The Annual General Meeting of the Sri Lanka Medical Association was held on the 20th December 2014 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 7. Dr Palitha Abeykoon chaired the meeting. He thanked the Council, members and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr Ruvaiz Haniffa tabled the Annual Report 2014 and the minutes of the previous Annual General Meeting held in 14th December 2013. The minutes were unanimously confirmed by the membership. Dr Ruvaiz Haniffa thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2014.

The following Office Bearers and Council Members were unanimously elected.

**President**
Professor Jennifer Perera

**President Elect**
Dr Iyanthi Abeyewickreme

**Vice Presidents**
Dr Navoda Atapattu
Dr Padma Gunaratne

**Secretary**
Dr Ranil Jayawardena

**Assistant Secretaries**
Dr Priyani Amaratunge
Dr Sudarshi Seneviratne
Dr Shamin Prathapan
Prof Sharmini Gunawardena

**Treasurer**
Dr Samanthi de Silva

**Assistant Treasurer**
Dr Asiri Rodrigo

**Public Relations Officer**
Dr Kalyani Guruge

**Social Secretaries**
Dr Lasantha Malavige
Dr Preethi Wijegoonewardene

**Past President Representative**
Dr J B Peiris

**Elected Council Members**
Dr Dennis J Aloysius, Dr S B Agampodi, Dr Sarath Gamini de Silva, Prof. Vajira HW Dissanayake, Prof. S D Dharmaratne, Dr Amaya Ellawala, Dr Christo Fernando, Prof. Deepika Fernando, Dr T R Fernando, Dr Sahan T Guruge, Dr N R Hewageegana, Dr Ruvaiz Haniffa, Dr Lucian Jayasuriya, Dr Kapila Jayaratne, Dr Pradeepa Jayawardena, Prof. Saroj Jayasinghe, Dr Indika Karunathilake, Dr Chiranthi K Liyanage, Dr B J C Perera, Dr Priyanga Ranasinghe, Dr Shyamalee Samararayake, Dr Sunil Seneviratne Epa, Dr Pramilla Senanayake, Dr Sumithra Tissera, Dr Gamini Walgampaya, Dr Deepal Wijesooriya.

**Ex-Officio Council Members**
Dr Palitha Abeykoon (Immediate Past President), Dr Ruvaiz Haniffa (Out – going Secretary), Dr Anuruddha Abeygunasekera (Co-editor, CMJ), Prof Varuni de Silva (Co-editor, CMJ)

The Induction Ceremony of Prof. Jennifer Perera, the new President of Sri Lanka Medical Association for the year 2014, was held on 3rd January 2015, at HNB Towers, Colombo 10. The induction took place amidst a large and distinguished gathering which packed the hall to capacity.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lankan health sector and went on to emphasise the pressing need for reforms in the health sector specially with regard to improved primary care, patient and community engagement, health leadership and ethical partnerships with industry in providing better quality health for Sri Lanka. The presidential address was given wide publicity by both the electronic and print media.
The Ceremonial induction was followed by a reception and fellowship at the same venue.

![Dr Palitha Abeykoon inducting Prof Jennifer Perera as President SLMA 2015](image)

Dr Palitha Abeykoon inducting Prof Jennifer Perera as President SLMA 2015

Prof Jennifer Perera delivering the Presidential Address

### 3. COUNCIL MEETINGS

There were 12 Council meetings held in 2015. The attendance of members at the Council meetings is given below:

<table>
<thead>
<tr>
<th>Name</th>
<th>No.</th>
<th>Excuses</th>
<th>Name</th>
<th>No.</th>
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</tr>
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<tr>
<td>Prof Jennifer Perera</td>
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<td>Prof S D Dharmaratne</td>
<td>08</td>
<td>(2)</td>
</tr>
<tr>
<td>Dr Iyantni Abeyewickreme</td>
<td>09</td>
<td>(3)</td>
<td>Dr Christo Fernando</td>
<td>10</td>
<td>(1)</td>
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<tr>
<td>Dr Palitha Abeykoon</td>
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<td>(-)</td>
<td>Dr Deepika Ferando</td>
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<tr>
<td>Dr Ranil Jayawardena</td>
<td>11</td>
<td>(1)</td>
<td>Dr T R Fernando</td>
<td>09</td>
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</tr>
<tr>
<td>Dr Navoda Atapattu</td>
<td>08</td>
<td>(4)</td>
<td>Dr Sahan T Guruge</td>
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</tr>
<tr>
<td>Dr Padma Gunaratne</td>
<td>09</td>
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<td>Dr N R Hewageegana</td>
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<tr>
<td>Dr Lasantha Malavige</td>
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<td>Dr Ruvaiza Haniffa</td>
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<tr>
<td>Dr Preethi Wijegoonewardene</td>
<td>08</td>
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<td>Dr Lucian Jayasuriya</td>
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<tr>
<td>Dr Samantha de Silva</td>
<td>09</td>
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<td>Dr Kapila Jayaratne</td>
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<tr>
<td>Dr Asiri Rodrigo</td>
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<td>Dr Pradeepa Jayawardane</td>
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<tr>
<td>Dr Kalyani Guruge</td>
<td>09</td>
<td>(2)</td>
<td>Prof Saroj Jayasinghe</td>
<td>09</td>
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<tr>
<td>Dr Sudarshi Seneviratne</td>
<td>07</td>
<td>(5)</td>
<td>Dr Indika Karunathilake</td>
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<tr>
<td>Dr Shaminie Prathapana</td>
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<td>(2)</td>
<td>Dr Chiranthi K Liyanage</td>
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<tr>
<td>Dr Priyani Amaratuji</td>
<td>08</td>
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<td>Dr B J C Perera</td>
<td>11</td>
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<tr>
<td>Prof Sharmini Gunawardena</td>
<td>09</td>
<td>(2)</td>
<td>Dr J B Peiris</td>
<td>08</td>
<td>(1)</td>
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<tr>
<td>Dr A M Abeygunasekera</td>
<td>06</td>
<td>(3)</td>
<td>Dr Priyanga Ranasinghe</td>
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<tr>
<td>Prof Varuni de Silva</td>
<td>04</td>
<td>(4)</td>
<td>Dr Shayamalee Samaranayake</td>
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<tr>
<td>Dr Dennis J Aloysius</td>
<td>09</td>
<td>(1)</td>
<td>Dr Sunil Seneviratne Ep</td>
<td>07</td>
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<tr>
<td>Dr S B Agampodi</td>
<td>02</td>
<td>(2)</td>
<td>Dr Pramilla Senanayake</td>
<td>08</td>
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<tr>
<td>Dr Sarath Gamini de Silva</td>
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<td>(1)</td>
<td>Dr Sumithra Tissera</td>
<td>10</td>
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<tr>
<td>Prof Vajira HW Dissanayake</td>
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<td>(6)</td>
<td>Dr Gamine Walgampaya</td>
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</tr>
<tr>
<td>Dr Amaya Ellawala</td>
<td>08</td>
<td>(2)</td>
<td>Dr Deepal Wijesooriya</td>
<td>06</td>
<td>(2)</td>
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</tbody>
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### 4. 128TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS

The inauguration of the 128th Anniversary Scientific Medical Congress was held at Cinnamon Grand Hotel on 5th July 2015 and the Scientific Sessions were held at the Hotel Galadari from 6th July – 8th July. The Chief Guest was Chairman, University Grant Commission, Prof Mohan de Silva. The Guest of Honour was Dr Jacob Kumaresan, WHO Representative of Sri Lanka.

The theme of the Congress was “Connect, Communicate, Collaborate for improved Healthcare”. It brought together a number of key stakeholders and led to a very productive discussion. There were 8 pre-congress sessions and two post congress sessions which were “Workplace based Research and Writing”, “Perspectives of Values in Medicine”, “Complementary and alternative medicine: could we integrate for better care”, “Patient safety: collaborative multi-sector
Workshop based on cases”, “Seminar on Managing Non-cancer Pains: Key for Better Clinical Practice”, “Past, Present and Future Challenges of Health and Nutrition of Estate/Plantation Community”, “Approach to Sleep Symptoms: Sleepy or Sleepless”, “Allergy: The Unmet Need”, “Peer Learning and and “Managing the Obese Patient: Combining Treatment Modalities”. All were relatively well attended. Dr Padma Gunaratne chaired the congress committee and gave committed leadership.

The Main Scientific Sessions recorded a good attendance. There were 372 full registrants and 165 who registered for the day or for an event. In addition there were 99 guest speakers including 33 from overseas. From the large number of papers submitted, 78 were selected for oral presentation and 164 were displayed as posters. The detailed programme is given in annex 1.

During the Sessions four orations were delivered. The SLMA Oration, titled “Friendly Fire – Neurons Under Attack! Studies from Sri Lanka” was delivered by Dr Thashi Chang, MBBS (Cey), MD, MRCP (UK), FRCP (Lon), FCCP, DPhil (Oxon), Senior Lecturer and Specialist Neurologist, Department of Clinical Medicine, Faculty of Medicine, University of Colombo. The S. C. Paul Oration “Analysis of Anaesthetic Adaptations and Observations in Thoracoscopic and Laparoscopic Surgeries” was delivered by Dr Vasanthi Pinto, MD, FCARCSI, FRCA, Head of the Department & Senior Lecturer in Anaesthesiology, Faculty of Medicine, University of Peradeniya. The Prof N. D. W. Lionel Memorial Oration titled “A Lifetime of Research in Pulmonology” by Dr B. J. C. Perera MBBS (Cey), DCH (Cey), DCH (Eng), MD (Paed), FRCP (Edin), FRCP (Lon), FRCPCH (UK), FSLCPaed, FCCP, FCGP (SL), Consultant Paediatrician and Dr S. Ramachandran Memorial Oration titled “Epidemiology of Migration and Mental Health in Sri Lanka: Local Insight for a Global Impact” by Dr Chesmal Siriwardhana MD, MSc, PhD Senior Lecturer in Public Health, Anglia Ruskin University, UK.
Doctors’ Concert
All SLMA Orations was advertised, excluding the E M Wijerama Endowment Lecture, Dr S Ramachandran Memorial Oration and Professor NDW Lionel Memorial Oration. The E M Wijerama Endowment Lecture was awarded to a person who has contributed to the SLMA and the topic of the oration was decided by the Orator. The decisions regarding the E M Wijerama Lecture are made by the honours committee. The Dr S Ramachandran Memorial Oration and the Prof. NDW Lionel Memorial Oration were awarded by Council decision. Other Orations were selected by a panel of appropriate experts who constituted the Orations Committee. The following orations were awarded and delivered in 2015.

THE SLMA ORATION
Sunday 5th July 2015

“Friendly fire – neurons under attack! Studies from Sri Lanka”
Dr Thashi Chang, MBBS (Col), MD, MRCP (UK), FRCP (Lon), FCCP, Dphil (Oxon), Senior Lecturer and Specialist Neurologist, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

PROFESSOR N D W LIONEL MEMORIAL ORATION
Monday 6th July 2015

“A lifetime of research in pulmonology”
Dr B J C Perera MBBS (Cey), DCH (Cey), DCH (Eng), MD (Paed), FRCP (Edin), FRCP (Lond), FRCPCH (UK), FSLCPaed, FCCP, FCGP (SL), Consultant Paediatrician
S C PAUL ORATION
Tuesday 7th July 2015

“Analysis of anaesthetic adaptations and observations in Thoracoscopic and Laparoscopic surgeries”
Dr. Vasanthi Pinto, MD, FCARCSI, FRCA Head of the Department & Senior Lecturer in Anaesthesiology, Faculty of Medicine, University of Peradeniya.

DR S RAMACHANDRAN MEMORIAL ORATION
Friday 8th July 2015

“Epidemiology of migration and mental health in Sri Lanka: local insight for a global impact”
Dr. Chesmal Siriwardhana MD, MSc, PhD
Senior Lecturer in Public Health, Anglia Ruskin University, UK

E M WIJERAMA ENDOWMENT LECTURE
Wednesday 28th October 2015

Emotional and spiritual intelligence and its relevance to medicine
Dr. Sunil Seneviratne Epa MD, MRCP (UK), FRCP (London), FCCP
Consultant Physician

SIR MARCUS FERNANDO ORATION
Thursday 29th October 2015

“Laparoscopic Cholecystectomy – Simple yet complicated”
Dr. Chandika Liyanage MBBS, MPhil (ANU), MS (C’bo), MRCS (Eng)
Senior Lecturer (Grade II), Department of Surgery, Faculty of Medicine, University of Kelaniya, Ragama

SIR NICHOLAS ATTYGALLE ORATION
Friday 20th November 2015
None qualified. Therefore the following symposium was held in his memory

“COMMON MEDICAL DISORDERS IN PREGNANCY”
Chairpersons: Professor Harshalal Seneviratne, Emeritus Professor of Obstetrics and Gynaecology
Dr. J. B. Peiris, Consultant Neurologist, Past President SLMA

Opening ceremony/ Introductory lecture by President SLMA on Sri Nicholas Attygalle

"Thyroid disease management in pregnancy"
Dr. Pradeep De Silva, MBBS, MS, FRCOG (UK)
Consultant Obstetrician and Gynaecologist, Colombo North Teaching Hospital

"Diabetes in pregnancy"
Dr. Dhammike Silva, MD, MS, MRCOG (UK)
Senior Lecturer in Obstetrics and Gynaecology, Sri Jayawardenepura University, Sri Lanka

"Heart disease in pregnancy: how can we improve maternal outcome?"
Dr. (Mrs) TRN Fernando, MBBS, MS, MRCOG (UK)
Senior Lecturer in Obstetrics and Gynaecology, Rajarata University, Sri Lanka

MURUGESAR SINNETAMBY ORATION
Thursday, 3 December 2015
None qualified. Therefore the following symposium was held in his memory

GENETICS, FETAL MEDICINE, AND ASSISTED REPRODUCTIVE TECHNOLOGIES

Welcome Address and Address on the Life of Dr. Murugesar Sinnetamby
Prof. Jennifer Perera, President, SLMA

Genetics of Disorders of Sexual Development
Dr. Nirmala Sirisena MBBS, MSc
Senior Lecturer and Clinical Geneticist, Human Genetics Unit, Faculty of Medicine, University of Colombo

Genetics of Subfertility and Recurrent Pregnancy Loss
Prof. Vajira H. W. Dissanayake MBBS, PhD, FNASSL
Director, Human Genetics Unit, Faculty of Medicine, University of Colombo
Prenatal Testing
Dr. Tiran Dias MBBS, MD, MRCOG, MD, Advanced Diploma in Fetal Medicine (UK)
Consultant Obstetrician and Gynaecologist and Fetal Medicine Specialist, Department of Obstetrics and Gynaecology, University of Kelaniya

Assisted Reproductive Technologies
Dr. Thilina Palihawadana MBBS, MRCOG, MSc in Clin Embryo, MPhil Embryologist
Department of Obstetrics and Gynaecology, University of Kelaniya

Dr Thashi Chang Orator, SLMA Oration being congratulated by the President

Dr B J C Perera delivering NDW Lionel Memorial Oration

Dr Chesmal Siriwardene delivering Dr S Ramachandran Oration

E M Wijerama Prize
A randomized control study of audio versus visual distraction to reduce patient discomfort during colonoscopy
1Faculty of Medicine, University of Kelaniya, Ragama, Sri Lanka
2University Medical Unit, Colombo North Teaching Hospital, Ragama, Sri Lanka

S E Seneviratna Prize
Bullying in schools among early adolescents in Galenbindunuweva educational zone: prevalence, types, common responses and effectiveness of a health promotion intervention
Jayasinghe VPKK, Perera KMN, Guruge GND
1Health Promotion Division, Biological Department, Faculty of Applied Sciences, Rajarata University of Sri Lanka
2Department of Public Health, Faculty of Medicine, University of Kelaniya
H K T Fernando Prize
An investigation of food borne outbreak among army soldiers in four military establishments in North Central Province

Kothalawala M1, Subasinghe SMA2, Hewavitharana SP3, Kannangara KMM4, Pathirage MVSC5
1Teaching Hospital Kandy, Sri Lanka
2District General Hospital Polonnaruwa, Sri Lanka
3MOH Hingurakgoda, Sri Lanka
4Military Hospital, Sri Lanka
5Medical Research Institute, Sri Lanka

Sir Nicholas Attygalle Prize
Effectiveness of a lifestyle modification programme in reducing cardiometabolic risk markers in urban Sri Lankan women with pre-diabetes

Waidyatilaka PHIU1, de Silva A2, Lanerolle P1, Wickremasinghe R3, Atukorala S1
1Department of Biochemistry and Molecular Biology, Faculty of Medicine, University of Colombo, Sri Lanka
2Department of Physiology, Faculty of Medicine, University of Colombo, Sri Lanka
3Department of Public Health, Faculty of Medicine, University of Kelaniya, Ragama, Sri Lanka

Wilson Peiris Prize
Randomised, single blind clinical trial on intramuscular long acting ACTH versus oral prednisolone for long term control of epileptic spams

Wanigasinghe J1, Arambepola C1, Sri Ranganathan S1, Sumanasena S1, Mohumdirum E1, Attanapola G1
1University of Colombo

Daphne Attygalle Prize for the best paper in Cancer
Development of modified mismatch PCR-RFLP to screen mutations in codon 12 and 13 of K-ras gene of colorectal (CRC) patients in Sri Lanka

Dhilhani MFF1, De Zoysa MIM2, Chandrasekhharam NV1, Gunawardene YINS4, Lokuhetti MDS3, Dassanayake RS1
1Department of Chemistry, Faculty of Science, University of Colombo, Sri Lanka
2Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka
3Department of Pathology, Faculty of Medicine, University of Colombo, Sri Lanka
4Molecular Medicine Unit, Faculty of Medicine, University of Kelaniya, Ragama, Sri Lanka

Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis
None qualify

Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine
A diagnostic model for Leptospirosis for use in resource limited settings

Rajapakse S1, Weeratunga PN1, Rodrigo C1, Sriharan S1, Niloofa MJR2, Fernando N2, de Silva HJ3, Karunanyake L1, Premawansa S2, Handunnetti S2
1Tropical Medicine Research Unit, Department of Clinical Medicine, Faculty of Medicine, University of Colombo, Sri Lanka.
2Institute of Biochemistry, Molecular Biology and Biotechnology, University of Colombo, Sri Lanka.
3Department of Medicine, Faculty of Medicine, University of Kelaniya, Ragama, Sri Lanka.
4Department of Bacteriology, Medical Research Institute, Colombo, Sri Lanka.
5Department of Zoology, University of Colombo, Sri Lanka.

Special Prize in Cardiology
The immediate outcome of intravenous Enoxaparin followed by subcutaneous Enoxaparin versus only subcutaneous Enoxaparin as adjunctive therapy for fibrinolysis in ST-elevated myocardial infarction in patients admitted to emergency treatment unit at teaching hospital Batticaloa

Arunlithy K1, Hewarathna UI2, Narayanapillai S1, Santhavani TS1, Sivapramyan A1, Ladahumanan D1
1Department of cardiology, Teaching Hospital, Batticaloa
2Department of cardiology, Teaching Hospital, Kandy
S Ramachandran Prize for the best paper in Nephrology
Urine micro albumin/creatinine ratio in wistar rats given unboiled and boiled water collected from dug wells in high disease prevalent areas for CKDU in North Central Province (NCP) and water from low disease prevalent Huruluwewa area in NCP

Thammitiyagodage MG1, Gunatillake MM1, Karunakaran R1, Kumara WGSS1, Galhena BP2, Thabrew MI3
1Medical Research Institute, Sri Lanka
2Department of Biochemistry and Clinical Chemistry, Faculty of Medicine, Kelaniya, Sri Lanka
3Institute of Biochemistry, Molecular Biology and Biotechnology, University of Colombo, Sri Lanka

SLMA prize for the best poster
Impact of a ward-based clinical pharmacy service in reducing drug-related hospital re-admissions in patients with chronic non-communicable diseases: evidence from a controlled trial in Sri Lanka

Shanika LGT1, Wijekoon N2, Jayamanne S1,2, Coombes J1, Mamunuwa N1, Dawson A1, De Silva HA2
1South Asian Clinical Toxicology Research Collaboration
2Faculty of Medicine, University of Kelaniya

CNAPT Award
“A quantitative exploration of the sociocultural context of teenage pregnancy in Sri Lanka”

Dr N R Hewageegana

SLMA Research Grant 2015
“Temporal trends in morbidity among older patients hospitalized to public inpatient facilities in Sri Lanka”

Dr P V D S Dharmagunawardena, Education, Research and Training Unit, Ministry of Health

G R Handy Award for the best paper in Cardiology published in the year 2015
“Testosterone and high-sensitive C-reactive protein in coronary artery disease patients awaiting coronary artery bypass graft”

Dr Chandima Wickramatilake, Faculty of Medicine, University Ruhuna

Glaxo Wellcome Research Award for the year 2015
“Estimation of salt intake and its association with blood pressure among adults”

Dr Chandima Wickramatilake, Faculty of Medicine, University Ruhuna

Dr. Thistle Jayawardena Research Grant for Intensive Care 2015
“Noise level variations in intensive care units in the Colombo group of hospitals”

Dr. Maheeka Nirmalee Rajamuni, National Hospital of Sri Lanka

Prof. Wilfred S E Perera Travel Award in Bioethics 2015
IRB Audit of Herbal Study Protocols has been accepted for an oral presentation during the next FERCAP International Conference to be held in Nagasaki University, Japan on November 22-24, 2015.

Dr. Chandanie Wanigatunge, Faculty of Medical Sciences, University of Sri Jayawardeneapura

FAIRMED Foundation Award 2015
Not Awarded
6. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 11 monthly clinical meetings this year on every 3rd Tuesday of the month. We are grateful to Dr Sudarshi Seneviratne, Assistant Secretary who organized this programme.

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the attendees. The detailed programme is given in the Annex 2.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly at registrars in training. The CPD committee and the Council have approved their recognition for award of CDP points under the category designated “Teaching Activities”.

7. REGIONAL MEETINGS

Ten meetings were held with clinical societies and medical associations in outstations in 2015. These meetings were well attended by the regional members. Dr Sharmini Prathapan with Dr Asiri Rodrigo organized the regional meetings with much diligence. The participation from the SLMA however needs to be improved. The academic programmes of these meetings are given in Annex 3. These meetings were meticulously organized by the Assistant Secretary Dr Shamini Prathapan with her team. The Ministry of Health provide transport for these regional meetings.

**Joint Clinical Meeting with the Chilaw Clinical Society**
25th January 2015 at the Chilaw Rest House, Chilaw

**Joint Clinical Meeting with the Homagama Clinical Society**
16th February 2015 at the Auditorium, Base Hospital, Homagama

**Joint Clinical Meeting with the Hill Country Clinical Society**
9th March 2015 at the Auditorium – District General Hospital, Nuwara Eliya

**Joint Regional Meeting with Kuru negala Clinical Society**
18th March 2015 at the Auditorium, General Hospital, Kuru negala

**Joint Academic Session with Ruhunu Clinical Society**
20th May 2015 at the Auditorium, General Hospital, Matara

**Joint Academic Session with Sri Jayawardenepura Clinical Society**
27th June 2015 at Auditorium, Sri Jayawardenepura General Hospital

**Joint Academic Session with Ratnapura Clinical Society**
26th August 2015 at Auditorium, Ratnapura General Hospital

**Joint Clinical Meeting with the Vavuniya Medical Association**
23rd September 2015 at the Eye Auditorium, Vavuniya General Hospital

**Joint Clinical Meeting with the Puttalam Clinical Society**
21st October 2015 at the Auditorium, Puttalam Base Hospital (PBH)

**Joint Academic Session with Avissawella Clinical Society**
27th November 2015 at the Auditorium, BOI Centre, Industrial Park, Avissawella

8. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2015 of the SLMA was jointly organized together with the Anuradhapura Clinical Society and took place from 28th – 30th October 2015 in the Professorial Unit Auditorium, Teaching Hospital, Anuradhapura. The Sri Lanka medical doctors and Dentists Association of United Kingdom were collaborators in the Foundation sessions and they provided expertise as speakers in many pre congress and scientific sessions. The Sessions were a great success with enthusiastic participation by doctors from all parts of the island.

The Sessions were ceremoniously inaugurated on the 28th October at the Professorial Unit Auditorium, Teaching Hospital, Anuradhapura. Dr Palitha Abeykoon, Immediate Past President of the SLMA graced the occasion as Chief Guest and the
Guest of Honour was Dr Niranjala meegodawithanage, the past President of the Anuradhapura Clinical Society. The Academic programme was wide and varied, and included the E M Wijerama Endowment Lecture “Emotional and spiritual intelligence and its relevance to medicine” which was delivered by Dr. Sunil Seneviratne Epa MD, MRCP (UK), FRCP (London), FCCP, Consultant Physician.

SLMA awards and the media awards were presented during the ceremonial inauguration. The detailed programme of the Foundation Sessions is given in Annex 4.

Several Guest lectures were held during the year 2015.

Guest Lecture
“Keeping our Humanity in an age of Technological Medicine”
Prof John Wyattte, BSc, MBBS (Lond), MRCP (UK), DCH (Lond), FRCP (Lond), FRCPCH
Emeritus Professor of Neonatal Paediatrics, UCL, Previously Professor of Neonatal Paediatrics, Ethics & Perinatology and Consultant Neonatologist, Institute for Women’s Health, University College London Medical School
18th February, 2015 from 12.00 noon – 1.30 p.m. at the New Lecture Hall, Faculty of Medicine, University of Colombo

Guest Lecture
“Implementation of next generation sequencing in Clinical Medicine”
Dr Michael Paumen Ph.D Senior Director, Medical Sciences, Asia Pacific & Japan Thermo Fisher Scientific Life Sciences Solutions Group
And
“Metagenomics – Increasing the speed and accuracy of diagnosing infectious diseases with NGS”
Dr Anupama Gaur Ph.D Business Development lead – NGS and Clinical Applications, Thermo Fisher Scientific – Life Science Solutions (Life Technologies)
19th February, 2015 from 12.15 p.m. – 1.15 p.m. at the New Lecture Hall, Faculty of Medicine, University of Colombo
History of Medicine Lecture 2015
“The evolution of Mental Health in Sri Lanka: from providing care for people with lunacy to Promotion of Mental Health”
Prof Nalaka Mendis, FRCPsych Emeritus Professor of Psychiatry, University of Colombo
26th February, 2015 from 6.30 p.m.at the Faculty Board Room, Faculty of Medicine, University of Colombo

Therapeutic Update on “Medicines in Depression”
Dr Padma Gunaratne
Consultant Neurologist, National Hospital of Sri Lanka, Colombo
27th February, 2015 from 12.00 noon – 1.00 p.m.at the Auditorium of the Department of Clinical Medicine, National Hospital of Sri Lanka, Colombo
Organised by the Medicinal Drugs Committee of SLMA

Guest Lecture
“Writing and publishing journal articles: ways to decrease stress and increase success”
Dr Babara Gastel BA (Yale), MD, MPH (John Hopkins), Professor of Integrative biosciences, Humanities in Medicine and Biotechnology at Texas A & M University
18th March, 2015 from 12.00 noon – 1.00 p.m.at the Faculty Board Room, Faculty of Medicine, University of Colombo

Guest Lecture
“Intimate partner violence in Sri Lanka: the transnational experience & global context” A Scoping Review
Dr Vathsala Jayasuriya, Consultant Community Physician, Co-Principal Investigator, Strengthening the health sector response to IPV, Ryerson University, Toronto
18th March, 2015 from 12.00 noon – 1.00 p.m.at the Faculty Board Room, Faculty of Medicine, University of Colombo

Therapeutic Update on “Medicines in Depression”
Professor Raveen Hanwella, Head of the Department, Professor in Psychiatry, Department of Psychiatry, Faculty of Medicine, Colombo
26th March, 2015 from 12.00 noon – 1.00 p.m.at the Lionel Memorial Auditorium, SLMA
Organised by the Medicinal Drugs Committee of SLMA

Therapeutic Update on “Medicines in Childhood Epilepsy”
Dr Jithangi Wanigasinghe, Senior Lecturer / Paediatrics, Faculty of Medicine, Colombo
5th June, 2015 from 12.00 noon – 1.00 p.m.at the Lionel Memorial Auditorium, SLMA
Organised by the Medicinal Drugs Committee of SLMA

Therapeutic Update on “Medicines in Chronic Obstructive Pulmonary Disease (COPD)”
Dr Kirthi Gunasekera, Consultant Respiratory Physician, Central Chest Clinic/ National Hospital of Sri Lanka, Colombo
7th August, 2015 from 12.00 noon to 1.00 p.m.at the Lionel Memorial Auditorium, SLMA
Organised by the Medicinal Drugs Committee of SLMA

Therapeutic Update on “Medicines in Endocrine Disorders of Children”
Dr Navoda Atapattu MBBS, MD, DCH, MRCPCH
Consultant Paediatric Endocrinologist, Lady Ridgeway Hospital for Children, Colombo
25th September, 2015 from 12.00 noon – 1.00 p.m.at the Lionel Memorial Auditorium, SLMA
Organised by the Medicinal Drugs Committee of SLMA

Guest Lecture
“The role of exercise in weight management with a focus on appetite regulation”
A practical based presentation
Professor Neil King, PhD (UK), Professor, School of Exercise and Nutrition Sciences and Director, Research Training Faculty of Health, Queensland University of Technology Brisbane Australia
21st October 2015 from 12.15 – 1.15 p.m.at the Lionel Memorial Auditorium, SLMA

Desmond Fernando Lecture 2015
“The life and times of Dr. Desmond Fernando”
Dr Dennis J Aloysius, MBBS (Ceylon), FCGP (SL), FSLCPaed. FCCP (Hon.)
Senior General Practitioner
16th November, 2015 from 6.30 p.m.at the Lionel Memorial Auditorium, SLMA

Guest Lecture
“Nutrition, Frailty and Prevention of Disabilities with Aging”
Dr. Matteo Cesari MD, PhD
Consultant Geriatrician, University of Toulouse, France
19th November 2015 from 12.30 p.m.at the Lionel Memorial Auditorium, SLMA
10. SEMINARS AND WORKSHOPS

SLMA organized several seminars and workshops during the year 2015. The detailed programmes are given in Annex 5.

WORKSHOP ON “EQUALITY FOR WOMEN IS PROGRESS FOR ALL”
3rd of March 2015 at 12.00 noon at the New Auditorium, Lady Ridgeway Hospital

SYMPOSIUM ON “MOVING TOWARDS FILARIASIS FREE SRI LANKA”
19th of March 2015 at 11.30 at the Lionel Memorial Auditorium

SYMPOSIUM ON “WORLD HEALTH DAY-2015 & RELATED ACTIVITIES OF THE WHO”
30th April 2015, at 8.30 a.m. at the New Building Lecture Hall, Faculty of Medicine, Colombo

YOUNG HEALTH PROFESSIONALS LEADERSHIP PROGRAMME 2015
18th June 2015, at 11.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “3D VIEW OF DENGUE: DIVERSITY, DEVELOPMENTS AND DETERMINATION TO CONTROL”
9th-11th June 2015 at Global Towers on Marine Drive, Colombo 06

CLINICAL NUTRITION MEETING 2015
20th September 2015 at 8.30 am at the Upper Crystal, Taj Samudra, Colombo

SYMPOSIUM ON “PRICING OF MEDICINAL DRUGS”
22nd September 2015 at 9.00 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “CONTROL OF RABIES IN SRI LANKA -THE WAY FORWARD”
30th September 2015 at 11.30 am at the Lionel Memorial Auditorium

CAREER GUIDANCE SEMINAR
4th October 2015, at 8.30 am at the Lionel Memorial Auditorium

WORKSHOP ON “GCP WORKSHOP”
8th and 9th October 2015, at 8.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “LEISHMANIASIS: ARE WE READY TO COMBAT?”
12th November 2015, at 11.30 am at the Lionel Memorial Auditorium

SEMINAR ON “WORLD OBESITY DAY”
11th October 2015, at 8.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “NEXT GENERATION SEQUENCING: A BOON TO INFECTIOUS DISEASES”
11th December 2015, at 11.30 am at the Lionel Memorial Auditorium
Established in 2011, DCSL, is a cricket club affiliated to SLMA. DASL is a club registered under Sri Lanka Cricket. The Cricket season for 2015 started in April. DASL emerged victorious in four out of a total of six matches played. The highlight of the year was the 7th annual cricket encounter between Sri Lanka Doctors Cricket team and the Sri Lanka Lawyers Cricket team held at P. Sara international cricket stadium on 5th December 2015. The Lawyers team bounced back to win by 15 runs to regain the BASL-SLMA Trophy. The SLMA team was captained by Dr. Rusiru Jayathilaka with Dr. Indika Karunathilake as the team manager.

Summary of the matches played by DCSL is as follows:
First match played against Faculty of Medicine, Colombo-Won by SLMA team
Second match played against Faculty of Medicine, Colombo-Won by SLMA team
Vs Negambo cc –Won by SLMA team
Vs. Rahula College, Matara-Won by Rahula College
Vs. Colombo South Teaching Hospital-Won by SLMA
Vs. Sri Lanka Lawyers-Won by the Lawyers Team

The annual Inter College softball Six-A-side Cricket Tournament organized by SLMA was held on 25th October 2015 at Health Department Grounds at Castle Street. Several team representing colleges and associations participated in the tournament. SLMA team qualified for the quarter finals. The team representing Sri Lankan Dental Association emerged as winners of the tournament.

Sri Lanka Medical Association is the apex body of the medical profession in Sri Lanka with a vision of serving the nation serving the profession. SLMA is organizing various events over the year with a busy calendar of events. Most of these activities are intended towards the continuous professional development. To take a break from the busy year calendar, SLMA organized the doctors six a side soft ball cricket encounter which held on 25th October 2015 at the Colombo University grounds for the 3rd consecutive year.

The main purpose of this event was to promote an active lifestyle among medical professionals. This was also intended to build up qualities like team building, teamwork, as well as acceptance of the glory of the victory as well as the losses in the life. And of course this was a great opportunity for medical professionals to get rid of the busy ward and clinic work and to relax their minds during the day. It was noticeable that the team mates were sharing their responsibilities forgetting the seniority in the profession.

The interest of the doctors to participate the event was quite high and the organizers had to limit the number of teams accepted to twelve for smoother running of the event despite the popular demand. There were 12 teams which included doctors from various disciplines and different grades. The first round of the event held as league matches under four leagues. The quarter and semifinals were held in the knockout order and finalists were the best teams left. The finalists of the tournament were SLDA team and Kandy Lions. The final match was a great time to see the cricketing skills of the doctors and after struggling awhile SLDA team became the champions of the tournament. The next spectacular thing was that all the award winners which included, man of the match, man of the series, best bowler, best batsman all were from these two teams of great players.
The organizers would like to thank all the doctors who participated the event, the institutional heads who supported them in participating, and all the others who supported in numerous ways in making this event a success.

Man of the series: Dr Dinesh Kumara, SLDA
Man of the match (final): Dr Dinesh Kumara, SLDA

Best Bowler: Dr A A E Nuwan Madushanka, Hill Country Lions
Best Batsman: Dr Namal Bandara Jayalath, Hill Country Lions

12. REPORTS OF SLMA COMMITTEES

COMMUNICABLE DISEASES

Chairperson: Dr. Ranjith Perera
Convenor: Dr. Hasini Banneheke

Members
Prof. Jennifer Perera	Dr. Ananda Wijewickrama	Dr. Neelamanie Punchihewa
Dr. Dennis Aloysius	Dr. Dushyanthi Athukorala	Dr. Maxie Fernandopulle
Dr. N.P.S.Gunaratna	Dr. Kalyani Guruge	Dr. Chandra Sarukkali
Prof. N.K.Gunawardana	Dr. Anoma Siribaddana	Dr. Risintha Premarathna
Dr. Dr. Deepa Gamage	Dr. Samitha Ginige	Dr. Janani Kottahachchi
Dr. Lakmini Wijesooriya	Dr. Rohini Wadanambi	Dr. Manel Fernando
Dr. Janaka Wickremasinghe	Dr. Sunil de Alwis	Dr. Iyanthi Abeywickrama
Dr. Shalindra Ranasinghe	Dr. Thushari Dissnayake	Dr. Yamuna Siriwardene
Dr. Lucian Jayasuriya

New members joined in 2015
Dr. Thushari Dissnayake	Dr. Shalindra Ranasinghe	Dr. Yamuna Siriwardene

Report presented by: Dr. Ranjith Perera & Dr. Hasini Banneheke

General Objective 1
Enhance the capacity as the apex professional and scientific organization of all categories of medical doctors as defined in the constitution of the SLMA.

Specific objective 1.1
Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and societies

Specific objective 1.2
Take appropriate measures to enhance the corporate image of the SLMA
Will work according to the guidelines given by the Council

Specific objective 1.3
Develop strategies to attract more doctors to join the SLMA
Not applicable
Specific objective 1.4
Develop a mechanism to respond rapidly to important current issues
Expert Committee on Communicable Diseases organized symposia to educate doctors and general public on important current issues.

Specific objective 1.5
Network with outstation clinical societies and associations to strengthen academic and professional links
Action will be taken in 2016

General Objective 2
Play an advocacy role towards comprehensive curative and preventive health services for the people of Sri Lanka

Specific objective 2.1
Further strengthen our links with the Ministry of Health
All important issues on communicable diseases will be discussed with the Ministry of Health and the relevant officials from the Ministry of Health will be invited for all symposia organized by the Committee.
Recommendations have been given for antimicrobial resistance in 2015 to DGHS.

Specific objective 2.2
Develop a review mechanism for monitoring and evaluation of the performance SLMA Committees every six months
Not applicable

Specific objective 2.3
Make optimal use of the media to address curative and preventive healthcare services delivery to the people
A member of the committee (Dr.Hasini Banneheke/secretary) writes health education articles to a newspaper on weekly basis

General Objective 3
Promote professionalism, good medical practice and ethical conduct among doctors.

Specific objective 3.1
Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development
As mentioned earlier, symposia on important current issues were held in this year which could be considered as a part of continuous professional development programme. The committee hopes to organize more symposia and lectures of this nature in 2016.

Specific objective 3.2
Develop mechanisms to increase ethical funding of SLMA activities
This specific objective will be taken into consideration when activities are organized. We have secured funds regularly on our own for all symposia held in year 2015.

General Objective 4
Disseminate state-of-the-art knowledge, clinical practice, technology and emerging concepts in medical sciences among medical professionals.

Specific objective 4.1
Develop a news-sheet with up-to-date developments in medicine and allied health sciences to public and private sector healthcare institutions and societies
Summary of presentations and recommendations of all symposia held has been published in the SLMA Newsletter.

Specific objective 4.2
Make available in-depth information of the summaries in the news-sheet electronically through the SLMA website and other useful web-links
This specific objective has already been followed by this committee.

Specific objective 4.3
Collaborate with Colleges in the above activities
All our symposia had indirect collaborations with guest speakers from different disciplines. Certain symposia were organized through colleges or specific institutions. Almost all symposia were ‘one health’ type.

Specific objective 4.4
Transmit the proceedings of scientific sessions of the SLMA on CD to public and private sector healthcare institutions and societies, especially in the outstations
Not applicable
Specific objective 4.5
Influence policy makers to contribute to the dissemination of health information through allocation of resources
We have got financial and human resources from WHO country office in Sri Lanka and Ministry of health for some of our symposia organized.

General Objective 5
Provide opportunities for continuous professional development with particular emphasis on the National CPD programme.

Specific Objective 5.1
Establish a National Centre for Continuous Professional Development CPD in Medicine (NCCPDIM)
Not applicable

Specific Objective 5.2
Award a Continuous Development Certificate based on a common point scheme acceptable to both specialist and non-specialist doctors
Not applicable

Specific Objective 5.3
Motivate doctors to participate in the National CPD Programme
Not applicable

General Objective 6
Encourage ethical medical research.

Specific Objective 6.1
Cultivate a research culture among medical doctors especially those in the outstations
Not applicable

Specific Objective 6.2
Attract more funds to the SLMA research fund
Not applicable

General Objective 7
Educate the public on health-related issues.

Specific Objective 7.1
Empower President, Secretary and Media Committee of the SLMA to respond quickly with the appropriate experts to health issues that emerge, pending covering approval of the council.
Not applicable

Specific Objective 7.2
SLMA to participate in short TV and radio programmes
Members of the Expert Committee on Communicable Diseases Committee would participate in media programmes on relevant topics in future. Such instances did not occur in 2015.

Specific Objective 7.3
SLMA to identify banks of experts on different subjects whom the SLMA Media Committee can draw on
The Expert Committee on Communicable Diseases Committee would provide necessary information regarding this matter.

General Objective 8
Enhance closer professional and scientific links between medical doctors and professionals allied to health care.

Specific Objective 8.1
Encourage professional development of professionals allied to health care.
In all or most of our activities we have provided other health allied professionals to contribute or gain knowledge. More such activities will be organized in 2016 to achieve this specific objective.

Specific Objective 8.2
Interact with professionals allied to health care on issues related to health
The committee organized a symposium on “Food safety” to mark the World Health Day 2015 with the participation of other professionals. In addition, this committee interact with Sri Lanka Veterinary Association on relevant issues such as Antimicrobial Resistance and control of rabies

Any other comments on activities of your committee
A symposium on STI and HIV has been organized. Another symposium on laboratory associated infections and risks to health care workers has been proposed as a future activity. Other symposia will be organized on current and future problems in communicable diseases aspect.
1. Moving towards filariasis free Sri Lanka
2. Food Safety “From Farm to Plate, Make Food Safe”
3. 3D view of dengue: Diversity, Developments and Determination to control
4. Control of rabies in Sri Lanka -The way forward
5. Leishmaniasis: Are we ready to combat
6. Annual congress symposium on One health concept: Way forward in controlling antimicrobial resistance

Committee meetings
06 meetings of the Expert Committee on Communicable Diseases were held during the year 2015, and the attendances of the members at these meetings were as follows.

<table>
<thead>
<tr>
<th>Name</th>
<th>Attended</th>
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<th>Name</th>
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<tr>
<td>Dr. Ranjith Perera</td>
<td>06</td>
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<td>Dr. Hasini Banneheke</td>
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<td>Dr. Lucian Jayasuriya</td>
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<td>Dr. Ananda Wijewickrama</td>
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<td>Dr. Neelamanie Punchihewa</td>
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<td>Dr. Dennis Aloysius</td>
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<td>Dr. Dushyanthi Athukoralia</td>
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<td>Dr. Maxie Fernandopulle</td>
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<td>Dr. N.P.S. Gunaratna</td>
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<td>Dr. Kalyani Guruge</td>
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<td>Dr. Chandra Sarukkali</td>
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<td>Prof. N.K. Gunawardana</td>
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<td>Dr. Deepa Gamage</td>
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<td>Dr. Risintha Premarathna</td>
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<td>Dr. Anoma Siribaddana</td>
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<td>Dr. Samitha Ginige</td>
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<td>Dr. Janani Kottahahachi</td>
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<td>Dr. Lakmini Wijesooriya</td>
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<tr>
<td>Dr. Rohini Wadanambi</td>
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<td>Dr. Manel Fernando</td>
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<td>Dr. Janaka Wickramasinghe</td>
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<td>Dr. Sunil de Alwis</td>
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<tr>
<td>Dr. Shalindra Ranasinghe*</td>
<td>02</td>
<td>03</td>
<td>Prof. Jennifer Perera</td>
<td>02</td>
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</tr>
<tr>
<td>Dr. Yamuna Siriwardene*</td>
<td>04</td>
<td>01</td>
<td>Dr. Thushari Dissnayake*</td>
<td>02</td>
<td>03</td>
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*Newly joined thus total meetings were 5.

E-book on “Food safety”: will be added to SLMA web under ECDC –SLMA.

A book on Leprosy: Prof. Jennnifer Perera has done all the needful and at currently at final proof reading stage will be published in near future.

MEDICINAL DRUGS

Chairperson: Emeritus Professor Gita Fernando
Convenor: Dr. Pradeepa Jayawardane

Members:
Prof. Priyadarashani Galappathy Dr Lucian Jayasuriya Dr. M C Weerasinghe
Prof. Chandanie Wanigatunga Dr. Sarath Gamini de Silva Dr. Srimathie Jayaratne
Prof. Shalini Sri Ranganathan Dr. Maxie Fernandopulle Miss Chinta Abeywardana
Dr. Shyamalee Samaranyake Mr. Mahanama Dodampagame

New members joined in 2015 : None

Report presented by: Prof. Gita Fernando and Dr. Pradeepa Jayawardane

Objectives of the committee

Main objective: To promote rational and appropriate use of medicinal drugs.

Specific objectives:
• promote continued professional development (CPD) of doctors by updating knowledge on medicinal drugs and therapeutics
• promote CPD of healthcare personnel including pharmacists, nurses
• provide appropriate information on medicinal drugs to doctors, other healthcare personnel
• provide appropriate information to educate patients and the public on commonly used medicinal drugs, in Sinhala, Tamil, English
• discuss problems related to regulation such as registration, pricing, distribution of medicines.

Committee meetings

Number of meeting held during the year 2015 up to 15th November 2015 is 6. The last meeting for the year will be held on 26th November 2015.
Activities carried out during 2015

1. Therapeutic Update Lectures
   The Medicinal Drugs Committee (MDC) organized the second series of lunch time lectures to update knowledge on therapeutics and rational use of medicines. Such updates were aimed at promoting CPD of post graduate trainees and other doctors. Six presentations were held for this year. The first 3 lectures were held at the Auditorium of the Department of Clinical Medicine, NHSL. The rest were held in the SLMA Auditorium. All lectures were well attended. The MDC wishes to acknowledge sponsorship provided by the State Pharmaceuticals Corporation in providing refreshments for the attendees. The following updates/ speakers were held:

   Drugs in Parkinson’s Disease by Dr. Padma Gunaratne - 27th February 2015
   Drugs in Depression by Prof. Raveen Hanwella - 27th March 2015
   Management of Childhood Epilepsy by Dr. Jithangi Wanigasinghe – 5th June 2015
   Drugs in the Management of COPD by Dr. Keirthi Gunasekera – 7th August 2015
   Drugs in Endocrine Disorders of Children by Dr. Navoda Attagattu – 25th September 2015
   Drugs in Rheumatoid Arthritis by Dr. Duminda Muniadas - 27th November 2015

2. Discussion on National Medicines Regulatory Act
   Prof. Jennifer Perera (President SLMA) and Prof Gita Fernando were co–chairpersons of meeting held on 16th February at SLMA. Participants included members of SLMA, professional colleges, pharmaceutical companies as well as members who developed the NMRA Act. Objective of the meeting was to discuss views on the proposed implementation of the Act.

3. Discussion on role of SLMA in rational use of medicines
   Discussion was held at SLMA on 18th March with participation of Dr Cathy Holloway- Regional Advisor Pharmaceuticals, WHO SEARO, Dr. Geethanjali, Consultant/ WHO. Prof Jennifer Perera chaired meeting. Prof Gita Fernando and Ms. Chinta Abeywardena, Ms. Indunil Priyangika (WHO, Sri Lanka) participated. Dr Cathy Holloway discussed about a national survey done at hospitals, community, other state institutions such as MSD at request of MoH. She discussed about the problems of inappropriate prescribing, escalating state sector cost of drugs, provision of inadequate information to patients/public and how SLMA can assist in improving such situation. Prof Jennifer informed about proposal CPD via on – line information to doctors on proceedings of SLMA symposia/ workshops.

4. Workshop on ‘Drug policy – Situation analysis’
   This workshop organized by MoH and WHO was held on 27th March at Hotel Kingsbury to discuss aspects of improving rational drug use based on results of national survey conducted by Dr Kathy Holloway, other officials of MoH. Prof Jennifer Perera, Dr. Sarath Gamini de Silva, Prof. Gita Fernando represented the SLMA.

5. Symposium on “Pricing of Medicinal Drugs”
   Symposium on “Pricing of Medicinal Drugs” was held on 22nd September. It was conducted in collaboration with National Medicines Regulatory Authority (NMRA) with involvement of relevant stake holders including doctors, pharmacists, members of pharmaceutical companies, journalists. It was held as a preliminary meeting to formulate a pricing policy for the country. Symposium was well attended.
   The symposium was chaired by Prof Gita Fernando and Prof RL Jayakody and the agenda was as follows:
   Introduction: Professor R. L. Jayakody- Chairman NMRA
   Strategies in pricing pharmaceuticals: examples and evidence: Dr. Chiranthi Liyanage, Lecturer in Pharmacology, University of Colombo
   Prices of medicines and its impact on the public: Dr. Ravi Rannan-Eliya, Institute of Health Policy
   Proposals on Pricing: Mr. Mahanama Dodampagame, Sri Lanka Chamber of Pharmaceutical Industry (SLCPI)
   Proposals on Pricing of Devices: Mr. Dilranjan Jacob, Sri Lanka Chamber of Medical Devices Industry (SLCMDI)
   Proposals on Pricing of Locally Manufactured Drugs: Mr. Trihan Perera, – Sri Lanka Pharmaceutical Manufacturers’ Association (SLPMA)
   Prices of medicines in Sri Lanka – A comparison with other countries: Professor Rohini Fernandopulle, Professor of Pharmacology, KDU
   Discussion - Active discussion followed with participation of doctors, pharmacists, journalists and members of pharmaceutical companies

6. Symposium on rational use of antibiotics organized in collaboration with the Ministry of Health
   A symposium on ‘Rational Use of Antibiotics’ was held in collaboration with the MoH. Prof. Shalini Sri Ranganathan participated at this symposium.
Patient Information Leaflets

Medicinal Drugs committee of the Sri Lanka Medical Association has arranged to publish booklets to provide essential information to the patients and the public about drugs which are commonly used as well as other topics relevant to patient care. These booklets are written in Sinhala, Tamil and English covering the following topics/authors:

Introduction: Rational use of western medicinal drugs – Prof Gita Fernando
Antibiotics - Prof. Gita Fernando
Oral contraceptive pill- Dr. Srimathie Jayaratne
Emergency contraceptive pill- Dr. Srimathie Jayaratne
Inhaled medicines in asthma – Prof. Chandanie Wanigatunge
Management of heart pain (Angina) – Prof. Gita Fernando
Non-steroidal anti-inflammatory drugs – Prof. Chandanie Wanigatunge
Cough syrups in children – Dr. Maxie Fernandopulle
Antipyretics in children – Dr. Maxie Fernandopulle
Diabetes – insulin or tablets? – Dr. Sarath Gamini de Silva
Drugs in hypertension – Dr. Sarath Gamini de Silva
Cholesterol and drugs to treat high blood cholesterol- Prof. Priyadarshani Galappaththy
Vitamins–Dr. ManujC Weerasnghe
Blood thinning agents – Dr. Priyanga Ranasinghe
Household poisoning –Dr. Pradeepa Jayawardane
How can pharmacists help patients in the correct use of medicines?–Ms Chinta Abeywardena

The title of booklets will be “Information to patients on commonly used western medicinal drugs”. MDC plans launching of booklets once printing is completed.

Action plan for 2016

- MDC is in the process of organizing an “Open Day” on antibiotics titled “Antibiotics - A Friend Turning Enemy” for health professionals (doctors, nurses, pharmacists, members of pharmaceutical industry, journalists and the general public). Proceedings will include brief presentations in all 3 languages by health professionals on ‘Prevention of antimicrobial resistance (AMR)’. Event is tentatively planned for February 2016.

The following speakers were nominated, others to be recommended.
Microbiologist- Dr. Kushlani Jayatillake
Pharmacologist –Prof. Chandanie Wanigatunge
Paediatrician – Dr. Pushpa Punchihewa
Family practitioner – Dr. Shayamalee Samaranayake to recommend speaker
Pharmacist – Ms. Chinta Abeywardena, recommend speaker
Nurses – Dr. SujathaSeneviratne, Nursing Unit / FMS, USJP, recommend speaker
Mr. MahanamaDodampegama, recommend speakerpharma. Industry
Prof. Shalini Sri Ranganathan and Prof. Chandanie Wannigatunge will translate
Proceedings during event to Tamil, Sinhala

- Therapeutic Update Lectures
MDC will continue to have therapeutic updates for 2016. The topics and the resource persons will be decided at the November meeting.


- Organisation of CPD program for community pharmacists in collaboration with PSSL and SLCPI.

ETHICS

Chairperson
Dr Eugene Corea
Convener
Dr Ruvaiz Haniffa

Members
Prof Anoja Fernando Dr Enoka Corea Dr Christo Fernando
Dr Preethi Wijegoonawardene Dr Panduka Karunanayake

Report prepared by Dr Ruvaiz Haniffa

The following activities were undertaken during the year

1. A review of the aims and objectives of the Committee adopted in 2001 was undertaken.
2. An article 'What has private practice done to us?’ by Dr Panduka Karunanayake, appearing in the April 2015 issue of SLMA News was discussed in detail. As a consequence of the discussion archival documents of the Workshop on Human Rights and the Sri Lankan doctor (a workshop conducted in 2002) and report of The Seminar on conflict resolution in the health sector organized by the ethic Committee in 1996 were revisited.
3. The Committee reviewed the format of the Diagnosis Card used in state sector hospital in Sri Lanka.
4. The Committee in collaboration with the College of General Practitioners of Sri Lanka organized a Pre Congress workshop titled ‘Perspectives of Values in Medicine – An Interactive symposium’ on 3rd June 2015. This was done for the SLMA Annual Session 2015.
5. The issue of legal and ethical aspect of DO NOT RESUSITATE DIRECTIVE issued by patients and relatives was discussed. The Committee proposed that a workshop to be conducted with the Bar Association of Sri Lanka to discuss the matter further. The President SLMA had written to the Bar Association and a date is awaited to organize the workshop.

ETHICS REVIEW

Chairperson  Professor Anoja Fernando
Secretary Dr. Chandanie Wanigatunge

Members
Dr. Malik Fernando  Prof. Shalini Sri Ranganathan  Prof. Amala de Silva
Dr. Kamal Weerapperuma  Dr. Sumal Nandasena  Dr. Carukshi Arambepola
Dr. Jayani Weeratne  Dr. Mayuri Thammiliyagodage  Dr. Mario Gomez (until Sep. 2015)

New members joined in 2015  None

Report presented by  Dr. Chandanie Wanigatunge

Objectives of the committee
• To provide timely and comprehensive review of biomedical research protocols submitted for ethical approval
• To provide guidance and support to other ERCs to enhance their capacity in reviewing applications pertaining to ethical aspects of biomedical research

Committee meetings
Total number of meetings 10

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<tr>
<th>Name</th>
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<td>Prof. Anoja Fernando</td>
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<tr>
<td>Dr. Chandanie Wanigatunge</td>
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<tr>
<td>Dr. Malik Fernando</td>
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<td>Dr. Shalini Sri Ranganathan</td>
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<td>Dr. Carukshi Arambepola</td>
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<td>Dr. Jayani Weeratne</td>
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<td>Prof. Amala de Silva</td>
<td>6</td>
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</tr>
<tr>
<td>Dr. Mario Gomez</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

Activities carried out during 2015

Ten meetings were held from January to October 2015 and 36 research proposals were submitted to the committee during this period. Two proposals were exempted from review as they were record based audits of minimal risk. Thirty six research proposals were approved (14 from 2014 and 22 from 2015) and eight proposals were removed from the agenda as the Principle Investigator did not respond despite repeated reminders. No protocols were rejected during this period.

The following were given ethical approval by the committee in 2015.

1. ERC/14-010 - Clinico-epidemiological and serological characteristics of human leptospirosis infection in the district of Colombo, Sri Lanka  
   Prof. Senaka Rajapakse, Professor in Medicine and Consultant Physician, Faculty of Medicine, University of Colombo
2. ERC/14-024 - Study on postoperative pain management  
   Dr. Vishwa Dassanayake, Consultant Anaesthetist, District Base hospital, Dambulla
3. ERC/14-032 - Investigation into the effect of using only water with reduced fluoride content and hardness for drinking on the prevalence, incidence and severity of chronic kidney disease (CKDu) in a selected G.N. division in Vavuniya District.  
   Prof. Colvin Goonaratna, Registrar, Ceylon medical College Council, Faculty of Medicine, Kynsey Road, Colombo 08
4. ERC/14-033 - An assessment of an intervention to improve the effectiveness of high level meetings conducted at the Ministry of Health  
   Dr. M.A.S.C. Samarakoon, Registrar in Medical Administration, Ministry of Health
5. ERC/14-038 - The effects on children after loss of a parent due to chronic kidney disease of uncertain aetiology, in a rural village in eastern province, Sri Lanka  
   Dr. W.M. Lasantha Damminda Jindasa, Medical Officer, Colombo Institute of Research and Psychology (affiliated to Coventry University, UK)
6. ERC/14-047 - Multi-Sectorial nutrition assessment and gap analysis in Sri Lanka’s Estate Sector  
   Dr. Angela de Silva, Department of Physiology, Faculty of Medicine, Colombo
7. ERC/14-50 - Out of pocket expenditure for treatment of non-communicable diseases among elderly patients attending a medical clinic for National Hospital of Sri Lanka
   Dr. BEC Kulathunga, National Hospital of Sri Lanka

8. ERC/14-030 - Randomized Double blind study on efficacy of intralesional metronidazole Vs intralesional sodium thiosulphate in L.donovani cutaneous leishmaniasis
   Dr. Nayani Priyangika Madarasinghe, Consultant Dermatologist, Teaching Hospital, Anuradhapura

9. ERC/14-045 - Assessment of the prevalence of Haemoglobinopathies in Batticaloa of Sri Lanka
   Dr. D. R. Pulleperuma, Consultant Haematologist, General Hospital, Hambanthota

10. ERC/14-055 - Metabolic Syndrome and cardiovascular risk among patients with major psychiatric illness, attending a follow up psychiatric clinic at Colombo South Teaching Hospital
    Dr. NAS Ariyawansa, Senior Registrar, Endocrinology, Colombo South Teaching Hospital, Kalubowila

11. ERC/14-056 - Awareness of the by-stander, level of adherence to proper pre-operative fasting guidelines and the association between pre-operative over-fasting and post-operative vomiting among children undergoing bone marrow aspiration under general anaesthesia at a tertiary care setting in Sri Lanka
    Dr. AVK Jayasinghe, Medical Officer – Anaesthesiology, National Cancer Institute, Maharagama

12. ERC/15-001 - Strengthening Health Policy Response to address intimate partner violence in Sri Lanka
    Phase I: Pathways through which women in Sri Lanka seek recourse from IPV
    Dr Sepali Guruge, Associate Professor, School of Nursing, Daphne Cockwell School of Nursing, Ryerson University, Toronto, Canada

13. ERC/13-043 Compare the effectiveness of post-operative pain relief in routine practice of subarachnoid injection of fentanyl or morphine to healthy pregnant mothers undergoing elective caesarean sections
    Dr J D Y Silva, Medical Officer in Anaesthesia and ICU, Base Hospital, Homagama

14. ERC/14-041 - Comparison of maternal outcomes following early versus traditional discharge of mothers from postnatal wards following caesarean section
    Dr. Jeewan Prasanga Marasinghe, Royal Women’s Hospital, Melbourne, Australia

15. ERC/14-056 - A study in career awareness of preoperative fasting requirements in children awaiting bone marrow aspiration at a tertiary care setting in Sri Lanka
    Dr. R P S Wijesinghe, Medical Officer – Anaesthesiology, National Cancer Institute, Maharagama

16. ERC/15-003 - Development of cardiac events, survival and quality of life among the post coronary artery bypass graft (CABG) patients registered in cardiology unit, National Hospital Sri Lanka (NHSL)
    Dr N H G Seneviratne, Senior Registrar in Cardiology, Institute of Cardiology, National Hospital of Sri Lanka

17. ERC/15-005 - An assessment of safety and feasibility of the one day procedure of adult patients’ native percutaneous kidney biopsy as a diagnostic procedure in Sri Lanka
    Dr S Mathu, Consultant Nephrologist, Ministry of Health, Teaching Hospital, Kurunegala

18. ERC/15-004 - Factors affecting adherence to self-monitoring of blood glucose (SMBG) among insulin treated patients with type 2 diabetes in Sri Lanka
    Mr J Muthalsamy, Sales & Marketing Coordinator, Hemas Surgicals & Diagnostics

19. ERC/15-009 - A Study of a group of patients having chronic kidney disease in Deniyaya, Sri Lanka
    Dr AVK Jayasinghe, Medical Officer – Anaesthesiology, National Cancer Institute, Maharagama

20. ERC/15-002 - Prevalence of selected non communicable diseases and risk factors among estate population in Yatadulawatta estate of Matagama Medical Officer of health area
    Dr C A Hettiarachchi, Medical Officer (Maternal and Child Health), Regional Director of Health Service Office, Kalutara

    Dr GJC Garusinghe, Consultant Endocrinologist, Teaching Hospital, Kurunegala

22. ERC/15-017 - Knowledge and adequacy of training on prevention of occupational exposure to HIV, among final year students of state nursing schools in the Western Province, Sri Lanka
    Dr U N Jayasinghe, Assistant Consultant Venereologist, National STD/AIDS Control Programme, Colombo

23. ERC/15-008 - Disease pattern, risk factors and treatment outcomes among patients with oral mucosal lesions attending the Oral & Maxillofacial Unit D, Dental Institute, Ward Place, Colombo 7
    Dr S D Gunatilaka, Consultant Oral & Maxillofacial Surgeon, Dental Institute, Ward Place, Colombo 7

24. ERC/15-010 - Assessment of drug use pattern, using WHO core-indicators, at outpatient Department of BH Avisawella, Western Province, Sri Lanka
    Dr WK VS Seneviratne, AMOH, MoH Office, Hanwella

25. ERC/15 – 012 - Study on endocrine manifestation of patients diagnosed with thalassemia treated in National Thalassemia Unit, Kurunegala, Sri Lanka
    Dr GJC Garusinghe, Consultant Endocrinologist, Teaching Hospital, Kurunegala

26. ERC/15-014 - Factors associated with iron supplementation among pregnant women in Kegalle district Sri Lanka
    Dr R P S Wijesinghe, Medical Officer Eye, General Hospital, Kegalle

27. ERC/15-016 - Designing and piloting of Sri Lanka Stroke Clinical Registry (SLSCR)
    Dr P S Gunaratne, Consultant neurologist, Ward – 16, National Hospital of Sri Lanka

28. ERC/15-018 - Diabetes and cardio-metabolic risk assessment among Buddhist monks in North Western Province, Sri Lanka
    Dr GJC Garusinghe, Consultant Endocrinologist, Teaching Hospital, Kurunegala

29. ERC/15-020 - Prevalence and risk factors associated with pin site infection among trauma patients who undergo external fixation in a tertiary care centre in Sri Lanka
    Dr M N Karunatilaka, Senior House Officer, Orthopaedics, National Hospital of Sri Lanka

30. ERC/15-021 - Non-randomized controlled trial on the stability and outcome of the conventional wrist-spanning external fixator versus an invented low cost wrist-spanning radio-metacarpal external fixator for commuted displaced distal radius fractures
Dr G A L Niroshana, Registrar in Orthopaedic Surgery, National Hospital of Sri Lanka
31. ERC/15-023 - Knowledge attitude and beliefs regarding voluntary blood donation among adults residing in MoH area Akkaraipattu
  Dr M S A Cooray, Medical Officer, Base Hospital, Akkaraipattu
32. ERC/15-025 - Current management and post-operative outcome of malleolar fractures - single unit experience
  Dr L S A Hewage, Registrar Orthopaedics, National Hospital of Sri Lanka
33. ERC/15-022 - Clinical audit and a pilot study of bundle care approach for compound tibial shaft fractures
  Dr H L C Lakmal, Registrar in Surgery, National Hospital of Sri Lanka
34. ERC/15 -35 - Demographic and Health Survey of Sri Lanka 2014/2015
  Dr A J Satharasinghe, Dept. of Census and Statistics, 'Sankyana Mandiriaya, No 306/71, Polduwa Road, Battaramulla
35. ERC/15-030 - An Assessment on Urban Health Issues Affecting Selected Populations in the Western Province, Sri Lanka
  Dr Upul Senerath, Senior Lecturer in Community Medicine, Faculty of Medicine, University of Colombo
36. ERC/15-031 - Knowledge and Preparedness on home accidents among mothers of preschool children in Medical Officer of Health (MOH) area Maharagama
  Dr N Weerasekera, Trainee in Diploma of Health Sector Disaster management, Post Graduate Institute of Medicine, Colombo

The following proposals were exempted from review as they were record based audits without any interventions.

1. ERC/15-011 - Descriptive study on secondary bacteremia among dengue patients in a dengue treatment unit
   Dr D Dhaputhanthiri, Medical Officer/ ICU/ BH Angoda (IDH)
2. ERC/15-019 - Current management of hip fracture in Orthopaedic Unit. The National Hospital of Sri Lanka
   Dr G A L Niroshana, Registrar in Orthopaedic Surgery, National Hospital of Sri Lanka

ERC members were resource persons at workshops conducted by FERCSL and NHRC.

Action plan for 2016
- Provide support to FERSL and other ERCs to enhance capacity of ethical review of biomedical research.

EXPERT COMMITTEE ON ERGONOMICS
Chairperson Dr. Kapila Jayaratne
Convener Dr. Sameera Senanayake

Members
Dr. Manjula Danansuriya
Dr. Inoka Suraweera
Dr. Hemali Jayakody
Dr. Nuwan Wickramasinghe
Dr. Kshima Weliwagamage
Dr. Dhanusha Punyadasa
Dr. Indralal Nagasinha
Dr. Chandana Gajanayake
Dr. Achala Jayathilake

New members joined in 2015
Dr. Priyanga Ranasinghe
Dr. Dananja Illangasinghe
Dr. Sumudu Hewage

Report presented by Dr. Kapila Jayaratne

Objectives of the committee
- To function as the umbrella body in promoting ergonomics
- To map and collate evidence in ergonomics and health consequences
- To synthesize and disseminate new knowledge on ergonomics
- To advocate healthcare and other stakeholders in relevant sectors on issues related to ergonomics
- To interface with national and provincial health professionals and other stakeholders (eg. other government bodies, INGOs) as appropriate to generate funds and to facilitate the implementation and adoption of ergonomic initiatives
- To initiate and sustain activities both at national and sub-national level to expand ergonomics in health and relevant fields

Committee meetings
Number of committee meetings held during the year 2015 – 08

<table>
<thead>
<tr>
<th>Name</th>
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<th>Excused</th>
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<tbody>
<tr>
<td>Dr. Kapila Jayaratne</td>
<td>08</td>
<td>-</td>
</tr>
<tr>
<td>Dr. Sameera Senanayake</td>
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</tr>
<tr>
<td>Dr. Manjula Danansuriya</td>
<td>06</td>
<td>02</td>
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<tr>
<td>Dr. Inoka Suraweera</td>
<td>06</td>
<td>02</td>
</tr>
<tr>
<td>Dr. Hemali Jayakody</td>
<td>07</td>
<td>01</td>
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<tr>
<td>Dr. Nuwan Wickramasinghe</td>
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<tr>
<td>Dr. Kshima Weliwagamage</td>
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<tr>
<td>Dr. Dhanusha Punyadasa</td>
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<tr>
<td>Dr. Indralal Nagasinha</td>
<td>04</td>
<td>04</td>
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<tr>
<td>Dr. Chandana Gajanayake</td>
<td>02</td>
<td>06</td>
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<tr>
<td>Dr. Priyanga Ranasinghe</td>
<td>02 (joined in June)</td>
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<tr>
<td>Dr. Dananja Illangasinghe</td>
<td>08</td>
<td>0</td>
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<tr>
<td>Dr. Sumudu Hewage</td>
<td>07</td>
<td>01</td>
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Activities carried out during 2015
The theme of SLMA-ECE in 2015 was “Children Safety”.

1. Development and printing of a child injury poster
   - A child injury prevention poster was developed after several rounds of consultative meetings with the participation of experts in the field. Fifteen thousand (15000) posters were printed in all three languages and they are currently been distributed throughout the country. The poster was officially launched at Family Health Bureau with the participation of the Honorable Minister of Health, Dr. Rajitha Senarathna on 30th March 2015.
   - A media briefing and introducing of the poster to the public was held on the 26th of May 2015 at Health Education Bureau auditorium with the participation of Ministry of Health and UNICEF officials.
   - A television commercial highlighting the importance of preventing the child injuries have been developed with the help of the experts in the field and was be telecasted in some selected television channels in due course.

   - The above mentioned symposium was held at 128th Anniversary International Medical Congress of SLMA on 8th of July 2015 at Galadari Hotel, Colombo. This was organized by the Experts Committee on Ergonomics – SLMA.
   - Local as well as foreign experts in the field of child injury prevention participated as resource persons.
   - Local Experts included:
     1. Dr. Kapila Jayaratne - Chairperson – Expert Committee on Ergonomics - SLMA
     2. Dr. Manjula Danansuriya - Consultant Community Physician – Family Health Bureau
     3. Dr. Sanjaya Abeygunasekara - Consultant Surgeon – Lady Ridgeway Children’s Hospital
     4. Dr. Sameera Senanayake - Convener, Expert Committee on Ergonomics - SLMA
   - Foreign expert was Mr. Eric Chalmers, who in the CEO of Kidsafe in Canberra, Australia. He explained about the various Options for Child Injury Prevention from an international perspective.
   - The session was co-chaired by Dr. Malik Fernando and Ms. Caroline Bakker, Chief of Child Protection, UNICEF. The symposium was well attended by very eminent personnel both medical and non medical.

3. National and regional workshops on Child Safety
   A national workshop was held on 8th July 2015 at Health Education Bureau. The theme of the workshop was “Child Injury Prevention through MCH Networks”. Eminent speakers who are experts in the field participated as resource persons. The audience included District and National public health staff, Regional Directors of Health and Central level policy makers.

On 9th July 2015, a regional level workshop was held in Kegalle RDHS office for the regional public health staff.

Eminent speakers who are experts in the field are expected to participate in this workshop as well. The theme of the workshop was “Child Injury Prevention through MCH Networks”

   The Expert Committee on Ergonomics of Sri Lanka Medical Association, in collaboration with the Ministry of Health, Family Health Bureau and the UNICEF, organized a Child Safety Week starting from 28th of September to 4th of October coinciding with the 1st of October - the World Children’s Day. Various activities to improve the awareness of the public regarding injury prevention and child safety were implemented throughout this week with the participation of various stakeholders such as the National Poison Information Center, Ministry of Law & Order and Prison Reforms, Sri Lanka Police, Education Ministry, National Child Protection Authority and Ministry of Child Development and Women’s Affairs.
   - Media Briefing
     Child Safety Week started on 29th September with a media briefing held at the SLMA Auditorium. More than 30 media officials from leading paper and electronic media participated at the briefing.
This resulted in a number of articles in newspapers and news clips and tele-programs in prime TV channels.

- Dr. Asvini Fernando and Dr. Kapila Jayaratne featured in “Niskalanka Hathahamara” program of premier TV channel ITN on child injury prevention.

- **Activities carried out in collaboration with by Ministry of Health / Family Health Bureau**
  1. Distribution of **child injury prevention posters** among healthcare workers and institutions
  2. Organization of **activities related to prevention of childhood injuries** at MOH office or nearest town with the participation of community organizations and other relevant stakeholders
  3. Awareness of mothers at antenatal, child well-baby, immunization and well-women clinics about child injuries and prevention methods (**health talks**)
  4. Inspection of houses under care using the **safe home checklist** and advise on safety by PHM
  5. Inspection of all **school premises** for injury risks by PHI
  6. To organize **road safety** activities in liaison with Traffic division of Police
  7. Screening of **School Van Drivers** for vision and appropriate referral by MOOH & PHI
  8. Initiation of an **Injury Record Book** at all schools
  9. Facilitation of provision of a **First Aid Box** for all schools

- **National Poison Information Center** – launch of a CD on childhood poisoning – “Prevent Household Poisoning”

SLMA–ECE recognized the lacunae in scientific evidence on childhood injuries and organized a research forum during the Child Safety Week – 2015 to collate available information, highlight the issue and initiate a dialogue within the scientific community. The objective of this activity is to apply research into practice and utilize available resources and systems together to prevent deaths, disabilities and unnecessary tragedies to children, families, and communities.

The workshop included 3 plenary presentations and 7 free papers. All presentations were published in a booklet.

• The College of Surgeons Sri Lanka, Family Health Bureau & Lady Ridgeway Hospital – Educational workshop for 110 first contact doctors in three districts (Gampaha, Colombo & Kalutara) on "care for the injured child". Dr. Ranjan Dias and Dr. Ranjith Ellawala of CSL coordinated the workshop.

• Sri Lanka Police

Island-wide education program on child helmets – parents carrying children on motor bikes were educated on the need of protection with a helmet.

A health provocation sticker was pasted by Traffic Police Officers on petrol tank of the motor bikes of parents carrying their children without helmets. 39894 stickers were pasted (from 1st – 31st October). This was coordinated by DIG Traffic - Mr. Amarsiri Senaratne.

SLMA Expert Committee on Ergonomics is proud to be conceptualizing, organizing and printing these stickers.

This also resulted in several media news and articles;
Educated general public on road safety on walking. Ensured three-wheeler safety and highlighted the need for having child restraints in taking children in motor care.

- **Ministry of Law and Order**  
  Initiative cover unprotected wells in each village through Civil Defense Committees.

- **National Child Protection Authority**  
  Awareness of wardens of children’s homes on injury prevention.

- **Sri Lanka Children Safety**, a community group along with **Ministry of Education** conducted creative educational activities on injury prevention for children.

**Child Safety Walk – 2015**

The peak event of this program, the “**Child Safety Walk**”, took place on Sunday, the 4th of October, 2015 at the Bandaranaike Memorial International Conference Hall premises. A large number of people including key figures (Dr. Rajitha Senaratne – Minister of Health, Dr. Sudarshani Fernando Pulle – State Minister of Urban Planning and Water management, Mr. Nishantha Warnasinha – Minister of Health Western Provincial Council) and celebrities of the country took part at this event. Dr. Hemantha Beneragama, Director – Family Health Bureau, welcomed participants. Dr. Palitha Mahipala, Director General of Health Services highlighted the importance of child injury prevention and the awareness of general public. Dr. Iyanthi Abeywickrama, President Elect – Sri Lanka Medical Association represented Prof. Jennifer Perera, President – SLMA.

A drama organized by Dr. Lakmini Magodaratne, Consultant Community Physician – National Institute of Health Sciences, Kalutara played prior to the walk.

**Action plan for 2016**

SLMA-ECE plans to launch following activities during the year 2016;  
- Expanding child safety activities  
- Awareness workshops on Occupational Safety  
- Publication of the special issue of the prestigious international journal - WORK, published by the IOS Press dedicated to Sri Lanka titled “**Ergonomics and Work in Sri Lanka**”  
- Abstract submission and representation at 12th World Conference on Injury Prevention and Safety Promotion, Safety 2016  
- Promotion of healthy schoolbag in liaison with Ministries of Health and Education  
- Promotion of “Stretch Break for Kids” - a software designed by a team of health care professionals to inculcate ergonomic behaviors among children

**HEALTH MANAGEMENT**

<table>
<thead>
<tr>
<th>Chairperson</th>
<th>Dr. Susantha de Silva</th>
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<tbody>
<tr>
<td>Convenor</td>
<td>Dr. Suranga Dolamulla</td>
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**Members**

<table>
<thead>
<tr>
<th>Dr. Lucian Jayasuriya</th>
<th>Dr. Palitha Abeykoon</th>
<th>Dr. B Kumarendran</th>
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<tr>
<td>Dr. K Dudley P Perera</td>
<td>Dr. Amal Harsha de Silva</td>
<td>Dr. K C Shanti Dalpadadu</td>
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<tr>
<td>DR. Athula Kahandallyanage</td>
<td>Dr. S Sridaran</td>
<td>Dr. Neelamaniie Hewageegana</td>
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<tr>
<td>Dr. Nico Jayasekara</td>
<td>Dr. Thushara Ranasinghe</td>
<td>Dr. Alan Ludowyke</td>
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<tr>
<td>Dr. S M Samarage</td>
<td>Dr. Ruvaiz Hanifia</td>
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**Report presented by Dr Suranga Dolamulla**

Proposed activities for 2015 are listed under objectives of SLMA Corporate Plan.
Objective 2: Promote professionalism, good medical practice and ethical conduct among doctors

1. Conduct Career Guidance Workshop
2. Organize SLMA Pre-congress Seminar on Health Policy
3. SLMA and CMA SL Joint seminar on “Public-Private Partnerships in Health” - Completed
4. Collaborate with CMA in conduct of workshop on Cost Analysis of burden of disease and Health outcomes of Chronic diseases. - Completed
5. Promote Patient Safety seminars District wise
6. Initiate a Healthcare accreditation system

Objective 2.1: Strengthen our links with Ministry of Health

1. Conduct Regular Meetings with MOH on matters arising in committee
2. Support MOH in its review of National Health Policy
3. Support development of CKDU strategic plan
4. Initiate a Process for development of an effective Ambulance System for disaster management

Objective 2.2: Develop a review mechanism for Monitoring and evaluation of performance of SLMA committees

1. Assist the council in monitoring implementation of Corporate plan of SLMA.
2. Objective 6: Encourage ethical medical research
3. Compile a document on research findings related to Health Services Management for Policy makers

Chairperson & Convenor  Dr Ruvaiz Haniffa

REPORT
(Presented by Dr Ruvaiz Haniffa)

The Annual SLMA Awards for Excellence in Health Journalism 2015 was successfully conducted for the 12th consecutive year. The Committee received 06 articles in Sinhala, 02 articles in Tamil and 03 English articles for evaluation were received this year. The following awards were made at the inauguration of the SLMA Foundation Sessions held in Anuradhapura in collaboration with the Anuradhapura Clinical Society on 28th October 2015.

Sinhala Medium
“මිතුරු වෙසින් වෙෙණ ෙදන මාරකය”
by Mr. Damitha Nipunajith - “Vidusara”
Upali Newspapers (Private) Limited

Tamil Medium
“පච්චෛ කුතික් කුතික් මල්වතිල්”
(Picture stroke design mark permanently on a person's skin)
by Mrs. S. Dorin – “Virakesari”
Express Newspapers Ceylon Pvt. Ltd.

English Medium
"Instant Noodles in hot water"
by Ms Sarah Muiz – “Daily Mirror”
Wijeya Newspapers Ltd.

The panel of judges who served in evaluating the article were; Dr. Waruna Gunathilake (Sinhala medium), Dr. V. Murali (Tamil medium) and Dr. Saroj Jayasinghe (English medium).

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given to it carrying out its activities during the year.
MEDICAL EDUCATION

Chairperson
Dr. Palitha Abeykoon

Convenor
Dr. Madawa Chandratilake

Members
Dr. Indika Karunathilake
Dr. Gominda Ponnamperuma
Dr. Asela Olupeliyawa

Prof. Saroj Jayasinghe
Prof. Janaki Hewavisenthi
Dr. Anuradhan Kasturiratne

Dr. Amaya Ellawala
Dr. Dilmini Karunaratne

New members joined in 2015
The whole committee was reconstituted in 2015.

Report presented by
Dr. Madawa Chandratilake

Objectives of the committee

- To act as an advisory body to the SLMA in issues pertaining to and related to medical education
- To disseminate knowledge in to medical education among the medical community in Sri Lanka
- To promote medical education related research among the SLMA membership

Committee meetings

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<thead>
<tr>
<th>Name</th>
<th>Attended</th>
<th>Excused</th>
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<tbody>
<tr>
<td>Dr Palitha Aberkoon</td>
<td>4/5</td>
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<tr>
<td>Dr Madawa Chandratilake</td>
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<tr>
<td>Dr Indika Karunathilake</td>
<td>4/5</td>
<td>1/5</td>
</tr>
<tr>
<td>Dr Gominda Ponnamperuma</td>
<td>5/5</td>
<td>0/5</td>
</tr>
<tr>
<td>Dr Asela Olupeliyawa</td>
<td>1/5</td>
<td>4/5</td>
</tr>
<tr>
<td>Prof. Saroj Jayasinghe</td>
<td>1/5</td>
<td>3/5</td>
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<tr>
<td>Prof. Janaki Hewavisenthi</td>
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<td>1/5</td>
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<tr>
<td>Dr Anuradhan Kasturiratne</td>
<td>4/5</td>
<td>1/5</td>
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<tr>
<td>Dr Amaya Ellawala</td>
<td>5/5</td>
<td>0/5</td>
</tr>
<tr>
<td>Dr. Dilmini Karunaratne</td>
<td>4/5</td>
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* (on overseas leave)

Activities carried out during 2015

Goals

- Facilitation of MoH training programme for healthcare professionals through FOSME
- Delphi study on identifying current issues in health professions education (On-going)
- Seminar on ‘who is a specialist?’ (Annex 1)

Activities

| To act as an advisory body | X |
| To disseminate knowledge   |   |
| To promote medical education related research | X |

Action plan for 2016

- Continuing the on-going projects
- Organising a student debate on ‘private medical education in Sri Lanka’
- Evaluating extent of the cultural competence addressed in undergraduate curricula in Sri Lanka medical schools

A report on the seminar on "Who is a Medical Specialist?"

SLMA Expert Committee in Medical Education

A panel discussion on the above topic was held on 12th October 2015 at the SLMA Lionel Memorial Auditorium, to raise the awareness and create a dialogue among the medical community on this interesting and much debated topic. The event was organized by the SLMA Expert Committee in Medical Education and chaired by Dr. Palitha Abeykoon (Chairperson, SLMA Expert Committee in Medical Education).

The panel consisted of eminent speakers representing different disciplines of medicine. Dr. Lalantha Ranasinghe, Professor Senaka Rajapakse, Professor Jennifer Perera, Professor Antoinette Perera and Dr. Sarath Gamini de Silva enlightened the gathering with a very informative educational dialogue on the topic.

Dr. Lalantha Ranasinghe represented the SLMC (Sri Lanka Medical Council) and AMS (Association for Medical Specialists) and emphasized that both organizations shared the same views regarding the concept of a "Medical Specialist" and the need of a medical registry to benchmark a medical specialist. He described the endeavors of the SLMC in amending the medical ordinance to govern medical specialists and the progress in implementing a registry for medical specialists. He further stated that the influx of foreign medical specialists to the country and their absorption into many private sector clinical settings, has made it necessary to expedite this process.
Professor Senaka Rajapakse representing the PGIM (Postgraduate Institute of Medicine), stated that the PGIM, of the University of Colombo, provide accreditation for specialists through a system of board certification. He further mentioned that the PGIM is working towards accreditation of its board certification by the international medical community and also described the necessity of establishing a mechanism for mutual recognition of properly trained and accredited medical specialists from foreign countries.

Professor Jennifer Perera, Dean, Faculty of Medicine, University of Colombo expressing her views on the topic portrayed a medical specialist as a “medical professional who has completed advance education and training in a specific area of medicine”. She stated as per the local context the training of a medical specialist ends with board certification following four to six years of training and emphasized the importance of continued training and the necessity to introduce a system of recertification to maintain the specialist status. She also called attention to the necessity to provide opportunities for sub specialties to develop and expand their boundaries to be on par with the developments of other countries. Furthermore the need to develop other skills in addition to the discipline specific knowledge and skills, i.e. communication skills, empathy, decision making, team work, ability to handle pressure etc. was also highlighted in her speech.

Dr. Anuruddha Padeniya, representing the GMOA (Government Medical Officers Association), identified the main problem to be the lack of a proper definition of a specialist and a method of evaluation of foreign medical professionals, and emphasized the need of a specialist registry. He further stressed that this problem is applicable mainly to the private sector, as the government sector has a streamlined procedure of recruiting specialists board certified by the PGIM. Dr. Padeniya described the steps initiated by the GMOA to develop a procedure to evaluate foreign doctors. He stated that these activities are detailed in the book published by the GMOA titled, ‘Establishment of ‘Specialist Registry’ & Introduction of an Evaluation Procedure for Foreign Medical Specialists’. Dr. Padeniya described the renewed interest in this topic with the implementation of CEPA and SATIS, heightening the need for a reinforcement of the regulatory framework. Dr. Padeniya concluded by emphasizing the role of the SLMC in implementing a specialist register.

Prof. Antoinette Perera, as the President of the Sri Lanka College of General Practitioners (SLCGP), provided a fresh perspective to the topic by focusing on medical specialists within the context of general practice. She talked about the two groups of family physicians, practicing in the country; board certified Consultant Family Physicians and General Practitioners (GP) with some (eg.: Diploma in Family Medicine) or no special qualifications. She concluded by stating that the SLCGP planned to initiate a separate register for General Practitioners and ensure that all GP’s undergo a certain level of specialist training.

Dr. Sarath Gamini de Silva, acted as representative of clinical specialists and elaborated on the necessity of determining the appropriateness in terms of qualifications, of ‘specialists’ to whom patients are referred. He highlighted the lack of a proper referral system, at times resulted in patients seeking specialist treatment from those poorly qualified to offer such care. Dr. de Silva further emphasized the need for adding the quantum of experience to the definition of a specialist. He also questioned where the line is drawn between the boundaries of specialty knowledge and if a specialist in one area could also be considered as a specialist outside of his area of expertise. Dr. de Silva agreed with the previous speakers regarding the need for a process of certifying and regulating specialists. He added that a procedure of regular accreditation should also be developed, with the provision of adequate facilities for continuous professional development.

The presentations by panelists were followed by a discussion, where the exclusive role of the PGIM in providing postgraduate medical training in the country and the question of considering PhDs as a specialist qualification, were discussed. During the discussion, the role of professional colleges in recertification of specialists, was emphasized.

RESEARCH PROMOTION

Chairperson       Prof. MM Ismail till May 2015 and Prof. Sharmini Gunawardana since June 2015
Convenor          Dr. Asela Olupeliyawa till May 2015 and Dr. Manuja N. Perera since June 2015

Members
Dr. Ruvaiz Haniffa         Dr. Sharmini Prathapan         Dr. Asela Olupeliyawa
Dr. B. Kumarendran

New members joined in 2015
Prof. Sharmini Gunawardana        Dr. Manuja N. Perera

Report presented by
Dr. Manuja N. Perera

Activities carried out during 2015
The committee screened and coordinated the external review of all research grants awarded by the SLMA, and made recommendations to award the SLMA research grant, the Glaxo-Wellcome research grant, Dr. Thistle Jayawardena research grant for intensive care and Prof. Wilfred S E Perera Travel Award in Bioethics. As there were no recommended applications from the reviewers for the FAIRMED foundation research grant and the Institute of Health Policy research grant, the grants were re-advertised in November 2015. The received applications are currently under review and will be awarded at the end of the year. The committee greatly appreciate the support from the external reviewers of the research
The committee wishes to acknowledge the great services rendered by the past chairperson Prof. MM Ismail. The strength and leadership received from him for many years is greatly appreciated.

**Action plan for 2016**
- National and regional level workshops on research methods to promote research

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**NON COMMUNICABLE DISEASES**

| Chairperson | Dr. J. B. Jayawardena |
| Convenor    | Dr. Shiromi Maduwage until March |
| Dr. Damayanthi Perera | Dr. Shantha De Silva |
| Dr. Palitha Karunaperuma | Dr. Dilhara Samaraweera |
| Dr. Virginie Mallawarachchi | Dr. Carmel FernandoPulle |
| Dr. V.T.S.K. Siriwardene | Dr. Daminda Attanayake |
| Dr. P.K. Sandaruwanie | Dr. Sampath Goonawadene |
| Dr. Eranga Colombage | Dr. Sankha Randenikumara |

**Members**

- Dr. J. B. Jayawardena
- Dr. Shiromi Maduwage
- Prof. Ravindra Fernando
- Dr. Damayanthe Perera
- Dr. Carukshi Arambepola
- Dr. Shantha De Silva
- Dr. Padma Gunaratne
- Dr. Dilhara Samaraweera
- Dr. Suresh Shanmuganathan
- Dr. Carmel FernandoPulle
- Dr. Chathuranga Ranasinghe
- Dr. Daminda Attanayake
- Dr. Nirmala Wijekoon
- Dr. Sampath Goonawadene
- Dr. Naomal Perera
- Dr. Sankha Randenikumara
- Dr. Buddhika Gunawardena

**New members joined in 2015**

- Dr. P.K. Sandaruwanie
- Dr. Sampath Goonawadene
- Dr. Naomal Perera
- Dr. Eranga Colombage
- Dr. Sankha Randenikumara
- Dr. Buddhika Gunawardena

**Report presented by Committee meetings**

- Dr. Eranga Colombage (Convener)

**Committee meetings**

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**Activities carried out during 2015**

**Nirogi Lanka Project**

**Nirogi Diviya**

1. Health Promotion
   - Settings that represent the most vulnerable population for diabetes and CVD in Sri Lanka were established among the working population of middle and upper income class in the Metropolitan area of the district of Colombo.
   - Initiation of the process of health promotion by modifying their unhealthy food habits, less physical activities related to occupation, transport and recreation, stressful work environment and substance use.
   - Initiation of a cohort of school children as ‘health messengers’ for school and family based health promotion to train school children and to incorporate the life cycle approach of NCD in to the school curriculum and assessments in collaboration with the Ministry of Education.
   - Community settings targeting the low income families within Colombo MC area were established to initiate the health promotion process through existing organizations such as women’s societies and children’s societies. The
sustainability of the Nirogi Lanka health promotion model in already established settings in Kotte and Kollonnawa was ensured through grassroots community empowerment via health promotion.

2. Tools developed
- Interactive DVD on physical exercise for adolescents and adults
- Health promotion calendar (2015) for self-appraisal of health promotion activities throughout the year.

3. Advocacy
- World Diabetes Day interactive health promotion activities organized by the communities and school children
- Art competition on health messages to prevent diabetes for school children.
- Initiated a mobile screening facility for diabetes and cardiovascular risks in all the settings including the assessment of BMI, body fat percentage, hypertension and diabetes.

Nirogi Maatha
- A programme aimed at furthering the education and awareness level of the De Soysa Maternity Hospital staff with regard to Diabetes was conducted on 18th November.
  
  - To commemorate the World Diabetes Day 2015 a programme was held on 28th October at SLMA auditorium for the Diabetic Educator Nursing Officers (DENO) and Health Educator Nursing Officers (HENO) Island wide. DENO’s contributed in the Diabetes awareness by conducting walks, exhibitions, screening campaigns, poster competitions, street dramas and various other activities.
  - NIROGI Maatha workshop was held on 16th November 2015 targeting MONCD, MOMCH, MOH, PHNS in selected districts in collaboration with the family health bureau, Ministry of health at SLMA.
  - Completed the Pilot programme of universal screening for Gestational diabetes for all pregnant mothers in 5 MOH areas (Pitakotte, Padukka, Piliyandala, Keduwela, Hanwella). The data was presented at the sessions at endocrine society of Sri Lanka and won a prize for the poster presentation.
  - Continuations of long term follow up of mothers with diabetes and their infants at the medical clinic of De soysa maternity hospital.

Nirogi Paadha
- Under the NIROGI Paadha component 10 Certified Prosthetics and Orthotics officers graduating from the Sri Lanka School of Prosthetics and Orthotics, Ragama and 02 experienced technicians from DSI were sent to receive a specific training on Diabetic Foot in Vellore and Bangalore in India in order to establish a core national group of trainers for our local setting. A P & O training session will be conducted by the individuals who underwent training in India on the 2nd of March 2015 at the Ragama Rehabilitation Hospital in collaboration with the Sri Lankan Association of Prosthetics and Orthotics (SLAPO). A total of Twenty Eight participants have already been confirmed to attend. These Twenty Eight participants will be relocated all over the island so that they may share their expertise.
  - The NIROGI Paadha in conjunction with D. Samson & Sons (Pvt) Ltd. signed a Memorandum of Understanding (MoU) to develop and produce low-cost diabetic shoes to alleviate the suffering of diabetics with foot complications. This new line of Diabetic shoes was re launched officially under name ‘NIROGI’ to coincide with the World Diabetes Day 2015. They are now currently available in DSI Showrooms Island wide.
  - A Diabetic Education Nursing Officers’s Day program (DENO) was conducted on the 28th October 2015 for the benefit of DENO’s Island wide with Prof. Chandrika Wijeyaratne’s unstinted support. Prof Mandika Wijeyaratne played an integral role in conducting an educational session on Diabetic foot care. The DENO community extended their support by contributing to the Diabetes awareness by conducting walks, exhibitions, screening campaigns, poster competitions, street dramas and various other activities all over the Island.
  - NIROGI project also felicitated the visit of the IDF president on 11th March 2015 and the WDF executive Director and program co-ordinator on 25th May 2015.
  - The NIROGI Paadha component along with the College of Physicians & Surgeons developed National Guidelines pertaining to Diabetic Foot Management. In order to implement said Guidelines TEN ‘Piloting Hospitals’ were selected with the support of the Ministry of Health to establish DIABETIC FOOT CLINICS that provide a dedicated service in a holistic fashion to reduce the amputation rates among diabetics. Our aim is to expand this to all District General Hospitals of the country over the next few years. These Piloting Hospitals fall under the direct
prevue of Dr. Ananda Gunasekara (DDG-MS II) & Dr. Lakshmi Somatunga (DDG-MS I) of the Ministry of Health. The 'Piloting Hospitals' are,

- Anuradhapura TH
- Jaffna TH
- Rathnapura TH
- Kurunagala T
- Galle T H
- Matara T H
- Kandy T H
- Colombo –North T H
- Colombo-South TH
- Colombo-Central T H

- TEN Doppler machines were procured from India and were distributed to the Piloting hospitals along with Information, Education Communication (IEC) Materials and Diabetic Foot care assessing equipment (Monofilaments). Further we intend to procure equipment for Ragama Rehabilitation Hospital & National Hospital of Sri Lanka from the budget allocated to the NIROGI Paadha Project within the next month.
- A Computerized PEDOGRAPH Main Unit and an advanced vascular Doppler worth 1 Million LKR was purchased and handed over to NHSL and Ragama rehabilitation centre.

Geriatrics
Conducted a two day training program for caregivers in collaboration with Sri Lanka Association of Geriatric Medicine and Sri Lanka Association for Advancement of Science

Neurology
A training program for nurses on Stroke Unit Care was conducted in collaboration with National Stroke Association of Sri Lanka (NSASL) and training unit-Ministry of Health.
Conducted a training program on 'Rehabilitation for stroke patients' at TH Batticloa
World Stroke Day Activities (In collaboration with NSASL):
1. Launched the Sri Lanka Stroke Clinical Registry
2. Media seminar
3. Launched the poster on "FAST" to disseminate awareness of symptoms of stroke

Toxicology
Conducted a series of workshops as follows.
1. For the Health Ministry staff on pre hospital care in poisoning and prevention of poisoning
2. On role of primary health care workers in prevention of poisoning for PHNS
3. On management of acute poisoning for KDU undergraduates.
4. Public awareness on prevention of poisoning.
   a. 4 programmes were conducted in Badulla, Kegalle, Kalutara and Matara areas.
   b. Nearly 380 community leaders and community members participated.
5. Symposium on Agrochemicals and CKDU on 21st November 2015 at BMICH in Collaboration with Toxicology Society of Sri Lanka

Cancer
National Cancer Control Program (NCCP) of Ministry of Health, Nutrition & Indigenous Medicine in collaboration with the NCD Committee of Sri Lanka Medical Association (SLMA) organized an advocacy program to commemorate "World Palliative Care Day 2015": 5th October

Nutrition
Series of public seminars was conducted on Food and health during the months of August and September

Other
- A Health Checkup list for screening purposes was designed and distributed to selected private hospitals and institutions as well as to insurance companies.
- Conducted a Symposium on NCDs at the Annual Sessions of SLMA
- Requested the SLMA council to
  1. Call for a complete ban on e cigarettes
  2. Devise a mechanism for regulation of gymnasiums and their instructors
  3. Call for legislation making it compulsory for food importers and marketers to mention the percentage of trans fatty acids contained in their products on the label
  4. Address the issue of unethical advertising of food products using false or irrelevant data, thereby misleading the public

Action plan for 2016
- Continue to promote awareness among the general public about the prevalence of NCDs and their magnitude,
- Educate the public about the available facilities for screening for NCDs.
- Promotion of healthy lifestyle as the primary means of prevention of NCDs.
- Address issues that pose a challenge to promoting and maintaining a healthy lifestyle, as and when they arise.
Introduction
The Expert Committee on PRTCs met six times during the year 2015 and new members were appointed depending on the objectives of the committee.

Activities conducted by the Expert Committee on PRTCs during 2015

1. Recruitment of new members

2. Road safety week programs conducted during the month of May, 2015 A ‘Reflector Sticker’ pasting activity was conducted in York Street, Colombo on May 5th with the partnership of the Directorate of Estate and Urban Health, Ministry of Health and the Traffic Police Head Quarters, Colombo. This was supported by the staff of the Traffic HQ and was combined with the distribution and display of road safety material to the participants. A large number of stickers were pated on vehicles passing the program site. Annual Report of the Expert Committee on Prevention of Road Traffic Crashes (PRTC) for the Year 2015 SDD Page 2 This was followed by conduction of three road safety programs during the subsequent three days (May 6, 7, 8) in the following estate schools situated in the Nuwera Eliya district;

- Shannon Tamil Maha Vidyalaya, Hatton – May 6th
- Thalawakelle Tamil Maha Vidyalaya, Thalawekelle – May 7th
- Kadawella Tamil Maha Vidyalaya, Ginigathena – May 8th

During these programs, road safety CDs prepared by the Expert Committee on PRTCs and the Traffic Police HQ were distributed to the school children. DIG Traffic extended his support by providing a resource person to all three school programs. Two of these programs were telecasted in the Sakthi News 1st and the Assistant High Commissioner of India attended the May 7th program as the Chief Guest. These events were published in the MOTOR Magazine of Sri Lanka.

3. A letter was sent to the President of Sri Lanka, requesting an appointment for the member of the Expert Committee on PRTCs to discuss possible solutions to the burden of road injuries and deaths in Sri Lanka. It also highlighted the need of establishing a Presidential Task Force for the Prevention of Road Traffic Crashes in Sri Lanka and is waiting Presidents response to this letter.

4. The Chairperson of the Expert Committee on PRTCs represented the committee at a meeting held in the Lionel Memoriam auditorium of the SLMA and organized by the Family Health Bureau, Ministry of Health and the UNICEF on ‘Prevention of Child Injuries in Sri Lanka’. This was followed by a discussion with the SIRASA TV by the Chairperson.

5. The Chairperson of the Expert Committee on PRTCs represented the committee at a media seminar titled, ‘Prevention of injuries’ organized by the Health Education Bureau and held at the HEB auditorium. He spoke on road injury prevention at this seminar, which was published in several newspapers in all three languages.

6. The Chairperson of the Expert Committee on PRTCs represented the committee at a meeting to develop an injury prevention manual for injury prevention practitioners, organized by the Injury Prevention Division, Non-communicable Disease Unit, Ministry of Health. During this meeting, a collaboration was initiated with the Life Saving Association of Sri Lanka, to publish the Drowning report prepared by them.

7. The Expert Committee on PRTCs was able to obtain the SLMA Council approval to open a Facebook account for the committee.

1. The Expert Committee on PRTCs with the support of the Estate and Urban Health Directorate of the Ministry of Health organized a pre-congress workshop titled, ‘Past, present and future challenges of Health and Nutrition in the Estate and Plantation Community’ on July 5, at the Lionel Memoriam Auditorium of the SLMA, during the 2015 Annual Scientific Sessions of the SLMA. This workshop was attended by a large number of relevant stakeholders and Hon. Palani Thigambaram, Minister of Plantation Infrastructure Development was the Chief Guest. Two Chinese academics attended the workshop as resource persons. As a result of this workshop, an Expert Committee on Estate Health was established in the SLMA.
Activities planned for 2016

1. Distributing the CD on road safety to schools in collaboration with the College of Surgeons
2. Training three wheeler drivers on road safety and safe transfer of the injured in collaboration with the National Road Safety Council and the College of Surgeons
3. Conducting a training program for school teachers in collaboration with the NCD Unit, Ministry of Health and the National Road Safety Council
4. Conducting a media seminar on road traffic injury prevention
5. Establishing a Presidential Task Force on Prevention of Road Traffic Injuries
6. Obtaining a media column for the Committee to publish road safety messages in newspapers

On behalf of the Expert Committee on Prevention of Road Traffic Crashes, I and the members in the committee would like especially to thank Professor Jennifer Perera, President of the SLMA and Dr. Ranil Jayawardena, Secretary of the SLMA for the support and encouragement given to me and the committee in the organization of these meetings and for helping to make them successful. In addition, a special show of appreciation to the office staff of the SLMA, and all the Council Members for their support and encouragement is shown.

Summary
The Expert Committee on PRTC was able to initiate several collaborations, both national and international, during the year. We are of the opinion that these collaborations will help to highlight the role of the SLMA in this important public health issue.

TRADITIONAL MEDICINE AND COMPLEMENTARY AND ALTERNATIVE MEDICINE (TM/CAM)

Chairperson: Dr. Senaka Pilapitiya
Convenor: To be appointed

Members:
In order to reactivate the SLMA subcommittee on Herbal medicine a preliminary discussion was held with the participation of several SLMA members having an interest in traditional medicine and related areas.

Following members participated:
Prof. Jennifer Perera
Prof. Rohini Fernandopulle
Prof. Sisira Siribaddena
Prof. Saroj Jayasinghe
Dr. Panduka Karunanayaka
Dr. Senaka Pilapitiya

Report presented by: Dr. Senaka Pilapitiya

Objectives of the committee:
At the preliminary discussion, following areas were discussed and several proposals were made to submit for the approval of the SLMA council. The objectives will be formulated accordingly.

Discussions were held on following areas:
- Current trends in science and medicine in relation to TM/CAM
- Current situation of the practice of TM in Sri Lanka and the different forms of TM practices
- Challenges faced by doctors when identifying and recognizing different forms of TMs in Sri Lanka
- Lack of awareness among our graduates on TMs and how it could interfere with their patient care as there are many patients who also use TM/CAM treatments
- Needs, advantages as well as challenges in forming research collaborations with TM sector
- Need of getting current TM practices validated to conduct scientific research with better outcomes
- Information about integrated research activities taking place currently
- Models of integrated health care provisions that could be tried in Sri Lankan context
- What initiatives could SLMA take to enable its members, to make informed recommendations to patients when they seek advice in following TMs in the form of a complementary or an alternative treatment and
- What activities could the SLMA Sub committee on TM/CAM plan initially to meet the above needs and challenges?

Proposals:
The following were proposed as initial activities that the SLMA subcommittee on TM/CAM could focus, in order to address some of the areas of interests discussed above:

1. To organize a Trilingual conference on TM/CAM allowing all stakeholders to present their research as well as case studies on successful patient outcomes.

Objectives:
To get an opportunity to observe and appreciate the strengths and areas of success in TMs and the possible areas to explore further with scientific rigor as well as to identify possible areas that could in future be integrated.
2. To explore the feasibility of providing an exposure to medical students on TM practices and make them aware of the nature and practice of TM in the Sri Lankan context.

3. Organize a close door session to explore the possibility of developing a general guide to SLMA members on identifying and recognizing different categories of TM and CAM practices and practitioners available in Sri Lanka, their qualifications and some information about the systems they practice based on current available knowledge and information.

   - Within this guide we can give a concise account of the modes of training they receive, their curriculums and the structures of some of their training programs that awards them with undergraduate and postgraduate qualifications etc.

Objective: Through this the SLMA members could be better informed about the TM/CAM practices as well as about the practitioners in general which will in turn make them competent to give some informed opinions to their patients.

4. For SLMA to develop a mechanism of identifying potential therapeutic leads that could recommend further research to validate such TM/CAM Practices.

   - From time to time there are beliefs suddenly spreading among the public and claims of success appearing in media in relation to TM/CAM practices. These are not based on scientific evidence but mainly are on personal beliefs or experiences.

   - When such a claim is made neither the state nor the public has any mechanism to get this validated.

   - In such situations the state authorities will either stay non-committal or will promote such claims without being based on any scientific evaluation. This happens, as they would also not know how to get it assessed at least to see whether it is a claim that warrants further evaluation.

Therefore, the SLMA could put a mechanism in place to identify possible therapeutic leads in such situations, and inform the Ministry of Health and Indigenous Medicine about the availability of such a mechanism that would assist them on evaluating such claims.

This will act only on invitation by the relevant parties and will only say whether it is worthwhile to evaluate it further of not. (approving or disapproving the claims will not fall under the mandate of this mechanism).

### SOCIAL ACTIVITIES

**Joint Social Activity Secretaries**  Dr Preethi Wijegoonewardene and Dr Lasantha Malavige

**Members**

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<th>Prof Jennifer Perera</th>
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**REPORT**

(Report Presented by Dr Lasantha Malavige and Dr Preethi Wijegoonewardene)

The Doctors Concert and the Medical Dance are the two main events organised by the Social Secretaries with the support of the Council Members and special committee of the SLMA. These two events this year were an outstanding success by all accounts.

**The Doctors concert**

The SLMA Doctors Concert was held on 6th July 2015 at the Galadari Ballroom at 7.00 PM amidst a large, distinguished and representative gathering has been acclaimed as one of the best ever Doctors Concert. The project chair Dr Christo Fernando worked tirelessly to put together a programme that brought about the multi faceted talents that Doctors, their spouses and children possessed. Hailed undoubtedly as a super event, all performances were brilliant and outstanding. All Performers had gone to the extent where every minute detail had been looked into. The Concert concluded at 10.30 PM where the Audience and the Performers had an unforgettable evening and enjoyed the Concert to theirs Heart’s content. The programme is listed below.

2. Dr. Ranjith Ellawala - Mee amba Wanaye
3. Dr. Joe Perera / Dr. Suran Kuruppu / Dr. Amila Wickaramasinghe / Tiny Anthony - Anurapura Pollonnaruwa / Atha vereyen osawa
4. Dr. Harshini Rajapakse / Chamath Fernando -Mere dolna sun
5. Dr. Jill & Dr. David Edwards - A cross-cultural anatomy lesson
6. Dr. Jill & Dr. David Edwards - ‘The Owl and the pussy cat’ a poem by Edward Lear
7. Desh & Dili Dissanayake - Chim Chimney / Spoonful of sugar
8. UCFOM Students feat Nipun, Sachith, Chanaka, Prasan, Rumesh & Lasitha
9. Sanuthi, Senara & Dewmi - To the tune of Boney M
10. Southern Symphonia - From Kaffringha Baila to Calypso
11. Tshering Wangdi - Solo dance
12. Dr. Sunil Seneviratne Epa - Nidanena Rathriye
13. Dr. Thushini Gunewardene - A place in my Heart
14. Devishka, Buvaneshska & Thivanka Chandrasekera - Oriental drum display
15. Mirash Nazeem - I'm a believer / Let me be there
16. Dr. Yamuna & Minara Rajapakse - Feel the light
17. Dr. B J C Perera - Besame Mucho
18. Dr. Isha Prematilleke, Dr. Farazad Nazeem, Ray Gomes & Dr. Christo Fernando – Oh Darling.
19. Dr. Isha Prematilleke, Dr. Farazad Nazeem, Dr. Sasini Chandrasinghe, Savini Chandrasinghe, Ray Gomes, Yasas Dananjaya and Dr. Christo Fernando - Super Trouper, Something stupid, Crocodile Rock & Happy
20. SLMA Council - Lo ada ninde, Whispering Hope.

The Medical Dance

Dance committee consisted of following members,

Prof Jennifer Perera - Chair ticket sales subcommittee
Dr Ranil Jayawardena – Chair Souvenir subcommittee
Dr Pramilla Senanayake – Chair sponsorship subcommittee
Dr Preethi Wijegoonewardene

Dr Lasantha Malavije
Dr Christo Fernando
Dr Ruvaiz Hannifa

Dr Gamini Walgampaya
Dr Dennis Aloysius
Dr J B Peiris

Dr Narendra Pinto
Dr B J C Perera
Dr Iyanthi Abeywickrema

Dr Samantha De Silva
Prof Vajira HW Dissanayake
Dr Srinath Chandrasekera

Dr Chris Nonis

The Medical Dance 2015 held on 12 December 2014 at the Grand Ball Room Water’s Edge was a grand success as has been acclaimed as one of the best Medical Dances. There were more than 300 guests. One special features of this year medical dance was that sponsorship committee was able to raise close to 3 million as sponsorships and souvenir ads with a significant profit that will be utilized in SLMA academic activities.

The evening began with cocktails from 8 to 8.30 pm. The dance started at 8.45The lead band ‘Flame’ galvanizing the guests with a superb selection of music and the guests danced to their heart’s content. The five course sumptuous sit down dinner was served from 9.30 pm onwards. During the dinner the guests were entertained by high quality ballroom dancing by the ‘Rhythm World’ and superb Christmas Carols by the Mignonne, Maxi & Suraj G Trio. The dance continued at midnight with ‘Balck’ who lead on to a long session of Baila dancing and the Baila Competition. There were more than 50 prizes on offer, including airline tickets other valuable gifts, and they were distributed to winners of the entrance ticket draw, table draw, raffle draw, and the baila competition. The danced concluded at 3 am.

This magnificent event was possible because of the hard work put in by Dr Pramilla Senanayake who looked into every aspect of the dance with meticulous attention to detail. We are also extremely grateful to Dr Christo Fernando, Prof Jennifer Perera, Dr Ranil Jayawardena, Dr Ruvaiz Hannifa and the rest of the dance committee for their extraordinary contribution to make the event a grand success. Social secretaries also gratefully appreciate the excellent contribution by the Ms Chathurani Illeperuma and the administrative team at the SLMA.

SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson
Prof Colvin Goonaratna

Honorary Secretary
Dr Udaya Ranawaka

Assistant Secretary
Dr Ashwini de Abrew and Dr Manu Wimalachandra

Members
Dr. P G Mahipala (DGHS)
Prof. H J De Silva (Director, PGIM)
Dr. Ranil Jayawardena (Secretary, SLMA)
Prof. Gita Fernando
Dr. Chandanie Wanigathunga
Dr. Carmeline Motha

Dr. Sunil de Alwis (DDG/ET&R)
Prof. Jennifer Perera (President, SLMA)
Dr. Samanthi de Silva (Treasurer, SLMA)
Prof. Shalin Sri Ranganathan
Dr. Shamini Prathapan
Dr. Shehan Williams

Dr. Piyusha Atapattu
Dr. Nithushi Samaranyake
Dr. A. Dinithi A. Fernando

New members joined in 2015: Dr. A. Dinithi A. Fernando

Report presented by
Prof. Colvin Goonaratna

Objectives of the committee

The overall objectives of the SLCTR are;
To establish and maintain a national registry of clinical trials that meets international standards.
To facilitate clinical trial registration by Sri Lankan researchers.
To create awareness on the need for, and the process of, clinical trial registration among the Sri Lankan scientific community.

Committee meetings - Nine meeting were held till November 2015

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Activities carried out during 2015
1. Twenty four clinical trials were registered as of 10th November 2015. (Total 177 trials in the registry)
2. Total of 36 applications were processed of 10th November 2015.
3. Internal Audit carried out from July to September 2015 and steps taken to improve process and documentation.

Action plan for 2016
1. Expand scope of SLCTR to include non-interventional research.
2. Carry out awareness programs for young researchers on Clinical Trials Registration.

Chairperson: Prof. Narada Warnasuriya
Convenor: Dr. Sajeeva Ranaweera

Members
Dr. Hemantha Amarasinghe
Dr. Jayamal De Silva
Dr. Z. Jamaldeen
Dr. Nadeeka Chandraratne
Dr. Manoj Fernando (Secretary)
Dr. Mahesh Rajasuriya

Report presented by: Secretary and Convenor

Objectives of the committee
- Improving the well-being of people of Sri Lanka through influencing national policies and legislation, advocacy, research, provision of technical support and training for addressing harms from tobacco, alcohol and illicit drugs, by working closely with government institutions, professional bodies, non-government sectors risk groups and communities.

Committee meetings
Five meetings to date and all members present

Activities carried out during 2015

National Level policy and legislation and other activities
1. Presidential Task Force on Tobacco, Alcohol and Illicit Drugs:
   Three members represent the Committee at this Task Force. The Committee members work as the sole technical resource group and the only professional organization within this Task Force. The meetings are chaired by the President. Other members of this Task Force include Secretaries of Finance, Defence, Health and Justice Commanders of the Army, Navy and Air Force, Inspector-General of Police and other Heads of Departments. Several National Level decisions related to policy and legislation, prevention, enforcement and strengthening of institutions has already been taken through this forum.

2. National Policy on Alcohol:
   The National Policy on Alcohol, for which extensive technical inputs were provided by this Committee, has been approved by the Cabinet of Ministers without any amendments. The committee was also actively involved in developing the final draft of this policy. The Committee is now advocating the establishment of a plan of action to implement this Policy.
3. **National Guideline on Treatment and Rehabilitation of drug users:**
   The committee, on the request of the Presidential Task Force on Tobacco, Alcohol and Illicit Drugs prepared and these guidelines which has been submitted to the President.

4. **National Summit on Tobacco:**
   The SLMA was a partner of The National Summit on Tobacco on the 29th and 30th of April 2015 at the BMICH, which was conducted very successfully. Members of the Committee were actively involved in the planning and organizational activities related to this activity, in close collaboration with National Authority on Tobacco and Alcohol (NATA) and the World Health Organization. Several Members were also be resource persons at this summit.

5. **National Advisory Committee on Tobacco, Alcohol and Illicit Drugs, Ministry of Health.**
   A representative from our committee has been appointed to this advisory committee established by the Ministry of Health to strategize, plan and implement drug and alcohol demand reduction in schools. This was a result of the close collaboration of our committee with the Ministry of Education over several years. All tobacco, alcohol and illicit drug related programmes in schools administered by the Ministry of Education is planned and coordinated by this committee.

6. **Electronic Cigarettes:**
   The committee made a presentation on electronic cigarettes at the Board Meeting of NATA in January, presenting the current evidence, recommending that approval for sale such devices should not be given. This was accepted by the Board of NATA, and the Ministry of Health was requested in writing that such approvals should not be given. These administrative measures are now in place. In addition this has been included in the proposed amendments which will be brought soon to the NATA Act.

**Research**

1. **Study on Economic Costs of Tobacco and Alcohol in Sri Lanka.**
   This collaborative research project to calculate the economic costs of tobacco and alcohol in Sri Lanka, is carried out by the National Authority on Tobacco and Alcohol (NATA) and the World Health Organization (WHO). The Committee is represented by four members in the study team. This is the first time that such a technically challenging study has been attempted on tobacco and alcohol in Sri Lanka. The research group consists of economists, public health experts as well as experts from the Health Invention Technology Assessment Programme (HITAP) of the Ministry of Health, Thailand. The Committee is involved in this study on the request by NATA, as technical experts. The study has now been completed, and the results will be released in November 2015.

2. **The Annual Research Symposium on Cancer:**
   This is a collaboration between the Committee with the National Cancer Control Programme, Ministry of Health, and will be conducted in December.

**Technical support**

1. **NATA Core Group on Smokeless Tobacco:**
   NATA has established an Expert Group on Smokeless tobacco, which consist of academics, clinicians and public health specialists working on addressing harms of smokeless tobacco. The Committee is represented in the Expert group by one member, while other members provide technical support as and when needed.

2. **Drug and alcohol demand reduction media campaign by the Ministry of Media:**
   The committee provided technical inputs during the planning and design phases of this activity, on the request of the Ministry of Media.

**Advocacy**

1. **Radio and Television programmes:**
   The Committee took part in six radio and television programmes in government owned as well as private channels during the year, discussing different aspects related to tobacco and alcohol.

2. **Diabetes Association:**
   The Committee took and active role in opposing the media campaign conducted by the Diabetes Association which used an image of what appeared to be cigarette, which was prominently displayed in several locations.

**Training programmes**

1. **Good Intern programme:**
   This year the committee conducted a two hour symposium and the Good Intern Programme conducted by the GMOA, in October. Around 1,000 medical graduates participated.

2. **National Youth Services Council training:**
   The committee was the technical resource groupin a training of 800 youth leaders from all over the country, at a programme which was conducted by the National Youth Services Council.
### Action plan for 2016

Following are the areas which the Committee will work on during 2016.

- Advocacy for development and implementation of plan of action based on the National Policy on Alcohol
- Advocacy for a rational and transparent tobacco taxation policy
- Technical support for the NATA project on Smokeless Tobacco, Legislation on Tobacco and Policy on Single Sticks
- Advocacy for Tobacco-Free Generation (Those born after year 2000), which disallows sales to all those born in year 2000 onwards. This is being considered by several countries currently,
- Provision of further support for the Presidential Task Force.
- Continue the close collaboration with the Ministry of Education.
- Continue collaboration with the National Authority on Tobacco and Alcohol
- Work on emerging issues

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### WOMEN’S HEALTH

**Chairperson**  
Dr. Nalika Gunawardene

**Convenor**  
Dr. Nadeeka Chandrarathne

**Members**

- Prof. Jennifer Perera
- Prof. Chandrika Wijeyaratne
- Prof. Shalini Sri Ranganathan
- Dr. Sampatha Goonawardena
- Dr. Aruni Hapangama
- Dr. N. Arulanandam
- Dr. Bimalka Seneviratne
- Dr. Amanthi Bandusena
- Dr. Shalini Prathapan
- Dr. Sepali Kottegoda - Co-opted member

**New members joined in 2015**

- Dr. Yasara Samarakoon
- Dr. Sumudu Hewage

**Report presented by**  
Dr. Nadeeka Chandrarathne

### Objectives of the committee

- To encourage medical professionals who are stakeholders in the field of women’s health to join the Women’s Health Committee
- To explore and respond to national and global issues pertaining to women’s health and play an advocacy role in all sectors of concern.
- To conduct professional development programmes in collaboration with relevant Colleges/Associations and organizations, targeting health staff in curative and preventive health services.
- To educate the public on issues related to women’s health
- To develop links and work on collaboration with other professionals working on areas related to women’s health

### Committee meetings

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<td>Dr. Aruni Hapangama</td>
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<td>Dr. Sumudu Hewage</td>
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*on overseas leave  
**Joined the committee on agreement to communicate via e-mail

### Activities carried out during 2015

1. **International Women’s Day celebrations**

   In the wake of International Women’s Day 2015 the Committee together with Women and Media Collective (WMC) and FPA Sri Lanka organized a short film screening and discussion at the Auditorium, Lady Ridgeway Hospital, on 3rd March 2015.

   The main aim of this session was to enlighten the audience on issues related to Gender and Sexual Health and thereby promoting them to be gender equitable in their day to day life and in work life. Another reason behind selecting this session was to motivate the young generation to promote visual media in delivering health messages as it is a known fact that Sri Lanka, have not made full use of the influence of media on health, especially the modern forms of web based visual medias in spite of ample evidence that exposure to media, have significant impacts on individual and population health behaviours.
Ten short films from Women and Media Collective's short film competitions, which have been held over the years, were shown at the festival. The screening of the films were followed by a lively discussion with the participation of several of the winning short film producers and the session was well attended by both medical and paramedical staff including students from Nursing Training School.

A write up of the proceedings was published in the SLMA April newsletter.

2. A facilitator Guide to sensitize medical undergraduates on Gender Based Violence

The Committee developed a facilitator Guide to sensitize medical undergraduates on Gender Based Violence in collaboration with Women’s Health Unit of the Family Health Bureau of the Ministry of Health.

The Guide was formulated following a series of inputs from University academics and other resource personnel and pre-testing with medical undergraduates. The guide was incorporated into a small booklet titled “A facilitators’ guide to Sensitize Medical Undergraduates on Gender Based Violence” and 500 copies of the booklet were printed under the patronage of the Family Health Bureau.

The booklet was handed over to the Minister of Health at a function held at Family Health Bureau on 30th March 2015 and the booklet was introduced and handed over to the university academics at a small ceremony with participation of academics from the fields of Community Medicine, Gynaecology and Obstetrics and Forensic medicine from all 9 faculties of Medicine on 15th July 2015.

3. Leaflet to sensitize the undergraduates on gender issues

Expert Committee on Women’s Health of SLMA published a Sinhala and a Tamil leaflet to sensitize the university new entrants on gender issues. With the patronage from World Health Organization, 25,000 leaflets (20,000 in Sinhala and 5,000 in Tamil) were printed and distributed among the new entrants of Universities of Jayawardenapura, Colombo, Kelaniya, Jaffna, Peradeniya, Ruhuna and Rajarata with the approval of the Vice Chancellors of the respective Universities.
4. Monthly clinical meeting
The monthly clinical meeting of the SLMA for the month of August was organised by the Expert Committee on Women’s Health on 19th of August 2014 under the theme ‘Gynaecological cancers among women’. Dr. Bimalka Seneviratne’s article named ‘Gynaecological cancers among women’ based on her presentation at this monthly clinical meeting 19th of August 2014 was published in the April SLMA newsletter.

The Committee has also organised a monthly clinical meeting under the theme of “Menopausal Hormone Replacement Therapy- Benefits, Risks and Alternatives” for the 17th November 2015.

5. Symposium on Child abuse at the annual medical congress
A successful symposium on ‘Child Sexual Abuse’ was organized by the Committee as a part of the Annual Medical Congress of SLMA on the 07th of July at 9.00-10.30 am. The Family Planning Association of Sri Lanka (FPASL) provided the financial support for the symposium and Prof. Asvini Fernando (Associate Professor in Paediatrics, Faculty of Medicine, University of Kelaniya), Dr. Rita Shackel (Associate Professor, Sydney Law school, University of Sydney, Australia) and Mr. Sajeewa Samaranayake (Deputy Chairman, National Child Protection Authority) participated as resource persons.

6. Regional meeting with the Vavuniya Clinical Society
Committee contributed to the meeting by conducting a session titled “Gender Based Violence - How to deal with case scenarios as well as in the workplace”. Dr. Manoj Fernando (Lecturer in Health Promotion, Rajarata University of Sri Lanka) was invited by the Committee to be a resource person which was well appreciated by the participants

7. To sensitize female youth leaders on emerging social challenges faced by modern women
A programme for the Prefects’ Board and Grade 10 students of Visakha Vidyalaya, Sapugaskanda has been planned for the 26th November 2015 in collaboration with the Sections A and F of the Sri Lanka Association for Advancement of Science. The objective of the programme is to sensitize female youth leaders on emerging social challenges faced by modern women and on overcoming them

8. Development of a guideline to address Sexual Harassment at workplaces in the health sector in Sri Lanka
The committee was invited by the Ministry of Health to develop a guideline to identify address Sexual Harassment at workplaces in the health sector in Sri Lanka. This guideline is being formulated at present with inputs from a series of consultative meetings with experts and the Gender and Women’s Health. The project was funded by UNFPA and is being conducted in collaboration with the Women’s Health Unit of the Family Health Bureau.

The committee partnered with the Ryerson University of Canada to conduct this session which was held on 13th and 14th October 2015 in Colombo. The Forum provided an opportunity for the participants to share the knowledge and experiences on research and interventions to address IPV and to discuss the future activities. This event was well attended by health ministry officials, members of NGOO and INGOO and postgraduate trainees

Action plan for 2016
- To provide advocacy and technical support to the Ministry of Health and other Government and Non-Government Organizations working on issues related to women’s health.
- To finalize, publish and provide support in implementation of the guideline to address Sexual Harassment at workplaces in the health sector in Sri Lanka
- To conduct professional development programmes for nursing officers working in the private sector on identified issues such as healthy lifestyle, good practices in caring for pregnant mothers, new born and children
- To educate the public on issues related to women’s health such as gender sensitivity, reproductive health, prevention of gynaecological malignancies, life skills, etc
- Work on emerging issues pertaining to women’s health

**NCCPD**

**Chairperson**  Dr Sunil Seneviratne Epa  
**Convenor**  Dr V Murali

**Members**
- Prof Lalitha Mendis
- Dr Nalin Rajakaruna
- Dr Lalindra Gooneratne
- Dr Suresh Shanmuganathan
- Dr Ananda Hapugoda
- Dr G A Harischandra  
- Prof Colvin Goonaratna
- Dr Joe Fernando
- Dr Pubudu de Silva
- Dr Jayantha Jayasuriya
- Dr R P Dayasena
- Dr Indira Wijesiriwardene
- Dr Rabindra R Abeysinghe
- Dr H R U Indrasiri
- Dr Harshalal de Silva
- Dr Eugene Corea
- Dr M P Seneviratne

**REPORT**  
(Presented by Dr Sunil Seneviratne Epa)

National Centre for CPD in Medicine (NCCPDIM) of the SLMA functions under the Central CPD committee and continues to issue the National CPD Certificates (NCPDC) to doctors who wish to get the same upon submission of duly competed CPD portfolio as per the guidance given in the Information and Guidance Book. Most of such applications were received from doctors who are to go abroad for training. Lack of interest in NCPDC among other doctors is due either to lack of incentive or compulsion to do so. This was taken up with DGHS on two occasions at the Ministry of Health during the year. At the last meeting in November the DGHS agreed to summon the GMOA for a meeting with a view to discuss the possible incentives that can be coined with the NCPDC.

### 13. CEYLON MEDICAL JOURNAL

**Editors**  
Dr Anuruddha Abeygunasekera and Prof Varuni de Silva

**Emeritus Editors**  
Dr C G Uragoda, Professor Colvin Goonaratna and Professor Janaka de Silva

**Section Editors**  
B J C Perera, A Pathmeswaran, Shalini Sri Ranganathan

**International Advisory Board**  
David Lallo, Andrew Dawson, Peush Sahni, Zulfiqar Ahmed Bhutta, Barbara Gastel, S Arulkumaran, Anita KM Zaidi, Ian Pearce, Kalle Hoppu

**Assistant Editors**  
Carukshi Arambepola, Chandu de Silva, Samath Dharmaratne, Malik Goonewardene, Tiran Dias, Ranil Fernando, Prasad Katulanda, Renuka Jayatissa, Sarath Lekamwasam, Senaka Rajapakse, Sisira Siribaddana, Udaya K Ranawaka

Compiled by: Dr Anuruddha Abeygunasekera, Co-editor, Ceylon Medical Journal (CMJ)  
**Period covered:** 1 January 2015 to 31 October 2015

1. **CMJ coeditor**  
The tenure of a Co-editor of CMJ is six years. Since Dr Anuruddha Abeygunasekera has completed a term of six years as the co-editor the SLMA council decided to appoint him for another three years.

2. **Editorial Board**  
CMJ reconstitutes its editorial board every three years by advertising half of its member posts. The following were appointed as new members to the CMJ editorial board in 2015.

   - Carukshi Arambepola  
   - Chandu de Silva  
   - Samath Dharmaratne  
   - Tiran Dias  
   - Ranil Fernando  
   - Prasad Katulanda  
   - Sarath Lekamwasam  
   - Senaka Rajapakse  
   - Sisira Siribaddana

Furthermore CMJ decided to appoint three section editors to streamline the copyflow of the Journal.
3. **Board Meetings**
The Editorial Board meetings are held on a Saturday each month. Seven meetings have been held so far in 2015. Average attendance was 70%. A summary of the events of CMJ are sent to the council periodically.

4. **Journal**
Three issues of the 2015 Journal have been published to date: March, June and September. The December issue is in final review. Saatchi & Saatchi advertising company who were doing printing and distribution of the CMJ in lieu of advertisements revenue withdrew from the contract due to financial difficulties. Ananda Press agreed to continue the work of printing and distribution of the Journal in lieu of advertising revenue.

A total of 96 articles were tabled and discussed at the editorial board. Average time period between submission of an article and decision taken at the editorial board was 34.2 days (5 weeks). The expected target was six weeks. The article acceptance rate was 41% for this year.

Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article remained at Rs: 1000/= . However at the request of the SLMA council the processing fee will be increased to Rs 2000/= per article from 1 January 2015.

5. **Website**
The CMJ can be accessed online through the SLMA website. Full article access is available from 2000 onwards. The Sri Lanka Journals Online website is maintained by Ms Sioux Cumming of the International Network for the Availability of Scientific Publications, Oxford. There are 1486 online registrants of the CMJ who access the website. The PubMed abstract of the CMJ articles provide a link to the full text articles.

6. **Online activities**
CMJ understands the importance of web-based online activities to increase the visibility of the Journal and to attract more researchers and readers. Hence the editorial board decided to appoint an online manager for the Journal. Online manager will have to maintain the twitter and facebook activities of the CMJ and to promote/ coordinate the Journal electronically. He/ she will not have any editorial responsibilities and will not be a member of the editorial board. SLMA council approved the appointment of Dr Riakz Sheriff for that post for a duration of one year.

7. **Author guidelines and editorial policy**
CMJ revised its author guidelines and journal policy this year to be in par with international standards.

8. **Science Citation Index**
CMJ applied for the SCI. The Thomson Reuters has declined to accept CMJ in its core list. However they have indicated that CMJ will be included in the category called Emerging Sources Citation Index (ESCI) from 2016.

9. **Workshops**
Members of the editorial board continue to take part in workshops on research writing. In addition they took part in the two day residential workshop sponsored by the INASP for Medical Journal Editors of Sri Lanka. Prof Varuni de Silva and Dr BJC Perera of the CMJ editorial board were the key figures who established the Sri Lanka Medical Journal Editors Forum which received the blessings of the SLMA council. Prof Varuni de Silva represented the CMJ at the World Medical Journal Editors Conference held in India.

10. **CMJ office**
The office can be contacted on 011 269 0212 and at office@cmj.slma.lk

11. **Acknowledgements**
The Editorial Board is grateful for the continued help of all SLMA staff, especially Mr Rajasingham and Ms Jayarani Tennakoon. Ms Saumya Hemasinghe is the full-time administrative secretary of the CMJ.

14. **TSUNAMI DISASTER RELIEF PROJECT**

(Report Presented by Dr Suriyakanthie Amarasekera)

Coordinator  SLMA /CMAAO SCHOLARSHIP FUND Dr Suriyakanthie Amarasekera

The SLMA / CMAAO Joint Scholarship, administered by the Tsunami Disaster Fund is the main Social Responsibility Project of the SLMA.

The Scholarship was set up in 2006 for children who had lost one or both parents in the Tsunami disaster of 2004, by investing the generous donation of US $ 50,000/- by the Confederation of Medical Associations of Asia and Oceana (CMAAO), and is being continued successfully.
Of the 18 scholarship awardees at the end of the year 2014, one scholarship recipient completed a Diploma Course in IT and found gainful employment and ceased to be a beneficiary from January 2015.

Two others failed to respond to repeated communications requesting information regarding continuing education, and it was concluded that they are not engaged in any educational activity, and are therefore not eligible to be scholarship recipients, and their scholarship was terminated.

The total number of SLMA/CMAAO Scholarship recipients for the year 2015 was therefore reduced to 15.

Of these one is following a Diploma Course in Multimedia, and one a Diploma course in Beauty Culture. One has gained entry to the Kelaniya University, and is following a Degree Course in IT and Management. One student is following the AAT course while studying for the A Levels as a private candidate, with a view to improve her chances of gainful employment in the banking sector. One student is making a second attempt at the A Levels in the hope of qualifying to enter the University. Two others have started reading for their A Levels. All these 18 students receive a monthly sum of Rs 3000/-.

3 students are reading for their O Levels and receive Rs 2500/- monthly. The balance 4 students receive Rs 2000/- monthly.

It is intended to continue the practice of giving an extra allowance of Rs 2000/- in December to facilitate purchase of books, uniforms, shoes etc. All these payments are made using the monthly interest, leaving the capital intact.

15. FORUM FOR ETHICS COMMITTEES (FERCSL)

At the Management Committee meeting held on 15th May 2015 at the SLMA old Council Room the Management Committee of the Forum for Ethics Review Committees of Sri Lanka (FERCSL), proposed to amend articles 9 and 21 of the FERCSL constitution.

As such: Articles 9 and 21 of the Constitution of the Forum for Ethics Review Committees in Sri Lanka be amended as noted in the Schedule below, as provided for by Article 31 of the said Constitution.

Schedule
1. Amend Article 9 by deleting the words “two members” and inserting the words “three members”.
2. Amend Article 21 by deleting both sentences and inserting the following “The members of the MC shall, at the first MC meeting in each year elect a Chairperson, Secretary and Treasurer who shall hold office for a period of two years, and be eligible for re-election.”

After discussing the above the committee decided to adopt the proposal in principle, add the post of editor to the above proposal.

This was approved in a special general meeting as per guidelines set by article 31 of the constitution on 17th July 2015 at the SLMA.

The re constituted committee had its 1st meeting on the 21st of August 2015.

The following were elected as office bearers for the next 2 years at this meeting.

- Chairperson: Dr Chandanie Wanigatunge (ERC – SLMA)
- Secretary: Dr Shamini Prathapan, (ERC FMS USJ)
- Treasurer: Dr Aindra Balasuriya, (ERC KDU)
- Editor: Dr Prasad Ranatunga, (ERC TH Kurunegala)

Activities carried out by Management Committee of FERCSL

1. A two day Training Programme for researchers on GCP workshop on Clinical Trials was held on 8th and 9th October 2015.
2. Reviewing of the FERCSL Operational Guidelines
3. Formulation of guidelines for the Ethics Review Committees in Sri Lanka
4. e-newsletter – A e-newsletter of the FERCSL was circulated by the FERCSL among its member ERC’s
5. Accreditation of the ERC, Faculty of Medicine, University of Kelaniya by SIDCER/FERCAP - The ERC of the Faculty of Medicine, University of Kelaniya was accredited by the Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) Forum for Ethics Review Committees of the Asia and the western Pacific (FERCAP)/ after undergoing review by the FERCAP committee. ERC FM – Kelaniya is the fourth Sri Lankan ERC to obtain SIDCER/FERCAP accreditation after Faculty of Medicine, University of Colombo, Faculty of Medical Sciences, University of Sri Jayewardenepura and Faculty of Medicine, University of Peradeniya.
The new membership for the year 2015 (as at 4th December 2014, including the names presented to the Council on 4th December 2015) was as follows:

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Life</td>
<td>111</td>
</tr>
<tr>
<td>Ordinary</td>
<td>71</td>
</tr>
<tr>
<td>Student</td>
<td>69</td>
</tr>
<tr>
<td>Ordinary to Life</td>
<td></td>
</tr>
</tbody>
</table>

The list of members were enrolled during the year 2015 is given in Annex 6.

As the treasurer of the SLMA I am pleased to present the Treasurers Report for the financial year 2014-2015. It had been an exciting year for the SLMA with many new initiatives and challenging work.

The main recurrent expenses of the Association is the salary, EPF, ETF and bonus payment for staff which amounts to Rs.4,342,603/= for 12 months period. The other main recurrent expenditure is for electricity which is Rs.1,485,028/= Total administrative expenses for 12 months amounted to Rs. 14,846,040/= including routine repair and maintenance and standard activity of the SLMA.

The expenditure incurred for the planned repair and renovation of Wijerama House in addition during the year is summarized as below:

Repairs and Renovation of premises 2015

<table>
<thead>
<tr>
<th>Item/activity</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Replacement of roof and incidental repairs</td>
<td>7,117,604.79</td>
</tr>
<tr>
<td>Face-lift to exterior of Wijerama House</td>
<td>1,975,027.50</td>
</tr>
<tr>
<td>Repair and colour renovation auditorium and some offices</td>
<td>518,000.00</td>
</tr>
<tr>
<td>Replacement of stand by electricity generator</td>
<td>2,571,375.99</td>
</tr>
<tr>
<td>Repair of Men’s toilet</td>
<td>15,800.00</td>
</tr>
<tr>
<td>Termite control of premises</td>
<td>552,622.00</td>
</tr>
<tr>
<td>Total</td>
<td>12,750,430.28</td>
</tr>
</tbody>
</table>

The Total income from the Anniversary International Medical Congress was Rs. 19,520,953/=. The expenditure was Rs. 12,322,770. Thus there was a net income over expenditure of Rs. 7,198,183/= from the annual congress related activity.

Details of the income sources is given below

<table>
<thead>
<tr>
<th>Income during the year</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subscription and Entrance Fee</td>
<td>1,497,420.00</td>
</tr>
<tr>
<td>Anniversary International Medical Conference</td>
<td>19,520,953.00</td>
</tr>
<tr>
<td>Rent Income</td>
<td>3,823,650.00</td>
</tr>
<tr>
<td>Auditorium and Council Room Hire</td>
<td>444,900.00</td>
</tr>
<tr>
<td>Career Guidance Seminar</td>
<td>123,000.00</td>
</tr>
<tr>
<td>Income from Ceylon Medical Journal (13.1)</td>
<td>172,166.00</td>
</tr>
<tr>
<td>Total</td>
<td>25,582,089.00</td>
</tr>
</tbody>
</table>

The total in long term fixed deposit is Rs. 15,688,811/= The short term fixed deposit is Rs.1,090,000/= The total value of Orations fixed deposit is Rs. 5,474,276/= Cash and bank balance as of 31/10/2015 remains at Rs 9,159,648/=.

Total assets less current liabilities inclusive of Property, plant, equipment together with cash and deposits is estimated at Rs. 50,642,584/= as of 31/10/2015.

Finally I would like to thanks the President Professor Jennifer Perera for her initiatives and constant guidance, Hony Secretary Dr Ranil Jayawardena, Mr. M Rajasingham who relentlessly attended to the renovation work during the year and last but not the least Ms. Jayarani Tennakoon for her assistance in maintaining the accounts and the cash flow in a responsible and proper manner.
18. AUDITORS’ REPORT 2014/2015

Report of the auditors is given in the Annex 7.

19. NEWSLETTER

The SLMA newsletter (SLMA NEWS) renewed its contract with the publisher, This Source Pvt Ltd, effective from January through December 2015. The page numbers of the newsletter were increased up to 32 from the previous 28, with 16 pages for content and 16 for advertisements. Revenue generated from advertisements on 8 of those pages was received by the SLMA, thus contributing significantly to increase the income of the SLMA. The newsletter was published regularly each month since January 2015 with the December issue currently in preparation. The newsletter was helpful in disseminating information regarding the various activities conducted throughout the year by the SLMA. In addition, it also provided a platform for highlighting various topics of interest to the medical profession. The number of copies printed was increased from 3,850 to 4,500 to enable delivery to all members of the SLMA. Professor Sharmini Gunawardene gave committed leadership to organise a timely newsletter.

20. ADVOCACY

Pollution of water with oil effluent of power plants in Chunakkam, Jaffna

A field visit and a multi stake holder meeting coordinated by Dr Kumarendran of SLMA, was conducted on 14th March 2015 by the SLMA in collaboration with the Jaffna Medical association and many other stakeholder groups including representatives of professional organisations (Ceylon College of Chemists, Sri Lanka College of Community Physicians, Directorate of Environmental and occupational Health, Ministry of Health, Central Environment Authority, Academics from GMAO, Representatives of University of Jaffna, Provincial Director of Health services, Jaffna, World Health organization, Public Interest Law Foundation, National Water Supply and Drainage Board, Disaster Management Unit, Jaffna, Ceylon Electricity Board, Jaffna General Hospital, Medical officers of Health from Jaffna, Sri Lanka institute of Engineers, Jaffna Mansers Forum, UNICEF- Kilinochchi branch with the following

1. Assess the degree of pollution through available data and reports from laboratory assessments
2. Assess the perceptions of the affected population
3. Cease the further progression of pollution
4. Provide alternative water resources to the affected people
5. Draw out a sustainable plan to provide safe water

Following the meeting a comprehensive report was submitted to the stakeholder groups including the Ministry of Health and Nationa Water and Drainage Board for action. Reasonable action has been taken by both Ministry of Health and the National Water Supply and drainage Board and the Ceylon Electricity Board.
The Sri Lanka Medical Association actively contributed to revision of the draft National Medicinal Drug Act through participation of stakeholders, including all professional colleges, Industry and members of the National Medicinal drug Act formulation committee at a meeting held with all stakeholders on 16th February 2015. The recommendations were presented at a meeting held by the Ministry of health with stakeholder groups on 24th February 2015. We are pleased to report that many of the ammendments suggested by the Sri Lanka Medical Association has been incorporated into the revised drug act.

**THE DEATH PENALTY**

A following media statement was issued on the above as follows. A letter was submitted to his Excellency President Maithripala Sirisena on 7th October 2015.

"Recent reports in the media indicate that there are discussions at highest level of the government regarding the death penalty in Sri Lanka. Penalties of death continue to be handed down by the courts – usually many years after the crime was committed. However, Presidents of Sri Lanka, including your Excellency have not signed the final authorization for it to be carried out. As a result, individuals so sentenced to death remain in custody. We believe that the pressure and demand by well meaning citizens of the country stem from the rising number of murders and other grave crimes reported in the media.

The Sri Lanka Medical Association wishes to bring to your notice that we oppose the death penalty based on a number of reasons.

1. The majority of practicing Buddhists find the taking of life objectionable. Many adherents of other mainstream religions would agree. The Pope too recently urged an end to the death penalty. Therefore, taking a human beings life as a punishment is abhorrent. All reputed medical organizations around the world, (e.g. the World Medical Association and the Commonwealth Medical Association) oppose the death penalty.

2. As health care professionals our main role is safeguarding the health of our citizens. We continue to fail to remedy many social ills that lead to serious criminal activity. Psychological analyses of life stories of most criminals often indicate that they have themselves undergone numerous abuses, sometimes as children, and violence. In fact, some criminals (e.g. psychopaths) have permanent abnormalities in their brains, suggesting that there is an underlying disorder that contributed to their violent behavior.

As an alternative to death penalty, we propose that the laws be suitably changed to ensure that those convicted of specific serious crimes where death penalty is usually handed down (e.g. child rape and murder), will NEVER be released back to society. This effectively means that certain crimes should not be pardoned.

We also urge Your Excellency to consider changing the emphasis of the prison system to promote convicted persons to constructively reintegrate back to society. This will require the government to introduce more facilities for vocational training, religious activities, counseling, and psychological treatment. Furthermore, the prison health services need to be allocated more resources to tackle serious issues such as tuberculosis, HIV / AIDS and other diseases that are rampant.

**FOOD ADVERTISING AND PROMOTION AIMED AT CHILDREN**

A meeting of all relevant professional colleges were held in the SLMA on 26th October 2015. A media briefing on the above was held on 9th November 2015 to sensitise media personnel on the important role played by media on advertising food specifically targeting and using children. The following media statement was also published in the newspapers on 24th November 2015.

**COMPANIES EXCEEDING ITS BOUNDARIES IN FOOD ADVERTISING AND PROMOTION**

In the recent past we have witnessed many instances where companies have exceeded its boundaries on ethical advertising and two such recent examples are given below to highlight the need for action.

Advertising of high fat and sweetened foods carried out by companies in Sri Lanka is a cause for concern. Questions are raised regarding the health implications of these actions in a country that is suffering from both undernutrition and overweight. It is well known and evidence based that high fat, salt and sugar consumption in Sri Lanka has escalated the levels of non communicable diseases (NCDs, such as diabetes, heart disease and hypertension). Statistics show that close to 15% of children in urban areas are either overweight or obese and this is spreading fast. More seriously, type 2 diabetes, high cholesterol levels and hypertension are also frequently seen in the young population. Most Non-communicable diseases (NCDs) have reached epidemic levels in Sri Lanka, with the prevalence of abnormally high blood glucose levels seen in 20% and hypertension in nearly 25% among Sri Lankan adults. Prevalence of these diseases is much higher in Sri Lankans compared to white Caucasians in many ‘western’ countries. The rates of obesity among adults has increased by 3
fold during the last two decades. According to most recent data 25% (or one quarter) of Sri Lankan adults are suffering from obesity (BMI>25kg/m$^2$).

Under such worrying health conditions facing the country, some of the campaigns on food promotion have crossed the boundaries of decent ethical advertising. A few examples are given below.

The first, being the use of school children in advertising and targeting of campaigns to promote high energy food, which is not essentially “healthy”. An Astra margarine promotional campaign directly or indirectly targeting children has been conducted in Galle, with characters such as Captain Lipid. This has been conducted on the 25th of October 2015 in the Galle Esplanade. Targeting children for specific campaigns on such brands is unethical.

The second being the Astra conduct of a mass media campaign on TV and other media to promote Astra margarine. The method adopted was to link with state media in order to reach a wide audience. There was a half hour programme on Independent Television Network (ITN) from 8.30 - 9 am ‘Salmal yaya’ on 23 Oct 2015 (Friday) on a campaign supposedly to target malnutrition (This is still available in their webpage). The basic idea was to suggest that using Astra helps to combat malnutrition in Sri Lanka (‘Astra wadawamu Lanka’). While fat is an essential part of the diet there should be consideration as to the quantity consumed and also which source should be used to obtain the fat requirement.

Observation of all such advertisements, especially in the last two years, shows the insidious manner in which advertising has been done. There are numerous other products being promoted in a similar manner and the general public, relevant authorities and health care professionals should continue to be vigilant.

We wish to advocate that stern action and formulation of clear guidelines on advertising be taken on the part of the Ministry of Health, Consumer Affairs Authority, Ministry of Education and the Media Ministry without delay. It is also the responsibility of all corporate entities to demonstrate responsibility in advertising and promotional activities especially with regard to children, especially in the face of a rise in obesity and non communicable diseases in Sri Lanka.

### REDUCTION OF TAXATION ON BEER WITH ALCOHOL CONTENT OF LESS THAN 5%

The following media statement was issued on the above as follows. A letter was submitted to his Excellency President Maithripala Sirisena

“You Excellency has taken many commendable steps to address the enormous health, social and economic harms of tobacco and alcohol as the Minister of Health as well as the President of Sri Lanka. It is in this context that we note with concern the proposal of the 2015 budget to reduce the taxation of beer with an alcohol content of less than 5%. We also note that you have taken a bold step to reverse this initial budget decision and we hope that you will maintain this stance.

With this reduction, a can of beer, of around 300 ml can become available at a very low price. Scientific evidence from different parts of the world indicate that reducing the price of an alcoholic product will increase its consumption. In this case, it will become more affordable to young people, especially teenagers and poorer segments of Sri Lanka, who will find it very affordable. In addition, alcohol products with less than 5% alcohol is seen a “soft” form of alcohol which, combined with the lower price will make it very attractive to young people.

Therefore, the use of alcohol of these vulnerable segments of the society will increase very quickly. As beer is a gateway drug that leads to consumption of stronger forms of alcohol, an increase in use of other forms of alcohol will follow.

When the overall volume of alcohol in a population increases, scientific studies have shown that harms related alcohol such as accidents, suicides violence, and illnesses such as cirrhosis, cancers, hypertension, strokes and heart diseases of that population will increase.

Your Excellency may recall that the price of beer was similarly reduced in the mid 1990’s ostensibly to wean users from alcohol products with a higher alcohol content. Statistics and consumption patterns have since shown that this measure was associated with younger people starting to consume alcohol, as well as an over 100% increase in overall alcohol consumption in the country within a very short period of time. Consumption of even the products with a higher alcohol content increased, and the overall consumption of alcohol in Sri Lanka increased. We are witnessing the consequence of this measure even now.

This proposal also runs counter to the National Policy on Alcohol, approved by the Cabinet of Ministers earlier this year which the Hon. Minister of Finance was a member. Section 6.2 of this policy reads “The excise and other taxes applied on alcohol products should be regularly optimized to maximize revenue generation for the government, while concurrently reducing consumption and harm - an approach which has scientific backing internationally”.

The only party that will gain from this measure will be the alcohol industry, which around the world is lobbying for policy changes such as these.

Therefore this proposal, if implemented, will not only undermine the commendable policy measures your excellency has taken to address harms of alcohol, but will also lead to many negative consequences in the short and long terms, which will be detrimental to the country”. 
SLMA is an organization with a very long history and is the oldest running Professional College in Sri Lanka. But there was no concrete Plan of Action to direct its activities for the future. Though a Strategic Plan was developed some time ago this had not been revised and updated.

Therefore the SLMA committee with the leadership of the President decided to embark on the path to develop a Strategic Plan for the future. Initially a Consultant Mr Trehan Perera and Ms Nishelli Perera supported this initiative, where the concept of strategic Planning was introduced to members. Two consultative meetings were held and the end product that is now available in print is the effort of all of us the SLMA committee. The whole process up to the final printing was supported by the Family Planning Association and Dr Sumithra Tissera, the council member took leadership in seeing it to the end. The following are the excerpts of the strategic plan

The Mission:
To improve the health and wellbeing of all Sri Lankans, through Advocacy, Leadership and Multi-Sector Collaboration, while achieving the highest standard of medical professionalism and ethical conduct as the apex medical professional organization in Sri Lanka with a global reach

The Vision:
To halt the rise of Non Communicable Diseases with an emphasis on diabetes To be the strongest and most respected voice on advocacy for health To be the leader in ethics and continuous professional development in healthcare

It was identified that SLMA’s work revolved around seven core values, namely Accountability, Advocacy, Collaboration, Diversity, Integrity, Leadership and Social Responsibility.

The main Objectives listed are:
1. To advocate the reorientation of the health sector towards health promotion with a life cycle approach
2. To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities
3. To promote healthy lifestyle and address major causative factors for NCDs and diabetes among vulnerable populations through health promotion approach

The first three objectives relate to halting the rise of Non Communicable Diseases (NCD) with a special emphasis on Diabetes

4. To enhance the capacity of medical professionals
This relates to SLMA’s key role in developing medical professionals’ knowledge and skills through Continuous Professional Development (CPD) Programmes

5. To play an advocacy role towards a comprehensive curative and preventive healthcare for the community
Last objective is on the significant role SLMA plays in advocating for a healthier nation through public friendly policies and programmes

Each Objective has many related activities with identified means of progress and responsible persons listed so as to see if the SLMA is on the right track to achieving its Mission by 2020.
Banquet, Concert and Dance Committee
Dr Preethi Wijegoonewardene: Chair
Dr Lasantha Malvige: Convenor
Dr Christo Fernando
Prof Vajira HW Dissanayake
Dr Gamini Walgampaya
Dr Dennis J Aloysius
Dr Pramilla Senanayake

Membership drive
Dr Pradeepa Jayawardena: Chair
Dr Asiri Rodrigo
Dr Amaya Ellawala
Dr Suneth Agampodi
Dr S D Dharmaratne
Dr Arosha Dissanayake
Prof Sharmini Gunawardena
Dr Sudarshi Seneviratne

Scientific Committee: Annual Congress
Dr Padma Gunaratne: Chair
Dr Indika Karunatileke
Dr Amaya Ellawala
Dr Sahan Guruge
Dr Iyanthi Abeywickreme

Distance learning CPD: Dialog
Dr B J C Perera: Chair
Dr Sunil Seneviratne Epa
Dr Priyanga Ransaringhe
Dr Rikaz Sheriff
Dr Gumindu Kulatunge

Monthly Clinical meetings & Guest Lectures
Dr Sudarshi Seneviratne: Chair
Dr Navoda Atapattu

Infrastructure
Dr J B Peiris
Dr Dennis Aloysius

Regional meetings
Dr Shamini Prathapan: Chair
Dr Asiri Rodrigo
Dr Sunil Seneviratne Epa (Southern pr)
Dr Samath Dharmaratne (central prov)

Expert committees and working groups
Dr Priyani Amaratunga: Chair
Dr Pradeepa Jayawardena
Dr Kapila Jayaratne

Exhibition/ Sponsorship: Ann Congress
Navoda A & Shyamalee S : Pharma
Sumithra Tissera: UN Organisations
Dr J B Peiris: Non Pharma
Samanthi de Silva as Treasurer
Dr Asiri Rodrigo as Asst Treasurer
Dr Lasantha Malvige

Editorial Committee
Prof Sharmini Gunawardene – Chair
Prof Deepika Fernando
Dr Sarath Gamini de Silva
Dr Iyanthi Abeywickrama
Dr Amaya Ellawala

Please note: President and Secretary will be ex-officio in all the committees

22. CHANGES TO THE ADMINISTRATIVE STRUCTURE OF THE SLMA

Recruitment of an IT Executive
- The IT and web based activities at SLMA has witnessed a rapid expansion during the last few years.
- There was an urgent necessity to have in-house IT expertise to cater to these requirements.
- Hence, the proposal to recruit a full time IT Executive was initiated by the the President Jennifer Perera and approved by the SLMA Council of 2015.
- The vacancy was subsequently advertised and a young IT Executive (Mr. Tharindu Ranatunga) was selected through a competitive interview process.
- He is currently on a 1 year of probationary period.
- His contributions to SLMA is immense with technical expertise, which helps the SLMA generate a significant income.

Defining Job Roles
- It was identified that the list of duties of staff members at the SLMA office has not been clearly defined previously, leading to ambiguity regarding their roles and responsibilities.
- This has resulted in a significant amount of role confusion and a disparity in work allocations.
- Hence, defining job roles of the SLMA office staff was a timely requirement.
- President SLMA 2015, Prof. Jennifer Perera took up the initiative and the Council was able to give clearly defined job descriptions for all SLMA staff members.

New appointments
- Appointment of an Assistant Manager was made as the regular change of the pre-intern medical officer annually made it an exercise with low productivity, due to the learning cycle time involved, although they were efficient and enthusiastic workers. This would also help in maintaining the succession plan required by the Association for continuity of work.
Fee levying photocopy and printing service
- A fee levying photocopy service was established to serve members of the SLMA. The fees prescribed were lower than the market rates to allow members to utilise this service at concessionary rates.

Inventory of fixed assets
- An inventory was established for fixed assets and a Board of survey was conducted. The unused and non usable items were discarded or sold. It was decided to conducted the Board of survey annually to maintain an updated fixed asset register.

Revising the rent of rooms occupied by the professional organisations
A qualified assessor reassessed the rentals of the rooms rented out by the SLMA. Mr Tissera completed this job on a honorary basis and the SLMA appreciates this kind gesture. The rates are to be effective from 1st January 2015.

Wijerama House Premises Component

1. The following work was undertaken during 2015:
   a. Replacement of roof and incidental repairs/replacement of ceilings, re-routing of water pipes, electrical connections/fittings etc.  
      Total cost Rs 7,117,604.79
   b. Face-lift to exterior of Wijerama House (that facing Wijerama Road), consisting of re-plastering and painting, repairs to damaged windows, replacement of name board, Minor Employees Toilet.  
      Total cost Rs 1,975,027.50
   c. Repairs and colour washing of auditorium, replacement of sound system, repairs and colour washing of college of GPs, Heart Association, Microbiology, Geriatric Office, Store Room, SLMA front veranda, carpeting perimeter wall etc.  
      Total cost Rs 518,000.00
   d. Replacement of stand-by electricity generator, re-siting same (as existing generator became un-usuable and generator shed was obstructing the ring road).  
      Total cost Rs 2,571,375.99
   e. Improvements to downstairs (men’s) toilet: new hot air hand drier, automatic door closure etc.  
      Total cost Rs 15,800.00
   f. Termite control for the whole building. Tenders were called and a supplier was selected. However, the work was not carried out as it would have interfered with the end of year activities, as it was necessary to close offices one by one for up to three days. The work would be carried out, on a priority basis, during 2016. Estimated  
      Total cost Rs 552,622.00
   g. Pruning of tree branches overhanging the car park (south boundary) and the roof of Wijerama House (north boundary)  
      Total cost Rs 30,000.00

2. The following work is to be undertaken during 2016:
   Implementation of the termite control programme on the basis of the decision made and approved by Council in 2015. An upward revision of the cost may be expected.
   Opening up of the ring road from the side gate down the lane (south boundary), around the rear of Wijerama House to the exit gate (north gate on the east boundary). The components of this work include:
   i. Repair and re-surfacing of the rear (west) parapet wall as well as the north parapet if necessary.
   ii. Removing of three trees obstructing the road along the north boundary.
   iii. Removing and re-placing the glass in the CMJ office to facilitate complete removal of an invading ficus plant, including its root system.
Refurbishment of the SLMA website was commenced in late 2014 and quotations were called to re-design and re-vamp the SLMA website in October, 2014. Five quotations were received. These were vetted by Mr. S. C. M. B. Attanayake, Information System Manager, School of Computing, University of Colombo as an independent expert and the applicants who were shortlisted were interviewed. The contract was awarded to DesignSolv Pvt. Ltd for Rs. 275000 based on their bid value, previous work experience, company profile, proposed work plan and qualifications of the employed web developers. Dr Chiranthi Liyanage together with Mr Attanauyake drew up the terms of reference for the company.

The new SLMA website was launched on 5th January 2015 (http://slma.lk). The domain name slmaonline.info was changed to slma.lk for better distinction.

The new website comprises a main public website which provided information on regular SLMA activities and a sub-site (http://conference.slma.lk) which contains information on the annual congress. In addition to static content, the website features of a blog for posting of upcoming events, a publications section allowing free download of SLMA publications, an interactive Google map, an online correspondence form and provision to subscribe to the SLMA e-bulletin. The Annual Congress sub-site is linked to an online abstract submission system and an online registration portal.

A new online abstract management system that enabled abstract submission, review of abstracts and management of abstracts completely online was launched for the first time by the SLMA. It was opened for abstract submission of the 128th Anniversary International Medical Congress in January, 2015 and 269 abstracts were submitted through the system. It was used by 210 authors and 31 reviewers. A new online registration portal for the Annual Congress was developed. A payment gateway with 256bit SSL certification has been integrated in to the online registration portal. One hundred and fourteen participants of the 128th Anniversary International Medical Congress registered through this online registration portal.

In the previous years, SLMA has incurred a cost of over Rs. 60,000 per annum for web hosting. Therefore, to curtail expenditure, the hosting server was changed to a more economical server, which cost only Rs. 14,000 per annum. Furthermore, the SLMA discontinued the services of the intermediary agent who was responsible for hosting and mediated transactions with the LK registry to minimize additional expenses. These responsibilities have been taken over by the IT executive recruited by the SLMA.

The SLMA recognizes the contributions made by the IT committee members, Dr. Chiranthi K Liyanage, Dr. Priyanga Ranasinghe and Dr. Deepal Wijesooriya and the SLMA members Dr. Romain Perera and Dr. Rikaz Sherriff in carrying out the above activities.

The e-bulletin

An email marketing service (MailChimp) account was purchased to prevent issues faced in bulk emailing in the previous years.

The SLMA disengaged with the contractor who designed the e-bulletin and these duties were transferred to the IT executive recruited by the SLMA to curtail costs.

Acceptable e-advertisements on general consumables, real estate etc. were included into the e-bulletin in order to generate revenue.

Historical event; Establishment of Medical Wants Committee

Estate Urban Health Unit (E &UH) of Ministry of Health, Nutrition and Indigenous Medicine pioneered the establishment of Medical Wants Committee (MWC), which is an establishment identified in the chapter IV of the Medical Wants Ordinance (MWO) No 12 of 1912 to establish a Medical Wants Committee to advice the Minister as the Ministry of in charge of Healthcare, who is responsible for the implementation of the Medical Wants Ordinance regarding to health services in the estate sector as mentioned in the Ordinance.

Therefore, after 103 years, the first committee meeting was established on 16th July, 2015 in the auditorium of Ministry of Health with a presentation of “Importance of establishment of Medical Wants Committee” by Dr. Nithershini Periyasamy/ CCP E &UH. This meeting was chaired by DGHS. Following members were selected with the advice from the legal department and DDG PHS II and to be appointed by the Hon. Minister in charge of Health Ministry. They were DGHS as a Chairperson, DDG PHS II, Three nominees by Planters Association, a nominee by the Plantation Human Development Trust, Director Family Health Bureau, a nominee by the Ministry in charge of the plantation industry, a nominee by the Ministry of Plantation Infrastructure Development, a nominee in charge of the subject of Labour, Director Estate and Urban
Health Unit, Provincial Directors of Health Services of Central, Uva, Sabaragamuwa, Southern, Western, North Western, and three other members appointed by the Ministry of Health.

DGHS accepted the proposed members for this committee for the period, but legal department mentioned that from time to time members of MWO can be changed on the recommendation of the Minister of Health. Nominees from SLMA and Private Health Regulatory Council were suggested for the Committee. Universal suggestion to amend the Medical Wants Ordinance will be carried out under the Chairmanship of DGHS through the legal department.

This event was stated as a historical milestone in the estate sector health service development.
Annexe 1: Detailed programme of the Anniversary Scientifc Medical Congress

Sunday 28th June 2015

HEALTH RUN & WALK

Walk for Health, Health is Wealth

Warming up session
Run
Walk
Health Check
Physiotherapy, Health Massages

- Free participation
- Free medical check-up including blood tests
- Free sports physiotherapy
- Free T-shirts and gift packs

Friday 3rd July 2015

Pre-Congress Workshop 1: Workplace based Research and Writing
Lionel Memorial Auditorium, Sri Lanka Medical Association

Registration

Session 1: Chairpersons: Dr. Anuruddha Padeniya and Dr. Sunil de Alwis
Introduction to workplace based research; role of Society for Health Research and Innovation (SHRI) in workplace based research
Dr. Anuruddha Padeniya, Consultant Paediatric Neurologist, Lady Ridgeway Hospital
President, Government Medical Officers Association
A case study presentation on workplace based research
Dr. Rashan Haniffa, Consultant Physician, University of Oxford
Project Coordinator – National Intensive Care Surveillance
Situation analysis on current research trends in Sri Lanka
Dr. Dineshan Ranasinghe, Medical Officer - Base Hospital, Panadura
Tea

Session 2: Chairpersons: Dr. P.G. Mahipala and Dr. Palitha Abeyakoon
The way forward in workplace based research and resources available
Dr. Sumal Nandasena, Consultant Community Physician
Discussion
Lunch

Session 3: Chairpersons: Prof. Varuni de Silva and Dr. Anuruddha M. Abeygunasekera
How to write an article to a medical journal
Prof. Varuni de Silva, Professor in Psychiatry, Faculty of Medicine, University of Colombo & Editor, Ceylon Medical Journal
What editors are interested in seeing in publications
Dr. Anuruddha M Abeygunasekera, Consultant Urological Surgeon, Colombo South Teaching Hospital & Editor, Ceylon Medical Journal
Vote of thanks
Pre-Congress Workshop 2: Perspectives of Values in Medicine SLMA - Interactive symposium
Clinical Medicine Academic and Research Center (ClinMARC), National Hospital of Sri Lanka

Registration
Chairpersons: Prof. Antoinette Perera and Dr. Iyanthi Abeywickrema

Introduction
Dr. Eugene Corea, Chairperson, Ethics Committee, SLMA

Public Expectation in values in medicine
Dr. Nalin Jayasuriya, Chairman McQuire Rens Group

Socio-cultural aspects in values in medicine
Prof. Kalinga Tudor Silva, Professor Emeritus in Sociology, University of Peradeniya, Sri Lanka

Influence of the humanities in values in medicine
Dr. Godwin Constantine, Department of Clinical Medicine, Faculty of Medicine, Colombo

Tea

Socio-biological perspectives in values in medicine
Prof. Carlo Fonseka, President, Sri Lanka Medical Council

Values in medical practice
Dr. Eugene Corea, Chairperson, Ethics Committee, SLMA

Discussion
Saturday 4th July 2015

Pre-Congress Workshop 3: Complementary and alternative medicine: could we integrate for better care
Lionel Memorial Auditorium, SLMA

Registration

Session 1
Chairpersons: Dr. Palitha Abeykoon and Dr. Upali Marasinghe

Introduction to Complementary and Alternative Medicine (CAM)
Dr. Senaka Pilapitiya, Center for Education & Research in Complementary and Alternative Medicine, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka

Systems medicine: does it integrate modern & traditional systems of medicine?
Prof. Saroj Jayasinghe, Professor, Department of Clinical Medicine, Faculty of Medicine, Colombo

Integrative Gynecological Cancer Treatment- Is there a role?
Dr. Vijaendreh Subramaniam, Consultant Obstetrician and Gynaecologist, Mahkota Hospital, Malaysia

Tea

Session 2
Chairpersons: Prof. Sisira Siribaddana and Prof. Carlo Fonseka

A surgeons experience in an integrated approach for managing Fistula-in-ano
Dr. Sujeewa Thalgaspitiya, Senior Lecturer, Department of Surgery, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka

New WHO Traditional Medicine (TRM) strategy 2014-2023 and integration of TRM into healthcare systems
Dr. Kim Sungchol, Regional advisor, Traditional Medicine, HDS, WHO SEARO, New Delhi

Need for understanding & appreciating CAM fundamentals for effective integration
Dr. Senaka Pilapitiya

Discussion

Lunch

Session 3
Chairpersons: Prof. Saroj Jayasinghe and Prof. Rohini Fernandopulle

Challenges in CAM Clinical Research
Prof. Sisira Siribaddana, Professor of Medicine, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka

Issues and paradigms in traditional medicine research
Dr. Kamal Perera, Senior Lecturer, Institute of Indigenous Medicine, University of Colombo

Overcoming challenges in CAM research and opportunities for generating evidence in the Sri Lankan context
Dr. Suneth Agampodi, Senior Lecturer, Department of Community Medicine, Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka

Overcoming challenges in CAM research- A case study
Dr. Wathsala Wijesinghe, Senior Research Officer, Bandaranaike Memorial Ayurveda Research Institute

An integrated community based geriatric care programme- A case study
Dr. Amali Perera, Community Medical Officer, Ayurveda health promotion service, Anuradhapura

Discussion and Close
Pre-Congress Workshop 4: Patient safety: collaborative multi-sector workshop based on cases
Clinical Medicine Academic and Research Centre (ClinMARC), NHSL

Registration
Address by President - SLMA
Prof. Jennifer Perera
Address by Deputy Director General (Medical Services) 1
Dr. Lakshmi C Somatunga
Address by Director General of Health Services
Dr. P.G. Mahipala
Patient Safety Experience: International perspective
Chairperson: Dr. Reggie Perera
Current Healthcare Quality and Safety Programme in Sri Lanka
Dr. S. Sridharan, Director Healthcare Quality and Safety
Patient Safety programme in NHS
Prof. Devaka Fernando, Consultant Endocrinologist, Sherwood Forest Hospitals, UK
Patient Safety Programme in Malaysia Health System: Barriers and Challenges
Dr. Nor’Aishahbt Abu Bakar Director, Head of Patient Safety Unit & Secretariat Patient Safety, Malaysia
Panel Discussion
Patient Safety: From Clinical Perspective
Chairperson: Dr. Ranjan Dias
High Reliable Organization and Patient Safety
Dr. Prabhu Vinayagam, Managing Director – JCI, Asia Pacific Region, Singapore
Patient Safety during Cardiac Surgery: Practical Experience
Dr. Prashant Vaijyanath, Director of Cardiovascular and Thoracic Surgery, Kovai Medical Center and Hospital Coimbatore, Tamil Nadu, South India
Panel Discussion
Patient Safety: Other issues
Chairperson: Prof. Jennifer Perera
Infection Control & Patient Safety
Dr. Mahen Kothalawela, Consultant Microbiologist, Teaching Hospital Kandy
Importance of Communication in Patient Safety
Dr. Neelamani S R Hewageegana, Deputy Director General of Health Services (DDG) Planning, Ministry of Health, Sri Lanka
Panel Discussion
Lunch
Patient Safety: Other issues
Chairperson: Prof. Jennifer Perera
Infection Control & Patient Safety
Dr. Mahen Kothalawela, Consultant Microbiologist, Teaching Hospital Kandy
Importance of Communication in Patient Safety
Dr. Neelamani S R Hewageegana, Deputy Director General of Health Services (DDG) Planning, Ministry of Health, Sri Lanka
Panel Discussion
Lunch

Pre Congress Workshop 5: Managing Non cancer pain: key for better clinical practice
Block C Ground floor, New Auditorium, Faculty of Medicine, Colombo

Registration
Chairperson: Dr. R. Jayamaha
Introduction
Dr. R. Jayamaha, Consultant Physician, Provincial Hospital, Badulla, Sri Lanka
Pharmacology of Pain management
Dr. Nirmala Wijekoon, Senior Lecturer in Pharmacology, Faculty of Medicine, University of Kelniya
Management of Common Nociceptive Pain
Dr. I. Athukorala, Specialist Rheumatologist and Senior Lecturer, Faculty of Medicine, Colombo, Sri Lanka
Tea
Management of Common Neuropathic Pain
Dr. T. Chang, Specialist Neurologist & Senior Lecturer, Faculty of Medicine, Colombo, Sri Lanka
Orthopedic Management of non-cancer pain
Dr. Y. Jayasinghe, Consultant Orthopedic Surgeon, Provincial General Hospital, Badulla, Sri Lanka
Common, safe and rewarding Interventions for pain in Non-cancer patients
Prof. Magdi Ramzi Iskander Professor of Anaesthesia and Pain Relief, National Cancer Institute, Cairo University
Physiotherapy for common non-cancer pain
Miss. Nadeesha Kalyani, Lecturer, Allied Health Sciences Unit, Faculty of Medicine, Colombo, Sri Lanka
Lunch
Neurosurgical Management of non-cancer pain
Dr. N. Kumara Simghe, Consultant Neurosurgeon, Teaching Hospital, Kandy, Sri Lanka
Panel Discussion
World Institute of Pain and its Contribution towards standardization of care
Prof. Magdi Ramzi Iskander
Floor plan for Comprehensive Pain Care in Sri Lanka
Dr. C. Arambepola, Consultant Community Physician and Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo, Sri Lanka
Vote of thanks
Dr. R. Jayamaha
Pre Congress Workshop 6: Past, Present and Future Challenges of Health and Nutrition of Estate/Plantation Community
Lionel Memorial Auditorium, Sri Lanka Medical Association, Wijerama House, Colombo 07

Registration
Session 1
Chairpersons: Prof. Samath D. Dharmaratne and Dr. Kumari Vinodhani Navaratne
Welcome speech and introduction to the workshop
Dr. Piyal Ratnayaka
Director, Estate and Urban Health Unit, Ministry of Health, Sri Lanka
Introduction to the Health of Estate/Plantation worker in Sri Lanka
Dr. Nithershini Periyasamy, Consultant Community Physician, Estate & Urban Health Unit, Ministry of Health, Sri Lanka
Guest speech
Hon. Minister P. Digambaram, Ministry of Plantation Infrastructure Development, Sri Lanka
30-year changes of major public health problems in Chinese children aged 7-18 years
Professor Haijun Wang, Associate Director, Institute of Child & Adolescent Health, Peking University, China

Session 2
Chairpersons: Dr. B.V.S Benaragama and Dr. Nithershini Periyasamy
World Bank presentations on Estate Nutritional survey
Dr. Upul Senerath, Senior Lecturer, Department of Community Medicine, Faculty of Medicine, Colombo
World Bank presentations on Estate Nutritional survey
Dr. Kumari Vinodhani Navaratne
Senior Health Specialist, World Bank, Sri Lanka
World Bank presentations on Estate Nutritional survey
Dr. Nithershini Periyasamy
Intestinal Helminthic infection in the past, present and future in the estate community
Dr. Devika Iddawala and Dr. S. Wickramasingha
Senior Lecturers, Department of Parasitology, Faculty of Medicine, Peradeniya

Lunch

Session 3
Chairpersons: Dr. Piyal Ratnayaka and Prof. Samath D. Dharmaratne
Challenges of Cancer control among the Estate community
Dr. N. Jeyakumaran
Clinical Oncologist, National Cancer Institute of Sri Lanka, Maharagama
Health service delivery challenges in the estates at district level
Dr. Nimal Gamagedara, Consultant Community Physician, PDHS Office, Badulla
Panel discussion
Vote of Thanks

Pre Congress Workshop 7: Approach to Sleep Symptoms: Sleepy or Sleepless
Block C Ground Floor, New Auditorium, Faculty of Medicine, Colombo

Introduction and welcome speech
Registration
Session 1
Chairpersons: Dr. Padma Gunaratne and Dr. Amita Fernando
Sleep related breathing disorders: an overview
Dr. Thushara Galabada, Consultant Respiratory Physician, DGH Hambanthota, Sri Lanka
Clinical assessment of patients with sleep related breathing disorders
Dr. S. Rishikesavan, Acting Consultant Respiratory Physician, TH Batticaloa, Sri Lanka
Introduction to polysomnography and selected cases
Prof. Manjari Tripathi, Professor Neurology, NIH Fellow (UCLA), Department of Neurology, Neurosciences Centre, All India Institute of Medical Sciences, New Delhi
Tea

Session 2
Chairpersons: Dr. Chandra Jayasuriya and Dr. SudathGunasekara
Cardiovascular and metabolic consequences of OSA
Dr. Amita Fernando, Consultant Respiratory Physician, CCC, National Hospital of Sri Lanka
Respiratory physicians approach to managing OSA
Dr. B. V. Murali Mohan, Senior Consultant Pulmonologist and Director, Dept. Internal Medicine/Pulmonology, Narayana Hrudayalaya, Bangalore, India
ENT Surgeons’ role in management of sleep disordered breathing – an update
Dr. Daminda Dumingoarachchi, Consultant ENT Surgeon, Teaching Hospital, Anuradhapura, Sri Lanka

Multiple sleep latency tests
Prof. Manjari Tripathi

Lunch

Session 3
Chairpersons: Dr. Sunethra Senanayaka and Dr. Eshanth Perera

Parasomnias and sleep related movement disorders
Prof. Manjari Tripathi

Approach to patient with Insomnia and sleep hygiene and behavioral management
Dr. Asiri Rodrigo, Consultant Psychiatrist, Senior Lecturer, Faculty of Medicine, Kelaniya, Sri Lanka

Case based discussion on sleep related disorders
Hands on experience on sleep related breathing disorder technologies (CPAP)
Dr. B.V. Murali Mohan

Vote of thanks

Pre Congress Workshop 8: Allergy- the unmet need
Conducted in collaboration with the Ceylon College of Physicians and Allergy and Immunology Society of Sri Lanka
Clinical Medicine Academic and Research Centre (ClinMARC), NHSL

Registration
Lighting the oil lamp
Address by Allergy and Immunology Society, Sri Lanka
Dr. Rajiva de Silva, Consultant Immunologist, Medical Research Institute

Session 1
Chairpersons: Dr. B.J.C Perera and Dr. Ganga Sirimanne

ISAAC study in Sri Lanka; Prevalence of Allergic diseases in Sri Lanka
Dr. Keerthi Gunasekara, Consultant Respiratory Physician, Chest Clinic, Colombo

Chronic urticaria and angioedema
Dr. Leong Khai Pang, Senior Consultant Clinical Immunologist, Tan Tock Seng Hospital, Singapore

Food allergies
Dr. Neelika Malavige, Senior Lecturer and Immunologist, Faculty of Medical Sciences, University of Sri Jayewardenepura

Tea

Session 2
Chairpersons: Dr. Nirmala Wijekoon and Dr. Neelika Malavige

Insect venom allergy
Dr. Rajiva de Silva, Consultant Immunologist, Medical Research Institute, Colombo

Immunotherapy for insect venom anaphylaxis
Dr. Leong Khai Pang

Drug allergy
Dr. Siraj Misbah, Consultant Immunologist, Oxford Radcliffe NHS Trust, UK

Lunch

Session 3
Chairperson: Dr. Rajiva de Silva

Perioperative anaphylaxis
Dr. Siraj Misbah

Interactive Teaching Session: ANAPHYLAXIS (by Ceylon College of Physicians)
Dr. Nirmala Wijekoon, Consultant Physician, Senior Lecturer in Pharmacology, University of Kelaniya
Dr. Chandimani Undugodage, Consultant Respiratory Physician & Senior Lecturer in Physiology, Faculty of Medical Sciences, University of Sri Jayewardenepura

INAUGURATION OF THE 128TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS
Oak Room, Cinnamon Grand Hotel, Colombo

Registration
Guests take their seats
Arrival of the Chief Guest
Introduction of Council Members to the Chief Guest
Ceremonial Procession
National Anthem
Lighting of the Oil Lamp
Welcome Address
Prof. Jennifer Perera
President, SLMA
Address by the Guest of Honour
Dr. Jacob Kumareshan
WHO Representative of Sri Lanka
Address by the Chief Guest
Prof Mohan de Silva
Chairman, University Grants Commission
Vote of Thanks
Dr. Ranil Jayawardena
Honorary Secretary, SLMA
The SLMA Oration 2015
“Friendly fire – neurons under attack! Studies from Sri Lanka”
Dr Thashi Chang, MBBS (Col), MD, MRCP (UK), FRCP (Lon), FCCP, Dphil (Oxon),
Senior Lecturer and Specialist Neurologist, Department of Clinical Medicine, Faculty of Medicine,
University of Colombo
Cultural Show
The Procession leaves the hall
Reception

Monday 6th July 2015

Registration
Key note address
Chairperson: Prof Jennifer Perera
Connect, Communicate, Collaborate for improved Health and Healthcare: Strategies and challenges
Prof Lalitha Mendis, Emeritus Professor of Microbiology, Competent Authority, University of Colombo
Plenary 1
Chairpersons: Prof Saroj Jayasinghe & Dr. Neelika Malavige
The transformative impact of biologics on clinical medicine
Dr Siraj Misbah, Consultant Clinical Immunologist, Head/Department of Clinical Immunology, Oxford
NHS trust, Oxford
Professor N D W Lionel Memorial Oration
A lifetime of research in pulmonology
Dr B J C Perera,
MBBS, DCH(Cey), DCH(Eng), MD(Paed), FRCP (Edin), FRCP (Lond), FRCPCH (UK), FSLCPaed, FCCP, FGCP (SL)
Consultant Paediatrician, Former President, Sri Lanka Medical Association
Tea and poster viewing

PARALLEL SESSIONS DAY 1
SESSION THEME: INFECTIONS

Guest Lecture 1
Chairpersons: Prof. Jennifer Perera & Dr. S.B. Agampodi
Battle for dominance: Can the Trilogy of Antibiotic Stewardship, PK/PD strategies and new drugs win the Power of the Ring - Antimicrobial Resistance?
Dr Rohan Chinniah, Consultant Clinical Microbiologist and Infection Control, Raja Isteri Pengiran Anak Saleha (RIPAS) Hospital, Ministry of Health, Bandar Seri Begawan Brunei Darussalam
Symposium 1 Pneumococcal diseases - How can we win the battle?"
Chairpersons: Prof. S.P. Lamabadusuriya & Dr. Priyani Amarathunga
Pneumococcal diseases- morbidity, mortality and fatal entities
Prof. S.P. Lamabadusuriya, Consultant Paediatrician and Emeritus Professor of Paediatrics, Faculty of Medicine, University of Colombo
How best can we deal with diagnosis and management of drug resistance?
Dr. Shirani Chandrasiri, Consultant Clinical Microbiologist, Colombo South Teaching Hospital
Pneumococcal vaccines; bridging the age gap and broadening the scope
Dr. Kanthi Nanayakkara, Consultant Virologist/ Vaccinologist, MRI
Lunch

Free paper session 1: Infections
Chairpersons: Prof. Senaka Rajapaksa & Dr. Kushlan Jayatileke

Symposium 4
Hepatitis and HIV: Implications for Care
Chairpersons: Dr. Iyanthi Abeyewickreme & Prof. Arjuna de Silva
Late diagnosis and adverse outcomes related to hepatitis and HIV in South East Asia
Dr. Nicole Seguy, Technical Officer HIV, WHO India
Newer treatment options for hepatitis: better impact on life. Are we achieving this?
Dr. Madunil Niriella, Senior Lecturer, Department of Medicine, University of Kelaniya and Consultant Gastroenterologist
Issues in managing patients with co-infection in Sri Lanka
Dr. Lilani Rajapaksa, Senior Consultant Venereologist, NSACP

What can the laboratory offer for the management of co-infection?
Dr. Geethani Galagoda, Consultant Microbiologist, MRI

PARALLEL SESSIONS DAY 1
SESSION THEME: PREVENTIVE MEDICINE

Guest Lecture 2
Chairpersons: Dr. Sarath Gamini de Silva & Dr. Pradeepa Jayawardana
Improving glycaemic control using Insulin pump therapy
Prof. Devaka Fernando, Consultant in Endocrinology and Diabetes, Sherwood Forest Hospitals, NHS Foundation Trust, UK

Symposium 2
One health concept: Way forward in controlling antimicrobial resistance
Chairpersons: Prof. Jennifer Perera & Dr. Hasini Bannhekke
Antibiotic usage in animal husbandry in industry sector
Dr. H.P. Premasiri, General Manager, Pussella farm, Former technical Manager of Gold Coin Feed Mills Lanka Ltd, Former senior poultry adviser for Afghanistan-The Food and Agriculture Organization of the United Nations (FAO)
Past President of Sri Lanka Veterinary Association
Guidelines and recommendations for use of antibiotics in animal husbandry (especially in fisheries including shrimp farming)
Mrs. Sharmila Corea, Scientist, The National Aquatic Resources Research and Development Agency (NARA)
The extent of antibacterial usage in Veterinary practice and its role in acquiring resistance
Prof. Preeini Abeynayake Professor of Veterinary Pharmacology, Faculty of Veterinary Medicine and Animal Sciences, University of Peradeniya
Causes, magnitude, impact of antibiotic resistance in Sri Lanka
Dr. Kusilani Jayathilake, Consultant Clinical microbiologist, Sri Jayewardenepura General Hospital, A member of Antimicrobial Resistance Surveillance Project (ARSP) of Sri Lanka College of Microbiologists
Controlling antimicrobial resistance- Way forward
Dr. Janakan Navaratnasingam, National Professional officer- WHO
Panel discussion

Symposium 5
NCD Control in Sri Lanka
Chairpersons: Dr. Ruwan Ekanayaka & Prof. Chandrika Wijeratne
Challenges ahead – in achieving global NCD targets
Dr. Palitha Karunapema, Consultant Community Physician, Deputy Director Rehabilitation and Rheumatology Hospital, Ministry of Health, Sri Lanka
Challenges faced in achieving optimum care for risk factor control in the curative sector
Dr. Ruwan Ekanayaka, Former Consultant Cardiologist, National Hospital of Sri Lanka
Health sector response in controlling NCDs: strategies and challenges
Dr. Palitha Mahipala, Director General of Health Services, Ministry of Health, Sri Lanka

PARALLEL SESSIONS DAY 1
SESSION THEME: BEHAVIOUR AND HEALTH

Guest Lecture 3
Chairpersons: Dr. Sudarshi Senevirathne & Dr. N.R. Hewageegana
Why is it important to focus on schools as a health promotion setting?
Dr. Nicholas Townsend, Cardiovascular Disease Epidemiology Research Programme, University of Oxford

Symposium 3
Awkward Problems and Plausible Solutions - Managing Medically Unexplained Symptoms
Chairpersons: Dr. Preethi Wijegoonewardene & Dr. Asiri Rodrigo
And then there were none - The enigma called functional problems
Dr. Harshini Rajapakse, Senior Lecturer, Department of Psychiatry, Faculty of Medicine, University of Ruhuna
What and how to communicate – understanding and explaining functional disorders
Prof. Pali Hungin, Dean of Clinical Medicine, School of Medicine, Pharmacy and Health University of Durham, UK
Management: Explaining the unexplained
Prof. Diyanath Samarasinghe, Associate Professor in Psychiatry, Faculty of Medicine, University of Colombo
Lunch
Free paper sessions 3: Psychiatry & Rehabilitation
Chairpersons: Dr. Sudarshi Senaviratne & Dr. Mahesh Rajasuriya

Symposium 6
Essentials in Clinical Sexual Medicine
Chairpersons: Dr. Neelamani Hewageegana & Dr. Sumithra Tissera
Late Onset Hypogonadism - Facts & Myths
Dr. Lasantha Malavige
Specialist in Sexual Medicine, Asiri Surgical Hospital
Advances in Erectile Dysfunction Management
Dr. David Edwards, President, British Society of Sexual Medicine
Who needs sex therapy?
Prof. Diyanath Samarasinghe, Associate Professor in Psychiatry, Faculty of Medicine, University of Colombo
Tea

Doctor's Concert

Tuesday 7th July 2015

Registration
Chairpersons: Dr. J. B. Peiris & Prof. Jennifer Perera
Modifying behavior for health
Prof. Diyanath Samarasinghe & Dr. Mahesh Rajasuriya

Plenary 2
Chairpersons: Dr. G. Wickramasingha & Dr. Ruvaiz Haniffa
Westnile virus: A mosquito borne disease, is Sri Lanka susceptible to an outbreak?
Prof. Ng Mah Lee, Mary, Department of Microbiology, YLL SOM, National University of Singapore

PARALLEL SESSIONS DAY 2
SESSION THEME: CLINICAL MEDICINE

Symposium 7
Stroke: Optimizing care: an overview
Chairpersons: Dr. Padma Gunaratne & Dr. Arjuna Fernando
Could stroke be prevented? Up-to-date evidence
Dr. Jeyaraj Durai Pandian, Department of Neurology, Deputy Director (Research and Development), Christian Medical College, India
Stroke - First 24 hours: a window of opportunity
Dr. Senaka Bandusena, Consultant Neurologist, National Hospital of Sri Lanka
Rehabilitation of stroke in resource constraint settings
Dr. Jeyaraj Durai Pandian, Department of Neurology, Deputy Director (Research and Development), Christian Medical College, India
Tea and poster viewing

Guest Lecture 4
Chairpersons: Dr. Lucian Jayasooriya & Prof Varuni De Silva
End of life care
Prof. Sally McCarthy, Clinical Director, Emergency Care institute, Conjoint Associate Professor, UNSW, Australia

Symposium 10
Glomerulonephritis
Chairpersons: Dr. Latiff Nazaar & Dr. Prasad Katulanda
Infection related Glomerulonephritis
Dr. Michelle Estrella, Assistant Professor of Medicine, School of Medicine, Johns Hopkins University
Management of IgA Nephropathy
Dr. A.W.M. Wazeel, Consultant Nephrologist, General Hospital Kandy
Update on Crescentic Glomerulonephritis
Dr. Anura Hewageegana, Consultant Nephrologist, National Institute of Nephrology Dialysis and Transplantation
Lunch, poster viewing and debate

"Decriminalizing commercial sex will reduce Sexually Transmitted Infections"
Chairpersons: Dr. Iyanthi Abeyawickreme & Dr. Dayananth Ranatunga, (Country Manager, UNAIDS)

Free paper session 4: Non-communicable diseases
Chairpersons: Prof Chandrika Wijeratne & Dr. Lakshmi Somathunga
PARALLEL SESSIONS DAY 2

Symposium 9

Multi-sectoral approaches to promote nutrition
Chairpersons: Dr Palitha Abeykoon and Dr. Nicholas Townsend

Part I
Welcome and overview of the symposium

Overview of the project: Integrating Nutrition Promotion and Rural Development (INPARD)
Mr. Seenithamby Manoharan, Senior Rural Development Specialist, World Bank, Sri Lanka

Global perspectives and non-health interventions to promote nutrition
Prof. Sharon Friel, Professor in Health Equity, Australian National University, Australia

Evaluation methods and baseline survey findings
Dr. Prasad Katulanda, Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, Colombo

Nutrition Friendly School Initiative (NFSI) criteria and a new tool to identify multi-sectoral interventions to promote nutrition in schools.
Ms. Juliane Williams, Researcher, University of Oxford

Part II
Forum with multi-sectoral experts with questions and answers

What can we learn from INPARD and future opportunities to strengthen nutrition promotion policies?

- Director General of Health Services or his representative
- Director General of Agriculture
- Divisional Secretary from Moneragala District

Curriculum development lead resource person
(INPARD curriculum for nutrition promotion)
Dr. Indika Karunathilake, Senior Lecturer, Medical Education Development and Research Center, Faculty of Medicine, Colombo

Conclusion of the symposium with remarks and summary from co-chairs

Tea and poster viewing

Guest lecture 6
Chairpersons: Prof. S.D. Dharamaratne & Dr. N Hewageegana

Health equity, social determinants and health policy
Professor Sharon Friel, Professor in Health Equity, Australian National University, Australia

Symposium 12

Clinical Teaching
Chairpersons: Prof. Saroj Jayasingha & Dr. Indika Karunathilake

Clinical Teaching
Prof. Hiroshi Nishigori, Associate Professor, Center for Medical Education, Kyoto University, Japan

Providing effective feedback during clinical teaching
Dr. Diantha Soemantri, Department of Medical Education, Faculty of Medicine, University of Indonesia

Clinical teaching in Unconventional Settings
Prof. Aloka Pathirana, Department of Surgery, Faculty of Medical Sciences, University of Sri Jayewardenepura

Discussion

Lunch, poster viewing and debate

"Decriminalizing commercial sex will reduce Sexually Transmitted Infections"
Chairpersons: Dr. Iyanthi Abeyewickreme & Dr. Dayanath Ranatunga, (Country Manager, UNAIDS)

Free paper sessions 6: Genetics, Medical Education & Administration
Chairpersons: Dr. Gominda Ponnampuruma & Dr. Lucian Jayasuriya

Symposium 15

Emerging use of mobile technology in health
Chairpersons: Dr. Deepal Wijesooriya & Dr. Achala Jayathilake

Using mobile technology for health
Dr. Naresh Yallapragada, Head, Healthcare IT at Continental Hospitals, Hyderabad, India

mHealth: The global picture
Dr. Roshan Hewapathirana, Research Fellow, Department of Informatics, Faculty of Mathematics and Natural Sciences, University of Oslo, Norway

mHealth Applications in the Ministry of Health : Today and Tomorrow.
Dr. Chaminda Weerabaddana, Medical Officer - Health Informatics, Office of Deputy Director General (Dental Services), Ministry of Health

Tea

S C Paul Oration

Analysis of anaesthetic adaptations and observations in Thoracoscopic and Laparoscopic surgeries
Dr Vasanthy Pinto MD, FCARCSI, FRCA
Head of the Department & Senior Lecturer in Anaesthesiology, Faculty of Medicine, University of Peradeniya, Sri Lanka
Wednesday 8th July 2015

Registration
Breakfast meeting
Chairpersons: Prof Jennifer Perera & Dr. Lasantha Malavige

Building the next generation of Health professional leaders
(With a group of young health professionals)

Plenary 3
Chairpersons: Prof. Saroj Jayasinghe & Dr. Dennis Aloysius

Pathophysiology, diagnosis and treatment of gastroesophageal reflux
Prof. John O. Clarke, Clinical Director, Johns Hopkins Bayview Gastroenterology/Hepatology
Clinical Director, Johns Hopkins Center for Neurogastroenterology
Associate Professor of Medicine, Division of Gastroenterology & Hepatology, Johns Hopkins University

Dr. S. Ramachandran Memorial Oration
Epidemiology of migration and mental health in Sri Lanka: local insight for a global impact
Dr. Chesmal Siriwardhana
MD, MSc., PhD.,
Senior Lecturer in Public Health, Anglia Ruskin University, UK

PARALLEL SESSIONS DAY 3
SESSION THEME: SURGERY

Guest lecture 7
Chairpersons: Prof. Joachim Perera & Prof. Mandika Wijeratne

The diabetic foot: a surgical perspective
Dr. Ajit Kumar Varma, Senior Consultant, Department of Diabetic lower limb and foot and ankle surgery,
Aster Medcity, Kochi, Kerala, India

Tea and poster viewing

Symposium 16
Safe homes and safe roads: preventing child injuries in Sri Lanka
Chairpersons: Dr. Malik Fernando & Ms. Caroline Bakker

Overview of Childhood Injuries in Sri Lanka
Dr. Kapila Jayaratne, Chairperson, Expert Committee on Ergonomics, SLMA

Options for Child Injury Prevention
Mr. Eric Chalmers, Chief Executive, KidSafe ACT, Child Accident Prevention Foundation of Australia

Safety in adolescence
Dr. Manjula Danansuriya, Consultant Community Physician, Expert Committee on Ergonomics, SLMA

Care for the Injured Child
Dr. Sanjaya Abeygunasekara, Consultant Surgeon, Lady Ridgeway Hospital, Colombo
SLMA Contribution in Child Injury Prevention
Dr. Sameera Senanayake, Convener, Expert Committee on Ergonomics, SLMA

Discussion / Questions
Lunch, poster viewing and debate

“Professional fees of the private consultations of the professionals should be peer reviewed and not administrator reviewed”
Chairpersons: Dr. Padma Gunaratne & Prof Lal Chandrasena

Symposium 19
Case scenario based symposium on the management of the threatened diabetic foot
Chairpersons: Prof. Mandika Wijeratne & Dr. Anuruddha Abeyagunasekara

How do I assess this foot?
Dr. Nalaka Gunapala, Consultant Vascular Surgeon

How do I dress this wound?
Dr. Ranjuka Ubayasiri, Consultant Vascular Surgeon
Dr. Rezni Cassim, Consultant Vascular Surgeon
Prof. Ajith Varma, Senior Consultant, Department of Diabetic lower limb and foot and ankle surgery, Aster Medcity, Kochi, Kerala, India

How do I treat infection?
Dr. Ranjuka Ubayasiri, Consultant Vascular Surgeon

How do I off load this ulcerated diabetic foot?
Prof. Ajith Kumar Varma, Senior Consultant, Department of Diabetic lower limb and foot and ankle surgery, Aster Medcity, Kochi, Kerala, India

How do I manage ischaemia?
Dr. Rezni Cassim, Consultant Vascular Surgeon

Summary
Prof. Mandika Wijeratne, Consultant Surgeon and Professor, Department of Surgery, Faculty of Medicine, University of Colombo

Tea
PARALLEL SESSIONS DAY 3
SESSION THEME: CUSTOMIZED CARE IN NEUROLOGY, DERMATOLOGY AND ONCOLOGY

Guest lecture 8
Chairpersons: Dr. J.B. Peiris & Dr. Padma Gunaratne
The story a seizure behaviour tells us
Prof. Manjari Tripathi, Professor Neurology, NIH Fellow (UCLA), Department of Neurology, Neurosciences Centre, All India Institute of Medical Sciences, New Delhi, India
Tea and poster viewing

Symposium 17
Cosmetic surgery and cosmetic dermatology
Chairpersons: Dr. Thushan Benragama & Dr. Sudarshi Seneviratne
Beauty is skin deep
Dr. Niranjan Arlyasingha, Consultant Dermatologist, Base Hospital, Wathupitiwala
Defeat ageing with aesthetic medicine
Dr. Nayani Madarasingha, Consultant Dermatologist, Teaching Hospital, Anuradhapura
Surgical aspects of aesthetic dermatology
Dr. Thushan Benragama, Consultant Plastic Surgeon, National Hospital of Sri Lanka
Lunch, poster viewing and debate

“Professional fees of the private consultations of the professionals should be peer reviewed and not administrator reviewed”
Chairpersons: Dr. Padma Gunarathne & Prof Lal Chandrasena
Free paper session 8: Medicine
Chairpersons: Dr. Padma Gunaratne & Dr Preethi Wijegoonewardene

Symposium 20
Personalized Medicine in Oncology
Chairpersons: Dr. Mahendra Perera & Dr. Christo Fernando
Introduction To Personalized Medicine In Oncology
Dr. Mahendra Perera, President, Sri Lanka College of Oncologists
Tree Revolutions In Cancer Therapy
Dr. Tan Wu Meng, Consultant, Medical Oncology, Parkway Cancer Centre, Parkway Group Of Hospitals – Singapore
Practical Implementation Of Personalized Cancer Therapy
Dr Sachini Rasnayake, Consultant Oncologist, Provincial General Hospital, Badulla
Tea

PARALLEL SESSIONS DAY 3
SESSION THEME: HEALTH OF SPECIAL CATEGORIES

Guest lecture 9
Chairpersons: Dr. Shamini Prathapan & Dr. Palitha Abeykoon
History, Health care and Challenges of Health of Estate Workers in Sri Lanka
Dr. Nithershini Periyasamy, Consultant Community Physician, Directorate of Estate and Urban Health Unit, Ministry of Health
Tea and Poster Viewing

Symposium 18
Hot Topics in Sports Medicine
Chairpersons: Dr Upali Bangala & Dr. B.J.C. Perera
Introduction to Sports Medicine and Injury Prevention
Dr. Asela Ratnayake, Sports Medicine Unit, Peradeniya Teaching Hospital
Planning an exercise schedule scientifically
Dr. Harindu Wijesinghe, Consultant Rheumatologist and Specialist in Sports Medicine, Nawaloka Hospital
Anti doping legislation in Sri Lanka
Prof. Arjuna de Silva, Head, Department of Medicine, Faculty of Medicine, University of Kelaniya
Drug Doping Testing and Prescribing in Sports Medicine
Dr. Kithsiri Perera, Sports Medicine Unit, Colombo South Teaching Hospital
Lunch, poster viewing and debate

“Professional fees of the private consultations of the professionals should be peer reviewed and not administrator reviewed”
Chairpersons: Dr. Padma Gunarathne & Prof Lal Chandrasena
Free paper sessions 9: Community Medicine
Chairpersons: Dr Shamini Prathapan & Dr Wasantha Gunatunga
Symposium 21
illness and health among doctors: do carpenters have good furniture?
Chairpersons: Dr. Palitha Mahipala & Prof. Saroj Jayasinghe

Introduction
Doctors’ Health: Is It Important?
Prof. Saroj Jayasinghe, Consultant Physician and Professor in Department of Clinical Medicine, Faculty of Medicine, University of Colombo
The Precursors Study: The John Hopkins longitudinal study on health and illness of doctors
Prof. Padmini D Ranasinghe, Director, Hospitalist Education Programs, Assistant Professor of Medicine, JohnsHopkins Hospital, USA
Preventive health and Simple Health Tips for a Busy Doctor
Dr. Prasad Katulanda, Consultant Endocrinologist and Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

Tea
BANQUET
Hotel Galadari

Thursday 9th July 2015

Post-congress workshop 1: Peer Assisted learning
Board Room, Faculty of Medicine, Colombo

Chair: Dr. Madawa Chandrathilake and Dr. Gominda Ponnamperuma
Introduction
Prof. Joachim Perera, Associate Professor, Department of Human Biology, International Medical University, Kuala Lumpur, Malaysia
Group activity: Identifying the different PAL activities in the host institution
Dr. Diantha Soemanthri, Department of Medical Education, Faculty of Medicine, University of Indonesia
Group activity: Identifying the possible areas where PAL can be introduced to undergraduate education
Dr. Diantha Soemanthri
Dr. Kosala Marambe, Senior Lecturer, Medical Education Unit, Faculty of Medicine, University of Peradeniya.
Group activity: Strategies to initiate, implement and monitor PAL
Prof. Joachim Perera
Dr. Kosala Marambe
Measures to overcome challenges
Prof. Joachim Perera
Closing remarks
Prof. Joachim Perera

Sunday 12th July 2015

Post Congress Workshop 2: Managing the Obese Patient - Combining Treatment Modalities
Lionel Memorial Auditorium, SLMA

Chair: Prof. Jennifer Perera and Prof. Saroj Jayasinghe

Magnitude of the problem and overview of the management
Dr. Prasad Katulanda, Consultant Endocrinologist/Diabetologist, National Hospital of Sri Lanka and Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo
Childhood obesity
Prof. Pujitha Wickramasinghe, Consultant Paediatrician, Department of Paediatrics, Faculty of Medicine, University of Colombo
Body composition assessment
Dr. Pulani Lanerolle, Senior Lecturer, Department of Biochemistry, Faculty of Medicine, University of Colombo
Tea
Consultant Psychiatrist, Senior Lecturer, Faculty of Medicine, University of Kelaniya
Lifestyle modification
Prof. SudheeraKalupahana, Consultant Nutritionist, Faculty of Medicine, University of Peradeniya
Surgical Management
Prof. Ishan de Zoysa, Consultant Surgeon, Department of Surgery, Faculty of Medicine, University of Colombo.
Cognitive Behavior Therapy
Dr. Asiri Rodrigo
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Tuesday 20th January 2015

CASE PRESENTATION

Girl presenting with headache and loss of weight
Dr. A D M A Herath, Senior Registrar in Child and Adolescent Psychiatry

Guidelines for management
Dr. K D D R Goonawardena, Senior Registrar in Child and Adolescent Psychiatry

DISCUSSION AND MCQ
Dr. Sudarshi Seneviratne, Consultant Child and Adolescent Psychiatrist

Tuesday 24th February 2015

"RAG DOLLS"
An approach to a floppy baby

Case Discussion and differential diagnosis
Dr. Nimesha Gamhewage, Registrar, Professorial Paediatric Unit, Teaching Hospital Colombo South

Clinical Features, Investigations and Management
Dr. Raihana Hashim, Registrar, Professorial Paediatric Unit, Teaching Hospital Colombo South

MCQs and answers
Dr. Saraji Wijesekara, Senior Lecturer in Paediatrics and Consultant Paediatric Neurologist, Professorial Paediatric Unit, Teaching Hospital Colombo South

Tuesday 24th March 2015

Case Discussion
Dr. C. J. Subasinghe, Senior Registrar in Endocrinology, CSTH

Review Lecture
Hypokalemia: A common presentation of different aetiologies
Dr. Uditha Bulugahapitiya, Consultant Endocrinologist, CSTH

MCQs and Data interpretation on Hypokalemia
Dr. C. J. Subasinghe/ Dr. Uditha Bulugahapitiya

Discussion

Tuesday 21st April 2015

Unusual case of childhood leprosy
Dr. Himali Sudusinghe, Senior Registrar in Dermatology, Lady Ridgeway Hospital for Children

Pediatric dermatology picture quiz
Prof. Jayamini Seneviratne, Consultant Dermatologists, Lady Ridgeway Hospital for Children

MCQs in pediatric dermatology
Dr. Hasanga Gamage, Senior Registrar in Pediatric Dermatology, Lady Ridgeway Hospital for Children

Tuesday 19th May 2015

UPDATE ON THE LABORATORY DIAGNOSIS OF THYROID NODULES

Case presentation
Dr. A A H Priyani, Senior Lecturer, Consultant Histopathologist, Department of Pathology, Faculty of Medicine, University of Colombo
Dr. C S P Sosai, Consultant Histopathologist, District General Hospital, Gampaha
Review Lecture
Dr. A A H Priyani

MCQs and Discussion
Dr. C S P Sosai

Tuesday 16th June 2015

Case Presentation and discussion on
DEATHS due to RABIES: Where did things go wrong?
Dr. Kanthi Nanayakkara, Consultant Virologist, Head/Department of rabies and Vaccine QC, MRI
&
Dr. Dulmini Kumarasinghe, Consultant Virologist, Department of rabies and Vaccine QC, MRI

MCQs on general virology
Dr. Janaki Abeynayake, Consultant Virologist, Department of Virology, MRI

Tuesday 21st July 2015

A MIDDLE AGE WOMAN WITH DYSPHAGIA SHORTNESS OF BREATH AND BLISTERING SKIN LESIONS; USUAL SYMPTOMS OF AN UNUSUAL CONDITION

Case Presentation and Discussion
Dr. Udari Egodage, Registrar in Medicine, University Medical Unit, Teaching Hospital, Karapitiya, Galle
&
Dr. H. M. M. Herath, Consultant Physician/ Senior Lecturer, Faculty of Medicine, University of Ruhuna, Galle

Picture quiz
Dr. Malin Uthpala Dahanayake, Senior Registrar in Medicine, University Medical Unit, Teaching Hospital, Karapitiya, Galle

MCQ and Discussion
Dr. H. M. M. Herath

Tuesday 25th September 2015

A LUNG DISEASE NOT COMMON YET NOT UNCOMMON

Case/Case Presentation
Dr. Wathsala Gunasinghe, Senior Registrar in Respiratory Medicine, Colombo Chest Clinic/ NHSL, Colombo

Review Lecture
Dr. Aflah Sadikeen, Consultant Respiratory Physician, Colombo Chest Clinic/ NHSL, Colombo

MCQs and Picture quiz
Dr. Suharshi Silva, Consultant Respiratory Physician, Colombo Chest Clinic/ NHSL, Colombo

Tuesday 17th November 2015

MENOPAUSAL HORMONE REPLACEMENT THERAPY: BENEFITS, RISKS AND ALTERNATIVES

Rational use of Menopausal Hormone Replacement therapy
Prof. Shalini Sri Ranganathan
Professor in Pharmacology and Specialist in Paediatrics
Department of Pharmacology, Faculty of Medicine, University of Colombo

Latest evidence on using HRT in the menopause and Alternatives to HRT
Dr. R Prathapan, Consultant Obstetrician and Gynaecologist, Colombo South Teaching Hospital

Tuesday 24th November 2015

(IN COLLABORATION WITH THE SRI LANKA COLLEGE OF OBSTETRITIONS & GYNAECOLOGIST)

Case Presentation
Dr. J. Kajendran, Senior Registrar in Obs. & Gynae, University Obs. & Gynae. Unit, Colombo North Teaching Hospital, Ragama
Review Lectures
Ultrasound diagnosis of ectopic pregnancy
Dr. Tiran Dias, Senior Lecturer, Dept. of Obs & Gynae, University of Kelaniya

Modern management of ectopic pregnancy
Dr. Thilina S Palihawadana, Senior Lecturer, Dept. of Obs & Gynae, University of Kelaniya

MCQs and Discussion

Tuesday 16th December 2015

Clinical meeting on Hand Injury

Case presentation - common hand injuries
Dr. Thushan Beneragama, Consultant Plastic Surgeon, NHSL

Hand Injuries, Assessment and Management Principles
Dr. Kolitha Karunadasa, Consultant Plastic Surgeon, Colombo North Teaching Hospital, Ragama

MCQ
Dr. Kavinda Rajapaksha, Consultant Plastic Surgeon, Military Hospital, Colombo

Annex 3: DETAILED PROGRAMMES OF THE OUTSTATION MEETINGS

JOINT REGIONAL MEETING WITH HOMAGAMA CLINICAL SOCIETY

25th January 2015 at the Chilaw Rest House

Theme: Optimizing care

Registration
Welcome speech by the President of the Chilaw Chapter of the Independent Medical Practitioners Association, Dr. Titus Fernando
Welcome speech by the President SLMA, Prof. Jennifer Perera
Chairpersons: Dr. Titus Fernando and Dr. Malik Fernando

Physiology of Pain
Dr. Suresh Dissanayake, Consultant Physician

Managing Palliative Medicine in Pediatric patients
Dr. Pyara Ratnayake, Consultant Pediatric Neurologist, LRH

Integrating Palliative Medicine into Intensive Care units
Dr. Palitha Bopitiya, Consultant Anesthetist, BH Tabuttegama

Discussion and Tea
Chairpersons: Dr. W.A. Ferdinand and Prof. Jennifer Perera

Challenges involved in Palliative Care for Cancer Patients
Dr. N. Jeyakumar, Consultant Oncologist, Cancer Hospital Maharagama

Assessing the risk and managing “addicts” on treatment for chronic pain
Dr. Asiri Rodrigo, Consultant Psychiatrist, CNTH Ragama

Malaria Elimination: A critical Juncture
Dr. Risintha Premaratne, Director of the Anti Malaria Campaign

Decompression Sickness
Dr. Malik Fernando, Past President SLMA

Discussion
Vote of Thanks by the Secretary Chilaw Chapter of the Independent Medical Practitioners Association
Dr. N. A. Kottahchchi

Lunch
JOINT REGIONAL MEETING WITH HOMAGAMA CLINICAL SOCIETY

16th February 2015 at the Auditorium, Base Hospital, Homagama

Registration
Welcome speech by the President of the Homagama Clinical Society, Dr. Anoma Abegunawardena,
Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I
Management of Hypertension; an evidence based approach
Dr. Sanjeewa Wijekoon, Consultant Physician, Colombo South Teaching Hospital
COPD - for the Primary care physician
Dr. Chandimani Undugodage, Respiratory Physician/Senior Lecturer, University of Sri Jayawardenepura
Challenges in Treating dengue Paediatrics Patients
Dr. Nalin Kithulwatta, Consultant Paediatric Intensivist, Lady Ridgeway Hospital
Case Presentations in Leprosy
Dr. Ranthilaka Ranawaka, Consultant Dermatologist, Base Hospital Homagama
Discussion and Tea

Session II
Health Promotion Hospital and effective communication
Dr Neelamani S Rajapaksa Hewageegana, Director, Health Education Bureau
Controversies in Diabetic diet
Dr. Ranil Jayawardena, Clinical Nutritionist - Nawaloka Hospital
Decompression sickness in underwater divers – an occupational disease
Dr. Malik Fernando, Past President SLMA
Discussion
Vote of Thanks by the Secretary, Homagama Clinical Society - Dr. Dhammika Wijethunga
Lunch

JOINT REGIONAL MEETING WITH THE HILL COUNTRY CLINICAL SOCIETY

9th March 2015 at the Auditorium – District General Hospital, Nuwara Eliya

Theme: Infections
Registration
Welcome speech by the President of the Hill Country Clinical Society
Dr. Neranjan Dissanayake, Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I
Rational use of Antibiotics
Dr. Madhumanee Abeywardena, Consultant Microbiologist, District General Hospital, Nuwara Eliya
Emerging Infections
Dr. Hasini Banheke, Secretary, Expert Committee of Communicable Diseases
Case Presentations on Leprosy
Dr. Sandeepa Ekanayake, Consultant Dermatologist, District General Hospital, Nuwera Eliya
Malaria elimination in Sri Lanka: a Critical Juncture
Prof. Deepika Fernando, Professor in Parasitology, Colombo
Respiratory Infections in Pregnancy- Improving outcomes
Dr. Neranjan Disanayake, Consultant Respiratory Physician, Nuwara Eliya
Discussion and Tea

Session II
Antibiotic prophylaxis in surgery
Dr Duminda Gunawardane, Consultant Surgeon, District General Hospital, Nuwara Eliya
Sepsis
Dr Pandula Jayathilaka, Acting Consultant Anaesthetist, District General Hospital Nuwara Eliya
Meningitis in Paediatrics
Dr Indika Hewage, Consultant Paediatrician, District General Hospital, Nuwara Eliya
Advertising by doctors and institutions: the SLMC Guide
Dr. Malik Fernando, Past President, SLMA
Discussion followed by Vote of Thanks by the Secretary Hill Country Clinical Society
Dr. Muditha Priyankara followed by lunch
JOINT REGIONAL MEETING WITH THE KURUNAGALA CLINICAL SOCIETY

18th March 2015 at the Auditorium, General Hospital, Kurunagala

Theme: Cardiology and Paediatrics: Latest Knowledge and the Challenges in a low resource setting

Registration
Welcome speech by the President of the Kurunagala Clinical Society, Dr. Dileep Karunaratne
Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I
Valvular heart disease - "from guideline to clinical practice"
Dr. Bhathiya Ranasinghe, Consultant Cardiologist, District General Hospital, Trincomalee

Pre – Participation screening assessment for sports
Dr. Aranjan Karunanayake, Senior Lecturer in Anatomy, University of Kelaniya and Specialist in Sports & Exercise Medicine

GUCH service (grown-ups with congenital heart disease) - "past, present and future"
Dr. Shehan Perera, Consultant Paediatric Cardiologist, Lady Ridgeway Hospital

Discussion and Tea

Session II
Status epileptics
Dr. Rohini Premaratne, Consultant Paediatrician, Teaching Hospital Kurunagala

Current guidelines - management of Asthma in children
Dr. Chandimani Undugodage, Consultant Respiratory Physician and Senior Lecturer at University of SJP

Childhood obesity
Dr. Navoda Atappatu, Consultant Paediatric Endocrinologist

Health Promotion Hospital and effective communication
Dr. Neelamani S Rajapaksa Hewageegana, Director, Health Education Bureau

Case Presentations on Leprosy
Dr. M. G. A. Dinusha, Dermatologist, DGH Matara

Discussion followed by Vote of Thanks by the Dr Priyamali Jayasekera, Chairperson Academic activities

Lunch

JOINT REGIONAL MEETING WITH THE RUHUNU CLINICAL SOCIETY

20th May 2015 at the Auditorium, General Hospital, Matara

Theme: Infectious Diseases revisited

Registration
Welcome speech by the President of the Ruhunu Clinical Society, Dr. V. T. Rajendiran
Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I
Atypical Pneumonias in Children
Dr. Ruwanthi Perera, Senior Lecturer, Faculty of Medical Sciences, University of Sri Jayewardenepura

Complications of Sinusitis
Dr. Hemantha Gamage, Consultant ENT Surgeon, DGH Matara

Basics in CPR
Dr. Z. M. Ruhullah, Consultant Anaesthetist, DGH Matara

Discussion and Tea

Session II
Drug Resistant Tuberculosis
Dr. Susil Herath, Consultant Chest Physician, DGH Matara

Leptospirosis
Dr. Harindra Karunathilake, Consultant Physician, DGH Matara

Cutaneous leishmaniasis in Southern province
Dr. M. G. A. Dinusha, Dermatologist, DGH Matara

Health Promotion Hospital and effective communication
Dr. Kapila Piyasena, Senior Registrar in Community Medicine, Health Education Bureau

Discussion followed by Vote of Thanks by the Dr. Hemantha Gamage, Secretary, Ruhunu Clinical Society.

Lunch
**JOINT REGIONAL MEETING WITH THE SRI JAYAWARDENEPURA CLINICAL SOCIETY**

27th June 2015 at Auditorium, Sri Jayawardenepura General Hospital

**Theme: New Trends in Medicine**

- **Registration**
  Welcome speech by the President of the Clinical Society of the Sri Jayewardenepura General Hospital, Dr. Asoka Jayasena

- **Session I**
  - **Surgery in the 21st Century**
    Prof Aloka Pathirana, Consultant Surgeon and Professor, Faculty of Medical Sciences, University of Sri Jayewardenepura
  - **New trends in Gastroenterology**
    Prof R.L. Satharasinghe, Consultant Physician, Sri Jayewardenepura General Hospital
  - **Leprosy in Sri Lanka: today and tomorrow**
    Dr. Indira Kahawita, Consultant Dermatologist, Base Hospital Karawanella
  - **Discussion and Tea**

- **Session II**
  - **New trends in Paediatric Cardiology; what is cost effective for Sri Lanka?**
    Dr. Duminda Samarasinghe, Paediatric Cardiologist, Lady Ridgeway Hospital
  - **Maternal mortality - where are we going wrong?**
    Prof Hemantha Perera, Consultant VOG, Sri Jayewardenepura General Hospital
  - **Health Promotion Hospital and Effective Communication**
    Dr. Neelamani S Rajapaksa Hewageegana, Deputy Director General of Health Services (DDG) Planning, Ministry of Health
  - **Keyhole Cardiac Surgery**
    Dr. Rajitha de Silva, Consultant Cardiothoracic Surgeon, Sri Jayewardenepura General Hospital
  - **Discussion followed by Vote of Thanks by Dr Shyama Subasinghe, Secretary, Clinical Society of the Sri Jayewardenepura General Hospital**

**Lunch**

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**JOINT REGIONAL MEETING WITH THE RATNAPURA CLINICAL SOCIETY**

26th August 2015 at Auditorium, Ratnapura General Hospital

- **Registration**
  Welcome speech by the President of the Ratnapura Clinical Society, Dr Shantha Indralal (Consultant Resident Physician)
  Welcome speech by the President SLMA, Prof. Jennifer Perera

- **Session I**
  - **Nutrition in Pregnancy – Current Recommendations**
    Dr Mithree Chandrarathne, Consultant Gynecologist and Obstetrician, General Hospital Ratnapura
  - **Neumococcal vaccination – Widening the scope**
    Prof Jennifer Perera, Dean and Senior Professor of Microbiology, Faculty of Medicine Colombo
  - **An interactive session on the management of acute childhood asthma**
    Dr B J C Perera, Consultant Paediatrician
  - **Discussion and Tea**

- **Session II**
  - **Eating disorders**
    Dr Asiri Rodrigo, Consultant Psychiatrist, CNTH Ragama
  - **Nutrition in Critically Ill Patients**
    Dr Priyanthi Palihakkara, Consultant Anesthetist, General Hospital Ratnapura
  - **Nutrition concept and controversies in obesity**
    Dr Ranil Jayawardena, Clinical Nutritionist, Nawaloka Hospital
  - **Discussion followed by Vote of Thanks by the Secretary, Ratnapura Clinical Society Dr. K.M.N.L. Konara**

**Lunch**
JOINT REGIONAL MEETING WITH THE VAVUNIYA MEDICAL ASSOCIATION

23rd September 2015 at the Eye Auditorium, Vavuniya General Hospital

Registration
Welcome speech by the President of Vavuniya Medical Association, Dr A. Nishanthini
Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I
Vascular access for dialysis patients - Troubleshooting and complications
Dr P.N. Rajakrishna, Consultant Nephrologist, Vavuniya General Hospital

Headache: Management issues
Dr S. Godewithanage, Consultant Neurologist, Vavuniya General Hospital

Antibiotic usage: What is new?
Dr Thushari Dissanayake, Consultant Microbiologist and Senior Lecturer, Faculty of Medical Sciences, Sri Jayewardenepura

Discussion and Tea

Session II
Gender based violence – Case scenarios at workplace
Dr Manoj Fernando, Lecturer in Health Promotion, Rajarata University of Sri Lanka

Indications for pneumococcal vaccine - Should it be included in EPI schedule?
Prof Jennifer Perera, Dean and Prof. of Microbiology, Faculty of Medicine, Colombo

Backache
Dr J Jeyakumar, Consultant Orthopedic Surgeon, Vavuniya General Hospital

Discussion on chest drain management
Surgical Consultants, Physicians and Chest Physician

Vote of Thanks by Dr C Wirasinghe, Secretary, Vavuniya Medical Association

Lunch

JOINT REGIONAL MEETING WITH THE PUTTALAM CLINICAL SOCIETY

21st October 2015 at the Auditorium, Puttalam Base Hospital (PBH)

Opening ceremony
Welcome speech by the President of Puttalam Clinical Society, Dr M. Sugunadevan
Welcome speech by a President, SLMA, Prof. Jennifer Perera
Some experiences of a medical administrator: lessons for management.

Guest Lecture by the Guest of Honour
Dr Lucian Jayasuriya, Former Additional Secretary, Ministry of Health

Childhood Obesity
Dr. N. Rajasekara, Consultant Paediatrician, PBH

Metabolic syndrome of obesity
Dr. P. Manivannan, Consultant Physician, PBH

Endocrine Aspects of Obesity in children
Dr. Navodha Attapattu, Consultant Paediatric Endocrinologist, LRH

Discussion followed by Tea

Obesity in Pregnancy
Dr. L. Rajapakse, Consultant Obstetrician and Gynecologist, PBH

Surgical options for Obesity
Dr. R. A. Y. Rupasinghe, Consultant Surgeon, PBH

Anaesthetic challenges in Obesity
Dr. M. Sugunadevan, Consultant Anaesthetist, PBH

Nutrition concept and controversies in obesity
Dr. Ranil Jayawardena, Clinical Nutritionist, Nawaloka Hospital

Discussion Followed by Lunch

Quiz programme
Conducted by Dr. U. Jayakody, Consultant Radiologist, PBH

Obstructive sleep apnoea
Dr. W. Jayasinghe, Consultant ENT surgeon, PBH

Obesity and skin
Dr. V. G. Abeywicrema, Consultant Dermatologist, PBH

Vote of Thanks by Dr. B. Branavan, Secretary, Puttalam Clinical Society
JOINT SYMPOSIUM WITH THE AVISSAWELLA CLINICAL SOCIETY

27th November 2015 at the Auditorium, BOI Centre, Industrial Park, Avissawella

Registration
Welcome speech by the President of Avissawella Medical Association,
Dr. J. M. R. G. Jayaweera
Welcome speech by the President SLMA, Prof. Jennifer Perera

Session I: Prof. Jennifer Perera and Dr. Philip Weerasingham
Adult thyroid diseases
Dr. Shaminda Kahandawa, Consultant Endocrinologist, National Hospital of Sri Lanka
Pediatric Thyroid diseases
Dr. Navoda Attapattu, Consultant Paediatric Endocrinologist, Lady Ridgeway Hospital
Thyroid and imaging
Dr. Harsha Dissanayake, Consultant Radiologist and Senior Lecturer, Faculty of Medical Sciences, Sri Jayewardenepura
Discussion and Tea

Session II: Dr. Asiri Rodrigo and Dr. Randil Wellaketiya
Role of FNAC in the diagnosis of Thyroid nodules
Dr. Cherine Sosai, Consultant Pathologist, District General Hospital Gampaha
Update on Management of Thyroid Cancer
Dr. N. Jeyakumaran, Consultant Clinical Oncologist, National Cancer Institute of Sri Lanka, Maharagama
Progress in thyroid research: Surgical Thyroidology - Highlights in the last decade
Prof. Ranil Fernando, Professor and Head, Department of Surgery, University of Kelaniya
Special lecture - A Microbiome / Helpful micro organism
Dr. Philip Weerasingham, Consultant General Surgeon, Avissawella
Vote of Thanks by Dr. Indika Halpage Secretary, Avissawella Medical Association
Lunch

Annex 4: Detailed programme of the Foundation Sessions

Wednesday 28th October 2015

Professorial Unit Auditorium, Teaching Hospital, Anuradhapura

Pre-Congress Workshop 1: Workshop on Scientific Writing
At the Main Auditorium, Teaching Hospital, Anuradhapura

Registration
Lighting up of the oil lamp
Writing the rationale and introduction
Prof. Sisira Siribaddana, Founder Professor & Chair, Department of Medicine, Dean, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Literature review
Dr Thilini Agampodi, Senior Lecturer, Department of Community Medicine, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Writing methodology
Dr Janaka Pushpakumara, Lecturer, Department of Psychiatry, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Presenting results
Dr Nuwan Wickramasinghe, Lecturer, Department of Community Medicine, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Refreshment
Writing discussion and conclusions
Dr Suneth Agampodi, Head, Department of Community Medicine, Director, Maternal and Child Health Research Unit, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Referencing
Dr Buddika Wijerathne, Lecturer & Postgraduate Researcher, Department of Forensic Medicine, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka
Writing exercise (with own data)
Q & A session
Concludes
Pre-Congress Workshop 2: Anaphylaxis & Arrhythmias
At the Professorial Unit Auditorium, Teaching Hospital, Anuradhapuara

Registration
Lighting up of the oil lamp
Interactive teaching session: Anaphylaxis
Dr Chandimani Undugodage, Consultant Respiratory Physician & Senior Lecturer in Physiology, Faculty of Medical Sciences, University of Sri Jayawardenapura
Dr Nirmala Wijekoon, Consultant Physician & Senior Lecturer in Pharmacology, Faculty of Medicine, University of Kelaniya

Refreshments
Interactive teaching session: Arrhythmia
Dr Rohan Gunawardene, Consultant Cardiac electrophysiologist, National Hospital of Sri Lanka,
Dr Suresh Kotegoda, Consultant Cardiac electrophysiologist, Sri Jayawardenapura General Hospital

Concludes

Pre-Congress Workshop 3: Anaphylaxis for Nurses
At the Main Auditorium, Teaching Hospital, Anuradhapuara

Registration
Interactive teaching session: Anaphylaxis
Dr Chandimani Undugodage, Consultant Respiratory Physician & Senior Lecturer in Physiology, Faculty of Medical Sciences, University of Sri Jayawardenapura
Dr Nirmala Wijekoon, Consultant Physician & Senior Lecturer in Pharmacology, Faculty of Medicine, University of Kelaniya

Concludes

Pre-Congress Workshop 4: Dental Surgery
At the Renal Auditorium, Anuradhapuara

Registration
Lighting up of the oil lamp
Regenerating the periodontium: is there a magic formula?
Dr. F. Fazrina Farook, Head of Division of Periodontology, Senior Lecturer, Faculty of Dental Sciences, University of Peradeniya

Refreshments
Medical emergencies in dental practise & prophylaxis in infective endocarditis
Dr. Sanjeewa Rajapakse, Consultant Cardiologist, Teaching Hospital, Anuradhapura

Concludes

Pre-Congress Workshop 5: Hands on Gyn & Obs Ultrasound imaging
At the Department of Gyn & Obs, Teaching Hospital, Anuradhapuara

Dr .Tiran Dias MD, MRCOG, MD (London),
Consultant Obstetrician and Gynaecologist, North Colombo Teaching Hospital, Ragama

Registration
Lighting up of the oil lamp
Introduction
Why, when and how to use ultrasound in obstetrics
Gestational age assessment
How to optimize your ultrasound image
Refreshments
Fetal well being assessment
Hands on session on ultrasound
Lunch

FOR SIX CONSULTANTS ONLY
Rational use of Doppler in obstetrics
Hands on session on anomaly scan

INAUGURATION
Arrival of Guests
Ceremonial Procession
National Anthem
Traditional lighting of the oil lamp
Address by The President, Anuradhapura Clinical Society
Dr Jagath Premadasa
Address by The President, Sri Lanka Medical Association
Prof Jennifer Perera
Address by the Chief Guest
Dr Palitha Abeykoon, Immediate Past President, SLMA
Address by the Guest of honour
Dr Niranjala Meegoda Widianegge, Past President, Anuradhapura Clinical Society
Presentation of SLMA Best Research Awards 2015
Presentation of SLMA Best Health Journalist Awards 2015
Vote of Thanks
Dr Ranil Jayawardena, Honorary Secretary, SLMA
E M Wijerama Endowment Lecture
Emotional and spiritual intelligence and its relevance to medicine
Dr. Sunil Seneviratne Epa
MD, MRCP (UK), FRCP (London), FCCP
Consultant Physician
Reception

Thursday 29th October 2015

ACADEMIC PROGRAMME

Registration
Lighting up of the oil lamp
Welcome speech by the president of ACS
Introduction to orator by The president of SLMA

Sir Marcus Fernando Oration
Laparoscopic Cholecystectomy – Simple yet Complicated
Dr Chandika Liyanage, Senior Lecturer (Grade II) Department of Surgery, Faculty of Medicine, University of Kelaniya
Tea

Plenary - Cervical cancer
Burden of cervical cancer in Sri Lankan setting
Dr Suraj Perera, Consultant Community Physician National Cancer Control Programme
Burden of cervical cancer in Anuradhapura district / North central province
Dr Thushan Hapuarachchi, Consultant Oncologist, Teaching Hospital, Anuradhapura
Cost effective methods of cervical cancer screening in low resourced countries
Dr Romani Fernando, Senior Lecturer (Obstet & Gynaecology), Faculty of Medicine, University of Rajarata
HPV vaccination for prevention of cervical cancer: the UK experience
Dr Allisair Solomonsz, Consultant Gynaecologist, Nottingham, United Kingdom
Free paper session

Lunch

Symposia - Interventional cardiology
Stable Coronary Artery Disease - When to intervene
Dr. Thilak Sirisena, Consultant Cardiologist, Teaching Hospital, Kurunegala
Place of PCI in Acute Coronary Syndrome
Dr. Vajira Senaratne, Senior Consultant Cardiologist, National Hospital of Sri Lanka
Percutaneous Interventions in Structural Heart Diseases
Dr. Duminda Samarasinghe, Consultant Paediatric Cardiologist, Lady Ridgeway Hospital, Colombo

Plenary - Radiology
Imaging in Colorectal Malignancies: Diagnosis and Staging
Dr S. Sukumar, Consultant Radiologist, South Manchester University Hospitals, United Kingdom
Overview of vascular interventions
Major General (Dr.) Sanjeewa Munasinghe, Consultant Radiologist, Military Hospital, Colombo
Peripheral vascular interventions
Prof Badra Hewawithana, Consultant Radiologist, Faculty of Medicine, University of Peradeniya
Tea

Friday 30th October 2015

Registration
Lighting up of the oil lamp
Introduction to orator by the President of ACS
ACS Oration
Tea

Symposia - Common ENT disorders
Otological perspective
Dr S.B Ethulgama, Consultant ENT, Head & Neck Surgeon, Sirimao Bandaranayake memorial Hospital, Peradeniya

Rhinological perspective
Dr R. Kirihene, Consultant ENT, Head & Neck Surgeon, Lady Ridgeway Hospital for Children, Colombo

Laryngological perspective
Dr S. Welendawa, Consultant ENT, Head & Neck Surgeon, Teaching Hospital, Karapitiya

Free paper session
Lunch

Symposia - Neurology
Revisit into the management of primary headache disorders
Dr Dilum Palliyaguruge, Consultant Neurologist, Teaching Hospital, Anuradhapura

Rehabilitation of mobility
Dr Uditha Jayatunga, Consultant in Rehabilitation Medicine, Leicester General Hospital, United Kingdom

Fits, fainty and funny turns in children
Dr Malkanthi Ratnayake, Consultant Neonatologist, United Kingdom

Rational pharmacotherapy in epilepsy
Dr Sanjaya Fernando, Consultant Paediatric Neurologist, Teaching Hospital, Anuradhapura

Plenary - Trauma
New developments on trauma and resuscitation
Dr Keerthi Abeyjewa, Consultant Surgeon, Accident Service Unit, National Hospital of Sri Lanka

Critical bleeding in trauma
Dr Ranjith Ellawela, Consultant Surgeon, Police Hospital, Naranepitiya

Damage control in surgery
Dr Mahanama Gunasekera, Consultant Surgeon, National Hospital of Sri Lanka

Closing Remarks
Tea

Annex 5: Programme of the Seminars and Workshops

WORKSHOP ON “EQUALITY FOR WOMEN IS PROGRESS FOR ALL”

3rd March 2015 at 12.00 pm at the New Auditorium, Lady Ridgeway Hospital
Organized by the Women’s Health Committee of the SLMA

Commemorate International Women’s Day 2015
“Equality for women is progress for all”
A Short Film Festival in Sinhala and Tamil on Issues related to Gender and Sexual Health followed by a moderated discussion.

SYMPOSIUM ON “MOVING TOWARDS FILARIAIS FREE SRI LANKA”

19th of March 2015 at 11.30 at the Board Room, Faculty of Medicine, University of Colombo, Colombo 08

“Moving towards Filariasis free Sri Lanka”
Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

Lymphatic filariasis: Aetiological and clinical perspective
Dr. Hasini Banneheke, Convener, Expert Committee on Communicable Diseases of SLMA
Senior lecturer-Parasitology, Faculty of Medical Sciences, USJP

Lymphatic filariasis in Sri Lanka; What have we done? Where are we now?
Dr. Sandya Dilhani Samarasekara, Consultant Community Physician, Anti Filariasis Campaign

Elimination: Is it a success story?
Professor Mirani V. Weerasooriya, Senior Professor in Parasitology, Faculty of Medicine, University of Ruhuna,
Head/Filariasis Research Training and Service Unit
SYMPOSIUM ON “WORLD HEALTH DAY-2015 & RELATED ACTIVITIES OF THE WHO”

30th April 2015, at 8.30 a.m. at the New Building Lecture Hall, Faculty of Medicine, Colombo

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA to mark the

A collaborative activity of SLMA & WHO

Theme: Food Safety. “From Farm to Plate, Make Food Safe”

Welcome Address & Introduction
Dr. Ranjith Perera, Chair, Expert Committee on Communicable Diseases of SLMA

Address by President – SLMA
Professor Jennifer Perera

Session I - Health hazards due to contaminated food
Chairperson - Professor Jennifer Perera
Microbial contamination of food & testing of food for pathogens
Dr. Sujatha Pathirage, Consultant Microbiologist, Medical Research Institute, Colombo

Chemical contamination of food & their testing
Mr. Nisala Gunasekara, Research Scientist, Food Technology Section, Industrial Technology Institute, Colombo

Educating the consumer: How to handle, store & prepare food safely
Dr. Ranjani Amarakoon, Senior Lecturer, Department of Microbiology, Faculty of Science, University of Kelaniya

Discussion

Tea

Session II - Food Hygiene Principles
Chairperson - Dr. Kalyani Guruge
Standards for food safety
Mrs. Nayana Satharasinghe, Deputy Director-General, Sri Lanka Standards Institution, Colombo

The role of Veterinary Public Health in food safety
Dr. Vipula Dharmawardana, Chief Municipal Veterinary Surgeon, Colombo

Good Agricultural Practices
Mrs. Priyanjani Bandara, Additional Director, Agri Business Counselling, Department of Agriculture, Peradeniya

Discussion

Vote of Thanks
Dr. Hasini Banneheke, Secretary, Expert Committee on Communicable Diseases of SLMA

Lunch

YOUNG HEALTH PROFESSIONALS LEADERSHIP PROGRAMME 2015

9th-11th June 2015 at Global Towers on Marine Drive, Colombo 06

The Young Health Professionals Leadership (YHPL) programme workshop was held from the 9th-11th June 2014 at Global Towers on Marine Drive, Colombo 06. Fifteen young health professionals under the age of forty years, both medical and non-medical with research and teaching skills and who have taken on positions of responsibility at some point in their lives and careers were brought together and hosted in a common venue and allowed to network both socially and academically.

The idea to cultivate ‘young’ leadership in health in Sri Lanka was the brain-child of Professor Nilanthi de Silva, Current Dean of the Faculty of Medicine, University of Kelaniya, who is also a member of the National Academy of Sciences. Her efforts were instrumental in bringing together the five alumni who had previously participated in the YPL programme to form a steering committee to organize the Sri Lankan event. This idea was fully supported by Professor Jennifer Perera, the President of the Sri Lanka Medical Association and the ‘Young Health Professionals Leadership programme was launched under the patronage of SLMA.

This workshop was designed to introduce young leaders to theoretical concepts of leadership and to broaden their repertoire of leadership skills. A field visit to SLINTEC, the Sri Lanka Institute of Nanotechnology enhanced their horizons on current cutting edge technology. The field trip also gave them an opportunity to network and build up a rapport before the workshop commenced.

On the first day the participants were asked to self-reflect and also compare challenges in leadership.

Another important aspect of the workshop was to challenge the participants to develop a personal leadership plan – to choose just one leadership skill from among those discussed during the earlier sessions (possibly public speaking, increased delegation of tasks, or improved ways of working with a team) and to consider how improving their skill-set in this area would make them a more effective leader. The workshop aimed to challenge them to choose something a little...
risky, something that they wouldn’t normally do if they hadn’t attended this workshop. The YHPLs were then also asked to consider who would notice the difference if they effected this change, and what would they notice.

A key feature of the programme was a discussion with a peer gathering featuring eminent persons in the fields of health, corporate sector and research and a session with the alumni where leadership experiences were shared. There was also an interactive session on relationship between medical and allied health professionals.

The whole workshop was based on interactive discussions and presentations, with the participants doing most of the speaking. Based on the knowledge gathered and experiences shared, the participants will present a group presentation at the SLMA sessions on 8th July 2015.

These are a few comments from some of the participants:
‘Thank you so much to all of you for organizing such an “eye opener”. While meeting and listening to a group of eminent leaders was undoubtedly inspirational, for me the best bit was finding out how much each of the participants and the mentors have gone through and how much we can learn from each other, which was a truly humbling experience. There is nothing like finding out that you are not alone’.

‘Thank you very much for arranging this wonderful programme and also selecting me for this. I was inspired by listening to stories of eminent people. I learned a lot to improve myself. I believe this as a good step to build a second line’.

‘No words to say thank you, we will continue this. Hope to see you all soon in SLMA sessions next month at least’.

The steering committee wishes to thank the President and all the committee of the SLMA for their support to make this endeavor a reality and a success.
18th June 2015, at 11.30 am at the Lionel Memorial Auditorium

Symposium jointly organized by the Expert Committee on Communicable Diseases of the SLMA & National Dengue Control Unit Ministry of Health and Indigenous Medicine

Theme: Dengue - “3D view of dengue: Diversity, Developments and Determination to control”

Welcome Address & Introduction
Dr. Ranjith Perera, Chair, Expert Committee on Communicable Diseases of SLMA

Address by President – SLMA
Professor Jennifer Perera

 Pearls and pitfalls in dengue clinical management
Dr. Ananda Wijewickrama, Consultant Physician, Infectious Diseases Hospital, Angoda

Dealing with serious or unusual presentations of dengue in children
Dr. Shanthini Ganeshan, Consultant Paediatrician, Infectious Diseases Hospital, Angoda

Recent advances in therapeutic options available for dengue: progress, obstacles and optimism
Dr. Neelika Malavige, Senior Lecturer and Immunologist; Director, Centre for Dengue Research; Head/ Department of Microbiology, University of Sri Jayewardenepura, Nugegoda

Obstacles in socio-ecological and biological aspects of dengue control in Sri Lanka
Dr. Hasitha Tissera, Consultant Epidemiologist / Head National Dengue Control Programme, Ministry of Health Sri Lanka

Environmental policing and dengue control: lessons to be learned
SSP Quintus Raymond, Director, Environment protection Division of Police

Voice of those who are in the field: bridging the gap between policy makers and those who are in action
Dr. Prasad Liyanage, Regional Epidemiologist, Kalutara District & Senior SPHI Kalutara

Discussion
By panel of speakers

Vote of Thanks
Dr. Hasini Banneheke, Secretary, Expert Committee on Communicable Diseases of SLMA

20th September 2015 at 8.30 am at the Upper Crystal, Taj Samudra, Colombo

Registration
Welcome Address
Prof Jennifer Perera, President, SLMA

Nutrition support for liver diseases
Prof Alastair Forbes

Nutrition for patients with Burns
Dr Ravinder Reddy

Tea
Critical Carwe Nutrition
Dr Trin Jakobson

Panel discussion & case study presentation
All three speakers

Lunch
Principles and practical aspects of Enteral and Parenteral nutrition
Prof Alastair Forbes

Nutrition in intestinal Failure
Dr Ravinder Reddy

Clinical case presentation and problem solving
All three speakers

Closing remarks
Dr Ranil Jayawardena, Secretary, SLMA

Tea

The third Clinical Nutrition Meeting, which was organised by SLMA in collaboration with Nutrition Society of Sri Lanka, Sri Lanka Medical Nutrition Association and Sri Lankan Society of Critical Care and Emergency medicine, was held on Sunday, the 20th September 2015, at Hotel Taj Samudra, Colombo, from 8.00 a.m. onwards. The speakers’ panel comprised of three foreign speakers including Professor Alastair Forbes, Dr. Ravinder Reddy and Dr. Trin Jakobson. Professor Alastair Forbes is the Professor of Medicine (Gastroenterology and Nutrition) at University of East Anglia, UK. He is the current President of British Association of Parenteral and Enteral Nutrition (BAPEN). Dr. Ravinder Reddy is a consultant surgeon at Care Hospital, Hyderabad and Honorary Professor in Clinical Nutrition at National Institute of
The first part of his presentation stated that the nutrition management of acute liver disease should be as for any other patients with severe acute illness with careful monitoring and special attention to glycemic control.

The second session was chaired by Ms Vishaka Tillekeratne, President, Nutrition Society of Sri Lanka. Dr. Triin Jakobson addressed the gathering on “Critical Care Nutrition”. She began with the current research evidence on the importance of proper feeding for ICU patients since starvation or underfeeding in ICU patients is associated with increased morbidity and mortality. She outlined the negative outcomes of starvation and underfeeding which include increased mortality, increased risk of complications, increased length of ICU and hospital stay, delay in recovery and increased health care cost. She discussed the importance of early establishment of enteral feeding in the appropriate patients. She continued to discuss on protein and energy requirements in critically ill patients, different routes of feeding in ICU and the associated complications. She discussed the issues with the study on early versus late parenteral nutrition in critically ill adults. Which concluded that early initiation parenteral nutrition is not beneficial in critically ill patients with severe acute illness with careful monitoring and special attention to glycemic control.

Following the comprehensive lecture by Dr. Triin Jakobson, the first series of clinical cases were presented by a medical registrar and medical officers working in different state hospitals as Medical Officer in Nutrition. Each case was followed by expert opinion and discussion. All three foreign speakers congratulated the medical officers who were able to achieve successful targets in their patient management with regard to nutrition with limited resources and practical difficulties. They also thanked the resource persons and other collaborators who made this meeting a success.

Following Prof. Alastair Forbes, Dr. Ravinder Reddy delivered a lecture on “Nutrition for patients with burns”. He began with the initial assessment and resuscitation of a patient with burns and the systemic response due to burns which include changes in cardiovascular and respiratory function, changes in metabolism and immunology. He explained clinical benefits of albumin and the lack of evidence for the use of albumin as a volume expander or as a nutrition supplement in burns. In his discussion on nutritional recommendations in patients with burns, he stressed the importance of early establishment of feeding preferably enteral route. He also discussed the energy requirements, protein turn over and intake, importance of micronutrients and the role of immune modulatory diet.

The third was chaired by Dr. Damien de Silva (Secretary, SLMNA). The third session began with Prof. Alastair Forbes’ address on “Principles and practical aspects of Enteral and Parenteral Nutrition”. He started off with the history of enteral and parenteral nutrition which dates back to 1658 when first intra venous infusion was given to dogs. He continued to highlight the evolution of enteral and parenteral nutrition for humans along the timeline. He discussed about patient assessment with the initial assessment and resuscitation of a patient with burns and the systemic response due to burns which include changes in cardiovascular and respiratory function, changes in metabolism and immunology. He explained clinical benefits of albumin and the lack of evidence for the use of albumin as a volume expander or as a nutrition supplement in burns.

He continued to talk about the metabolic alterations in CLCD including glucose intolerance, increased protein requirement and vitamin and mineral deficiency, especially thiamine, pyridoxine, zinc and magnesium. He stressed the importance of proper nutrition care for a favourable outcome following liver transplantation. He stated that protein depletion in cirrhosis will lead to impaired muscle function including muscles of respiration and adversely affecting the prognosis. He introduced the concept of bioelectrical impedance in cirrhosis and phase angle of prognostic value. He concluded with a discussion on the issues with salt restriction in ascites and protein restriction in hepatic encephalopathy.

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intestinal failure including assessment, optimising hydration, different enteral feeding regimens, role of parenteral feeding in intestinal failure, judicious use of pharmacotherapy to augment nutrition, surgical options and the long term follow up plan were discussed.

As the final event, the second series of clinical cases were presented which was followed by expert panel discussion. To conclude the 3rd Clinical Nutrition Meeting, Dr. Ranil Jayawardena (Clinical Nutritionist and the Secretary, SLMA) addressed the gathering with the closing remarks. In this he stressed the importance of this clinical nutrition meeting. He also stated that SLMA and its collaborators are highly dedicated to strengthen the knowledge and skills on nutrition management among medical practitioners and other healthcare workers. He thanked the foreign speakers for their presence and valuable presentations and expert opinion. He extended his gratitude for all who made this meeting a success. Following this, all the speakers were presented with a token of appreciation. The third clinical nutrition meeting was concluded with a fellowship tea.

**SYMPOSIUM ON “PRICING OF MEDICINAL DRUGS”**

22nd September 2015 at 9.00 am at the Lionel Memorial Auditorium

Symposium on “Pricing of Medicinal Drugs”

**Jointly organized by the Medicinal Drugs Committee of the SLMA & National Medicines Regulatory Authority, Ministry of Health**

Co-Chair: Professor R. L. Jayakody and Professor Gita Fernando

**Introduction**

Professor R. L. Jayakody

**Strategies in pricing pharmaceuticals: examples and evidence**

Dr. Chiranthi Liyanage, Lecturer, Dept. of Pharmacology, University of Colombo

**Prices of medicines and its impact on the public**

Dr. Ravi Rannan-Eliya

**Proposals on Pricing**

Mr. Mahanama Dodampegama, Sri Lanka Chamber of Pharmaceutical Industry

**Proposals on Pricing**

Mr. Dilranjan Jacob, Sri Lanka Chamber of Medical Devices Industry (SLCMDI)

**Proposals on Pricing**

Mr. Trihan Perera, – Sri Lanka Pharmaceutical Manufacturers’ Association

**Prices of medicines in Sri Lanka – A comparison with other countries**

Professor Rohini Fernandopulle, Professor of Pharmacology, KDU

**Discussion**

**Summary and remarks**

Professor Gita Fernando, Chairperson, Medicinal Drugs Committee, SLMA

**Vote of thanks**

Dr. Pradeepa Jayawardena

**SYMPOSIUM ON “CONTROL OF RABIES IN SRI LANKA -THE WAY FORWARD”**

30th September 2015 at 11.30 am at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

**Policy decision on cessation of stray dog elimination - has it affected the rabies control activities in Sri Lanka?**

Dr. Ramasamy Balasubramaniam, Medical Officer, Medical Research Institute, Colombo and Department of Public Health, Faculty of Medicine, Ragama

**New changes to anti-rabies vaccination schedule in dogs, based on research done in Sri Lanka**

Professor Mangala Gunatilake, Department of Physiology, Faculty of Medicine, Colombo

**Challenges and opportunities for elimination of rabies in Sri Lanka**

Dr P. A. L. Harischandra, Director (Public Health Veterinary Services), Ministry of Health

**Discussion**
CAREER GUIDANCE SEMINAR

4th October 2015, at 8.30 a.m. at the Lionel Memorial Auditorium

Session I
Welcome Address - Prof. Jennifer Perera
Introduction & Cadre - Dr. Lakshitha Ranasinghe
Post Graduate Training Programme - Dr. Achala Jayathilake
Medical Administration - Dr. S. Sridharan
Surgery & Finer Specialities - Dr. Ranjan Dias

Session II
Armed Services - Surgeon Rear Admiral Dr. N.E.L.W. Jayasekara
Forensic Medicine - Dr. Muditha Vidanapathirana
Obstetrics & Gynaecology - Dr. M.A.K. Perera
Paediatrics - Prof. Sujeewa Amarasena
Universities - Prof. Vajira Dissanayake

Session III
Venereology - Dr. Jayadari Ranathunga
Anaesthesiology - Dr. Ramya Amarasena
General Practice - Dr. C.M.A. Anthony
Pathology - Dr. Mangala Bopagoda

Session IV
Community Physicians - Dr. Chithramalee de Silva
Microbiology - Dr. Shirani Chandrasiri
Psychiatry - Dr. Asiri Rodrigo
Medicine & Finer Specialities - Dr. Upul Disanayake

Session V
Dermatology - Dr. Sriyani Samaraweera
Radiology - Dr. Gayani Senanayake
Otorhinolaryngology -

WORKSHOP ON “GCP WORKSHOP” ON CLINICAL TRIALS

8th and 9th October 2015, at 8.30 am – 4.00 pm at the Lionel Memorial Auditorium

Day 1
Registration
Introduction
Dr Malik Fernando FERCSL MC
Prof Jennifer Perera, President SLMA

Research ethics in Clinical Trials
Dr Chandanie Wanigatunge, Senior Lecturer in Pharmacology, FMS, USJ, Secretary, ERC SLMA

Tea

Drug development process
Prof Asita de Silva, Professor in Pharmacology, FM, Kelaniya, Director, Clinical Trials Unit, Kelaniya

Regulatory requirements for clinical trials and legal frame work
Mr Arjuna Pathmaperuma, Regulatory Pharmacist, NMDRA/ SCOCT

Introduction to GCP, Principles and Need
Prof Priyadarshani Galappaththy, Professor in Pharmacology, FM, Colombo

Lunch

Ethics review committee – function with special ref to GCP and Clinical Trials
Dr Panduka Karunanayake, Senior Lecturer in Clinical Medicine, FM, Colombo, Secretary ERC, FM Colombo

Role and Responsibilities of PI
Dr Lalith Wijayarathne, Consultant Rheumatologist

Role of the sponsor & CRO
Prof Vajira HW Dissanayake, Professor in Anatomy, FM, University of Colombo, Board member, FERCAP

Tea & Close
Day 2

Clinical Trial protocol and IB
Dr Nirmala Wijekoon, Senior Lecturer in Pharmacology, FM Kelaniya

Documentation & record keeping
Dr G R Constantine, Senior Lecturer in Clinical Medicine, FM, Colombo

Tea

Participant safety and adverse effects
Prof Rohini Fernandopulle, Senior Professor in Pharmacology, KDU

Investigational products
Prof Shalini Sri Ranganathan, Professor in Pharmacology, FM, Colombo

Research misconduct and COI
Dr Malik Fernando, ERC, SLMA

Lunch

Informed consent
Dr Rasika Perera, Senior Lecturer in Biochemistry, FMS, USJ

Ethical issues in clinical trials – ERCs experiences
Panel discussion
10 minutes each from the 4 SIDCER recognised ERCs
Dr.Chandanie Wanigatunga (USJ)
Dr. Panduka Karunanayake (Colombo)
Dr.C. Ranasinha (Kelaniya)
Prof.R.Kumarasiri (Peradeniya)

Tea & Close

SYMPOSIUM ON “LEISHMANIASIS: ARE WE READY TO COMBAT?”

12th November 2015, at 11.30 am at the Lionel Memorial Auditorium

Symposium jointly organized by the Expert Committee on Communicable Diseases of the SLMA & Centre for diagnosis, research & training of leishmaniasis, Department of Parasitology, Faculty of Medicine, Colombo

Introduction and explaining the purpose of the symposium
Professor Nadira Karunaweera, Head and Chair, Department of Parasitology, Faculty of Medicine, Colombo

Overview of leishmaniasis in Sri Lanka, case detection and laboratory diagnosis
Dr. Yamuna Siriwardana, Senior Lecturer, Department of Parasitology, Faculty of Medicine, Colombo

Clinical presentations and challenges in patient management
Dr. Sanjeewa Hulangamuwa, Consultant Dermatologist, Base Hospital, Chilaw

Challenges in prevention and control
Dr. Paba Palihawadana, Chief Epidemiologist, Epidemiology Unit, Ministry of Health

Elimination of leishmaniasis in South Asia; myth or reality?
Professor Mitali Chatteree, Institute of PG Medical Education & Research, Kolkata, India

What is the way forward; Panel discussion and Concluding remarks
Professor Nadira Karunaweera, Head and Chair, Department of Parasitology, Faculty of Medicine, Colombo

Vote of Thanks
Dr. Hasini Banneheke, Secretary, Expert Committee on Communicable Diseases of SLMA

SEMINAR ON “WORLD OBESITY DAY”

11th October 2015, at 8.30 am at the Lionel Memorial Auditorium
Sri Lanka Medical Association with Diabetes Research Unit – Faculty of Medicine, University of Colombo

Registration

Lighting of oil lamp
Welcome speech
Dr. Prasad Katulanda, Consultant Endocrinologist

Current situation of childhood obesity in SL
Prof. Pujitha Wickramasinghe, Consultant Pediatrician

Current situation of obesity in SL
Dr. Prasad Katulanda, Consultant Endocrinologist

Tea Break

Surgical solutions for obesity
Dr. Thejana Wijeratne, Consultant Surgeon

Nutrition concepts & controversies in obesity
Dr. Ranil Jayawardena, Clinical Nutritionist

Discussion
Closing remarks
Dr. Ranil Jayawardena, Clinical Nutritionist
A symposium organized by the Expert Committee on Communicable Diseases of the SLMA
Impact of Next Generation sequencing in the field of microbiology
Professor Jennifer Perera, Chair Professor of Microbiology and Dean, Faculty of Medicine University of Colombo, President, SLMA

Metagenomics and the benefits of semi conductor based sequencing
Mr. Prathap Naidu, Sr. Field Applications Scientist, Thermo Fisher Scientific, India

Principles of precision diagnostics in infection using metagenomics
Ms. Sujani Ariyadasa, Scientist: Credence Genomics (Pvt) Ltd

Rapid Infection Workflow: realising the clinicians dream
Dr. Deepthi De Silva, Senior Lecturer, Department of Physiology, Faculty of Medicine, University of Kelaniya

Q & A session

Annex 6: List of Members

Life Members
Dr W M L D Jinadasa
Dr P I Karunarathne
Dr G Kalachelvi
Dr S G Kumarage
Dr. B. S. M. Fernando
Dr. V. C. D. G. Gunasekara
Dr. S. R. Manilgama
Dr. C. G. U. A. Patabendige
Dr. G. K. D. Karunarathne
Dr. Y. M. Samarakoon
Dr. S. C. Weerasinge
Dr K D S Kulasinghe
Dr Y W Wickramasinghe
Dr Lakmini Ginige
Dr Shihanie Rubeka
Dr. M. A. A. P. K. Alagiyawanna
Dr. H. H. P. M. J. Thabrew
Dr. S. A. Liyanage
Dr. H. G. Jayakody
Dr. S. A. Hewage
Dr. A. J. P. Jeyaseelan
Dr. D. D. K. Abeyaratne
Dr. L. H. M. M. N. Lansakara
Dr. M. N. Rajamuni
Dr. M. V. D. S. P. Vithanage
Dr. A. D. G. S. B. Pigera
Dr. S. A. M. L. C. Seneviratne
Dr. T. A. C. L. Piyarathna
Dr. A. D. M. Anuradha Herath
Dr. W. A. C. C. Ranasinghe
Dr. S. D. Senarathne
Dr. M. S. Imthihaam
Dr. G. Weerasinge
Dr. D. H. Jayasena
Dr F A Solomonsz
Dr W A Mohammed Aslam
Dr Y M Aaybewickreme
Dr W M L D Nakkawita
Dr S L Wanniarachchi
Dr N H Rohan Sanjeewa
Dr. D. P. S. Ishari Silva
Dr. W. A. D. L. Amarasinghe
Dr. B. N. L. Munasinghe
Dr. K. K. S. Chinthanie
Dr. B. A. G. G. Mahendra
Dr. K. A. T. M. Jayawardena
Dr. M. B. F. Rahuman
Dr W. M. K. L. Velagedara
Dr D T D Wannakulasuriya
Dr P H M P Bandara
Dr A S Palawatte
Dr G. G. P. Liyanage
Dr. R. M. S. P. Karunarathne
Dr. M. V. S. C. Pathirage
Dr. H. G. K. K. M. Bandara
Dr. A. E. Jeyaseelan
Dr. Mahboob Niraj
Dr. K. Gnanakanthan
Dr. A. I. Jagoda
Dr. T. M. S. U. B. Tennakoon
Dr. Guruparan Kandiah
Dr. A. A. G. H. Saparamadu
Dr. L. L. L. De Silva
Dr. M. T. M. Dhilshan
Dr. M. P. Kumbukage
Dr. S. C. Prathapasinghe
Dr. L. V. C. Liyanapathirana
Dr. Rathish Devarajan
Dr. Y. P. J. N. Wannakalkeara
Dr N N M Punchihewa
Dr G S Liyanage
Dr Nila N U Gamage
Dr S S Wickramasinghe
Dr U A Liyanage
Dr S Subramaniam
Dr K P C Dalpatadu
Dr. K. C. Kalubowila
Dr. R. T. Dassanayka
Dr. M. M. P. Thusharika Jayasekera
Dr. H. G. P. K. Wijeratne
Dr. C. M. Undugodage
Dr. Y. A. C. Rathnasekara
Dr. S. P. Hewavitharana
Dr. P. Paranitharan
Dr W V Virantha De Silva
Dr T Sathiayamoorthy
Dr. Vithiya Rishkesavan
Dr. U. I. P. Gallage
Dr. W. M. U. S. Wijemanne
Dr. R. A. D. P. M. Jayawardana
Dr. A. S. Migelheva
Dr. A. H. T. W. K. Abeywickrama
Dr. A. I. Jeyaseelan
Dr. Yalini Guruparan
Dr. H.N.S. Janaka
Dr. K. Anulaanatham
Dr. B. M. T. P. Nawasiwatte
Dr. W. D. M. A. Gunawardane
Dr. M. F. M. Imitiyas
Dr. J. K. Melanie Naamal
Dr. A. I. Jeyaseelan
Dr. Yalini Guruparan
Dr. H.N.S. Janaka
Dr. K. Anulaanatham
Dr. B. M. T. P. Nawasiwatte
Dr. W. D. M. A. Gunawardane
Dr. M. F. M. Imitiyas
Dr. J. K. Melanie Naamal
Dr. P. K. Wickramasinghe
Dr. M. D. De Paul
Dr. J. A. D. A. E. Jayasinghe
Dr. D. O. C. De Alwis
Dr. P. S. Mahaliyana
Dr. S M K W K Seneviratne
Dr. D U G D Pushpakumari
Dr. L P Dhamaratne
Dr M G S N S Perera

Ordinary Members
Dr A W P I Gunatilake
Dr. Dhamalatha Irugalbandara
Dr. K. M. D. Fernando
Dr. H. N. A. Fonseka
Dr. L. C. Devasurendra
Dr R. G. M. S. Nandasena
Dr. D. S. P. Jayatunge
Dr N U Wanniarachchi
Dr. K. N. D. Weerapperuma
Dr. N. R. Liyanage
Dr. D. C. Kottahachchi
Dr. Anushika Subasinghe
Dr. K. P. Gunasinghe
Dr. R. D. Induruwage
Dr RS Saumya Rajapakse
Dr. D. A. Dimal
Dr. L. S. D. De Silva
Dr. P. P. U. C. Peries
Dr. R. T. Samarakoon
Dr Thangarajah Kogulan
Dr. Sharmila Thillainathan
Dr. M. R. M. Ziyard  
Dr. N. Pratheep  
Dr. Y. K. W. Magarman  
Dr. Priyantha Liyanage  
Dr. N. Sathyasagar  
Dr. S. I. Wickramasinghe  
Dr. A. Sivadramyan  
Dr. A. M. Hewagama  
Dr. Y. M. M. Priyangani  
Dr. J. P. Silva  
Dr. R. M. S. Rukman Rajapaksha  
Dr. M. B. U. D. Sooriarachchi  
Dr. Achini Balasooriya  
Dr. K. K. Malavige  
Dr. S. R. C. Silva  
Dr. A. R. Chandraratne  
Dr. P. S. K. Batagalla  

Ordinary to Life Members  
Dr. A. Ganeshraja  
Dr. P.S.K. Batagalla  

Student Members  
Miss P A M Perera  
Miss. T. K. M. S. Kossinna  
Miss. S. P. Kodikara  
Miss. M. O. K. Weerakoon  
Mr. H. M. P. S. Herath  
Miss. M. D. M. S. Wijayabandara  
Miss T M B Weerasinghe  
Mr. D. D. Eleperuma  
Mr. G. S. N. Gunathilake  
Mr. J. M. D. Kumara  
Mr. L. N. U. Gunasekara  
Miss. S. R. P. D. Rajapakse  
Miss. W. M. S. R. Weddagala  
Mr. W. A. H. K. Wijerayaka  
Miss. S. H. K. Marasinghe  
Mr. M. Z. Shakoor  
Miss. U. P. Edirisinghe  
Mr. M. Rathnayake  
Miss. N. K. P. M. Abeyshire  
Mr. B. H. C. T. Hettiarachchi  
Mr. M. M. M. Mufaris  
Miss. M. H. I. Fernando  
Miss. K. K. M. Fernando  

Dr. K. Karunayokiny  
Dr. S. Prashanth  
Dr. W. P. L. Kanchana  
Dr. K. Arulnity  
Dr. S. T. Abeywardane  
Dr. L. Dushiyanthi  
Dr. K. A. C. P. Imalke  
Dr. D. S. A. Wickramasinghe  
Dr. I. U. K. Marasinghe  
Dr. W. A. S. N. Senanayake  
Dr. M. R. M. R. Hassim  
Dr. K. G. V. J. Kobbegala  
Dr. A. A. C. Amaratunga  
Mr. N. P. Rathnasekera  
Mr. N. C. Loganathan  
Dr. Rajitha Siriwardena  
Mr. A. B. P. Perera  
Mr. A. M. K. C. J. Samankumara  
Mr. P. M. J. Liyanagama  
Miss. S. L. Withange  
Mr. S. D. Praveen Madusanka  
Mr. Anuradha Jayakody  
Mr. R. M. C. L. Gunarathe  
Mr. B. A. A. J. Jayawardena  
Miss. I. H. Senanayake  
Miss. T. G. Pathirana  
Miss. M. A. P. S. Gunawardane  
Miss. C. Heenatigala  
Mr. W. M. A. D. Wasala  
Miss. Ekmini Higgoda  
Miss. H. K. N. L. P. Mendis  
Mr. S. Sivayaganathan  
Miss. R. M. S. P. Muwanwella  
Mr. A. D. R. Madusanka  
Miss. S. Tililekeratne  
Miss. M. R. Jayawardhana  
Mr. A. R. Wickramasinghe  
Miss. S. Tililekeratne  
Mr. P. T. S. Prasanga  
Mr. M. R. S. Fernando  
Miss. Tshering Wangmo  
Mr. C. L. Hettiarachchi  

Mr. R. A. N. Sajeewani  
Dr. N. A. N. Perera  
Dr. P. W. M. Sudusinghe  
Dr. S. Shanthavani  
Dr. B. P. N. Wijerathne  
Dr. I. G. P. D. Rathnasena  
Dr. K. R. Hakmana  
Dr. G. R. S. De Silva  
Dr. R. M. M. D. B. Rathnayake  
Dr. I. I. Gajaweera  

Student Members  
Miss P A M Perera  
Mr. A. M. K. C. J. Samankumara  
Miss. I. D. D. Arosha Kumari  
Mr. C. T. Punchihewa  
Mr. M. N. M. Lamrath  
Miss. D. S. Warapilya  
Miss. W. S. Wathurapatha  
Miss. M. N. S. K. Perera  
Mr. Umesh Jayarajah  
Miss. T. G. Pathirana  
Miss. M. A. P. S. Gunawardane  
Miss. W. D. K. Ganga  
Mr. K. A. S. A. Perera  
Miss. W. M. O. R. Weerasekara  
Mr. M. B. J. N. Jayaneth  
Mr. M. M. N. N. Mapa  
Miss. B. A. N. W. Bamunusinghe  
Mr. G. D. T. N. Samarasena  
Mr. A. R. Wickramasinghe  
Mr. H. M. M. Gunathilaka  
Miss. Y. T. M. de Silva  
Mr. I. D. Fernando  
Miss. Tshering Wangmo  
Mr. M. Y. D. Fernando  
Miss. N. N. Rajapakshe  

Miss. W. S. Wathurapatha
### Detailed Income & Expenditure Statement

#### Year Ended 31st October 2015

<table>
<thead>
<tr>
<th>INCOMING RESOURCES</th>
<th>For the Year Ended</th>
<th>For the Period Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td></td>
<td>Rs.</td>
<td>Rs.</td>
</tr>
<tr>
<td>Subscription and Entrance Fee</td>
<td>1,497,420</td>
<td>268,160</td>
</tr>
<tr>
<td>Anniversary International Medical Conference</td>
<td>19,520,953</td>
<td>10,984,488</td>
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<tr>
<td>Sponsorship Income</td>
<td>-</td>
<td>55,350</td>
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<tr>
<td>Rent Income</td>
<td>3,823,650</td>
<td>1,089,860</td>
</tr>
<tr>
<td>Auditorium and Council Room Hire</td>
<td>444,900</td>
<td>176,706</td>
</tr>
<tr>
<td>Career Guidance Seminar</td>
<td>123,000</td>
<td>-</td>
</tr>
<tr>
<td>Income from Ceylon Medical Journal (13.1)</td>
<td>172,166</td>
<td>83,599</td>
</tr>
</tbody>
</table>

#### 13.1 Income from Ceylon Medical Journal

<table>
<thead>
<tr>
<th></th>
<th>31.10.2015</th>
<th>31.10.2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Library Subscription</td>
<td>1,000</td>
<td>3,000</td>
</tr>
<tr>
<td>Sale of Journal</td>
<td>3,500</td>
<td>5,500</td>
</tr>
<tr>
<td>Processing Fee</td>
<td>157,555</td>
<td>75,099</td>
</tr>
<tr>
<td>Interest Income</td>
<td>10,111</td>
<td>-</td>
</tr>
</tbody>
</table>

**Total** 172,166 83,599

#### 14. Project Expenditure

<table>
<thead>
<tr>
<th></th>
<th>For the Year Ended</th>
<th>For the Period Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td></td>
<td>Rs.</td>
<td>Rs.</td>
</tr>
<tr>
<td>Operational Expenditure (14.1)</td>
<td>6,048,432</td>
<td>2,473,168</td>
</tr>
<tr>
<td>Annual Academic Session (14.2)</td>
<td>12,322,770</td>
<td>13,473,539</td>
</tr>
<tr>
<td>Ceylon Medical Journal (14.3)</td>
<td>400,247</td>
<td>126,707</td>
</tr>
</tbody>
</table>

**Total** 18,771,448 16,073,414

#### 14.1 Operational Expenditure

<table>
<thead>
<tr>
<th></th>
<th>For the Year Ended</th>
<th>For the Period Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td></td>
<td>Rs.</td>
<td>Rs.</td>
</tr>
<tr>
<td>Paper Advertisement</td>
<td>155,955</td>
<td>30,201</td>
</tr>
<tr>
<td>Auditorium Equipment Repair</td>
<td>524,099</td>
<td>12,165</td>
</tr>
<tr>
<td>Lectures and Meetings</td>
<td>268,704</td>
<td>555,650</td>
</tr>
<tr>
<td>Annual Medical Dance - Hotel Charge</td>
<td>3,327,709</td>
<td>-</td>
</tr>
<tr>
<td>Foundation Celebration Session</td>
<td>187,925</td>
<td>668,550</td>
</tr>
<tr>
<td>Career Guidance Seminar Expenses</td>
<td>81,298</td>
<td>38,972</td>
</tr>
<tr>
<td>Regional Conference Expenses</td>
<td>337,329</td>
<td>328,850</td>
</tr>
<tr>
<td>Sessions Co-coordinator Monthly Allowance</td>
<td>479,857</td>
<td>240,000</td>
</tr>
</tbody>
</table>
Medical Writing Workshop (FERCSL)  | 83,445 | 357,380  
Workshop Expenses  | 602,111 | 241,400  
| 6,048,432 | 2,473,168  

14.2 Annual Academic Session

<table>
<thead>
<tr>
<th>For the Year ended</th>
<th>For the period ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td>Rs.</td>
<td>Rs.</td>
</tr>
</tbody>
</table>

Annual Academic Session  | 12,322,770 | 13,473,539  
| 12,322,770 | 13,473,539  

14.3 Ceylon Medical Journal

<table>
<thead>
<tr>
<th>For the Year ended</th>
<th>For the period ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td>Rs.</td>
<td>Rs.</td>
</tr>
</tbody>
</table>

|  |  |  |  |  |
| Stamp Charges | 1,928 | 685 |  |  |
| Printing and Stationary | 1,476 | 13,265 |  |  |
| Computer and Fax Machine Maintenance | - | 2,800 |  |  |
| Salaries and Bonus | 275,800 | 84,800 |  |  |
| EPF and ETF | 46,090 | 12,720 |  |  |
| Bank Charges | - | 1,850 |  |  |
| Telephone and Fax | 38,153 | 6,587 |  |  |
| Monthly Allowance | 12,000 | 4,000 |  |  |
| Bonus | 21,200 | - |  |  |
| Sundry expense | 3,600 |  |  |  |
| | 400,247 | 126,707 |  |  |

OTHER INCOME

<table>
<thead>
<tr>
<th>For the Year ended</th>
<th>For the period ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.10.2015</td>
<td>31.10.2014</td>
</tr>
<tr>
<td>Rs.</td>
<td>Rs.</td>
</tr>
</tbody>
</table>

|  |  |  |  |  |
| Sale of Books | 77,483 | 66,736 |  |  |
| Interest Income | 1,352,472 | 520,118 |  |  |
| Sponsorship and Other Donations | 3,813,444 | 2,489,270 |  |  |
| Sundry Income | 275,452 | 56,611 |  |  |
| Electricity Income | 833,853 | 307,793 |  |  |
| Amortization of Grants | 143,254 | 48,685 |  |  |
| Clinical Trial Registry Proposal | 246,798 | 80,437 |  |  |
Income on Annual Medical Dance 3,314,200 25,000
Income on FERCSL Conference 261,310 -
ERC Income 154,515 102,000
Workshop Registration 165,691 285,750
Dr.BDJS Fernando Lecture 992,050 -
Clinical Nutrition Meeting 2015 472,405 -

**12 Months** | **4 Months**
---|---
administrative expenses | 12 Months | 4 Months
Salary and Overtime | 3,643,179 | 1,042,288
E.P.F and E.T.F | 474,306 | 140,823
Bonus | 225,118 | -
Electricity | 1,485,028 | 625,630
Printing and Stationery | 346,167 | 482,508
Postage | 32,000 | 16,595
Staff Welfare | 175,415 | 75,848
Repair and Maintenance | 2,882,920 | 249,846
Water | 188,895 | 87,590
Depreciation | 1,123,428 | 313,054
OPA Membership Fee | 21,280 | 26,600
Travelling and Hiring | 243,159 | 20,129
President Induction Ceremony | 408,076 | -
Fax and Telephone | 649,302 | 206,670
Rates and Taxes | 148,302 | 49,434
Internet Charges | 533,636 | 48,845
Audit Fees | 154,000 | 102,624
Gratuity | (363,807) | 54,955
Franking Machine | 778,100 | 221,100
Council Group Photograph | 53,500 | -
Annual Return Expenses | 105,230 | 23,636
Security Charges | 203,288 | 68,250
Research Promotion Grant | 300,000 | -
Bank | 74,284 | 7,350
Sundry | 179,178 | 138,789
Daily News Publication Expenses | 9,360 | 9,828
News Letter Advertisement Collection Expenses | 109,500 | 49,500
AGM Meeting Expenses | 59,255 | -

3,982,401
12,102,927

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount 1</th>
<th>Amount 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Law and Medical Cricket Match Expenses</td>
<td>373,234</td>
<td>130,000</td>
</tr>
<tr>
<td>CMAAO Membership</td>
<td>80,346</td>
<td>-</td>
</tr>
<tr>
<td>Consultancy Fees</td>
<td>15,120</td>
<td>-</td>
</tr>
<tr>
<td>FERCAP Expenses</td>
<td>118,260</td>
<td>-</td>
</tr>
<tr>
<td>Quik book expense</td>
<td>16,983</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>14,846,040</strong></td>
<td><strong>4,191,892</strong></td>
</tr>
</tbody>
</table>