

SRI LANKA MEDICAL ASSOCIATION
135TH ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 2022

“Planetary Health & Global Health Security”

Main Congress Venue – BMICH, Colombo

Wednesday 28 th September 2022			
Inauguration Ceremony Chief guest - Dr Alaka Singh Guest of Honour - Dr Asela Gunawardena			
SLMA Oration “Deciphering acute kidney injury in Sri Lankan viper bites: Is thrombotic microangiopathy the key?” Professor Eranga S. Wijewickrama			
Thursday 29 th September 2022			
Day 1			
7.30 – 8.30 am Registration			
	Hall A	Hall B	Hall C
Session 1 8.30 – 10.00 am	Symposium 1 Recent advances in Cardiology Chairpersons – Dr Sarath Gamini De Silva and Dr Anidu Pathirana Heart failure- from guidelines to clinical practice Dr Naomali Amarasena Contemporary management of dyslipidaemia in risk reduction of cardiovascular mortality Dr M. R. Mubarak Disappearing palpitations Dr Suresh Kottegoda	Symposium 2 Current concepts in Endocrinology Chairpersons – Professor Chandrika N. Wijeyaratne and Professor Sudharshani Wasalathanthri Recent advances in diabetes Dr Uditha Bulugahapitiya Thyroid nodules: The basics in evaluation and management Dr Dimuthu Muthukuda Endocrine related hypertension in clinical practice Dr Chandrika Subasinghe	Poster Judging
Session 2 10.00 – 10.45 am	Keynote Address Global security through one health approach Dr Shiyong Wang, Senior Health Specialist at The World Bank Chairperson – Professor Samath D. Dharmaratne		
10.45 – 11.15am Tea			
Session 3 11.15am – 12.45pm	Symposium 3 Reproductive Health Issues in Adolescents Chairpersons – Professor Athula Kaluarachchi and Dr Ajitha Wijesundere Adolescent menstrual disorders Dr Probhodana Ranaweera Dysmenorrhoea and endometriosis Dr Chandana Jayasundara Management of teenage pregnancy Dr Mohamed Rishard	Symposium 4 Nutrition and Food Security Chairpersons –Professor Sanath P. Lamabadusuriya and Professor Ranil Jayawardena The economic meltdown and the double burden of malnutrition Dr Angela De Silva Food security within current scenario Mr. Andrea Berardo Multisectoral approach for a national food and nutrition policy Dr Renuka Jayatissa	Poster Judging
Session 4 12.45 – 1.15pm	Plenary 1 “Prevention & Reversal of Type 2 Diabetes – A Paradigm shift in facing the pandemic” Professor Prasad Katulanda Chairpersons – Professor Samath D. Dharmaratne and Dr Sumithra Tissera		
1.15 – 2.15pm LUNCH			
	Hall A	Hall B	Hall C
Session 5 2.15 – 3.15 pm	Free Paper Session 1:	Free Paper Session 2:	
Session 6 3.15 – 4.45pm	Symposium 5 Current National Crisis: The Public health impact Chairpersons – Dr Vinya Ariyaratne and Professor Hasini Banneheke Activism in the health sector: A youth perspective Dr Sanduni Sudarshana Perera Clinicians’ role in current crisis in health care Dr Ananda Wijewickrama System approach to crises Professor Saroj Jayasinghe	Symposium 6 Curiosities in Lifestyle Medicine Chairpersons – Dr Preethi Wijegoonewardene and Dr Ruvaiz Haniffa Brain priming – do this. Not that Dr Thusha Nawasiwatte Designing lives and systems for wellness Dr Noel Somasundaram Life style Medicine – the new specialty Dr Nilwala Jayasinghe	Poster Judging
4.45-5.15pm TEA			
Session 7 5.15 – 6.15 pm	Dr S. C. Paul Oration Using high throughput sequencing technologies to study genetic causes of ultra-rare neurological diseases Dr Dulika Sumathipala Chairperson – Professor Samath D. Dharmaratne		

Day 2	Friday 30 th September 2022		
7.30 – 8.30 am	Registration		
Session 8 8.30 – 9.00 am	Plenary 2 “Insights into the Spectrum of Genetic Disorders in the Sri Lankan Population from four Decades of Research in Sri Lanka” Professor Vajira H. W. Dissanayake Chairperson– Professor Samath D. Dharmaratne		
Session 9 9.00-10.30am	Hall A	Hall B	Hall C
	Symposium 7 Burden, Management and policy on Vulnerable Neonates Chairpersons- Dr B.J.C. Perera and Professor Guwani Liyanage Gestation related mortality Dr Saman Kumara Challenges in managing the premature Dr Surantha Perera Policy reforms to optimize the survival of preterms Dr Susie Perera	Symposium 8 Pulmonology for the practicing clinician Chairpersons– Professor Anoja Fernando and Dr Ravini De Silva Karunathilake Evidence-based rational use of combined inhalers in clinical practice Dr Dushantha Madagedera A cough that does not go away Dr Amitha Fernando Unexplained breathlessness Dr Ruwanthi Jayasekera	Symposium 9 Strategies in screening for common malignancies Chairpersons– Dr N Jeyakumar and Dr Sajith Edirisinghe Breast Cancer Professor Sanjeewa Seneviratne Colon Cancer Dr Sumudu Kumarage Oral cavity cancer - Can the prognosis of oral cavity cancer be improved? Professor Manjula Attygalle
10.30 –11.00 am	TEA		
Session 10 11.00 – 11.30 am	Plenary 3 Challenges ahead with Post Covid-19 Neurological Syndrome and longterm complications Professor Tissa Wijeratne Chairpersons – Professor Samath D. Dharmaratne and Dr Darshana Sirisena		
Session 11 11.30am – 12.30pm	Hall A	Hall B	Hall C
	Free Paper Session 3:	Free Paper Session 4:	Free Paper session 5:
12.30 – 1.30 pm	LUNCH		
Session 12 1.30 -2.00 pm	Plenary 4 Lessons learnt from the pandemic for strengthening Primary Health Care Dr Alaka Singh, Country Representative, WHO Chairpersons – Professor Samath D. Dharmaratne and Dr Surantha Perera		
	Hall A	Hall B	Hall C
Session 13 2.00 – 3.30 pm	Symposium 10 Solid Organ transplantation Chairpersons– Professor A.H.Sheriffdeen and Dr Rezni Cassim Kidney transplantation - Challenges and Experiences Dr Joel Arudchelvam Deceased Donor Organ Donation in Sri Lanka; Achievements and Challenges Dr Ruwan Dissanayaka Living donor liver transplantation – challenges and future Professor Rohan Siriwardana From open to laparoscopic donor nephrectomy: the changing landscape Dr Niroshan Senevirathne	Symposium 11 Current challenges & advances in treatment in Neurology Chairpersons– Dr Darshana Sirisena and Dr Senaka Bandusena Recent Advances in Pharmacological Therapy in Migraine Professor Tissa Wijeratne Advances in the management of Epilepsy Dr Kishara Goonaratne Parkinson’s Disease Dr Gamini Pathirana	Symposium 12 Practical approach to obesity Chairpersons– Dr Anula Wijesundere and Dr Renuka Jayatissa Medical management of obesity Dr Manilka Sumanatilleke Perioperative care for bariatric surgery Dr Asoka Gunaratne Surgery for severe obesity and Metabolic Syndrome Professor Thejana Wijeratne
Session 14 3.30 – 4.00 pm	Plenary 5 “Precision Medicine: the present and the future” Professor Suranjith L. Seneviratne Chairpersons– Professor Samath D. Dharmaratne and Professor Ishan De Zoysa		
4.00 – 4.30 pm	TEA		
Session 15 4.30 – 5.30 pm	Professor N. D. W. Lionel Memorial Oration Fetal Haemoglobin induction as a treatment for Thalassaemia: Evidence from bench and bedside Professor Sachith Mettananda Chairperson – Professor Samath D. Dharmaratne		

Day 3	Saturday 1 st October 2022		
7.00-8.00 am	Registration		
Session 16 8.00 – 8.45 am	Dr S. Ramachandran Memorial Oration Cardiovascular risk prediction of Sri Lankans Professor Chamila Mettananda Chairperson – Professor Samath D. Dharmaratne		
	Hall A	Hall B	Hall C
Session 17 8.45 – 10.15 am	Panel Discussion 01 Collaborative session with UNFPA: Funding to financing and reorienting our approach to current crisis in Sri Lanka Chairpersons -Dr Palitha Abeykoon and Dr Janaki Vidanapathirana Governance of public private finance and role of lending agencies Mr. Kunle Adeniyi <i>Representative for Sri Lanka (UNFPA) and Country Director for The Maldives</i> Financing Health: Creation of fiscal space and direction of intervention Dr Indrajit Coomaraswamy <i>Former Governor of the Central Bank of Sri Lanka</i> Reorienting our approach and protecting vulnerable and marginalized population Ms. Madusha Dissanayake <i>Assistant Representative (UNFPA); Director Public Affairs</i>	Symposium 13 Geriatrics: Understanding Frailty Chairpersons – Dr Kalyani Guruge and Dr Iyanthi Abeyewickreme Detection of frailty Dr Udayangani Ramadasa Management of frailty Dr Dilhar N. Samaraweera Case-based discussion on clinical presentation and management of frailty Dr Maheshi Wijayabandara	Symposium 14 Economic crisis and its consequences on women's health Chairpersons – Professor Jennifer Perera and Professor Sampatha Goonewardena Challenges in health financing for women Professor Amala De Silva Salvaging the shattering family health during economic crisis Dr Aruni De Silva Women's health devoured by the tides in the economy: A gynaecologist's perspective Professor Sanjeewa Padumadasa
10.15 – 10.30 am	TEA		

	Hall A
Session 18 10.30 – 11.45 am	Panel Discussion 2 Legal and Economic implications of Road Traffic Crashes Chairpersons – Professor Ravindra Fernando and Dr Trina Haque Burden of Road Traffic Crashes Professor Samath D. Dharmaratne Legal Implications of Road Traffic Accidents Mr. Kalinga Indatissa, <i>President's Counsel, Past President, Bar Association of Sri Lanka</i> Economic Impact of Road Traffic Accidents Mr. Deshal de Mel, <i>Economic advisor to the Ministry of Finance</i>
Session 19 11.45am -1.15pm	Panel Discussion 3 Medical Tourism: A solution to foreign currency crises Chairpersons- Professor Anuja Abaydeera and Dr Surantha Perera Readiness of the private sector Dr Lakith Peiris, Managing Director at Hemas Hospitals and Laboratory Chain An opportunity not to be missed Dr P. Nandalal Weerasinghe, <i>Governor of the Central Bank of Sri Lanka</i> Is it a reality in the current economic crisis? Ms. Dhammika Wijayasinghe, <i>Director General, Sri Lanka Tourism Development Authority</i>
1.15 – 2.00 pm	Lunch
Session 20 2.00- 3.30 pm	Panel Discussion 4 Strategies for health sector recovery in the current socio-economic crisis in Sri Lanka In collaboration with Ministry of Health, WHO, the Intercollegiate Committee and other Stake Holders Moderators- Professor Samath D. Dharmaratne & Dr Surantha Perera
3.30 pm	Closing Ceremony