



**Sri Lanka Medical Association**

**ANNUAL REPORT 2012**





# **SRI LANKA MEDICAL ASSOCIATION**

## **Annual Report**

(January to December 2012)

**&**

## **Statement of Accounts**

(1 July 2011 to 30 June 2012)

---





---

**Sri Lanka Medical Association**  
**Annual Report (January to December 2012)**  
**&**  
**Statement of Accounts (1 July 2011 to 30 June 2012)**

**CONTENTS**

PRESIDENT'S STATEMENT .....	1
ANNUAL GENERAL MEETING 2011 .....	2
OFFICE BEARERS.....	2
INDUCTION OF THE PRESIDENT .....	2
COUNCIL MEETINGS.....	3
STANDING COMMITTEES OF THE SLMA.....	3
MANAGEMENT AND FINANCE COMMITTEE.....	3
CORPORATE PLANNING COMMITTEE.....	4
CENTRAL CONTINUING PROFESSIONAL DEVELOPMENT COMMITTEE .....	4
CEYLON MEDICAL JOURNAL EDITORIAL BOARD .....	5
ETHICS COMMITTEE .....	5
ETHICS REVIEW COMMITTEE.....	6
HONOURS COMMITTEE.....	8
RESEARCH PROMOTION COMMITTEE .....	9
SRI LANKA CLINICAL TRIALS REGISTRY MANAGEMENT COMMITTEE.....	10
EXPERT COMMITTEES .....	11
EXPERT COMMITTEE ON COMMUNICABLE DISEASES .....	11
EXPERT COMMITTEE ON DISABILITY .....	12
EXPERT COMMITTEE ON ERGONOMICS .....	13
EXPERT COMMITTEE ON HEALTH EQUITY.....	14
EXPERT COMMITTEE ON HEALTH MANAGEMENT .....	15
EXPERT COMMITTEE ON HERBAL MEDICINE.....	16
EXPERT COMMITTEE ON MEDICINAL DRUGS .....	16
EXPERT COMMITTEE ON MEDICAL EDUCATION.....	17
EXPERT COMMITTEE ON NON COMMUNICABLE DISEASES.....	17
EXPERT COMMITTEE ON ROAD TRAFFIC ACCIDENT PREVENTION.....	21
EXPERT COMMITTEE ON SNAKE BITE.....	21
EXPERT COMMITTEE ON TOBACCO AND ALCOHOL.....	22
EXPERT COMMITTEE ON TRADE SERVICES .....	23
EXPERT COMMITTEE ON WOMEN'S HEALTH.....	23
ACADEMIC ACTIVITIES.....	26
SLMA CONGRESSES.....	26
SLMA REGIONAL CONFERENCES .....	26
INTERNATIONAL CONFERENCE.....	26
JOINT SCIENTIFIC SESSIONS WITH CLINICAL SOCIETIES.....	26
RESEARCH SYMPOSIA .....	27
CME SYMPOSIA.....	27

---

---

ORATIONS AND ENDOWMENT LECTURE .....	27
GUEST LECTURES .....	28
MONTHLY CLINICAL MEETINGS.....	29
ADVOCACY .....	31
FORUM FOR ETHICS COMMITTEES IN SRI LANKA (FERCSL) .....	32
PUBLIC RELATIONS AND MEDIA.....	32
SLMA MEMBERSHIP IN INTERNATIONAL MEDICAL ASSOCIATIONS .....	33
SPECIAL EVENT TO MARK THE 125 <sup>TH</sup> ANNIVERSARY OF THE SLMA.....	34
SLMA WALK AND RUN .....	34
SOCIAL ACTIVITIES.....	34
DOCTORS' CRICKET SRI LANKA (DCSL).....	35
ANNUAL REPORT OF THE TSUNAMI DISASTER FUND .....	35
SLMA RESEARCH PRIZES AND AWARDS.....	36
TREASURER'S REPORT .....	38

---

---

## PRESIDENT'S STATEMENT



I am sure that you would agree with me when I say that this year our association, the Sri Lanka Medical Association (SLMA), celebrated its 125<sup>th</sup> Anniversary further strengthening its position as the premier professional association in Sri Lanka. As a professional association, the SLMA, blossomed to its full potential, reaching out to and serving doctors in all parts of the country, embracing electronic media, and became a strong force advocating for a better standard of health and health care for people of Sri Lanka.

This annual report outlines the tremendous role played by those who contributed to this effort volunteering their time and energy. The results of their efforts were: greater acceptance of the SLMA by doctors themselves [592 became life members, 60 became ordinary members, and 75 became student members – a much greater number than in any other year before]; greater willingness of sponsors to sponsor SLMA events [approximately Rs. 40 million was raised in sponsorship, registration fees, membership fees, donations and other income – again surpassing the income of any other year before]; increased participation in all SLMA events [e.g.: over 1000 attended the 125<sup>th</sup> Anniversary International Medical Congress]; and SLMA became a house hold name in the country [due to increased visibility in print and electronic media].

This year the SLMA also expanded its international network by becoming a member of the World Medical Association. This is in addition to SLMA's membership in the Commonwealth Medical Association and the Confederation of Medical Associations in Asia and Oceania.

In conclusion this year we have made our foundations stronger to last another 125 years and beyond. I am sure that we would reap the benefits of our efforts this year in the years to come.

On behalf of the Council I thank all those who contributed to make the 125<sup>th</sup> Anniversary year of our association a special year to remember. I would be failing in my duty if I do not extend a special word of thanks to the Honorary Secretary, Dr Lasantha Malavige and the Administrative Office, Mr. M. Rajasingham and the SLMA team.

*Prof. Vajira H. W. Dissanayake*

President

---

## ANNUAL GENERAL MEETING 2011

The Annual General Meeting of the Sri Lanka Medical Association was held on the 17 December 2011 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Wijerama Mawatha Colombo 7.

Prof. Sanath P Lamabadusuriya chaired the meeting. He thanked the Council, members and the staff of the SLMA office

for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr R Ajanthan tabled the Annual Report 2011 and the minutes of the previous Annual General Meeting held on 18 December 2010. The minutes were

unanimously confirmed by the membership. Dr R Ajanthan thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2011.

The following Office Bearers and Council Members were unanimously elected.

### OFFICE BEARERS

#### **President**

Prof. Vajira H W Dissanayake

#### **President Elect**

Dr B J C Perera

#### **Vice Presidents**

Dr C Thurairajah

Dr Pramilla Senanayake

#### **Secretary**

Dr Lasantha Malavige

#### **Assistant Secretaries**

Dr Kapila Jayaratne

Dr Prasad Katulanda

Dr Nilakshi Samaranyake

Dr Rikaz Sheriff

#### **Treasurer**

Dr Ruvaiz Haniffa

#### **Assistant Treasurer**

Dr V Murali

#### **Public Relations Officer**

Dr Deepal Wijesooriya

#### **Social Secretaries**

Dr Dennis J Aloysius

Dr Preethi Wijegoonewardene

#### **Past President's**

#### **Representative**

Dr Malik Fernando

#### **COUNCIL MEMBERS**

Prof. Chrishantha Abeysena

Dr Palitha Abeykoon

Dr Udara Ariyasinghe

Prof. Asita de Silva

Dr S D Dharmaratne

Dr T M S M Dharmaratne

Dr Vijith Gunasekera

Dr Thayasivam Gobyschinger

Dr Lucian Jayasuriya

Prof. Saroj Jayasinghe

Dr Clive C James

Dr Indika Karunathilake

Dr B Kumarendran

Dr Niroshan Lokunarangoda

Dr Ajith Nagahawatta

Dr K Y S Perera

Dr P S M A B Padeniya

Dr J B Peiris

Dr S Raviraj

Dr Sunil Seneviratne Epa

Dr Mathu Selvarajah

Dr Samanmali Sumanasena

Dr Gamini Walgampaya

Dr Vibash P Wijeratne

Dr W M Arjuna Wijekoon

#### **EX-OFFICIO COUNCIL MEMBERS**

Prof. Sanath P Lamabadusuriya (Immediate Past President)

Dr R Ajanthan (Outgoing Secretary)

Dr Anuruddha Abeygunasekera (Co-editor, CMJ)

Prof. Janaka de Silva (Co-editor, CMJ)

### INDUCTION OF THE PRESIDENT

The Induction Ceremony of Prof. Vajira H W Dissanayake, the new President of Sri Lanka Medical Association for the year 2012, was held on 7 January 2012 at the Sri Lanka Foundation Institute, Colombo 7. The induction took place amidst a large and distinguished gathering.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lanka Medical Association over its 125 year history and placed before the membership the vision and mission of the Sri Lanka Medical Association and called

on all stakeholders in the health sector to take appropriate measure to give effect to provisions in the SLMA Declaration on Health. The ceremonial induction was followed by a reception and fellowship at the same venue.



---

## COUNCIL MEETINGS

The Council Meetings of the SLMA are held at 4.30 pm on the first Friday of the month. 12 Council Meetings were held in 2012.

## STANDING COMMITTEES OF THE SLMA

The Sri Lanka Medical Association has 8 standing committees. The reports provided by them produced below describe their activities in 2012.

### MANAGEMENT AND FINANCE COMMITTEE

**Chairperson:**

Prof. Vajra H. W. Dissanayake

**Secretary:**

Dr Lasantha Malavige

**Members:**

Dr BJC Perera

Dr Palitha Abeykoon

Dr Ruvaiz Haniffa

Dr Malik Fernando

Dr Lucian Jayasuriya

Dr Preethi Wijegoonewardene

Dr Dennis Aloysius

Prof. Saroj Jayasinghe

Dr Deepal Wijesooriya

This committee was established in November 2012 to ensure continuity of the new activities initiated in 2012 in the four areas mentioned below and to plan a long term development strategy for development of the Wijerama House.

1. Increasing the visibility of the SLMA –The SLMA has been able to increase its visibility considerably this year. Electronic media was used for this purpose. The SLMA website was revamped. The slma2012.com website was created to host contents about SLMA events. Online abstract submission was implemented for the first time. The SLMA eBook Store was created at <http://www.issuu.com/slmanews> (over 63,000 accesses so far). The SLMA YouTube channel was

created at

<http://www.youtube.com/slmaonline> (over 5400

accesses so far). The SLMA

Face Book page was created at

<http://www.facebook.com/slmaonline> (over 10,000

fans so far). The sites were managed by Dr Rikaz

Sheriff, Dr Deepal

Wijesooriya, and Dr Prasad Ranatunga. Steps have been taken to create a web based platform to deliver CPD,

this can be launched next year. The SLMAnews – the monthly newspaper of the SLMA was completely revamped this year and has a circulation of 4500. An email list with over 8000 emails has been created, and it is no longer

necessary to use SLMAnews to publicize SLMA events to members as email alerts can be sent to members instantly. A free SMS facility has also been provided by Mobitel, it will be commissioned soon. As a result the contents of SLMAnews have been changed to carry reports of SLMA activities and many members have commented very positively about this change. The launch of the DocCall service together with Mobitel further enhanced SLMA's visibility

in the eyes of the general public.

2. Increasing participation at SLMA events – The websites and the email list has been very effective in increasing participation at SLMA events, with attendance at a monthly clinical meeting once reaching 130 participants. The list is much sought after by colleges and associations to publicize their events as well. The attendance at the 125<sup>th</sup> Anniversary International Congress was over 1000 participants, which was an all time record number for any medical conference in Sri Lanka. Higher participation was seen at the Doctors Concert with more than 350 participants, SLMA Banquet with more than 250 participants and the Medical Dance with more than 300 participants. The first even SLMA walk and the run attracted more than 3000 doctors and general public.
3. Increasing membership – 592 doctors have obtained life membership of the SLMA this year. Taking the total number of life members to 3214. This was an increase of 18%. In addition there were 60 new

ordinary members and 75 student members. The committee plans to maintain the membership drive to increase the membership of the association.

4. Increasing revenue for SLMA – The total amount of funds raised from all events and other activities this year was approximately Rs.

40 million. The projected surplus would be approximately Rs. 9.5 million. The committee plans to engage sponsors to continue to maintain similar levels of revenue in the future.

5. Development of the Wijerama House – A new Council Room with modern facilities was built this year.

The Women's Toilet complex on the first floor of Wijerama House was also re-developed to five star standards. The cost of these developments was approximately Rs. 2.79 million.

The committee plans to develop a master plan to make improvements for the Wijerama House.

## CORPORATE PLANNING COMMITTEE

### Chairperson:

Prof. Vajira H. W. Dissanayake

### Secretary:

Dr Vibash Wijeratne

### Members:

Dr BJC Perera

Dr Lasantha Malavige

Dr Malik Fernando

Dr Deepal Wijesooriya

The corporate plan of the SLMA was for the period from 2009 to 2012. The committee was appointed in March 2012 to review the need for revising the corporate plan. The committee in consultation with the Council decided to extend the period of the plan until the end of 2013 and to review SLMA performance against the corporate objectives in the plan before undertaking the

revision. The following have been appointed as reviewers for the 8 broad areas defined in the plan:

1. Enhance the capacity as the apex professional and scientific organization of all categories of medical doctors as defined in the constitution - Dr V R Gunasekera
2. Play an advocacy role towards comprehensive curative and preventive health services - Dr Kapila Jayaratne
3. Promote professionalism, good medical practice and ethical conduct among doctors - Prof. Saroj Jayasinghe
4. Disseminate state of the art knowledge, clinical practice,

technology and emerging concepts in medical sciences among medical professionals - Dr K Y S Perera

5. Proved opportunities for continuous professional development with particular emphasis on the national CPD programme - Dr Rikaz Sheriff
6. Encourage ethical medical research - Prof. Saroj Jayasinghe
7. Educate the public on health related issues - Dr V Murali
8. Enhance closer professional and scientific links between medical doctors and professionals allied to health care - Dr Deepal Wijesooriya

## CENTRAL CONTINUING PROFESSIONAL DEVELOPMENT COMMITTEE

### Chairperson:

Dr Sunil Seneviratne Epa

### Secretary:

Dr V Murali

### Members:

Dr Indika Karunathilake

Dr Aswini Fernando

Prof. Lalitha Mendis

Prof. Colvin Goonaratna

Dr Harshalal de Silva

Dr A Balasuriya

Dr Joe Fernando

Dr Rani Fernando

Dr Pubudu de Silva

Dr A Hapugoda

Dr Suresh Shanmuganathan

Dr Eugene Corea

Dr Indira Wijesiriwardene

Dr Nalin Rajakaruna

Dr M P Seneviratne

Dr Lalindra Gooneratne

Dr Jayantha Jayasuriya

Dr R P Dayasena

Dr G A Harischandra

Dr Mahanama Gunasekera

Dr A Illeperuma

Dr H R U Indrasiri

Information and guidance book has been published and has been distributed at the joint meetings in addition to making presentations at Galle, Anuradhapura and Jaffna. Concept of CPD is now being well recognized by the profession and the SLMC has formed its own CPD committee with representation from the CCPD committee. A project report was prepared for this committee by Prof. Nandani De

---

Silva to be used as a guide in future planning of the National CPD programme. Our plan is to execute this programme through the Ministry of Health (MOH) as it is the biggest

employer of doctors in the country. Several rounds of discussions took place with the Secretary to the MOH and the financial commitment in terms of funding the programme has

been confirmed. Logistics of the programme is to be worked out according to the blue print prepared for the national programme.

## CEYLON MEDICAL JOURNAL EDITORIAL BOARD

### **Editors:**

Prof. Janaka de Silva  
Dr Anuruddha Abeygunasekera

### **Emeritus Editors:**

Dr CG Urugoda  
Prof. C Goonaratna

### **Assistant Editors:**

Dr D N Atukoarla  
Prof. Vasanthi Arasaratnam  
Dr Varuni de Silva  
Dr SAS Goonewardena  
Prof. Malik Goonewardene  
Dr Renuka Jayatissa  
Dr Neelika Malavige  
Prof. A Pathmeswaran  
Dr BJC Perera  
Dr Channa Ranasinha  
Dr Udaya Ranawaka  
Dr Shalini Sri Ranganathan  
Prof. Manouri Senanayake  
Prof. Nandadeva Samarasekera  
Prof. Kamani Tennekoon

**Board Meetings:** The Editorial Board meetings are held on the second Saturday of each month. Ten meetings have been held so far in 2012. The last meeting for this year will be held on 15 December 2012. Average attendance was 70%. A summary of the events of each

meeting are sent to the council periodically.

**Journal:** Three issues of the 2012 Journal have been published to date: March, June and September. The December issue is with the Printers. 3000 copies are printed of each issue and distributed to SLMA members free of charge. 105 articles were tabled at the editorial boards of which 52 were unsuitable for publication. Of the remaining articles allocation was as follows: full papers 17, research letters 1, case reports 9, picture story 7, correspondence 1, brief report 7, sent for specialist review 6, resubmission 8. CMJ Volume 55 subject and author index was published with the June issue. Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article remains at Rs: 1,000/=.

**Other publications:** The abstract book to accompany the annual academic sessions of the SLMA was published in June. The abstract selection process

was managed by the editorial board. 347 abstracts were received. 171 were presented as posters and 75 were presented as oral presentations.

**Website:** The CMJ can be accessed online through the SLMA website. Full article access is available from 2003 onwards. The Sri Lanka Journals Online website is maintained by Mrs Sioux Cumming at the International Network for the Availability of Scientific Publications, Oxford. There are 950 online registrants of the CMJ who access the website.

**CMJ office:** The office can be contacted on 011 269 0212 and at office@cmj.slma.lk

**Staff:** Ms. Renuka Rathnayaka who was the administration Secretary of the CMJ left in April this year for a government job. Ms Saumya Hemasinghe was appointed to the vacant post.

## ETHICS COMMITTEE

### **Chairperson:**

Dr Malik Fernando

### **Secretary:**

Prof. Anuja Abayadeera

### **Members:**

Prof. Eugene Wickramanayaka  
Prof. Anoja Fernando  
Dr Chrisantha Abeysena  
Mr Upali Goonaratna  
Dr Enoka Corea  
Dr Christo Fernando

Dr Suriyakanthie Amarasekera  
Dr Ajith Amarasinghe  
Prof. Lalitha Mendis  
Dr Preethi Wijegoonewardene  
Mrs Fathima Cader  
Dr NPS Gunaratna

## CONTRIBUTION TO ACHIEVING SLMA

### **CORPORATE OBJECTIVES:**

### **Specific objective 2.1: Further strengthen our links with the Ministry of Health.**

Discussions were held to collaborate with the education training and research division to set up hospital ethics committees.

### **Specific objective 2.3: Make optimal use of the media to**

---

**address curative and preventive healthcare services delivery to the people.** Discussions were held to organise with SLBC to conduct programmes to cover topics of ethics interest.

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as**

**Chairperson:**

Prof. Anoja Fernando

**Secretary:**

Dr Chandanie Wanigatunge

**Members:**

Dr Malik Fernando

Dr Vathsala Jayasuriya

Dr Kamal Weeraperuma

Dr Shalini Sri Ranganathan

Prof. Amala de Silva

Prof. Lalini Rajapakse

Dr Mario Gomez (Joined in 2012)

Dr Tharindi Udalagama (Joined in 2012)

Dr Udaya Ranawaka (Resigned in 2012)

Dr Satish Goonesinghe (Resigned in 2012)

**CONTRIBUTION TO ACHIEVING SLMA CORPORATE OBJECTIVES:**

**Specific objective 1.1: Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and societies:** ERC helped the Forum for Ethics Review Committees of Sri Lanka (FERCSL) to form a core group to enhance capacity in ethics review in Ethics Review Committees of the Country.

**Specific objective 1.5: Network with outstation clinical societies and**

**a substantive part of Continuous Professional Development.** Discussions were held with professional colleges about presentations on ethics.

**Specific objective 3.2: Develop mechanisms to increase ethical funding of SLMA activities.** The committee will develop guidelines for advertisements

**ETHICS REVIEW COMMITTEE**

**associations to strengthen academic and professional links:** ERC has been providing advice and guidance for outstation ERCs when required.

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development:** ERC conducted workshops in provinces as CPD activities.

**Specific objective 4.4: Transmit the proceedings of scientific sessions of the SLMA on CD to public and private sector healthcare institutions and societies, especially in the outstations:** ERC has provided all relevant guidelines on Ethics Review Process and proceedings of the workshops conducted in electronic format to the participants of such workshops.

**Specific objective 6.1: Cultivate a research culture among medical doctors especially those in the outstations:** ERC members have been resource persons at outstation workshops on Ethics Review process. The workshops have been

at SLMA academic and social functions.

**Specific objective 7.2: SLMA to participate in short TV and radio programmes.** See 2.3 above.

**OTHER ACTIVITIES:**

The committee is working on producing a uniform Informed consent form.

conducted in Jaffna, Gall, Kandy and Anuradhapura.

**INFORMATION ON REVIEW OF RESEARCH PROPOSALS BY THE ERC:**

11 meetings were held from January to November 2012. Three (3) proposals submitted in 2011 that required clarifications/amendments and thirty three (33) new research proposals that were submitted were reviewed during this period.

28 projects were granted ethics approval, 2 were exempted from review and 3 were removed from agenda for not submitting required clarifications after repeated reminders. 1 proposal was not granted ethics approval.

**The details of projects granted approval:**

- 1. An observational study of the effects of an Ayurvedic herbal formulation (LinkGluconorm®) on glycaemic control and well-being in selected type 2 diabetes patients.**

*Professor Colvin Goonaratna, Registrar, CMCC, Ceylon Medical College Council, Faculty of Medicine, Kynsey Road, Colombo 8*

2. **Baseline survey to assess the nutrition status among children under 5 years old and pregnant and lactating mothers in the Northern Province.** *Dr Angela De Silva, Consultant for Sri Lanka Business Dev. Centre, Faculty of Medicine, University of Colombo*
3. **International diabetes federation life for a child database.** *Dr M A Wijesuriya, Honorary Director, National Diabetes Centre, No 50, Sarana Mawatha, Rajagiriya*
4. **Slowing the HIV epidemic by early detection of infection in Dental settings: studies in Sri Lanka.** *Dr A M I R Perera, No 964, Mahabage Road, Ragama*
5. **Functional disability among individuals with schizophrenia seeking care from clinic Based government mental health services in the Gampaha district; Magnitude and risk factors.** *Dr H M A D M Wijesekara, Dept. of Public Health, Faculty of Medicine, Thalagolla Road, Ragama*
6. **Mental disorders and associated resilience factors, life difficulties, cardio-metabolic risk factors among internally migrated ethnic Tamils: An epidemiological Study in Kotahena, Colombo.** *Dr V Murali, 87, ½, Unity Apartments, Hampden Lane, Colombo 6*
7. **Experience and perception of Public Health Midwives on involvement of lifestyle related disease control.** *Dr W M A U Jayatilleke, A5 1/1, Manning Town Housing Scheme, Colombo 8*
8. **Profile of the elderly encountered in General/ Family Practice.** *Dr R D N Sumanasekera, No 75, Cotta Road, Borella*
9. **Randomized, open-labeled, comparative study on efficacy and safety of itraconazole pulse therapy and terbinafine continuous therapy on non-dermatophyte onychomycosis.** *Dr Ranthilaka R. Ranawaka, No 310/4, Kulasiri Kumarage Mw., Katuwana, Homagama*
10. **Evaluation of the effect of Zinc supplementation on components of metabolic syndrome and body weight in obese adults.** *Dr K D R R Silva, Senior Lecturer, Dept of Applied Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka, Makandura*
11. **Diabetes care received by type 2 Diabetes mellitus patients in a medical ward: a descriptive study.** *Dr G N D Perera, Registrar in Medicine, 17/D, 3<sup>rd</sup> Lane, Ambillawatte Road, Boralesgamuwa*
12. **Investigation of heavy metals exposure to different professionals.** *Ms R M Harshani Kaushalya, 255/2, Ihalabiyawila, Kadawatha*
13. **Clinical and psychsocial characteristics of non-suicidal self-injury in persons presenting with deliberate self harm to a Base Hospital in Western province of Sri Lanka.** *Dr Himali P I Jayasekera, Consultant Psychiatrist, base Hospital, Wathupitiwala*
14. **Cardiovascular risk factors among ischaemic heart disease patients admitted to BH Kinniya.** *Dr S Jeevatharan, Consultant Physician, Base Hospital, Kinniya*
15. **Comparison of electronic indoor morbidity mortality reporting system and existing paper based indoor morbidity mortality reporting system.** *Dr N C Kariyawasam, No 100/14, Station Road, Gangodawila, Nugegoda*
16. **Developing social skills, communication skills & self confidence through drama, dance & yoga in patients with long term mental illness at NIMH, Angoda.** *Dr C Kapila Ranasinghe, Consultant Psychiatrist, NIMH, Angoda*
17. **Epidemiology of invasive infections caused by vancomycin sensitive and resistant enterococcal strains among oncology patients at the national Cancer Institute of Sri Lanka.** *Dr L S Athukorala, No 509, Temple Junction, Bellapitiya, Horana*
18. **Prevalence of *Clostridium difficile* associated diarrhoea among hospitalized patients at the National Cancer Institute of Sri Lanka, Maharagama.** *Dr CGUA Patabendige, 1E, Dhama Mawatha, Maharagama*
19. **Quality assurance of microscopic diagnosis of malaria by the private sector in the post conflict districts of Sri Lanka: Feasibility and implementation.** *Prof. SD Fernando, 23B, De Fonseka Road, Colombo 5*
20. **Effectiveness of an educational and technical skill development intervention on improving menstrual hygiene among adolescent school girls in the district of Kalutara.** *Dr WMPA Fernando, No 24, Egodaunya, Moratuwa*
21. **Assessment of level of satisfaction of mothers attending antenatal clinics of Hanwella – medical officer of health area.** *Dr Sathira Kasun Perera, Additional Medical Officer of Health, Hanwella, 375, Embaraluwa South, Weliveriya*
22. **Health state valuation using generic and disease specific multiattribute utility instruments in a**

- selected Sri Lankan population.** *Dr Sanjeewa Kularatna, 45, Temple Road, Maharagama*
23. **A study of electronic health information management system (eHIMS) projects in selected curative sector government institutions in Sri Lanka between years 2002 to 2012.** *Dr R A Culas, 43/B, Maradana Road, Hendala, Wattala*
24. **On-table clinical assessment under anaesthesia to decide on the route of hysterectomy for benign uterine pathologies: developing and validating a clinical assessment tool.** *Dr M H H Fernando, 153/3, Indurudisi Mawatha, Katukurunda, Moratuwa*
25. **A descriptive analysis of the dermatological conditions presenting to a Dermatology Clinic in the Teaching Hospital, Kegalle, Sri Lanka.** *Dr D M Munasingha, Walawatta, Ranwala, Kegalle*
26. **Assessing the maternal and child risk factors associated with overweight and obesity among preschool children a case control study.** *Ms K M Rathnayake, Senior Lecturer, Dept of Applied Nutrition, Wayamba University of Sri Lanka*
27. **Analysis of Workplace Stress in Doctors in Kegalle Health Region.** *Dr*

*K C R Pelapolwatte, ENT Surgeon, Base Hospital, Mawanella*

28. **Sex work and Violence: Understanding Factors for Safety and Protection.** *Ms Nilu Abeyaratne, Centre for Ethnic Studies, 765, 1st Lane, Kandahenawatte Road, Depanama, Pannipitiya*

**Following proposals fell into the exempt category were approved by the committee:**

- Relationship between prolonged rupture of membranes and neonatal sepsis (Retrospective case control study).** *Dr Shakila Nanayakkara, Consultant Paediatrician, Castle Street Hospital for Women, Colombo 8*
- Review of the post graduate training in medical administration.** *Dr Sarath Samarage, National Consultant, WHO, No 226, Baudhaloka Mawatha, Colombo 7*

**The following were NOT granted ethics approval:**

- A descriptive study on prevalence of gender based violence in female patients with psychiatric illness at the National Institute of Mental Health.** *Dr R A M V L Seneviratne, 11/4, 6A lane, Araliya Uyana, Depanama, Pannipitiya*

This proposal had several problems from the beginning, and the ERC was forced to inform the SLMA Council about various "improprieties". Therefore the ERC decided to request

the PI to submit the revised proposal to another ERC

**The following were removed from the agenda for not submitting required clarifications/ amendments despite repeated reminders:**

- WHO supported expert consultation in 9 countries entitled: Effective, affordable and evidence based dengue early warning and response systems: country case studies for sharing experiences.** *Prof. Axel Kroeger, Special Programme for Research and Training in Tropical Diseases, World Health organization, 20 Av Appia, CH-1211 Geneva 27, Switzerland*
- The prevalence of depressive disorder among newly diagnosed patients with type 2 diabetes.** *Dr SC Amarasinghe, 231/7, 4<sup>th</sup> Lane, Pahalawela Road, Pelawatta, Battaramulla*
- Facial Muscle Anatomy – based approach for Forensic Facial Reconstruction in Sri Lanka.** *Dr M Vidanapathirana, Dept. of Forensic Medicine, Faculty of Medical Sciences, University of Sri Jayawardenepura, Gangodawila, Nugegoda*

## HONOURS COMMITTEE

### Chairperson:

Prof. Vajira H. W. Dissanayake

### Secretary:

Dr Lasantha Malavige

### Members:

Dr BJC Perera

Dr Malik Fernando

Dr C. Thurairaja

Dr P Senanayake

The Honours Committee was appointed in April 2012 to administer the proposal made by Dr Malik Fernando to honour distinguished persons which was adopted by the Council in April 2012.

Several distinguished past presidents of the SLMA were honoured this year as follows:

- Dr S. Ramachandran – S. Ramachandran Oration awarded to an invited plenary lecturer at the SLMA Anniversary International Medical Congress. Established with

- a donation of Rs. 600,000 from the family of Dr Ramachandran.
2. Prof. Priyani Soysa - Honourary Life Membership
  3. Dr Chris Uragoda - Honourary Life Membership
  4. Dr A. T. W. P Jayawardena – Dr A. T. W. P Jayawardena Fund to award an annual research grant in intensive and critical care. Established with a donation of Rs. 1 million made by the family of Dr Jayawardena.
  5. Prof. Wilfred Perera – Prof. Wilfred Perera Fund to award an annual travel grant in bioethics. Established with a donation of Rs. 1 million made by Prof. Wilfred Perera.

Lady doctors who have made an enormous contribution uplift the medical profession and improve healthcare in Sri Lanka were honoured at a

- simple ceremony held at the Lionel Memorial Auditorium at the Wijerama House on 8 March 2012, the International Women’s Day. They were:
1. Prof. Priyani Soysa (President, Paediatric Association (73/74), SLMA (89), College of Physicians (92))
  2. Dr Stella De Silva [President, SLMA (81/82)].
  3. Dr Premini Amerasinghe [President, College of Radiologists (86/87)]
  4. Prof. Lalitha Mendis [President, College of Microbiologists (87/88), SLMA (2008)]
  5. Prof. Leela De A. Karunarathne [President, College of General Practitioners of Sri Lanka (89/91)]
  6. Dr Selvi Perera [President, College of Physicians (92)]
  7. Dr U. Weerasinghe [President, College of Radiologists (95/96)]

8. Prof. Dulitha Fernando [President, College of Community Physicians (95/97)]
9. Dr Benita Stephan [President, College of Ophthalmologists (95/96)]
10. Dr Malani De Silva [President, College of Community Physicians (98/99)]
11. Dr Nalini Withana [President, College of Microbiologists (99/00)]
12. Dr Maya Atapattu [President, College of Medical Administrators (99)]
13. Dr C. D. Jayaweera Bandara [President, College of Ophthalmologists (99/00)]
14. Prof. Anoja Fernando [President, SLMA (2001)]
15. Dr Suriyakanthie Amarasekara [President, SLMA (2006)]
16. Prof. Gita Fernando [President, SLMA (2007)]

## RESEARCH PROMOTION COMMITTEE

### Chairperson:

Prof. M M Ismail

### Secretary:

Dr B. Kumarendran

### Members:

Dr M C Weerasinghe

Prof. Lalitha Mendis

Dr A S Dissanayake

Dr Ruvaiz Haniffa

Dr M P Seneviratne

Dr N C Lokunarangoda

Prof. S D Dharmaratne

Dr S Prathapan

### CONTRIBUTION TO ACHIEVING SLMA

#### CORPORATE OBJECTIVES:

**Specific objective 1.1: Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and**

**societies:** Over 30 training programs were conducted for medical officers working in many hospitals in collaboration with Government Medical Association (GMOA) on research proposal writing.

**Specific objective 1.5: Network with outstation clinical societies and associations to strengthen academic and professional links:** See 1.1 above  
**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development:** See 1.1. above

### Specific objective 6.1:

**Cultivate a research culture among medical doctors especially those in the outstations:** See 1.1. above

### ACTIVITIES OF THE COMMITTEE:

The research promotion committee performed the following functions:

1. Evaluation of applications for the SLMA research grant and the SLMA/Glaxo Welcome Research Grant.
2. Evaluation of applications for the CNAPT Award and GR Handy Award.
3. Evaluation of oral and poster presentations at the SLMA Anniversary International Medical

Congress for award of prizes.

Two new research grants and a travel award have been established this year:

1. SLMA/FairMed Foundation research grants for neglected tropical diseases. The FairMed Foundation would award up to three grants annually under this scheme. The evaluation process will be administered by the SLMA.
2. Dr A.T.W.P. Jayawardena research grant in intensive and critical care. This award was established with a grant of Rs. 1,000,000 by the family of Dr Jayawardena.
3. Prof. Wilfred Perera Travel Award in Bioethics. Annually one or more travel awards will be made to members of Ethics Review Committees (ERC) in Sri Lanka recognised under the Strategic Initiative for Development of Capacity in Ethics Review (SIDCER) of the World Health Organisation (WHO), administered by the Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP),

to attend the annual FERCAP International Congress to represent their committees. This award was established with a grant of Rs. 1,000,000 by Prof. Wilfred Perera.

The committee provided technical assistance and resource persons to conducted a series of workshops on "Writing Research Proposals" throughout the country as a joint activity of the SLMA and the GMOA. Over 2500 doctorrs participated in these workshops. The workshops conducted were as follows:

1. Colombo - LRH  
23 January 2012
2. Matara GH  
1 February 2012
3. Wathupitiwela BH  
10 February 2012
4. Kalmunai BH  
16 February 2012
5. Homagama BH  
1 March 2012
6. Jaffna TH  
6 March 2012
7. Karapitiya TH  
8 March 2012
8. Trincomalee GH  
13 March 2012
9. Batticaloa TH  
27th March 2012
10. Ratnapura GH

- 29 March 2012
11. Avissawela BH  
2 April 2012
12. Vavuinya GH  
10 April 2012
13. Kalubovila TH  
8 May 2012
14. Kurunegala TH  
9 May 2012
15. Gampola BH  
23rd May 2012
16. Dambulla BH  
30 May 2012
17. Anuradhapura TH  
31 May 2012
18. Kegalle GH  
5 June 2012
19. Gampaha GH  
12 June 2012
20. Panadura BH  
21 June 2012
21. Matale GH  
27 June 2012
22. Kalutara GH  
7 August 2012
23. Badulla GH  
15 August 2012
24. Mahianganana BH  
16 August 2012
25. Nuwara-Eliya GH  
4 September 2012
26. Kilinochchi GH  
6 November 2012
27. Kurunegala RDHS office  
11 December 2012

## SRI LANKA CLINICAL TRIALS REGISTRY MANAGEMENT COMMITTEE

### Chairperson:

Prof. Colvin Goonaratna

### Secretary:

Dr Udaya Ranawaka

### Members:

Dr Ajith Mendis

Dr HRU Indrasiri

Dr Sunil Alwis

Prof. Jayantha Jayawardena

Dr Lasantha Malavige

Prof. Vajira HW Dissanayake

Dr Ruvaiz Haniffa

Dr Chandanie Wanigatunge

Dr Ashwini de Abrew

Prof. Gita Fernando

Dr Siva Selliah

Dr Lalini Rajapakse

Dr Piyusha Atapattu

Dr Manu Wimalachandra

Dr Shalini Sri Ranganathan

Prof. A Pathmeswaran

### CONTRIBUTION TO

### ACHIEVING SLMA

### CORPORATE OBJECTIVES:

**Specific objective 1.2: Take appropriate measures to enhance the corporate image of the SLMA.** The SLCTR, being one of the few Primary Clinical

Trial Registries worldwide attached to the WHO International Clinical Trials Registry Platform, has brought international recognition to the SLMA, and improved its visibility and corporate image.

**Specific objective 2.1: Further strengthen our links with the Ministry of Health.** The SLCTR works in close collaboration with the Ministry of Health. The DGHS and the Deputy Director General, Education for Training



and Research are ex-officio members of the SLCTR Committee

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development.**

The SLCTR has made several presentations on clinical trial registration in various scientific fora. They include: "Utilization of Clinical Trial Registry for Better Health Research" at the 12th FERCAP International Conference on Development, Ethnicity, Culture

and Ethical Health Research; "The Sri Lanka Clinical Trials Registry - a 5 year audit" at the Sri Lanka Medical Association 125th Anniversary International Medical Congress; "Awareness of clinical trial registration" at the Sri Lanka Medical Association 125th Anniversary International Medical Congress.

**ADDITIONAL INFORMATION ON ACTIVITIES OF THE COMMITTEE:**

1. Number of new trials registered in the Sri Lanka Clinical Trials Registry in 2012: Local- 9; International- 2

2. The Sri Lanka Clinical Trials Registry adopted a new logo which was launched at the Sri Lanka Medical Association 125th Anniversary International Medical Congress. Dr Wedika Karunarathne designed the winning logo following an island wide competition among health professionals in Sri Lanka.
3. An article on the SLCTR titled "The Sri Lanka Clinical Trials Registry – five years young, and growing" was published in the Ceylon Medical Journal

## EXPERT COMMITTEES

The Sri Lanka Medical Association has 14 standing committees. The reports provided by them produced below describe their activities in 2012.

### EXPERT COMMITTEE ON COMMUNICABLE DISEASES

**Chairperson:**

Professor Jennifer Perera

**Secretary:**

Dr Ranjith Perera

**Members:**

Dr Lucian Jayasuriya

Dr N.K.Gunawardana

Dr Risintha Premarathna

Dr Samitha Ginige

Dr Kalyani Guruge

Dr Ananda Wijewickrama

**CONTRIBUTION TO ACHIEVING SLMA CORPORATE OBJECTIVES:**

**Specific objective 1.4:**

**Develop a mechanism to respond rapidly to important current issues:** Communicable Diseases Committee organized the following symposia to educate doctors and general public when these topics became important current issues in 2012 1. Meningococcal infections in Sri Lanka. 2 Hospital acquired neonatal infections .

The fourth edition of the SLMA Guidelines and Information on Vaccines was ceremonially launched at the Annual General Meeting of the SLMA on 17 December 2011. On behalf of the Prof. Jennifer Perera, Chair of the SLMA Committee on Communicable Diseases, Dr Lucian Jayasuriya handed over the first copy to Prof. Sanath Lamabadusuriya, President SLMA. A free copy has been made available for all members. Additional copies are available for sale at the SLMA Office at Rs 300/- per copy.

**Specific objective 2.1: Further strengthen our links with the Ministry of Health:** A consultative meeting on "Control of rabies in Sri Lanka" was organized by the Communicable Diseases Committee and the following officials from the Ministry of Health also participated. 1. Deputy Director General

(Public health services) 2. Director, Public Health Veterinary Services.

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development:** See 1.4 and 2.1 above.

**Specific objective 4.1: Develop a news-sheet with up-to-date developments in medicine and allied health sciences to public and private sector healthcare institutions and societies:** Summary of presentations and recommendations of all symposia held were published in the SLMA Newsletter.

**Specific objective 8.2: Interact with professionals**

---

**allied to health care on issues related to health:**

The Communicable Diseases Committee organized a consultative meeting on

'Control of Rabies in Sri Lanka' on 19<sup>th</sup> July 2012, and representatives from the Department of Animal Production & Health,

Peradeniya and the Chief Municipal Veterinary Surgeon of the Colombo Municipal Council also participated.

## EXPERT COMMITTEE ON DISABILITY

**Chairperson:**

Dr Lalith Wijyaratne

**Secretary:**

Dr Harsha Gunasekara

**Members:**

Prof. Lalitha Mendis  
Dr Udaya Ranawaka  
Prof. Hemamali Perera  
Dr Aswini Fernando  
Dr Kalyani Guruge  
Dr Jithangi Wanigasinghe  
Dr Samanmali Sumanasena  
Prof. Hemamali Perera  
Dr Anil Dissanayake  
Dr Raja Thalgahagoda  
Dr Swarna Wijethunga  
Dr Deepthi Perera  
Dr Lilani Panangala  
Mr Ajith Kithsiri  
Mrs Sama Hemakanthi  
Mr Rohana Perera  
Dr Monica De Silva  
Dr Kumari Nawaratne

### CONTRIBUTION TO ACHIEVING SLMA

**CORPORATE OBJECTIVES:**

**Specific objective 1.1: Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and societies.**

- To provide advocacy to the Ministry of Health and other stakeholders on the need for improvement of services available for Persons with Disability (PwDs) in Sri Lanka.
- To make recommendations on improving the services available for PwDs in Sri Lanka.
- To make recommendations regarding revisions to existing laws and

legislations on disability and PwDs.

- To create awareness on disability and care of the PwDs.

**Specific objective 1.4: Develop a mechanism to respond rapidly to important current issues.** As in 2.1 below.

**Specific objective 1.5: Network with outstation clinical societies and associations to strengthen academic and professional links.** A common programme was formulated for the future regional meetings

**Specific objective 2.1: Further strengthen our links with the Ministry of Health.** A framework document of proposals titled "Disability in Sri Lanka" was presented to the Ministry of Health at the meeting convened by the Secretary to the Ministry of Health for Representatives of SLMA committees/working groups on 08/02/2012. Acting on the recommendations of this proposal, the Ministry of Health to formed a National steering Committee on Care for the Disabled which held its inaugural meeting on 19/04/2012 and will be meeting bimonthly.

**Specific objective 2.3: Make optimal use of the media to address curative and preventive healthcare services delivery to the people.** A symposium on Down's Syndrome was held on

21/03/2012 to create awareness.

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development.** The following were organized by the SLMA Working Group on Disability

- A lecture by Dr Tom Shakespeare, Technical Officer, WHO Division on Disability to mark the Launch of the WHO World Report on Disability on 29<sup>th</sup> May.
- A symposium on rehabilitation, a panel discussion based on videos of children with cerebral palsy, and a workshop on Botulinum Toxin and Combined management strategies by the overseas experts at the 125<sup>th</sup> Anniversary International Medical Congress.

**Specific objective 4.5: Influence policy makers to contribute to the dissemination of health information through allocation of resources.** WHO National Action Plan on Disability (NAPD) which was developed based on the framework document of proposals titled "Disability in Sri Lanka" was further discussed and finalized at a Workshop held at SLMA on 24/09/2012 with the

---

participation of Working Group Members and WHO. This will be launched on the International Day of The Disabled on 03/12/2012.

**Specific Objective 8.1:  
Encourage professional**

**development of professionals allied to health care.**

Physiotherapists, Occupational therapists and Speech and Language therapists were invited to join and has joined the Working Group this year.

**Specific Objective 8.2:  
Interact with professionals allied to health care on issues related to health**

As indicated in 8.1 above, they have participated regularly at the meetings.

**EXPERT COMMITTEE ON ERGONOMICS**

**Chairperson:**

Dr Kapila Jayaratne

**Secretary:**

Dr Chamaine De Silva

**Members:**

Prof. Manouri Senanayake

Dr Jithangi Wanigasinghe

Dr Rani Fernando

Dr Saranga Alahapperuma

Dr Buddhika Abeyrathne

Dr Chamara Senarathne

Dr Achala Jayathilake

Dr E.S.S. Rodrigo

Dr Nishan Siriwardena

Dr A.A.N. Nishad

Dr S.M. Arnold

Dr Diana Samarakkody

Dr Virgini Mallawarachchi

Dr Anura Jayasinghe

Dr Dimuth Peiris

Dr Jayaruwan Bandara

Dr Hemantha Wickramatillake

Dr Dhananjaya Waidyaratne

Dr Kalyani guruge

Dr Nishan Siriwardane

Dr John Abeysekera

Dr Inoka Suraweera

Dr Gayan Ekanayake

Dr L. Chandana

Dr Eshani Fernando

Dr Chandana Gajanayake

Dr Vijith De Silva

Dr Chathurani Sigera

Dr Amaranath Karunanayake

Dr Palitha Karunapema

Dr Chandana Jayasundara

Dr Diana Samarakkody

Dr Anura Jayasinghe

Dr Virgini Mallwarachchi

Dr MTM Riffsy

Dr Saman Pathirana

Dr Manjula Danansuriya

Dr Uthpala Amarasinghe

Sri Lanka Medical Association (SLMA), being the premier professional organization representing the medical community, took the initial step in promoting ergonomics in Sri Lanka by establishing an Expert Committee on Ergonomics with the objective of promoting ergonomics to medical community, general public and in healthcare settings. The first meeting was held on 24<sup>th</sup> August 2012.

Doctors from different fields; public health, bio-informatics, psychology, occupational health, injury prevention, lecturers, administrators, private health sector, media etc, participated at the initial meeting. Several working groups were introduced to formulate a roadmap for the activities of expert committee. This committee will focus on a health-led concerted effort considering the significance and applicability of ergonomics to healthcare professionals in Sri Lankan contexts.

**Objectives of SLMA Expert Committee on Ergonomics:**

1. To function as the umbrella body in promoting ergonomics
2. To map and collate evidence in ergonomics and health consequences
3. To synthesize and disseminate new knowledge on ergonomics

4. To advocate healthcare and other stakeholders in relevant sectors on issues related to ergonomics
5. To interface with national and provincial health professionals and other stakeholders (eg. other government bodies, INGOs) as appropriate to generate funds and to facilitate the implementation and adoption of ergonomic initiatives
6. To initiate and sustain activities both at national and sub-national level to expand ergonomics in health and relevant fields

The committee has set up several work groups to formulate activities in different areas:

- a. Ergonomics for Children
- b. Occupational Safety
- c. Computer Ergonomics
- d. Cognition, Physiological & Psychological
- e. Ergonomics in Healthcare Settings
- f. Accidents, Safety & Human Error
- g. Neurology -related
- h. Advocacy
- i. Media / Health Education

**ACTIVITIES SO FAR LAUNCHED:**

**Activity - 1 Media seminar to make public aware of ergonomics.**

We held a productive seminar with the participation of many media personnel. Our experts presented issues in different fields of ergonomics. So far several articles appeared in print media.

One expert appeared in "Mahajana Sewaya Pinisayi" on Swarnawahini TV on the topic of ergonomic schoolbag.

#### **Activity - 2 - Awareness meetings for bag manufacturers on healthy schoolbag**

Meeting with Sri Lanka Standards Institute to reactivate schoolbag standards.

We met Chairman - SLS, Mr. Kanchana Ratwatte in this regard and he was so positive. He made the direction to make all bag manufacturers aware of SLS standards on schoolbag by a series of workshops. Two workshops were held at SLS Auditorium with the participation of SLS experts, Education ministry officials and representatives of SLMAECE.

#### **Activity - 3 Introduction of helmet standards.**

Our experts have already prepared standards. A meeting was requested with Chairman - SLS. Expecting a response.

#### **Activity - 4 Computer ergonomics.**

The workgroup has already translated a "Stretch Break" – a healthy computing software in to Sinhalese and are working on an infographic to circulate in social media.

#### **Outcome:**

Sri Lanka is seen as a model developing country. In a context of rapid technology transfer, promotion of ergonomics both at macro and micro levels will undoubtedly contribute to economic and human development of a nation. The SLMA, being the apex medical organization in the country, will be a partner in promoting ergonomics.

### **EXPERT COMMITTEE ON HEALTH EQUITY**

#### **Chairperson:**

Saroj Jayasinghe

#### **Secretary:**

Vasthsala Jayasuriya

#### **Members:**

Dr I R Perera

Prof. Narada Warnasuriya

Prof. Colvin Goonaratna

Prof. Lalini Rajapakse

Dr Carukshi Arambepola

Prof. Diyanath Samarasinghe

Dr Palitha Abeykoon

Dr Pubudu de Silva

Dr Sarath Samarage

Dr Padmal de Silva

Dr Thilak Munasinghe

Dr Vinya Ariyaratne

Dr Mahesh Rajasuriya

Dr Thanya Pathirana

#### **CONTRIBUTION TO ACHIEVING SLMA**

#### **CORPORATE OBJECTIVES:**

**General Objective 7: Educate the public on health-related issues.**

1. Equity issues highlighted during Research Symposium on World Kidney Day 2012: Chronic Kidney Disease of Unknown

Aetiology (CKDu)

SOCIOECONOMIC IMPACT OF CKDu: A PRELIMINARY ANALYSIS. The discussions during this meeting led to activity 2.

2. Symposium on World Water Day (22 March 2012) "Safe Water for All in Sri Lanka: reiterating the 'health argument' to provide safe water to the rural poor" This led to activity 4. The topic was also highlighted in a subsequent issue of SLMA News (written by Dr Thanya Pathirana)
3. SLMA 125<sup>th</sup> International Congress: Plenary Symposium on Financing Health Care in Sri Lanka 3 July 2012 where equity issues were highlighted
4. VP SLMA Dr Palitha Abeykoon participated in the Health Equity Symposium held during the APACPH conference 16 October 2012 in Colombo.

#### **Specific objective 8.2:**

**Interact with professionals allied to health care on issues related to health.** All activities listed had participation by experts from other disciplines and sectors

#### **OTHER ACTIVITIES:**

Planned future activities:

1. Research Day on health equity to be held in early 2013
2. Meeting with Ministry officials to strengthen links between health and social service sectors to improve health outcomes especially among the poorer socio-economic groups affected chronic illnesses
3. Progress with work relating to equity issues of providing safe water to all
4. Collaborate with the Faculty of Medicine, Colombo to develop a web-based module on Health Equity and Social Determinants of Health

---

## EXPERT COMMITTEE ON HEALTH MANAGEMENT

**Chairperson:**

Dr Palitha Abeykoon

**Secretary:**

Dr Ruvaiz Haniffa

**Members:**

Dr Lucian Jayasuriya

Dr Lakshman Senanayake

Dr B Kumarendran

Dr K Dudley P Perera

Dr Sarath Samarasiri

Dr K C Shanty Dalpatadu

Dr Joel Fernando

Dr V Murali

Dr Rathnasiri A Hewage

Dr A D U Karunarathna

Dr S Sridharan

Dr Lal Panapitiya

Dr S M Samarage

Dr N W Vidyasagara

Dr Alan Ludowyke

Dr Dilantha

Dharmagunawardene

1. The Committee reviewed the following documents/issues referred to it by the Council and made recommendations where applicable;
  - a) *Revision of Norms for Medical Officers of Health Services in Sri Lanka*
  - b) *Registration of Foreign Qualified Specialists by Private Sector Hospitals*
  - c) *National Laboratory Act*
  - d) *Formation of Specialist Registry of Sri Lanka*
  - e) *Amendment to the Medical Ordinance*
  - f) *Consultative Meeting on the Introduction of Confidential Enquiries into Maternal Deaths to the National Maternal Mortality Surveillance System*
  - g) *Accreditation of Hospitals and Healthcare Providers*
2. Annual Career Guidance Seminar  
Above seminar was held on Sunday, 04<sup>th</sup> November

2012 at the Lionel Memorial Auditorium of the SLMA. The seminar was attended by 218 pre intern and junior medical officers. The seminar was inaugurated by Prof. Vajira HW Dissanayake, President SLMA. The Committee places on record its appreciation to all respective Colleges for their support in providing the resource persons for the seminar. The Committee extends its thanks to the following resource persons for making presentations at the seminar: The President SLMA, Dr Palitha Abeykoon Chairman Health Management Committee SLMA, Prof. Jayantha Jayawardene - PGIM, Representative of the Planning Unit, Ministry of Health, Dr Ananda Wijewickrema - Medicine and Finer Specialities, Dr Ruwan Senathilake - Private Sector, Prof. Ranil Fernando - Surgery, Venereology - Dr Jayadari Ranathunga, Paediatrics - Dr Pushpa Punchihewa, Psychiatry - Dr Gihan Abeywardena, Prof. Vajira H W Dissanayaka - Universities, Dr Madahava Karunaratne - Obstetrics and Gynaecology, Dr Jayantha Thambar- General Practice, Dr Dulani Beneragama - Pathology, Wing Commander A N Hewagama, Medical Administration - Dr N E L W Jayasekera, Dr Susie Perera - Community Medicine, Dr D L Waidyaratne - Forensic Medicine, Microbiology- Dr Roshan Jayasuriya, Anaesthesiology - Dr Kumuduni Ranatunga, Radiology - Dr Subhashini

Samaraweera, Ophthalmology- Dr Madhuwanthi Dissanayake, Otorhinolaryngology - Dr Shantha Perera.

3. The Committee convened a special committee meeting to discuss the delay in publication of the Annual Health Bulletin of the Ministry of Health. The Director Health Information, Dr S R U Wimalaratne and Deputy Director Medical Statistic Unit, Ministry of Health Mrs Indu Bandara made presentations. Based on the presentations the committee prepared a report which was sent to the SLMA Council for follow up action.
4. Based on a request received from Dr S Sridharan the committee initiated a session on Research on Healthcare Quality during 2012 Foundation Sessions. The committee thanks Dr S Sridharan, Director, Healthcare Quality and Safety, Ministry of Health
5. The Committee in collaboration with the College of Medical Administrators of Sri Lanka organized a seminar on Economics of Healthcare in Sri Lanka on Wednesday 21<sup>st</sup> November 2012 at the SLMA. The committee thanks the Dr N E L W Jayasekera, President, College of Medical Administrators of Sri Lanka and the Council of the College for its collaboration. The Committee thanks following resource persons for their valuable contribution at the seminar. Dr Palitha Abeykoon - Chairman, Health

---

Management Committee, Dr Anuradhini Kasturiratne, Senior Lecturer, Faculty of Medicine, University of Kelaniya, Dr Palitha Mahipala - Additional Secretary, Ministry of Health, Dr Amal Harsha De Silva – PDHS, Western Province, Dr Ravi Ranani- Eliya- Executive Director &

Fellow, Institute of Health Policy.  
Panelists - Mr Ranel T Wijesingha – International Management Consultant and Founder, The Thought Leadership Forum, Dr Joel Fernando-Member, Health Management Committee, SLMA.

6. The Committee in collaboration with the College of Medical Administrators of Sri Lanka organized a seminar on Human Resources for Health on Friday 21<sup>st</sup> December 2012 at Hotel Janaki, Colombo.

## EXPERT COMMITTEE ON HERBAL MEDICINE

### Chairperson

Prof. Sanath Lamabadusuriya

### Secretary

Dr B. Kumarendran

### Members

Prof. Rohini Fernandopulle

Prof. Tuley de Silva

Prof. A.M.Abeysekera

Prof. Narada Warnasuriya

Dr Lakshmi Arambawela

Prof. Arjuna Alluwihare

Dr Hemantha Beneragama

Dr A Laksman Jayawardena

Dr R A Jayasinghe

Dr Swarna Hapuarachchi

Prof. Ira Thabrew

Dr Kalyani Guruge

Prof. Jennifer Perera

Dr Chamara Senaratna

Dr Chintha Abayawardana

Dr W P H Abeydeera

Dr Prasanna Galhena,

Dr Pushpa Weerasinghe

Dr Danister L. Perera

Dr Kamal Perera

Dr Karanagoda

Dr Senaka Pilapitiya

Dr Rani Fernando

Ms. Indunil Athukoralage

Dr Sirimal Premakumara

Dr Palitha Serasinghe

Prof. J.S.Edirisinghe

### CONTRIBUTION TO

### ACHIEVING SLMA

### CORPORATE OBJECTIVES:

#### Specific objective 1.4:

**Develop a mechanism to respond rapidly to important current issues.** The Committee was able to establish an expert group in herbal medicine in the backdrop of increasing availability of herbal products in the country.

### Specific objective 1.5:

**Network with outstation clinical societies and associations to strengthen academic and professional links.** Established professional linkage between Institute of Indigenous Medicine and Gampaha Wickremaarachchi Ayurveda Institute.

### Specific objective 8.2:

**Interact with professionals allied to health care on issues related to health.**

The committee includes many professionals allied to healthcare such as Bio-chemists, Chemists, Pharmacists and Ayurvedic physicians.

## EXPERT COMMITTEE ON MEDICINAL DRUGS

### Chairperson:

Prof. Gita Fernando

### Secretary:

Dr Chandanie Wanigatunge

### Members:

Dr Pradeepa Jayawardane

Dr Lucian Jayasuriya

Dr Maxie Fernandopulle

Dr Sarath Gamini de Silva

Dr Priyadarshani Galappatthy

Dr Srimathi Jayaratne

Mr Shalutha Athauda

Ms Chinta Abeywardane

Prof. Tuley de Silva

Dr Manuj Weerasinghe

Mr Vish Govindasamy (Rep SLCPI)

### CONTRIBUTION TO

### ACHIEVING SLMA

### CORPORATE OBJECTIVES:

#### Specific objective 1.4:

**Develop a mechanism to respond rapidly to important current issues:** The committee nominated members to the Committee at the Ministry of Health to improve Rational use of Antibiotics. This committee was involved with drafting

antibiotic guidelines for primary care practitioners.

### Specific objective 1.5:

**Network with outstation clinical societies and associations to strengthen academic and professional links:** The committee has been involved with the Association of Pharmacists to improve correct dispensing of medicinal drugs

**Specific objective 2.1: Further strengthen our links with the Ministry of Health:** Committee

---

members have been involved with the preparations of amendments to the CDDA Act.

**Specific objective 2.3: Make optimal use of the media to address curative and**

**preventive healthcare services delivery to the people:** Patient information articles on commonly prescribed medicines were published in newspapers.

**Specific Objective 8.1: Encourage professional development of professionals allied to health care.** Conducted lectures for Pharmacists.

## EXPERT COMMITTEE ON MEDICAL EDUCATION

**Chairperson:**

Dr Narada Warnasuriya

**Secretary:**

Dr Indika Karunathilake

**Members:**

Prof. Nilanthi De Silva

Prof. P.T. Jayawickramarajah

Dr Rohana Marasinghe

Dr Kosala Marambe

Dr Gominda Ponnampereuma

Dr Ashwini De Abrew

During the year 2012, Medical Education Committee has organised two seminars on timely topics related to medical Education, Private medical

education and postgraduate medical education.

The seminar on Private Medical Education in Sri Lanka was held on 3rd May 2012 at the Lionel Memorial Auditorium. The seminar was chaired by Dr Narada Warnasuriya, Chairperson, Medical Education Committee, SLMA. The seminar was well attended by and participants included key stakeholders including SLMA, SLMC, GMOA, Ministry of Health, Ministry of Education, medical students and private sector.

The Lunch Time Panel Discussion on Postgraduate Medical Education was held on 3rd July 2012 during the SLMA Annual Conference. The session was chaired by Dr Narada Warnasuriya, Chairperson, SLMA Medical Education Committee. The panelists were Vidyajyothi Professor Lalitha Mendis, Prof. P.T. Jayawickramarajah and Dr Palitha Abeykoon. During both activities, several areas for follow-up were identified.

## EXPERT COMMITTEE ON NON COMMUNICABLE DISEASES

**Chairperson:**

Prof. Chandrika Wijeyaratne

**Secretary:**

Dr Carukshi Arambepola

**Members:**

Dr Anil Dissanayake

Dr Angela de Silva

Dr Anura Jayasinghe

Dr Asanka Jayawardane

Dr Damayanthi Perera

Dr Dilhar Samaraweera

Prof. Diyanath Samarasinghe

Dr Vinya Ariyaratne (up to October)

Dr Susie Perera

Dr Jayanthimala Jayawardena

Dr K Chandrasekher

Dr Lanka Jayasuriya

Dissanayake

Dr Maduwanthi Dissanayake

Dr Mahen Wijesuriya

Dr Nadeeka Chandraratne

Dr Neelamani Paranagama

Dr Nirmala Wijekoon

Dr Padma Gunaratne

Dr Palitha Karunapema

Dr Prasad Katulanda

Dr Ranil de Silva

Prof. Ravindra Fernando

Dr Renuka Silva

Dr Shantha de Silva

Dr Shanthi Gunawardena

Dr Shiromi Maduwage

Dr Suraj Perera

Dr Surendirankumar

Dr Suresh Shanmuganathan

Dr Thalatha Liyanage

Dr Uditha Bulugahapitiya

Dr Virginie Mallawarachchi

**CONTRIBUTION TO ACHIEVING SLMA**

**CORPORATE OBJECTIVES:**

**General Objective 1: Enhance the capacity as the apex professional and scientific organization of all categories of medical doctors as defined**

**in the constitution of the SLMA.**

- Funding was provided by the NIROGI Lanka Project to the SLMA for a project bag with all outputs to all registrants of SLMA sessions 2012 (amounting to 1.9 million rupees)
- Technical and financial support was given to the hitherto largest medical conference held in Sri Lanka – the APACPH 2012 conference by providing printing of in-house education material on NCD, NIROGI Lanka stall and conference baggage (Rs. 1 million).
- A letter showing interest in collaborative work with the CCPSL was sent. As a follow-up, an interactive nutrition

- session was hosted in collaboration with the NIROGI Lanka Health Promotion component at the 'Healthfest' public exhibition organised by the CCPSL on 17 November at Viharamaha devi park.
- Financial support (Rs. 30,000) was given to the College of Community Physicians of Sri Lanka (CCPSL) for the analysis of sugar content in commonly used sugar-sweetened beverages in Sri Lanka.
  - Logistic support was provided by the committee for organizing the following activities to commemorate the World Stroke Day 2012:
    - Training programme on stroke rehabilitation for Doctors in Western Province on 6 November organised by the National Stroke Association of Sri Lanka
    - Media conference on 6 November in collaboration with the Ministry of Health and National Stroke Association of Sri Lanka
    - Book launch ("Stroke Care", "*Agatha Sathkara*" and Tamil translation) on 29 October at the SLMA auditorium
  - Chairperson NCD was invited to disseminate 'Lessons learnt from NIROGI Lanka project' and on issues related to the prevention and control of diabetes and cardiovascular diseases in Sri Lanka by
    - SLMA regional meetings (Jaffna, Galle, Kandy, etc.)
    - Organization of Professional Organizations (OPA)

- Institute of Chartered Accountants
- Rotary club of Colombo
- Sri Lanka Dental Association

**General Objective 2: Play an advocacy role towards comprehensive curative and preventive health services for the people of Sri Lanka.**

- The following activities related to establishment of geriatric care in Sri Lanka were initiated:
  - The concept paper on establishing geriatrics care in Sri Lanka was further revised during this year by the committee members and some foreign experts in geriatrics care. The latest version proposes the infra-structure and, two new cadre positions in the Ministry of Health for a trained social worker and a health care assistant to assist experienced nurses and physiotherapists in ward-based geriatric care. A pilot project with a multi-disciplinary team led by a visiting physician for providing geriatric care in under-utilized district hospitals is under way.
  - Dr Shiromi Maduwage was invited to the committee as an expert in community geriatrics.
  - The proposed pilot project was presented at the Foundation Sessions of the Ceylon College of Physicians.
- A proposal seeking support for establishing chronic pain clinics as part of the national NCD programme was presented to the committee by Dr R Jayamaha

(Consultant Physician/Badulla). A detailed proposal is being drafted to be presented to the Ministry of Health. The proposal would highlight the concept of multi-disciplinary teams, proper guidelines for management and adequate drugs instead of restricting the services to only one discipline.

- The NCD committee was identified as a partner in the development of National Cancer Prevention & Control policy. Prof. Wijeratne attended the workshop held to finalize the draft policy.
- A letter through SLMA President was sent to the Food Advisory Committee of the Ministry of Health, requesting for an evaluation of health and nutritional claims of frequently advertised food/drink items that are likely to have inconclusive evidence for their claims.

**General Objective 3: Disseminate state-of the art knowledge, clinical practice, technology and emerging concepts in medical sciences among medical professionals.**

- 'Research Update on Stroke' was organized as a joint activity with Section A of the Sri Lanka Association for the Advancement of Science (SLAAS) on 3 August at the NHSL auditorium. Resource persons were Specialist Neurologists: Drs. Senaka Bandusena, Udaya Ranawaka and Thashi Chang. It was well-attended by approximately 200 Consultants, Postgraduate trainees and medical officers.



- A workshop was conducted on 5 July at the SLMA Annual Sessions targeting 175 medical officers and administrators (PDHS, hospital directors, MOH, MO/NCD) and 20 GP on 'Initiating workplaces free of NCD'. Symposium was followed by a brainstorming session and a workshop. Funding was provided by the NIROGI Lanka Project and follow-up action was initiated where some participants accessed the organizers with proposals to establish healthy workplaces.
- A ceremony was held on 19 September at Taj Samudra hotel to witness the official handing over of deliverables of the NIROGI Lanka project to the Ministry of Health. Hon. Deputy Minister of Health, officials from the MoH, Ms. Hanne Strangaard (Project Coordinator of the World Diabetes Foundation), WHO representatives and media personnel were in attendance. Adoption of the project as a low cost model in the prevention and control of diabetes in Sri Lanka was demonstrated at this meeting. Copies of all education material developed by the project (books, leaflets, DVD clips) were handed over to the Minister.
- Ms. Hanne Strangaard (Project Coordinator of the World Diabetes Foundation) visited the project site during the final evaluation of the project. The team was commended for achieving the expected outcomes and targets within the stipulated time. Achievements were well

beyond the expectations of the WDF.

- Evaluation of third component (Health Promotion) was complete and presented to the WDF. The other two components are under review.
- The new project on NIROGI Paada, Maatha and Diviya was launched in September. The new Secretary of Health was briefed on the achievements made in the NIROGI Lanka project. He pledged support in its adoption by the Ministry of Health and met with Hanne Strangaard of WDF on her site visit

**General Objective 4: Provide opportunities for continuous professional development with particular emphasis on the National CPD programme.**

- Half a day workshop 'Living to the end: palliative care for an ageing population' was organised jointly with the National Cancer Control Programme to commemorate the World Palliative Care Day on 12 October at the SLMA auditorium. Drs. D Samaraweera S Shanmuganathan represented the NCD committee as guest speakers.

**General Objective 5: Educate the public on health-related issues.**

- Half a day outdoor workshop on 'Home gardening made easy' was organised on 20 July in collaboration with Section A, SLAAS as a follow-up activity of the workshop held last year on 'Nutrition through lifecycle' that was

sponsored in collaboration with the UNICEF and SLAAS.

- In commemoration of the 'Elders week' (17-20 October), a media conference was held on 30 October at the SLMA auditorium to promote awareness on community-based elderly care. Approximately 40 media personnel participated at this event. The resource persons were Prof. C Wijeyaratne and Drs. S Maduwage, D Samaraweera and C Vitharana.
- World Diabetes Day 2012 was commemorated in collaboration with several stakeholders.
  - Island wide programmes organized on 14 November at institution level under the leadership of Niropi Lanka trained DENOs attached to each of these hospitals that included special activities held in November at NHSL; De Soysa and Castle street Hospitals and DRU of Faculty of Medicine with the participation by invitation of NCD Committee
  - An interactive educational stall for adults and children on prevention and control of diabetes at the Diyawanna recreation centre on 14 November
- An advocacy programme was held on 28 November at the Elderly Day Care Center in Kalutara, where both youth and elders interacted in the same forum. Elders acted as resource persons for the youth group.
- The NCD committee in collaboration with the

National Cancer Control Programme, Zonta Club Golden Z Circle of University of Colombo, MOH office of Kotte, NIROGI Lanka Project and Mithuruwela Cancer Support Network conducted an awareness programme on breast cancer and an early detection clinic to commemorate the World Breast Cancer Awareness Month in October.

### **NIROGI Lanka Project**

Following are the key achievements of the project:

#### **Component I (National programme for capacity building in diabetes care by establishing a pioneer cohort of 'diabetes educators')**

- The following personnel were trained in diabetes care:  
279 Diabetes Educator Nursing Officers (DENOs) from 124 Government hospitals  
64 Diabetes Educators (DEs) from Private hospitals  
75 Health Education Nurses (HENOs)
- Course material used for training was developed in house.
- Diabetes Nurses Day' was declared on 21 September to appreciate the work of DENO in hospitals and to provide them an opportunity to showcase their achievements within the hospital. Several activities were organized on this day at the SLMA auditorium. Ms. Strangaard commended the DENO on their progress over three years.

- A training programme to update the knowledge and skill development on management of diabetes and complications was organised for Medical Officers in collaboration with the GMOA.
- A handbook for doctors on diabetes care was developed and distributed at the training. To conduct CME programmes for doctors mainly targeting MO/NCD

#### **Component II (Improving quality of diabetes care through the development of a health care model of tertiary-primary care partnership to be initiated in the City of Colombo)**

- Development of an in house case-based novel training module for Primary Care doctors by GPs
- No. trained doctors = 188 (119 Medical Officers and 69 GPs trained from the Western Province)
- No. clinics established/strengthened = 6 provincial clinics (3 peripheral units and 3 central dispensaries)
- No. patients treated through established clinics = 87,480
- No. Technicians trained = 12
- No of awareness camps held = 526
- No of people screened for Diabetes = 27,986
- No of people detected with Diabetes = 3889 (13.9%)

#### **Component III (Prevent Type 2 Diabetes & CVD by empowering the public through activities that encourage community and family participation in a**

#### **defined area of Suburban area of Colombo)**

- Expansion of health promotion settings from 28 primary settings to 133 secondary and tertiary settings (101 settings functional up to date: 84 community settings; 14 work places; 4 schools)
- Expansion of the no. of participants from 500 to 6583 individuals (4962 remain actively in the programme).
- As evidenced by the evaluation done on the health promotion programme of component 3, the overall functionality was satisfactory. A substantial amount of positive changes in individuals and their families mainly in the areas of diet and activity is noted.
- Several health education material such as booklets, leaflets and posters were developed to be distributed among the participants.
- An interactive exhibition kit, food pyramid, quiz, flip charts and buffet table were developed for education on diabetes.
- A book on Health Promotion was written by Prof. Diyanath Samarasinghe as a guideline for trainers in health promotion. The book was sponsored by the NIROGI Lanka project and was disseminated by the Health Education Bureau.
- In an independent evaluation, the functionality, perception of the change in behaviour of individuals and their families, knowledge on NCD and risk factors, underlying factors that determine behaviour and transfer of

---

skills of motivation were assessed based on secondary data available

with the trainers, a cross-sectional study, in-depth

interviews and focus group discussions.

## EXPERT COMMITTEE ON ROAD TRAFFIC ACCIDENT PREVENTION

### Chairperson:

Prof. A H Sheriffdeen

### Secretary:

Dr C M Asela Anthony

### Members:

Ms Fathima Razik Cader

Eng. B A Azhar

Dr R T Nanayakkara

Mr Edward Ahangama

Dr (Mrs). W G N Fonseka

Prof. Manouri Senanayake

Mr A W Dissanayake

Mr S A Premaratne

Dr D M S Handagala

Mr W D A Dhananjaya

Mr D Ganesan

Dr G R W Godakumbura

Mr Asoka Wijethilake

Dr W M A U Jayatilleke

This committee comprises of doctors as well as non medical

persons who represent other institutions such as the police, the city coroner, Ministry of transport, Ministry of Highways, media, safety engineers and advisors to the ministry of transport. This forum has provided advocacy and guidance to these institutions with respect to medical and human aspect of preventing accidents. Also this committee was represented by Prof. Sheriffdeen at the Parliamentary select committee on prevention of accidents.

The School Accident prevention program which was started last year was continued this year as well. As this activity was restricted to Colombo schools,

it was decided to produce a CD incorporating these school accident prevention lectures to be distributed to the whole island. This was the brain child of Prof. Sheriffdeen. A booklet is also printed in all three languages with instructions on how to do the presentation. The production of the CD and the booklet is complete. This will be launched next year.

At the 125<sup>th</sup> Anniversary International Medical Congress a symposium was conducted under the theme "Reducing morbidity and mortality from road traffic accidents".

## EXPERT COMMITTEE ON SNAKE BITE

### Chairperson:

Prof. S A M Kularatne – from February 2012

### Secretary:

Dr Malik Fernando

### Members:

Dr Indika Gawarammana

Dr Christo Fernando

Prof. Deepika Fernando

Mr. Anslem de Silva

Dr Vinya Ariyaratne

Dr Dr M. K. Ragunathan

Dr Ariarane Gnanathanasan

Dr Dennis Aloysius

Dr S. Sivansuthan (from April)

Dr Dineshan Ranasinghe

Dr Namal Rathnayake

**Members currently overseas but corresponding by e-mail:**

Dr Kolitha Sellahewa (resigned as Chairman in January)

Dr Kalana Maduwage

Dr Shantha de Silva

### CONTRIBUTION TO ACHIEVING SLMA

#### CORPORATE OBJECTIVES:

##### Specific objective 3.1:

**Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development**

1. Guidelines for Management

of Snakebite in Hospital

2. Snakebite Management

Hotline

3. Snakes, Snakebite and

management: Updated

publication (CMJ)

[See under any other comments for details]

#### ACTIVITIES OF THE COMMITTEE:

The meetings of the committee have not been regular due to

difficulties in the Chairmen taking time off from their academic and clinical duties. The same has been true of other members. However, four meetings were held during 2012. Many of the members kept in touch through e-mail and commented on the minutes; regrettably, some were completely silent.

The following were accomplished:

1. **Guidelines for Management of Snakebite in Hospital:** The Guidelines are being revised. Revised text has been agreed and is now being formatted in a new colour scheme. Recommendations on prophylaxis prior to AVS

administration has been included.

2. **Snakebite Management Hotline:** Has been updated with current service providers: - Prof. SAM Kularatne, Prof. Ariarane Gnanathan, Dr M. K. Rangunathan, Dr Suresh Mendis, Dr Udaya de Silva (paediatric bites), Dr S.

Sivansuthan (bites in Jaffna). Disseminated through the Newsletter.

3. **Snakes, Snakebite and management: Updated publication (CMJ):** It was decided to plan for a comprehensive publication to be published in 2013 – 30 years after the initial publication. Hopefully this

can be done as a special issue of the CMJ.

4. Efforts need to be redoubled to initiate teleconferencing (using SKYPE) to enable participation of members away from Colombo, else it will not be possible to function adequately.

## EXPERT COMMITTEE ON TOBACCO AND ALCOHOL

### Chairperson:

Prof. Narada Warnsuriya

### Secretary:

Dr Manoj Fernando

### Members:

Dr Hemantha Amarasinghe

Dr Nadeeka Chandraratne

Prof. Ravindra Fernando

Dr Sameera Hewage

Dr Sajeeva Ranaweera

Dr Mahesh Rajasuriya

Dr Nayani Suriyarachchi

### CONTRIBUTION TO

### ACHIEVING SLMA

### CORPORATE OBJECTIVES:

#### Specific objective 1.2: Take appropriate measures to enhance the corporate image of the SLMA:

The Committee has held many trainings and workshops for several sectors during the year in many parts of the country. These are described under other headings. The image of SLMA as an impartial, professional and technical agency was specifically promoted during these activities.

#### Specific objective 1.5:

#### Network with outstation clinical societies and associations to strengthen academic and professional links.

The Committee conducted a symposium on Tobacco and Alcohol use during the SLMA Foundation Sessions held in Batticaloa. A

presentation on issues related to smokeless tobacco was made at the SLMA Regional Summit on NCDs in Galle.

**Specific objective 7.2: SLMA to participate in short TV and radio programmes.** Members of the Committee have participated in two live television discussions during the year. The first was on issues related to tobacco control and the second was on alcohol. Each programme was approximately of two hours duration and broadcast on Rupavahini. We were informed that there were approximately 150,000 viewers for each programme.

#### Specific objective 8.2: Interact with professionals allied to health care on issues related to health.

The Committee conducted a training workshop on community level tobacco and alcohol demand reduction for all the PHIs in the district of Colombo, who work for the Provincial Ministry of Health.

### ACTIVITIES OF THE COMMITTEE:

#### Community level interventions:

The Committee is currently involved as the main technical partner in a government – nongovernmental initiative to

implement effective community level action in underserved settlements in Colombo. This programme is now active in around 140 such settlements. The agencies involved are NATA, Colombo Municipality (CMC), National Dangerous Drugs Control Board (NDDCB) the Urban Settlement Development Authority (USDA), Samurdhi Authority, Alcohol and Drug Information Centre and Sri Lanka Sumithrayo. The Committee was involved in the development of the overall implementation strategy and provided training for around 120 field workers of USDA, CMC, NDDCB and Samdurdi Authority for this purpose. Technical guidance on monitoring and evaluation is provided for this programme by the committee through a technical steering committee.

**Education Sector activities:** This year, the Ministry of Education initiated a formal process of institutionalizing drug and alcohol demand reduction in the education system on the request of this Committee. A meeting was convened with other agencies involved in drug and alcohol related work such as NATA, NDDCB, Departments of Excise and Police, and Alcohol and Drug Information Centre for this purpose. The Minister of

---

Education and the Secretary, Ministry of Education also participated at this meeting. The Committee outlined the technical requirements of an effective and sustainable programme for reducing demand for drugs and alcohol in school children. It was decided that a manual for teachers to be developed and a programme to be implemented in selected schools, as a first step. The committee supported the development of the outline of this manual. This process is ongoing.

The Committee, in collaboration with the National Drug Policy Operations Unit, Government of Sri Lanka, conducted technical trainings on drugs and alcohol demand reduction in school environments for student teachers of 11 of the 18 National Colleges of Education, in both English and Sinhala mediums during 2012. During this process over 1,000 student teachers were trained to carry out technically sound and sustained drugs and alcohol demand reduction activities in schools. Steps are being taken to make this an annual training

to ensure each batch leaving the Colleges is trained.

**One-off activities:**

The Monthly Clinical Meeting in January 2012 focusing on health effects of oral tobacco was organised by the committee.

Members of the Committee were involved in the processes of identifying research priorities on alcohol, for implementation by the United Nations International Children's Fund (UNICEF) for 2012 -2013.

### EXPERT COMMITTEE ON TRADE SERVICES

**Chairperson:**

Dr Malik Fernando

**Secretary:**

Dr Manuj Weerasingha

**Members:**

Dr Palitha Abeykoon

Dr Ruvaiz Haniffa

Prof. Vajira H. W. Dissanayake

The committee met with the Director General of Commerce

to discuss about the regional trade services agreements and their impact on the health sector. Consultative Meeting on "Trade Services Agreements - CEPA/SATIS" was organised by the Committee with the participation of all professional medical and dental colleges, associations and trade unions and the Department of

Commerce. 28 August 2012. Following this consultation an assurance was given by the Department of Commerce that health services would not be opened up under these agreements without the concurrence of the medical professionals.

### EXPERT COMMITTEE ON WOMEN'S HEALTH

**Chairperson:**

Dr Vathsala Jayasuriya

**Secretary:**

Dr Shamini Prathapan

**Members:**

Prof. Jennifer Perera

Prof. Chandrika Wijeyaratne

Dr Arulanandem

Dr Nadeeka Chandrarathne

Dr Angela De Silva

Dr Dinithi Fernando

Dr Rani Fernando

Dr Sharaine Fernando

Dr Sampatha Goonawardena Dr

Shalini Sri Ranganathan

Dr Sudharshini Wasalathanthri

Dr Nalika Gunawardena

Dr Aruni Hapangama

Dr Bimalka Seneviratne

Dr Hasini Banneheke

Dr Lakshmen Senanayake

Dr N. Fernando

**CONTRIBUTION TO**

**ACHIEVING SLMA**

**CORPORATE OBJECTIVES:**

**Specific objective 1.1: Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and societies.** The WHC attempted to strengthen its collaborations with other relevant organisations and colleges in matters related to women's health. This included the Family Health bureau and the Health Education Bureau of the

Ministry of Health, Faculties of Medicine, College of physicians, World Health Organisation, and non-governmental organisations such as Zonta and FPA.

1. The project on prevention of Gender Based Violence at Maligawatta slum area, was a joined project with the Golden Z/Zonta club I. The aim of the project was to sensitize the Public Health Inspectors on GBV.
2. As a consensus group, the WHC and the Ceylon College of Physicians had a joint symposium on post menopausal osteoporosis.

3. A joint project with the Zonta on screening was performed for the children's day.
4. Core curriculum on GBV for medical undergraduates - A core curriculum workshop was held on the 2<sup>nd</sup> of November 2012. The workshop consists of academics interested in this issue from the field of Community Medicine, Medical Education, Forensic Medicine and Obstetrics and Gynaecology from all Universities in Sri Lanka and Consultants from the Family Health Bureau, and Obstetricians from the Ministry of Health.

**Specific objective 1.2: Take appropriate measures to enhance the corporate image of the SLMA.**

1. The WHC took part in the International Women's day celebrations held on the 8<sup>th</sup> of March 2012, at the Lionel Memorial Auditorium at the Wijerama House, by austere launching the book titled "Review of research Evidence on GBV in Sri Lanka".
2. The a joint symposium on post menopausal osteoporosis with the Ceylon College of Physicians was very well received with more than 150 participants from the health sector and the pharmaceuticals, which enhanced the image of the SLMA and the Physicians.
3. The joint symposium on "Health of the Estate workers - achievements and challenges" enhanced the corporate image of the SLMA as it was a project with participation of the estate management companies from the corporate sector

4. A media conference to improve media responses in reporting child sexual violence was organised to be held this month, however as it was coinciding with another media event this activity was postponed for next year.

**Specific objective 1.3: Develop strategies to attract more doctors to join the SLMA.** The committee recruited new committee members for the Women's health committee, which indirectly helped doctors to join the SLMA, as per constitution, only members of the SLMA can be subcommittee members.

The WHC webpage to be developed to attract more doctors who are committed to promote women's health matters

**Specific objective 1.5: Network with outstation clinical societies and associations to strengthen academic and professional links.** The WHC had informed the council that there will be a regional symposium in the eastern province. The topics for the were identified as Identifying Child abuse and other forms of abuse, HRT, Family Planning and Post partum Morbidities. These have been discussed with regional representatives and planned to be held next year.

**General Objective 2: Play an advocacy role towards comprehensive curative and preventive health services for the people of Sri Lanka.**

Advocacy role towards comprehensive curative and preventive health services by:

1. Sensitizing the PHI on GBV

2. Sensitizing the women in the private sector on Breast cancer
3. Sensitizing the plantations on the health of estate workers

**Specific objective 2.1: Further strengthen our links with the Ministry of Health.**

1. The HEB of the Ministry of Health will collaborate with WHC to develop leaflets and posters addressing patient rights and gender based violence in the hospital setting are to be printed and displayed in General hospitals island wide.
2. The FHB, UNFPA and WHC will collaborate in developing an undergraduate medical curriculum to address gender issues in line with the FHB focal point on gender activities for the in-service training of medical staff.

**Specific objective 3.1: Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development:** The participants at the joint symposium on post menopausal osteoporosis with the CCP, were awarded Continuous Professional Development (CPD) points, which helped to promote professionalism. The speakers were also awarded CPD points which also helped promoting professionalism.

**Specific objective 3.2: Develop mechanisms to increase ethical funding of SLMA activities:** Collaboration with stakeholders in women's health activities in Sri Lanka including WHO, UNFPA, FPA

---

and ZONTA will improve our funding capabilities.

**Specific objective 4.1: Develop a news-sheet with up-to-date developments in medicine and allied health sciences to public and private sector healthcare institutions and societies.**

1. The salient points from the joint symposium on post menopausal osteoporosis was made available as a short article in the news letter and electronically.
2. The launch of the book titled “Review of research Evidence on GBV in Sri Lanka” was made available as a short article in the news letter and electronically.

**Specific objective 4.3: Collaborate with Colleges in the above activities.** The symposium on post menopausal osteoporosis was a joint project with the CCPs, and

the news letters was written by representatives of the Ceylon College of Physicians and the members of the women’s health committee.

**Specific objective 5.2 : Award a Continuous Development Certificate based on a common point scheme acceptable to both specialist and non specialist doctors.**

The participants at the joint symposium on post menopausal osteoporosis with the CCP, were awarded Continuous Professional Development (CPD) points, which helped to promote professionalism. The speakers were also awarded CPD points which also helped promoting professionalism.

**Specific Objective 8.1: Encourage professional development of professionals allied to health care.** The project on prevention of GBV at

Maligawatta slum area was to sensitize the Public Health Inspectors.

**Specific objective 8.2: Interact with professionals allied to health care on issues related to health.** 1. The project on prevention of GBV at Maligawatta slum area was to sensitize the Public Health Inspectors.

**ACTIVITIES OF THE COMMITTEE:**

The SLMA WHC can take on a huge advocacy role to take forward the agenda of women’s health issues through collaboration and networking with governmental and non-governmental organizations in Sri Lanka. The visibility of the subcommittees can be greatly enhanced through the use of the SLMA website and the popular social media in these activities.

---

## ACADEMIC ACTIVITIES

The following conferences were organized by the SLMA in 2012

### SLMA CONGRESSES

#### **SLMA 125<sup>th</sup> Anniversary International Medical Congress**

Bandaranaike International Memorial Conference Hall, Colombo, 2 to 6 July 2012

##### *Highlights:*

4 Orations  
33 Symposia  
9 Free Paper Symposia

75 Free Papers  
169 Poster Presentations  
22 Foreign Guest Speakers  
147 Sri Lankan Guest Speakers  
  
1001 Registrants and over 250 other invited resource persons, judges, chairpersons, etc.

#### **SLMA Foundation Sessions**

Wijerama House, SLMA, Colombo, 9 to 11 November 2012

##### *Highlights:*

1 Oration  
1 Endowment Lecture  
2 Pre-congress Symposia  
5 Lectures

### SLMA REGIONAL CONFERENCES

#### **Northern Regional Conference**

Telco Hotel and Jaffna Library, Jaffna, 29 to 31 January 2012

#### **Southern Regional Conference**

Light House Hotel, Galle, 23 to 24 February 2012

#### **Central Regional Conference**

Hotel Topaz and Tormaline, Kandy 18 to 19 May 2012

### INTERNATIONAL CONFERENCE

12<sup>th</sup> Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP) conference and General Assembly – Waters Edge, Colombo, 18 to 21 November 2012

##### *Highlights:*

FERCAP is an Asia-Pacific network of 108 ethics review committees. Over 400 delegates

from Australia, Belgium, Bhutan, Botswana, China, India, Indonesia, Japan, Malaysia, Myanmar, New Zealand, Philippines, South Korea, Sri Lanka, Taiwan, Thailand, UK, USA and the Host Country, Sri Lanka, participate in the conference. The majority of over 300 were foreign delegates.

The SLMA facilitated and funded the review process which resulted in two Ethics Review Committees of Sri Lankan Universities – Colombo and Sri Jayewardenapura – obtaining recognition under the SIDCER programme of the WHO/TDR administered by FERCAP at the FERCAP General Assembly on 21 November 2012.

### JOINT SCIENTIFIC SESSIONS WITH CLINICAL SOCIETIES

#### **Allergy & Immunology Society of Sri Lanka - Post**

Congress Symposium in Collaboration with the Sri Lanka College of Paediatricians, Sri Lanka College of General Practitioners, and the Sri Lanka Medical Association, at the SLMA, 16 June 2012

#### **6<sup>th</sup> Annual Scientific Sessions of the Anuradhapura Clinical Society – Palm Garden Hotel,**

Anuradhapura. 16 to 18 October 2012

#### **4<sup>th</sup> Annual Scientific Sessions of the Wathupitiwela Clinical Society – Hot Edge Hotel, Nittambuwa, 6 October 2012.**

#### **41<sup>st</sup> Annual Sessions of the College of General Practitioners of Sri Lanka – Post Congress Symposium on**

“Symposium on The Art of Healing & Healing Through the Arts’ at the SLMA, 2 December 2012

#### **Annual Scientific Sessions of the Avisawella Clinical Society – Avissawella Guest House, Avissawella, 15 December 2012**



---

## RESEARCH SYMPOSIA

### **Research Symposium on Chronic Kidney Disease of Unknown Aetiology (CKDu)** 11 March 2012

This symposium was organised by the SLMA to give an opportunity for researchers working in the field to present their research as there were many controversies about research into CKDu.

All leading research groups in the country working on CKDu presented their research.

Their findings were submitted to the national database of research on CKDu.

### **Showcasing Rajarata Research** 14 December 2012

This symposium was organised jointly with the Faculty of Medicine and Allied Health Sciences of the Rajarata University of Sri Lanka to showcase research conducted by academics of the newest Medical Faculty in Sri Lanka in a resource poor setting.

## CME SYMPOSIA

### **Neurogenetics Symposium –** 11 February 2012

### **Symposium on disorders of Sex Development –** 3 March 2012

### **Symposium on Meningococcal disease, epidemiology and prevention** - 21 March 2012

*Organised by the Expert Committee on Communicable Diseases*

**A research update on Stroke –**  
3 August 2012  
*Organised by the Expert Committee on Non Communicable Diseases*

**Symposium on Living to the end: palliative care for an ageing population - 12**  
October 2012  
*Organised in collaboration with the National Cancer Control Programme*

## ORATIONS AND ENDOWMENT LECTURE

**SLMA Oration** (2 July 2012)  
Control of Non Communicable Diseases: Where do we begin?  
Prof. V. Pujitha  
Wickramasinghe  
MBBS (Col), MD (Paed), DCH (Col), PhD (Col).  
Professor in Paediatrics,  
Department of Paediatrics,  
Faculty of Medicine, University of Colombo  
Honorary Consultant  
Paediatrician, Lady Ridgeway  
Hospital for Children, Colombo

**SC Paul Oration** (4 July 2012)  
Allograft rejection – a novel pathway of CD8<sup>+</sup> T-cell cytotoxicity  
Dr Sivasuriya Sivaganesh  
MBBS (Colombo), MS (Colombo), MRCS (Eng), PhD (Cantab)

Consultant Surgeon and Senior Lecturer, Department of Surgery, University of Colombo

**Sir Marcus Fernando Oration** (10 November 2012)  
Controlling iodine deficiency disorders in Sri Lanka  
Dr Renuka Jayatissa  
MBBS, MSc, MD  
Consultant Medical Nutritionist, Head, Department of Nutrition, Medical Research Institute, Colombo

**Sir Nicholas Attygalle Oration** (22 September 2012)  
Inflammatory Bowel Disease: The Current Status in Sri Lanka  
Prof. Janaka de Silva  
MBBS, MD, DPhil (Oxon.), FRCP, FCCP, FNAS (SL), FRACP (Hon)

Senior Professor and Chair of Medicine, Faculty of Medicine, University of Kelaniya

**Murugesar Sinnnetamby Oration** (7 December 2012)  
The medically complicated pregnancy – the Sri Lankan perspective  
Professor Chandrika N Wijeyaratne  
M.B.B.S.  
D.M(Col),M.D(Med),FCCP.,FRCP (London)  
Professor in Reproductive Medicine, Department of Obstetrics & Gynaecology, Faculty of Medicine, University of Colombo, Honorary Consultant Physician & Endocrinologist, De Soysa Hospital for Women

---

**WND Lionel Oration** (5 July 2012)  
Managing Drug Allergies - the past, present and future"  
Dr Suranjith L Seneviratne  
DPhil(Oxon), MBBS, MD, FRCP, FRCPATH, FCCP  
Consultant in Clinical Immunology and Allergy,  
Department of Clinical Immunology,  
Royal Free Hospital and Centre for Immunodeficiency,  
University College London, UK

**Inaugural S Ramachandran Oration** (5 July 2012)  
The metabolic effects of obesity surgery  
Dr Henry N. Rajaratnam  
MD (Ceylon), FRCP (London), Hon. FCCP, Hon. FRACP, Hon. FSLCGP, FACE  
Senior Consultant Physician and Endocrinologist

**EM Wijerama Endowment Lecture** (9 November 2012)  
Research and Beyond .....  
Professor Sanath P Lamabadusuriya MBE  
MBBS(Cey), PhD(Lond), DSc(Ruhuna), FRCP(Lond), FRCP(Edin), FRCP(Glasg), FRCPCH (Eng), FCCP(SL), FSLCP (SL), FSLGP (SL), DCH (Eng)  
Emeritus Professor of Paediatrics, University of Colombo

### GUEST LECTURES

**"Health Performance Data for Improving Service Delivery in Public Hospitals: A Case Study"** - Mr. Janaka Dissanayake, Executive Director, Ernst & Young Advisory Services in Sydney Australia.  
9 January 2012

**"Towards understanding the complex genetics of neurodevelopmental disorders"** - Santhosh Girirajan PhD Senior Fellow, Department of Genome Sciences, University of Washington, Seattle, USA.  
4 April 2012

**"Partnering for Birth Defects Prevention"** - Cynthia Moore, MD, PhD Director, Division of Birth Defects and Developmental Disabilities, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control, Atlanta, USA.  
10 April 2012

**"The emerging world of epigenome and noncoding RNAome in human diseases and development"** - Ranjan J. Perera, Ph.D. Associate Professor, Scientific Director - Genomics and Bioinformatics, Diabetes & Obesity Research Center, Metabolic Signaling & Disease Program, Sanford-Burnham Medical Research Institute  
Orlando, Florida, USA,  
16 May 2012

**"The Long Hard Road of Getting a Drug to a Patient. The drug discovery process: What it takes to get a molecule from hypothesis to phase III and registration."** - Sandaruwan Geeganage, Ph.D. Senior Research Advisor and Group Leader, Cancer Signaling and Metabolism, Oncology Drug Discovery, Eli Lilly and Company, Indianapolis, IN 46285, USA.  
5 September 2012

**"Physical Activity and Exercise for Health Fitness"**, Major General (Dr ) C. Thurairaja, President, International Federation of Sports Medicine.  
13 October 2012

**"Management of type 2 Diabetes - Guidelines and Beyond"** - Prof. David R. Matthews, Professor of Diabetes Medicine, University of Oxford, Emeritus Founding Chairman, Oxford Centre for Diabetes, Endocrinology Metabolism, Oxford University, UK  
16 October 2012

**"Determinants and Health Consequences of the Obesity Epidemic"** - Dr Chandrika Piyathilake BDS, MPH, PhD Associate Professor of Nutritional Biochemistry and Genomics, Department of Nutrition Sciences, University of Alabama at Birmingham (UAB), Editor in Chief, Nutrition and Dietary Supplements.  
23 October 2012

---

## MONTHLY CLINICAL MEETINGS

**17 JANUARY 2012**

**Detection and management of oral potentially malignant disorders with special emphasis on Oral Submucous Fibrosis**

(Conducted by the SLMA Expert Committee on Tobacco and Alcohol)

**Case Presentation**

Dr D M Jayasooriya, Dental Surgeon, Dental Institute Colombo

**Review Lectures**

**Management of Oral Submucous Fibrosis**

Dr D J L Siriwardana, Consultant OMF Surgeon, Dental Institute, Colombo

**Epidemiology and prevention of oral potentially malignant disorders**

Dr Hemantha Amarasinghe, Consultant in Community Dentistry, National Cancer Control Programme, Narahenpita

**21 FEBRUARY 2012**

**Haematology**

(Conducted by the Department of Pathology and Department of Anatomy, Faculty of Medicine, University of Colombo)

**Review Lectures**

**Investigation of a patient suspected of a haematological malignancy**

Dr Lalindra Gooneratne, Consultant Haematologist and Senior Lecturer, Department of Pathology, Faculty of Medicine, University of Colombo

**Investigation of a patient with thromboembolic disease**

Dr Hemali Goonesekara, Consultant Haematologist and Senior Lecturer, Department of Anatomy and the Human Genetics Unit, Faculty of

Medicine, University of Colombo

**20 MARCH 2012**

**Clinical Medicine**

(Conducted by the Department of Clinical Medicine, Faculty of Medicine University of Colombo)

**Case Presentation**

Dr V Jeevagan, Registrar, Professorial Unit, NHSL, Colombo

**Review Lectures**

**Care of elderly**

Dr P Karunanayake, Senior Lecturer, Faculty of Medicine, University of Colombo

**Endocrinology**

Dr P Katulanda, Senior Lecturer, Faculty of Medicine, University of Colombo

**MCQs in Neurology**

Dr T Chang, Senior Lecturer, Faculty of Medicine, University of Colombo

**24 APRIL 2012**

**Review Lecture**

**Metastatic Liver Disease – management update**

Dr S Sivaganesh, Senior Lecturer, Department of Surgery, University of Colombo

**Case Presentation**

**HPB case presentation & discussion**

Senior Registrar Ward 18 & 6A - NHSL

**MCQs in Hepatobiliary & Pancreatic (HPB) disorders**

Prof. Ishan De Zoysa, Professor in Surgery & Dr S Sivaganesh, Senior Lecturer Department of Surgery, University of Colombo

**15 MAY 2012**

**Paediatrics**

(Conducted by the Department of Paediatrics, Faculty of Medicine, University of Colombo)

**Review Lecture**

**Management of persistent hypoglycaemia in infancy**

Dr Navoda Atapattu, Senior Registrar in Paediatric Endocrinology, Professorial Paediatric Unit, Lady Ridgeway Hospital, Colombo

**Case Presentation**

**Neonate with convulsions**

Dr Nimasari Ginige, Registrar in Paediatrics, Professorial Paediatric Unit, Lady Ridgeway Hospital, Colombo

**MCQs**

Dr Samanmali Sumanasena, Senior Lecturer, Department of Paediatrics, Faculty of Medicine, University of Colombo

**19 JUNE 2012**

**Common Sexual Disorders**

(Conducted by the University Psychiatry Unit, Ward 59, NHSL, Colombo)

**Case Histories**

Dr Thushani Henegama, Senior Registrar

**MCQs**

Dr Tharini Ketharanathan and Dr Pushpa De Silva, Senior Registrars  
Dr Mahesh Rajasuriya, Consultant Psychiatrist, Senior Lecturer

---

**24 JULY 2012**

**Training the Trainees - Fever in the Tropics; the challenge**

(Conducted by the Professorial Medical Unit, Colombo North Teaching Hospital, Ragama)

**Fever and the MCQs (the challenge for young buddies)**

Dr Damintha Dissanayake, Senior Registrar in Medicine

**Fever and the nightmare (Case discussion)**

Dr Shehan Silva, Registrar in Medicine

**Approach to Acute fevers in the tropics:**

**Epidemiology vs Clinical Judgment**

Prof. Ranjan Premaratna Head, Department of Medicine, Faculty of Medicine, University of Kelaniya

**21 AUGUST 2012**

(Conducted by the Association of Pulmonologists – Sri Lanka)

**MCQs**

Dr Amitha Fernando, Consultant Chest Physician

**Overview of interstitial Lung Disease**

Dr Anoma Siribaddana, Consultant Chest Physician, Teaching Hospital, Kandy

**Case Discussion**

Dr Thushara Galabada, Senior Registrar, Chest Hospital, Welisara

**18 SEPTEMBER 2012**

**Obstetrics and Gynaecology**

(Conducted by the Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Kelaniya)

**Management of preterm labour, revisited!**

Dr Rasika Herath, Senior Lecturer, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Kelaniya

**MCQs**

Dr Sanjeeva Padumadasa, Senior Lecturer, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Kelaniya

**Vaginal approach of managing rectovaginal fistulae; Case discussion**

Dr Chanil Ekanayake, Senior Registrar, University Obstetrics and Gynaecology Unit, Teaching Hospital, Ragama

**16 OCTOBER 2012**

**Surgery**

(Conducted by the Department of Surgery, Faculty of Medicine, University of Kelaniya)

**Review Lecture**

**Management of FAP**

Prof. Kemal Deen, Professor of Surgery, Department of Surgery, Faculty of Medicine, University of Kelaniya

**Case Discussion**

**FAP with large bowel cancer**

Prof. Kemal Deen, Professor of Surgery, Department of Surgery, Faculty of Medicine, University of Kelaniya

**MCQs**

Dr Sumudu Kumarage, Senior Lecturer in Surgery, Department of Surgery, Faculty of Medicine, University of Kelaniya

**28 NOVEMBER 2012**

**Psychiatry**

(Conducted by the Department of Psychiatry, Faculty of

Medicine, University of Kelaniya)

**Review Lecture**

**“Childhood adversities and subsequent mental health”**

Prof. K A L A Kuruppuarachchi, Professor and Chair, Department of Psychiatry, Faculty of Medicine, Ragama

**Case Presentation**

Dr Leenika Wijerathne, Consultant Child Psychiatrist, Department of Psychiatry, Faculty of Medicine, Ragama

**MCQ Discussion**

Dr Aruni Hapangama - Senior Lecturer, Department of Psychiatry, Faculty of Medicine, Ragama

**19 DECEMBER 2012**

**Trials and Tribulations of Puberty**

(Conducted by the Professorial Obstetrics and Gynaecology Unit, NHSL & DMH)

**Two Case Presentations**

Dr Navoda Atapattu, Senior Registrar in Paediatric Endocrinology, Lady Ridgeway Hospital & De Soysa Maternity Hospital

**Creation of a Neovagina Using Colonic Graft in Girls with Vaginal Agenesis and Functioning Uterus**

Prof. Hemantha Senanayake & Prof. Kemal Deen, Professors in Obstetrics & Gynaecology & Surgery, Universities of Colombo & Kelaniya

**MCQs**

Dr. Asanga Jayawardena, Senior Lecturer in & Gynaecology, University of Colombo

---

## ADVOCACY

The SLMA engaged in the following Advocacy Activities in 2012

### **Meeting with His Excellency the President**

A historic meeting between the Sri Lanka Medical Association and the President of the Democratic Socialist Republic of Sri Lanka, His Excellency Mahinda Rajapaksa took place on 12 January 2012, From 11 am to 2 pm, at the Temple Trees, Colombo. The SLMA delegation had cordial discussions with His Excellency on current issues related to the field of medicine. The meeting was an opportunity for the members of the SLMA to express the views of the profession regarding many matters freely to His Excellency. The Minister of Health, Honorable Maithreepala Sirisena was also present at the meeting. The SLMA hopes that this would be the beginning of a meaningful dialogue between the government and medical professionals.

**“Symposium on Thalassaemia”** – A symposium to commemorate the World Rare Disorders Day  
29 February 2012

**“Towards a better tomorrow for people with Down Syndrome”** - Symposium to commemorate the World Down Syndrome Day. Organised by the Working Group on Disability, Sri Lanka Medical Association in collaboration with the Sri Lanka College of Paediatricians  
21 March 2012

### **Safe Water for All in Sri Lanka: Reiterating the ‘health argument’ to provide safe water to the rural poor: A seminar to commemorate the World Water Day**

Organised by the Expert Committee on Health Equity of the SLMA to increase awareness of public, professionals and policymakers on the growing health burden from unsafe water in Sri Lanka, and to discuss potential long-term sustainable solutions  
22 March 2012

### **Symposium on Private Medical Education**

Organised by the Expert Committee on Medical Education  
4 May 2012

### **Seminar on “Multiple Sclerosis”: A Seminar to commemorate the World MS Day**

Organised by Sri Lanka Medical Association in collaboration with the Association of Sri Lankan Neurologists and the Multiple Sclerosis Association of Sri Lanka  
30 May 2012

### **Consultative Meeting on “Trade Services Agreements - CEPA/SATIS”**

Organised by the Expert Committee on Trade Services of the SLMA with the participation of all professional medical and dental colleges, associations and trade unions and the Department of Commerce.  
28 August 2012

**Media Seminar on Introducing Ergonomics in the Health Sector.** Organised by the Expert Committee on Ergonomics of the SLMA to create awareness about Ergonomics  
15 October 2012

### **Symposium on Health Economics**

Organised by the Expert Committee on Health Management Committee  
21 November 2012

### **Press Conference Supporting Legislation on Pictorial Warnings on Tobacco packs.**

In collaboration with all professional medical and dental colleges, associations, and trade unions.  
4 December 2012

### **Human Resources for Health:**

A joint advocacy seminar organised jointly by the College of Medical Administrators of Sri Lanka and the Sri Lanka Medical Association.  
21 December 2012

**Symposia on Health Challenges** in the North, Health Challenges in the South and Health Challenges in the Central Province at the three regional conferences of the SLMA which were attended by the Minister of Health Honorable Maithreepala Sirisena, Deputy Minister of Health, and Health Ministry and Regional Health Officials. Follow up meetings were held with ministry officials to seek remedies for the issues identified.

---

## FORUM FOR ETHICS COMMITTEES IN SRI LANKA (FERCSL)

The Forum for Ethics Review Committees in Sri Lanka is convened by the Sri Lanka Medical Association. The Management Committee of FERCSL is formed of 2 nominated members from each constituent ERC of FERCSL. The Annual General Meeting of the FERCSL was held on 26<sup>th</sup> April 2012 at the SLMA Auditorium. The following office bearers were elected at the first management committee meeting of FERCSL held on 25<sup>th</sup> May 2012:

Chairperson: Prof. Anoja Fernando (Chairperson SLMA ERC, ex-officio)  
Secretary: Dr. P. P. Rasika Perera (University of Sri Jayewardenapura)  
Treasurer: Dr. Enoka Corea (University of Colombo)

### Activities carried out by Management Committee of FERCSL

#### 1. Regional Ethics Review Workshops

Four regional ethics review workshops were conducted by the FERCSL in association with the SLMA during the course of year 2012 as part of SLMA

regional conferences. They were held at the Faculties of Medicine of Jaffna, Peradeniya, Ruhuna and Rajarata Universities. Dr. Malik Fernando and other members of FERCSL were the resources for these workshops. The workshops were well attended and the participants have given a positive feedback regarding conducting further workshops by the FERCSL in the future.

#### 2. Workshop on Surveying and Evaluating Ethical Review Practices

A workshop jointly organized by FERCSL, SLMA and the Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP) was held on 30 June 2012 at the Auditorium of the SLMA with resources persons from FERCAP conducting the sessions. The workshop was attended by members of ERC's registered with FERCSL.

#### 3. SIDCER recognition of two FERCSL member ERC's

Two Sri Lankan Ethics Review Committees received recognition as having reached

Strategic Initiative for Development of Capacity in Ethics Review (SIDCER) of the World Health Organisation (WHO) standards at the General Assembly of the Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP) on 21 November 2012. These are the only SIDCER recognised Ethics Review Committees in Sri Lanka. They were the ERCs of the Colombo and Sri Jayewardenepura Universities.

**The Ethics Review Committee of the Faculty of Medicine, University of Colombo:** This committee was recognised as having reached SIDCER standards in November 2009. This year they were reevaluated and the recognition was extended for a further 3 years up to 2015.

**The Ethics Review Committee of the Faculty of Medical Sciences, Faculty of Medical Science, Sri Jayewardenepura University:** This committee was recognised as having reached SIDCER standards this year. The recognition is valid up to 2015.

## PUBLIC RELATIONS AND MEDIA

Public relations and Media activities of the SLMA were coordinated by the Public Relations Officer – Dr Deepal Wijesooriya and Treasurer Dr Ruvaiz Haniffa.

There was a series of press conferences though out the year prior to major SLMA events in order to publicize SLMA activities. Most of the leading print and electronic

media participated in all press conferences and gave wide publicity to SLMA activities.

The Lake House Group carried a Tabloid Supplement to mark the 125<sup>th</sup> Anniversary International Medical Congress which was free of cost to the SLMA.

The SLMA Press Conference endorsing pictorial warnings on

tobacco packaging received wider coverage and came in for praise by many.

The Annual SLMA Awards for Excellence in Health Journalism 2012 was successfully conducted for the ninth consecutive year. The SLMA received 30 articles in Sinhala, 6 articles in Tamil and 9 articles in English for evaluation. The following awards were made at the SLMA Foundation Sessions.

---

**The best feature article of the year – Sinhala Medium**

“Know the reasons why your child suddenly refuses to go to school” by Ms Uthpala Subhashini Jayasekara Lakkima Newspapers (Private) Limited

**The best feature article of the year – Tamil Medium**

“Warning to Parents” by Mrs M H F Husna of Thinakkural Publications

**The best feature article of the year – English Medium**

“Geriatric Care: Lanka’s biggest challenge” by Mrs Carol Rohini Aloysius (Rivira Media Corporation)

This year an award for best feature article on nutrition was instituted. The recipient of the inaugural award is given below.

**The best feature article of the year in nutrition – English Medium**

“Breast milk is a child’s right – WHO” by Mrs Carol Rohini Aloysius (Rivira Media Corporation)

Prof. Ganganth Dissanayake and Dr Waruna Gunathilake (Sinhala article judges), and Dr M K Muruganadan and Dr V Murali (Tamil article judges) and Prof. Saroj Jayasinghe and Dr Waruna Gunathilake (English article judges) were the Judges.

**SLMA Website**

<http://www.slma.lk>

**SLMA on FaceBook”**

<http://www.facebook.com/slmaonline>

**SLMA on YouTube**

<http://www.youtube.com/slmaonline>

**SLMA eBookStore**

<http://www.issuu.com/slmanews>

## **SLMA MEMBERSHIP IN INTERNATIONAL MEDICAL ASSOCIATIONS**

The SLMA is a member of the following international associations:

**World Medical Association**

**(WMA)** – Admitted as a constituent member in November 2012  
<http://www.wma.net>

**Commonwealth Medical Association (CMA)**

<http://www.thecommonwealth.org/Internal/151924/>

**Council of Medical Associations in Asia and Oceania (CMAAO)**

<http://www.cmaao.org/>

---

## SPECIAL EVENT TO MARK THE 125<sup>TH</sup> ANNIVERSARY OF THE SLMA

On the 26th of February 1887, Dr W. R. Kynsey (later Sir William Kynsey) spurred 15 men to meet in the Colonial Medical Library in Maradana Road, Colombo and resolved to establish in Sri Lanka (then Ceylon) a Branch of the British Medical Association, which later became the Sri Lanka Medical Association (SLMA).

To mark the 125th anniversary of this meeting, former President of the SLMA, Dr Dennis Aloysius MBBS, FCGP, FSLCPaed, Hon. FCCP delivered a lecture titled "A brief history of the Sri Lanka Medical Association" on Sunday 26 February 2012 at 6.00 p.m. at the Lionel Memorial Auditorium of the Sri Lanka

Medical Association at Wijerama House, 6 Wijerama Mawatha, Colombo 7. The meeting was attended by over 150 members of the SLMA. Dr Dennis and Mrs. Chrissy Aloysius hosted the members to cocktails after the talk.

### SLMA WALK AND RUN

A special event this year was the SLMA walk and run which was held on the day before the 125<sup>th</sup> Anniversary International

Medical Congress on 1 July 2012 in the premises of the BMICH and the Independence Square Area. Over 3000

runners and walkers participated.

### SOCIAL ACTIVITIES

The Social Activities Committee comprised of the following:

#### Chairperson

Prof. Vajira H. W. Dissanayake

#### Joint Social Secretaries

Dr Dennis Aloysius

Dr Preethi Wijegoonewardene

#### Members

Dr Lasantha Malavige

Dr Ruvaiz Haniffa

Dr BJC Perera

Dr JB Peiris

Dr Pramilla Senanayake

Prof. Rohan Jayasekara

Dr Gamini Walgampaya

Dr Suriyakanthi Amarasekara

The year was full of social activities. Report from the Social Secretaries.

#### Outstanding Health

**Professional Awards** to Mark the World Women's Day – 11 March 2012

**Doctors Concert**, at the BMICH, 3 July 2012. This year's concert was especially successful with over 350 participating and many items of entertainment presented by a cross section of the medical profession.

**SLMA Banquet**, at the Waters Edge, 6 July 2012

This year's Banquet was attended by 250 guests. A special feature was the participation of almost all the Past Presidents of SLMA. The Chief Guest was Prof. Rohan W

Jayasekara, Dean, Faculty of Medicine, Colombo.

**Medical Dance 2012**, at the Cinnamon Grand, 8 December 2012. The Medical Dance, the most prestigious and the oldest Dance in Sri Lanka, still continuing to this day from the 1930s, was held on 8 December 2012 at the Oak Room of the Cinnamon Grand in Grand Style.

The guests started arriving at 8.30 pm and mingled around for cocktails. The doors opened at 9.15 pm and the Dance was opened around 9.45 pm with the President and Dr Mrs. Dissanayake taking the floor followed by members of the Dance Committee together with

their spouses. The guests Danced to their heart's content till 3.00 am in the morning to the music of Friends in Harmony and Flame. The sit down dinner was welcomed by all guests, as it gave them an opportunity dance between courses. 3D video mapping, a Jewellery show by Vogue, a Latin dance performance by Footwork, and a belly dance performance by Kreshula all added colour to make the dance an event to remember for a long time.

The guests, nearly 300 in all, consisted of a cross section of the medical profession – Surgeons, Physicians, Obstetrician and



---

Gynaecologists, Paediatricians, Neurologists, Pulmonologists, Radiologists, Anaesthesiologists, Ophthalmologists, Medical Administrators, and many other specialists and non specialists – they were all there together with their guests from the accounting, legal, and many other professions. Some doctors had even travelled from the UK, USA and Australia.

There were prizes and surprises with gift vouchers ranging from dinner for two in

five star hotels to weekends in holiday resorts to airline tickets to many destinations on offer. So the raffle tickets were sold out in quick time. Everyone appreciated the kind gesture by Dr Ruvaiz Haniffa - the SLMA treasurer, who gave back the prize he won, an airline ticket, to be drawn again. It was redrawn and given to a new winner. The lucky winner of the business card draw by the platinum sponsors BMW got the chance to take away a BMW 5 series car home with a full tank of fuel for a week.

We must highlight the key roles played by our President Prof. Vajira Dissanayake and our Honorary Secretary Dr. Lasantha Malavige and we express our sincere appreciation of their efforts. These two human dynamos kept encouraging us, but ended up by handling most of our burden. We must also thank Mr. Rajasingham and the staff of the SLMA for the selfless hard work they provided to make this event a success.

## DOCTORS' CRICKET SRI LANKA (DCSL)

Established in 2011, DCSL is a cricket club affiliated to SLMA. DASL is a club registered under Sri Lanka Cricket. Activities and achievement of DASL during 2012 were:

### **DIVISION 3 CRICKET**

**TOURNAMENT:** The DCSL took part in the division 3 cricket tournament organized by the

Colombo District Cricket Association.

### **LAW MEDICAL ENCOUNTER**

**2012:** This year the Law Medical Cricket Encounter for Prof. Rezvi Sheriff Trophy was organized by the Sri Lanka Medical Association. The battle for this prestigious trophy was held on Sunday the 13 May 2012 at the Colts Cricket

Grounds. The match was comfortably won by the Lawyers.

**OPA CRICKET SIXERS 2012:** DCSL emerged champions at the OPA CRICKET SIXERS 2012 organized by the Organization of Professional Association at Bloomfield grounds. Twenty member organizations contested.

## ANNUAL REPORT OF THE TSUNAMI DISASTER FUND

The scholarships administered by the Tsunami Disaster Fund is the main social responsibility project of the SLMA. The scholarships are ministered by Dr. Suriyakanthi Amarasekara.

The CMAAO /SLMA Joint Scholarship which was set up in 2006 for children who lost one or both parents in the Tsunami disaster of 2004, by investing the generous donation of US \$ 50,000/ by the CMAAO is being continued successfully.

Four of the recipients failed to communicate with the SLMA reaffirming that they are continuing in their education, in spite of repeated letters. It was

assumed therefore that they have ceased their educational activities and are no longer eligible to receive the scholarship and their payments were stopped from April 2012. Two supplied evidence that they are following a 3 year course in Graphic Design, and two are reading for their "A" levels. Of these one hopes to follow a career in Medicine. It is our sincere wish that her dreams be realized. It was decided to increase the award for these 4 students by Rs 1000/- so that they receive Rs 3000/- month, with effect from April 2012. Six students are reading for their "O" Levels, and their

allowance was increased by Rs 500/- month so that they receive Rs 2500/- month with effect from April 2012. Ten students continue to receive Rs 2000/- monthly. All these increments have been made using the monthly interest, leaving the capital intact. The total number of Scholarship recipients now stands at 20. It is also intended to give each recipient an extra allowance of Rs 1000/- in December this year as well, to facilitate purchase of books, uniforms, shoes etc. The total number of Scholarship awardees now stands at twenty.

---

## SLMA RESEARCH PRIZES AND AWARDS

The SLMA Research Prizes and Awards were awarded at the Inauguration of the Foundation Sessions on 9 November 2012. The awards consisted of awards for papers at the 125<sup>th</sup> Anniversary International Medical Congress and general awards made every year. The award recipients are as follows:

### **AWARDS FOR PAPERS AT THE 125<sup>TH</sup> ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS 2012**

#### ***E M WIJERAMA PRIZE***

OP 17: The prevalence, patterns and correlates of diabetic peripheral neuropathy in Sri Lanka

P Ranasinghe<sup>1</sup>, R Jayawardena<sup>2</sup>, G R Constantine<sup>3</sup>, R Sheriff<sup>3</sup>, P Katulanda<sup>3</sup>

<sup>1</sup>Department of Pharmacology, Faculty of Medicine, University of Colombo

<sup>2</sup>School of Human Movement Studies, Institute of Health and Biomedical Innovation, Queensland Universities, Australia

<sup>3</sup>Diabetes Research Unit, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

#### ***S E SENEVIRATNA PRIZE***

OP 2: Live donor renal transplantation in Sri Lanka - factors affecting overall outcome

N Gunawansa, M Wijerathne, R Cassim, R Dissanayake, J Arudchelvam, N Senevirathne National Hospital of Sri Lanka, Colombo

#### ***H K T FERNANDO PRIZE***

OP 34: Molecular diagnosis of Williams Buren syndrome in a cohort of Sri Lankan patients  
DM Ranaweera<sup>1</sup>, D de Silva<sup>2</sup>, D Samarasinghe<sup>3</sup>, S Perera<sup>3</sup>, N Rajapaksha<sup>2</sup>, N V Chandrasekharan<sup>4</sup>

<sup>1</sup>Post Graduate Institute of Medicine, University of Colombo

<sup>2</sup>Faculty of Medicine, University of Kelaniya

<sup>3</sup>Lady Ridgway Hospital for Children, Colombo

<sup>4</sup>Department of Chemistry, Faculty of Science, University of Colombo

#### ***SIR NICHOLAS ATTYGALLE PRIZE***

OP 63: Waist-to-height ratio has the best anthropometric association with cardio-metabolic disease among Sri Lankan adults

P Ranasinghe<sup>1</sup>, R Jayawardena<sup>2</sup>, WRUAS Wijesundara<sup>3</sup>, WMUA Wijetunga<sup>3</sup>, TAD Tilakaratne<sup>3</sup>, S Subasinghe<sup>3</sup>, P Katulanda<sup>3</sup>

<sup>1</sup>Department of Pharmacology, Faculty of Medicine, University of Colombo

<sup>2</sup>School of Human Movement Studies, Institute of Health and Biomedical Innovation, Queensland University, Australia

<sup>3</sup>Diabetes Research Unit, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

#### ***WILSON PEIRIS PRIZE***

OP 28: Knowledge, attitudes and size of the carbon footprint among medical students  
CI Wijesinghe<sup>1</sup>, M Selvarajah<sup>1</sup>, D Wijesundara<sup>1</sup>, S Ranawaka<sup>1</sup>, T Chang<sup>2</sup>

<sup>1</sup>Faculty of Medicine, University of Colombo

<sup>2</sup>Department of Clinical Medicine, Faculty of Medicine, University of Colombo

#### ***DAPHNE ATTYGALLE PRIZE FOR THE BEST PAPER IN CANCER***

OP 37: A novel approach to understand carcinogenesis in oral submucous fibrosis  
P Illeperuma<sup>1</sup>, YJ Park<sup>1</sup>, WM Tilakaratne<sup>2</sup>, J Kim<sup>3</sup>, RP Illeperuma<sup>3</sup>

<sup>1</sup>Oral Cancer Research Institute, Yonsei University College of Dentistry, Seoul, Korea

<sup>2</sup>Department of Oral Pathology, Faculty of Dental Sciences, University of Peradeniya

<sup>3</sup>Modern Medicine Unit, Institute of Indigenous Medicine, University of Colombo

#### ***SIR FRANK GUNASEKERA PRIZE FOR THE BEST PAPER IN COMMUNITY MEDICINE & TUBERCULOSIS***

PP 42: Geographical variations of goitre prevalence in Sri Lanka: visualisation with geographic information systems

R Fernando, A Pathmeswaran, S Nandasena  
Faculty of Medicine, University of Kelaniya

#### ***KUMARADASA RAJASURIYA PRIZE FOR THE BEST PAPER IN TROPICAL MEDICINE***

PP 169: Snakebites in children - a five year retrospective review of victims admitted to two hospitals in Sri Lanka  
YC Jayasinghe, A Kasturiratne, SASG Samaraweera, HJ de Silva  
Faculty of Medicine, University of Kelaniya

#### ***SPECIAL PRIZE IN CARDIOLOGY***

OP 68: GSTM2 C terminal domain alters the contractility

---

and Ca<sup>2+</sup> transients in cultured ventricular cardiomyocytes  
R P Hewawasam  
Department of Biochemistry,  
Faculty of Medicine, University  
of Ruhuna

***S RAMACHANDRAN PRIZE FOR THE BEST PAPER IN NEPHROLOGY***

OP 5: Histopathological changes in liver and renal tissues in Wistar rats given bore well water from CKDu endemic areas in North Central Province  
MG Thammitiyagodage<sup>1</sup>, C Rathnayake<sup>1</sup>, MM Gunatillaka<sup>1</sup>, N Ekanayake<sup>1</sup>, R Jayatissa<sup>1</sup>, UKSC Gunarathne<sup>2</sup>, WMMU Jayathilake<sup>1</sup>  
<sup>1</sup>Medical Research Institute  
<sup>2</sup>Regional Epidemiology Unit, Polonnaruwa

***SLMA PRIZE FOR THE BEST POSTER***

PP 20: Epidemiology of stroke in the district of Colombo, Sri Lanka: a community-based study

T Chang<sup>1</sup>, S Gajasinghe<sup>2</sup>, C Arambepola<sup>3</sup>

<sup>1</sup>Department of Clinical Medicine, University of Colombo

<sup>2</sup>Faculty of Medicine, University of Colombo

<sup>3</sup>Department of Community Medicine, University of Colombo

***GENERAL AWARDS***

***GR HANDY AWARD FOR THE BEST PAPER IN CARDIOLOGY***

*Not awarded*

***THE CNAPT AWARD IN MEMORY OF RICHARD AND SHEILA PEIRIS FOR THE BEST PUBLICATION IN MEDICINE OR IN AN ALLIED FIELD IN THE YEAR 2011***

Awarded to the book on "Landscape analysis to accelerate actions to reduce maternal and child under nutrition in Sri Lanka" by Dr Renuka Jayatissa and Prof. Dulitha N Fernando

***GLAXO WELLCOME RESEARCH GRANT***

Awarded to Dr Inoshi Atukorala, Senior Lecturer Department of Clinical Medicine, Faculty of Medicine, Colombo to conduct the study on "Prevalence of early rheumatoid arthritis in a semi urban area in Sri Lanka"

---

## **TREASURER'S REPORT**

I am pleased to present the financial report for the year 2012. The financial situation remains stable. The series of conferences, special events, donations, and increased revenue from the news letter has resulted in record income of Rs. 40,499,850.00. The expenses were high at Rs. 31,013,005.31. The surplus will be Rs. 9,486,844.69 once all receivables are collected. The other main sources of income were rental income, at Rs. 2,943,600.00 and interest from fixed deposits, at Rs. 943,511.77.

The SLMA also invested Rs. 2,788,345 on the new council room, the ladies toilets complex, ethics review committee room, and other much needed infrastructure development in the Wijerama House.

The total value of SLMA fixed deposits as per the audited accounts as at 30 June 2012 was Rs 17,173,943.00. This includes Rs. 4,474,276.00 held as Oration Fixed Deposits and Rs. 12,699,667.00 in fixed deposits of the SLMA.

I would like to thank the President, Honorary Secretary, Mr. M. Rajasingham and Ms. Jayarani Tennakoon for all the support, assistance and commitment in maintaining proper accounting records for this year.

*Dr. Ruvaiz Haniffa*  
Honorary Treasurer  
SLMA

**AUDITED STATEMENT OF ACCOUNTS (1 JULY 2011 TO 30 JUNE 2012)**

**DETAILED INCOME AND EXPENDITURE STATEMENT**

Year ended 30 June 2012

<b>INCOMING RESOURCES</b>	<b>2012</b>	<b>2011</b>
	<b>Rs.</b>	<b>Rs.</b>
Subscription and Entrance Fee	2,227,290	1,137,320
Annual Academic Session Income	12,106,140	10,486,914
Foundation Celebration Sessions	667,070	390,000
Rent Income	2,798,750	2,765,450
Auditorium and Council Room Hire	332,050	334,750
Career Guidance Seminar	206,000	122,450
Income from Ceylon Medical Journal (13.1)	249,314	411,566
	<u>18,586,614</u>	<u>15,648,450</u>
	<b>2012</b>	<b>2011</b>
	<b>Rs.</b>	<b>Rs.</b>
<b>Income from Ceylon Medical Journal</b>		
Library Subscription	23,500	28,100
Sale of Journal	2,000	27,500
Processing Fee	216,121	149,053
Interest Income	7,693	7,913
Other Income	-	199,000
	<u>249,314</u>	<u>411,566</u>
	<b>2012</b>	<b>2011</b>
	<b>Rs.</b>	<b>Rs.</b>
<b>PROJECT EXPENDITURE</b>		
Operational Expenditure (14.1)	5,621,992	1,394,959
Annual Academic Session (14.2)	13,368,086	8,797,058
Ceylon Medical Journal (14.3)	464,892	454,209
	<u>19,454,969</u>	<u>10,646,226</u>
<b>Operational Expenditure</b>		
Paper Advertisement	89,152	69,768
Auditorium Equipment Repair	96,260	86,371
Lectures and Meetings	163,505	108,792
Annual Medical Dance - Hotel Charge	150,000	100,000
Foundation Celebration Session	1,228,604	568,223
Career Guidance Seminar Expenses	124,775	105,982
Symposium on national use of antibiotic workshop	100,710	251,770
Medical Research workshop	46,958	18,763

Joint clinical meeting expenses	-	85,290
Joint seminar Dengue expenses	250,000	-
Regional Conference expenses	2,913,993	-
Sessions Co ordinator monthly allownce	206,035	-
Online Banking facility expense	227,000	-
Other Project Expenses	25,000	-
	<u>5,621,992</u>	<u>1,394,959</u>

### Annual Academic Session

125th Annual Academic Session	<u>13,368,086</u>	<u>8,797,058</u>
	<u>13,368,086</u>	<u>8,797,058</u>

### Ceylon Medical Journal

Stamp Charges	60,000	60,000
Printing and Stationary	7,224	13,003
Computer and Fax Machine Maintenance	69,345	-
Salaries and Bonus	207,935	228,595
EPF and ETF	28,518	31,647
Postage	3,045	-
Bank Charges	3,440	3,439
Telephone and Fax	61,024	53,342
SLCTR website registraton fee	3,360	11,760
Monthly Allowance	21,000	21,000
Technician Charges	-	31,423
	<u>464,892</u>	<u>454,209</u>

	<b>2012</b>	<b>2011</b>
<b>OTHER INCOME</b>	<b>Rs.</b>	<b>Rs.</b>
Sale of Books	82,198	55,342
Interest Income	866,549	1,041,943
Sponsorship and Other Donations	320,443	1,241,010
Sundry Income	235,239	183,825
Electricity Income	645,176	613,363
Amortisation of Grants	177,047	183,761
Sale of Ties	1,500	2,000
Clinical Trial Registry Proposal	11,291	128,099
Unutilized funds	-	198,154
Income on Annual Medical Dance	257,180	-
	<u>2,596,623</u>	<u>3,647,497</u>

<b>ADMINISTRATIVE EXPENSES</b>	<b>2012</b>	<b>2011</b>
	<b>Rs.</b>	<b>Rs.</b>
Salary and Overtime	2,028,353	1,840,241
E.P.F and E.T.F	271,544	246,552
Bonus	141,715	127,440
Electricity	1,460,822	1,263,274
Printing and Stationery	376,909	369,193
Postage	29,865	32,051
Staff Welfare	137,155	101,185
Repair and Maintenance	692,806	529,611
Water	140,993	118,722
Depreciation	768,228	761,636
OPA Membership Fee	18,480	18,480
Travelling and Hiring	104,658	168,592
Presidential Induction Ceremony	218,257	130,959
Fax and Telephone	318,223	256,755
Rates and Taxes	136,521	124,740
Internet Charges	36,309	22,553
Audit Fees	186,643	141,904
Gratuity	239,616	96,305
Franking Machine	516,000	364,000
Council Group Photograph	209,400	25,500
Annual Return Expenses	47,710	48,300
Security Charges	173,145	165,659
Research Promotion Grant	75,000	123,000
Bank Charges	21,220	29,066
Donation	60,033	19,050
Sundry Expenses	128,693	246,836
Common Wealth Medical Association Membership Fees	61,511	54,000
Daily News Publication Expenses	7,800	6,244
Income Tax Computation Charges	11,200	9,520
News Letter Advertisement Collection Expenses	159,500	156,500
CMAAO Conference Registration fee	-	28,388
CMAAO Membership fee	39,300	68,009
Surcharges	-	5,230
AGM meeting Expenses	4,750	7,301
Law and Medical Cricket Match Expenses	50,000	49,500
	<u>8,872,359</u>	<u>7,756,296</u>

---

## LIST OF SPONSORS AND DONORS

### Institutional Sponsors

#### *National*

- Family Planning Association of Sri Lanka
- Health Informatics Society of Sri Lanka
- National Science Foundation
- NIROGI Lanka Project of the SLMA
- Sri Lanka Medical Council
- University of Colombo

#### *International*

- World Health Organisation
- European Social Research Council
- International Network for Availability of Scientific Publications
- South Australian Doctors Association
- UK/Sri Lanka Immunology Foundation

### Industry Sponsors

- State Pharmaceuticals Corporation of Sri Lanka
- Associated News Papers of Ceylon Ltd.
- Ananda Press
- Asiri Group of Hospital
- Astron Ltd.
- Barndix College of Clothing Technology
- Bours Healthcare
- DMS Electronics Pvt Ltd.
- Dowell
- Elli Lilly
- Emerchemie NB (Ceylon) Ltd.
- Etisalat
- Fonterra
- George Steuart Finance
- George Steuart Health
- GlaxoSmithKline
- Jansen Cilag
- Kalbe Pharma
- Lanka Hospitals
- Lifeline Pharmaceuticals (Pvt) Ltd.
- Link Natural Products

- Mega Pharma (Pvt) Ltd.
- Man-H-Man
- Mead Johnson
- MAS Holdings
- Mobitel
- Nawaloka Hospitals PLC
- Northern Central Hospital - Jaffna
- NDB Bank
- Nestle
- Prestige Automobiles Pvt Ltd - Hyundai
- Prestige Automobiles Pvt Ltd. - BMW
- SMM Halcyon (Pvt) Ltd
- Soft Logic - Dell
- Sri Lankan Airlines
- Swiss Biogenics Ltd.
- Unilever
- Vogue

### Individual Donors

- Dr. N M Menon
- Dr. Pramilla Senanayake
- Donor of Rs. 1 Million who wish to remain Anonymous