



SLMA NEWS

THE OFFICIAL NEWSLETTER OF THE SRI LANKA MEDICAL ASSOCIATION

JUNE 2017, VOLUME 10, ISSUE 06



FLOOD RELIEF CAMPAIGN 2017 03-06

HEALTH RUN & WALK 2017 06-09

JOINT REGIONAL MEETING AT ANURADHAPURA 10

PROGRAMME OF THE 130TH
ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 13-18

130th Anniversary
International Medical Congress

13-16 July 2017

Hotel Galadari, Colombo



www.slma.lk

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No. 6, Wijerama Mawatha, Colombo 7.

Tel: +94 112 693324

E mail: office@slma.lk

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Cover Artwork by...



Nethuli Dahamsa Jayawardena
Roman Catholic Primary School
Mawathagama

1st Place - Primary Category

PRESIDENT'S MESSAGE

Dear Members,

We witnessed a series of events that unfolded in the month of May with mixed emotions. While the initial monsoonal showers were welcomed for their cooling effects on the hot April season, unprecedented torrential rain led to the sad loss of lives, homes, and livelihoods of a substantial proportion of our population.

The SLMA had chosen a unique theme addressing 'environmental impact on health' for its annual health walk and run 2017. We were faced with the emotional dilemma of having any celebratory tone to the planned activities in the midst of such environmental devastation and destruction to our fellow citizens. Nevertheless, our emphasis of the need to be environmentally conscious in our quest for achieving good health, was an unparalleled opportunity to highlight the need to protect our environment as a health gaining investment. Therefore we developed a dual pronged plan of action.

We continued with the children's art exhibition that had a record number of beautiful depictions by over 3500 children from all corners of the country. Our indefatigable PRO, Dr Kalyani Guruge, gave excellent leadership to an active team of young members of the Council of SLMA –ably coordinated by Dr Sajith Edirisinghe - to collaborate with our partners from Education, Women & Children and the corporate sector to ensure this was successfully achieved. They ensured an equitable and transparent process in encouraging our future generation to express themselves in art. In parallel, Dr Amitha Fernando, ably assisted by Drs Yamuna Rajapakse and Gazzhali Nizamdeen, collaborated closely with our main professional partner - the Sri Lanka College of Pulmonologists - to advocate for clean air and healthy lungs. Their collective efforts helped to skillfully intertwine the three fundamental themes of the event – Bronchial Asthma, Anti-Tobacco measures

and Environment.

The BMICH gave us a beautiful venue and excellent support. We are very grateful to our theme ambassadors, Jayanthi Kuru-Utumpala and Johann Peries who scaled the great heights of Everest, Roshan Mahanama the cricketing legend and Dilantha Malagamuwa celebrated for his motor racing achievements for gracing the occasion and inspiring our registrants. Mrs Samanmali Pathmakumara mesmerized the little ones and their parents alike through her natural talent of storytelling and encouraging creativity. We salute them!

I also thank all the innumerable colleagues and members, for your unstinting support to our Honorary Secretary and Treasurer by supporting the facilitation of every aspect of the complex coordination required. The weather was kind to us. Public participation was excellent. Every component was meticulously planned and instituted so well by our office staff who worked closely with our highly efficient coordinator Dr Sasangi Alwis. My sincere thanks - SLMA is so proud to have you!

The dedicated stall on environment and health that was ably coordinated by Dr Enoka Suraweera, depicted the Moneragala Green Hospital, carbon emissions, the harmful effects of plastics and the expressed need for proper waste management. Dr Deepthi Perera demonstrated simple practices in managing household waste efficiently. This brings us to the unprecedented pre-monsoonal dengue epidemic by a virulent sero-type. We have lobbied since late April on the need for more Dengue Units in all provincial general hospitals by using existing underutilized hospital beds. The pre-monsoonal epidemic of dengue should make us even more prepared to prevent further loss of valuable lives, which is caused by inadequate respect for the environment. My sincere hope is that SLMA can assist in taking environmental health further forward in the long term.

The landslides and floods hit us a

few days before the health walk. I am deeply humbled for the unparalleled and speedy support given to SLMA based on a simple notice on our website. The response in human resource and technical support from our own members and fellow colleges of Physicians, General Practitioners, Independent Medical Practitioners and Anaesthetists alike, helped us conduct two complex excursions for medical aid and flood relief in Sabaragamuwa and Southern provinces. The first round of emergency medical relief was carried out on 31st May 2017 in Sabaragamuwa in conjunction with the National Institute of Occupational Safety and Health (NIOSH) of the Ministry of Labour led by its Director General Dr Champika Wickremasinghe. A total of five medical clinics were conducted and served over 600 patients, most who had not received support following the floods. The second round was in the District of Matara on 7th June. We also engaged in distributing dry rations, bottled water, cooking utensils, footwear, and other necessary items with the contribution from well-wishers and a variety of organizations. Most importantly our multi-disciplinary teams led by experienced Council members Dr BJC Perera, Sarath Gamini de Silva, Preethi Wijegoonewardena, Achala Balasooriya, Lasantha Malavige had group discussions with the afflicted to give them an opportunity to recall their experiences and express their current concerns; the feedback was given to the DGHS within 24 hours. I thank Drs Bhanuja Wijayatilleke, Pamod Amarakoon and Nirogi Staff, with assistance from President elect Dr Ruvaiz Haniffa, for taking the lead and coordinating these activities with exceptional efficiency at very short notice.

A greater commitment for a more environmentally conscious ethos in every health setting of Sri Lanka, with a view to absolute health gains, is my sincere hope.

Yours truly,

Chandrika Wijeyaratne
President SLMA

SLMA FLOOD RELIEF CAMPAIGN 2017

Dr Pamod Amarakoon / Council Member

The torrential rains in May 2017 - the worst to hit Sri Lanka since 2003 - have swamped the western and southern regions of the country with some of the most affected areas being in Kalutara, Ratnapura and Matara districts. Government institutes, civil societies, tri-forces and individuals took most of the responsibility in providing initial aid to the people affected by floods. As a professional organization with a social responsibility, Sri Lanka Medical Association (SLMA) decided to step in to provide necessary medical and other aids to people affected by this catastrophe.

Medical clinics were organized at affected areas of the country to provide essential healthcare when they needed them the most. The first round of emergency medical relief camps was carried out on 31st May 2017 in Sabaragamuwa in conjunction with the National Institute of Occupational Safety and Health (NIOSH) of the Ministry of Labour led by its Director General Dr Champika Wickremasinghe.

A total of five medical clinics were conducted in Pelmadulla, Kahawatta, Batugedara and Marapana areas in the Ratnapura district which were affected by floods. The clinics served over 600 patients, most of whom had not received any medical support after the floods.

Medicinal supplies, logistics for medical teams and the clinics, transportation and the support staff were sponsored by NIOSH. SLMA coordinated the medical team consisting of several consultants including council members of the SLMA, medical officers attached to the ministry of health and a few nurses from the Colombo South Teaching Hospital. Commonly observed conditions amongst the pa-

tients seen at these clinics included skin infections, respiratory infections and diarrhoeal diseases. About 20% of the patients seen at the clinics were less than 18 years.



The second round of medical clinics was organized in the Matara district on Wednesday, 7th June 2017.

In parallel to the medical clinics, SLMA was also engaged in distributing dry rations, cooking utensils, footwear, and other necessary items to affected people with the contribution from well-wishers and variety of organizations.

Most importantly we had group discussions for the afflicted to be given an opportunity to recall and re-tell their experiences and their current problems, the feedback which was sent to the acting DGHS within 24 hours.

The following organizations and individuals donated medicinal and other necessary items for the flood relief campaign of Matara district.

Pharmaceutical items including drugs for the clinics were provided by the National Hospital of Sri Lanka.

The series of medical clinics were organized with support and partnership of the Ministry of Health, Nutrition and Indigenous Medicine. The acting Director General of Health Services Dr Sarath Amunugama supported the SLMA in the coordination activities from the Ministry of Health along with the disaster preparedness and response division.

The support received from the Provincial Director of Health Services of the Southern Province Dr Gamiini Wijesuriya, Regional Director of Health Services of the Matara district Dr Upali Karunaratne, Regional Epidemiologist of the Matara district Dr Thilak Jayaweera, Medical officers of Health of Thihagoda and Morawaka areas as well as the field level public health staff of the respective MOH areas were crucial in coordinating and organizing these clinics.

The assistance and advice by the Director of Base Hospital Deniyaya, Dr Somaratne was also invaluable.

The following council members joined the medical clinics conducted in the Matara district on 7th June.

- Prof Chandrika Wijeyaratne (President)
- Dr B. J. C. Perera
- Dr Sarath Gamini de Silva
- Dr Preethi Wijegoonewardena
- Dr Sunil Seneviratne Epa
- Prof Chandani Wanigatunge
- Dr Clifford Perera
- Dr Bhanuja Wijayatilaka
- Dr Pamod Amarakoon

In addition, medical officers representing different institutions of the Ministry of Health, demonstrators from the Faculty of Medical Sciences of University of Sri Jayewardenapura, health promotion officers of the Nirogi Lanka Project, Pharmacists and Dispensers of the National Hospital of Sri Lanka, trainee nurses from nursing training school Colombo and physiotherapists from the Ministry of Health participated in the medical clinics.

Contd. on page 04



SLMA FLOOD RELIEF...

Clinics were conducted in 3 different locations. Three teams consisting of medical specialists, medical officers, nurses, pharmacists and health promotion officers left from Colombo around 6 am to the three locations in the Matara district. 2 locations were in Thihagoda MOH area while the other location was in Morawaka MOH area.

The first team took part in conducting the clinic at Nadugala temple at Thihagoda MOH area which was well attended by people affected from floods. It was noted that there had not been a medical clinic organized in the area during the post floods period. The second team conducted two separate clinics at Kottewatta area in Thihagoda MOH division. The third team conducted a medical clinic for the people who were located in a temporary relief camp in the Morawaka area. The team which included the Consultant Paediatrician Dr. B. J.

C. Perera also visited the Paediatric ward of the Morawake District Hospital and provided specialist Paediatric advice and care. Dr Preethi Wijegoonewardena Family Medicine Specialist also helped in the OPD. The teams also distributed dry rations and other donations, handed over to the SLMA by kind donors, to the needy people in the area.

A total of 276 patients attended the medical clinics conducted by the 3 teams. Following are basic statistics of the patients who attended the medical clinics.

Following are a few moments captured by our photographer.



Age Distribution

Age Category	Number	Percentage
1-10	31	11.23
11-20	16	5.80
21-30	14	5.07
31-40	36	13.04
41-50	40	14.49
51-60	44	15.94
61-70	56	20.29
71-80	32	11.59
81-90	5	1.812

Gender Distribution

Gender	Number	Percentage
Male	81	29.35
Female	193	69.93

Disease Categories

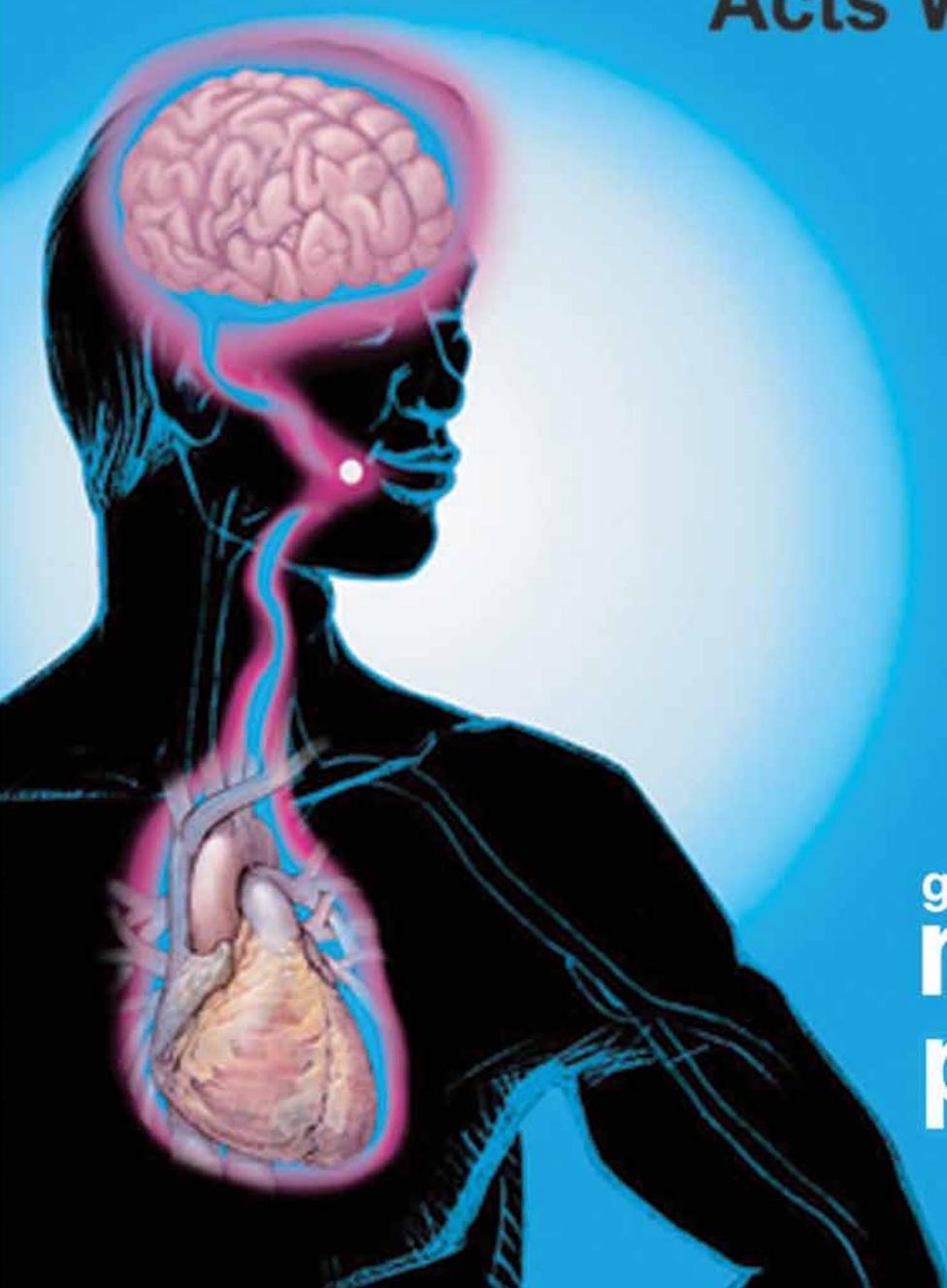
Disease Category	Number	Percentage
Respiratory Diseases	83	30.07
Musculo Skeletal	68	24.64
Skin Diseases	51	18.48
Chronic Diseases follow-up	27	9.78
Diarrhoeal/GE Diseases	17	6.16
Other	13	4.71
Trauma	9	3.26
Leptospirosis Prophylaxis	6	2.17

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SLMA FLOOD RELIEF...





SLMA HEALTH RUN & WALK 2017

in collaboration with

THE SRI LANKA COLLEGE OF PULMONOLOGISTS



Dr. Yamuna Rajapakse
Assistant Secretary / SLMA

“පිවිතුරු හුස්මක් සුවඹර දිවියක්” or “Clean Air for Healthy Living” was the theme of the 6th successive annual SLMA Health Run and Walk 2017, that was flagged off on the 04th of June, 2017, in Collaboration with the Sri Lanka College of Pulmonologists, under the patronage of His Excellency President Maithripala Sirisena.

The BMICH was the venue for this year’s event held to commemorate the World Environment Day (June 5th), World Asthma Day (May 2nd) and World No-Tobacco Day (May 31st). As in previous years, this year too there was an enthusiastic participation of over 2500, for both the Run and Walk.

The event was supported by a multitude of corporate entities, including, Brandix, CIC, George Steuarts, Ceylon Biscuits Limited, Link, Zesta and Atlas. Media partners were MTV/MBC of the Capital Maharaja Organization Limited and Wijeya Newspapers Limited. Our hospital partners were Lanka Hospitals, Hemas Hospitals, Oasis Hospital and Nawaloka Hospitals. With important contributions by Ebert Silva Tours, DSI, Wickramaarachchi hearing care, JLanka, Hemas Pharma, Cipla and Markss.



The day’s proceedings commenced at 6 am with registration of participants, followed by welcome addresses by the President SLMA, Prof Chandrika Wijeyaratne and President of the Sri Lanka College of Pulmonologists, Dr S Muhunthan. A warm up session was held thereafter, for the participants of the run and walk. The event comprised of a 3.1km competitive run and a 3.5km walk both of which, were open to members of the public.

The Run was joined by Ms Jayanthi Kuru-Uthumpala and Mr Johann Peiris, of Everest fame, who succeeded in spurring on the runners. The Walk was started off to the beat of the Sri Lanka Army and Navy Bands, by the Councils and members of the SLMA and SLCP, along with the float designed by the College, and was joined by Mr Dilantha Malagamuwa, Mr Roshan Mah-

anama, two hundred Interactors from school interact clubs, members of the Rotary Club of Colombo Mid-Town, medical students from the Faculty of Medicine, University of Colombo and Faculty of Medical Sciences, University of Sri Jayewardenepura, The Central Environmental Authority, The Environmental Police, The Sri Lanka Army and members of the public.

Banners and placards displaying ‘CleanAir’, ‘CleanEnvironment’, ‘Waste Disposal’ and ‘No Tobacco’ messages were carried by many who joined the Walk. Several paintings from those submitted for the Childrens’ art competition were chosen to be carried along the Walk owing to their beautifully depicted health messages. Rotary International was instrumental in preparing these banners.

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SLMA RUN & WALK...



Most striking were the lung shaped placards carried by the SLCP, again displaying clean air slogans and the SLCP Float that depicted “a beautiful green environment rising out of the ashes of pollution” that took pride of place in the parade.

The participants benefitted from free health screening offered by our partnering hospitals and free lung function testing and ‘meet a chest specialist’ sessions conducted by the Sri Lanka College of Pulmonologists. A yoga session was also conducted. Advice on Physiotherapy was given by the Department of Physiotherapy of the Faculty of Allied Health Sciences, University of Colombo.

The focus of the event this year was to educate the public and create awareness on clean air, clean environment and responsible waste disposal. This need was highlighted by the recent flood and landslide disaster situation prevailing in the country. Therefore, various clean environment initiatives were highlighted at the venue in the “Environment Zone” and all throughout the venue as well as the Run and Walk routes. Responsible waste disposal was emphasized on with strategic placement of waste containers and a talk on proper waste management that was delivered by Dr Deepthi Perera, Former Regional Director of Health Services.

A street drama was also held by the National Authority on Tobacco and Alcohol (NATA).

The Environmental zone featured educational stalls by DGH Moneragala – the first Green Hospital in Sri Lanka, Pilisaruru project – solid waste management, Ministry of Environment – solid and chemical waste management, Clean Air Sri Lanka, AirMac – emission testing, Dept of Motor Traffic and the National Building Research Organisation (NBRO) – gas composition of air.

The childrens’ programme, coordinated by Dr Sajith Edirisinghe and Dr Kalyani Guruge, Co-Chair of the Walk Committee, was another highlight of the day. Held for the second successive year, a countrywide childrens’ art competition, open to all local school children, was held on the theme “Clean Air for Healthy Living”. There were more than 3000 entries for this competition that was held prior to the Run & Walk. The 100 best entries were selected and these were displayed at the venue at the special “Kids Zone”. All winners, together with their families, were invited to the event, where each child was

awarded a certificate and a valuable gift pack. Ceylon Pencils Corporation (Atlas) was the sponsor for this art competition. The children were treated to a day of fun and entertainment that included a story telling session by Mrs Samanmali Padmakumara, who also distributed gifts of books to the children.

The day’s proceedings drew to a close with the prize giving. Prizes were given to 10 runners from each category (doctors and general public, male and female participants). All runners were given certificates. A special thank you goes out to Mr Mahinda Madihahewa for his support with the winners’ gifts. All art competition winners were presented with gift packs courtesy of Ceylon Pencils Corporation and Ceylon Biscuits Limited. Dr Amitha Fernando, Vice President, SLMA and Co-Chair of the Walk Committee delivered the vote of thanks, bringing the SLMA Run & Walk 2017 to a close.



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SLMA RUN & WALK...



SLMA JOINT REGIONAL MEETING AT ANURADHAPURA

Dr. Bhanuja Wijayatilaka and Dr Yasas Abeywickrema
Assistant Secretaries / SLMA

It is a pleasure to inform that the Sri Lanka Medical Association (SLMA) in collaboration with the Sri Lankan Society of Internal Medicine (SLSIM) and Anuradhapura Clinical Society (ACS) successfully held the Joint Regional Meeting at the Auditorium of the Teaching Hospital, Anuradhapura on 5th May, 2017.

President - SLMA, Prof. Chandrika Wijeyaratne, president - SLSIM, Dr. Wasantha Dissanayake and president - ACS, Dr. Randima Nanayakkara welcomed the gathering after the National Anthem and traditional lighting of the oil lamp. The sessions included eight dynamic topics, delivered by Dr. Duminda Yasaratne, Consultant Chest Physician, Teaching Hospital, Anuradhapura, Dr. Nalayini Rajaratnam, Consultant Physician, Base Hospital Tellipalai, Dr. Yasas Abeywickrama, Consultant Plastic Surgeon, Colombo South Teaching Hospital, Kalubowila,

Dr. Amila Sashanka Rathnayaka, Consultant Plastic Surgeon, Teaching Hospital, Anuradhapura, Prof. S. A. M. Kularatne, Senior Professor of Medicine & Consultant Physician, Faculty of Medicine, University of Peradeniya, Dr. D. A. R. K. Dayarathne, Consultant Physician DGH Ampara, Dr. Bhanuja S. Wijayatilaka, Consultant Community Physician, Nutrition Division, Ministry of Health, Dr. K. T. Sundaresan, Senior Lecturer and Consultant Physician, Faculty of Medicine, Eastern University, Batticaloa and Dr. Udayangani Ramadasa, Consultant Physician, Base Hospital, Balangoda. The Secretary, ACS concluded the sessions by proposing the vote of thanks.

The Coordination and support provided by the Director, Teaching Hospital, Anuradhapura, organization of the sessions jointly by the Sri Lankan Society of Internal Medicine and Anuradhapura Clinical Society and co-funding of the event by the State Pharmaceuticals Cooperation are greatly appreciated.



SPECIAL SYMPOSIUM

“Merchants of Doubt (Movie): How 'scientists' obscure truth on issues from tobacco smoke to global warming” organized by the Centre for Combating Tobacco

Dr Mahesh Rajasuriya
Director, Centre for Combating Tobacco

Centre for Combating Tobacco (CCT) was established at the Faculty of Medicine, University of Colombo (UCFM) to monitor the activities of the tobacco industry related to the Article 5.3 of the Framework Convention on Tobacco Control (FCTC) in Sri Lanka and the region. The findings are disseminated to policymakers and the general public via a MediaWiki platform embedded in the website tobaccounmasked.lk. The website was launched by His Excellency the President of Sri Lanka Maithripala Sirisena on 31st May 2017 during the national celebrations of the World No Tobacco Day 2017.

CCT is a project powered by The UNION and the FCTC secretariat of

the World Health Organization (WHO). The local partners for this project include the National Authority on Tobacco and Alcohol (NATA), Alcohol and Drug Information Centre (ADIC) and the Expert Committee on Tobacco, Alcohol and Illicit Drugs of the Sri Lanka Medical Association (SLMA). Technical support was provided by the Tobacco Control Research Group (TCRG) of the University of Bath and Centre for Tobacco Control Research and Education, University of California San Francisco (UCSF).

The website, titled Tobacco Unmasked (tobaccounmasked.lk) was made accessible to the public from 1st June 2017, the day following the official launch. The website contains scientific, peer reviewed and up-to-date findings on the tobacco industry influences at different levels of policy mak-

ing processes, simplified for a general audience. CCT invites members of the SLMA to provide information on tobacco industry activities in Sri Lanka, especially with regard to implementation of Article 5.3 of the Framework Convention on Tobacco Control (please visit our website tobaccounmasked.lk for details on implementing Article 5.3 and how you can contribute).

We would also like to invite the SLMA members to participate in the special symposium of the 130th Anniversary International Medical Congress organized by the CCT titled **“Merchants of Doubt (Movie): How 'scientists' obscure truth on issues from tobacco smoke to global warming”** on 15th July 2017 from 9 am to 11 am at the **Bougainvillea Room, Galadari Hotel Colombo.**

SRI LANKA MEDICAL ASSOCIATION
130TH ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 2017
Pre-congress Workshop 1

Wound Care Workshop
in collaboration with College of Surgeons of Sri Lanka

**Venue: College of Surgeons of Sri Lanka Auditorium,
 No.6 Independence Avenue, Colombo 7**

Limited Seats Available
Registration fee – Rs. 1250/=

Workshop 1		Saturday, 01th July 2017	
7.30 – 8.30 am		Registration	
8.30 am	Professor Chandrika Wijeyaratne President, SLMA		
8.35 am	Professor MD Lamawansa President COSL		
8.40 am	Introduction to wounds, wound types, factors for wound healing and cost of a wound – Dr. Mahinda Mellawathantri		
9.00 am	Wound assessment and wound bed preparation – Dr Ranjuka Ubey Siri		
9.20 am	Optimizing Nutrition in wound care – Dr Renuka Jayathissa		
9.40 am	Microbiology in wound care – Dr. Shirani Chandrasiri		
10.00 am	The wound beyond the usual – Dr. Indira Kahawita		
10.20 – 11.00 am		Tea break	
10.50 am	Diabetic Foot Wounds – Professor Mandika Wijeyaratne		
11.10 am	Vascular Wounds – Dr. Charitha Weerasinghe		
11.30 am	Acute post traumatic and Post-Surgical wound care – Concepts – Dr. Shashanka Rathnayake		
11.50 am	Wound dressings/ correct application and myths – Dr. Sathis Wijemanna		
12.10 pm	Wound cover & Reconstruction – Dr. Yasas Abeywickrama		
12.20 pm	Palliative wound care – Dr. Dilhar Samaraweera		
12.30 pm		Working lunch with demo viewing of sponsors	
1.30 pm	Video Demonstrations		
3.00 pm		Closing session	

SRI LANKA MEDICAL ASSOCIATION
130TH ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 2017
Pre-congress Workshop 2
Non-communicable diseases – the current plague of Asia

Venue: Lionel Memorial Auditorium, SLMA

Registration fee – Rs. 1500/=

Workshop 2		Tuesday, 11 th July 2017	
8.30 – 9.00 am		Registration	
Session 1: 9.00 – 10.30 am	Symposium 1: Organized by SLMA Expert Committee on NCDs Chronic NCDs: rational approaches to Control and Prevent		
9.00 – 9.15 am	<i>"The trends and risk factors of Diabetes in China"</i> Prof. Xiaoying Li		
9.15 – 9.30 am	<i>"Epidemiology of chronic NCDs in Sri Lanka"</i> Dr. Carukshi Arambepola		
9.30 – 9.45 am	<i>"Noncommunicable disease – The way forward: Hong Kong experience"</i> Dr. Shea Tat Ming		
9.45 – 10.00 am	<i>"The Sri Lankan Health System response- from policy to implementation"</i> Dr. Thilak Siriwardana		
10.00 – 10.15 am	<i>"β-receptor blocker in the era of PCI"</i> Dr. Ge Xu		
10.15 – 10.40 am	Q & A Session		
10.40 – 11.00 am		Tea	
Session 2: 11.00 – 12.30 pm	Symposium 2: The Thyroid Nodule: sharing experiences		
11.00 – 11.15 am	<i>"Optimal management of thyroid nodule –the Chinese experience"</i> Dr. Shuhang Xu		
11.15 – 11.30 am	The Sri Lankan experience:		
11.30 – 11.45 am	<i>"Management options – the decision making process"</i> Prof. Aloka Pathirana		
11.45 – 12.00 noon	<i>"Radiological aspects"</i> Dr. Shanthini Rosairo		
12.05 – 12.30 pm	<i>"Pathological aspects"</i> Prof. Dilani Lokuhetty		
12.05 – 12.30 pm	Q & A Session (25 min)		
12.30 – 1.30 pm		LUNCH	
Session 3: 1.30 – 3.30 pm	Symposium 3: Organized by SLMA Expert Committee on Prevention of Road Traffic Crashes Road Traffic Crashes – how do we save lives?		
1.30 – 1.50 pm	<i>"Strengthening Emergency Trauma Care - highlighting its Pioneer Role"</i> Dr. DU Dingyuan		
1.50 – 2.10 pm	<i>"Multi-disciplinary activity for road traffic injury prevention: collaboration between engineering and medicine"</i> Dr. Takashi Fujita		
2.10 – 2.30 pm	<i>"Influence of social environment on child pedestrian injuries: time trend of child pedestrian injuries in Japan"</i> Dr. Shinji Nakahara		
2.30 – 2.50 pm	Sri Lankan scenario:		
2.50 – 3.10 pm	<i>"Developing a strategy – from policy to action"</i> Dr. Samitha Siritunge		
3.10 – 3.30 pm	<i>"The Sri Lankan situation – the need for a Task Force"</i> Prof. Samath Dharmaratne/Dr. Achala Jayatilleke		
3.10 – 3.30 pm	Q & A Session		



SRI LANKA MEDICAL ASSOCIATION
130TH ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 2017
In partnership with National Science Foundation
“Patient Engagement – Professional Enhancement”

Venue: Hotel Galadari, Colombo

Day 1 Thursday, 13 th July 2017		
8.00 – 9.00 am Registration		
Session 1: 9.00 – 10.45 am	<p align="center">Parallel session – Hall A</p> <p align="center">Symposium 1: The Microbiome: The picture unfolds <i>“The Human Eco system - potential applications in health and disease”</i> Prof. Jennifer Perera <i>“Microbiome and Cancer – Is it real?”</i> Prof. Kemal Deen <i>“Microbiome and personalized medicine – the future”</i> Dr. Padmini Ransinghe <i>“New horizons: The role of gut microbiome in maternal and child health”</i> Prof. Catherine Williamson</p>	<p align="center">Parallel session – Hall B</p> <p align="center">Symposium 2: Family Medicine: Are we fully geared for today’s patient needs? Panel discussion <i>“Whom do we need more? Qualified general practitioners or specialists?”</i> Dr. Preethi Wijegoonewardene Dr. Ruvaiz Haniffa Dr. Athula Kahandaliyanage Dr. Palitha Abeykoon Prof. S. D. Jayaratne <i>“An efficient Chronic care Model - Development of databases for long term conditions”</i> Dr. K. Nirantharakumar</p>
	10.45 – 11.15 am TEA	
Session 2: 11.15 – 12.45 am	<p align="center">Parallel session – Hall A</p> <p align="center">Symposium 3: Metabolomics: The picture unfolds <i>“Chronic Kidney Disease of Unknown Etiology in Sri Lanka: Quest for Understanding and Global Implications”</i> Prof. Susan Sumner <i>“The Microbiome, Metabolomics and Cardiovascular Disease: A Clinician-Scientist’s Perspective”</i> Prof. Shervanthi Homer-Vanniasinkam <i>“Physical activity and South Asians: its role in the causation of metabolic disease”</i> Prof. Anoop Misra</p>	<p align="center">Parallel session – Hall B</p> <p align="center">Family Medicine: Are we fully geared for today’s patient needs? (Continued) <i>“Communication skills in general practice”</i> Prof. Nandani de Silva <i>“Evidence based practice: keeping the busy family physician updated”</i> Prof. Kumara Mendis</p>
	<p align="center">Panel Discussion: Anaphylaxis – how should we respond? Prof. Neelika Malavige Dr. Dinithi Fernando Dr. Nirmala Wijekoon</p>	
1.15 – 2.00 pm LUNCH		
Session 4: 2.00 – 2.30 pm	<p align="center">Plenary lecture 1: “Autoimmune disease and the Microbiome” Prof. Suranjith Seneviratne</p>	
Session 5: 2.30 – 3.00 pm	<p align="center">Plenary lecture 2: “Potential Pathophysiological Phenotypes of type 2 diabetes in South Asians” Prof. K.M. Venkat Narayan</p>	
6.30 pm	<p align="center">Inauguration ceremony Chief guest: Prof. Adam Balen Guest of Honour: Prof. Pali Hungin</p>	
Session 6:	<p align="center">SLMA Oration <i>“Efficacy of rupatidine in the treatment of dengue viral infections”</i> Prof. Neelika Malavige</p>	

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SLMA 130TH ANNIVERSARY...

Day 2 Friday, 14 th July 2017		
7.30 – 8.00 am Registration		
Session 7: 8.00 – 9.30 am	Parallel session – Hall A	Parallel session – Hall B
	Symposium 4: Cardiovascular Health <i>"Acute Coronary Syndrome Sri Lanka Audit Project (ACSSLAP): The key findings"</i> Prof. Priyadarshani Galapaththy <i>"Preventive Aspect of cardiovascular health"</i> Dr. B.A. Muruganathan <i>"Drugs in CVD – How do we rationalize?"</i> Dr. Nimali Fernando	Symposium 5: Data, Data and more Data Moderator: Dr. J. M. W. Jayasundara Bandara <i>"Big data and technologies in caring for patients with Diabetes Mellitus"</i> Dr K Nirantharakumar <i>"Leveraging healthcare data to improve outcomes in low-resource settings"</i> Dr Rashan Haniffa <i>"Quality and Safety in Health care: the way forward with data"</i> Dr Sathasivam Sridharan
Session 8: 9.30 – 10.00 am	Plenary lecture 3: "Thyroid function and Iodine nutrition in pregnancy" Prof. John Lazarus	
Session 9: 10.00 – 10.30 am	Plenary lecture 4: "Body fat distribution, metabolic milieu and cardiovascular risk in South Asians" Prof. Anoop Misra	
10.30 – 11.00 am TEA		
Session 10: 11.00 – 12.30 pm	Parallel session – Hall A	Parallel session – Hall B
	Symposium 6: Clinical and Research Ethics <i>"Conflicts of Interest for Clinicians and Researchers"</i> Prof. Narada Warnasuriya <i>"Ethics and Dilemmas in End of Life Care"</i> Dr. Loranthi Samarasinghe <i>"Challenges in Research Ethics - Local and Regional issue"</i> Prof. Chandanie Wanigatunge	Symposium 7: Thyroid Disease <i>"Isolated hypothyroxinaemia in pregnancy"</i> Prof. John Lazarus <i>"Confusing thyroid results"</i> Dr. L. D. Premawardhana <i>"Thyroid dysfunction in infants"</i> Dr. Navoda Atapattu
Session 11: 12.30 – 1.00 pm	Plenary lecture 6: "Prevention and control of type 2 diabetes – from data to policy" Prof. K.M. Venkat Narayan	
Session 12: 1.00 – 1.30 pm	Plenary lecture 7: "Changing face of medicine and role of the future doctor" Prof. Pali Hungin	
1.30 – 2.30 pm LUNCH		
Session 13: 2.30 – 4.00 pm	Parallel session – Hall A	Parallel session – Hall B
	Symposium 8: NASH, Metabolic Syndrome & Diabetes - rational options for a 'cure' <i>"Leduc Obesity Clinic"</i> Dr. Kanchana Sivalingam <i>"Role of liver and visceral adiposity"</i> Prof. Tilak Weeraratne <i>"The evidence – the global perspective"</i> Dr. Dilendra Weerasinghe <i>"Challenges of bariatric surgery in Sri Lanka"</i> Dr. Thejana Wijeratne	Symposium 9: Parallel Session – Hall B SYMPOSIUM – 'Medication without harm' <i>"Preventing Medication errors: Role of prescribers and patients"</i> Prof. Chandanie Wanigatunge <i>"Medication errors : Role of Pharmacists and health systems"</i> Dr. Nithushi Samaranayake <i>"Medication safety : The Global Challenge and plans for Sri Lanka"</i> Prof. Priyadarshani Galapaththy Panel Discussion on Sri Lankan situation and action plan
Session 14: 4.00 – 4.45 pm	Plenary lecture 5: "PCOS and its spectrum" Prof. Adam Balen Launch of PCOS support group and website	
4.45 – 5.15 pm TEA		
Session 15: 5.15 – 6.00 pm	Dr. S. C. Paul Oration <i>"Metabolic morbidity in obese children: what can we do?"</i> Prof. Pujitha Wickramasinghe	

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SLMA 130TH ANNIVERSARY...

Day 3		Saturday, 15 th July 2017			
7.30 – 8.00 am		Registration			
Session 16: 8.00 – 9.00 am	<p>Palliative Care in Sri Lanka <i>"Challenges ahead"</i> Dr. Udayangani Ramadasa <i>"Place of opioids"</i> Dr. Suresh Kumar <i>"Ethical and legal aspects"</i> Mr. Yasantha Kodagoda</p>				
Session 17: 9.00 – 10.30 am	Parallel session – Hall A		Parallel session – Hall B		
	<p>Symposium 8: Addressing COPD: the need of 'the hour' <i>"COPD: A BOLD Outlook"</i> Dr. K. D. Gunasekera <i>"COPD: The unmet need"</i> Dr. Amitha Fernando <i>"COPD: meeting the challenges"</i> Dr. Lakmali Amarasiri Dr. Ghazzaly Nizamdeen Dr. Ravini Karunatillake</p>		<p>Symposium 9: Women's Health <i>"Obstetric Medicine to the forefront"</i> Prof. Catherine Williamson <i>"Maternal safety through family planning"</i> Dr. Harsha Atapattu <i>"Micronutrients and GDM"</i> Prof. P. Saravanan</p>		
10.30 – 11.00 am		TEA			
Session 18: 11.00 – 11.30 am	<p>Plenary lecture 8: "IVF: latest advances and current controversies" Prof. Adam Balen</p>				
Session 19: 11.30 – 1.00 pm	Parallel session – Hall A		Parallel session – Hall B		
	<p>Symposium 10: Neurology for the non-neurologist <i>"Headache"</i> Dr. Thashi Chang <i>"Stroke"</i> Dr. Ajini Arasalingam <i>"Epilepsy"</i> Dr. Jithangi Wanigasinghe</p>		<p>Symposium 11: Cancer – a path to cure <i>"Micro RNA Bio marker for early diagnosis"</i> Prof. G. A. P. Ganepola <i>"Evolution of medical management of Cancer: The Acute Lymphocytic Leukaemia (ALL) story"</i> Dr. Sanjeeva Gunasekera <i>"Breast cancer surgery - the evolution of concepts and diverging roles"</i> Dr. Kanishka de Silva</p>		
1.00 – 1.45 pm		LUNCH			
Session 20: 1.45 – 3.15 pm	Hall A	Hall B	Hall C	Hall D	
	Free Paper session 1	Free Paper session 2	Free Paper session 3	Free Paper session 4	
Session 21: 3.15 – 4.15 pm	<p>Clinical Pearls of Practice – Good Patient Communication Dr. Panduka Karunanayake Dr. Arosha Dissanayake Prof. Diyanath Samarasinghe</p>				
4.15 – 4.45 pm		TEA			
Session 22: 4.30 – 6.15 pm	Parallel session – Hall A		Parallel session – Hall B		
	<p>Symposium 14: School Health – Challenges faced by today's school children <i>"National priorities"</i> Prof. Pujitha Wickramasinghe <i>"Delivering education on reproductive health in schools"</i> Prof. Adam Balen <i>"Policy challenges on promoting healthy diets in schools"</i> Dr. Angela de Silva</p>		<p>Symposium 15: Ageing and aged care? - The inevitable issues <i>"What is frailty? What are the tools used to assess frailty?"</i> Dr. Lasantha Ganewatte <i>"A Sri Lankan Study on Frailty"</i> Dr. G. D. N. Samaruthilake <i>"Stepping into the shoes of an elderly person"</i> Dr. Shiromi Maduwage <i>"Introduction to Multidisciplinary Care of elderly"</i> Dr. Dilhar Samaraweera <i>"A Practical Approach to multidisciplinary care"</i> MDT of CSTH Geriatric Clinic</p>		
8.00 pm		Doctors' Concert			

SLMA 130TH ANNIVERSARY...

Day 4					Sunday, 16 th July 2017				
7.30 – 8.00 am					Registration				
Session 23: 8.00 – 9.30 am	Parallel session – Hall A				Parallel session – Hall B				
	<p style="text-align: center;">Symposium 16: Medical negligence – a fact or fiction? <i>“Medico-legal aspects of Medical Negligence”</i> Dr. Clifford Perera</p> <p style="text-align: center;"><i>“Legal perspectives of Medical Negligence – Global vs. Sri Lankan trends”</i> Mr. Saliya Peiris PC</p> <p style="text-align: center;"><i>“Non-litigatory aspects of medical care and patient safety”</i> Dr. Sridharan Sathasivam</p>				<p style="text-align: center;">Symposium 17: Interactive Seminar - Adoption of Food Based Dietary Guidelines in Health Care Institutions - is it happening?</p> <p style="text-align: center;">Dr. Bhanuja S. Wijayatilaka Dr. Renuka Jayatissa Dr. Ananda Gunasekera Dr. Palitha Bandara Dr. Samanthi de Silva Dr. Visakha Tillekeratne Dr. Shanthi Gunawardana Dr. Ajith Alagiyawanne Q&A session</p>				
Session 24: 9.30 – 10.00 am	Plenary lecture 9: “Impact of maternal obesity, diabetes and cholestasis on subsequent offspring health” Prof. Catherine Williamson								
10.00 – 10.30 am					TEA				
Session 25: 10.30 – 11.15 am	Professor N. D. W. Lionel Memorial Oration <i>“Unraveling the path towards novel antidiabetic drug leads from Sri Lankan flora”</i> Dr. A. P. Attanayake								
Session 26: 11.15 – 12.15 pm	Public forum Public perspective and Health system response Speakers: Mr. Peter D’Almeida Ms. Shehara de Silva Responders: Dr. Sarath Gamini de Silva Dr. Preethi Wijegoonewardene Prof. Srinath Chandrasekara Moderators: Prof. Saroj Jayasinghe Dr. Susie Perera								
Session 27: 12.15 – 1.45 pm	Hall A		Hall B		Hall C		Hall D		
	Free Paper session 5		Free Paper session 6		Free Paper session 7		Free Paper session 8		
1.45 – 2.30 pm					LUNCH				
Session 28: 2.30 – 3.00 pm	Plenary lecture 10: “Respecting Intellectual property – real life issues for medical professionals” Mr. Jayantha Fernando								
Session 29: 3.00 – 3.45 pm	Dr. S. Ramachandran Memorial Oration <i>“Diagnosis of snake envenoming: A challenge of 21st century in tropics”</i> Dr. Kalana Maduwage								
3.45 – 4.30 pm	Closing ceremony								
4.30 – 5.00 pm					TEA				



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**Dr. Palitha Abeykoon (Chairman, National
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Registration is free. Tea would be provided.

For pre-registration please contact SLMA Office on 011 2693324

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in collaboration with SLMA Expert committee on Tobacco, Alcohol and Illicit Drugs

**Key contact: Dr Mahesh Rajasuriya, Director, CCT, Senior Lecturer in
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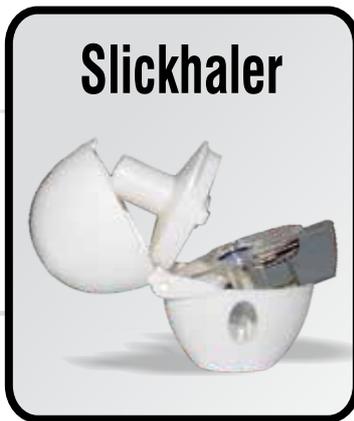
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* Thorax 2012;67:266e267. doi:10.1136/thoraxjnl-2011-201522
* Top 100 Selling Drugs of 2013. Medscape. Jan 30, 2014.



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