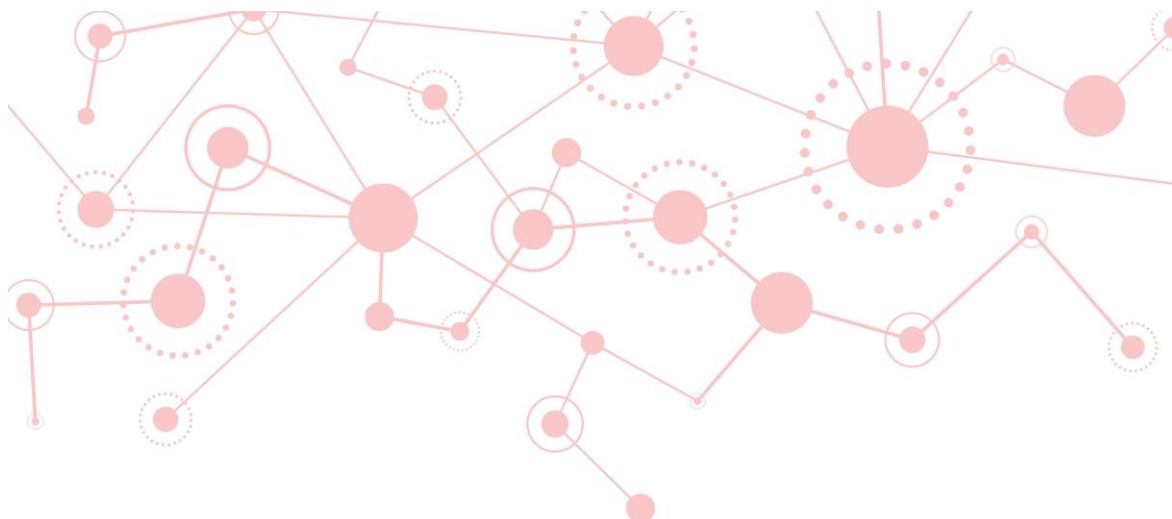
In this respect, we wish to propose the following to improve the government income and reduce the outflow of foreign currency, in relation to tobacco and alcohol.

1. Increase taxation of tobacco products using a technically sound formula that will give no tax increase to smokers and increase their attitude by the government.
2. National commitment in this regard have been made by the National Commission on Tobacco and Alcohol, Institute of Policy Studies and Vetter Research.
3. Carry out an urgent review of current alcohol taxation policy and take steps to increase taxation in order to reduce the affordability as a means of increasing government revenue and decreasing its consumption and widespread harm.

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32. PUBLICATIONS





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